



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

Metalkas Ocean Lava Triathlon Polska  
Towarzystwo Sportowe TRI-SPORT  
2022-08-20  
Bydgoszcz  
113 km

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 42,2 km

|     |                     |       |                                            |           |                                        | Pływanie            |                    |     |          | Rower                |                  |                       | Bieg |
|-----|---------------------|-------|--------------------------------------------|-----------|----------------------------------------|---------------------|--------------------|-----|----------|----------------------|------------------|-----------------------|------|
| Msc | Zawodnik            | Numer | Klub                                       | Kategoria | Drużyna 1                              | P_Borowno<br>0.95km | P_Borowno<br>1.9km | Poz |          | R_Kotomierz<br>4.9km | R_Lidl<br>19.9km | R_Kotomierz<br>39.9km |      |
| 1   | BLADOWSKI Artur     | 695   | KLUB KOLARSKI ŁOWICZ                       | M-38      |                                        | 00:17:00            | 00:35:03           | 21  | 00:00:57 | 00:10:14             | 00:31:53         | 00:54:00              |      |
| 2   | SAWIEŁAJC Jakub     | 560   | TM IRON TEAM                               | M-23      | TM Iron Team                           | 00:14:01            | 00:28:22           | 1   | 00:02:22 | 00:08:32             | 00:30:03         | 01:00:48              |      |
| 3   | DĄBROWSKI Dariusz   | 708   | ILABO RACING TEAM POWERED BY CTS           | M-48      |                                        | 00:14:47            | 00:30:13           | 2   | 00:02:01 | 00:09:10             | 00:31:24         | 01:03:31              |      |
| 4   | KOMPA Marcin        | 710   | IM INSPIRATION                             | M-23      | IM Inspiration Team                    | 00:15:12            | 00:30:27           | 5   | 00:02:12 | 00:08:42             | 00:32:05         | 01:04:52              |      |
| 5   | KONIECZNY Marcin    | 501   | K.S. NIEMANIEMOGE                          | M-50      |                                        | 00:16:17            | 00:33:21           | 8   | 00:01:53 | 00:08:54             | 00:30:46         | 01:02:55              |      |
| 6   | MALINOWSKI Jarosław | 652   | KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY      | M-40      | Karaś Tri&Swim Team                    | 00:16:44            | 00:34:09           | 14  | 00:02:03 | 00:08:54             | 00:30:39         | 01:02:08              |      |
| 7   | KOWALCZYK Piotr     | 616   | KAZIKI                                     | M-41      | KAZIKI                                 | 00:16:19            | 00:33:30           | 11  | 00:02:04 | 00:09:06             | 00:31:34         | 01:03:20              |      |
| 8   | STARON Piotr        | 541   | STARZYNSKI.COACH                           | M-43      |                                        | 00:16:41            | 00:33:39           | 13  | 00:03:09 | 00:08:54             | 00:30:52         | 01:02:27              |      |
| 9   | KLYM Yurii          | 684   |                                            | M-37      |                                        | 00:16:58            | 00:35:04           | 22  | 00:02:00 | 00:08:59             | 00:30:45         | 01:02:13              |      |
| 10  | MATUSIAK Mateusz    | 625   | SNG WILD DUCKS                             | M-35      | SNG WILD DUCKS                         | 00:16:22            | 00:33:38           | 12  | 00:02:32 | 00:09:14             | 00:31:54         | 01:04:36              |      |
| 11  | PODWYSOCKI Marcin   | 527   | CTS                                        | M-34      | CTS                                    | 00:15:02            | 00:30:25           | 4   | 00:02:39 | 00:10:02             | 00:33:55         | 01:07:53              |      |
| 12  | KRÓL Hubert         | 669   | WWW.TRENERTRIATHLONU.PL                    | M-36      |                                        | 00:15:03            | 00:30:21           | 3   | 00:02:00 | 00:10:01             | 00:34:41         | 01:08:40              |      |
| 13  | JEŽEK Petr          | 663   | IAMX                                       | M-45      |                                        | 00:16:57            | 00:34:30           | 18  | 00:02:57 | 00:09:08             | 00:31:35         | 01:04:09              |      |
| 14  | KRUPICKA Tomas      | 655   | IRONSPORT ELPO                             | M-35      |                                        | 00:17:16            | 00:35:27           | 26  | 00:02:11 | 00:09:16             | 00:31:35         | 01:04:08              |      |
| 15  | BYCH Maciej         | 512   | TRIDEA TEAM                                | M-47      | Tridea TEAM                            | 00:16:55            | 00:34:27           | 17  | 00:02:15 | 00:09:24             | 00:32:21         | 01:05:37              |      |
| 16  | TRZASKA Przemysław  | 556   | DREAM TRI TEAM                             | M-37      |                                        | 00:18:21            | 00:36:31           | 33  | 00:01:47 | 00:09:01             | 00:32:23         | 01:04:28              |      |
|     | PARTYKA Rafał       | 547   | RAFAL AGAINST THE MACHINE                  | M-45      |                                        | 00:17:16            | 00:34:53           | 19  | 00:02:39 | 00:09:20             | 00:32:04         | 01:05:28              |      |
| 18  | WIĘCKOWSKI Dariusz  | 528   | AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS | M-42      | Akademia Mistrzów Sportu AMS Triathlon | 00:16:26            | 00:33:01           | 7   | 00:02:19 | 00:10:06             | 00:33:38         | 01:07:44              |      |
| 19  | NOWAK Andrzej       | 640   | GT RAT                                     | M-40      |                                        | 00:17:48            | 00:36:24           | 32  | 00:02:18 | 00:08:50             | 00:32:42         | 01:04:25              |      |
|     | SOBCZAK Marcin      | 592   | SOBCZAKTEAM                                | M-51      |                                        | 00:17:20            | 00:35:46           | 28  | 00:02:29 | 00:09:38             | 00:33:33         | 01:06:32              |      |
| 21  | MASZEWSKI Dariusz   | 631   | TRIATHLON TEAM BOCHNIA                     | M-44      | Triathlon Team Bochnia                 | 00:16:32            | 00:33:25           | 9   | 00:03:39 | 00:09:33             | 00:33:06         | 01:07:50              |      |
| 22  | SZYMAŃSKI Piotr     | 572   | MIELCARCS TEAM                             | M-29      | Mielcars Team                          | 00:17:22            | 00:35:42           | 27  | 00:03:20 | 00:09:22             | 00:32:43         | 01:06:38              |      |

|    |                      |     |                               |      |                        | Pływanie |          |    |          | Rower    |          |          | Bieg |
|----|----------------------|-----|-------------------------------|------|------------------------|----------|----------|----|----------|----------|----------|----------|------|
|    |                      |     |                               |      |                        |          |          |    |          |          |          |          |      |
| 23 | KLONOWSKI Tomasz     | 649 | PLATAN                        | M-44 |                        | 00:18:23 | 00:37:24 | 40 | 00:02:29 | 00:09:29 | 00:32:35 | 01:05:48 |      |
| 24 | MODER Bartłomiej     | 697 | KAZIKI                        | M-33 | KAZIKI                 | 00:17:04 | 00:35:16 | 24 | 00:02:43 | 00:09:44 | 00:33:56 | 01:07:59 |      |
| 25 | KILIJAŃCZYK Piotr    | 658 |                               | M-42 |                        | 00:18:58 | 00:39:15 | 56 | 00:02:02 | 00:09:19 | 00:32:19 | 01:05:10 |      |
| 26 | MALINOWSKI Mariusz   | 653 | KARAŚ TRI&SWIM TEAM           | M-35 | Karaś Tri&Swim Team    | 00:16:49 | 00:34:12 | 16 | 00:02:19 | 00:09:41 | 00:34:52 | 01:10:02 |      |
| 27 | CELMER Marcin        | 507 | PTT DELTA                     | M-41 | PTT DELTA              | 00:19:15 | 00:38:56 | 52 | 00:02:24 | 00:09:20 | 00:32:15 | 01:05:25 |      |
| 28 | KUBANEK Łukasz       | 590 | TEAMOCHAL                     | M-39 | TEAM OCHAL             | 00:19:48 | 00:40:13 | 68 | 00:03:06 | 00:09:14 | 00:31:09 | 01:04:04 |      |
| 29 | KLAPUCH Michał       | 573 | EWA BUGDOŁ TEAM               | M-42 |                        | 00:18:07 | 00:37:19 | 39 | 00:02:55 | 00:09:46 | 00:33:05 | 01:07:11 |      |
| 30 | SOBIK Andrzej        | 557 |                               | M-44 |                        | 00:18:10 | 00:37:18 | 37 | 00:03:23 | 00:09:39 | 00:32:59 | 01:06:45 |      |
| 31 | WIERZYŃSKI Damian    | 569 | TRISPACE /TREK                | M-34 | TRISPACE/TREK          | 00:19:58 | 00:40:50 | 75 | 00:02:01 | 00:09:18 | 00:31:55 | 01:05:11 |      |
| 32 | DOBOSZ Michał        | 665 | COMEXSPORTS TRIATHLON TEAM    | M-46 |                        | 00:17:42 | 00:36:12 | 30 | 00:02:46 | 00:09:54 | 00:34:09 | 01:09:33 |      |
| 33 | SZMIDT Janusz        | 688 | TRINERGY                      | M-52 |                        | 00:18:22 | 00:37:39 | 41 | 00:03:31 | 00:09:49 | 00:32:51 | 01:07:35 |      |
| 34 | KAMIŃSKI Tomasz      | 505 | IM INSPIRATION TEAM           | M-42 | IM Inspiration Team    | 00:21:13 | 00:42:52 | 87 | 00:02:22 | 00:09:11 | 00:31:36 | 01:03:50 |      |
| 35 | MODZELEWSKI Maciej   | 643 | KLUB KOLARSKI ŁOWICZ          | M-38 |                        | 00:20:31 | 00:42:28 | 84 | 00:02:43 | 00:09:25 | 00:31:46 | 01:04:13 |      |
| 36 | NOSEK Maciej         | 628 | TRIATHLON TEAM BOCHNIA        | M-55 |                        | 00:21:15 | 00:42:22 | 83 | 00:02:11 | 00:09:07 | 00:32:09 | 01:04:56 |      |
| 37 | MĄCZKA Dawid         | 637 | THRIATLON TEAM BOCHNIA        | M-25 | Triathlon Team Bochnia | 00:16:34 | 00:33:26 | 10 | 00:03:19 | 00:10:44 | 00:36:53 | 01:13:36 |      |
| 38 | DAWIDOWICZ Maciej    | 559 | TRISPCE/TREK                  | M-44 | TRISPACE/TREK          | 00:19:19 | 00:39:23 | 58 | 00:02:43 | 00:09:47 | 00:33:38 | 01:08:17 |      |
| 39 | CZAJKOWSKI Krzysztof | 698 |                               | M-47 |                        | 00:19:21 | 00:39:37 | 62 | 00:02:24 | 00:09:59 | 00:34:07 | 01:08:53 |      |
| 40 | KRAJEWSKI Tomasz     | 677 | KP PSP INOWROCŁAW             | M-34 |                        | 00:18:23 | 00:37:16 | 35 | 00:03:09 | 00:10:40 | 00:35:24 | 01:10:57 |      |
| 41 | MUCHA Bartłomiej     | 636 | TRIATHLON TEAM BOCHNIA        | M-25 |                        | 00:17:38 | 00:36:16 | 31 | 00:03:49 | 00:10:04 | 00:35:12 | 01:11:23 |      |
| 42 | KINDLER Maciej       | 670 |                               | M-36 |                        | 00:18:35 | 00:39:06 | 54 | 00:03:02 | 00:10:16 | 00:34:08 | 01:09:24 |      |
| 43 | KULIK Michał         | 662 | HTF LUDWIK SIKORSKI           | M-43 |                        | 00:19:26 | 00:39:50 | 63 | 00:03:42 | 00:10:07 | 00:33:56 | 01:08:01 |      |
|    | GOSZ Marcin          | 680 | ENDURE TEAM                   | M-43 |                        | 00:18:51 | 00:38:46 | 51 | 00:02:44 | 00:10:03 | 00:34:10 | 01:10:09 |      |
| 45 | SZCZYRBOWSKI Michał  | 543 | TURBOKILLA                    | M-41 |                        | 00:19:49 | 00:40:45 | 73 | 00:03:55 | 00:09:45 | 00:33:04 | 01:07:01 |      |
| 46 | KASTRU Tomasz        | 574 |                               | M-41 | Run4Fun                | 00:16:55 | 00:34:56 | 20 | 00:03:22 | 00:10:28 | 00:36:10 | 01:13:32 |      |
| 47 | PORZYCH Rafał        | 607 | RAFSON.TV / PORZYCH.PL        | M-24 |                        | 00:18:46 | 00:39:28 | 59 | 00:02:43 | 00:09:37 | 00:33:37 | 01:09:42 |      |
| 48 | SENGER Robert        | 536 | TRIZARZA                      | M-40 |                        | 00:18:01 | 00:36:11 | 29 | 00:02:53 | 00:10:27 | 00:35:33 | 01:13:03 |      |
| 49 | KAZIMIERCZYK Adam    | 671 | PTT DELTA                     | M-42 | PTT DELTA              | 00:18:57 | 00:38:18 | 47 | 00:03:27 | 00:10:25 | 00:34:50 | 01:10:31 |      |
|    | WYSMOLIŃSKI Rafał    | 549 |                               | M-45 |                        | 00:19:37 | 00:40:04 | 66 | 00:03:13 | 00:10:10 | 00:34:10 | 01:09:08 |      |
| 51 | RAAG Reemo           | 676 |                               | M-38 |                        | 00:18:42 | 00:38:13 | 45 | 00:03:44 | 00:09:48 | 00:34:30 | 01:10:41 |      |
| 52 | SKŁADANOWSKI Marek   | 682 |                               | M-33 |                        | 00:18:47 | 00:38:00 | 44 | 00:03:19 | 00:10:34 | 00:44:46 | 01:11:23 |      |
| 53 | SMOCZYŃSKI Marek     | 583 | MBC TEAM                      | M-41 |                        | 00:21:26 | 00:43:49 | 92 | 00:03:43 | 00:09:09 | 00:31:47 | 01:05:13 |      |
| 54 | JANUSZKIEWICZ Piotr  | 563 | REBELIA UNDERGROUND TRIATHLON | M-40 |                        | 00:19:25 | 00:39:31 | 61 | 00:02:52 | 00:10:08 | 00:34:32 | 01:10:31 |      |
| 55 | POLASIK Michał       | 571 | RUN4FUN                       | M-35 | Run4Fun                | 00:17:36 | 00:36:38 | 34 | 00:02:47 | 00:10:21 | 00:36:15 | 01:13:36 |      |
| 56 | NOWICKI Bartosz      | 694 | TRISPACE/TREK                 | M-34 | TRISPACE/TREK          | 00:16:38 | 00:34:11 | 15 | 00:02:39 | 00:11:49 | 00:37:45 | 01:16:16 |      |

|    |                      |     |                                                                  |      |                                        | Pływanie |          |     |          | Rower    |          |          | Bieg |
|----|----------------------|-----|------------------------------------------------------------------|------|----------------------------------------|----------|----------|-----|----------|----------|----------|----------|------|
|    |                      |     |                                                                  |      |                                        |          |          |     |          |          |          |          |      |
| 57 | HIPNAROWICZ Grzegorz | 551 | SPORTTREND.PL                                                    | M-43 |                                        | 00:18:56 | 00:39:04 | 53  | 00:02:52 | 00:10:01 | 00:34:47 | 01:11:11 |      |
| 58 | GÓRZYŃSKI Tomasz     | 529 | TORUŃSKI KLUB TRIATHLONOWY                                       | M-46 | Toruński Klub Triathlonowy             | 00:18:13 | 00:37:51 | 42  | 00:04:46 | 00:10:13 | 00:35:26 | 01:10:36 |      |
| 59 | MULARCZYK Jacek      | 687 | RUNPASSION TEAM                                                  | M-52 |                                        | 00:21:35 | 00:43:42 | 91  | 00:03:07 | 00:09:56 | 00:33:06 | 01:06:38 |      |
| 60 | GNIOT Jacek          | 539 | TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M-51 | TRISPACE/TREK                          | 00:21:55 | 00:44:48 | 101 | 00:02:06 | 00:09:46 | 00:33:00 | 01:06:33 |      |
| 61 | SZYNALIK Sławomir    | 690 | KIKATEAM                                                         | M-49 |                                        | 00:19:21 | 00:40:15 | 69  | 00:03:17 | 00:09:41 | 00:33:52 | 01:09:59 |      |
| 62 | SZCZERBA Maciej      | 519 | TRITYTKA                                                         | M-50 |                                        | 00:19:29 | 00:40:24 | 70  | 00:02:32 | 00:10:27 | 00:34:36 | 01:10:43 |      |
| 63 | ŁAPAWA Dariusz       | 641 | MOCNI W GĘBIE                                                    | M-39 |                                        | 00:18:26 | 00:38:24 | 48  | 00:04:27 | 00:09:51 | 00:34:31 | 01:11:04 |      |
| 64 | JARMOSZEWICZ Łukasz  | 522 |                                                                  | M-49 | TKT                                    | 00:21:38 | 00:43:17 | 89  | 00:03:11 | 00:09:59 | 00:33:33 | 01:07:43 |      |
| 65 | KOZŁOWSKI Jacek      | 520 | PTT DELTA                                                        | M-45 | PTT DELTA                              | 00:20:49 | 00:42:18 | 81  | 00:03:24 | 00:09:40 | 00:33:57 | 01:09:00 |      |
| 66 | GRZEBYTA Mateusz     | 619 | MTB START KARTUZY                                                | M-35 |                                        | 00:18:54 | 00:39:29 | 60  | 00:03:07 | 00:10:31 | 00:35:20 | 01:12:12 |      |
| 67 | BUGALSKI Wojciech    | 610 | AKADEMIA MISTRZÓW SPORTU                                         | M-44 | Akademia Mistrzów Sportu AMS Triathlon | 00:19:50 | 00:40:52 | 76  | 00:02:45 | 00:10:14 | 00:34:37 | 01:11:25 |      |
| 68 | PIC Dawid            | 586 |                                                                  | M-30 |                                        | 00:18:49 | 00:39:06 | 55  | 00:02:53 | 00:10:32 | 00:36:13 | 01:13:06 |      |
| 69 | JANKOWSKI Tomasz     | 565 | TRISPACE/TREK                                                    | M-49 | TRISPACE/TREK                          | 00:20:19 | 00:42:21 | 82  | 00:03:29 | 00:09:59 | 00:34:05 | 01:09:28 |      |
| 70 | OGIŃSKI Piotr        | 635 | TRIATHLON TEAM BOCHNIA                                           | M-45 | Triathlon Team Bochnia                 | 00:17:31 | 00:35:13 | 23  | 00:03:01 | 00:17:52 | 00:42:10 | 01:17:07 |      |
| 71 | KOSMATKA Paweł       | 503 |                                                                  | M-29 |                                        | 00:21:47 | 00:45:34 | 113 | 00:02:29 | 00:10:07 | 00:34:05 | 01:08:38 |      |
| 72 | SZYTTENHOLM Oliwier  | 530 | TRISPACE/TREK                                                    | M-40 | TRISPACE/TREK                          | 00:20:46 | 00:43:22 | 90  | 00:02:49 | 00:10:08 | 00:34:37 | 01:10:59 |      |
| 73 | FIEGEL Wojciech      | 518 | TRISPACE/TREK                                                    | M-44 | TRISPACE/TREK                          | 00:20:36 | 00:42:48 | 86  | 00:02:30 | 00:10:33 | 00:34:46 | 01:11:55 |      |
| 74 | KAPSA Dawid          | 538 | TRISPACE/TREK                                                    | M-44 | TRISPACE/TREK                          | 00:22:28 | 00:45:28 | 111 | 00:02:52 | 00:10:16 | 00:34:13 | 01:09:04 |      |
| 75 | KIEDROWSKI Jerzy     | 600 | MIELCARKS TEAM                                                   | M-29 | Mielcarks Team                         | 00:21:06 | 00:40:48 | 74  | 00:04:53 | 00:10:31 | 00:35:47 | 01:12:12 |      |
| 76 | KLIMKOWSKI Mateusz   | 524 | DECATHLON TRIATHLON TEAM                                         | M-26 |                                        | 00:20:06 | 00:40:01 | 64  | 00:02:37 | 00:10:41 | 00:37:44 | 01:16:18 |      |
| 77 | KRAUSE Szymon        | 578 | SREBRNI TRI                                                      | M-40 |                                        | 00:21:32 | 00:44:07 | 95  | 00:03:14 | 00:10:51 | 00:35:47 | 01:11:36 |      |
| 78 | KWAPIŃSKI Damian     | 562 | TEAMOCHAL                                                        | M-41 | TEAM OCHAL                             | 00:22:34 | 00:47:29 | 124 | 00:03:46 | 00:10:10 | 00:33:47 | 01:07:53 |      |
| 79 | NOWICKI Adam         | 553 |                                                                  | M-49 |                                        | 00:21:37 | 00:44:48 | 100 | 00:02:35 | 00:10:30 | 00:35:28 | 01:11:52 |      |
| 80 | MIELCAREK Maciej     | 597 | MIELCARKS TEAM                                                   | M-32 | Mielcarks Team                         | 00:18:18 | 00:37:58 | 43  | 00:04:19 | 00:14:11 | 00:39:59 | 01:17:01 |      |
| 81 | BUDZIŁO Adam         | 561 | PTT DELTA                                                        | M-50 | PTT DELTA                              | 00:19:28 | 00:40:29 | 71  | 00:04:25 | 00:10:20 | 00:36:23 | 01:14:50 |      |
| 82 | KOSTYGOV Pavel       | 702 |                                                                  | M-33 |                                        | 00:20:03 | 00:41:31 | 78  | 00:05:11 | 00:10:55 | 00:36:01 | 01:13:07 |      |
| 83 | TYSZKA Filip         | 537 | KRISS COACHING                                                   | M-41 |                                        | 00:23:33 | 00:48:34 | 131 | 00:02:37 | 00:09:54 | 00:33:57 | 01:09:09 |      |
| 84 | KŁOSOK Wojciech      | 683 | CROSS SPORT                                                      | M-43 |                                        | 00:20:57 | 00:43:53 | 93  | 00:03:51 | 00:10:10 | 00:35:31 | 01:12:39 |      |
|    | ŁUCZAK Paweł         | 526 | TKKF KOLEJARZ BYDGOSZCZ                                          | M-53 |                                        | 00:22:39 | 00:46:57 | 118 | 00:02:20 | 00:10:25 | 00:35:16 | 01:11:23 |      |
| 86 | LISOWSKI Aleksander  | 701 | AUTODNA                                                          | M-36 |                                        | 00:22:25 | 00:45:31 | 112 | 00:02:45 | 00:10:12 | 00:35:16 | 01:12:39 |      |
| 87 | TRZASKOWSKI Tomasz   | 568 |                                                                  | M-42 |                                        | 00:21:20 | 00:42:48 | 85  | 00:04:35 | 00:10:34 | 00:36:05 | 01:13:54 |      |
| 88 | GRUBA Marek          | 580 | TRISPACE TREK                                                    | M-34 | TRISPACE/TREK                          | 00:20:21 | 00:41:44 | 79  | 00:03:09 | 00:10:49 | 00:37:32 | 01:16:44 |      |
| 89 | PAWLIK Mariusz       | 534 |                                                                  | M-42 |                                        | 00:18:37 | 00:38:18 | 46  | 00:05:24 | 00:10:53 | 00:38:18 | 01:17:58 |      |

|     |                          |     |                              |      | Pływanie                           |          |          |     | Rower    |          |                   | Bieg |
|-----|--------------------------|-----|------------------------------|------|------------------------------------|----------|----------|-----|----------|----------|-------------------|------|
|     |                          |     |                              |      |                                    |          |          |     |          |          |                   |      |
| 90  | MAKOWSKI Marek           | 660 | WTP / EXATEL                 | M-39 |                                    | 00:18:56 | 00:38:30 | 49  | 00:05:35 | 00:11:00 | 00:37:56 01:17:38 |      |
| 91  | WALKOWIAK Bartosz        | 624 |                              | M-40 |                                    | 00:21:31 | 00:44:06 | 94  | 00:03:10 | 00:10:49 | 00:37:10 01:15:15 |      |
| 92  | GRUSZCZYK Grzegorz       | 544 | IMPACT BIELSKO-BIAŁA         | M-40 |                                    | 00:22:23 | 00:45:03 | 106 | 00:04:18 | 00:10:16 | 00:36:11 01:13:23 |      |
| 93  | WIŚNIEWSKI Piotr         | 508 | GEOTACH                      | M-40 |                                    | 00:19:18 | 00:40:10 | 67  | 00:03:10 | 00:11:07 | 00:38:19 01:19:30 |      |
| 94  | MARKIEWICZ Bartosz       | 514 | PTT DELTA                    | M-33 | PTT DELTA                          | 00:21:03 | 00:44:49 | 102 | 00:04:02 | 00:10:43 | 00:36:29 01:14:07 |      |
| 95  | DOMERACKI Damian         | 525 |                              | M-42 |                                    | 00:22:18 | 00:46:18 | 117 | 00:03:49 | 00:10:37 | 00:35:57 01:12:54 |      |
| 96  | KONKEL Bartosz           | 605 |                              | M-36 |                                    | 00:21:52 | 00:44:38 | 99  | 00:04:33 | 00:10:22 | 00:36:23 01:14:07 |      |
|     | SPRYSZYŃSKI Michał       | 654 | TRIRODZINKA                  | M-34 |                                    | 00:22:05 | 00:45:34 | 114 | 00:03:33 | 00:10:49 | 00:36:43 01:14:52 |      |
| 98  | MIELCAREK Jędrzej        | 595 | MIELCARKS TEAM               | M-29 | Mielcarsks Team                    | 00:21:13 | 00:45:06 | 107 | 00:05:15 | 00:10:35 | 00:36:36 01:14:13 |      |
| 99  | WISNIEWSKI Piotr         | 693 | DBR77                        | M-45 |                                    | 00:19:57 | 00:41:17 | 77  | 00:04:29 | 00:11:57 | 00:39:41 01:18:51 |      |
| 100 | MACIEJEWSKI Grzegorz     | 692 | DANFOSS RACE TEAM            | M-40 |                                    | 00:22:16 | 00:45:03 | 105 | 00:03:21 | 00:11:06 | 00:37:49 01:16:27 |      |
| 101 | ZAKRZEWSKI Jarosław      | 591 |                              | M-49 |                                    | 00:23:48 | 00:49:23 | 136 | 00:02:51 | 00:10:28 | 00:35:19 01:12:44 |      |
| 102 | ZALESINSKI Marcin        | 634 |                              | M-42 |                                    | 00:20:46 | 00:42:13 | 80  | 00:03:23 | 00:11:05 | 00:38:43 01:19:51 |      |
| 103 | MOSKAL Aleksander Moskal | 542 |                              | M-60 |                                    | 00:21:26 | 00:44:14 | 96  | 00:03:52 | 00:11:25 | 00:38:56 01:17:59 |      |
| 104 | GRABAREK Konrad          | 620 |                              | M-47 |                                    | 00:21:49 | 00:45:23 | 110 | 00:04:04 | 00:11:29 | 00:37:30 01:16:43 |      |
| 105 | CZERWIAKOWSKI Sebastian  | 650 |                              | M-48 |                                    | 00:21:43 | 00:44:59 | 104 | 00:05:50 | 00:10:44 | 00:37:16 01:15:32 |      |
| 106 | MAŁACHA Dawid            | 510 | KU AZS POLITECHNIKA BYDGOSKA | M-27 |                                    | 00:23:35 | 00:49:01 | 133 | 00:02:24 | 00:10:58 | 00:37:42 01:15:44 |      |
| 107 | KĄTNIK Jacek             | 567 | BUDINVEST                    | M-52 |                                    | 00:26:13 | 00:54:16 | 157 | 00:02:46 | 00:10:13 | 00:34:39 01:10:07 |      |
| 108 | STĘPNIAK Krzysztof       | 594 | RUN4FUN                      | M-44 | Run4Fun                            | 00:23:32 | 00:49:47 | 139 | 00:04:29 | 00:10:36 | 00:35:57 01:13:13 |      |
| 109 | CAMPOBASSO Luca          | 667 |                              | M-31 |                                    | 00:22:34 | 00:47:12 | 121 | 00:05:40 | 00:10:55 | 00:36:51 01:14:53 |      |
| 110 | SIUDA Marek              | 585 | KLINIKA TRIATHLONU BYDGOSZCZ | M-49 |                                    | 00:21:19 | 00:43:14 | 88  | 00:04:40 | 00:10:57 | 00:38:37 01:19:52 |      |
| 111 | ANDRZEJAK Robert         | 554 | VAMOS                        | M-46 |                                    | 00:23:56 | 00:51:26 | 147 | 00:03:41 | 00:10:24 | 00:36:07 01:12:58 |      |
| 112 | BRYGIER Jacek            | 705 | PTT DELTA                    | M-51 | PTT DELTA                          | 00:25:13 | 00:52:02 | 149 | 00:03:30 | 00:10:30 | 00:35:48 01:12:51 |      |
| 113 | KULIŃSKI Grzegorz        | 587 |                              | M-29 |                                    | 00:23:38 | 00:48:48 | 132 | 00:03:25 | 00:10:49 | 00:37:11 01:16:21 |      |
| 114 | PABIN Maksymilian        | 550 |                              | M-26 |                                    | 00:22:14 | 00:48:32 | 130 | 00:03:35 | 00:10:38 | 00:36:41 01:17:04 |      |
| 115 | SZYMCZAK Jakub           | 513 |                              | M-34 |                                    | 00:21:21 | 00:44:24 | 97  | 00:04:38 | 00:11:22 | 00:38:57 01:20:12 |      |
| 116 | LIZIK Radosław           | 668 | TRISPACE/TREK                | M-47 | TRISPACE/TREK                      | 00:23:54 | 00:49:19 | 135 | 00:03:49 | 00:10:51 | 00:36:47 01:16:26 |      |
| 117 | BETLEJ Hubert            | 532 |                              | M-40 |                                    | 00:24:39 | 00:50:32 | 143 | 00:04:18 | 00:10:47 | 00:37:04 01:15:20 |      |
| 118 | KĘDZIERSKI Michał        | 516 | HTF LUDWIK SIKORSKI          | M-37 |                                    | 00:24:24 | 00:49:39 | 137 | 00:04:16 | 00:11:04 | 00:37:44 01:16:30 |      |
| 119 | KROPIDŁOWSKI Marcjusz    | 657 | UNLIMITED SPORT 2.0          | M-39 | Global Natureon Bochnia Biega Team | 00:24:16 | 00:48:00 | 126 | 00:05:29 | 00:11:18 | 00:37:45 01:17:26 |      |
| 120 | BURSKI Filip             | 633 |                              | M-26 |                                    | 00:21:42 | 00:45:14 | 108 | 00:05:08 | 00:11:37 | 00:39:25 01:20:46 |      |

|     |                      |     |                                       |      |                        | Pływanie |          |     | Rower    |          |                   | Bieg |
|-----|----------------------|-----|---------------------------------------|------|------------------------|----------|----------|-----|----------|----------|-------------------|------|
|     |                      |     |                                       |      |                        |          |          |     |          |          |                   |      |
| 121 | MARCINIAK Przemysław | 608 |                                       | M-40 |                        | 00:24:02 | 00:50:21 | 142 | 00:03:33 | 00:10:14 | 00:36:44 01:17:33 |      |
| 122 | WIŚNIEWSKI Zbigniew  | 588 | ROWEROWA BRZOZA                       | M-56 | Rowerowa Brzoza        | 00:23:44 | 00:48:24 | 129 | 00:05:39 | 00:10:46 | 00:37:14 01:17:39 |      |
| 123 | NOWAK Dariusz        | 626 | TRIATHLON TEAM BOCHNIA                | M-46 | Triathlon Team Bochnia | 00:27:56 | 00:56:27 | 164 | 00:05:00 | 00:09:45 | 00:34:59 01:10:32 |      |
| 124 | MIĘTEK Zbigniew      | 545 |                                       | M-46 |                        | 00:23:55 | 00:49:52 | 140 | 00:03:06 | 00:11:05 | 00:37:39 01:19:49 |      |
| 125 | LIZIK Arkadiusz      | 581 |                                       | M-43 |                        | 00:29:44 | 00:59:17 | 170 | 00:02:51 | 00:09:45 | 00:34:46 01:10:56 |      |
| 126 | WŁODARCZYK Wojciech  | 602 | CZARNE STOPY                          | M-58 |                        | 00:24:29 | 00:51:20 | 146 | 00:04:16 | 00:11:30 | 00:38:20 01:18:14 |      |
| 127 | KOSIŃSKI Robert      | 504 | NOKIA                                 | M-40 | NOKIA                  | 00:23:42 | 00:48:07 | 128 | 00:05:30 | 00:10:50 | 00:39:12 01:20:26 |      |
| 128 | BURSKI Paweł         | 632 |                                       | M-53 |                        | 00:23:01 | 00:47:19 | 123 | 00:04:15 | 00:11:48 | 00:40:22 01:22:33 |      |
| 129 | GRUBA Jacek          | 533 | TRISPACE/TREK                         | M-62 | TRISPACE/TREK          | 00:24:17 | 00:50:12 | 141 | 00:03:54 | 00:11:29 | 00:39:10 01:20:10 |      |
| 130 | ZIĘBICKI Maciej      | 575 |                                       | M-32 |                        | 00:24:04 | 00:49:40 | 138 | 00:05:13 | 00:11:44 | 00:39:44 01:19:23 |      |
| 131 | NEBELING Wojciech    | 651 |                                       | M-52 |                        | 00:25:08 | 00:52:11 | 150 | 00:05:42 | 00:10:58 | 00:38:07 01:17:22 |      |
| 132 | SIECZKO Tomasz       | 582 | TEAM SIECZKO                          | M-34 |                        | 00:25:38 | 00:53:39 | 155 | 00:05:49 | 00:10:46 | 00:36:42 01:16:43 |      |
| 133 | ORLOWSKI Jakub       | 666 |                                       | M-33 |                        | 00:22:17 | 00:47:01 | 120 | 00:06:01 | 00:11:35 | 00:40:41 01:23:11 |      |
| 134 | GRUDNIEWSKI Rafał    | 604 | SREBRNI TRI                           | M-42 |                        | 00:25:07 | 00:51:03 | 144 | 00:03:42 | 00:11:15 | 00:39:32 01:21:34 |      |
| 135 | BAŁDYGA Paweł        | 659 | PAWEŁ BAŁDYGA                         | M-42 |                        | 00:26:30 | 00:54:24 | 158 | 00:04:29 | 00:11:23 | 00:38:01 01:17:27 |      |
| 136 | CYREK Grzegorz       | 614 |                                       | M-48 |                        | 00:27:45 | 00:59:53 | 172 | 00:06:34 | 00:09:45 | 00:34:01 01:10:33 |      |
| 137 | JARGIŁO Michał       | 509 |                                       | M-35 |                        | 00:27:06 | 00:54:27 | 160 | 00:03:24 | 00:12:36 | 00:39:30 01:19:11 |      |
| 138 | HAYES Mark           | 644 | GREENWICH TRITONS                     | M-47 | GREENWICH TRITONS      | 00:24:34 | 00:51:32 | 148 | 00:05:32 | 00:11:08 | 00:39:04 01:21:04 |      |
| 139 | KOMOR Bogdan         | 661 | ROVICKY TEAM                          | M-44 | ROVICKY TEAM           | 00:26:56 | 00:55:38 | 163 | 00:04:25 | 00:10:58 | 00:38:07 01:18:15 |      |
| 140 | WRZOSEK Jarosław     | 648 |                                       | M-51 |                        | 00:26:57 | 00:55:26 | 162 | 00:04:44 | 00:11:04 | 00:38:33 01:18:13 |      |
| 141 | GAWRON Marcin        | 615 | CAR-MAN                               | M-46 |                        | 00:22:23 | 00:48:06 | 127 | 00:04:05 | 00:16:15 | 00:44:23 01:27:26 |      |
| 142 | NURKIEWICZ Jarosław  | 603 | KUNG FU PANDY 3                       | M-51 |                        | 00:26:47 | 00:57:16 | 165 | 00:02:20 | 00:11:42 | 00:39:09 01:21:26 |      |
| 143 | BEDYK Ireneusz       | 506 | PTT DELTA                             | M-65 | PTT DELTA              | 00:27:24 | 00:57:31 | 168 | 00:04:23 | 00:10:54 | 00:38:19 01:19:16 |      |
| 144 | RAŻNIEWSKI Łukasz    | 502 |                                       | M-46 |                        | 00:25:43 | 00:57:18 | 166 | 00:04:12 | 00:10:51 | 00:38:19 01:19:46 |      |
| 145 | KOCHANOWSKI Maciej   | 622 |                                       | M-30 |                        | 00:24:15 | 00:51:06 | 145 | 00:07:43 | 00:11:53 | 00:40:34 01:22:53 |      |
| 146 | KODZIS Piotr         | 548 |                                       | M-48 |                        | 00:24:52 | 00:54:11 | 156 | 00:06:14 | 00:12:09 | 00:42:07 01:27:36 |      |
| 147 | GUDELL Radosław      | 596 | GRUPA MODERATOR                       | M-46 |                        | 00:25:49 | 00:52:59 | 154 | 00:08:00 | 00:13:14 | 00:42:58 01:29:56 |      |
| 148 | WAWRZY尼亚K Kacper     | 617 |                                       | M-23 |                        | 00:29:42 | 01:03:27 | 174 | 00:05:16 | 00:11:18 | 00:40:43 01:24:08 |      |
| 149 | KUBOWICZ Piotr       | 606 | QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ | M-60 |                        | 00:31:16 | 01:07:15 | 178 | 00:05:51 | 00:11:11 | 00:39:13 01:20:52 |      |
|     | KIRKLAND Jim         | 19  | GREENWICH TRITONS                     | M-67 | Greenwich Tritons      | 00:28:41 | 00:59:42 | 171 | 00:09:04 | 00:11:34 | 00:41:07 01:26:35 |      |
| 151 | LECH Mikołaj         | 629 |                                       | M-37 |                        | 00:30:13 | 01:06:15 | 176 | 00:04:58 | 00:11:15 | 00:40:22 01:27:29 |      |
| 152 | ŁAPIŃSKI Jakub       | 656 | UNLIMITED SPORT 2.0                   | M-39 |                        | 00:32:05 | 01:05:59 | 175 | 00:09:17 | 00:12:09 | 00:42:12 01:26:17 |      |
| 153 | BINKOWSKI Czarus     | 706 | LKS BOGMAR OSTROMECKO                 | M-49 |                        | 00:30:23 | 01:01:52 | 173 | 00:06:53 | 00:12:52 | 00:45:21 01:32:59 |      |
| 154 | GÓRSKI Bartosz       | 618 |                                       | M-48 |                        | 00:34:29 | 01:06:58 | 177 | 00:05:59 | 00:12:21 | 00:44:03 01:30:42 |      |
| 155 | WALCZAK Paweł        | 623 |                                       | M-33 |                        | 00:35:04 | 01:09:48 | 179 | 00:06:41 | 00:13:29 | 00:46:15 01:32:37 |      |
| 156 | GRAUL Romuald        | 686 | UNITED GUITARS                        | M-60 |                        | 00:34:56 | 01:10:59 | 180 | 00:09:50 | 00:12:56 | 00:46:09 01:35:13 |      |