



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 56,4 km

| Msc | Zawodnik               | Numer | Klub                               | Kategoria | Drużyna 1            | Pływanie            |                    |     | T1       | Rower            |                    |                  | T2 | Bieg | Czas |
|-----|------------------------|-------|------------------------------------|-----------|----------------------|---------------------|--------------------|-----|----------|------------------|--------------------|------------------|----|------|------|
|     |                        |       |                                    |           |                      | P_Borowno<br>0.95km | P_Borowno<br>1.9km | Poz |          | R_Lidl<br>18.6km | R_Kusowo<br>36.5km | R_Lidl<br>54.2km |    |      |      |
| 1   | MARCINEK Tomasz        | 737   | TM IRON TEAM                       | M-32      | TM IronTeam          | 00:13:29            | <b>00:27:31</b>    | 1   | 00:01:58 | 00:26:39         | 00:53:24           | 01:18:07         |    |      |      |
| 2   | SAWIEŁAJC Jakub        | 691   | TM IRON TEAM                       | M-24      | TM IronTeam          | 00:14:49            | <b>00:29:49</b>    | 3   | 00:02:09 | 00:26:24         | 00:52:58           | 01:18:03         |    |      |      |
| 3   | MADRASSI Giacomo       | 677   | TRI TEAM PULLY                     | M-33      | Mielcarks Team       | 00:13:40            | <b>00:27:42</b>    | 2   | 00:03:26 | 00:28:38         | 00:57:19           | 01:23:58         |    |      |      |
| 4   | RACEK Tomáš            | 734   | IRONSTARS BEROUN                   | M-42      |                      | 00:16:47            | <b>00:34:45</b>    | 14  | 00:02:44 | 00:26:26         | 00:53:30           | 01:18:23         |    |      |      |
| 5   | GRONDZIEWSKI Dariusz   | 663   | PHO3NIX GVT TEAM                   | M-42      | Pho3nix GVT Team     | 00:14:36            | <b>00:29:51</b>    | 4   | 00:03:16 | 00:28:12         | 00:57:23           | 01:24:36         |    |      |      |
| 6   | WASYLUK Cezary         | 746   | CONTROTLEC                         | M-34      |                      | 00:16:17            | <b>00:32:53</b>    | 7   | 00:02:13 | 00:28:55         | 00:58:59           | 01:26:21         |    |      |      |
| 7   | KAMIŃSKI Tomasz        | 717   | TM IRONTEAM                        | M-41      | TM IronTeam          | 00:17:08            | <b>00:34:41</b>    | 13  | 00:02:32 | 00:28:28         | 00:57:39           | 01:24:55         |    |      |      |
| 8   | FAJOK Szymon           | 683   | MBC TEAM                           | M-24      |                      | 00:18:43            | <b>00:38:15</b>    | 30  | 00:03:06 | 00:28:17         | 00:57:22           | 01:23:34         |    |      |      |
| 9   | PRĄDZYŃSKI Marcin      | 646   | TM IRONTEAM                        | M-46      | TM IronTeam          | 00:17:33            | <b>00:35:20</b>    | 17  | 00:02:22 | 00:29:52         | 01:00:54           | 01:28:27         |    |      |      |
| 10  | SUCHAN Łukasz          | 747   | SPORTWISE                          | M-22      |                      | 00:15:23            | <b>00:31:25</b>    | 5   | 00:03:23 | 00:30:17         | 01:01:54           | 01:31:28         |    |      |      |
| 11  | PIESIK Dawid           | 619   | TM IRON TEAM                       | M-33      | TM IronTeam          | 00:17:37            | <b>00:35:33</b>    | 18  | 00:02:49 | 00:29:14         | 00:59:59           | 01:27:57         |    |      |      |
| 12  | OLEWIŃSKI Dariusz      | 712   | TRIATHLON KONSULTING               | M-47      | Triathlon konsulting | 00:18:00            | <b>00:37:24</b>    | 24  | 00:03:00 | 00:29:05         | 00:58:30           | 01:25:55         |    |      |      |
| 13  | LECH Miro              | 601   |                                    | M-37      |                      | 00:17:40            | <b>00:36:17</b>    | 19  | 00:02:48 | 00:29:32         | 00:59:58           | 01:27:31         |    |      |      |
| 14  | WOJCIECHOWSKI Norbert  | 522   |                                    | M-43      |                      | 00:19:19            | <b>00:39:22</b>    | 44  | 00:02:53 | 00:29:00         | 00:58:19           | 01:25:39         |    |      |      |
| 15  | KRASNODEBSKI Sebastian | 733   | TM IRON TEAM                       | M-41      | TM IronTeam          | 00:18:43            | <b>00:38:32</b>    | 34  | 00:03:13 | 00:29:00         | 00:59:06           | 01:26:39         |    |      |      |
| 16  | MIEDZIAK Sebastian     | 655   | LS PLUS RECYKLING TEAM             | M-40      |                      | 00:18:28            | <b>00:37:59</b>    | 28  | 00:02:34 | 00:29:44         | 01:00:00           | 01:28:02         |    |      |      |
| 17  | NOSOWSKI Jacek         | 528   | TRI.REGRESS                        | M-49      |                      | 00:17:12            | <b>00:34:59</b>    | 15  | 00:02:49 | 00:30:43         | 01:02:10           | 01:30:59         |    |      |      |
| 18  | STEFANIAK Marcin       | 718   | TM IRON TEAM                       | M-48      | TM IronTeam          | 00:18:48            | <b>00:38:29</b>    | 32  | 00:03:23 | 00:30:12         | 00:59:25           | 01:27:03         |    |      |      |
|     | TOPCZEWSKI Gracjan     | 742   | TRISPACE/TREK                      | M-47      | TRISPACE/TREK        | 00:18:24            | <b>00:38:07</b>    | 29  | 00:03:00 | 00:29:36         | 01:00:08           | 01:27:56         |    |      |      |
| 20  | KACPERSKI Wojtek       | 697   | WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU | M-42      |                      | 00:18:34            | <b>00:37:35</b>    | 25  | 00:02:32 | 00:30:05         | 01:00:38           | 01:29:12         |    |      |      |

|    |                             |            |                               |      | Pływanie                 |                 |                 | T1       | Rower    |          |          | T2       | Bieg | Case |
|----|-----------------------------|------------|-------------------------------|------|--------------------------|-----------------|-----------------|----------|----------|----------|----------|----------|------|------|
| 21 | <b>GRZYBEK</b> Lukasz       | <b>656</b> | TRIATHLON IQ                  | M-42 | 00:18:54                 | <b>00:39:47</b> | 50              | 00:02:37 | 00:29:49 | 00:59:33 | 01:26:57 |          |      |      |
| 22 | <b>CZECHOWSKI</b> Dawid     | <b>637</b> |                               | M-19 | 00:16:15                 | <b>00:33:08</b> | 8               | 00:03:23 | 00:31:09 | 01:03:21 | 01:32:56 |          |      |      |
| 23 | <b>ZIĘBA</b> Adam           | <b>501</b> | TRISPACE/TREK                 | M-50 | TRISPACE/TREK            | 00:20:14        | <b>00:42:03</b> | 75       | 00:02:55 | 00:28:22 | 00:57:39 | 01:24:36 |      |      |
| 24 | <b>ROGOZIEWICZ</b> Dawid    | <b>621</b> | LITWIN SPORT                  | M-22 |                          | 00:16:06        | <b>00:33:22</b> | 9        | 00:03:49 | 00:31:21 | 01:03:16 | 01:32:26 |      |      |
| 25 | <b>KOLEŚNIK</b> Bartłomiej  | <b>586</b> | 5 LUBUSKI PUŁK ARTYLERII      | M-34 | 5 Lubuski Pułk Artylerii | 00:18:11        | <b>00:37:03</b> | 21       | 00:03:56 | 00:29:23 | 01:00:07 | 01:28:54 |      |      |
| 26 | <b>WYSOCKI</b> Marcin       | <b>628</b> | TORUŃSKI KLUB TRIATHLONOWY    | M-45 |                          | 00:18:59        | <b>00:39:03</b> | 43       | 00:02:55 | 00:29:35 | 00:59:58 | 01:27:59 |      |      |
| 27 | <b>MAGDZIARZ</b> Jakub      | <b>540</b> | KANCELARIA HMM                | M-43 |                          | 00:19:40        | <b>00:39:53</b> | 51       | 00:02:59 | 00:29:52 | 00:59:29 | 01:27:07 |      |      |
|    | <b>JARNOT</b> Oskar         | <b>627</b> | TMT                           | M-34 |                          | 00:19:52        | <b>00:40:59</b> | 65       | 00:02:53 | 00:29:17 | 00:59:03 | 01:26:20 |      |      |
| 29 | <b>GECZEW</b> Pawel         | <b>615</b> |                               | M-30 |                          | 00:22:02        | <b>00:43:57</b> | 99       | 00:02:15 | 00:28:05 | 00:57:18 | 01:24:13 |      |      |
| 30 | <b>GOŁYŚ</b> Grzegorz       | <b>643</b> |                               | M-26 |                          | 00:20:41        | <b>00:43:51</b> | 97       | 00:03:24 | 00:28:19 | 00:56:45 | 01:23:16 |      |      |
| 31 | <b>KILIJĄCZYK</b> Piotr     | <b>516</b> |                               | M-43 |                          | 00:19:51        | <b>00:40:18</b> | 55       | 00:02:27 | 00:30:10 | 01:00:16 | 01:27:50 |      |      |
| 32 | <b>KRÓL</b> Hubert          | <b>749</b> | WWW.TRENERTRIATHLONU.PL       | M-37 |                          | 00:17:21        | <b>00:34:12</b> | 12       | 00:02:31 | 00:32:23 | 00:59:15 | 01:33:55 |      |      |
|    | <b>KAMIŃSKI</b> Tomasz      | <b>743</b> | INMOTO TRITEAM SHRIMP BISTRO  | M-43 |                          | 00:21:31        | <b>00:43:47</b> | 96       | 00:02:46 | 00:28:22 | 00:57:36 | 01:24:06 |      |      |
| 34 | <b>OGÓROWICZ</b> Jakub      | <b>618</b> | BEEATHLETIC TEAM              | M-39 |                          | 00:18:44        | <b>00:38:31</b> | 33       | 00:03:35 | 00:30:03 | 01:00:19 | 01:28:57 |      |      |
| 35 | <b>GREJCZYK</b> Alan        | <b>692</b> | CORTEZ TRIATHLON TEAM         | M-29 |                          | 00:20:28        | <b>00:42:14</b> | 80       | 00:02:36 | 00:28:31 | 00:57:59 | 01:26:14 |      |      |
| 36 | <b>BARTOSIEWICZ</b> Tomasz  | <b>562</b> | ORANGE POLSKA                 | M-39 |                          | 00:21:01        | <b>00:42:11</b> | 78       | 00:02:32 | 00:28:51 | 00:59:01 | 01:26:39 |      |      |
| 37 | <b>STAFARCZYK</b> Dawid     | <b>520</b> | TM IRON TEAM                  | M-31 | TM IronTeam              | 00:19:18        | <b>00:39:25</b> | 45       | 00:02:30 | 00:29:55 | 01:01:14 | 01:30:14 |      |      |
| 38 | <b>ŁUKASZCZUK</b> Grzegorz  | <b>613</b> | TM IRONTEAM                   | M-41 | TM IronTeam              | 00:20:02        | <b>00:40:03</b> | 53       | 00:04:58 | 00:28:40 | 00:58:40 | 01:27:20 |      |      |
| 39 | <b>TURAJSKI</b> Mateusz     | <b>648</b> | AXENT IWONA TURAJSKA          | M-33 |                          | 00:20:12        | <b>00:40:13</b> | 54       | 00:03:22 | 00:29:51 | 01:00:50 | 01:28:48 |      |      |
| 40 | <b>WYSOCKI</b> Piotr        | <b>636</b> |                               | M-37 |                          | 00:19:01        | <b>00:38:49</b> | 38       | 00:03:39 | 00:30:37 | 01:01:49 | 01:30:05 |      |      |
| 41 | <b>WALICH</b> Maciej        | <b>711</b> | 4T TARNOWSKIE TERMY TRIATHLON | M-35 |                          | 00:18:24        | <b>00:37:50</b> | 26       | 00:02:58 | 00:31:07 | 01:03:08 | 01:32:13 |      |      |
| 42 | <b>HÅKANSSON</b> Fredrik    | <b>658</b> | HELENEHOLMS IF                | M-52 |                          | 00:18:01        | <b>00:36:43</b> | 20       | 00:04:03 | 00:30:37 | 01:02:18 | 01:32:22 |      |      |
| 43 | <b>SZARMACHER</b> Sebastian | <b>560</b> |                               | M-40 |                          | 00:20:00        | <b>00:41:00</b> | 66       | 00:03:58 | 00:29:15 | 00:59:53 | 01:28:19 |      |      |
| 44 | <b>KAPSA</b> Dawid          | <b>598</b> | TRISPCA/TREK                  | M-45 | TRISPACE/TREK            | 00:21:11        | <b>00:43:04</b> | 85       | 00:02:29 | 00:29:14 | 01:00:11 | 01:28:02 |      |      |
| 45 | <b>KRAJEWSKI</b> Tomasz     | <b>670</b> | #ZALINIAMETYTEAM              | M-42 | #zaliniametyteam         | 00:18:51        | <b>00:38:43</b> | 36       | 00:02:26 | 00:31:38 | 01:03:28 | 01:32:45 |      |      |
| 46 | <b>MODZELEWSKI</b> Maciej   | <b>569</b> | VELO ŁOWICZ TRI               | M-39 |                          | 00:21:27        | <b>00:44:09</b> | 103      | 00:02:46 | 00:29:09 | 00:59:03 | 01:27:00 |      |      |
| 47 | <b>KĄŁEK</b> Artur          | <b>702</b> | TM IRON TEAM                  | M-49 | TM IronTeam              | 00:21:01        | <b>00:41:58</b> | 73       | 00:03:46 | 00:29:31 | 01:00:09 | 01:28:22 |      |      |
| 48 | <b>CIMACHOWSKI</b> Jakub    | <b>530</b> | CIMATECH                      | M-43 |                          | 00:17:20        | <b>00:35:10</b> | 16       | 00:04:01 | 00:32:19 | 01:04:59 | 01:35:07 |      |      |
| 49 | <b>WIŚNIEWSKI</b> Piotr     | <b>632</b> | TRIATHLON KONSULTING          | M-27 | Triathlon konsulting     | 00:19:02        | <b>00:39:00</b> | 42       | 00:03:59 | 00:31:28 | 01:02:25 | 01:32:00 |      |      |
| 50 | <b>EJSMONT</b> Krzysztof    | <b>727</b> |                               | M-46 |                          | 00:21:19        | <b>00:43:08</b> | 87       | 00:02:44 | 00:30:18 | 01:01:16 | 01:29:32 |      |      |
| 51 | <b>HARTLIŃSKI</b> Grzegorz  | <b>725</b> | NAJMOWICZ TRIATHLON           | M-39 |                          | 00:19:56        | <b>00:40:32</b> | 58       | 00:03:01 | 00:31:05 | 01:02:40 | 01:32:04 |      |      |
| 52 | <b>KIEPE</b> Nauris         | <b>599</b> |                               | M-47 |                          | 00:20:09        | <b>00:40:31</b> | 57       | 00:03:52 | 00:30:12 | 01:02:34 | 01:31:57 |      |      |
|    | <b>TRZASKA</b> Przemysław   | <b>600</b> | DREAM TRI TEAM                | M-38 | Drem Tri Team            | 00:19:05        | <b>00:39:32</b> | 47       | 00:02:43 | 00:30:02 | 01:02:25 | 01:34:10 |      |      |
| 54 | <b>PILARCZYK</b> Bartek     | <b>710</b> | AGAT TRI SUPERSONIC           | M-45 |                          | 00:19:36        | <b>00:39:45</b> | 49       | 00:03:36 | 00:31:16 | 01:03:14 | 01:33:13 |      |      |

| Nr | Imię i nazwisko              | Kod        | Klub                       | Kategoria | Klub                | Pływanie |                 |     | Bieg     | Rower    |          |          |
|----|------------------------------|------------|----------------------------|-----------|---------------------|----------|-----------------|-----|----------|----------|----------|----------|
|    |                              |            |                            |           |                     | 00:20:39 | 00:41:57        | 72  |          | 00:02:58 | 00:30:36 | 01:02:47 |
| 55 | <b>JANKOWSKI Tomasz</b>      | <b>690</b> | TRISPACE/TREK              | M-50      | TRISPACE/TREK       | 00:20:39 | <b>00:41:57</b> | 72  | 00:02:58 | 00:30:36 | 01:02:47 | 01:31:55 |
| 56 | <b>SZYDŁOWSKI Paweł</b>      | <b>633</b> | TRIWISE                    | M-43      |                     | 00:18:56 | <b>00:38:56</b> | 39  | 00:03:33 | 00:31:59 | 01:04:35 | 01:34:52 |
| 57 | <b>KROSNY Szymon</b>         | <b>671</b> | CROSS-SPORT                | M-32      | Cross-Sport         | 00:19:12 | <b>00:39:00</b> | 41  | 00:03:19 | 00:31:31 | 01:04:55 | 01:35:20 |
| 58 | <b>KOSIŁKO Tomasz</b>        | <b>581</b> | TRIGYM SZCZECIN            | M-43      | Trigym Szczecin     | 00:20:54 | <b>00:42:43</b> | 82  | 00:03:29 | 00:30:10 | 01:02:01 | 01:31:42 |
| 59 | <b>PAKUŁA Rafał</b>          | <b>640</b> |                            | M-38      |                     | 00:18:29 | <b>00:37:54</b> | 27  | 00:02:59 | 00:32:14 | 01:05:44 | 01:37:09 |
| 60 | <b>ODZIOBA Sebastian</b>     | <b>519</b> | THE RWCYCKING              | M-39      |                     | 00:19:41 | <b>00:40:56</b> | 63  | 00:03:08 | 00:31:21 | 01:04:25 | 01:34:20 |
| 61 | <b>LICA Grzegorz</b>         | <b>510</b> | TRISPACE TREK              | M-48      | TRISPACE/TREK       | 00:21:36 | <b>00:43:18</b> | 91  | 00:03:22 | 00:30:36 | 01:02:42 | 01:31:55 |
| 62 | <b>BUZE Łukasz</b>           | <b>652</b> |                            | M-38      |                     | 00:22:18 | <b>00:45:39</b> | 122 | 00:03:25 | 00:30:30 | 01:01:46 | 01:30:26 |
| 63 | <b>PESZT Marek</b>           | <b>713</b> |                            | M-42      |                     | 00:20:27 | <b>00:40:49</b> | 61  | 00:03:22 | 00:31:15 | 01:05:00 | 01:35:40 |
| 64 | <b>KONDRACKI Łukasz</b>      | <b>631</b> | TRI TEAM LUBAŃ             | M-40      |                     | 00:17:42 | <b>00:37:07</b> | 23  | 00:03:12 | 00:32:03 | 01:06:14 | 01:39:38 |
| 65 | <b>WALKOWIAK Bartosz</b>     | <b>567</b> |                            | M-41      |                     | 00:22:06 | <b>00:44:02</b> | 100 | 00:02:46 | 00:31:27 | 01:03:53 | 01:33:55 |
|    | <b>SOBCZAK Marcin</b>        | <b>521</b> |                            | M-48      |                     | 00:20:08 | <b>00:40:47</b> | 60  | 00:03:06 | 00:32:18 | 01:05:55 | 01:37:04 |
| 67 | <b>KAZIMIERCZYK Adam</b>     | <b>707</b> | PTT DELTA                  | M-43      | PTT DELTA           | 00:20:01 | <b>00:41:02</b> | 67  | 00:04:10 | 00:31:53 | 01:05:31 | 01:35:54 |
| 68 | <b>CHMIELEWSKI Rafał</b>     | <b>740</b> | TRIDIVISION TRIATHLON TEAM | M-49      |                     | 00:21:58 | <b>00:45:02</b> | 108 | 00:03:06 | 00:30:44 | 01:03:12 | 01:33:02 |
| 69 | <b>MAZUR Wojciech</b>        | <b>678</b> | UCIEKAM PRZED ADIM ,)      | M-38      |                     | 00:17:48 | <b>00:37:06</b> | 22  | 00:03:21 | 00:37:09 | 01:10:27 | 01:40:51 |
| 70 | <b>HANUS Wojciech</b>        | <b>597</b> |                            | M-34      |                     | 00:22:05 | <b>00:44:38</b> | 105 | 00:03:57 | 00:31:20 | 01:03:39 | 01:32:46 |
| 71 | <b>KONIECZNY Przemek</b>     | <b>609</b> | VELOCITY                   | M-37      |                     | 00:21:26 | <b>00:43:47</b> | 95  | 00:03:53 | 00:31:01 | 01:04:10 | 01:34:15 |
| 72 | <b>JOVANOVIĆ Marko</b>       | <b>515</b> | GO APTIV!                  | M-31      |                     | 00:19:05 | <b>00:38:25</b> | 31  | 00:04:38 | 00:33:40 | 01:08:00 | 01:38:59 |
| 73 | <b>ZAPAŁA Łukasz</b>         | <b>645</b> |                            | M-41      |                     | 00:20:35 | <b>00:41:58</b> | 74  | 00:06:19 | 00:31:49 | 01:04:09 | 01:33:46 |
| 74 | <b>GRALIK Jędrzej</b>        | <b>512</b> | BYDGOSKIE OKONIE           | M-31      | Bydgoskie Okonie    | 00:16:09 | <b>00:32:47</b> | 6   | 00:04:27 | 00:35:02 | 01:11:33 | 01:44:52 |
| 75 | <b>KUBASIK Tomasz</b>        | <b>682</b> |                            | M-40      |                     | 00:21:20 | <b>00:43:13</b> | 88  | 00:03:01 | 00:32:28 | 01:06:05 | 01:36:12 |
| 76 | <b>MENDRZYCKI Artur</b>      | <b>507</b> |                            | M-45      |                     | 00:22:11 | <b>00:43:53</b> | 98  | 00:04:23 | 00:31:53 | 01:04:55 | 01:34:30 |
| 77 | <b>ALEKSANDROWICZ Marcin</b> | <b>741</b> | CHMURA COACHING            | M-31      |                     | 00:22:21 | <b>00:45:39</b> | 121 | 00:03:24 | 00:31:29 | 01:04:33 | 01:33:46 |
| 78 | <b>BRUNOVSKÝ Simon</b>       | <b>687</b> | SLOVAK TRIATHLON ACADEMY   | M-30      |                     | 00:16:27 | <b>00:33:40</b> | 10  | 00:04:06 | 00:34:49 | 01:12:21 | 01:45:06 |
| 79 | <b>LESZCZYŃSKI Mariusz</b>   | <b>517</b> | K. S. TRI B. ER            | M-47      |                     | 00:21:32 | <b>00:43:33</b> | 94  | 00:02:51 | 00:31:50 | 01:05:39 | 01:36:36 |
| 80 | <b>ROSZUK Jakub</b>          | <b>716</b> | EWA BUGDOŁ TRIATHLON TEAM  | M-44      |                     | 00:18:45 | <b>00:38:59</b> | 40  | 00:04:04 | 00:33:03 | 01:08:24 | 01:40:04 |
| 81 | <b>GÓRNISIEWICZ Piotr</b>    | <b>709</b> | WM TRISELF                 | M-49      |                     | 00:22:26 | <b>00:45:04</b> | 109 | 00:03:40 | 00:31:47 | 01:04:58 | 01:34:26 |
| 82 | <b>DOMERACKI Damian</b>      | <b>504</b> | PERSONAL TRIATHLON         | M-43      |                     | 00:22:54 | <b>00:46:50</b> | 138 | 00:04:44 | 00:30:18 | 01:03:27 | 01:32:20 |
| 83 | <b>SZCZERBA Maciej</b>       | <b>508</b> |                            | M-51      |                     | 00:20:56 | <b>00:43:24</b> | 92  | 00:03:42 | 00:32:12 | 01:05:34 | 01:36:50 |
| 84 | <b>HUBCZAK Michał</b>        | <b>610</b> | ARTECH FORKLIFT            | M-20      |                     | 00:19:41 | <b>00:40:03</b> | 52  | 00:05:05 | 00:32:11 | 01:07:30 | 01:39:06 |
| 85 | <b>KRAUSE Szymon</b>         | <b>518</b> | SREBRNI TRI                | M-41      | Srebrni Tri         | 00:22:21 | <b>00:45:54</b> | 128 | 00:03:49 | 00:32:22 | 01:05:20 | 01:35:22 |
| 86 | <b>SAWICKI Michał</b>        | <b>642</b> | ADRIAN KOSTERA TEAM        | M-29      |                     | 00:20:57 | <b>00:41:26</b> | 70  | 00:04:01 | 00:33:22 | 01:08:09 | 01:39:53 |
| 87 | <b>OLEJNIK Wojciech</b>      | <b>553</b> | TRIGYM SZCZECIN            | M-27      | Trigym Szczecin     | 00:22:33 | <b>00:45:44</b> | 126 | 00:04:38 | 00:31:56 | 01:05:05 | 01:35:13 |
|    | <b>FOGT Maciej</b>           | <b>695</b> |                            | M-42      |                     | 00:24:10 | <b>00:49:54</b> | 166 | 00:03:47 | 00:29:43 | 01:02:02 | 01:32:17 |
| 89 | <b>MASŁOWSKI Marcin</b>      | <b>604</b> | HTF LUDWIK SIKORSKI        | M-44      | HTF Ludwik Sikorski | 00:19:38 | <b>00:40:56</b> | 62  | 00:03:44 | 00:34:18 | 01:09:10 | 01:41:35 |
| 90 | <b>ŁĄCKI Andrzej</b>         | <b>661</b> |                            | M-55      |                     | 00:20:05 | <b>00:40:25</b> | 56  | 00:05:16 | 00:34:05 | 01:08:57 | 01:40:35 |

|     |                                |            |                                  |      |                          | Pływanie |                 |     | Tri      | Rower    |          |          | TZ | Bieg | Czas |
|-----|--------------------------------|------------|----------------------------------|------|--------------------------|----------|-----------------|-----|----------|----------|----------|----------|----|------|------|
| 91  | <b>STYLA Kamil Aleksander</b>  | <b>750</b> | MILOTEAM                         | M-36 | Miloteam                 | 00:23:37 | <b>00:48:29</b> | 151 | 00:03:41 | 00:31:19 | 01:04:02 | 01:34:07 |    |      |      |
| 92  | <b>JACH Rafał</b>              | <b>594</b> | CROSS-SPORT                      | M-37 | Cross-Sport              | 00:23:18 | <b>00:46:48</b> | 137 | 00:05:08 | 00:31:56 | 01:04:32 | 01:34:28 |    |      |      |
| 93  | <b>KUCHARCZYK Kamil</b>        | <b>603</b> | TRI NOT TO DIE / EWA BUGDOŁ TEAM | M-36 |                          | 00:22:46 | <b>00:46:08</b> | 129 | 00:04:18 | 00:32:46 | 01:05:51 | 01:36:14 |    |      |      |
| 94  | <b>LASSAK Bartosz</b>          | <b>544</b> | AKADEMIA MISTRZÓW SPORTU         | M-47 | Akademia Mistrzów Sportu | 00:23:25 | <b>00:47:06</b> | 140 | 00:03:46 | 00:31:23 | 01:05:27 | 01:35:51 |    |      |      |
| 95  | <b>RADZIEJEWSKI Tomasz</b>     | <b>688</b> | TEAMOCHAL                        | M-42 | TEAMOCHAL                | 00:23:00 | <b>00:46:24</b> | 133 | 00:02:58 | 00:32:06 | 01:06:16 | 01:37:38 |    |      |      |
| 96  | <b>ULANOWSKI Grzegorz</b>      | <b>630</b> | STORMRIDER                       | M-49 |                          | 00:23:37 | <b>00:49:06</b> | 158 | 00:04:58 | 00:31:32 | 01:04:12 | 01:33:06 |    |      |      |
| 97  | <b>GNIOT Jacek</b>             | <b>538</b> | TRISPACE/TREK                    | M-52 | TRISPACE/TREK            | 00:25:35 | <b>00:53:15</b> | 190 | 00:02:58 | 00:30:16 | 01:01:27 | 01:30:58 |    |      |      |
| 98  | <b>AUGUSTYNIAK Piotr</b>       | <b>745</b> |                                  | M-47 |                          | 00:23:45 | <b>00:47:17</b> | 142 | 00:03:20 | 00:32:50 | 01:06:17 | 01:36:54 |    |      |      |
|     | <b>GRUDNIEWSKI Rafał</b>       | <b>536</b> | SREBRNI TRI                      | M-43 | Srebrni Tri              |          |                 |     |          |          |          |          |    |      |      |
| 100 | <b>MILERT Krzysztof</b>        | <b>714</b> |                                  | M-29 |                          | 00:22:47 | <b>00:47:04</b> | 139 | 00:05:28 | 00:30:44 | 01:04:11 | 01:35:34 |    |      |      |
| 101 | <b>BARSZCZEWSKI Sebastian</b>  | <b>667</b> |                                  | M-44 |                          | 00:24:25 | <b>00:48:33</b> | 153 | 00:03:20 | 00:31:29 | 01:06:28 | 01:36:16 |    |      |      |
| 102 | <b>GÓRNY Bartosz</b>           | <b>689</b> | TRISPACE/TREK                    | M-35 | TRISPACE/TREK            | 00:22:20 | <b>00:45:50</b> | 127 | 00:02:57 | 00:32:53 | 01:08:00 | 01:39:40 |    |      |      |
| 103 | <b>WIŚNIEWSKI Mikołaj</b>      | <b>720</b> | ROWEROWA BRZOZA                  | M-25 |                          | 00:22:01 | <b>00:45:14</b> | 112 | 00:04:06 | 00:32:56 | 01:07:40 | 01:39:49 |    |      |      |
|     | <b>CHŁOSTA Marek</b>           | <b>739</b> |                                  | M-48 |                          | 00:22:26 | <b>00:45:25</b> | 113 | 00:04:20 | 00:32:12 | 01:07:52 | 01:39:26 |    |      |      |
| 105 | <b>TRZASKOWSKI Tomasz</b>      | <b>509</b> |                                  | M-43 |                          | 00:24:17 | <b>00:48:52</b> | 155 | 00:04:06 | 00:31:28 | 01:05:04 | 01:36:33 |    |      |      |
| 106 | <b>BURSKI Paweł</b>            | <b>715</b> |                                  | M-54 |                          | 00:22:24 | <b>00:46:13</b> | 130 | 00:03:47 | 00:32:54 | 01:07:53 | 01:39:51 |    |      |      |
| 107 | <b>GALICKI Jakub</b>           | <b>532</b> | AKADEMIA MISTRZÓW SPORTU         | M-49 | Akademia Mistrzów Sportu | 00:21:43 | <b>00:44:08</b> | 101 | 00:04:01 | 00:33:01 | 01:08:37 | 01:41:47 |    |      |      |
| 108 | <b>CZERWIAKOWSKI Sebastian</b> | <b>529</b> |                                  | M-49 |                          | 00:22:38 | <b>00:46:36</b> | 136 | 00:05:15 | 00:32:51 | 01:07:11 | 01:38:43 |    |      |      |
| 109 | <b>GRUBA Marek</b>             | <b>694</b> | TRISPACE/TREK                    | M-35 | TRISPACE/TREK            | 00:21:14 | <b>00:43:26</b> | 93  | 00:03:25 | 00:34:22 | 01:10:33 | 01:43:55 |    |      |      |
| 110 | <b>TECZA Artur</b>             | <b>534</b> |                                  | M-46 |                          | 00:21:04 | <b>00:42:09</b> | 77  | 00:08:09 | 00:32:54 | 01:08:48 | 01:40:42 |    |      |      |
| 111 | <b>ŻULEWSKI Radosław</b>       | <b>547</b> |                                  | M-36 |                          | 00:23:16 | <b>00:47:42</b> | 144 | 00:04:35 | 00:33:12 | 01:07:00 | 01:38:52 |    |      |      |
| 112 | <b>NOWICKI Adam</b>            | <b>514</b> |                                  | M-50 |                          | 00:22:04 | <b>00:45:35</b> | 119 | 00:03:31 | 00:34:27 | 01:09:22 | 01:42:09 |    |      |      |
| 113 | <b>SĘK Marek</b>               | <b>706</b> | WM TRISELF                       | M-44 |                          | 00:20:28 | <b>00:42:07</b> | 76  | 00:03:32 | 00:34:10 | 01:11:09 | 01:45:41 |    |      |      |
| 114 | <b>WODNICKI Grzegorz</b>       | <b>629</b> |                                  | M-28 |                          | 00:22:02 | <b>00:45:34</b> | 118 | 00:04:23 | 00:33:33 | 01:08:52 | 01:41:39 |    |      |      |
| 115 | <b>WOLAK Paweł</b>             | <b>616</b> | ORKAMASTERS IŁAWA                | M-24 |                          | 00:21:23 | <b>00:42:51</b> | 84  | 00:04:31 | 00:34:38 | 01:11:04 | 01:44:24 |    |      |      |
| 116 | <b>GROCHOWSKI Piotr</b>        | <b>731</b> | TRIDEA                           | M-49 |                          | 00:22:53 | <b>00:48:11</b> | 149 | 00:03:34 | 00:32:42 | 01:07:56 | 01:40:43 |    |      |      |
| 117 | <b>PODLASIAK Ariel</b>         | <b>676</b> | IM INSPIRATION                   | M-32 |                          | 00:22:25 | <b>00:45:31</b> | 115 | 00:04:02 | 00:35:26 | 01:10:24 | 01:43:21 |    |      |      |
| 118 | <b>ANDRZEJEWSKI Jakub</b>      | <b>668</b> |                                  | M-31 |                          | 00:20:43 | <b>00:41:27</b> | 71  | 00:04:08 | 00:36:15 | 01:13:17 | 01:47:39 |    |      |      |
| 119 | <b>ŻEGLICZ Marek</b>           | <b>572</b> | SPÓJNIA BIAŁE BŁOTA              | M-28 |                          | 00:21:31 | <b>00:44:32</b> | 104 | 00:05:35 | 00:33:54 | 01:08:49 | 01:43:12 |    |      |      |
| 120 | <b>FABROWSKI Dawid</b>         | <b>513</b> | TRITAT TEAMOCHAL                 | M-42 | TEAMOCHAL TriTata        | 00:20:14 | <b>00:40:57</b> | 64  | 00:05:04 | 00:35:34 | 01:14:38 | 01:48:07 |    |      |      |
| 121 | <b>ZAKRZEWSKI Jarosław</b>     | <b>505</b> |                                  | M-50 |                          | 00:24:31 | <b>00:48:32</b> | 152 | 00:03:27 | 00:31:24 | 01:05:06 | 01:42:43 |    |      |      |

|     |                             |            |                                    |      | Pływanie |                 |     | T3       | Rower    |          |          | T2 | Bieg | T1 |
|-----|-----------------------------|------------|------------------------------------|------|----------|-----------------|-----|----------|----------|----------|----------|----|------|----|
| 122 | <b>ROMANOWSKI Kamil</b>     | <b>654</b> | KOSTERA TEAM                       | M-42 | 00:26:29 | <b>00:52:35</b> | 182 | 00:03:25 | 00:33:31 | 01:07:46 | 01:38:52 |    |      |    |
| 123 | <b>BARSUKOV Artem</b>       | <b>624</b> | UNLIMITED SPORT 2.0                | M-38 | 00:22:28 | <b>00:45:40</b> | 124 | 00:06:00 | 00:35:47 | 01:11:25 | 01:43:37 |    |      |    |
| 124 | <b>SOBAŃSKI Roman</b>       | <b>641</b> | TARNOWO PODGÓRNE BIEGA             | M-43 | 00:24:01 | <b>00:49:05</b> | 157 | 00:04:53 | 00:33:31 | 01:08:26 | 01:41:29 |    |      |    |
| 125 | <b>PRYK Rafał</b>           | <b>703</b> |                                    | M-48 | 00:24:28 | <b>00:51:09</b> | 172 | 00:04:05 | 00:33:22 | 01:08:37 | 01:40:42 |    |      |    |
| 126 | <b>MYŚKOW Leszek</b>        | <b>591</b> | TRI MISSION                        | M-47 | 00:22:55 | <b>00:47:30</b> | 143 | 00:04:09 | 00:34:03 | 01:11:06 | 01:44:22 |    |      |    |
| 127 | <b>SOCHA Kamil</b>          | <b>585</b> | 5 LUBUSKI PUŁK ARTYLRII            | M-34 | 00:24:01 | <b>00:49:34</b> | 162 | 00:03:50 | 00:35:54 | 01:11:54 | 01:43:03 |    |      |    |
| 128 | <b>MAZUREK Wojciech</b>     | <b>595</b> | CROSS-SPORT                        | M-30 | 00:23:07 | <b>00:47:15</b> | 141 | 00:04:56 | 00:34:48 | 01:11:09 | 01:44:34 |    |      |    |
| 129 | <b>KRYGIER Maciej</b>       | <b>708</b> |                                    | M-35 | 00:23:38 | <b>00:49:23</b> | 160 | 00:06:10 | 00:33:11 | 01:08:35 | 01:41:25 |    |      |    |
| 130 | <b>WŁODARCZAK Witold</b>    | <b>705</b> | TRISPACE/TREK                      | M-60 | 00:25:31 | <b>00:51:25</b> | 176 | 00:02:51 | 00:34:04 | 01:10:19 | 01:42:51 |    |      |    |
| 131 | <b>MAKOWSKI Sławomir</b>    | <b>502</b> | WTLENIE                            | M-54 | 00:26:06 | <b>00:54:02</b> | 193 | 00:04:01 | 00:33:33 | 01:08:03 | 01:39:05 |    |      |    |
| 132 | <b>KUPRACZ Andrzej</b>      | <b>664</b> | TRISPACE                           | M-52 | 00:26:37 | <b>00:56:55</b> | 202 | 00:04:32 | 00:31:50 | 01:05:35 | 01:35:47 |    |      |    |
|     | <b>HUBCZAK Wojciech</b>     | <b>602</b> | ARTECH FORKLIFT                    | M-51 | 00:26:40 | <b>00:54:37</b> | 196 | 00:04:39 | 00:32:14 | 01:06:06 | 01:38:01 |    |      |    |
| 134 | <b>MARCINIAK Przemysław</b> | <b>744</b> |                                    | M-41 | 00:24:01 | <b>00:48:01</b> | 147 | 00:03:28 | 00:34:33 | 01:11:43 | 01:45:50 |    |      |    |
|     | <b>KĄTNIK Jacek</b>         | <b>564</b> |                                    | M-53 | 00:30:36 | <b>01:03:22</b> | 217 | 00:03:42 | 00:30:26 | 01:02:01 | 01:30:34 |    |      |    |
| 136 | <b>LIPSKI Łukasz</b>        | <b>593</b> |                                    | M-41 | 00:24:11 | <b>00:48:45</b> | 154 | 00:06:15 | 00:34:40 | 01:10:00 | 01:42:41 |    |      |    |
| 137 | <b>KIEDROWSKI Jerzy</b>     | <b>669</b> | MIELCARKS TEAM                     | M-30 | 00:21:42 | <b>00:44:51</b> | 107 | 00:04:25 | 00:42:04 | 01:16:54 | 01:48:27 |    |      |    |
| 138 | <b>SUDOŁ Jacek</b>          | <b>570</b> | PARKRUN BYDGOSZCZ                  | M-45 | 00:22:35 | <b>00:46:28</b> | 134 | 00:03:49 | 00:35:58 | 01:13:09 | 01:48:03 |    |      |    |
| 139 | <b>WITKOWSKI Tomasz</b>     | <b>550</b> | VIVALAVIDA                         | M-39 | 00:26:13 | <b>00:52:49</b> | 186 | 00:03:44 | 00:33:39 | 01:09:56 | 01:42:14 |    |      |    |
| 140 | <b>NOSIADEK Michał</b>      | <b>605</b> | CROSS SPORT                        | M-38 | 00:24:25 | <b>00:50:00</b> | 168 | 00:04:53 | 00:35:00 | 01:11:53 | 01:44:26 |    |      |    |
| 141 | <b>CYREK Grzegorz</b>       | <b>657</b> | GLOBAL NATUREON BOCHNIA BIEGA TEAM | M-49 | 00:28:07 | <b>01:00:54</b> | 213 | 00:05:34 | 00:30:30 | 01:03:39 | 01:33:00 |    |      |    |
| 142 | <b>SAJDOK Kamil</b>         | <b>680</b> | SREBRNI TRI                        | M-36 | 00:22:55 | <b>00:46:20</b> | 132 | 00:03:46 | 00:35:56 | 01:14:13 | 01:49:34 |    |      |    |
| 143 | <b>TYSZKA Filip</b>         | <b>575</b> | KRISS COACHING                     | M-42 | 00:27:02 | <b>00:59:45</b> | 211 | 00:03:23 | 00:31:37 | 01:04:57 | 01:37:09 |    |      |    |
| 144 | <b>CZERNIAK Gracjan</b>     | <b>607</b> |                                    | M-43 | 00:24:21 | <b>00:49:35</b> | 163 | 00:04:51 | 00:35:08 | 01:12:30 | 01:46:36 |    |      |    |
| 145 | <b>WRZOCZOL Paweł</b>       | <b>552</b> | TRIGYM SZCZECIN                    | M-38 | 00:24:46 | <b>00:51:39</b> | 178 | 00:05:02 | 00:34:44 | 01:10:50 | 01:44:29 |    |      |    |
| 146 | <b>GRALIK Kacper</b>        | <b>531</b> | BYDGOSKIE OKONIE                   | M-27 | 00:21:56 | <b>00:45:37</b> | 120 | 00:04:56 | 00:35:34 | 01:14:28 | 01:50:57 |    |      |    |
| 147 | <b>WŁODARCZYK Wojciech</b>  | <b>561</b> | CZARNE STOPY                       | M-59 | 00:25:48 | <b>00:52:43</b> | 184 | 00:04:48 | 00:34:38 | 01:10:20 | 01:44:06 |    |      |    |
| 148 | <b>PACHYKOUSKI Pavel</b>    | <b>651</b> |                                    | M-38 | 00:23:30 | <b>00:48:09</b> | 148 | 00:03:50 | 00:35:22 | 01:14:15 | 01:49:40 |    |      |    |
| 149 | <b>WIŚNIEWSKI Arnold</b>    | <b>566</b> | KM PSP JRG9 ŁÓDŹ                   | M-49 | 00:24:21 | <b>00:49:00</b> | 156 | 00:05:53 | 00:34:25 | 01:12:34 | 01:46:47 |    |      |    |
| 150 | <b>JASINSKI Karol</b>       | <b>684</b> |                                    | M-30 | 00:25:02 | <b>00:51:35</b> | 177 | 00:06:11 | 00:34:54 | 01:12:00 | 01:44:28 |    |      |    |
| 151 | <b>BETLEJ Hubert</b>        | <b>543</b> |                                    | M-41 | 00:27:52 | <b>00:57:47</b> | 206 | 00:04:25 | 00:33:45 | 01:08:47 | 01:40:16 |    |      |    |
| 152 | <b>SZYMCZAK Jakub</b>       | <b>525</b> |                                    | M-35 | 00:22:13 | <b>00:45:43</b> | 125 | 00:04:50 | 00:36:16 | 01:15:39 | 01:52:10 |    |      |    |
| 153 | <b>KODZIS Piotr</b>         | <b>699</b> | OOO.OVOVO.OOO                      | M-49 | 00:25:08 | <b>00:50:28</b> | 169 | 00:06:20 | 00:34:57 | 01:12:02 | 01:46:14 |    |      |    |
| 154 | <b>ANTONOVITCH Vladimir</b> | <b>653</b> | TRI.BY                             | M-51 | 00:26:34 | <b>00:55:10</b> | 199 | 00:04:32 | 00:34:15 | 01:10:40 | 01:43:33 |    |      |    |
| 155 | <b>MROTEK Michał</b>        | <b>666</b> | AKADEMIA MISTRZÓW SPORTU           | M-44 | 00:23:15 | <b>00:46:17</b> | 131 | 00:03:58 | 00:35:41 | 01:15:25 | 01:53:03 |    |      |    |
| 156 | <b>MISZTELA Tomasz</b>      | <b>588</b> | PTT DELTA                          | M-57 | 00:27:06 | <b>00:54:35</b> | 195 | 00:04:16 | 00:35:20 | 01:12:23 | 01:44:29 |    |      |    |

|     |                              |            |                          |      |                          | Pływanie |                 |     | T1       | Rower    |          |          | T2 | Bieg | Case |
|-----|------------------------------|------------|--------------------------|------|--------------------------|----------|-----------------|-----|----------|----------|----------|----------|----|------|------|
| 157 | <b>WIŚNIEWSKI Rafał</b>      | <b>665</b> | RAFAŁ WISNIEWSKI         | M-40 | Akademia Mistrzów Sportu | 00:25:18 | <b>00:53:02</b> | 188 | 00:04:00 | 00:35:29 | 01:12:52 | 01:46:20 |    |      |      |
| 158 | <b>MACIEJEWSKI Szymon</b>    | <b>644</b> | MACIEJEWSCY              | M-45 |                          | 00:19:48 | <b>00:41:18</b> | 68  | 00:08:46 | 00:38:15 | 01:18:14 | 01:53:33 |    |      |      |
| 159 | <b>GRUBA Jacek</b>           | <b>608</b> | TRISPACE/TREK            | M-63 | TRISPACE/TREK            | 00:25:35 | <b>00:52:38</b> | 183 | 00:03:57 | 00:35:36 | 01:12:47 | 01:47:22 |    |      |      |
| 160 | <b>ROSZAK Bartosz</b>        | <b>748</b> | WRONIECKI KLUB BIEGACZA  | M-40 |                          | 00:24:19 | <b>00:49:44</b> | 164 | 00:04:15 | 00:36:08 | 01:15:22 | 01:50:05 |    |      |      |
| 161 | <b>RAŻNIEWSKI Łukasz</b>     | <b>546</b> | WMKS                     | M-47 |                          | 00:23:19 | <b>00:51:15</b> | 175 | 00:04:19 | 00:34:55 | 01:13:16 | 01:48:43 |    |      |      |
| 162 | <b>DOBEK Pawel</b>           | <b>722</b> | MILOTEAM                 | M-43 |                          | 00:26:31 | <b>00:54:50</b> | 198 | 00:04:01 | 00:34:24 | 01:12:04 | 01:45:38 |    |      |      |
| 163 | <b>NURKIEWICZ Jarosław</b>   | <b>537</b> | KUNG FU PANDY 3          | M-52 |                          | 00:25:13 | <b>00:51:52</b> | 180 | 00:02:59 | 00:35:43 | 01:14:05 | 01:50:16 |    |      |      |
| 164 | <b>SPLITT Wojciech</b>       | <b>558</b> | PŁOMIEŃ DRAŻNO           | M-44 |                          | 00:23:04 | <b>00:47:49</b> | 145 | 00:06:49 | 00:36:12 | 01:15:48 | 01:50:52 |    |      |      |
| 165 | <b>MIELCAREK Tomasz</b>      | <b>728</b> | MIELCARKS TEAM           | M-49 | Mielcarks Team           | 00:25:34 | <b>00:53:28</b> | 191 | 00:05:15 | 00:35:40 | 01:13:44 | 01:46:47 |    |      |      |
| 166 | <b>BEDYK Ireneusz</b>        | <b>523</b> | PTT DELTA                | M-66 | PTT DELTA                | 00:28:34 | <b>00:58:59</b> | 209 | 00:05:35 | 00:34:06 | 01:09:57 | 01:42:30 |    |      |      |
| 167 | <b>DAWID Łukasz</b>          | <b>701</b> |                          | M-37 |                          | 00:24:49 | <b>00:51:14</b> | 173 | 00:04:37 | 00:36:40 | 01:16:39 | 01:51:57 |    |      |      |
| 168 | <b>ANDRZEJAK Robert</b>      | <b>638</b> | VAMOS                    | M-47 |                          | 00:27:22 | <b>01:00:44</b> | 212 | 00:06:05 | 00:34:14 | 01:10:19 | 01:42:55 |    |      |      |
| 169 | <b>WIŚNIEWSKI Zbigniew</b>   | <b>719</b> | ROWEROWA BRZOZA          | M-57 | Active Age               | 00:25:08 | <b>00:51:48</b> | 179 | 00:05:51 | 00:36:12 | 01:15:46 | 01:53:25 |    |      |      |
| 170 | <b>BAYOK Ilya</b>            | <b>724</b> |                          | M-28 |                          | 00:28:30 | <b>00:58:50</b> | 208 | 00:05:30 | 00:34:19 | 01:13:29 | 01:47:35 |    |      |      |
| 171 | <b>RATAJCZAK Marek</b>       | <b>685</b> | TM IRON TEAM             | M-57 | TM IronTeam              | 00:30:50 | <b>01:01:49</b> | 215 | 00:07:25 | 00:33:41 | 01:09:06 | 01:43:04 |    |      |      |
| 172 | <b>MISZTELA Dariusz</b>      | <b>587</b> | PTT DELTA                | M-62 | PTT DELTA                | 00:27:02 | <b>00:55:47</b> | 201 | 00:05:41 | 00:36:31 | 01:15:58 | 01:50:56 |    |      |      |
| 173 | <b>GRABOWSKI Andrzej</b>     | <b>584</b> | PTT DELTA                | M-47 | PTT DELTA                | 00:26:07 | <b>00:52:25</b> | 181 | 00:04:40 | 00:38:24 | 01:21:03 | 01:56:04 |    |      |      |
| 174 | <b>ZUBEK Rafał</b>           | <b>673</b> | PTT DELTA                | M-56 | PTT DELTA                | 00:28:45 | <b>00:59:15</b> | 210 | 00:06:14 | 00:34:58 | 01:14:35 | 01:51:04 |    |      |      |
| 175 | <b>SZYMKUĆ Wojciech</b>      | <b>539</b> |                          | M-34 |                          | 00:25:30 | <b>00:52:47</b> | 185 | 00:05:15 | 00:38:25 | 01:22:16 | 01:59:55 |    |      |      |
| 176 | <b>SZULC Łukasz</b>          | <b>639</b> | IRONSZULIS               | M-40 |                          | 00:28:00 | <b>00:57:41</b> | 205 | 00:05:32 | 00:38:03 | 01:20:08 | 01:55:01 |    |      |      |
| 177 | <b>FIOSEK Paweł</b>          | <b>535</b> |                          | M-28 |                          | 00:19:01 | <b>00:43:14</b> | 90  | 00:05:10 | 00:40:36 | 01:27:43 | 02:10:58 |    |      |      |
| 178 | <b>WALCZAK Paweł</b>         | <b>503</b> | DRUŻYNA L&CH             | M-34 |                          | 00:33:40 | <b>01:05:27</b> | 220 | 00:05:32 | 00:36:20 | 01:14:46 | 01:48:33 |    |      |      |
| 179 | <b>KOCHANOWSKI Maciej</b>    | <b>580</b> |                          | M-31 |                          | 00:26:39 | <b>00:54:37</b> | 197 | 00:06:39 | 00:38:53 | 01:19:48 | 01:59:09 |    |      |      |
| 180 | <b>BUCZYŃSKI Tomasz</b>      | <b>625</b> |                          | M-39 |                          | 00:30:11 | <b>01:03:44</b> | 218 | 00:03:53 | 00:37:02 | 01:17:31 | 01:53:15 |    |      |      |
| 181 | <b>KUPCZYK Tomasz</b>        | <b>554</b> |                          | M-46 |                          | 00:26:21 | <b>00:52:53</b> | 187 | 00:06:10 | 00:39:02 | 01:22:47 | 02:02:58 |    |      |      |
| 182 | <b>WAWRZYNIAK Przemysław</b> | <b>672</b> |                          | M-30 |                          | 00:27:43 | <b>00:58:06</b> | 207 | 00:07:42 | 00:37:57 | 01:19:40 | 01:56:39 |    |      |      |
| 183 | <b>GAJEWSKI Przemek</b>      | <b>623</b> | SYBERIANHAMSTER          | M-45 |                          | 00:26:23 | <b>00:57:17</b> | 204 | 00:05:14 | 00:38:29 | 01:22:03 | 02:01:17 |    |      |      |
| 184 | <b>ROGUSZ Zbigniew</b>       | <b>635</b> |                          | M-39 |                          | 00:23:43 | <b>00:49:58</b> | 167 | 00:06:53 | 00:43:05 | 01:28:57 | 02:07:25 |    |      |      |
| 185 | <b>ANDRAU Anatoli</b>        | <b>650</b> | TRI.BY                   | M-46 | tri.by                   | 00:31:00 | <b>01:08:44</b> | 222 | 00:04:46 | 00:35:58 | 01:17:19 | 01:53:17 |    |      |      |
| 186 | <b>KLAPENDA Mariusz</b>      | <b>571</b> | MARIO TEAM               | M-49 |                          | 00:35:59 | <b>01:15:39</b> | 223 | 00:08:15 | 00:34:00 | 01:09:54 | 01:44:25 |    |      |      |
| 187 | <b>BUDZIAK Maksymilian</b>   | <b>693</b> |                          | M-21 |                          | 00:24:45 | <b>00:49:54</b> | 165 | 00:06:25 | 00:49:15 | 01:32:02 | 02:13:09 |    |      |      |
|     | <b>CIUPA Jarosław</b>        | <b>578</b> | AKADEMIA MISTRZÓW SPORTU | M-53 | Akademia Mistrzów Sportu | 00:24:26 | <b>00:51:14</b> | 174 | 00:03:02 | 00:32:52 | 01:07:29 |          |    |      |      |
|     | <b>ROSIAK Michał</b>         | <b>541</b> | BROWER LUTYNIA           | M-36 |                          | 00:26:42 | <b>00:53:58</b> | 192 | 00:05:52 | 00:37:01 |          |          |    |      |      |