



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 1,9 km

| Msc | Zawodnik             | Numer | Klub                               | Kategoria | Drużyna 1                | Pływanie            |                    |     | T1       | Rower | T2 | Bieg | Czas |
|-----|----------------------|-------|------------------------------------|-----------|--------------------------|---------------------|--------------------|-----|----------|-------|----|------|------|
|     |                      |       |                                    |           |                          | P_Borowno<br>0.95km | P_Borowno<br>1.9km | Poz |          |       |    |      |      |
| 1   | MARCINEK Tomasz      | 737   | TM IRON TEAM                       | M-32      | TM IronTeam              | 00:13:29            | 00:27:31           | 1   | 00:01:58 |       |    |      |      |
| 2   | MADRASSI Giacomo     | 677   | TRI TEAM PULLY                     | M-33      | Mielcarks Team           | 00:13:40            | 00:27:42           | 2   | 00:03:26 |       |    |      |      |
| 3   | SAWIEŁAJC Jakub      | 691   | TM IRON TEAM                       | M-24      | TM IronTeam              | 00:14:49            | 00:29:49           | 3   | 00:02:09 |       |    |      |      |
| 4   | GRONDZIEWSKI Dariusz | 663   | PHO3NIX GVT TEAM                   | M-42      | Pho3nix GVT Team         | 00:14:36            | 00:29:51           | 4   | 00:03:16 |       |    |      |      |
| 5   | SUCHAN Łukasz        | 747   | SPORTWISE                          | M-22      |                          | 00:15:23            | 00:31:25           | 5   | 00:03:23 |       |    |      |      |
| 6   | GRALIK Jędrzej       | 512   | BYDGOSKIE OKONIE                   | M-31      | Bydgoskie Okonie         | 00:16:09            | 00:32:47           | 6   | 00:04:27 |       |    |      |      |
| 7   | WASYLUK Cezary       | 746   | CONTROTLEC                         | M-34      |                          | 00:16:17            | 00:32:53           | 7   | 00:02:13 |       |    |      |      |
| 8   | CZECHOWSKI Dawid     | 637   |                                    | M-19      |                          | 00:16:15            | 00:33:08           | 8   | 00:03:23 |       |    |      |      |
| 9   | ROGOZIEWICZ Dawid    | 621   | LITWIN SPORT                       | M-22      |                          | 00:16:06            | 00:33:22           | 9   | 00:03:49 |       |    |      |      |
| 10  | BRUNOVSKÝ Simon      | 687   | SLOVAK TRIATHLON ACADEMY           | M-30      |                          | 00:16:27            | 00:33:40           | 10  | 00:04:06 |       |    |      |      |
| 11  | KRÓL Hubert          | 749   | WWW.TRENERTRIATHLONU.PL            | M-37      |                          | 00:17:21            | 00:34:12           | 12  | 00:02:31 |       |    |      |      |
| 12  | KAMIŃSKI Tomasz      | 717   | TM IRONTEAM                        | M-41      | TM IronTeam              | 00:17:08            | 00:34:41           | 13  | 00:02:32 |       |    |      |      |
| 13  | RACEK Tomáš          | 734   | IRONSTARS BEROUN                   | M-42      |                          | 00:16:47            | 00:34:45           | 14  | 00:02:44 |       |    |      |      |
| 14  | NOSOWSKI Jacek       | 528   | TRI.REGRESS                        | M-49      |                          | 00:17:12            | 00:34:59           | 15  | 00:02:49 |       |    |      |      |
| 15  | CIMACHOWSKI Jakub    | 530   | CIMATECH                           | M-43      |                          | 00:17:20            | 00:35:10           | 16  | 00:04:01 |       |    |      |      |
| 16  | PRĄDZYŃSKI Marcin    | 646   | TM IRONTEAM                        | M-46      | TM IronTeam              | 00:17:33            | 00:35:20           | 17  | 00:02:22 |       |    |      |      |
| 17  | PIESIK Dawid         | 619   | TM IRON TEAM                       | M-33      | TM IronTeam              | 00:17:37            | 00:35:33           | 18  | 00:02:49 |       |    |      |      |
| 18  | LECH Miro            | 601   |                                    | M-37      |                          | 00:17:40            | 00:36:17           | 19  | 00:02:48 |       |    |      |      |
| 19  | HÅKANSSON Fredrik    | 658   | HELENEHOLMS IF                     | M-52      |                          | 00:18:01            | 00:36:43           | 20  | 00:04:03 |       |    |      |      |
| 20  | KOLEŚNIK Bartłomiej  | 586   | 5 LUBUSKI PUŁK ARTYLERII           | M-34      | 5 Lubuski Pułk Artylerii | 00:18:11            | 00:37:03           | 21  | 00:03:56 |       |    |      |      |
| 21  | MAZUR Wojciech       | 678   | UCIEKAM PRZED ADIM ,)              | M-38      |                          | 00:17:48            | 00:37:06           | 22  | 00:03:21 |       |    |      |      |
| 22  | KONDRACKI Łukasz     | 631   | TRI TEAM LUBAŃ                     | M-40      |                          | 00:17:42            | 00:37:07           | 23  | 00:03:12 |       |    |      |      |
| 23  | OLEWIŃSKI Dariusz    | 712   | TRIATHLON KONSULTING               | M-47      | Triathlon konsulting     | 00:18:00            | 00:37:24           | 24  | 00:03:00 |       |    |      |      |
| 24  | KACPERSKI Wojtek     | 697   | WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU | M-42      |                          | 00:18:34            | 00:37:35           | 25  | 00:02:32 |       |    |      |      |
| 25  | WALICH Maciej        | 711   | 4T TARNOWSKIE TERMY TRIATHLON      | M-35      |                          | 00:18:24            | 00:37:50           | 26  | 00:02:58 |       |    |      |      |
| 26  | PAKUŁA Rafał         | 640   |                                    | M-38      |                          | 00:18:29            | 00:37:54           | 27  | 00:02:59 |       |    |      |      |
| 27  | MIEDZIAK Sebastian   | 655   | LS PLUS RECYKLING TEAM             | M-40      |                          | 00:18:28            | 00:37:59           | 28  | 00:02:34 |       |    |      |      |
|     | TOPCZEWSKI Gracjan   | 742   | TRISPACE/TREK                      | M-47      | TRISPACE/TREK            | 00:18:24            | 00:38:07           | 29  | 00:03:00 |       |    |      |      |

|    |                               |            |                            |      | Pływanie             |                 |                 | Rower    | Bieg     | Łącznie |
|----|-------------------------------|------------|----------------------------|------|----------------------|-----------------|-----------------|----------|----------|---------|
| 29 | <b>FAJOK Szymon</b>           | <b>683</b> | MBC TEAM                   | M-24 | 00:18:43             | <b>00:38:15</b> | 30              | 00:03:06 |          |         |
| 30 | <b>JOVANOVIĆ Marko</b>        | <b>515</b> | GO APTIV!                  | M-31 | 00:19:05             | <b>00:38:25</b> | 31              | 00:04:38 |          |         |
| 31 | <b>STEFANIAK Marcin</b>       | <b>718</b> | TM IRON TEAM               | M-48 | TM IronTeam          | 00:18:48        | <b>00:38:29</b> | 32       | 00:03:23 |         |
| 32 | <b>OGÓROWICZ Jakub</b>        | <b>618</b> | BEEATHLETIC TEAM           | M-39 |                      | 00:18:44        | <b>00:38:31</b> | 33       | 00:03:35 |         |
| 33 | <b>KRASNODĘBSKI Sebastian</b> | <b>733</b> | TM IRON TEAM               | M-41 | TM IronTeam          | 00:18:43        | <b>00:38:32</b> | 34       | 00:03:13 |         |
| 34 | <b>KRAJEWSKI Tomasz</b>       | <b>670</b> | #ZALINIAMETYTEAM           | M-42 | #zaliniametyteam     | 00:18:51        | <b>00:38:43</b> | 36       | 00:02:26 |         |
| 35 | <b>WYSOCKI Piotr</b>          | <b>636</b> |                            | M-37 |                      | 00:19:01        | <b>00:38:49</b> | 38       | 00:03:39 |         |
| 36 | <b>SZYDŁOWSKI Paweł</b>       | <b>633</b> | TRIWISE                    | M-43 |                      | 00:18:56        | <b>00:38:56</b> | 39       | 00:03:33 |         |
| 37 | <b>ROSZUK Jakub</b>           | <b>716</b> | EWA BUGDOŁ TRIATHLON TEAM  | M-44 |                      | 00:18:45        | <b>00:38:59</b> | 40       | 00:04:04 |         |
| 38 | <b>WIŚNIEWSKI Piotr</b>       | <b>632</b> | TRIATHLON KONSULTING       | M-27 | Triathlon konsulting | 00:19:02        | <b>00:39:00</b> | 42       | 00:03:59 |         |
| 39 | <b>KROSNY Szymon</b>          | <b>671</b> | CROSS-SPORT                | M-32 | Cross-Sport          | 00:19:12        | <b>00:39:00</b> | 41       | 00:03:19 |         |
| 40 | <b>WYSOCKI Marcin</b>         | <b>628</b> | TORUŃSKI KLUB TRIATHLONOWY | M-45 |                      | 00:18:59        | <b>00:39:03</b> | 43       | 00:02:55 |         |
| 41 | <b>WOJCIECHOWSKI Norbert</b>  | <b>522</b> |                            | M-43 |                      | 00:19:19        | <b>00:39:22</b> | 44       | 00:02:53 |         |
| 42 | <b>STAFARCZYK Dawid</b>       | <b>520</b> | TM IRON TEAM               | M-31 | TM IronTeam          | 00:19:18        | <b>00:39:25</b> | 45       | 00:02:30 |         |
|    | <b>TRZASKA Przemysław</b>     | <b>600</b> | DREAM TRI TEAM             | M-38 | Drem Tri Team        | 00:19:05        | <b>00:39:32</b> | 47       | 00:02:43 |         |
| 44 | <b>PILARCZYK Bartek</b>       | <b>710</b> | AGAT TRI SUPERSONIC        | M-45 |                      | 00:19:36        | <b>00:39:45</b> | 49       | 00:03:36 |         |
| 45 | <b>GRZYBEK Lukasz</b>         | <b>656</b> | TRIATHLON IQ               | M-42 |                      | 00:18:54        | <b>00:39:47</b> | 50       | 00:02:37 |         |
| 46 | <b>MAGDZIARZ Jakub</b>        | <b>540</b> | KANCELARIA HMM             | M-43 |                      | 00:19:40        | <b>00:39:53</b> | 51       | 00:02:59 |         |
| 47 | <b>ŁUKASZCZUK Grzegorz</b>    | <b>613</b> | TM IRONTEAM                | M-41 | TM IronTeam          | 00:20:02        | <b>00:40:03</b> | 53       | 00:04:58 |         |
| 48 | <b>HUBCZAK Michał</b>         | <b>610</b> | ARTECH FORKLIFT            | M-20 |                      | 00:19:41        | <b>00:40:03</b> | 52       | 00:05:05 |         |
| 49 | <b>TURAJSKI Mateusz</b>       | <b>648</b> | AXENT IWONA TURAJSKA       | M-33 |                      | 00:20:12        | <b>00:40:13</b> | 54       | 00:03:22 |         |
| 50 | <b>KILIJAŃCZYK Piotr</b>      | <b>516</b> |                            | M-43 |                      | 00:19:51        | <b>00:40:18</b> | 55       | 00:02:27 |         |
| 51 | <b>ŁĄCKI Andrzej</b>          | <b>661</b> |                            | M-55 |                      | 00:20:05        | <b>00:40:25</b> | 56       | 00:05:16 |         |
| 52 | <b>KIEPE Nauris</b>           | <b>599</b> |                            | M-47 |                      | 00:20:09        | <b>00:40:31</b> | 57       | 00:03:52 |         |
| 53 | <b>HARTLIŃSKI Grzegorz</b>    | <b>725</b> | NAJMOVICZ TRIATHLON        | M-39 |                      | 00:19:56        | <b>00:40:32</b> | 58       | 00:03:01 |         |
|    | <b>SOBCZAK Marcin</b>         | <b>521</b> |                            | M-48 |                      | 00:20:08        | <b>00:40:47</b> | 60       | 00:03:06 |         |
| 55 | <b>PESZT Marek</b>            | <b>713</b> |                            | M-42 |                      | 00:20:27        | <b>00:40:49</b> | 61       | 00:03:22 |         |
| 56 | <b>ODZIOBA Sebastian</b>      | <b>519</b> | THE RWCYCKING              | M-39 |                      | 00:19:41        | <b>00:40:56</b> | 63       | 00:03:08 |         |
| 57 | <b>MASŁOWSKI Marcin</b>       | <b>604</b> | HTF LUDWIK SIKORSKI        | M-44 | HTF Ludwik Sikorski  | 00:19:38        | <b>00:40:56</b> | 62       | 00:03:44 |         |
| 58 | <b>FABROWSKI Dawid</b>        | <b>513</b> | TRITAT TEAMOCHAL           | M-42 | TEAMOCHAL TriTata    | 00:20:14        | <b>00:40:57</b> | 64       | 00:05:04 |         |
|    | <b>JARNOT Oskar</b>           | <b>627</b> | TMT                        | M-34 |                      | 00:19:52        | <b>00:40:59</b> | 65       | 00:02:53 |         |
| 60 | <b>SZARMACHER Sebastian</b>   | <b>560</b> |                            | M-40 |                      | 00:20:00        | <b>00:41:00</b> | 66       | 00:03:58 |         |
| 61 | <b>KAZIMIERCZYK Adam</b>      | <b>707</b> | PTT DELTA                  | M-43 | PTT DELTA            | 00:20:01        | <b>00:41:02</b> | 67       | 00:04:10 |         |
| 62 | <b>MACIEJEWSKI Szymon</b>     | <b>644</b> | MACIEJEWSCY                | M-45 |                      | 00:19:48        | <b>00:41:18</b> | 68       | 00:08:46 |         |
| 63 | <b>SAWICKI Michał</b>         | <b>642</b> | ADRIAN KOSTERA TEAM        | M-29 |                      | 00:20:57        | <b>00:41:26</b> | 70       | 00:04:01 |         |
| 64 | <b>ANDRZEJEWSKI Jakub</b>     | <b>668</b> |                            | M-31 |                      | 00:20:43        | <b>00:41:27</b> | 71       | 00:04:08 |         |
| 65 | <b>JANKOWSKI Tomasz</b>       | <b>690</b> | TRISPACE/TREK              | M-50 | TRISPACE/TREK        | 00:20:39        | <b>00:41:57</b> | 72       | 00:02:58 |         |
| 66 | <b>ZAPAŁA Łukasz</b>          | <b>645</b> |                            | M-41 |                      | 00:20:35        | <b>00:41:58</b> | 74       | 00:06:19 |         |
| 67 | <b>KĄŁEK Artur</b>            | <b>702</b> | TM IRON TEAM               | M-49 | TM IronTeam          | 00:21:01        | <b>00:41:58</b> | 73       | 00:03:46 |         |
| 68 | <b>ZIĘBA Adam</b>             | <b>501</b> | TRISPACE/TREK              | M-50 | TRISPACE/TREK        | 00:20:14        | <b>00:42:03</b> | 75       | 00:02:55 |         |
| 69 | <b>SĘK Marek</b>              | <b>706</b> | WM TRISELF                 | M-44 |                      | 00:20:28        | <b>00:42:07</b> | 76       | 00:03:32 |         |
| 70 | <b>TECZA Artur</b>            | <b>534</b> |                            | M-46 |                      | 00:21:04        | <b>00:42:09</b> | 77       | 00:08:09 |         |
| 71 | <b>BARTOSIEWICZ Tomasz</b>    | <b>562</b> | ORANGE POLSKA              | M-39 |                      | 00:21:01        | <b>00:42:11</b> | 78       | 00:02:32 |         |
| 72 | <b>GREJCZYK Alan</b>          | <b>692</b> | CORTEZ TRIATHLON TEAM      | M-29 |                      | 00:20:28        | <b>00:42:14</b> | 80       | 00:02:36 |         |
| 73 | <b>KOSIŁKO Tomasz</b>         | <b>581</b> | TRIGYM SZCZECIN            | M-43 | Trigym Szczecin      | 00:20:54        | <b>00:42:43</b> | 82       | 00:03:29 |         |
| 74 | <b>WOLAK Paweł</b>            | <b>616</b> | ORKAMASTERS IŁAWA          | M-24 |                      | 00:21:23        | <b>00:42:51</b> | 84       | 00:04:31 |         |

|     |                                |            |                                  |      |                          | Pływanie |                 |     | Rower    | Bieg | Łącznie |
|-----|--------------------------------|------------|----------------------------------|------|--------------------------|----------|-----------------|-----|----------|------|---------|
| 75  | <b>KAPSA Dawid</b>             | <b>598</b> | TRISPCA/TREK                     | M-45 | TRISPACE/TREK            | 00:21:11 | <b>00:43:04</b> | 85  | 00:02:29 |      |         |
| 76  | <b>EJSMONT Krzysztof</b>       | <b>727</b> |                                  | M-46 |                          | 00:21:19 | <b>00:43:08</b> | 87  | 00:02:44 |      |         |
| 77  | <b>KUBASIK Tomasz</b>          | <b>682</b> |                                  | M-40 |                          | 00:21:20 | <b>00:43:13</b> | 88  | 00:03:01 |      |         |
| 78  | <b>FIOSEK Paweł</b>            | <b>535</b> |                                  | M-28 |                          | 00:19:01 | <b>00:43:14</b> | 90  | 00:05:10 |      |         |
| 79  | <b>LICA Grzegorz</b>           | <b>510</b> | TRISPACE TREK                    | M-48 | TRISPACE/TREK            | 00:21:36 | <b>00:43:18</b> | 91  | 00:03:22 |      |         |
| 80  | <b>SZCZERBA Maciej</b>         | <b>508</b> |                                  | M-51 |                          | 00:20:56 | <b>00:43:24</b> | 92  | 00:03:42 |      |         |
| 81  | <b>GRUBA Marek</b>             | <b>694</b> | TRISPACE/TREK                    | M-35 | TRISPACE/TREK            | 00:21:14 | <b>00:43:26</b> | 93  | 00:03:25 |      |         |
| 82  | <b>LESZCZYŃSKI Mariusz</b>     | <b>517</b> | K. S. TRI B. ER                  | M-47 |                          | 00:21:32 | <b>00:43:33</b> | 94  | 00:02:51 |      |         |
| 83  | <b>KONIECZNY Przemek</b>       | <b>609</b> | VELOCITY                         | M-37 |                          | 00:21:26 | <b>00:43:47</b> | 95  | 00:03:53 |      |         |
|     | <b>KAMIŃSKI Tomasz</b>         | <b>743</b> | INMOTO TRITEAM SHRIMP BISTRO     | M-43 |                          | 00:21:31 | <b>00:43:47</b> | 96  | 00:02:46 |      |         |
| 85  | <b>GOŁYŚ Grzegorz</b>          | <b>643</b> |                                  | M-26 |                          | 00:20:41 | <b>00:43:51</b> | 97  | 00:03:24 |      |         |
| 86  | <b>MENDRZYCKI Artur</b>        | <b>507</b> |                                  | M-45 |                          | 00:22:11 | <b>00:43:53</b> | 98  | 00:04:23 |      |         |
| 87  | <b>GECZEW Paweł</b>            | <b>615</b> |                                  | M-30 |                          | 00:22:02 | <b>00:43:57</b> | 99  | 00:02:15 |      |         |
| 88  | <b>WALKOWIAK Bartosz</b>       | <b>567</b> |                                  | M-41 |                          | 00:22:06 | <b>00:44:02</b> | 100 | 00:02:46 |      |         |
| 89  | <b>GALICKI Jakub</b>           | <b>532</b> | AKADEMIA MISTRZÓW SPORTU         | M-49 | Akademia Mistrzów Sportu | 00:21:43 | <b>00:44:08</b> | 101 | 00:04:01 |      |         |
| 90  | <b>MODZELEWSKI Maciej</b>      | <b>569</b> | VELO ŁOWICZ TRI                  | M-39 |                          | 00:21:27 | <b>00:44:09</b> | 103 | 00:02:46 |      |         |
| 91  | <b>ŻEGLICZ Marek</b>           | <b>572</b> | SPÓJNIA BIAŁE BŁOTA              | M-28 |                          | 00:21:31 | <b>00:44:32</b> | 104 | 00:05:35 |      |         |
| 92  | <b>HANUS Wojciech</b>          | <b>597</b> |                                  | M-34 |                          | 00:22:05 | <b>00:44:38</b> | 105 | 00:03:57 |      |         |
| 93  | <b>KIEDROWSKI Jerzy</b>        | <b>669</b> | MIELCARKS TEAM                   | M-30 | Mielcarks Team           | 00:21:42 | <b>00:44:51</b> | 107 | 00:04:25 |      |         |
| 94  | <b>CHMIELEWSKI Rafał</b>       | <b>740</b> | TRIDIVISION TRIATHLON TEAM       | M-49 |                          | 00:21:58 | <b>00:45:02</b> | 108 | 00:03:06 |      |         |
| 95  | <b>GÓRNIŚIEWICZ Piotr</b>      | <b>709</b> | WM TRISELF                       | M-49 |                          | 00:22:26 | <b>00:45:04</b> | 109 | 00:03:40 |      |         |
| 96  | <b>WIŚNIEWSKI Mikołaj</b>      | <b>720</b> | ROWEROWA BRZOZA                  | M-25 |                          | 00:22:01 | <b>00:45:14</b> | 112 | 00:04:06 |      |         |
|     | <b>CHŁOSTA Marek</b>           | <b>739</b> |                                  | M-48 |                          | 00:22:26 | <b>00:45:25</b> | 113 | 00:04:20 |      |         |
| 98  | <b>PODLASIAK Ariel</b>         | <b>676</b> | IM INSPIRATION                   | M-32 |                          | 00:22:25 | <b>00:45:31</b> | 115 | 00:04:02 |      |         |
| 99  | <b>WODNICKI Grzegorz</b>       | <b>629</b> |                                  | M-28 |                          | 00:22:02 | <b>00:45:34</b> | 118 | 00:04:23 |      |         |
| 100 | <b>NOWICKI Adam</b>            | <b>514</b> |                                  | M-50 |                          | 00:22:04 | <b>00:45:35</b> | 119 | 00:03:31 |      |         |
| 101 | <b>GRALIK Kacper</b>           | <b>531</b> | BYDGOSKIE OKONIE                 | M-27 |                          | 00:21:56 | <b>00:45:37</b> | 120 | 00:04:56 |      |         |
| 102 | <b>ALEKSANDROWICZ Marcin</b>   | <b>741</b> | CHMURA COACHING                  | M-31 |                          | 00:22:21 | <b>00:45:39</b> | 121 | 00:03:24 |      |         |
| 103 | <b>BUZE Łukasz</b>             | <b>652</b> |                                  | M-38 |                          | 00:22:18 | <b>00:45:39</b> | 122 | 00:03:25 |      |         |
| 104 | <b>BARSUKOV Artem</b>          | <b>624</b> | UNLIMITED SPORT 2.0              | M-38 |                          | 00:22:28 | <b>00:45:40</b> | 124 | 00:06:00 |      |         |
| 105 | <b>SZYMCZAK Jakub</b>          | <b>525</b> |                                  | M-35 |                          | 00:22:13 | <b>00:45:43</b> | 125 | 00:04:50 |      |         |
| 106 | <b>OLEJNIK Wojciech</b>        | <b>553</b> | TRIGYM SZCZECIN                  | M-27 | Trigym Szczecin          | 00:22:33 | <b>00:45:44</b> | 126 | 00:04:38 |      |         |
| 107 | <b>GÓRNY Bartosz</b>           | <b>689</b> | TRISPACE/TREK                    | M-35 | TRISPACE/TREK            | 00:22:20 | <b>00:45:50</b> | 127 | 00:02:57 |      |         |
| 108 | <b>KRAUSE Szymon</b>           | <b>518</b> | SREBRNI TRI                      | M-41 | Srebrni Tri              | 00:22:21 | <b>00:45:54</b> | 128 | 00:03:49 |      |         |
| 109 | <b>KUCHARCZYK Kamil</b>        | <b>603</b> | TRI NOT TO DIE / EWA BUGDOŁ TEAM | M-36 |                          | 00:22:46 | <b>00:46:08</b> | 129 | 00:04:18 |      |         |
| 110 | <b>BURSKI Paweł</b>            | <b>715</b> |                                  | M-54 |                          | 00:22:24 | <b>00:46:13</b> | 130 | 00:03:47 |      |         |
| 111 | <b>MROTEK Michał</b>           | <b>666</b> | AKADEMIA MISTRZÓW SPORTU         | M-44 | Akademia Mistrzów Sportu | 00:23:15 | <b>00:46:17</b> | 131 | 00:03:58 |      |         |
| 112 | <b>SAJDOK Kamil</b>            | <b>680</b> | SREBRNI TRI                      | M-36 | Srebrni Tri              | 00:22:55 | <b>00:46:20</b> | 132 | 00:03:46 |      |         |
| 113 | <b>RADZIEJEWSKI Tomasz</b>     | <b>688</b> | TEAMOCHAL                        | M-42 | TEAMOCHAL                | 00:23:00 | <b>00:46:24</b> | 133 | 00:02:58 |      |         |
| 114 | <b>SUDOŁ Jacek</b>             | <b>570</b> | PARKRUN BYDGOSZCZ                | M-45 |                          | 00:22:35 | <b>00:46:28</b> | 134 | 00:03:49 |      |         |
| 115 | <b>CZERWIAKOWSKI Sebastian</b> | <b>529</b> |                                  | M-49 |                          | 00:22:38 | <b>00:46:36</b> | 136 | 00:05:15 |      |         |
| 116 | <b>JACH Rafał</b>              | <b>594</b> | CROSS-SPORT                      | M-37 | Cross-Sport              | 00:23:18 | <b>00:46:48</b> | 137 | 00:05:08 |      |         |
| 117 | <b>DOMERACKI Damian</b>        | <b>504</b> | PERSONAL TRIATHLON               | M-43 |                          | 00:22:54 | <b>00:46:50</b> | 138 | 00:04:44 |      |         |
| 118 | <b>MILERT Krzysztof</b>        | <b>714</b> |                                  | M-29 |                          | 00:22:47 | <b>00:47:04</b> | 139 | 00:05:28 |      |         |
| 119 | <b>LASSAK Bartosz</b>          | <b>544</b> | AKADEMIA MISTRZÓW SPORTU         | M-47 | Akademia Mistrzów Sportu | 00:23:25 | <b>00:47:06</b> | 140 | 00:03:46 |      |         |
| 120 | <b>MAZUREK Wojciech</b>        | <b>595</b> | CROSS-SPORT                      | M-30 | Cross-Sport              | 00:23:07 | <b>00:47:15</b> | 141 | 00:04:56 |      |         |

|     |                               |            |                          |      |                          | Pływanie |                 |     | Rower    | Bieg | Łódka |
|-----|-------------------------------|------------|--------------------------|------|--------------------------|----------|-----------------|-----|----------|------|-------|
| 121 | <b>AUGUSTYNIAK Piotr</b>      | <b>745</b> |                          | M-47 |                          | 00:23:45 | <b>00:47:17</b> | 142 | 00:03:20 |      |       |
| 122 | <b>MYŚKOW Leszek</b>          | <b>591</b> | TRI MISSION              | M-47 | Tri Mission              | 00:22:55 | <b>00:47:30</b> | 143 | 00:04:09 |      |       |
| 123 | <b>ŻULEWSKI Radosław</b>      | <b>547</b> |                          | M-36 |                          | 00:23:16 | <b>00:47:42</b> | 144 | 00:04:35 |      |       |
| 124 | <b>SPLITT Wojciech</b>        | <b>558</b> | PŁOMIEŃ DRAŻNO           | M-44 |                          | 00:23:04 | <b>00:47:49</b> | 145 | 00:06:49 |      |       |
| 125 | <b>MARCINIAK Przemysław</b>   | <b>744</b> |                          | M-41 |                          | 00:24:01 | <b>00:48:01</b> | 147 | 00:03:28 |      |       |
| 126 | <b>PACHYKOUSKI Pavel</b>      | <b>651</b> |                          | M-38 |                          | 00:23:30 | <b>00:48:09</b> | 148 | 00:03:50 |      |       |
| 127 | <b>GROCHOWSKI Piotr</b>       | <b>731</b> | TRIDEA                   | M-49 |                          | 00:22:53 | <b>00:48:11</b> | 149 | 00:03:34 |      |       |
| 128 | <b>STYLA Kamil Aleksander</b> | <b>750</b> | MILOTEAM                 | M-36 | Miloteam                 | 00:23:37 | <b>00:48:29</b> | 151 | 00:03:41 |      |       |
| 129 | <b>ZAKRZEWSKI Jarosław</b>    | <b>505</b> |                          | M-50 |                          | 00:24:31 | <b>00:48:32</b> | 152 | 00:03:27 |      |       |
| 130 | <b>BARSZCZEWSKI Sebastian</b> | <b>667</b> |                          | M-44 |                          | 00:24:25 | <b>00:48:33</b> | 153 | 00:03:20 |      |       |
| 131 | <b>LIPSKI Łukasz</b>          | <b>593</b> |                          | M-41 |                          | 00:24:11 | <b>00:48:45</b> | 154 | 00:06:15 |      |       |
| 132 | <b>TRZASKOWSKI Tomasz</b>     | <b>509</b> |                          | M-43 |                          | 00:24:17 | <b>00:48:52</b> | 155 | 00:04:06 |      |       |
| 133 | <b>WIŚNIEWSKI Arnold</b>      | <b>566</b> | KM PSP JRG9 ŁÓDŹ         | M-49 |                          | 00:24:21 | <b>00:49:00</b> | 156 | 00:05:53 |      |       |
| 134 | <b>SOBAŃSKI Roman</b>         | <b>641</b> | TARNOWO PODGÓRNE BIEGA   | M-43 |                          | 00:24:01 | <b>00:49:05</b> | 157 | 00:04:53 |      |       |
| 135 | <b>ULANOWSKI Grzegorz</b>     | <b>630</b> | STORMRIDER               | M-49 |                          | 00:23:37 | <b>00:49:06</b> | 158 | 00:04:58 |      |       |
| 136 | <b>KRYGIER Maciej</b>         | <b>708</b> |                          | M-35 |                          | 00:23:38 | <b>00:49:23</b> | 160 | 00:06:10 |      |       |
| 137 | <b>SOCHA Kamil</b>            | <b>585</b> | 5 LUBUSKI PUŁK ARTYLRII  | M-34 | 5 Lubuski Pułk Artylerii | 00:24:01 | <b>00:49:34</b> | 162 | 00:03:50 |      |       |
| 138 | <b>CZERNAK Gracjan</b>        | <b>607</b> |                          | M-43 |                          | 00:24:21 | <b>00:49:35</b> | 163 | 00:04:51 |      |       |
| 139 | <b>ROSZAK Bartosz</b>         | <b>748</b> | WRONIECKI KLUB BIEGACZA  | M-40 |                          | 00:24:19 | <b>00:49:44</b> | 164 | 00:04:15 |      |       |
| 140 | <b>BUDZIAK Maksymilian</b>    | <b>693</b> |                          | M-21 |                          | 00:24:45 | <b>00:49:54</b> | 165 | 00:06:25 |      |       |
|     | <b>FOGT Maciej</b>            | <b>695</b> |                          | M-42 |                          | 00:24:10 | <b>00:49:54</b> | 166 | 00:03:47 |      |       |
| 142 | <b>ROGUSZ Zbigniew</b>        | <b>635</b> |                          | M-39 |                          | 00:23:43 | <b>00:49:58</b> | 167 | 00:06:53 |      |       |
| 143 | <b>NOSIADEK Michał</b>        | <b>605</b> | CROSS SPORT              | M-38 | Cross-Sport              | 00:24:25 | <b>00:50:00</b> | 168 | 00:04:53 |      |       |
| 144 | <b>KODZIS Piotr</b>           | <b>699</b> | 000.OVOVO.000            | M-49 |                          | 00:25:08 | <b>00:50:28</b> | 169 | 00:06:20 |      |       |
| 145 | <b>PRYK Rafał</b>             | <b>703</b> |                          | M-48 |                          | 00:24:28 | <b>00:51:09</b> | 172 | 00:04:05 |      |       |
| 146 | <b>DAWID Łukasz</b>           | <b>701</b> |                          | M-37 |                          | 00:24:49 | <b>00:51:14</b> | 173 | 00:04:37 |      |       |
|     | <b>CIUPA Jarosław</b>         | <b>578</b> | AKADEMIA MISTRZÓW SPORTU | M-53 | Akademia Mistrzów Sportu | 00:24:26 | <b>00:51:14</b> | 174 | 00:03:02 |      |       |
| 148 | <b>RAŹNIEWSKI Łukasz</b>      | <b>546</b> | WMKS                     | M-47 |                          | 00:23:19 | <b>00:51:15</b> | 175 | 00:04:19 |      |       |
| 149 | <b>WŁODARCZAK Witold</b>      | <b>705</b> | TRISPACE/TREK            | M-60 | TRISPACE/TREK            | 00:25:31 | <b>00:51:25</b> | 176 | 00:02:51 |      |       |
| 150 | <b>JASINSKI Karol</b>         | <b>684</b> |                          | M-30 |                          | 00:25:02 | <b>00:51:35</b> | 177 | 00:06:11 |      |       |
| 151 | <b>WRZOCZOL Paweł</b>         | <b>552</b> | TRIGYM SZCZECIN          | M-38 | Trigym Szczecin          | 00:24:46 | <b>00:51:39</b> | 178 | 00:05:02 |      |       |
| 152 | <b>WIŚNIEWSKI Zbigniew</b>    | <b>719</b> | ROWEROWA BRZOZA          | M-57 | Active Age               | 00:25:08 | <b>00:51:48</b> | 179 | 00:05:51 |      |       |
| 153 | <b>NURKIEWICZ Jarosław</b>    | <b>537</b> | KUNG FU PANDY 3          | M-52 |                          | 00:25:13 | <b>00:51:52</b> | 180 | 00:02:59 |      |       |
| 154 | <b>GRABOWSKI Andrzej</b>      | <b>584</b> | PTT DELTA                | M-47 | PTT DELTA                | 00:26:07 | <b>00:52:25</b> | 181 | 00:04:40 |      |       |
| 155 | <b>ROMANOWSKI Kamil</b>       | <b>654</b> | KOSTERA TEAM             | M-42 |                          | 00:26:29 | <b>00:52:35</b> | 182 | 00:03:25 |      |       |
| 156 | <b>GRUBA Jacek</b>            | <b>608</b> | TRISPACE/TREK            | M-63 | TRISPACE/TREK            | 00:25:35 | <b>00:52:38</b> | 183 | 00:03:57 |      |       |
| 157 | <b>WŁODARCZYK Wojciech</b>    | <b>561</b> | CZARNE STOPY             | M-59 |                          | 00:25:48 | <b>00:52:43</b> | 184 | 00:04:48 |      |       |
| 158 | <b>SZYMKUĆ Wojciech</b>       | <b>539</b> |                          | M-34 |                          | 00:25:30 | <b>00:52:47</b> | 185 | 00:05:15 |      |       |
| 159 | <b>WITKOWSKI Tomasz</b>       | <b>550</b> | VIVALAVIDA               | M-39 |                          | 00:26:13 | <b>00:52:49</b> | 186 | 00:03:44 |      |       |
| 160 | <b>KUPCZYK Tomasz</b>         | <b>554</b> |                          | M-46 |                          | 00:26:21 | <b>00:52:53</b> | 187 | 00:06:10 |      |       |
| 161 | <b>WIŚNIEWSKI Rafał</b>       | <b>665</b> | RAFAŁ WISNIEWSKI         | M-40 | Akademia Mistrzów Sportu | 00:25:18 | <b>00:53:02</b> | 188 | 00:04:00 |      |       |
| 162 | <b>GNIOT Jacek</b>            | <b>538</b> | TRISPACE/TREK            | M-52 | TRISPACE/TREK            | 00:25:35 | <b>00:53:15</b> | 190 | 00:02:58 |      |       |
| 163 | <b>MIELCAREK Tomasz</b>       | <b>728</b> | MIELCARCS TEAM           | M-49 | Mielcarks Team           | 00:25:34 | <b>00:53:28</b> | 191 | 00:05:15 |      |       |
|     | <b>ROSIĄK Michał</b>          | <b>541</b> | BROWER LUTYNIA           | M-36 |                          | 00:26:42 | <b>00:53:58</b> | 192 | 00:05:52 |      |       |
| 165 | <b>MAKOWSKI Sławomir</b>      | <b>502</b> | WTLENIE                  | M-54 | Akademia Mistrzów Sportu | 00:26:06 | <b>00:54:02</b> | 193 | 00:04:01 |      |       |
| 166 | <b>MISZTELA Tomasz</b>        | <b>588</b> | PTT DELTA                | M-57 | PTT DELTA                | 00:27:06 | <b>00:54:35</b> | 195 | 00:04:16 |      |       |

|     |                             |            |                                    |      | Pływanie    |                 |                 | Rower    | Bieg     | Czas |
|-----|-----------------------------|------------|------------------------------------|------|-------------|-----------------|-----------------|----------|----------|------|
| 167 | <b>KOCHANOWSKI Maciej</b>   | <b>580</b> |                                    | M-31 | 00:26:39    | <b>00:54:37</b> | 197             | 00:06:39 |          |      |
|     | <b>HUBCZAK Wojciech</b>     | <b>602</b> | ARTECH FORKLIFT                    | M-51 | 00:26:40    | <b>00:54:37</b> | 196             | 00:04:39 |          |      |
| 169 | <b>DOBEK Pawel</b>          | <b>722</b> | MILOTEAM                           | M-43 | 00:26:31    | <b>00:54:50</b> | 198             | 00:04:01 |          |      |
| 170 | <b>ANTONOVITCH Vladimir</b> | <b>653</b> | TRI.BY                             | M-51 | tri.by      | 00:26:34        | <b>00:55:10</b> | 199      | 00:04:32 |      |
| 171 | <b>MISZTELA Dariusz</b>     | <b>587</b> | PTT DELTA                          | M-62 | PTT DELTA   | 00:27:02        | <b>00:55:47</b> | 201      | 00:05:41 |      |
| 172 | <b>KUPRACZ Andrzej</b>      | <b>664</b> | TRISPACE                           | M-52 |             | 00:26:37        | <b>00:56:55</b> | 202      | 00:04:32 |      |
| 173 | <b>GAJEWSKI Przemek</b>     | <b>623</b> | SYBERIANHAMSTER                    | M-45 |             | 00:26:23        | <b>00:57:17</b> | 204      | 00:05:14 |      |
| 174 | <b>SZULC Łukasz</b>         | <b>639</b> | IRONSZULIS                         | M-40 |             | 00:28:00        | <b>00:57:41</b> | 205      | 00:05:32 |      |
| 175 | <b>BETLEJ Hubert</b>        | <b>543</b> |                                    | M-41 |             | 00:27:52        | <b>00:57:47</b> | 206      | 00:04:25 |      |
| 176 | <b>WAWRZY尼亚K Przemysław</b> | <b>672</b> |                                    | M-30 |             | 00:27:43        | <b>00:58:06</b> | 207      | 00:07:42 |      |
| 177 | <b>BAYOK Ilya</b>           | <b>724</b> |                                    | M-28 |             | 00:28:30        | <b>00:58:50</b> | 208      | 00:05:30 |      |
| 178 | <b>BEDYK Ireneusz</b>       | <b>523</b> | PTT DELTA                          | M-66 | PTT DELTA   | 00:28:34        | <b>00:58:59</b> | 209      | 00:05:35 |      |
| 179 | <b>ZUBEK Rafał</b>          | <b>673</b> | PTT DELTA                          | M-56 | PTT DELTA   | 00:28:45        | <b>00:59:15</b> | 210      | 00:06:14 |      |
| 180 | <b>TYSZKA Filip</b>         | <b>575</b> | KRISS COACHING                     | M-42 |             | 00:27:02        | <b>00:59:45</b> | 211      | 00:03:23 |      |
| 181 | <b>ANDRZEJAK Robert</b>     | <b>638</b> | VAMOS                              | M-47 |             | 00:27:22        | <b>01:00:44</b> | 212      | 00:06:05 |      |
| 182 | <b>CYREK Grzegorz</b>       | <b>657</b> | GLOBAL NATUREON BOCHNIA BIEGA TEAM | M-49 |             | 00:28:07        | <b>01:00:54</b> | 213      | 00:05:34 |      |
| 183 | <b>RATAJCZAK Marek</b>      | <b>685</b> | TM IRON TEAM                       | M-57 | TM IronTeam | 00:30:50        | <b>01:01:49</b> | 215      | 00:07:25 |      |
|     | <b>KĄTNIK Jacek</b>         | <b>564</b> |                                    | M-53 |             | 00:30:36        | <b>01:03:22</b> | 217      | 00:03:42 |      |
| 185 | <b>BUCZYŃSKI Tomasz</b>     | <b>625</b> |                                    | M-39 |             | 00:30:11        | <b>01:03:44</b> | 218      | 00:03:53 |      |
| 186 | <b>WALCZAK Paweł</b>        | <b>503</b> | DRUŻYNA L&CH                       | M-34 |             | 00:33:40        | <b>01:05:27</b> | 220      | 00:05:32 |      |
| 187 | <b>ANDRAU Anatoli</b>       | <b>650</b> | TRI.BY                             | M-46 | tri.by      | 00:31:00        | <b>01:08:44</b> | 222      | 00:04:46 |      |
| 188 | <b>KLAPENDA Mariusz</b>     | <b>571</b> | MARIO TEAM                         | M-49 |             | 00:35:59        | <b>01:15:39</b> | 223      | 00:08:15 |      |
|     | <b>GRUDNIEWSKI Rafał</b>    | <b>536</b> | SREBRNI TRI                        | M-43 | Srebrni Tri |                 |                 |          |          |      |

Znaleziono 189 wynik(ów)