



# METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2022-08-21  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 1 Fala

Punkt pomiarowy: 21,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie		Bieg	Czas	
						P_Borowno 0.75km	Poz			R_Lidl 20km
1	ISKRA Paweł ,	148	7PRO TEAM	M30-39		00:10:54	2	00:02:05	00:30:03	4
2	BEDNARCZYK Tomasz ,	41	BIKE U UP	M30-39		00:12:19	8	00:02:02	00:30:05	5
3	RYMER Jakub ,	162	ERPLAST/BOGMAR	M30-39	BOGMAR / ERPLAST	00:12:09	5	00:02:00	00:30:21	6
4	PTASZEK Tomasz ,	157	WANIEWSKI COACHING	M30-39		00:12:11	6	00:02:03	00:31:09	10
5	MŁYŃCZAK Jakub ,	152	GVT	M18-29		00:12:16	7	00:01:59	00:31:20	11
6	BISKUPSKI Cezary ,	27	TRISPACE/TREK	M30-39		00:14:12	20	00:02:01	00:29:46	2
7	ŁOPUSZYŃSKI Krzysztof ,	61	LANGE TRI COACH/H2OSHOP.PL	M30-39		00:14:20	23	00:02:11	00:29:41	1
8	KOWALIKOWSKI Daniel ,	119	TM IRON TEAM	M30-39	TM IRON TEAM	00:13:34	16	00:02:07	00:30:57	8
9	FRUKACZ Kamil ,	63	SPORTLEVEL TCZEW	M18-29		00:11:47	4	00:02:17	00:32:40	22
10	PLUTA Gniewomir ,	118	UKS TRS SUSZ	M40-49		00:12:59	13	00:02:21	00:31:51	15
11	SZEWCZUK Patryk ,	55	SPORT ZDROWIE KONDYCJA	M30-39		00:14:34	28	00:01:46	00:31:03	9
12	PEKRUL Wojciech ,	153	DAWAJ KALACH TEAM / MIĘDZY TRENINGAMI	M18-29		00:12:46	12	00:02:16	00:32:22	21
13	FÓRMANIAK Piotr ,	104	TM IRON TEAM	M40-49	TM IRON TEAM	00:13:13	14	00:02:08	00:32:05	17
14	ŚLIWIŃSKI Łukasz ,	170	ERPLAST/BOGMAR	M30-39	BOGMAR / ERPLAST	00:15:35	47	00:02:00	00:30:01	3
15	KARSKI Kacper ,	98		M18-29		00:11:32	3	00:02:34	00:33:34	39
16	MAZUR Wojciech ,	158		M30-39		00:13:16	15	00:02:30	00:31:59	16
17	WIĘCKOWSKI Dariusz ,	72	AKADEMIA MISTRZÓW SPORTU	M40-49	Akademia Mistrzów Sportu	00:12:41	11	00:02:19	00:33:05	28
18	NOWAK Paweł ,	156		M40-49		00:15:34	46	00:02:10	00:30:35	7
19	BARTKOWIAK Dawid ,	130		M40-49		00:14:33	27	00:02:01	00:31:48	14
20	LICZNIERSKI Marek ,	10	OWOCBIEGATEAM	M30-39	OwocBiegaTeam	00:13:43	17	00:02:35	00:32:14	19
21	ZIELINSKI Nicolas ,	91	ELENSPORT.PL SKLEPY SPORTOWE	M18-29	ElenSport.pl	00:14:00	19	00:01:55	00:32:58	25
22	SUDZIŃSKI Hubert ,	42		M18-29	TRISPACE/TREK	00:15:31	44	00:02:04	00:31:37	12
23	WARGACKI Piotr ,	124	TM IRON TEAM	M40-49	TM IRON TEAM	00:14:47	33	00:02:23	00:32:21	20
24	BINKOWSKI Adrian ,	135	CTS/CB163	M40-49		00:15:39	49	00:01:56	00:32:13	18
25	GACKA Rafal ,	116	LUPUS TEAM	M40-49	LUPUS TEAM	00:15:44	52	00:02:33	00:31:46	13
26	NOWICKI Bartosz ,	106	AQUA+	M30-39		00:14:44	31	00:02:32	00:32:53	23
27	ŻMICH-FÓRMANIAK Joanna ,	107	TM IRON TEAM	K40-49	TM IRON TEAM	00:14:28	25	00:02:46	00:33:00	26
28	PRĄDZYŃSKI Marcin ,	89	AKADEMIAMISTRZOWSPORTU	M40-49	Akademia Mistrzów Sportu	00:14:40	30	00:02:28	00:33:21	34

						Pływanie		Rower		Bieg	
29	NOWAK Martyna ,	121	3 GRAVITY	K18-29		00:12:30	9	00:02:43	00:35:23	59	
30	BRZEZINSKI Łukasz ,	173	ASSECO ACTIVE TEAM	M30-39	Asseco Active Team	00:14:47	32	00:02:37	00:33:28	35	
31	DEPUŁA Grzegorz ,	35	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M40-49		00:15:10	38	00:02:34	00:33:14	32	
32	GOŁATA Wojciech ,	163	AKADEMIA MISTRZÓW SPORTU / BOGMAR	M40-49	Akademia Mistrzów Sportu/ Bogmar	00:15:07	37	00:01:57	00:33:54	41	
33	DULIŃSKI Bartosz ,	140	TRISPACE/TREK	M18-29	TRISPACE/TREK	00:15:20	42	00:02:13	00:33:41	40	
34	SOBCZAK Marcin ,	174	ASSECO ACTIVE TEAM	M30-39		00:15:11	39	00:02:08	00:34:04	44	
35	AUGUSTYNIAK Grzegorz ,	132	PTTDELTA	M50-59		00:14:29	26	00:03:07	00:33:55	42	
36	DROBINSKI Daniel ,	33		M30-39		00:15:40	50	00:03:06	00:32:53	24	
37	DUDKOWIAK Michał ,	178	DUDKOWIAK ADWOKACI	M30-39		00:14:14	21	00:02:31	00:35:07	52	
38	GÓRNY Bartosz ,	133	TRISPACE/TREK	M30-39		00:15:26	43	00:02:43	00:33:59	43	
39	KOTŁOWSKI Bartosz ,	165	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	M30-39	BOGMAR / ERPLAST	00:15:43	51	00:02:00	00:34:29	49	
40	NOWAK Ania ,	155		K30-39		00:17:13	74	00:02:09	00:33:06	29	
41	CABAJ Martyna ,	11	IM INSPIRATION	K18-29		00:14:19	22	00:02:42	00:35:28	62	
42	SKORECKI Aleksander ,	168	BYDGOSZCZ TRIATHLON TEAM / WTLENIE	M30-39	Bydgoszcz Triathlon Team / Wtlenie	00:14:34	29	00:02:41	00:35:22	58	
43	GIERES Waldemar ,	5	PTT DELTA	M50-59	PTT DELTA	00:17:31	85	00:02:07	00:33:02	27	
44	MAAS Oliver ,	159	SOPREMA TEAM TSV MANNHEIM	M18-29		00:12:36	10	00:02:25	00:37:48	101	
45	BOHDANOWICZ Patrycja ,	141		K30-39		00:15:17	41	00:02:28	00:35:26	61	
46	GILL Daniel ,	167	LKS OSTROMECKO	M40-49		00:16:47	67	00:03:00	00:33:31	38	
47	LEWANDOWSKI Oskar ,	29		M18-29		00:15:53	54	00:02:24	00:35:09	53	
48	ZIELIŃSKI Maciej ,	88	ELENSPORT.PL	M30-39	ElenSport.pl	00:17:23	78	00:02:58	00:33:30	37	
49	CHODKIEWICZ Tomasz ,	31	GARDENFLORA MTB TEAM	M40-49		00:17:26	80	00:03:27	00:33:10	30	
50	KARCZEWSKI Filip ,	20		M30-39		00:18:14	106	00:02:54	00:33:13	31	
51	ZALEWSKI Marcin ,	100		M30-39		00:16:15	61	00:02:41	00:35:37	65	
52	DAWIDOWSKI Marek ,	144	POMIMO TEAM / KARTUZY	M30-39		00:16:10	58	00:02:16	00:36:09	75	
53	WARCZAK Katarzyna ,	67	FCNB/TEAMOCHAL	K40-49	TEAMOCHAL	00:15:49	53	00:02:40	00:36:07	74	
54	BUDZIK Ireneusz ,	129	PETNER TEAM	M50-59		00:18:31	113	00:02:53	00:33:20	33	
55	FRAĆKOWSKI Łukasz ,	4	THE TRI DOCTOR	M30-39		00:13:59	18	00:03:27	00:37:24	96	
56	CIUPA Jarosław ,	80	AKADEMIA MISTRZÓW SPORTU	M50-59		00:18:01	102	00:03:24	00:33:29	36	
57	PUZIAK Marcin ,	76		M40-49		00:15:04	35	00:02:50	00:37:18	94	
58	FABROWSKI Dawid ,	125		M40-49	CTS	00:15:07	36	00:03:20	00:36:55	84	
59	KNYPIŃSKI Wojciech ,	45		M30-39		00:16:41	65	00:03:11	00:35:40	66	
60	GIEDRYS Roman ,	145		M50-59		00:17:57	100	00:03:18	00:34:19	46	
61	PEZACKI Szymon ,	57	NIEMCZ BIKE ACADEMY	M18-29		00:15:12	40	00:03:47	00:36:38	80	
62	TROŚCIANIEC Tomasz ,	139	GRAJAN TEAM OŁAWA	M30-39		00:16:15	60	00:03:12	00:36:10	76	
63	MALINOWSKA Ewelina ,	86		K40-49		00:15:36	48	00:02:18	00:37:50	102	
64	SKÓRCZEWSKI Marcin ,	25		M18-29		00:16:31	63	00:03:13	00:36:03	72	
65	RUCIŃSKI Rafał ,	8	SELEKCJA NATURALNA	M30-39	Selekcja Naturalna	00:18:28	112	00:02:24	00:34:56	51	
66	KUŻMA Wojciech ,	28		M50-59		00:17:51	92	00:02:46	00:35:20	56	
67	HIGSON Aleksandra ,	94	DURHAM UNIVERSITY	K18-29		00:14:25	24	00:02:51	00:38:42	112	
68	OZOROWSKI Łukasz ,	120		M40-49		00:16:53	69	00:03:54	00:35:14	55	
69	GÓRNY Bartłomiej ,	13		M40-49		00:18:07	103	00:02:27	00:35:29	63	
70	STRYCZYŃSKI Marek	71		M30-39		00:17:18	76	00:03:16	00:35:41	67	
71	WASILEWSKA Martyna ,	93	AMS BYDGOSZCZ	K30-39	Akademia Mistrzów Sportu	00:16:07	55	00:02:46	00:37:22	95	

					Pływanie		T1	Rower		T2	Bieg	Case
72	<b>DOROTA Dulińska ,</b>	<b>82</b>	TRISPACE/TREK	K40-49		<b>00:17:52</b>	94	00:02:50	<b>00:35:36</b>	<b>64</b>		
73	<b>WASILEWSKA Agata ,</b>	<b>92</b>	AKADEMIA MISTRZÓW SPORTU	K40-49	Akademia Mistrzów Sportu	<b>00:17:01</b>	72	00:02:51	<b>00:36:28</b>	<b>78</b>		
74	<b>WOŹNIAK Radek ,</b>	<b>143</b>		M30-39		<b>00:19:24</b>	120	00:02:33	<b>00:34:27</b>	<b>48</b>		
75	<b>MALINOWSKI Artur ,</b>	<b>115</b>		M50-59		<b>00:17:40</b>	88	00:03:34	<b>00:35:11</b>	<b>54</b>		
76	<b>KLONOWSKI Mariusz ,</b>	<b>179</b>	PRIMIGENIUS	M40-49		<b>00:18:18</b>	108	00:02:57	<b>00:35:23</b>	<b>60</b>		
77	<b>NOWOTNIK Mariusz ,</b>	<b>169</b>		M40-49		<b>00:17:51</b>	93	00:02:46	<b>00:36:01</b>	<b>71</b>		
78	<b>PIETRZAK Agata ,</b>	<b>142</b>		K30-39		<b>00:14:57</b>	34	00:02:57	<b>00:38:56</b>	<b>115</b>		
79	<b>MOJSIEWICZ Natalia ,</b>	<b>87</b>		K18-29		<b>00:17:29</b>	83	00:02:56	<b>00:36:41</b>	<b>81</b>		
80	<b>SOBCZYŃSKI Michał ,</b>	<b>99</b>		M30-39		<b>00:16:12</b>	59	00:03:01	<b>00:37:56</b>	<b>104</b>		
81	<b>LICA Grzegorz ,</b>	<b>103</b>		M40-49		<b>00:17:54</b>	97	00:03:55	<b>00:35:21</b>	<b>57</b>		
82	<b>BRYLL Łukasz ,</b>	<b>77</b>	BKK TRI TEAM	M30-39		<b>00:17:00</b>	71	00:03:15	<b>00:36:58</b>	<b>86</b>		
83	<b>LUDWINIAK Bogdan ,</b>	<b>65</b>		M50-59		<b>00:17:55</b>	98	00:02:50	<b>00:36:32</b>	<b>79</b>		
84	<b>ZAMOYSKI Piotr ,</b>	<b>56</b>		M30-39		<b>00:17:26</b>	79	00:02:43	<b>00:37:09</b>	<b>89</b>		
85	<b>PACZKOWSKI Mirosław ,</b>	<b>32</b>		M50-59		<b>00:17:13</b>	75	00:04:00	<b>00:36:05</b>	<b>73</b>		
86	<b>LICHOCKA Patrycja ,</b>	<b>154</b>	BS TRI	K18-29		<b>00:17:33</b>	86	00:02:33	<b>00:37:15</b>	<b>91</b>		
87	<b>GALICKI Jakub ,</b>	<b>171</b>	AKADEMIA MISTRZÓW SPORTU	M40-49		<b>00:17:07</b>	73	00:03:03	<b>00:37:16</b>	<b>93</b>		
88	<b>BOROWSKI Radosław ,</b>	<b>40</b>	MLKS KRAJNA SĘPÓLNO	M30-39		<b>00:18:19</b>	109	00:02:58	<b>00:36:21</b>	<b>77</b>		
89	<b>ŻYCHLIŃSKI Miłosz ,</b>	<b>17</b>	HTF LUDWIK SIKORSKI	M40-49		<b>00:20:41</b>	132	00:02:52	<b>00:34:17</b>	<b>45</b>		
90	<b>GABRYCH Maciej ,</b>	<b>34</b>	CZARNE STOPY	M40-49		<b>00:17:54</b>	96	00:03:05	<b>00:37:02</b>	<b>88</b>		
91	<b>PALETA Elżbieta ,</b>	<b>2</b>	TM IRON TEAM	K18-29	TM IRON TEAM	<b>00:16:10</b>	57	00:03:03	<b>00:38:50</b>	<b>114</b>		
92	<b>LICZNIERSKA Alina ,</b>	<b>150</b>	OWOCBIEGA TEAM	K40-49		<b>00:19:24</b>	119	00:02:06	<b>00:36:44</b>	<b>82</b>		
93	<b>BOIŃSKI Bartosz ,</b>	<b>60</b>		M30-39		<b>00:17:30</b>	84	00:03:14	<b>00:37:35</b>	<b>98</b>		
94	<b>REPKA Marek ,</b>	<b>66</b>	LUPUS TEAM	M40-49		<b>00:21:20</b>	138	00:02:28	<b>00:34:35</b>	<b>50</b>		
95	<b>SADKIEWICZ Jacek ,</b>	<b>172</b>	RACING TEAM	M50-59		<b>00:17:56</b>	99	00:03:40	<b>00:36:59</b>	<b>87</b>		
96	<b>BOHDANOWICZ Jarosław ,</b>	<b>149</b>	OLIMPIASPORT.PL	M60-69		<b>00:16:57</b>	70	00:03:30	<b>00:38:18</b>	<b>108</b>		
97	<b>SOŁDYGA Paweł ,</b>	<b>96</b>	SKOWRONEKBIEGA	M40-49		<b>00:20:03</b>	127	00:02:50	<b>00:35:54</b>	<b>68</b>		
98	<b>CZACHOWSKI Jacek ,</b>	<b>176</b>	KS OPŁAWIEC	M30-39		<b>00:18:21</b>	110	00:02:57	<b>00:37:32</b>	<b>97</b>		
99	<b>TOMAŚ Mariusz ,</b>	<b>23</b>	GRAJAN OŁAWA	M40-49		<b>00:21:36</b>	140	00:03:11	<b>00:34:22</b>	<b>47</b>		
100	<b>PAPIEROWSKI Piotr ,</b>	<b>50</b>	ATOS	M30-39		<b>00:18:12</b>	105	00:04:13	<b>00:36:53</b>	<b>83</b>		
101	<b>CHMURA Maciej ,</b>	<b>14</b>	TRIATHLON KONSULTING	M40-49		<b>00:17:52</b>	95	00:04:40	<b>00:36:58</b>	<b>85</b>		
102	<b>URBAŃSKI Dawid ,</b>	<b>97</b>		M40-49		<b>00:17:50</b>	91	00:03:35	<b>00:38:12</b>	<b>106</b>		
103	<b>FIGLER Iwona ,</b>	<b>151</b>	TRISPACE/TREK	K50-59		<b>00:21:03</b>	137	00:02:39	<b>00:35:58</b>	<b>69</b>		
104	<b>GOŁATA Agnieszka ,</b>	<b>164</b>	AKADEMIA MISTRZÓW SPORTU / BOGMAR	K40-49	Akademia Mistrzów Sportu/ Bogmar	<b>00:18:17</b>	107	00:02:58	<b>00:38:28</b>	<b>109</b>		
105	<b>PRZYBYŁA Agnieszka ,</b>	<b>83</b>		K40-49		<b>00:16:38</b>	64	00:03:23	<b>00:39:45</b>	<b>124</b>		
106	<b>MONTOWSKI Jakub</b>	<b>49</b>		M40-49		<b>00:18:07</b>	104	00:03:45	<b>00:37:57</b>	<b>105</b>		
107	<b>KLIMEK Przemysław ,</b>	<b>59</b>	TOYOTA JAWORSKI AUTO	M18-29		<b>00:17:23</b>	77	00:02:59	<b>00:39:35</b>	<b>120</b>		
108	<b>GARBIEC Mirosław ,</b>	<b>16</b>		M60-69		<b>00:20:46</b>	134	00:03:37	<b>00:35:59</b>	<b>70</b>		
109	<b>RIINA Edoardo ,</b>	<b>39</b>		M40-49		<b>00:16:10</b>	56	00:04:35	<b>00:39:41</b>	<b>121</b>		
110	<b>ZEVALLOS Robert ,</b>	<b>58</b>		M18-29		<b>00:17:36</b>	87	00:03:15	<b>00:39:44</b>	<b>123</b>		
111	<b>ŁATKA Marcin ,</b>	<b>12</b>		M40-49		<b>00:16:50</b>	68	00:03:00	<b>00:40:52</b>	<b>129</b>		
112	<b>ŻEGLICZ Marek ,</b>	<b>84</b>	SPÓJNIA BIAŁE BŁOTA	M18-29		<b>00:18:38</b>	114	00:04:56	<b>00:37:15</b>	<b>92</b>		
113	<b>RUTKOWSKI Tomasz ,</b>	<b>110</b>	OLIMPIA SPORT	M30-39		<b>00:19:54</b>	125	00:03:42	<b>00:37:15</b>	<b>90</b>		
114	<b>KOLASSA Robert ,</b>	<b>95</b>		M30-39		<b>00:18:27</b>	111	00:03:29	<b>00:39:24</b>	<b>119</b>		
115	<b>STĘPSKA Małgosia ,</b>	<b>18</b>	B3T	K50-59		<b>00:20:25</b>	130	00:03:12	<b>00:38:14</b>	<b>107</b>		

					Pływanie		Rower		Bieg	
					TM	TM	TM	TM	TM	TM
116	LISEWSKI Piotr ,	43		M50-59		00:19:52	124	00:03:15	00:38:48	113
117	TOMASZEWSKI Marcin ,	147		M40-49		00:20:57	136	00:03:22	00:37:39	99
118	MODZELEWSKA Maria ,	108	TM IRON TEAM	K30-39	TM IRON TEAM	00:20:10	128	00:02:46	00:39:03	117
119	STAŃCZYK Kamil ,	79	83 BLP	M30-39		00:19:02	117	00:04:23	00:38:41	111
120	MISZTELA Dariusz ,	73	PTT DELTA	M60-69	PTT DELTA	00:19:27	121	00:03:25	00:39:18	118
121	ŻELAZNY Marcin ,	38		M50-59		00:15:34	45	00:04:51	00:42:07	133
122	WŁUDARSKI Marcin ,	128		M30-39		00:03:51	1	00:17:26	00:41:15	130
123	SURWIŁO-RUTKOWSKA Justyna ,	109	OLIMPIA SPORT	K30-39		00:17:42	89	00:04:14	00:40:48	128
124	BIBIK Łukasz ,	75	RUN DMT	M40-49		00:20:22	129	00:05:02	00:37:45	100
125	ZGÓRSKI Maciej ,	7		M40-49		00:20:25	131	00:04:44	00:38:28	110
126	GUMIŃSKI Szymon ,	160		M30-39		00:16:46	66	00:04:13	00:42:46	135
127	KOWALSKI Marek ,	85	REKINY OSIELSKO	M50-59		00:17:27	81	00:06:41	00:39:42	122
128	TOMASZEWSKI Mateusz ,	134	GRAJAN OŁAWA	M30-39		00:17:49	90	00:03:17	00:43:11	137
129	OSIŃSKI Adam ,	46	CHŁOPAKI TO MY	M50-59		00:21:33	139	00:05:00	00:37:50	103
130	BŁAŻEJEWSKA Agnieszka ,	175	TM IRON TEAM	K30-39		00:20:45	133	00:03:22	00:40:17	125
131	WIŚNIEWSKI Mikołaj ,	52		M40-49		00:19:31	123	00:02:42	00:42:53	136
132	DWOJACZNA-CHRAPKOWSKA Anna ,	9	IRON HOUSE TRIATHLON WŁOCŁAWEK	K30-39	Iron House Triathlon Włocławek	00:20:01	126	00:04:32	00:40:40	127
133	MORZYŃSKI Stanisław ,	90		M40-49		00:23:09	144	00:03:38	00:38:59	116
134	KOJRO Filip ,	48	PLCK	M18-29		00:16:30	62	00:06:30	00:43:34	138
135	NOWAKOWSKA Natalia ,	53		K30-39		00:19:29	122	00:02:27	00:44:43	141
136	DÜCHTING Benjamin ,	36		M30-39		00:17:58	101	00:04:41	00:45:34	146
137	MONTOWSKI Jan ,	74	OPŁAWIEC	M60-69		00:24:03	149	00:03:57	00:40:29	126
138	PIĄTKOWSKI Mateusz ,	111	TRIFECTA	M18-29	TRIFECTA	00:17:28	82	00:06:02	00:45:06	143
139	PASTWA Donata ,	1		K50-59	TRISPACE/TREK	00:21:39	141	00:03:42	00:43:55	140
140	CZYŻEWSKI Piotr ,	3		M30-39		00:23:44	146	00:04:46	00:41:38	131
141	WILAND Adam ,	101		M18-29		00:18:57	116	00:04:29	00:46:57	148
142	ANDRZEJEWSKI Ryszard ,	138	ŻÓŁTOKRÓLEWSCY	M70-79		00:22:36	143	00:06:35	00:42:06	132
143	FIEGEL Katarzyna ,	15	TRISPACE/TREK	K40-49	TRISPACE/TREK	00:25:26	152	00:02:15	00:43:37	139
144	PIĄTKOWSKI Mariusz ,	113	TRIFECTA	M50-59	TRIFECTA	00:19:21	118	00:04:24	00:47:44	149
145	PIĄTKOWSKI Krystian ,	112	TRIFECTA	M18-29	TRIFECTA	00:18:39	115	00:04:27	00:48:34	151
146	SZABO-MOSKAL Iga ,	123		K50-59		00:21:51	142	00:03:45	00:48:03	150
147	DOBRZYŃSKA Ewa ,	54		K30-39		00:23:53	147	00:04:33	00:45:28	144
148	KLIN Paulina ,	69		K30-39		00:24:16	150	00:04:15	00:45:30	145
149	KOŻŁOWSKA Małgorzata ,	137	PTT DELTA	K40-49		00:25:28	153	00:04:57	00:44:56	142
150	SAWICKI Waldemar ,	22		M80+		00:23:57	148	00:04:52	00:46:36	147
151	CIESIELSKI Piotr ,	105	TTRI SPRĘCOWO	M50-59		00:20:48	135	00:05:39	00:50:03	154
152	BŁASZKIEWICZ Marzena	166	ENEA BYDGOSZCZ TRIATHLON	K30-39		00:24:34	151	00:04:30	00:49:34	153
153	MIKA Aldona ,	102		K50-59		00:26:14	154	00:06:09	00:48:44	152
154	WIŚNIEWSKI Krzysztof ,	127	TRISPACE/TREK	M50-59	TRISPACE/TREK	00:36:29	156	00:04:02	00:42:31	134
155	IDZIŃSKA Natalia ,	78	BRAK- OS.PRZYWATNA	K30-39		00:23:13	145	00:04:11	00:55:52	156
156	NOWAK Andrzej ,	131		M60-69		00:29:30	155	00:06:01	00:55:03	155
	NOWAKOWSKI Marcin ,	114	TRIFECTA	M40-49	TRIFECTA					

