

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2022-08-21  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

Klasyfikacja: 1 Fala

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Pływanie		T1		Rower		T2		Bieg			Czas netto	
							P_Borowno 0.75km	Poz			R_Lidl 20km	Poz			B_Announcer 4.59km	B_Announcer 5km	Poz	26.01km	Różn
1	ISKRA Paweł ,	148	7PRO TEAM	M30-39	1		00:10:54	2	00:02:05		00:30:03	4	00:00:26	00:19:17	00:19:34	7	01:03:02.73		
2	BEDNARCZYK Tomasz ,	41	BIKE U UP	M30-39	2		00:12:19	8	00:02:02		00:30:05	5	00:00:26	00:19:06	00:19:20	6	01:04:12.94	+00:01:10 (1.8%)	
3	RYMER Jakub ,	162	ERPLAST/BOGMAR	M30-39	3	BOGMAR / ERPLAST	00:12:09	5	00:02:00		00:30:21	6	00:00:31	00:19:23	00:19:55	10	01:04:56.90	+00:01:54 (2.9%)	
4	MŁYŃCZAK Jakub ,	152	GVT	M18-29	1		00:12:16	7	00:01:59		00:31:20	11	00:00:42	00:18:39	00:18:52	2	01:05:09.87	+00:02:07 (3.3%)	
5	ŁOPUSZYŃSKI Krzysztof ,	61	LANGE TRI COACH/H2OSHOP.PL	M30-39	4		00:14:20	23	00:02:11		00:29:41	1	00:00:14	00:19:25	00:19:42	8	01:06:08.50	+00:03:05 (4.7%)	
6	PTASZEK Tomasz ,	157	WANIEWSKI COACHING	M30-39	5		00:12:11	6	00:02:03		00:31:09	10	00:00:55	00:20:15	00:20:30	15	01:06:48.22	+00:03:45 (5.6%)	
7	BISKUPSKI Cezary ,	27	TRISPACE/TREK	M30-39	6		00:14:12	20	00:02:01		00:29:46	2	00:00:47	00:20:25	00:20:41	17	01:07:27.30	+00:04:24 (6.5%)	
8	NOWAK Paweł ,	156		M40-49	1		00:15:34	46	00:02:10		00:30:35	7	00:00:58	00:18:47	00:19:04	3	01:08:21.60	+00:05:18 (7.8%)	
9	ŚLIWIŃSKI Łukasz ,	170	ERPLAST/BOGMAR	M30-39	7	BOGMAR / ERPLAST	00:15:35	47	00:02:00		00:30:01	3	00:01:03	00:19:29	00:19:48	9	01:08:27.50	+00:05:24 (7.9%)	
10	FRUKACZ Kamil ,	63	SPORTLEVEL TCZEW	M18-29	2		00:11:47	4	00:02:17		00:32:40	22	00:01:07	00:20:29	00:20:42	18	01:08:33.94	+00:05:31 (8.1%)	
11	KOWALIKOWSKI Daniel ,	119	TM IRON TEAM	M30-39	8	TM IRON TEAM	00:13:34	16	00:02:07		00:30:57	8	00:00:49	00:20:50	00:21:10	23	01:08:37.60	+00:05:34 (8.1%)	
12	PLUTA Gniewomir ,	118	UKS TRS SUSZ	M40-49	2		00:12:59	13	00:02:21		00:31:51	15	00:00:45	00:20:54	00:21:12	25	01:09:08.40	+00:06:05 (8.8%)	
13	SUDZIŃSKI Hubert ,	42		M18-29	3	TRISPACE/TREK	00:15:31	44	00:02:04		00:31:37	12	00:01:00	00:18:53	00:19:10	4	01:09:22.00	+00:06:19 (9.1%)	
14	PEKRUL Wojciech ,	153	DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI	M18-29	4		00:12:46	12	00:02:16		00:32:22	21	00:01:02	00:20:53	00:21:04	20	01:09:30.97	+00:06:28 (9.3%)	
15	KARSKI Kacper ,	98		M18-29	5		00:11:32	3	00:02:34		00:33:34	39	00:00:47	00:21:00	00:21:12	24	01:09:39.65	+00:06:36 (9.5%)	
16	SZEWCUK Patryk ,	55	SPORT ZDROWIE KONDYCJA	M30-39	9		00:14:34	28	00:01:46		00:31:03	9	00:00:57	00:21:18	00:21:33	28	01:09:53.28	+00:06:50 (9.8%)	
17	ZIELINSKI Nicolas ,	91	ELENSPORT.PL SKLEPY SPORTOWE	M18-29	6	ElenSport.pl	00:14:00	19	00:01:55		00:32:58	25	00:00:48	00:20:15	00:20:29	14	01:10:10.21	+00:07:07 (10.2%)	
18	FÓRMANIAK Piotr ,	104	TM IRON TEAM	M40-49	3	TM IRON TEAM	00:13:13	14	00:02:08		00:32:05	17	00:01:13	00:21:25	00:21:41	30	01:10:20.10	+00:07:17 (10.4%)	
19	KOTŁOWSKI Bartosz ,	165	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	M30-39	10	BOGMAR / ERPLAST	00:15:43	51	00:02:00		00:34:29	49	00:01:02	00:17:08	00:17:24	1	01:10:38.25	+00:07:35 (10.7%)	

								Pływanie				Rower				Bieg			
20	LICZNIERSKI Marek ,	10	OWOCBIEGATEAM	M30-39	11	OwocBiegaTeam	00:13:43	17	00:02:35	00:32:14	19	00:01:03	00:20:53	00:21:08	21	01:10:43.52	+00:07:40 (10.9%)		
21	BARTKOWIAK Dawid ,	130		M40-49	4		00:14:33	27	00:02:01	00:31:48	14	00:00:47	00:21:37	00:21:52	33	01:11:01.82	+00:07:59 (11.2%)		
22	MAZUR Wojciech ,	158		M30-39	12		00:13:16	15	00:02:30	00:31:59	16	00:01:07	00:21:56	00:22:10	35	01:11:02.47	+00:07:59 (11.3%)		
23	WIĘCKOWSKI Dariusz ,	72	AKADEMIA MISTRZÓW SPORTU	M40-49	5	Akademia Mistrzów Sportu	00:12:41	11	00:02:19	00:33:05	28	00:00:56	00:22:28	00:22:42	47	01:11:43.88	+00:08:41 (12.1%)		
24	GACKA Rafal ,	116	LUPUS TEAM	M40-49	6	LUPUS TEAM	00:15:44	52	00:02:33	00:31:46	13	00:01:28	00:20:06	00:20:22	13	01:11:53.65	+00:08:50 (12.3%)		
25	DEPTUŁA Grzegorz ,	35	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M40-49	7		00:15:10	38	00:02:34	00:33:14	32	00:01:06	00:19:48	00:20:02	11	01:12:06.15	+00:09:03 (12.6%)		
26	PRADZYŃSKI Marcin ,	89	AKADEMIAMISTRZOWSPORTU	M40-49	8	Akademia Mistrzów Sportu	00:14:40	30	00:02:28	00:33:21	34	00:00:52	00:21:01	00:21:19	26	01:12:40.05	+00:09:37 (13.2%)		
27	GOŁATA Wojciech ,	163	AKADEMIA MISTRZÓW SPORTU / BOGMAR	M40-49	9	Akademia Mistrzów Sportu/ Bogmar	00:15:07	37	00:01:57	00:33:54	41	00:01:09	00:20:17	00:20:39	16	01:12:46.85	+00:09:44 (13.4%)		
28	MAAS Oliver ,	159	SOPREMA TEAM TSV MANNHEIM	M18-29	7		00:12:36	10	00:02:25	00:37:48	101	00:00:45	00:19:05	00:19:17	5	01:12:51.78	+00:09:49 (13.5%)		
29	DROBINSKI Daniel ,	33		M30-39	13		00:15:40	50	00:03:06	00:32:53	24	00:01:09	00:20:07	00:20:22	12	01:13:10.25	+00:10:07 (13.8%)		
30	BINKOWSKI Adrian ,	135	CTS/CB163	M40-49	10		00:15:39	49	00:01:56	00:32:13	18	00:01:10	00:22:20	00:22:34	43	01:13:32.89	+00:10:30 (14.3%)		
31	BRZEZINSKI Łukasz ,	173	ASSECO ACTIVE TEAM	M30-39	14	Asseco Active Team	00:14:47	32	00:02:37	00:33:28	35	00:01:00	00:21:36	00:21:49	32	01:13:41.43	+00:10:38 (14.4%)		
32	NOWICKI Bartosz ,	106	AQUA+	M30-39	15		00:14:44	31	00:02:32	00:32:53	23	00:00:56	00:22:27	00:22:45	49	01:13:50.64	+00:10:47 (14.6%)		
33	WARGACKI Piotr ,	124	TM IRON TEAM	M40-49	11	TM IRON TEAM	00:14:47	33	00:02:23	00:32:21	20	00:01:09	00:22:53	00:23:15	59	01:13:55.60	+00:10:52 (14.7%)		
34	ŻMICH-FÓRMANIAK Joanna ,	107	TM IRON TEAM	K40-49	1	TM IRON TEAM	00:14:28	25	00:02:46	00:33:00	26	00:01:01	00:22:29	00:22:43	48	01:13:58.00	+00:10:55 (14.8%)		
35	DULIŃSKI Bartosz ,	140	TRISPACE/TREK	M18-29	8	TRISPACE/TREK	00:15:20	42	00:02:13	00:33:41	40	00:01:56	00:20:49	00:21:10	22	01:14:20.30	+00:11:17 (15.2%)		
36	NOWAK Martyna ,	121	3 GRAVITY	K18-29	1		00:12:30	9	00:02:43	00:35:23	59	00:00:56	00:22:36	00:22:49	51	01:14:21.42	+00:11:18 (15.2%)		
37	NOWAK Ania ,	155		K30-39	1		00:17:13	74	00:02:09	00:33:06	29	00:01:08	00:21:24	00:21:38	29	01:15:14.46	+00:12:11 (16.2%)		
38	AUGUSTYNIAK Grzegorz ,	132	PTTDELTA	M50-59	1		00:14:29	26	00:03:07	00:33:55	42	00:01:30	00:22:20	00:22:35	44	01:15:36.60	+00:12:33 (16.6%)		
39	SKORECKI Aleksander ,	168	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	M30-39	16	Bydgoszcz Triathlon Team / Wtlenie	00:14:34	29	00:02:41	00:35:22	58	00:01:01	00:21:59	00:22:25	40	01:16:03.83	+00:13:01 (17.1%)		
40	GÓRNY Bartosz ,	133	TRISPACE/TREK	M30-39	17		00:15:26	43	00:02:43	00:33:59	43	00:01:48	00:22:02	00:22:15	38	01:16:11.82	+00:13:09 (17.3%)		
41	SOBCZAK Marcin ,	174	ASSECO ACTIVE TEAM	M30-39	18		00:15:11	39	00:02:08	00:34:04	44	00:01:05	00:23:49	00:24:06	74	01:16:34.80	+00:13:32 (17.7%)		
42	GIERES Waldemar ,	5	PTT DELTA	M50-59	2	PTT DELTA	00:17:31	85	00:02:07	00:33:02	27	00:00:59	00:22:48	00:23:04	56	01:16:43.76	+00:13:41 (17.8%)		
43	CHODKIEWICZ Tomasz ,	31	GARDENFLORA MTB TEAM	M40-49	12		00:17:26	80	00:03:27	00:33:10	30	00:01:19	00:21:19	00:21:31	27	01:16:53.41	+00:13:50 (18.0%)		
44	LEWANDOWSKI Oskar ,	29		M18-29	9		00:15:53	54	00:02:24	00:35:09	53	00:01:30	00:22:25	00:22:40	46	01:17:36.39	+00:14:33 (18.8%)		
45	DUDKOWIAK Michał ,	178	DUDKOWIAK ADWOKACI	M30-39	19		00:14:14	21	00:02:31	00:35:07	52	00:00:42	00:25:06	00:25:19	96	01:17:53.01	+00:14:50 (19.1%)		
46	GILL Daniel ,	167	LKS OSTROMECKO	M40-49	13		00:16:47	67	00:03:00	00:33:31	38	00:01:26	00:22:59	00:23:13	58	01:17:57.08	+00:14:54 (19.1%)		

Rank	Name	Age	Team	Category	Sex	Club	Pływanie			Rower			Bieg			Total Time	%
							Time	Rank	Score	Time	Rank	Score	Time	Rank	Score		
47	ZIELIŃSKI Maciej ,	88	ELENSPORT.PL	M30-39	20	ElenSport.pl	00:17:23	78	00:02:58	00:33:30	37	00:01:12	00:22:44	00:22:55	53	01:17:58.81	+00:14:56 (19.2%)
48	DAWIDOWSKI Marek ,	144	POMIMO TEAM / KARTUZY	M30-39	21		00:16:10	58	00:02:16	00:36:09	75	00:01:15	00:22:01	00:22:12	36	01:18:02.72	+00:14:59 (19.2%)
49	KARCZEWSKI Filip ,	20		M30-39	22		00:18:14	106	00:02:54	00:33:13	31	00:00:52	00:23:10	00:23:26	62	01:18:39.43	+00:15:36 (19.8%)
50	BOHDANOWICZ Patrycja ,	141		K30-39	2		00:15:17	41	00:02:28	00:35:26	61	00:01:10	00:24:24	00:24:42	84	01:19:03.74	+00:16:01 (20.3%)
51	KNYPIŃSKI Wojciech ,	45		M30-39	23		00:16:41	65	00:03:11	00:35:40	66	00:01:47	00:21:41	00:21:54	34	01:19:13.81	+00:16:11 (20.4%)
52	BUDZIK Ireneusz ,	129	PETNER TEAM	M50-59	3		00:18:31	113	00:02:53	00:33:20	33	00:01:14	00:23:03	00:23:20	61	01:19:18.15	+00:16:15 (20.5%)
53	WARCZAK Katarzyna ,	67	FCNB/TEAMOCHAL	K40-49	2	TEAMOCHAL	00:15:49	53	00:02:40	00:36:07	74	00:00:52	00:23:48	00:24:05	73	01:19:33.48	+00:16:30 (20.8%)
54	OZOROWSKI Lukasz ,	120		M40-49	14		00:16:53	69	00:03:54	00:35:14	55	00:01:21	00:22:06	00:22:22	39	01:19:44.80	+00:16:42 (20.9%)
55	ZALEWSKI Marcin ,	100		M30-39	24		00:16:15	61	00:02:41	00:35:37	65	00:01:06	00:23:53	00:24:08	75	01:19:47.43	+00:16:44 (21.0%)
56	WASILEWSKA Martyna ,	93	AMS BYDGOSZCZ	K30-39	3	Akademia Mistrzów Sportu	00:16:07	55	00:02:46	00:37:22	95	00:01:03	00:22:25	00:22:38	45	01:19:56.29	+00:16:53 (21.1%)
57	HIGSON Aleksandra ,	94	DURHAM UNIVERSITY	K18-29	2		00:14:25	24	00:02:51	00:38:42	112	00:00:28	00:23:36	00:23:49	66	01:20:15.47	+00:17:12 (21.4%)
58	PUZIAK Marcin ,	76		M40-49	15		00:15:04	35	00:02:50	00:37:18	94	00:01:05	00:23:46	00:24:04	72	01:20:21.11	+00:17:18 (21.5%)
59	GEDRYS Roman ,	145		M50-59	4		00:17:57	100	00:03:18	00:34:19	46	00:01:02	00:23:38	00:23:51	68	01:20:27.28	+00:17:24 (21.6%)
60	CIUPA Jarosław ,	80	AKADEMIA MISTRZÓW SPORTU	M50-59	5		00:18:01	102	00:03:24	00:33:29	36	00:02:00	00:23:37	00:23:51	67	01:20:45.24	+00:17:42 (21.9%)
61	LICHOCKA Patrycja ,	154	BS TRI	K18-29	3		00:17:33	86	00:02:33	00:37:15	91	00:01:07	00:22:02	00:22:25	41	01:20:53.35	+00:17:50 (22.1%)
62	PALETA Elżbieta ,	2	TM IRON TEAM	K18-29	4	TM IRON TEAM	00:16:10	57	00:03:03	00:38:50	114	00:01:24	00:21:33	00:21:48	31	01:21:15.93	+00:18:13 (22.4%)
63	LICZNIERSKA Alina ,	150	OWOCBIEGA TEAM	K40-49	3		00:19:24	119	00:02:06	00:36:44	82	00:00:53	00:22:00	00:22:15	37	01:21:22.31	+00:18:19 (22.5%)
64	RUCIŃSKI Rafał ,	8	SELEKCJA NATURALNA	M30-39	25	Selekcja Naturalna	00:18:28	112	00:02:24	00:34:56	51	00:01:33	00:23:59	00:24:14	77	01:21:35.27	+00:18:32 (22.7%)
65	PACZKOWSKI Mirosław ,	32		M50-59	6		00:17:13	75	00:04:00	00:36:05	73	00:01:46	00:22:19	00:22:33	42	01:21:37.24	+00:18:34 (22.8%)
66	KLONOWSKI Mariusz ,	179	PRIMIGENIUS	M40-49	16		00:18:18	108	00:02:57	00:35:23	60	00:01:26	00:23:30	00:23:46	65	01:21:50.50	+00:18:47 (23.0%)
67	MALINOWSKI Artur ,	115		M50-59	7		00:17:40	88	00:03:34	00:35:11	54	00:01:27	00:23:49	00:24:02	71	01:21:54.91	+00:18:52 (23.0%)
68	CABAJ Martyna ,	11	IM INSPIRATION	K18-29	5		00:14:19	22	00:02:42	00:35:28	62	00:01:29	00:27:46	00:27:59	125	01:21:57.64	+00:18:54 (23.1%)
69	WASILEWSKA Agata ,	92	AKADEMIA MISTRZÓW SPORTU	K40-49	4	Akademia Mistrzów Sportu	00:17:01	72	00:02:51	00:36:28	78	00:01:09	00:24:19	00:24:34	81	01:22:03.69	+00:19:00 (23.2%)
70	GÓRNY Bartłomiej ,	13		M40-49	17		00:18:07	103	00:02:27	00:35:29	63	00:01:19	00:24:29	00:24:42	83	01:22:04.95	+00:19:02 (23.2%)
71	NOWOTNIK Mariusz ,	169		M40-49	18		00:17:51	93	00:02:46	00:36:01	71	00:01:09	00:24:04	00:24:20	78	01:22:07.57	+00:19:04 (23.2%)
72	MALINOWSKA Ewelina ,	86		K40-49	5		00:15:36	48	00:02:18	00:37:50	102	00:01:23	00:24:57	00:25:13	94	01:22:20.66	+00:19:17 (23.4%)
73	STRYCYŃSKI Marek	71		M30-39	26		00:17:18	76	00:03:16	00:35:41	67	00:01:44	00:24:13	00:24:29	80	01:22:28.66	+00:19:25 (23.6%)
74	ŻYCHLIŃSKI Miłosz ,	17	HTF LUDWIK SIKORSKI	M40-49	19		00:20:41	132	00:02:52	00:34:17	45	00:01:50	00:22:39	00:22:55	52	01:22:35.58	+00:19:32 (23.7%)

						Pływanie		Rower		Bieg							
Rank	Name	Age	Team	Category	Sex	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points		
75	TROŚCIANIEC Tomasz ,	139	GRAJAN TEAM OŁAWA	M30-39	27	00:16:15	60	00:03:12	00:36:10	76	00:01:56	00:24:53	00:25:10	93	01:22:43.18	+00:19:40 (23.8%)	
76	GALICKI Jakub ,	171	AKADEMIA MISTRZÓW SPORTU	M40-49	20	00:17:07	73	00:03:03	00:37:16	93	00:01:26	00:23:47	00:24:02	70	01:22:54.66	+00:19:51 (24.0%)	
77	KUŹMA Wojciech ,	28		M50-59	8	00:17:51	92	00:02:46	00:35:20	56	00:01:11	00:25:33	00:25:48	104	01:22:56.05	+00:19:53 (24.0%)	
78	SOŁDYGA Paweł ,	96	SKOWRONEKBIEGA	M40-49	21	00:20:03	127	00:02:50	00:35:54	68	00:01:40	00:22:43	00:22:58	54	01:23:25.82	+00:20:23 (24.4%)	
79	BRYLL Łukasz ,	77	BKK TRI TEAM	M30-39	28	00:17:00	71	00:03:15	00:36:58	86	00:01:26	00:24:33	00:24:47	88	01:23:26.42	+00:20:23 (24.4%)	
80	GABRYCH Maciej ,	34	CZARNE STOPY	M40-49	22	00:17:54	96	00:03:05	00:37:02	88	00:01:06	00:24:08	00:24:21	79	01:23:28.28	+00:20:25 (24.5%)	
81	FABROWSKI Dawid ,	125		M40-49	23	CTS	00:15:07	36	00:03:20	00:36:55	84	00:01:36	00:26:16	00:26:32	109	01:23:30.11	+00:20:27 (24.5%)
82	PEZACKI Szymon ,	57	NIEMCZ BIKE ACADEMY	M18-29	10	00:15:12	40	00:03:47	00:36:38	80	00:02:16	00:25:30	00:25:44	103	01:23:37.17	+00:20:34 (24.6%)	
83	ZAMOYSKI Piotr ,	56		M30-39	29	00:17:26	79	00:02:43	00:37:09	89	00:01:20	00:24:45	00:25:01	92	01:23:39.42	+00:20:36 (24.6%)	
84	TOMASZ Mariusz ,	23	GRAJAN OŁAWA	M40-49	24	00:21:36	140	00:03:11	00:34:22	47	00:01:47	00:22:32	00:22:47	50	01:23:43.27	+00:20:40 (24.7%)	
85	WOŹNIAK Radek ,	143		M30-39	30	00:19:24	120	00:02:33	00:34:27	48	00:01:08	00:26:18	00:26:35	111	01:24:07.16	+00:21:04 (25.1%)	
86	BOROWSKI Radosław ,	40	MLKS KRAJNA SĘPÓLNO	M30-39	31	00:18:19	109	00:02:58	00:36:21	77	00:01:11	00:25:04	00:25:21	97	01:24:10.42	+00:21:07 (25.1%)	
87	CZACHOWSKI Jacek ,	176	KS OPŁAWIEC	M30-39	32	00:18:21	110	00:02:57	00:37:32	97	00:00:43	00:24:23	00:24:39	82	01:24:12.15	+00:21:09 (25.1%)	
88	DOROTA Dulińska ,	82	TRISPACE/TREK	K40-49	6	00:17:52	94	00:02:50	00:35:36	64	00:01:05	00:26:40	00:26:56	115	01:24:19.37	+00:21:16 (25.2%)	
89	REPKA Marek ,	66	LUPUS TEAM	M40-49	25	00:21:20	138	00:02:28	00:34:35	50	00:01:23	00:24:35	00:24:48	89	01:24:34.51	+00:21:31 (25.5%)	
90	SKÓRCZEWSKI Marcin ,	25		M18-29	11	00:16:31	63	00:03:13	00:36:03	72	00:01:43	00:27:04	00:27:20	117	01:24:50.92	+00:21:48 (25.7%)	
91	FIGLER Iwona ,	151	TRISPACE/TREK	K50-59	1	00:21:03	137	00:02:39	00:35:58	69	00:01:16	00:23:43	00:23:58	69	01:24:54.00	+00:21:51 (25.7%)	
92	KOLASSA Robert ,	95		M30-39	33	00:18:27	111	00:03:29	00:39:24	119	00:00:29	00:23:06	00:23:17	60	01:25:06.92	+00:22:04 (25.9%)	
93	STAŃCZYK Kamil ,	79	83 BLP	M30-39	34	00:19:02	117	00:04:23	00:38:41	111	00:02:07	00:20:41	00:20:54	19	01:25:07.68	+00:22:04 (25.9%)	
94	BOIŃSKI Bartosz ,	60		M30-39	35	00:17:30	84	00:03:14	00:37:35	98	00:02:13	00:24:31	00:24:50	91	01:25:22.42	+00:22:19 (26.2%)	
95	SOBCZYŃSKI Michał ,	99		M30-39	36	00:16:12	59	00:03:01	00:37:56	104	00:01:39	00:26:25	00:26:44	113	01:25:32.22	+00:22:29 (26.3%)	
96	PRZYBYŁA Agnieszka ,	83		K40-49	7	00:16:38	64	00:03:23	00:39:45	124	00:00:30	00:25:12	00:25:28	98	01:25:44.26	+00:22:41 (26.5%)	
97	PIETRZAK Agata ,	142		K30-39	4	00:14:57	34	00:02:57	00:38:56	115	00:01:28	00:27:13	00:27:27	119	01:25:45.78	+00:22:43 (26.5%)	
98	RUTKOWSKI Tomasz ,	110	OLIMPIA SPORT	M30-39	37	00:19:54	125	00:03:42	00:37:15	90	00:01:56	00:23:20	00:23:38	63	01:26:25.39	+00:23:22 (27.1%)	
99	TOMASZEWSKI Marcin ,	147		M40-49	26	00:20:57	136	00:03:22	00:37:39	99	00:01:22	00:22:52	00:23:09	57	01:26:29.08	+00:23:26 (27.1%)	
100	LICA Grzegorz ,	103		M40-49	27	00:17:54	97	00:03:55	00:35:21	57	00:01:58	00:27:30	00:27:42	123	01:26:50.75	+00:23:48 (27.4%)	
101	MOJSIEWICZ Natalia ,	87		K18-29	6	00:17:29	83	00:02:56	00:36:41	81	00:01:25	00:28:27	00:28:40	129	01:27:11.68	+00:24:08 (27.7%)	
102	ŻEGLICZ Marek ,	84	SPÓJNIA BIAŁE BŁOTA	M18-29	12	00:18:38	114	00:04:56	00:37:15	92	00:01:43	00:24:26	00:24:46	86	01:27:18.15	+00:24:15 (27.8%)	

					Pływanie			Rower		Bieg						
103	GARBIEC Mirosław ,	16	M60-69	1	00:20:46	134	00:03:37	00:35:59	70	00:02:11	00:24:29	00:24:47	87	01:27:20.62	+00:24:17 (27.8%)	
104	URBAŃSKI Dawid ,	97	M40-49	28	00:17:50	91	00:03:35	00:38:12	106	00:01:46	00:25:50	00:26:04	106	01:27:27.75	+00:24:25 (27.9%)	
105	PAPIEROWSKI Piotr ,	50	ATOS	M30-39	38	00:18:12	105	00:04:13	00:36:53	83	00:01:25	00:26:17	00:26:46	114	01:27:29.94	+00:24:27 (27.9%)
106	CHMURA Maciej ,	14	TRIATHLON KONSULTING	M40-49	29	00:17:52	95	00:04:40	00:36:58	85	00:01:43	00:26:17	00:26:33	110	01:27:46.12	+00:24:43 (28.2%)
107	MODZELEWSKA Maria ,	108	TM IRON TEAM	K30-39	5	00:20:10	128	00:02:46	00:39:03	117	00:00:27	00:25:12	00:25:31	99	01:27:57.28	+00:24:54 (28.3%)
108	ZEWALLOS Robert ,	58	M18-29	13	00:17:36	87	00:03:15	00:39:44	123	00:00:59	00:26:13	00:26:25	108	01:27:59.68	+00:24:56 (28.4%)	
109	LUDWINIAK Bogdan ,	65	M50-59	9	00:17:55	98	00:02:50	00:36:32	79	00:01:35	00:29:08	00:29:25	134	01:28:17.63	+00:25:14 (28.6%)	
110	TOMASZEWSKI Mateusz ,	134	GRAJAN OŁAWA	M30-39	39	00:17:49	90	00:03:17	00:43:11	137	00:01:04	00:22:40	00:23:00	55	01:28:21.00	+00:25:18 (28.6%)
111	MONTOWSKI Jakub	49	M40-49	30	00:18:07	104	00:03:45	00:37:57	105	00:01:10	00:27:05	00:27:22	118	01:28:21.31	+00:25:18 (28.6%)	
112	FRĄCKOWSKI Łukasz ,	4	THE TRI DOCTOR	M30-39	40	00:13:59	18	00:03:27	00:37:24	96	00:01:44	00:31:49	00:32:07	144	01:28:41.28	+00:25:38 (28.9%)
113	RIINA Edoardo ,	39	M40-49	31	00:16:10	56	00:04:35	00:39:41	121	00:01:31	00:26:44	00:26:59	116	01:28:56.96	+00:25:54 (29.1%)	
114	GOŁATA Agnieszka ,	164	AKADEMIA MISTRZÓW SPORTU / BOGMAR	K40-49	8	00:18:17	107	00:02:58	00:38:28	109	00:01:29	00:27:30	00:27:48	124	01:29:00.00	+00:25:57 (29.2%)
115	LISEWSKI Piotr ,	43	M50-59	10	00:19:52	124	00:03:15	00:38:48	113	00:01:47	00:25:05	00:25:19	95	01:29:01.80	+00:25:59 (29.2%)	
116	WŁUDARSKI Marcin ,	128	M30-39	41	00:03:51	1	00:17:26	00:41:15	130	00:00:43	00:26:00	00:26:16	107	01:29:31.38	+00:26:28 (29.6%)	
117	ŁATKA Marcin ,	12	M40-49	32	00:16:50	68	00:03:00	00:40:52	129	00:01:28	00:27:25	00:27:41	121	01:29:51.00	+00:26:48 (29.8%)	
118	BOHDANOWICZ Jarosław ,	149	OLIMPIASPORT.PL	M60-69	2	00:16:57	70	00:03:30	00:38:18	108	00:01:39	00:29:13	00:29:32	135	01:29:56.91	+00:26:54 (29.9%)
119	KLIMEK Przemysław ,	59	TOYOTA JAWORSKI AUTO	M18-29	14	00:17:23	77	00:02:59	00:39:35	120	00:01:03	00:29:32	00:29:45	136	01:30:45.45	+00:27:42 (30.5%)
120	STĘPSKA Małgosia ,	18	B3T	K50-59	2	00:20:25	130	00:03:12	00:38:14	107	00:00:59	00:27:40	00:28:03	126	01:30:53.25	+00:27:50 (30.6%)
121	OSIŃSKI Adam ,	46	CHŁOPAKI TO MY	M50-59	11	00:21:33	139	00:05:00	00:37:50	103	00:01:56	00:24:30	00:24:44	85	01:31:03.49	+00:28:00 (30.8%)
122	GUMIŃSKI Szymon ,	160	M30-39	42	00:16:46	66	00:04:13	00:42:46	135	00:02:40	00:24:36	00:24:49	90	01:31:14.92	+00:28:12 (30.9%)	
123	BŁAŻEJEWSKA Agnieszka ,	175	TM IRON TEAM	K30-39	6	00:20:45	133	00:03:22	00:40:17	125	00:00:35	00:26:15	00:26:37	112	01:31:36.05	+00:28:33 (31.2%)
124	SADKIEWICZ Jacek ,	172	RACING TEAM	M50-59	12	00:17:56	99	00:03:40	00:36:59	87	00:01:39	00:31:14	00:31:32	142	01:31:46.51	+00:28:43 (31.3%)
125	MISZTELA Dariusz ,	73	PTT DELTA	M60-69	3	00:19:27	121	00:03:25	00:39:18	118	00:02:01	00:27:25	00:27:41	122	01:31:52.45	+00:28:49 (31.4%)
126	SURWIŁO-RUTKOWSKA Justyna ,	109	OLIMPIA SPORT	K30-39	7	00:17:42	89	00:04:14	00:40:48	128	00:01:10	00:28:08	00:28:24	128	01:32:18.64	+00:29:15 (31.7%)
127	DWOJACZNA-CHRAPKOWSKA Anna ,	9	IRON HOUSE TRIATHLON WŁOĆŁAWEK	K30-39	8	00:20:01	126	00:04:32	00:40:40	127	00:01:59	00:25:26	00:25:41	102	01:32:53.58	+00:29:50 (32.1%)
128	KOWALSKI Marek ,	85	REKINY OSIELSKO	M50-59	13	00:17:27	81	00:06:41	00:39:42	122	00:02:23	00:27:12	00:27:29	120	01:33:42.82	+00:30:40 (32.7%)
129	ZGÓRSKI Maciej ,	7	M40-49	33	00:20:25	131	00:04:44	00:38:28	110	00:01:37	00:28:50	00:29:07	133	01:34:21.05	+00:31:18 (33.2%)	





Znaleziono 157 wynik(ów)