



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Metalkas Ocean Lava Triathlon Polska
Towarzystwo Sportowe TRI-SPORT
2022-08-20
Bydgoszcz
113 km



Klasyfikacja: Mężczyźni

Punkt pomiarowy: 105,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				Rower						Bieg				
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km	R_Lidl 89.9km	Poz		B_Announcer 6.465km	B_Announcer 7.265km	B_Announcer 13.731km
1	KONIECZNY Marcin	501	K.S. NIEMANIEMOGE	M-50		00:16:17	00:33:21	8	00:01:53	00:08:54	00:30:46	01:02:55	01:25:07	01:55:54	02:17:42	2	00:01:37	00:24:23	00:27:32	00:52:26
2	SAWIEŁAJC Jakub	560	TM IRON TEAM	M-23	TM Iron Team	00:14:01	00:28:22	1	00:02:22	00:08:32	00:30:03	01:00:48	01:22:40	01:53:54	02:16:43	1	00:02:07	00:26:37	00:30:07	00:58:40
3	KLYM Yurii	684		M-37		00:16:58	00:35:04	22	00:02:00	00:08:59	00:30:45	01:02:13	01:24:27	01:56:05	02:18:18	3	00:01:59	00:24:58	00:28:17	00:54:18
4	KOMPA Marcin	710	IM INSPIRATION	M-23	IM Inspiration Team	00:15:12	00:30:27	5	00:02:12	00:08:42	00:32:05	01:04:52	01:28:19	02:00:16	02:23:01	12	00:00:41	00:26:41	00:29:55	00:56:28
5	BLADOWSKI Artur	695	KLUB KOLARSKI ŁOWICZ	M-38		00:17:00	00:35:03	21	00:00:57	00:10:14	00:31:53	00:54:00	01:25:33	01:57:14	02:22:00	9	00:02:00	00:23:00	00:25:00	00:53:00
6	KOWALCZYK Piotr	616	KAZIKI	M-41	KAZIKI	00:16:19	00:33:30	11	00:02:04	00:09:06	00:31:34	01:03:20	01:25:49	01:58:32	02:21:20	6	00:02:01	00:25:24	00:28:41	00:54:50
7	DĄBROWSKI Dariusz	708	ILABO RACING TEAM POWERED BY CTS	M-48		00:14:47	00:30:13	2	00:02:01	00:09:10	00:31:24	01:03:31	01:26:42	01:59:14	02:21:38	8	00:01:40	00:28:05	00:31:51	01:01:31
8	STARON Piotr	541	STARZYNSKI.COACH	M-43		00:16:41	00:33:39	13	00:03:09	00:08:54	00:30:52	01:02:27	01:25:11	01:57:26	02:20:34	5	00:01:54	00:27:07	00:30:49	00:59:28
9	MALINOWSKI Jarosław	652	KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY	M-40	Karaś Tri&Swim Team	00:16:44	00:34:09	14	00:02:03	00:08:54	00:30:39	01:02:08	01:24:24	01:57:25	02:20:15	4	00:01:56	00:29:54	00:33:53	01:05:09
10	NOWAK Andrzej	640	GT RAT	M-40		00:17:48	00:36:24	32	00:02:18	00:08:50	00:32:42	01:04:25	01:26:48	01:58:46	02:21:32	7	00:01:32	00:27:33	00:31:21	01:02:08
11	TRZASKA Przemysław	556	DREAM TRI TEAM	M-37		00:18:21	00:36:31	33	00:01:47	00:09:01	00:32:23	01:04:28	01:26:54	01:59:01	02:22:18	11	00:01:51	00:28:04	00:31:50	01:02:36
12	JEŹEK Petr	663	IAMX	M-45		00:16:57	00:34:30	18	00:02:57	00:09:08	00:31:35	01:04:09	01:27:34	02:01:08	02:26:03	18	00:02:21	00:26:38	00:30:15	00:59:17
13	KRUPICKA Tomas	655	IRONSPORT ELPO	M-35		00:17:16	00:35:27	26	00:02:11	00:09:16	00:31:35	01:04:08	01:27:32	02:00:55	02:24:27	13	00:01:37	00:29:26	00:33:07	01:03:18
14	BYCH Maciej	512	TRIDEA TEAM	M-47	Tridea TEAM	00:16:55	00:34:27	17	00:02:15	00:09:24	00:32:21	01:05:37	01:28:51	02:01:33	02:24:49	14	00:02:17	00:30:26	00:34:39	01:06:04
15	KILIJAŃCZYK Piotr	658		M-42		00:18:58	00:39:15	56	00:02:02	00:09:19	00:32:19	01:05:10	01:28:57	02:02:51	02:27:13	20	00:01:23	00:28:07	00:31:50	01:01:22
16	KAMIŃSKI Tomasz	505	IM INSPIRATION TEAM	M-42	IM Inspiration Team	00:21:13	00:42:52	87	00:02:22	00:09:11	00:31:36	01:03:50	01:26:17	01:58:55	02:22:07	10	00:02:28	00:28:15	00:32:03	01:02:10
17	MODZELEWSKI Maciej	643	KLUB KOLARSKI ŁOWICZ	M-38		00:20:31	00:42:28	84	00:02:43	00:09:25	00:31:46	01:04:13	01:27:50	02:02:09	02:26:18	19	00:01:35	00:28:23	00:32:14	00:59:40
18	MATUSIAK Mateusz	625	SNG WILD DUCKS	M-35	SNG WILD DUCKS	00:16:22	00:33:38	12	00:02:32	00:09:14	00:31:54	01:04:36	01:28:08	02:02:01	02:25:58	17	00:02:27	00:31:24	00:35:46	01:09:51
19	MODER Bartłomiej	697	KAZIKI	M-33	KAZIKI	00:17:04	00:35:16	24	00:02:43	00:09:44	00:33:56	01:07:59	01:32:00	02:06:26	02:30:46	30	00:03:21	00:28:02	00:31:53	01:03:31
20	PODWYSOCKI Marcin	527	CTS	M-34	CTS	00:15:02	00:30:25	4	00:02:39	00:10:02	00:33:55	01:07:53	01:31:41	02:06:35	02:31:29	33	00:01:52	00:31:05	00:35:25	01:10:38
21	SZMIDT Janusz	688	TRINERGY	M-52		00:18:22	00:37:39	41	00:03:31	00:09:49	00:32:51	01:07:35	01:31:06	02:06:27	02:30:23	28	00:02:46	00:29:59	00:34:04	01:04:33
22	WIĘCKOWSKI Dariusz	528	AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS	M-42	Akademia Mistrzów Sportu AMS Triathlon	00:16:26	00:33:01	7	00:02:19	00:10:06	00:33:38	01:07:44	01:32:00	02:06:37	02:31:04	31	00:02:20	00:30:52	00:35:16	01:11:18
23	SOBIK Andrzej	557		M-44		00:18:10	00:37:18	37	00:03:23	00:09:39	00:32:59	01:06:45	01:30:51	02:05:25	02:30:14	27	00:01:38	00:31:00	00:35:10	01:08:04
24	KUBANEK Łukasz	590	TEAMOCHAL	M-39	TEAM OCHAL	00:19:48	00:40:13	68	00:03:06	00:09:14	00:31:09	01:04:04	01:27:35	02:01:13	02:25:15	15	00:02:55	00:30:51	00:35:03	01:09:29
25	SZYMAŃSKI Piotr	572	MIELCARKS TEAM	M-29	Mielcarsks Team	00:17:22	00:35:42	27	00:03:20	00:09:22	00:32:43	01:06:38	01:30:55	02:05:34	02:30:25	29	00:02:12	00:31:29	00:35:48	01:09:21
26	GNIOT Jacek	539	TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-51	TRISPACE/TREK	00:21:55	00:44:48	101	00:02:06	00:09:46	00:33:00	01:06:33	01:30:02	02:04:21	02:28:04	21	00:02:00	00:30:27	00:34:14	01:04:10
27	KRÓL Hubert	669	WWW.TRENERTRIATHLONU.PL	M-36		00:15:03	00:30:21	3	00:02:00	00:10:01	00:34:41	01:08:40	01:32:27	02:07:21	02:32:16	36	00:02:02	00:33:21	00:37:44	01:15:17
28	KLAPUCH Michał	573	EWA BUGDOŁ TEAM	M-42		00:18:07	00:37:19	39	00:02:55	00:09:46	00:33:05	01:07:11	01:32:10	02:08:12	02:33:45	40	00:02:47	00:29:24	00:33:39	01:06:05
29	KRAJEWSKI Tomasz	677	KP PSP INOWROCŁAW	M-34		00:18:23	00:37:16	35	00:03:09	00:10:40	00:35:24	01:10:57	01:36:12	02:13:08	02:39:14	60	00:01:50	00:29:23	00:33:14	01:03:35
30	KOZŁOWSKI Jacek	520	PTT DELTA	M-45	PTT DELTA	00:20:49	00:42:18	81	00:03:24	00:09:40	00:33:57	01:09:00	01:32:41	02:07:23	02:31:40	34	00:02:57	00:29:19	00:33:22	01:05:15
31	WIERZYŃSKI Damian	569	TRISPACE /TREK	M-34	TRISPACE/TREK	00:19:58	00:40:50	75	00:02:01	00:09:18	00:31:55	01:05:11	01:28:39	02:03:07	02:28:08	22	00:02:00	00:33:53	00:38:38	01:13:59
32	KULIK Michał	662	HTF LUDWIK SIKORSKI	M-43		00:19:26	00:39:50	63	00:03:42	00:10:07	00:33:56	01:08:01	01:31:55	02:06:56	02:31:23	32	00:03:15	00:32:25	00:36:39	01:09:17
33	NOSEK Maciej	628	TRIATHLON TEAM BOCHNIA	M-55		00:21:15	00:42:22	83	00:02:11	00:09:07	00:32:09	01:04:56	01:28:23	02:01:41	02:25:26	16	00:02:26	00:31:50	00:36:20	01:15:30
34	PORZYCH Rafał	607	RAFSON.TV / PORZYCH.PL	M-24		00:18:46	00:39:28	59	00:02:43	00:09:37	00:33:37	01:09:42	01:35:44	02:14:33	02:41:24	67	00:01:51	00:28:57	00:32:38	01:02:55
35	MASZEWSKI Dariusz	631	TRIATHLON TEAM BOCHNIA	M-44	Triathlon Team Bochnia	00:16:32	00:33:25	9	00:03:39	00:09:33	00:33:06	01:07:50	01:32:50	02:08:48	02:34:25	44	00:02:35	00:33:47	00:38:05	01:14:21
36	JANUSZKIEWICZ Piotr	563	REBELIA UNDERGROUND TRIATHLON	M-40		00:19:25	00:39:31	61	00:02:52	00:10:08	00:34:32	01:10:31	01:35:25	02:12:37	02:38:36	57	00:01:46	00:29:54	00:34:08	01:08:42

					Pływanie				Rower							Bieg				
37	KŁONOWSKI Tomasz	649	PLATAN	M-44		00:18:23	00:37:24	40	00:02:29	00:09:29	00:32:35	01:05:48	01:29:29	02:03:59	02:28:28	25	00:02:06	00:35:52	00:41:01	01:21:42
38	SZCZYRBOWSKI Michał	543	TURBOKILLA	M-41		00:19:49	00:40:45	73	00:03:55	00:09:45	00:33:04	01:07:01	01:31:36	02:07:32	02:31:58	35	00:02:01	00:32:32	00:37:17	01:13:41
39	CELMER Marcin	507	PTT DELTA	M-41	PTT DELTA	00:19:15	00:38:56	52	00:02:24	00:09:20	00:32:15	01:05:25	01:29:09	02:03:35	02:28:16	24	00:02:22	00:36:42	00:41:45	01:20:40
40	DOBOSZ Michał	665	COMEXSPORTS TRIATHLON TEAM	M-46		00:17:42	00:36:12	30	00:02:46	00:09:54	00:34:09	01:09:33	01:34:22	02:10:49	02:37:13	53	00:02:04	00:33:55	00:38:47	01:15:46
41	CZAJKOWSKI Krzysztof	698		M-47		00:19:21	00:39:37	62	00:02:24	00:09:59	00:34:07	01:08:53	01:33:02	02:09:32	02:35:29	47	00:02:45	00:31:07	00:35:20	01:14:00
42	KAPSA Dawid	538	TRISPACE/TREK	M-44	TRISPACE/TREK	00:22:28	00:45:28	111	00:02:52	00:10:16	00:34:13	01:09:04	01:33:17	02:08:51	02:33:40	39	00:02:38	00:32:02	00:36:16	01:09:56
43	SKŁADANOWSKI Marek	682		M-33		00:18:47	00:38:00	44	00:03:19	00:10:34	00:44:46	01:11:23	01:36:25	02:13:41	02:39:06	58	00:02:30	00:33:32	00:38:01	01:12:50
44	JARMOSZEWICZ Łukasz	522		M-49	TKT	00:21:38	00:43:17	89	00:03:11	00:09:59	00:33:33	01:07:43	01:32:15	02:08:01	02:33:45	41	00:02:31	00:32:39	00:37:20	01:14:33
45	OGIŃSKI Piotr	635	TRIATHLON TEAM BOCHNIA	M-45	Triathlon Team Bochnia	00:17:31	00:35:13	23	00:03:01	00:17:52	00:42:10	01:17:07	01:41:22	02:17:09	02:42:04	69	00:03:22	00:33:45	00:38:14	01:14:31
46	MALINOWSKI Mariusz	653	KARAŚ TRI&SWIM TEAM	M-35	Karaś Tri&Swim Team	00:16:49	00:34:12	16	00:02:19	00:09:41	00:34:52	01:10:02	01:35:19	02:13:01	02:39:48	63	00:02:18	00:37:12	00:41:47	01:20:10
47	KWAPIŃSKI Damian	562	TEAMOCHAL	M-41	TEAM OCHAL	00:22:34	00:47:29	124	00:03:46	00:10:10	00:33:47	01:07:53	01:32:06	02:07:21	02:32:33	37	00:01:35	00:32:05	00:36:42	01:14:12
48	SZYNALIK Sławomir	690	KIKATEAM	M-49		00:19:21	00:40:15	69	00:03:17	00:09:41	00:33:52	01:09:59	01:34:40	02:11:20	02:37:08	52	00:04:16	00:33:35	00:38:28	01:15:13
49	KINDLER Maciej	670		M-36		00:18:35	00:39:06	54	00:03:02	00:10:16	00:34:08	01:09:24	01:34:03	02:10:57	02:36:08	50	00:02:22	00:35:36	00:40:24	01:19:38
50	KRAUSE Szymon	578	SREBRNI TRI	M-40		00:21:32	00:44:07	95	00:03:14	00:10:51	00:35:47	01:11:36	01:37:18	02:15:24	02:43:01	72	00:03:37	00:30:11	00:34:22	01:06:39
51	KĄTNIK Jacek	567	BUDINVEST	M-52		00:26:13	00:54:16	157	00:02:46	00:10:13	00:34:39	01:10:07	01:34:28	02:09:59	02:34:24	43	00:01:44	00:31:09	00:35:20	01:08:53
52	MUCHA Bartłomiej	636	TRIATHLON TEAM BOCHNIA	M-25		00:17:38	00:36:16	31	00:03:49	00:10:04	00:35:12	01:11:23	01:37:06	02:13:58	02:40:08	64	00:02:42	00:35:33	00:40:45	01:19:23
53	DAWIDOWICZ Maciej	559	TRISPCE/TREK	M-44	TRISPACE/TREK	00:19:19	00:39:23	58	00:02:43	00:09:47	00:33:38	01:08:17	01:32:57	02:08:42	02:33:58	42	00:02:43	00:37:18	00:42:32	01:24:14
54	KOSMATKA Paweł	503		M-29		00:21:47	00:45:34	113	00:02:29	00:10:07	00:34:05	01:08:38	01:32:48	02:08:48	02:34:34	46	00:02:20	00:34:44	00:39:41	01:19:15
55	SENGER Robert	536	TRIZARZA	M-40		00:18:01	00:36:11	29	00:02:53	00:10:27	00:35:33	01:13:03	01:39:15	02:16:45	02:43:40	78	00:01:45	00:36:02	00:41:13	01:20:26
56	GÓRZYŃSKI Tomasz	529	TORUŃSKI KLUB TRIATHLONOWY	M-46	Toruński Klub Triathlonowy	00:18:13	00:37:51	42	00:04:46	00:10:13	00:35:26	01:10:36	01:35:07	02:10:47	02:36:03	49	00:04:03	00:36:55	00:42:43	01:24:03
57	KASTRAU Tomasz	574		M-41	Run4Fun	00:16:55	00:34:56	20	00:03:22	00:10:28	00:36:10	01:13:32	01:40:05	02:19:48	02:47:13	96	00:01:45	00:35:30	00:40:19	01:19:44
58	GRZEBYTA Mateusz	619	MTB START KARTUZY	M-35		00:18:54	00:39:29	60	00:03:07	00:10:31	00:35:20	01:12:12	01:37:15	02:13:49	02:39:25	61	00:02:15	00:32:20	00:46:53	01:23:36
59	SZYTTHENHOLM Oliwier	530	TRISPACE/TREK	M-40	TRISPACE/TREK	00:20:46	00:43:22	90	00:02:49	00:10:08	00:34:37	01:10:59	01:37:15	02:16:14	02:44:58	82	00:02:35	00:33:56	00:38:31	01:14:31
60	MULARCZYK Jacek	687	RUNPASSION TEAM	M-52		00:21:35	00:43:42	91	00:03:07	00:09:56	00:33:06	01:06:38	01:30:50	02:06:59	02:32:50	38	00:04:59	00:42:41	00:47:18	01:23:56
61	GRUSZCZYK Grzegorz	544	IMPACT BIELSKO-BIAŁA	M-40		00:22:23	00:45:03	106	00:04:18	00:10:16	00:36:11	01:13:23	01:39:45	02:18:49	02:46:25	92	00:02:32	00:33:25	00:37:46	01:11:06
62	KIEDROWSKI Jerzy	600	MIELCARKS TEAM	M-29	Mielcarsks Team	00:21:06	00:40:48	74	00:04:53	00:10:31	00:35:47	01:12:12	01:38:28	02:17:46	02:45:24	85	00:05:08	00:32:30	00:38:03	01:14:29
63	KŁOSOK Wojciech	683	CROSS SPORT	M-43		00:20:57	00:43:53	93	00:03:51	00:10:10	00:35:31	01:12:39	01:38:40	02:17:21	02:45:02	83	00:02:35	00:33:11	00:38:04	01:15:34
64	SZCZERBA Maciej	519	TRITYTKA	M-50		00:19:29	00:40:24	70	00:02:32	00:10:27	00:34:36	01:10:43	01:36:36	02:14:58	02:41:18	66	00:02:14	00:39:41	00:44:51	01:24:35
65	RAAG Reemo	676		M-38		00:18:42	00:38:13	45	00:03:44	00:09:48	00:34:30	01:10:41	01:35:47	02:12:36	02:39:11	59	00:02:58	00:36:48	00:43:19	01:27:08
66	PIC Dawid	586		M-30		00:18:49	00:39:06	55	00:02:53	00:10:32	00:36:13	01:13:06	01:40:15	02:18:51	02:47:25	98	00:01:47	00:33:41	00:38:25	01:21:05
67	WALKOWIAK Bartosz	624		M-40		00:21:31	00:44:06	94	00:03:10	00:10:49	00:37:10	01:15:15	01:40:58	02:20:02	02:47:04	93	00:02:38	00:33:24	00:38:00	01:15:21
68	BUDZIŁO Adam	561	PTT DELTA	M-50	PTT DELTA	00:19:28	00:40:29	71	00:04:25	00:10:20	00:36:23	01:14:50	01:42:19	02:21:16	02:47:22	97	00:02:40	00:34:29	00:38:59	01:18:28
69	BUGALSKI Wojciech	610	AKADEMIA MISTRZÓW SPORTU	M-44	Akademia Mistrzów Sportu AMS Triathlon	00:19:50	00:40:52	76	00:02:45	00:10:14	00:34:37	01:11:25	01:37:20	02:16:29	02:43:37	75	00:02:51	00:38:36	00:43:48	01:24:06
70	ŁAPAWA Dariusz	641	MOCNI W GĘBIE	M-39		00:18:26	00:38:24	48	00:04:27	00:09:51	00:34:31	01:11:04	01:35:49	02:15:15	02:43:32	74	00:02:57	00:36:27	00:41:26	01:25:26
71	MĄCZKA Dawid	637	THRIATLON TEAM BOCHNIA	M-25	Triathlon Team Bochnia	00:16:34	00:33:26	10	00:03:19	00:10:44	00:36:53	01:13:36	01:40:06	02:17:10	02:43:40	77	00:02:48	00:33:23	00:38:10	01:31:40
72	ANDRZEJAK Robert	554	VAMOS	M-46		00:23:56	00:51:26	147	00:03:41	00:10:24	00:36:07	01:12:58	01:39:36	02:19:04	02:45:29	86	00:01:58	00:33:09	00:37:45	01:12:29
73	FIEGEL Wojciech	518	TRISPACE/TREK	M-44	TRISPACE/TREK	00:20:36	00:42:48	86	00:02:30	00:10:33	00:34:46	01:11:55	01:38:03	02:16:18	02:43:10	73	00:02:20	00:36:26	00:41:26	01:25:12
74	KONKEL Bartosz	605		M-36		00:21:52	00:44:38	99	00:04:33	00:10:22	00:36:23	01:14:07	01:40:25	02:19:10	02:45:48	90	00:02:38	00:35:07	00:39:55	01:18:33
75	KAZIMIERCZYK Adam	671	PTT DELTA	M-42	PTT DELTA	00:18:57	00:38:18	47	00:03:27	00:10:25	00:34:50	01:10:31	01:36:04	02:13:50	02:40:50	65	00:02:43	00:43:20	00:49:38	01:31:02
76	JANKOWSKI Tomasz	565	TRISPACE/TREK	M-49	TRISPACE/TREK	00:20:19	00:42:21	82	00:03:29	00:09:59	00:34:05	01:09:28	01:34:57	02:13:34	02:42:17	70	00:06:10	00:44:26	00:48:19	01:22:55
77	TYSZKA Filip	537	KRISS COACHING	M-41		00:23:33	00:48:34	131	00:02:37	00:09:54	00:33:57	01:09:09	01:33:51	02:11:31	02:36:55	51	00:02:05	00:39:04	00:44:21	01:28:30
78	NOWAK Dariusz	626	TRIATHLON TEAM BOCHNIA	M-46	Triathlon Team Bochnia	00:27:56	00:56:27	164	00:05:00	00:09:45	00:34:59	01:10:32	01:35:05	02:11:02	02:35:59	48	00:02:59	00:35:48	00:40:31	01:18:18
79	KOSTYGOV Pavel	702		M-33		00:20:03	00:41:31	78	00:05:11	00:10:55	00:36:01	01:13:07	01:39:43	02:18:39	02:45:31	88	00:02:57	00:38:20	00:44:03	01:23:39
80	MIELCAREK Jędrzej	595	MIELCARKS TEAM	M-29	Mielcarsks Team	00:21:13	00:45:06	107	00:05:15	00:10:35	00:36:36	01:14:13	01:40:56	02:20:04	02:47:06	95	00:04:02	00:34:47	00:39:56	01:18:56

					Pływanie				Rower				Bieg							
81	MACIEJEWSKI Grzegorz	692	DANFOSS RACE TEAM	M-40		00:22:16	00:45:03	105	00:03:21	00:11:06	00:37:49	01:16:27	01:43:44	02:23:34	02:50:44	112	00:03:13	00:35:02	00:39:53	01:18:07
82	STĘPNIAK Krzysztof	594	RUN4FUN	M-44	Run4Fun	00:23:32	00:49:47	139	00:04:29	00:10:36	00:35:57	01:13:13	01:38:56	02:17:36	02:44:09	80	00:02:22	00:37:29	00:42:22	01:19:55
83	LIZIK Arkadiusz	581		M-43		00:29:44	00:59:17	170	00:02:51	00:09:45	00:34:46	01:10:56	01:36:05	02:13:17	02:38:17	55	00:01:52	00:36:23	00:41:29	01:19:36
84	GRUBA Marek	580	TRISPACE TREK	M-34	TRISPACE/TREK	00:20:21	00:41:44	79	00:03:09	00:10:49	00:37:32	01:16:44	01:44:09	02:24:58	02:53:12	123	00:02:28	00:35:11	00:40:21	01:21:31
85	CAMPOBASSO Luca	667		M-31		00:22:34	00:47:12	121	00:05:40	00:10:55	00:36:51	01:14:53	01:42:18	02:22:22	02:48:57	103	00:02:54	00:36:00	00:40:52	01:17:49
86	DOMERACKI Damian	525		M-42		00:22:18	00:46:18	117	00:03:49	00:10:37	00:35:57	01:12:54	01:38:43	02:17:04	02:45:20	84	00:02:30	00:35:28	00:41:07	01:25:09
87	NOWICKI Bartosz	694	TRISPACE/TREK	M-34	TRISPACE/TREK	00:16:38	00:34:11	15	00:02:39	00:11:49	00:37:45	01:16:16	01:43:02	02:22:18	02:49:23	105	00:02:57	00:41:34	00:48:11	01:33:58
88	MARKIEWICZ Bartosz	514	PTT DELTA	M-33	PTT DELTA	00:21:03	00:44:49	102	00:04:02	00:10:43	00:36:29	01:14:07	01:40:42	02:19:49	02:47:06	94	00:02:46	00:35:29	00:40:34	01:24:35
89	TRZASKOWSKI Tomasz	568		M-42		00:21:20	00:42:48	85	00:04:35	00:10:34	00:36:05	01:13:54	01:40:25	02:19:39	02:46:07	91	00:04:35	00:37:06	00:43:02	01:25:26
90	LISOWSKI Aleksander	701	AUTODNA	M-36		00:22:25	00:45:31	112	00:02:45	00:10:12	00:35:16	01:12:39	01:39:16	02:17:53	02:44:55	81	00:01:41	00:39:55	00:45:34	01:28:51
91	KĘDZIERSKI Michał	516	HTF LUDWIK SIKORSKI	M-37		00:24:24	00:49:39	137	00:04:16	00:11:04	00:37:44	01:16:30	01:43:39	02:24:05	02:52:02	118	00:04:09	00:33:30	00:38:10	01:14:09
92	MIELCAREK Maciej	597	MIELCARKS TEAM	M-32	Mielcarsks Team	00:18:18	00:37:58	43	00:04:19	00:14:11	00:39:59	01:17:01	01:43:16	02:22:20	02:49:19	104	00:05:15	00:39:39	00:45:09	01:28:50
93	ZAKRZEWSKI Jarosław	591		M-49		00:23:48	00:49:23	136	00:02:51	00:10:28	00:35:19	01:12:44	01:38:38	02:16:19	02:41:56	68	00:02:33	00:42:32	00:48:04	01:29:17
94	WŁODARCZYK Wojciech	602	CZARNE STOPY	M-58		00:24:29	00:51:20	146	00:04:16	00:11:30	00:38:20	01:18:14	01:45:39	02:26:28	02:54:10	125	00:04:21	00:31:54	00:36:14	01:13:12
95	POLASIK Michał	571	RUN4FUN	M-35	Run4Fun	00:17:36	00:36:38	34	00:02:47	00:10:21	00:36:15	01:13:36	01:40:12	02:19:44	02:48:29	102	00:01:39	00:44:54	00:50:51	01:38:13
96	SMOCZYŃSKI Marek	583	MBC TEAM	M-41		00:21:26	00:43:49	92	00:03:43	00:09:09	00:31:47	01:05:13	01:29:24	02:07:14	02:34:33	45	00:02:07	00:44:55	00:51:57	01:44:07
97	CYREK Grzegorz	614		M-48		00:27:45	00:59:53	172	00:06:34	00:09:45	00:34:01	01:10:33	01:35:41	02:12:58	02:38:24	56	00:03:04	00:35:58	00:40:54	01:20:40
98	NOWICKI Adam	553		M-49		00:21:37	00:44:48	100	00:02:35	00:10:30	00:35:28	01:11:52	01:38:03	02:16:36	02:43:38	76	00:02:40	00:43:51	00:51:41	01:36:04
99	BRYGIER Jacek	705	PTT DELTA	M-51	PTT DELTA	00:25:13	00:52:02	149	00:03:30	00:10:30	00:35:48	01:12:51	01:39:18	02:18:59	02:45:30	87	00:02:37	00:37:14	00:42:40	01:26:11
100	MAŁACHA Dawid	510	KU AZS POLITECHNIKA BYDGOSKA	M-27		00:23:35	00:49:01	133	00:02:24	00:10:58	00:37:42	01:15:44	01:43:15	02:24:05	02:52:58	122	00:02:01	00:36:00	00:41:58	01:25:34
101	HIPNAROWICZ Grzegorz	551	SPORTTREND.PL	M-43		00:18:56	00:39:04	53	00:02:52	00:10:01	00:34:47	01:11:11	01:37:17	02:15:10	02:42:24	71	00:03:46	00:43:31	00:49:10	01:45:41
102	WISNIEWSKI Piotr	693	DBR77	M-45		00:19:57	00:41:17	77	00:04:29	00:11:57	00:39:41	01:18:51	01:46:28	02:27:21	02:55:41	130	00:04:27	00:40:42	00:45:54	01:28:38
103	NEBELING Wojciech	651		M-52		00:25:08	00:52:11	150	00:05:42	00:10:58	00:38:07	01:17:22	01:44:49	02:24:27	02:51:19	116	00:03:31	00:36:40	00:41:46	01:22:21
104	BAŁDYGA Paweł	659	PAWEŁ BAŁDYGA	M-42		00:26:30	00:54:24	158	00:04:29	00:11:23	00:38:01	01:17:27	01:43:30	02:22:00	02:48:20	100	00:04:16	00:36:03	00:41:08	01:24:28
105	LIZIK Radosław	668	TRISPACE/TREK	M-47	TRISPACE/TREK	00:23:54	00:49:19	135	00:03:49	00:10:51	00:36:47	01:16:26	01:43:23	02:23:27	02:50:28	109	00:03:00	00:43:44	00:49:35	01:29:33
106	WRZOSEK Jarosław	648		M-51		00:26:57	00:55:26	162	00:04:44	00:11:04	00:38:33	01:18:13	01:45:37	02:26:33	02:54:54	127	00:03:27	00:36:26	00:41:27	01:18:05
107	MAKOWSKI Marek	660	WTP / EXATEL	M-39		00:18:56	00:38:30	49	00:05:35	00:11:00	00:37:56	01:17:38	01:44:26	02:24:57	02:52:02	119	00:06:43	00:38:00	00:44:32	01:34:34
108	ORŁOWSKI Jakub	666		M-33		00:22:17	00:47:01	120	00:06:01	00:11:35	00:40:41	01:23:11	01:54:02	02:39:38	03:09:01	160	00:04:18	00:32:18	00:36:46	01:11:13
109	CZERWIAKOWSKI Sebastian	650		M-48		00:21:43	00:44:59	104	00:05:50	00:10:44	00:37:16	01:15:32	01:42:38	02:23:36	02:50:45	113	00:04:05	00:38:08	00:44:07	01:32:08
110	KULIŃSKI Grzegorz	587		M-29		00:23:38	00:48:48	132	00:03:25	00:10:49	00:37:11	01:16:21	01:43:10	02:22:52	02:50:47	114	00:01:52	00:38:09	00:43:56	01:33:14
111	MOSKAL Aleksander Moskal	542		M-60		00:21:26	00:44:14	96	00:03:52	00:11:25	00:38:56	01:17:59	01:45:42	02:26:11	02:54:53	126	00:02:51	00:39:57	00:45:21	01:32:56
112	RAŹNIEWSKI Łukasz	502		M-46		00:25:43	00:57:18	166	00:04:12	00:10:51	00:38:19	01:19:46	01:48:11	02:28:35	02:55:50	132	00:02:24	00:37:05	00:41:56	01:19:52
113	BEDYK Ireneusz	506	PTT DELTA	M-65	PTT DELTA	00:27:24	00:57:31	168	00:04:23	00:10:54	00:38:19	01:19:16	01:48:43	02:29:25	02:57:48	138	00:02:30	00:36:21	00:40:49	01:18:33
114	GRUBA Jacek	533	TRISPACE/TREK	M-62	TRISPACE/TREK	00:24:17	00:50:12	141	00:03:54	00:11:29	00:39:10	01:20:10	01:48:24	02:31:00	03:00:25	146	00:02:41	00:38:33	00:43:59	01:26:38
115	SIECZKO Tomasz	582	TEAM SIECZKO	M-34		00:25:38	00:53:39	155	00:05:49	00:10:46	00:36:42	01:16:43	01:45:24	02:29:14	02:59:03	144	00:04:31	00:38:46	00:43:49	01:22:13
116	SIUDA Marek	585	KLINIKA TRIATHLONU BYDGOSZCZ	M-49		00:21:19	00:43:14	88	00:04:40	00:10:57	00:38:37	01:19:52	01:48:41	02:31:27	03:01:14	147	00:03:15	00:44:21	00:51:08	01:37:00
117	GRABAREK Konrad	620		M-47		00:21:49	00:45:23	110	00:04:04	00:11:29	00:37:30	01:16:43	01:44:27	02:27:09	02:56:16	134	00:02:30	00:47:39	00:53:13	01:41:43
118	BETLEJ Hubert	532		M-40		00:24:39	00:50:32	143	00:04:18	00:10:47	00:37:04	01:15:20	01:42:27	02:22:22	02:50:39	111	00:03:02	00:45:42	00:52:04	01:41:43
119	MARCINIAK Przemysław	608		M-40		00:24:02	00:50:21	142	00:03:33	00:10:14	00:36:44	01:17:33	01:46:13	02:29:00	02:58:50	143	00:02:48	00:41:31	00:47:38	01:35:05
120	ZIĘBICKI Maciej	575		M-32		00:24:04	00:49:40	138	00:05:13	00:11:44	00:39:44	01:19:23	01:47:18	02:29:03	02:58:21	142	00:02:43	00:42:38	00:48:40	01:34:40
121	KLIMKOWSKI Mateusz	524	DECATHLON TRIATHLON TEAM	M-26		00:20:06	00:40:01	64	00:02:37	00:10:41	00:37:44	01:16:18	01:43:21	02:24:00	02:52:17	121	00:02:06	00:45:15	00:51:19	01:54:11
122	PABIN Maksymilian	550		M-26		00:22:14	00:48:32	130	00:03:35	00:10:38	00:36:41	01:17:04	01:47:17	02:32:08	03:03:51	152	00:02:42	00:40:54	00:46:41	01:32:40
123	KROPIDŁOWSKI Marcjusz	657	UNLIMITED SPORT 2.0	M-39	Global Natureon Bochnia Biega Team	00:24:16	00:48:00	126	00:05:29	00:11:18	00:37:45	01:17:26	01:45:14	02:28:42	02:57:14	136	00:04:39	00:44:40	00:50:45	01:36:54
124	WIŚNIEWSKI Zbigniew	588	ROWEROWA BRZOZA	M-56	Rowerowa Brzoza	00:23:44	00:48:24	129	00:05:39	00:10:46	00:37:14	01:17:39	01:45:54	02:29:						

				Pływanie				Rower				Bieg								
127	MIĘTEK Zbigniew	545		M-46		00:23:55	00:49:52	140	00:03:06	00:11:05	00:37:39	01:19:49	01:47:16	02:30:30	02:58:12	141	00:06:16	00:47:05	00:53:57	01:38:31
128	JARGIŁO Michał	509		M-35		00:27:06	00:54:27	160	00:03:24	00:12:36	00:39:30	01:19:11	01:48:01	02:31:55	03:02:38	149	00:04:43	00:42:01	00:48:38	01:34:21
129	PAWLIK Mariusz	534		M-42		00:18:37	00:38:18	46	00:05:24	00:10:53	00:38:18	01:17:58	01:45:31	02:27:27	02:55:46	131	00:05:24	00:52:53	00:59:15	01:54:41
130	GRUDNIEWSKI Rafał	604	SREBRNI TRI	M-42		00:25:07	00:51:03	144	00:03:42	00:11:15	00:39:32	01:21:34	01:50:25	02:33:36	03:02:05	148	00:02:27	00:44:17	00:50:36	01:40:19
131	BURSKI Filip	633		M-26		00:21:42	00:45:14	108	00:05:08	00:11:37	00:39:25	01:20:46	01:49:28	02:34:03	03:06:31	158	00:06:42	00:44:16	00:50:11	01:37:06
132	NURKIEWICZ Jarosław	603	KUNG FU PANDY 3	M-51		00:26:47	00:57:16	165	00:02:20	00:11:42	00:39:09	01:21:26	01:51:37	02:35:33	03:05:45	155	00:04:36	00:40:52	00:46:43	01:33:11
133	KOMOR Bogdan	661	ROVICKY TEAM	M-44	ROVICKY TEAM	00:26:56	00:55:38	163	00:04:25	00:10:58	00:38:07	01:18:15	01:46:50	02:30:05	02:58:06	139	00:03:32	00:45:19	00:51:24	01:42:25
134	KOCHANOWSKI Maciej	622		M-30		00:24:15	00:51:06	145	00:07:43	00:11:53	00:40:34	01:22:53	01:53:32	02:43:57	03:16:44	171	00:04:04	00:35:51	00:41:04	01:24:52
135	KOSIŃSKI Robert	504	NOKIA	M-40	NOKIA	00:23:42	00:48:07	128	00:05:30	00:10:50	00:39:12	01:20:26	01:49:22	02:32:50	03:03:10	151	00:06:06	00:47:09	00:53:30	01:42:34
136	LECH Mikołaj	629		M-37		00:30:13	01:06:15	176	00:04:58	00:11:15	00:40:22	01:27:29	01:57:54	02:43:53	03:13:31	168	00:03:06	00:36:37	00:41:37	01:20:27
137	SZYMCZAK Jakub	513		M-34		00:21:21	00:44:24	97	00:04:38	00:11:22	00:38:57	01:20:12	01:49:07	02:33:47	03:09:34	161	00:04:25	00:49:15	00:55:31	01:46:22
138	HAYES Mark	644	GREENWICH TRITONS	M-47	GREENWICH TRITONS	00:24:34	00:51:32	148	00:05:32	00:11:08	00:39:04	01:21:04	01:51:11	02:36:39	03:07:54	159	00:02:59	00:45:48	00:51:28	01:41:55
139	GAWRON Marcin	615	CAR-MAN	M-46		00:22:23	00:48:06	127	00:04:05	00:16:15	00:44:23	01:27:26	01:56:52	02:41:35	03:12:20	165	00:04:16	00:46:29	00:52:55	01:41:58
140	BURSKI Paweł	632		M-53		00:23:01	00:47:19	123	00:04:15	00:11:48	00:40:22	01:22:33	01:52:36	02:38:49	03:10:35	162	00:04:30	00:47:45	00:54:51	01:45:54
141	ZALESINSKI Marcin	634		M-42		00:20:46	00:42:13	80	00:03:23	00:11:05	00:38:43	01:19:51	01:49:00	02:34:02	03:04:54	154	00:03:35	00:54:29	01:02:18	02:00:58
142	WAWRZYNIAK Kacper	617		M-23		00:29:42	01:03:27	174	00:05:16	00:11:18	00:40:43	01:24:08	01:54:12	02:41:09	03:12:47	167	00:06:08	00:40:24	00:45:49	01:29:52
143	KUBOWICZ Piotr	606	QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ	M-60		00:31:16	01:07:15	178	00:05:51	00:11:11	00:39:13	01:20:52	01:50:26	02:34:18	03:04:04	153	00:05:54	00:50:23	00:54:15	01:38:22
144	WALCZAK Paweł	623		M-33		00:35:04	01:09:48	179	00:06:41	00:13:29	00:46:15	01:32:37	02:05:03	02:53:28	03:24:34	174	00:03:33	00:39:25	00:44:45	01:24:30
145	ŁAPIŃSKI Jakub	656	UNLIMITED SPORT 2.0	M-39		00:32:05	01:05:59	175	00:09:17	00:12:09	00:42:12	01:26:17	01:55:59	02:41:30	03:11:36	164	00:07:21	00:44:58	00:50:59	01:37:11
146	GUDELL Radosław	596	GRUPA MODERATOR	M-46		00:25:49	00:52:59	154	00:08:00	00:13:14	00:42:58	01:29:56	02:03:00	02:58:05	03:33:39	177	00:03:24	00:40:45	00:49:18	01:36:08
147	GÓRSKI Bartosz	618		M-48		00:34:29	01:06:58	177	00:05:59	00:12:21	00:44:03	01:30:42	02:02:39	02:49:12	03:20:51	172	00:04:27	00:43:08	00:56:42	01:44:42
148	BINKOWSKI Czarus	706	LKS BOGMAR OSTROMECKO	M-49		00:30:23	01:01:52	173	00:06:53	00:12:52	00:45:21	01:32:59	02:06:07	02:56:29	03:32:24	176	00:03:48	00:53:42	01:01:09	01:54:35
149	GRAUL Romuald	686	UNITED GUITARS	M-60		00:34:56	01:10:59	180	00:09:50	00:12:56	00:46:09	01:35:13	02:08:32	02:59:18	03:32:24	175	00:05:49	00:59:48	01:05:45	02:02:32
	SOBCZAK Marcin	592	SOBCZAKTEAM	M-51		00:17:20	00:35:46	28	00:02:29	00:09:38	00:33:33	01:06:32	01:29:57	02:03:57	02:28:13	23	00:02:28	00:31:00	00:36:17	
	ŁUCZAK Paweł	526	TKKF KOLEJARZ BYDGOSZCZ	M-53		00:22:39	00:46:57	118	00:02:20	00:10:25	00:35:16	01:11:23	01:36:52	02:16:04	02:44:06	79	00:02:38			
	WYSMOLIŃSKI Rafał	549		M-45		00:19:37	00:40:04	66	00:03:13	00:10:10	00:34:10	01:09:08	01:33:52							
	KIRKLAND Jim	19	GREENWICH TRITONS	M-67	Greenwich Tritons	00:28:41	00:59:42	171	00:09:04	00:11:34	00:41:07	01:26:35	01:58:07							
	GOSZ Marcin	680	ENDURE TEAM	M-43		00:18:51	00:38:46	51	00:02:44	00:10:03	00:34:10	01:10:09	01:37:03							
	SPRYSZYŃSKI Michał	654	TRIRODZINKA	M-34		00:22:05	00:45:34	114	00:03:33	00:10:49	00:36:43	01:14:52	01:42:18	02:24:58	02:56:01	133	00:02:43			
	PARTYKA Rafał	547	RAFAL AGAINST THE MACHINE	M-45		00:17:16	00:34:53	19	00:02:39	00:09:20	00:32:04	01:05:28	01:29:35	02:05:03	02:29:42	26	00:01:59	00:30:29	00:34:50	

Znaleziono 156 wynik(ów)