

Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

Metalkas Ocean Lava Triathlon Polska  
Towarzystwo Sportowe TRI-SPORT  
2023-08-19  
Bydgoszcz  
113 km

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 113,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				Rower					Bieg						
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Lidl 18.6km	R_Kusowo 36.5km	R_Lidl 54.2km	R_Kusowo 72km	R_Lidl 89.8km	Poz		B_Announcer 6.465km	B_Announcer 7.265km	B_Announcer 13.731km	B_Announcer 14.531km	B_Announcer 20.799km
1	MARCINEK Tomasz	737	TM IRON TEAM	M-32	TM IronTeam	00:13:29	00:27:31	1	00:01:58	00:26:39	00:53:24	01:18:07	01:45:04	02:10:06	2	00:00:57	00:23:22	00:26:24	00:50:07	00:52:59	01:17:26
2	SAWIEŁAJC Jakub	691	TM IRON TEAM	M-24	TM IronTeam	00:14:49	00:29:49	3	00:02:09	00:26:24	00:52:58	01:18:03	01:46:11	02:12:33	3	00:01:59	00:26:14	00:29:50	00:57:51	01:01:17	01:29:35
3	RACEK Tomáš	734	IRONSTARS BEROUN	M-42		00:16:47	00:34:45	14	00:02:44	00:26:26	00:53:30	01:18:23	01:45:56	02:10:03	1	00:02:24	00:26:38	00:30:06	00:57:43	01:01:14	01:29:07
4	MADRASSI Giacomo	677	TRI TEAM PULLY	M-33	Mielcarsk Team	00:13:40	00:27:42	2	00:03:26	00:28:38	00:57:19	01:23:58	01:52:59	02:19:36	4	00:01:41	00:26:45	00:30:12	00:57:54	01:01:36	01:27:54
5	GRZYBEK Lukasz	656	TRIATHLON IQ	M-42		00:18:54	00:39:47	50	00:02:37	00:29:49	00:59:33	01:26:57	01:56:48	02:24:24	14	00:01:45	00:24:55	00:28:04	00:52:53	00:56:03	01:20:40
6	WASYLUK Cezary	746	CONTROTLEC	M-34		00:16:17	00:32:53	7	00:02:13	00:28:55	00:58:59	01:26:21	01:57:10	02:24:44	15	00:01:32	00:28:06	00:31:41	00:59:56	01:03:34	01:32:03
7	KAMIŃSKI Tomasz	717	TM IRONTEAM	M-41	TM IronTeam	00:17:08	00:34:41	13	00:02:32	00:28:28	00:57:39	01:24:55	01:55:03	02:22:35	10	00:02:04	00:27:07	00:30:43	00:58:55	01:02:36	01:32:34
8	GRONDZIEWSKI Dariusz	663	PHO3NIX GVT TEAM	M-42	Pho3nix GVT Team	00:14:36	00:29:51	4	00:03:16	00:28:12	00:57:23	01:24:36	01:54:34	02:21:34	8	00:01:55	00:29:20	00:33:23	01:05:31	01:09:36	01:40:54
9	ZIĘBA Adam	501	TRISPACE/TREK	M-50	TRISPACE/TREK	00:20:14	00:42:03	75	00:02:55	00:28:22	00:57:39	01:24:36	01:54:39	02:22:01	9	00:01:47	00:27:08	00:30:38	00:58:21	01:01:57	01:29:57
10	GECZEW Pawel	615		M-30		00:22:02	00:43:57	99	00:02:15	00:28:05	00:57:18	01:24:13	01:54:29	02:22:38	11	00:02:08	00:25:48	00:29:12	00:56:51	01:00:35	01:28:08
11	WOJCIECHOWSKI Norbert	522		M-43		00:19:19	00:39:22	44	00:02:53	00:29:00	00:58:19	01:25:39	01:56:37	02:24:04	13	00:01:38	00:27:09	00:30:41	00:59:05	01:02:56	01:32:53
12	KILJAŃCZYK Piotr	516		M-43		00:19:51	00:40:18	55	00:02:27	00:30:10	01:00:16	01:27:50	01:58:48	02:26:44	22	00:04:17	00:25:31	00:29:04	00:56:10	01:00:00	01:29:11
13	MODZELEWSKI Maciej	569	VELO ŁOWICZ TRI	M-39		00:21:27	00:44:09	103	00:02:46	00:29:09	00:59:03	01:27:00	01:57:41	02:25:32	17	00:01:24	00:26:28	00:29:54	00:58:03	01:01:48	01:29:58
14	GOŁYŚ Grzegorz	643		M-26		00:20:41	00:43:51	97	00:03:24	00:28:19	00:56:45	01:23:16	01:53:09	02:20:32	6	00:01:55	00:27:04	00:30:46	01:00:54	01:05:04	01:34:59
15	OLEWIŃSKI Dariusz	712	TRIATHLON KONSULTING	M-47	Triathlon konsulting	00:18:00	00:37:24	24	00:03:00	00:29:05	00:58:30	01:25:55	01:56:00	02:23:53	12	00:02:07	00:30:11	00:34:07	01:04:58	01:08:57	01:40:14
16	KACPERSKI Wojtek	697	WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU	M-42		00:18:34	00:37:35	25	00:02:32	00:30:05	01:00:38	01:29:12	02:00:58	02:29:29	31	00:02:02	00:27:57	00:31:45	01:01:25	01:05:14	01:35:22
17	PRĄDZYŃSKI Marcin	646	TM IRONTEAM	M-46	TM IronTeam	00:17:33	00:35:20	17	00:02:22	00:29:52	01:00:54	01:28:27	02:01:06	02:30:59	36	00:01:43	00:29:08	00:32:56	01:04:09	01:08:19	01:40:27
18	CZECHOWSKI Dawid	637		M-19		00:16:15	00:33:08	8	00:03:23	00:31:09	01:03:21	01:32:56	02:05:43	02:36:12	53	00:02:30	00:29:03	00:32:44	01:02:02	01:05:54	01:36:33
19	KRASNODĘBSKI Sebastian	733	TM IRON TEAM	M-41	TM IronTeam	00:18:43	00:38:32	34	00:03:13	00:29:00	00:59:06	01:26:39	01:57:50	02:25:45	20	00:02:10	00:29:34	00:33:32	01:05:12	01:09:05	01:42:41
20	MIEDZIAK Sebastian	655	LS PLUS RECYKLING TEAM	M-40		00:18:28	00:37:59	28	00:02:34	00:29:44	01:00:00	01:28:02	01:59:38	02:27:33	24	00:01:33	00:29:50	00:33:48	01:06:29	01:10:52	01:42:59
21	MAGDZIARZ Jakub	540	KANCELARIA HMM	M-43		00:19:40	00:39:53	51	00:02:59	00:29:52	00:59:29	01:27:07	01:58:19	02:26:31	21	00:02:20	00:29:07	00:33:32	01:05:38	01:10:03	01:41:34
22	ROGOZIEWICZ Dawid	621	LITWIN SPORT	M-22		00:16:06	00:33:22	9	00:03:49	00:31:21	01:03:16	01:32:26	02:06:18	02:37:29	61	00:02:08	00:28:39	00:32:30	01:02:49	01:06:39	01:37:25
23	NOSOWSKI Jacek	528	TRI.REGRESS	M-49		00:17:12	00:34:59	15	00:02:49	00:30:43	01:02:10	01:30:59	02:02:41	02:31:55	39	00:02:09	00:29:28	00:33:31	01:05:50	01:10:04	01:42:27
24	EJSMONT Krzysztof	727		M-46		00:21:19	00:43:08	87	00:02:44	00:30:18	01:01:16	01:29:32	02:01:27	02:30:03	33	00:01:24	00:28:41	00:32:33	01:03:21	01:07:23	01:38:20
25	STEFANIAK Marcin	718	TM IRON TEAM	M-48	TM IronTeam	00:18:48	00:38:29	32	00:03:23	00:30:12	00:59:25	01:27:03	01:58:00	02:25:42	19	00:02:42	00:30:24	00:34:40	01:07:36	01:12:19	01:46:29
26	CIMACHOWSKI Jakub	530	CIMATECH	M-43		00:17:20	00:35:10	16	00:04:01	00:32:19	01:04:59	01:35:07	02:09:47	02:40:48	76	00:02:22	00:28:15	00:31:56	01:01:15	01:05:07	01:34:42
27	BUZE Łukasz	652		M-38		00:22:18	00:45:39	122	00:03:25	00:30:30	01:01:46	01:30:26	02:02:36	02:32:19	41	00:02:13	00:27:00	00:30:35	00:59:44	01:03:45	01:33:27
28	KRAJEWSKI Tomasz	670	#ZALINIAMIETEAM	M-42	#zaliniamietyeam	00:18:51	00:38:43	36	00:02:26	00:31:38	01:03:28	01:32:45	02:05:40	02:34:52	47	00:02:22	00:28:34	00:32:11	01:02:31	01:07:00	01:38:45
29	ŁUKASZCZUK Grzegorz	613	TM IRONTEAM	M-41	TM IronTeam	00:20:02	00:40:03	53	00:04:58	00:28:40	00:58:40	01:27:20	01:59:48	02:30:17	35	00:01:59	00:31:27	00:35:26	01:07:02	01:10:45	01:40:59
30	SUCHAN Łukasz	747	SPORTWISE	M-22		00:15:23	00:31:25	5	00:03:23	00:30:17	01:01:54	01:31:28	02:05:02	02:35:25	50	00:02:01	00:28:37	00:32:48	01:06:56	01:11:31	01:47:34
31	OGÓROWICZ Jakub	618	BEEATHLETIC TEAM	M-39		00:18:44	00:38:31	33	00:03:35	00:30:03	01:00:19	01:28:57	02:02:17	02:32:13	40	00:02:24	00:29:56	00:33:54	01:06:01	01:10:11	01:43:18
32	TURAJSKI Mateusz	648	AXENT IWONA TURAJSKA	M-33		00:20:12	00:40:13	54	00:03:22	00:29:51	01:00:50	01:28:48	02:00:42	02:28:55	27	00:02:10	00:31:48	00:36:17	01:10:14	01:14:27	01:48:19
33	FAJOK Szymon	683	MBC TEAM	M-24		00:18:43	00:38:15	30	00:03:06	00:28:17	00:57:22	01:23:34	01:53:24	02:19:59	5	00:02:09	00:32:26	00:37:03	01:16:15	01:20:53	01:59:54
34	BARTOSIEWICZ Tomasz	562	ORANGE POLSKA	M-39		00:21:01	00:42:11	78	00:02:32	00:28:51	00:59:01	01:26:39	01:58:31	02:27:11	23	00:01:48	00:30:05	00:33:59	01:08:49	01:13:38	01:50:01
35	WYSOCKI Marcin	628	TORUŃSKI KLUB TRIATHLONOWY	M-45		00:18:59	00:39:03	43	00:02:55	00:29:35	00:59:58	01:27:59	01:59:05	02:27:41	25	00:02:32	00:32:14	00:36:35	01:11:43	01:16:29	01:51:35
36	SZARMACHER Sebastian	560		M-40		00:20:00	00:41:00	66	00:03:58	00:29:15	00:59:53	01:28:19	02:00:28	02:29:30	32	00:01:57	00:30:57	00:35:03	01:09:43	01:14:13	01:47:38
37	HARTLIŃSKI Grzegorz	725	NAJMOVICZ TRIATHLON	M-39		00:19:56	00:40:32	58	00:03:01	00:31:05	01:02:40	01:32:04	02:04:49	02:34:26	46	00:02:39	00:29:00	00:32:58	01:05:26	01:10:15	01:44:18

						Pływanie				Rower				Bieg						
38	KAPSA Dawid	598	TRISPCA/TREK	M-45	TRISPACE/TREK	00:21:11	<b>00:43:04</b>	85	00:02:29	00:29:14	01:00:11	01:28:02	02:00:33	<b>02:28:46 26</b>	00:02:23	00:31:52	00:36:18	01:11:30	01:16:06	01:48:43
39	HANUS Wojciech	597		M-34		00:22:05	<b>00:44:38</b>	105	00:03:57	00:31:20	01:03:39	01:32:46	02:05:50	<b>02:36:20 55</b>	00:02:33	00:29:17	00:33:08	01:03:44	01:07:52	01:38:48
40	LECH Miro	601		M-37		00:17:40	<b>00:36:17</b>	19	00:02:48	00:29:32	00:59:58	01:27:31	01:58:04	<b>02:25:40 18</b>	00:02:17	00:35:20	00:40:18	01:17:15	01:21:56	01:59:19
41	STAFARCZYK Dawid	520	TM IRON TEAM	M-31	TM IronTeam	00:19:18	<b>00:39:25</b>	45	00:02:30	00:29:55	01:01:14	01:30:14	02:03:34	<b>02:34:08 45</b>	00:01:25	00:28:43	00:32:47	01:06:23	01:11:17	01:49:26
42	KALEK Artur	702	TM IRON TEAM	M-49	TM IronTeam	00:21:01	<b>00:41:58</b>	73	00:03:46	00:29:31	01:00:09	01:28:22	02:00:45	<b>02:29:24 29</b>	00:01:50	00:32:46	00:38:08	01:13:57	01:18:43	01:52:10
43	WYSOCKI Piotr	636		M-37		00:19:01	<b>00:38:49</b>	38	00:03:39	00:30:37	01:01:49	01:30:05	02:02:27	<b>02:31:12 37</b>	00:02:11	00:32:29	00:37:05	01:14:11	01:18:44	01:53:37
44	KOLEŚNIK Bartłomiej	586	5 LUBUSKI PUŁK ARTYLERII	M-34	5 Lubuski Pułk Artylerii	00:18:11	<b>00:37:03</b>	21	00:03:56	00:29:23	01:00:07	01:28:54	02:01:35	<b>02:31:20 38</b>	00:01:59	00:32:17	00:36:38	01:13:03	01:17:50	01:55:23
45	PIESIK Dawid	619	TM IRON TEAM	M-33	TM IronTeam	00:17:37	<b>00:35:33</b>	18	00:02:49	00:29:14	00:59:59	01:27:57	02:00:01	<b>02:29:06 28</b>	00:02:24	00:34:52	00:40:00	01:19:13	01:24:16	02:01:46
46	MILERT Krzysztof	714		M-29		00:22:47	<b>00:47:04</b>	139	00:05:28	00:30:44	01:04:11	01:35:34	02:10:09	<b>02:41:51 80</b>	00:02:13	00:29:28	00:33:12	01:03:31	01:07:27	01:37:22
47	PILARCZYK Bartek	710	AGAT TRI SUPERSONIC	M-45		00:19:36	<b>00:39:45</b>	49	00:03:36	00:31:16	01:03:14	01:33:13	02:07:00	<b>02:37:36 62</b>	00:02:40	00:32:21	00:36:55	01:12:03	01:16:49	01:51:23
48	ALEKSANDROWICZ Marcin	741	CHMURA COACHING	M-31		00:22:21	<b>00:45:39</b>	121	00:03:24	00:31:29	01:04:33	01:33:46	02:08:04	<b>02:39:49 71</b>	00:02:43	00:31:10	00:35:37	01:07:19	01:11:49	01:43:38
49	SZYDŁOWSKI Paweł	633	TRIWISE	M-43		00:18:56	<b>00:38:56</b>	39	00:03:33	00:31:59	01:04:35	01:34:52	02:09:34	<b>02:40:49 77</b>	00:02:29	00:32:16	00:36:39	01:10:29	01:15:02	01:49:53
50	GNIOT Jacek	538	TRISPACE/TREK	M-52	TRISPACE/TREK	00:25:35	<b>00:53:15</b>	190	00:02:58	00:30:16	01:01:27	01:30:58	02:03:44	<b>02:32:56 42</b>	00:01:55	00:31:12	00:35:16	01:07:16	01:11:35	01:44:43
51	KROSNY Szymon	671	CROSS-SPORT	M-32	Cross-Sport	00:19:12	<b>00:39:00</b>	41	00:03:19	00:31:31	01:04:55	01:35:20	02:10:15	<b>02:40:26 74</b>	00:02:05	00:34:25	00:38:41	01:12:09	01:16:41	01:52:05
52	KUBASIK Tomasz	682		M-40		00:21:20	<b>00:43:13</b>	88	00:03:01	00:32:28	01:06:05	01:36:12	02:10:41	<b>02:40:52 78</b>	00:03:25	00:31:08	00:35:21	01:08:12	01:12:49	01:46:46
53	WALKOWIAK Bartosz	567		M-41		00:22:06	<b>00:44:02</b>	100	00:02:46	00:31:27	01:03:53	01:33:55	02:07:12	<b>02:37:13 58</b>	00:01:48	00:31:52	00:36:11	01:11:56	01:16:39	01:52:19
54	ULANOWSKI Grzegorz	630	STORMRIDER	M-49		00:23:37	<b>00:49:06</b>	158	00:04:58	00:31:32	01:04:12	01:33:06	02:07:24	<b>02:37:13 59</b>	00:03:26	00:29:09	00:33:31	01:06:03	01:10:18	01:43:41
55	ZAPAŁA Łukasz	645		M-41		00:20:35	<b>00:41:58</b>	74	00:06:19	00:31:49	01:04:09	01:33:46	02:06:27	<b>02:36:42 56</b>	00:02:49	00:33:33	00:37:54	01:12:15	01:16:56	01:52:03
56	WALICH Maciej	711	4T TARNOWSKIE TERMY TRIATHLON	M-35		00:18:24	<b>00:37:50</b>	26	00:02:58	00:31:07	01:03:08	01:32:13	02:05:09	<b>02:35:04 49</b>	00:01:54	00:37:23	00:41:53	01:19:09	01:24:04	02:02:14
57	HÅKANSSON Fredrik	658	HELENEHOLMS IF	M-52		00:18:01	<b>00:36:43</b>	20	00:04:03	00:30:37	01:02:18	01:32:22	02:05:55	<b>02:36:15 54</b>	00:03:00	00:32:41	00:37:08	01:13:59	01:19:47	02:00:48
58	JANKOWSKI Tomasz	690	TRISPACE/TREK	M-50	TRISPACE/TREK	00:20:39	<b>00:41:57</b>	72	00:02:58	00:30:36	01:02:47	01:31:55	02:05:08	<b>02:35:01 48</b>	00:02:36	00:35:24	00:39:55	01:16:20	01:21:15	01:58:39
59	GÓRNIŚIEWICZ Piotr	709	WM TRISELF	M-49		00:22:26	<b>00:45:04</b>	109	00:03:40	00:31:47	01:04:58	01:34:26	02:08:45	<b>02:39:26 69</b>	00:02:30	00:32:42	00:37:06	01:12:07	01:16:39	01:51:55
60	DOMERACKI Damian	504	PERSONAL TRIATHLON	M-43		00:22:54	<b>00:46:50</b>	138	00:04:44	00:30:18	01:03:27	01:32:20	02:05:36	<b>02:35:26 51</b>	00:02:34	00:32:31	00:37:07	01:14:07	01:18:56	01:56:04
61	GREJCZYK Alan	692	CORTEZ TRIATHLON TEAM	M-29		00:20:28	<b>00:42:14</b>	80	00:02:36	00:28:31	00:57:59	01:26:14	01:59:17	<b>02:30:10 34</b>	00:01:55	00:32:41	00:37:18	01:16:38	01:21:49	02:08:56
62	JACH Rafał	594	CROSS-SPORT	M-37	Cross-Sport	00:23:18	<b>00:46:48</b>	137	00:05:08	00:31:56	01:04:32	01:34:28	02:05:37	<b>02:39:01 66</b>	00:02:53	00:32:32	00:36:51	01:11:38	01:16:04	01:52:15
63	KRAUSE Szymon	518	SREBRNI TRI	M-41	Srebrni Tri	00:22:21	<b>00:45:54</b>	128	00:03:49	00:32:22	01:05:20	01:35:22	02:09:32	<b>02:39:00 65</b>	00:05:32	00:30:36	00:34:42	01:10:33	01:15:10	01:52:34
64	KONDRACKI Łukasz	631	TRI TEAM LUBAŃ	M-40		00:17:42	<b>00:37:07</b>	23	00:03:12	00:32:03	01:06:14	01:39:38	02:18:04	<b>02:51:35 120</b>	00:02:25	00:32:43	00:37:08	01:13:20	01:17:56	01:53:05
65	KAZIMIERCZYK Adam	707	PTT DELTA	M-43	PTT DELTA	00:20:01	<b>00:41:02</b>	67	00:04:10	00:31:53	01:05:31	01:35:54	02:10:04	<b>02:39:48 70</b>	00:02:17	00:35:46	00:42:08	01:20:16	01:25:53	02:03:27
66	CHMIELEWSKI Rafał	740	TRIDIVISION TRIATHLON TEAM	M-49		00:21:58	<b>00:45:02</b>	108	00:03:06	00:30:44	01:03:12	01:33:02	02:07:42	<b>02:38:32 63</b>	00:02:20	00:35:57	00:41:20	01:19:52	01:24:55	02:02:54
67	ŻULEWSKI Radosław	547		M-36		00:23:16	<b>00:47:42</b>	144	00:04:35	00:33:12	01:07:00	01:38:52	02:14:50	<b>02:47:50 103</b>	00:02:28	00:31:07	00:35:14	01:10:04	01:14:35	01:49:22
68	ODZIOBA Sebastian	519	THE RWCYCKING	M-39		00:19:41	<b>00:40:56</b>	63	00:03:08	00:31:21	01:04:25	01:34:20	02:08:17	<b>02:38:57 64</b>	00:02:15	00:35:17	00:41:08	01:18:54	01:24:46	02:06:53
69	BARSCZEWSKI Sebastian	667		M-44		00:24:25	<b>00:48:33</b>	153	00:03:20	00:31:29	01:06:28	01:36:16	02:10:36	<b>02:41:48 79</b>	00:02:34	00:35:18	00:39:42	01:16:39	01:21:25	01:56:14
70	MENDRZYCKI Artur	507		M-45		00:22:11	<b>00:43:53</b>	98	00:04:23	00:31:53	01:04:55	01:34:30	02:09:21	<b>02:39:55 72</b>	00:03:25	00:35:00	00:39:51	01:17:07	01:22:11	02:02:44
71	LICA Grzegorz	510	TRISPACE TREK	M-48	TRISPACE/TREK	00:21:36	<b>00:43:18</b>	91	00:03:22	00:30:36	01:02:42	01:31:55	02:05:21	<b>02:35:45 52</b>	00:03:05	00:35:27	00:40:29	01:21:10	01:26:45	02:10:07
72	GRALIK Jędrzej	512	BYDGOSKIE OKONIE	M-31	Bydgoskie Okonie	00:16:09	<b>00:32:47</b>	6	00:04:27	00:35:02	01:11:33	01:44:52	02:21:37	<b>02:54:04 129</b>	00:03:08	00:36:19	00:41:23	01:20:03	01:25:12	02:01:16
73	WIŚNIEWSKI Piotr	632	TRIATHLON KONSULTING	M-27	Triathlon konsulting	00:19:02	<b>00:39:00</b>	42	00:03:59	00:31:28	01:02:25	01:32:00	02:07:18	<b>02:39:15 68</b>	00:02:01	00:37:01	00:45:32	01:25:38	01:30:59	02:11:40
74	JOVANOVIĆ Marko	515	GO APTIV!	M-31		00:19:05	<b>00:38:25</b>	31	00:04:38	00:33:40	01:08:00	01:38:59	02:13:46	<b>02:45:02 92</b>	00:03:03	00:38:37	00:43:36	01:22:33	01:27:23	02:04:47
75	STYLA Kamil Aleksander	750	MILOTEAM	M-36	Miloteam	00:23:37	<b>00:48:29</b>	151	00:03:41	00:31:19	01:04:02	01:34:07	02:09:06	<b>02:40:48 75</b>	00:02:49	00:33:08	00:37:27	01:13:42	01:19:08	02:00:46
76	PESZT Marek	713		M-42		00:20:27	<b>00:40:49</b>	61	00:03:22	00:31:15	01:05:00	01:35:40	02:11:25	<b>02:42:57 84</b>	00:02:50	00:34:13	00:39:16	01:20:30	01:26:30	02:09:47
77	KUCHARCZYK Kamil	603	TRI NOT TO DIE / EWA BUGDOŁ TEAM	M-36		00:22:46	<b>00:46:08</b>	129	00:04:18	00:32:46	01:05:51	01:36:14	02:12:09	<b>02:44:42 89</b>	00:02:39	00:36:05	00:41:05	01:20:09	01:25:13	02:02:20
78	MAZUR Wojciech	678	UCIEKAM PRZED ADIM ,)	M-38		00:17:48	<b>00:37:06</b>	22	00:03:21	00:37:09	01:10:27	01:40:51	02:16:02	<b>02:47:15 102</b>	00:01:47	00:34:02	00:38:47	01:21:26	01:27:00	02:11:34
79	PRYK Rafał	703		M-48		00:24:28	<b>00:51:09</b>	172	00:04:05	00:33:22	01:08:37	01:40:42	02:17:47	<b>02:50:07 111</b>	00:02:09	00:34:51	00:39:38	01:15:46	01:20:21	01:54:21
80	KIEDROWSKI Jerzy	669	MIELCARKS TEAM	M-30	Mielcarcks Team	00:21:42	<b>00:44:51</b>	107	00:04:25	00:42:04	01:16:54	01:48:27	02:24:14	<b>02:57:08 148</b>	00:04:26	00:31:11	00:35:40	01:10:51	01:15:59	01:51:40
81	OLEJNIK Wojciech	553	TRIGYM SZCZECIN	M-27	Trigym Szczecin	00:22:33	<b>00:45:44</b>	126	00:04:38	00:31:56	01:05:05	01:35:13	02:10:14	<b>02:42:37 83</b>	00:02:22	00:33:22	00:38:05	01:18:36	01:24:17	02:07:15
82	LASSAK Bartosz	544	AKADEMIA MISTRZÓW SPORTU	M-47	Akademia Mistrzów Sportu	00:23:25	<b>00:47:06</b>	140	00:03:46	00:31:23	01:05:27	01:35:51	02:11:55	<b>02:44:05 88</b>	00:02:09	00:35:45	00:40:56	01:20:02	01:25:20	02:05:48
83	TRZASKOWSKI Tomasz	509		M-43		00:24:17	<b>00:48:52</b>	155	00:04:06	00:31:28	01:05:04	01:36:33	02:11:26	<b>02:43:07 85</b>	00:02:59	00:35:21	00:40:20	01:19:16	01:24:45	02:04:29
84	RADZIEJEWSKI Tomasz	688	TEAMOCHAL	M-42	TEAMOCHAL	00:23:00	<b>00:46:24</b>	133	00:02:58	00:32:06	01:06:16	01:37:38	02:13:24	<b>02:45:43 97</b>	00:01:41	00:35:49	00:41:47	01:22:09	01:27:45	02:06:48
85	PAKUŁA Rafał	640		M-38		00:18:29	<b>00:37:54</b>	27	00:02:59	00:32:14	01:05:44	01:37:09	02:12:48	<b>02:45:05 93</b>	00:02:20	00:34:49	00:39:47	01:22:22	01:28:02	02:15:22

				Pływanie				Rower				Bieg								
87	KIEPE Nauris	599		M-47	00:20:09	<b>00:40:31</b>	57	00:03:52	00:30:12	01:02:34	01:31:57	02:05:38	<b>02:36:44</b>	57	00:02:44	00:40:07	00:45:29	01:26:46	01:34:11	02:21:28
88	KONIECZNY Przemek	609	VELOCITY	M-37	00:21:26	<b>00:43:47</b>	95	00:03:53	00:31:01	01:04:10	01:34:15	02:08:11	<b>02:40:06</b>	73	00:02:57	00:39:13	00:44:27	01:26:09	01:31:25	02:15:35
89	SAJDOK Kamil	680	SREBRNI TRI	M-36	00:22:55	<b>00:46:20</b>	132	00:03:46	00:35:56	01:14:13	01:49:34	02:31:29	<b>03:06:08</b>	175	00:03:16	00:32:46	00:37:13	01:10:35	01:14:54	01:46:49
90	KUPRACZ Andrzej	664	TRISPACE	M-52	00:26:37	<b>00:56:55</b>	202	00:04:32	00:31:50	01:05:35	01:35:47	02:11:49	<b>02:44:50</b>	91	00:03:23	00:35:47	00:41:09	01:18:53	01:23:20	01:57:03
91	SOCHA Kamil	585	5 LUBUSKI PUŁK ARTYLRII	M-34	00:24:01	<b>00:49:34</b>	162	00:03:50	00:35:54	01:11:54	01:43:03	02:18:34	<b>02:49:58</b>	110	00:03:15	00:34:54	00:40:01	01:17:18	01:22:22	02:00:08
92	SZCZERBA Maciej	508		M-51	00:20:56	<b>00:43:24</b>	92	00:03:42	00:32:12	01:05:34	01:36:50	02:13:05	<b>02:45:59</b>	99	00:02:37	00:38:31	00:43:52	01:24:46	01:30:15	02:12:05
93	KODZIS Piotr	699	OOO.OVOVO.OOO	M-49	00:25:08	<b>00:50:28</b>	169	00:06:20	00:34:57	01:12:02	01:46:14	02:24:52	<b>02:58:28</b>	152	00:02:25	00:32:41	00:37:11	01:12:11	01:17:05	01:51:09
94	BARSUKOV Artem	624	UNLIMITED SPORT 2.0	M-38	00:22:28	<b>00:45:40</b>	124	00:06:00	00:35:47	01:11:25	01:43:37	02:20:16	<b>02:52:57</b>	126	00:03:39	00:36:33	00:41:45	01:18:22	01:23:14	02:01:02
95	WŁODARCZYK Wojciech	561	CZARNE STOPY	M-59	00:25:48	<b>00:52:43</b>	184	00:04:48	00:34:38	01:10:20	01:44:06	02:21:36	<b>02:55:27</b>	136	00:03:30	00:31:54	00:36:13	01:12:44	01:17:28	01:53:49
96	LESZCZYNSKI Mariusz	517	K. S. TRI B. ER	M-47	00:21:32	<b>00:43:33</b>	94	00:02:51	00:31:50	01:05:39	01:36:36	02:12:06	<b>02:44:05</b>	87	00:02:00	00:37:20	00:43:17	01:25:13	01:31:23	02:18:10
97	PODLASIAK Ariel	676	IM INSPIRATION	M-32	00:22:25	<b>00:45:31</b>	115	00:04:02	00:35:26	01:10:24	01:43:21	02:19:44	<b>02:54:30</b>	133	00:02:08	00:36:46	00:41:28	01:21:49	01:27:58	02:04:41
98	WODNICKI Grzegorz	629		M-28	00:22:02	<b>00:45:34</b>	118	00:04:23	00:33:33	01:08:52	01:41:39	02:19:40	<b>02:54:15</b>	131	00:02:48	00:35:19	00:40:04	01:19:35	01:24:29	02:03:52
99	BURSKI Paweł	715		M-54	00:22:24	<b>00:46:13</b>	130	00:03:47	00:32:54	01:07:53	01:39:51	02:16:37	<b>02:50:32</b>	113	00:04:01	00:38:03	00:43:34	01:23:58	01:29:37	02:08:39
100	GROCHOWSKI Piotr	731	TRIDEA	M-49	00:22:53	<b>00:48:11</b>	149	00:03:34	00:32:42	01:07:56	01:40:43	02:18:34	<b>02:52:09</b>	121	00:02:13	00:37:40	00:42:35	01:22:05	01:27:10	02:07:13
101	SAWICKI Michał	642	ADRIAN KOSTERA TEAM	M-29	00:20:57	<b>00:41:26</b>	70	00:04:01	00:33:22	01:08:09	01:39:53	02:15:18	<b>02:47:02</b>	100	00:01:38	00:36:06	00:40:56	01:25:52	01:32:21	02:20:56
102	MASŁOWSKI Marcin	604	HTF LUDWIK SIKORSKI	M-44	00:19:38	<b>00:40:56</b>	62	00:03:44	00:34:18	01:09:10	01:41:35	02:18:53	<b>02:51:23</b>	119	00:02:05	00:37:17	00:42:53	01:25:26	01:33:00	02:17:31
103	GRUBA Marek	694	TRISPACE/TREK	M-35	00:21:14	<b>00:43:26</b>	93	00:03:25	00:34:22	01:10:33	01:43:55	02:22:28	<b>02:57:13</b>	150	00:02:11	00:35:45	00:41:02	01:21:52	01:27:57	02:10:05
104	MAZUREK Wojciech	595	CROSS-SPORT	M-30	00:23:07	<b>00:47:15</b>	141	00:04:56	00:34:48	01:11:09	01:44:34	02:23:18	<b>02:56:53</b>	147	00:03:10	00:35:52	00:40:51	01:20:53	01:26:02	02:04:12
105	GÓRNY Bartosz	689	TRISPACE/TREK	M-35	00:22:20	<b>00:45:50</b>	127	00:02:57	00:32:53	01:08:00	01:39:40	02:16:13	<b>02:49:06</b>	106	00:03:00	00:36:55	00:44:28	01:27:47	01:34:20	02:16:00
106	SEK Marek	706	WM TRISELF	M-44	00:20:28	<b>00:42:07</b>	76	00:03:32	00:34:10	01:11:09	01:45:41	02:27:06	<b>03:03:18</b>	168	00:03:21	00:38:11	00:44:01	01:21:51	01:26:53	02:05:20
107	CYREK Grzegorz	657	GLOBAL NATUREON BOCHNIA BIEGA TEAM	M-49	00:28:07	<b>01:00:54</b>	213	00:05:34	00:30:30	01:03:39	01:33:00	02:07:50	<b>02:39:01</b>	67	00:03:26	00:35:51	00:41:01	01:20:23	01:26:08	02:08:50
108	MISZTELA Tomasz	588	PTT DELTA	M-57	00:27:06	<b>00:54:35</b>	195	00:04:16	00:35:20	01:12:23	01:44:29	02:22:40	<b>02:56:41</b>	146	00:03:47	00:35:38	00:40:48	01:17:10	01:22:18	01:59:01
109	GALICKI Jakub	532	AKADEMIA MISTRZÓW SPORTU	M-49	00:21:43	<b>00:44:08</b>	101	00:04:01	00:33:01	01:08:37	01:41:47	02:20:09	<b>02:55:37</b>	138	00:03:36	00:39:25	00:44:34	01:26:57	01:32:37	02:11:00
110	MAKOWSKI Sławomir	502	WTLENIE	M-54	00:26:06	<b>00:54:02</b>	193	00:04:01	00:33:33	01:08:03	01:39:05	02:13:43	<b>02:45:18</b>	94	00:03:15	00:35:48	00:41:00	01:21:59	01:27:37	02:11:48
111	AUGUSTYNIAK Piotr	745		M-47	00:23:45	<b>00:47:17</b>	142	00:03:20	00:32:50	01:06:17	01:36:54	02:13:03	<b>02:45:41</b>	96	00:05:20	00:38:17	00:43:44	01:27:51	01:33:34	02:17:11
112	SUDOŁ Jacek	570	PARKRUN BYDGOSZCZ	M-45	00:22:35	<b>00:46:28</b>	134	00:03:49	00:35:58	01:13:09	01:48:03	02:27:37	<b>03:04:30</b>	171	00:02:05	00:35:02	00:39:57	01:18:07	01:23:30	02:03:25
113	ANDRZEJAK Robert	638	VAMOS	M-47	00:27:22	<b>01:00:44</b>	212	00:06:05	00:34:14	01:10:19	01:42:55	02:21:10	<b>02:55:31</b>	137	00:02:17	00:37:28	00:42:38	01:18:28	01:23:28	02:01:42
114	ROMANOWSKI Kamil	654	KOSTERA TEAM	M-42	00:26:29	<b>00:52:35</b>	182	00:03:25	00:33:31	01:07:46	01:38:52	02:15:45	<b>02:48:40</b>	104	00:04:53	00:39:20	00:44:56	01:28:52	01:34:32	02:17:40
115	MARCINIAK Przemysław	744		M-41	00:24:01	<b>00:48:01</b>	147	00:03:28	00:34:33	01:11:43	01:45:50	02:25:34	<b>02:59:56</b>	158	00:03:12	00:37:19	00:45:07	01:28:52	01:34:23	02:14:45
116	TECZA Artur	534		M-46	00:21:04	<b>00:42:09</b>	77	00:08:09	00:32:54	01:08:48	01:40:42	02:17:16	<b>02:50:11</b>	112	00:04:59	00:41:04	00:46:46	01:31:41	01:37:17	02:24:03
117	TYSZKA Filip	575	KRISS COACHING	M-42	00:27:02	<b>00:59:45</b>	211	00:03:23	00:31:37	01:04:57	01:37:09	02:13:51	<b>02:45:46</b>	98	00:02:36	00:40:39	00:46:19	01:30:47	01:36:31	02:18:18
118	WIŚNIEWSKI Rafał	665	RAFAŁ WISNIEWSKI	M-40	00:25:18	<b>00:53:02</b>	188	00:04:00	00:35:29	01:12:52	01:46:20	02:25:32	<b>02:59:59</b>	159	00:02:22	00:37:12	00:42:25	01:24:32	01:30:38	02:10:51
119	WOLAK Paweł	616	ORKAMASTERS IŁAWA	M-24	00:21:23	<b>00:42:51</b>	84	00:04:31	00:34:38	01:11:04	01:44:24	02:24:18	<b>03:00:18</b>	160	00:02:06	00:40:45	00:45:54	01:29:17	01:35:14	02:21:16
120	MROTEK Michał	666	AKADEMIA MISTRZÓW SPORTU	M-44	00:23:15	<b>00:46:17</b>	131	00:03:58	00:35:41	01:15:25	01:53:03	02:40:56	<b>03:24:25</b>	208	00:03:27	00:37:03	00:41:22	01:15:47	01:19:54	01:54:13
121	NOSIADEK Michał	605	CROSS SPORT	M-38	00:24:25	<b>00:50:00</b>	168	00:04:53	00:35:00	01:11:53	01:44:26	02:22:35	<b>02:55:54</b>	141	00:03:58	00:37:02	00:42:02	01:26:04	01:32:05	02:17:43
122	NOWICKI Adam	514		M-50	00:22:04	<b>00:45:35</b>	119	00:03:31	00:34:27	01:09:22	01:42:09	02:19:19	<b>02:52:38</b>	123	00:03:46	00:45:48	00:53:45	01:38:23	01:45:15	02:28:04
123	ŁĄCKI Andrzej	661		M-55	00:20:05	<b>00:40:25</b>	56	00:05:16	00:34:05	01:08:57	01:40:35	02:17:18	<b>02:52:23</b>	122	00:02:59	00:41:07	00:47:43	01:35:39	01:43:06	02:33:44
124	RATAJCZAK Marek	685	TM IRON TEAM	M-57	00:30:50	<b>01:01:49</b>	215	00:07:25	00:33:41	01:09:06	01:43:04	02:21:35	<b>02:56:27</b>	143	00:03:49	00:34:44	00:39:41	01:17:48	01:23:39	02:06:17
125	ROSZUK Jakub	716	EWA BUGDOŁ TRIATHLON TEAM	M-44	00:18:45	<b>00:38:59</b>	40	00:04:04	00:33:03	01:08:24	01:40:04	02:16:51	<b>02:50:38</b>	115	00:02:57	00:46:35	00:52:35	01:40:52	01:46:56	02:39:12
126	ŻEGLICZ Marek	572	SPÓJNIA BIAŁE BŁOTA	M-28	00:21:31	<b>00:44:32</b>	104	00:05:35	00:33:54	01:08:49	01:43:12	02:26:58	<b>03:07:05</b>	179	00:08:43	00:33:44	00:38:51	01:17:33	01:23:11	02:09:57
127	BRUNOVSKÝ Simon	687	SLOVAK TRIATHLON ACADEMY	M-30	00:16:27	<b>00:33:40</b>	10	00:04:06	00:34:49	01:12:21	01:45:06	02:22:36	<b>03:06:40</b>	178	00:03:32	00:41:58	00:48:02	01:33:27	01:40:03	02:28:41
128	WŁODARCZAK Witold	705	TRISPACE/TREK	M-60	00:25:31	<b>00:51:25</b>	176	00:02:51	00:34:04	01:10:19	01:42:51	02:20:57	<b>02:55:42</b>	139	00:01:41	00:44:19	00:50:27	01:34:07	01:40:35	02:27:57
129	WIŚNIEWSKI Arnold	566	KM PSP JRG9 ŁÓDŹ	M-49	00:24:21	<b>00:49:00</b>	156	00:05:53	00:34:25	01:12:34	01:46:47	02:31:47	<b>03:07:38</b>	184	00:03:34	00:37:38	00:43:47	01:26:07	01:32:03	02:13:56
130	WALCZAK Paweł	503	DRUŻYNA L&CH	M-34	00:33:40	<b>01:05:27</b>	220	00:05:32	00:36:20	01:14:46	01:48:33	02:27:10	<b>03:00:48</b>	163	00:02:25	00:37:34	00:42:44	01:21:24	01:26:33	02:05:57
131	PACHYKOUSKI Pavel	651		M-38	00:23:30	<b>00:48:09</b>	148	00:03:50	00:35:22	01:14:15	01:49:40	02:34:06	<b>03:11:52</b>	192	00:07:11	00:35:24	00:41:33	01:21:08	01:26:52	02:09:38
132	BEDYK Ireneusz	523	PTT DELTA	M-66	00:28:34	<b>00:58:59</b>	209	00:05:35	00:34:06	01:09:57	01:42:30	02:28:37	<b>02:58:55</b>	154	00:02:28	00:41:40	00:47:34	01:30:50	01:36:20	02:14:46
133	MYŚKOW Leszek	591	TRI MISSION	M-47	00:22:55	<b>00:47:30</b>	143	00:04:09	00:34:03	01:11:06	01:44:22	02:22:51	<b>02:57:10</b>	149	00:04:02	00:39:57	00:46:11	01:33:20	01:39:51	02:28:06
134	KRYGIER Maciej	708		M-35	00:23:38	<b>00:49:23</b>	160	00:06:10	00:33:11	01:08:35	01:41:25	02:20:03	<b>02:56:36</b>	145	00:06:43	00:41:43	00:47:12	01:31:16	01:37:13	02:22:47
135	C																			

				Pływanie				Rower				Bieg									
138	MISZTELA Dariusz	587	PTT DELTA	M-62	PTT DELTA	00:27:02	<b>00:55:47</b>	201	00:05:41	00:36:31	01:15:58	01:50:56	02:30:52	<b>03:09:34</b>	<b>187</b>	00:02:04	00:39:02	00:44:23	01:24:34	01:30:45	02:10:12
139	ZAKRZEWSKI Jarosław	505		M-50		00:24:31	<b>00:48:32</b>	152	00:03:27	00:31:24	01:05:06	01:42:43	02:20:38	<b>02:54:45</b>	<b>135</b>	00:02:37	00:53:20	00:59:33	01:46:27	01:52:16	02:36:09
140	WISNIEWSKI Mikołaj	720	ROWEROWA BRZOZA	M-25		00:22:01	<b>00:45:14</b>	112	00:04:06	00:32:56	01:07:40	01:39:49	02:20:36	<b>02:58:57</b>	<b>155</b>	00:03:21	00:45:03	00:50:38	01:39:55	01:45:55	02:34:23
141	GRUBA Jacek	608	TRISPACE/TREK	M-63	TRISPACE/TREK	00:25:35	<b>00:52:38</b>	183	00:03:57	00:35:36	01:12:47	01:47:22	02:29:02	<b>03:07:19</b>	<b>180</b>	00:03:01	00:38:22	00:43:50	01:25:47	01:31:42	02:19:26
142	LIPSKI Łukasz	593		M-41		00:24:11	<b>00:48:45</b>	154	00:06:15	00:34:40	01:10:00	01:42:41	02:19:09	<b>02:53:22</b>	<b>127</b>	00:02:58	00:42:31	00:49:56	01:48:27	01:54:42	02:39:46
143	WRZOCHOL Paweł	552	TRIGYM SZCZECIN	M-38	Trigym Szczecin	00:24:46	<b>00:51:39</b>	178	00:05:02	00:34:44	01:10:50	01:44:29	02:23:32	<b>02:59:29</b>	<b>157</b>	00:04:09	00:44:08	00:50:46	01:39:47	01:45:01	02:30:57
144	SPLITT Wojciech	558	PLOMIEN DRAŻNO	M-44		00:23:04	<b>00:47:49</b>	145	00:06:49	00:36:12	01:15:48	01:50:52	02:31:48	<b>03:07:26</b>	<b>182</b>	00:06:46	00:40:50	00:46:37	01:32:39	01:38:36	02:24:01
145	BUCZYNSKI Tomasz	625		M-39		00:30:11	<b>01:03:44</b>	218	00:03:53	00:37:02	01:17:31	01:53:15	02:35:55	<b>03:14:11</b>	<b>198</b>	00:02:57	00:37:00	00:42:13	01:22:16	01:27:40	02:08:07
146	DOBEK Paweł	722	MILOTEAM	M-43		00:26:31	<b>00:54:50</b>	198	00:04:01	00:34:24	01:12:04	01:45:38	02:25:13	<b>03:00:26</b>	<b>162</b>	00:03:21	00:41:56	00:47:19	01:35:45	01:42:07	02:31:54
147	ANTONOVITCH Vladimir	653	TRI.BY	M-51	tri.by	00:26:34	<b>00:55:10</b>	199	00:04:32	00:34:15	01:10:40	01:43:33	02:22:06	<b>02:55:46</b>	<b>140</b>	00:03:42	00:40:15	00:45:55	01:33:36	01:39:30	02:35:27
148	BAYOK Ilya	724		M-28		00:28:30	<b>00:58:50</b>	208	00:05:30	00:34:19	01:13:29	01:47:35	02:26:29	<b>03:00:58</b>	<b>164</b>	00:01:27	00:42:49	00:49:41	01:36:43	01:43:49	02:28:29
149	FABROWSKI Dawid	513	TRITAT TEAMOCHAL	M-42	TEAMOCHAL TriTata	00:20:14	<b>00:40:57</b>	64	00:05:04	00:35:34	01:14:38	01:48:07	02:29:00	<b>03:06:06</b>	<b>174</b>	00:04:59	00:46:47	00:53:10	01:43:02	01:49:43	02:38:13
150	SOBAŃSKI Roman	641	TARNOWO PODGÓRNE BIEGA	M-43		00:24:01	<b>00:49:05</b>	157	00:04:53	00:33:31	01:08:26	01:41:29	02:19:59	<b>02:54:15</b>	<b>132</b>	00:03:33	00:49:43	00:56:37	01:47:13	01:53:58	02:43:41
151	NURKIEWICZ Jarosław	537	KUNG FU PANDY 3	M-52		00:25:13	<b>00:51:52</b>	180	00:02:59	00:35:43	01:14:05	01:50:16	02:32:10	<b>03:10:42</b>	<b>188</b>	00:02:19	00:41:27	00:47:21	01:36:47	01:43:35	02:30:04
152	KOCHANOWSKI Maciej	580		M-31		00:26:39	<b>00:54:37</b>	197	00:06:39	00:38:53	01:19:48	01:59:09	02:44:23	<b>03:28:30</b>	<b>213</b>	00:02:45	00:35:47	00:40:28	01:20:44	01:26:05	02:05:38
153	KLAPENDA Mariusz	571	MARIO TEAM	M-49		00:35:59	<b>01:15:39</b>	223	00:08:15	00:34:00	01:09:54	01:44:25	02:22:42	<b>02:56:36</b>	<b>144</b>	00:07:35	00:41:11	00:46:04	01:26:04	01:31:11	02:10:57
154	MIELCAREK Tomasz	728	MIELCARKS TEAM	M-49	Mielcars Team	00:25:34	<b>00:53:28</b>	191	00:05:15	00:35:40	01:13:44	01:46:47	02:25:34	<b>03:02:19</b>	<b>166</b>	00:04:15	00:43:38	00:50:51	01:35:25	01:42:31	02:34:40
155	SZYMCZAK Jakub	525		M-35		00:22:13	<b>00:45:43</b>	125	00:04:50	00:36:16	01:15:39	01:52:10	02:33:55	<b>03:12:46</b>	<b>194</b>	00:03:39	00:44:12	00:50:48	01:37:17	01:43:49	02:34:31
156	WITKOWSKI Tomasz	550	VIVALAVIDA	M-39		00:26:13	<b>00:52:49</b>	186	00:03:44	00:33:39	01:09:56	01:42:14	02:21:33	<b>02:57:41</b>	<b>151</b>	00:03:43	00:50:12	00:56:47	01:49:01	01:55:40	02:46:35
157	SZULC Łukasz	639	IRONSZULIS	M-40		00:28:00	<b>00:57:41</b>	205	00:05:32	00:38:03	01:20:08	01:55:01	02:37:28	<b>03:13:09</b>	<b>196</b>	00:05:11	00:38:37	00:44:33	01:29:41	01:36:46	02:23:04
158	BUDZIAK Maksymilian	693		M-21		00:24:45	<b>00:49:54</b>	165	00:06:25	00:49:15	01:32:02	02:13:09	02:57:20	<b>03:37:20</b>	<b>218</b>	00:05:28	00:39:39	00:44:43	01:23:28	01:28:27	02:05:58
159	RAŻNIEWSKI Łukasz	546	WMKS	M-47		00:23:19	<b>00:51:15</b>	175	00:04:19	00:34:55	01:13:16	01:48:43	02:30:47	<b>03:07:24</b>	<b>181</b>	00:02:55	00:43:00	00:49:55	01:44:34	01:51:22	02:40:01
160	SZYMKUĆ Wojciech	539		M-34		00:25:30	<b>00:52:47</b>	185	00:05:15	00:38:25	01:22:16	01:59:55	02:46:05	<b>03:24:38</b>	<b>209</b>	00:02:53	00:42:21	00:48:19	01:32:47	01:38:34	02:20:37
161	BETLEJ Hubert	543		M-41		00:27:52	<b>00:57:47</b>	206	00:04:25	00:33:45	01:08:47	01:40:16	02:17:18	<b>02:52:54</b>	<b>125</b>	00:02:34	00:50:21	00:57:01	01:52:29	01:59:24	02:48:40
162	WISNIEWSKI Zbigniew	719	ROWEROWA BRZOZA	M-57	Active Age	00:25:08	<b>00:51:48</b>	179	00:05:51	00:36:12	01:15:46	01:53:25	02:37:43	<b>03:14:55</b>	<b>199</b>	00:04:39	00:37:54	00:43:58	01:34:52	01:41:26	02:31:16
163	MACIEJEWSKI Szymon	644	MACIEJEWSCY	M-45		00:19:48	<b>00:41:18</b>	68	00:08:46	00:38:15	01:18:14	01:53:33	02:36:53	<b>03:14:55</b>	<b>200</b>	00:07:34	00:40:51	00:46:46	01:31:51	01:39:20	02:38:37
164	HUBCZAK Michał	610	ARTECH FORKLIFT	M-20		00:19:41	<b>00:40:03</b>	52	00:05:05	00:32:11	01:07:30	01:39:06	02:17:46	<b>02:54:09</b>	<b>130</b>	00:02:11	00:58:22	01:06:26	02:08:47	02:15:25	03:09:46
165	ZUBEK Rafał	673	PTT DELTA	M-56	PTT DELTA	00:28:45	<b>00:59:15</b>	210	00:06:14	00:34:58	01:14:35	01:51:04	02:33:56	<b>03:11:12</b>	<b>191</b>	00:03:52	00:46:40	00:53:00	01:40:54	01:47:26	02:33:11
166	GRABOWSKI Andrzej	584	PTT DELTA	M-47	PTT DELTA	00:26:07	<b>00:52:25</b>	181	00:04:40	00:38:24	01:21:03	01:56:04	02:40:22	<b>03:17:27</b>	<b>203</b>	00:04:27	00:40:49	00:47:57	01:36:15	01:43:26	02:35:53
167	GRALIK Kacper	531	BYDGOSKIE OKONIE	M-27		00:21:56	<b>00:45:37</b>	120	00:04:56	00:35:34	01:14:28	01:50:57	02:33:28	<b>03:11:57</b>	<b>193</b>	00:05:18	00:47:35	00:54:27	01:48:48	01:56:20	02:49:43
168	DAWID Łukasz	701		M-37		00:24:49	<b>00:51:14</b>	173	00:04:37	00:36:40	01:16:39	01:51:57	02:40:12	<b>03:20:57</b>	<b>206</b>	00:05:01	00:47:06	00:53:43	01:41:24	01:48:11	02:40:09
169	KUPCZYK Tomasz	554		M-46		00:26:21	<b>00:52:53</b>	187	00:06:10	00:39:02	01:22:47	02:02:58	02:50:18	<b>03:31:35</b>	<b>214</b>	00:05:43	00:42:18	00:48:47	01:35:36	01:42:42	02:30:36
170	ROGUSZ Zbigniew	635		M-39		00:23:43	<b>00:49:58</b>	167	00:06:53	00:43:05	01:28:57	02:07:25	02:53:31	<b>03:35:34</b>	<b>215</b>	00:07:02	00:42:57	00:49:15	01:40:43	01:48:51	02:42:32
171	WAWRZYŃIAK Przemysław	672		M-30		00:27:43	<b>00:58:06</b>	207	00:07:42	00:37:57	01:19:40	01:56:39	02:42:55	<b>03:21:58</b>	<b>207</b>	00:07:05	00:51:16	00:58:59	02:02:25	02:08:29	02:59:20
172	ANDRAU Anatoli	650	TRI.BY	M-46	tri.by	00:31:00	<b>01:08:44</b>	222	00:04:46	00:35:58	01:17:19	01:53:17	02:39:15	<b>03:16:41</b>	<b>201</b>	00:02:57	00:46:48	00:54:20	01:55:31	02:04:14	03:04:03
173	FIOSEK Paweł	535		M-28		00:19:01	<b>00:43:14</b>	90	00:05:10	00:40:36	01:27:43	02:10:58	03:07:41	<b>03:59:00</b>	<b>221</b>	00:03:01	01:04:26	01:16:13	02:15:43	02:22:35	03:21:07
174	GAJEWSKI Przemek	623	SYBERIANHAMSTER	M-45		00:26:23	<b>00:57:17</b>	204	00:05:14	00:38:29	01:22:03	02:01:17	02:50:32	<b>03:35:46</b>	<b>216</b>	00:06:43	01:12:26	01:20:21	02:14:58	02:22:36	03:27:44
175	KRÓL Hubert	749	WWW.TRENERTRIATHLONU.PL	M-37		00:17:21	<b>00:34:12</b>	12	00:02:31	00:32:23	00:59:15	01:33:55	02:04:15	<b>02:34:07</b>	<b>44</b>	00:01:38					
176	ANDRZEJEWSKI Jakub	668		M-31		00:20:43	<b>00:41:27</b>	71	00:04:08	00:36:15	01:13:17	01:47:39	02:26:49	<b>03:02:17</b>	<b>165</b>	00:47:34	00:40:51	00:47:03			
177	JASINSKI Karol	684		M-30		00:25:02	<b>00:51:35</b>	177	00:06:11	00:34:54	01:12:00	01:44:28	02:23:10	<b>02:59:02</b>	<b>156</b>	00:05:00	00:43:38	00:49:46	01:43:04	02:30:57	
	GRUDNIEWSKI Rafał	536	SREBRNI TRI	M-43	Srebrni Tri																
	TRZASKA Przemysław	600	DREAM TRI TEAM	M-38	Drem Tri Team	00:19:05	<b>00:39:32</b>	47	00:02:43	00:30:02	01:02:25	01:34:10	02:12:31	<b>02:49:21</b>	<b>107</b>	00:03:15					
	HUBCZAK Wojciech	602	ARTECH FORKLIFT	M-51		00:26:40	<b>00:54:37</b>	196	00:04:39	00:32:14	01:06:06	01:38:01	02:15:29	<b>02:50:56</b>	<b>116</b>	00:03:08	00:47:57	00:53:33			
	TOPCZEWSKI Gracjan	742	TRISPACE/TREK	M-47	TRISPACE/TREK	00:18:24	<b>00:38:07</b>	29	00:03:00	00:29:36	01:00:08	01:27:56	02:00:21	<b>02:29:27</b>	<b>30</b>	00:02:02					

				Pływanie				Rower				Bieg			
<b>FOGT Maciej</b>	<b>695</b>		M-42	00:24:10	<b>00:49:54</b>	166	00:03:47	00:29:43	01:02:02	01:32:17	02:08:11	<b>02:42:22 82</b>			
<b>CIUPA Jarosław</b>	<b>578</b>	AKADEMIA MISTRZÓW SPORTU	M-53	00:24:26	<b>00:51:14</b>	174	00:03:02	00:32:52	01:07:29						
<b>ROSIAK Michał</b>	<b>541</b>	BROWER LUTYNIA	M-36	00:26:42	<b>00:53:58</b>	192	00:05:52	00:37:01							

Znaleziono 189 wynik(ów)