



# METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 1 Fala

Punkt pomiarowy: 21,0 km

| Msc | Zawodnik               | Numer | Klub                              | Kategoria | Drużyna 1 | Pływanie            |     | TZ       | Rower          |     | TZ | Bieg | Czas |
|-----|------------------------|-------|-----------------------------------|-----------|-----------|---------------------|-----|----------|----------------|-----|----|------|------|
|     |                        |       |                                   |           |           | P_Borowno<br>0.75km | Poz |          | R_Lidl<br>20km | Poz |    |      |      |
| 1   | MIELOCH Artur          | 215   | DAWAJ KALACH TEAM                 | M40-49    |           | 00:11:00            | 1   | 00:02:07 | 00:28:38       | 10  |    |      |      |
| 2   | RYMER Jakub            | 235   | ERPLAST/BOGMAR                    | M30-39    |           | 00:12:17            | 8   | 00:02:11 | 00:28:06       | 6   |    |      |      |
| 3   | ŁOPUSZYŃSKI Krzysztof  | 150   | TRISPACE/TREK                     | M40-49    |           | 00:13:15            | 17  | 00:02:10 | 00:27:32       | 2   |    |      |      |
| 4   | MISZTELA Jakub         | 74    | PTT DELTA                         | M18-29    |           | 00:11:22            | 2   | 00:01:38 | 00:30:17       | 30  |    |      |      |
| 5   | PRZYBYLSKI Jakub       | 138   | KOMPUTRONIK                       | M40-49    |           | 00:13:40            | 21  | 00:02:15 | 00:27:28       | 1   |    |      |      |
| 6   | FÓRMANIAK Piotr        | 212   | TM IRON TEAM                      | M40-49    |           | 00:12:56            | 13  | 00:02:11 | 00:28:30       | 9   |    |      |      |
| 7   | PARTYKA Rafał          | 29    | RAFAL AGAINST THE MACHINE         | M40-49    |           | 00:13:09            | 16  | 00:02:21 | 00:28:19       | 8   |    |      |      |
| 8   | WASZTYL Michał         | 95    | WITKOWO BIEGA / SPORTMANIA SŁUPCA | M30-39    |           | 00:11:42            | 4   | 00:01:53 | 00:30:26       | 32  |    |      |      |
| 9   | BASIŃSKI Łukasz        | 4     | ELENSPORT.PL SKLEPY SPORTOWE      | M30-39    |           | 00:14:20            | 40  | 00:01:50 | 00:27:57       | 4   |    |      |      |
| 10  | DROBINSKI Daniel       | 193   | ŁAPATRIRUN                        | M30-39    |           | 00:13:56            | 25  | 00:02:39 | 00:28:00       | 5   |    |      |      |
| 11  | WIERZYŃSKI Damian      | 144   | TRISPACE/TREK                     | M30-39    |           | 00:14:34            | 45  | 00:01:58 | 00:28:08       | 7   |    |      |      |
| 12  | SZEWCUK Patryk         | 71    | SPORT ZDROWIE KONDYCJA ŚWIECIE    | M30-39    |           | 00:13:42            | 23  | 00:02:05 | 00:28:58       | 11  |    |      |      |
| 13  | TWAROWSKI Karol        | 231   |                                   | M40-49    |           | 00:11:50            | 5   | 00:01:57 | 00:31:09       | 57  |    |      |      |
| 14  | KRÓL Hubert            | 246   | WWW.TRENERTRIATHLONU.PL           | M30-39    |           | 00:12:12            | 6   | 00:02:15 | 00:30:39       | 39  |    |      |      |
| 15  | KOTŁOWSKI Bartosz      | 256   | LKS OSTROMECKO                    | M30-39    |           | 00:14:17            | 36  | 00:01:42 | 00:29:10       | 13  |    |      |      |
| 16  | ZIENKIEWICZ Janusz     | 201   | TRISPACE/TREK                     | M50-59    |           | 00:13:59            | 30  | 00:02:08 | 00:29:06       | 12  |    |      |      |
| 17  | SUDZIŃSKI Hubert       | 239   | TEAMOCHAL                         | M18-29    |           | 00:14:03            | 32  | 00:01:52 | 00:29:24       | 16  |    |      |      |
| 18  | GIERACH Wojciech       | 247   | TRISPACE/TREK                     | M18-29    |           | 00:14:20            | 39  | 00:01:50 | 00:29:15       | 14  |    |      |      |
| 19  | KUBANEK Łukasz         | 79    | Ł_T_R                             | M40-49    |           | 00:14:59            | 52  | 00:03:02 | 00:27:42       | 3   |    |      |      |
| 20  | URBANOWSKI Włodzimierz | 202   | RETRO STORK TEAM                  | M40-49    |           | 00:12:21            | 9   | 00:03:19 | 00:30:04       | 27  |    |      |      |
| 21  | KOWALIKOWSKI Daniel    | 221   | TM IRON TEAM                      | M30-39    |           | 00:12:56            | 14  | 00:02:19 | 00:30:36       | 37  |    |      |      |
| 22  | MAJEWSKI Robert        | 208   | #TEAMOCHAL                        | M40-49    |           | 00:13:56            | 26  | 00:02:32 | 00:29:25       | 18  |    |      |      |
| 23  | CYBULSKI Jacek         | 62    | SWIM2TRI                          | M40-49    |           | 00:13:58            | 29  | 00:02:17 | 00:29:47       | 24  |    |      |      |
| 24  | ZIELINSKI Nicolas      | 191   | SKLEP ELENSPORT.PL                | M30-39    |           | 00:13:47            | 24  | 00:02:13 | 00:30:08       | 28  |    |      |      |
| 25  | WITKOWSKI Mateusz      | 218   | WITKOWSKI PLANY TRENINGOWE        | M30-39    |           | 00:14:21            | 41  | 00:01:56 | 00:30:14       | 29  |    |      |      |
| 26  | DAWIDOWICZ Maciej      | 28    |                                   | M40-49    |           | 00:14:28            | 42  | 00:02:34 | 00:29:37       | 21  |    |      |      |

|    |                               |            |   |        | Pływanie        |     | Rower    |                 | Bieg       |  |
|----|-------------------------------|------------|---|--------|-----------------|-----|----------|-----------------|------------|--|
|    |                               |            |   |        |                 |     |          |                 |            |  |
| 27 | <b>GOŁATA Wojciech</b>        | <b>222</b> | BOGMAR LKS OSTROMECKO                     | M40-49 | <b>00:14:16</b> | 35  | 00:02:10 | <b>00:30:25</b> | <b>31</b>  |  |
| 28 | <b>LICZNIERSKI Marek</b>      | <b>25</b>  |   | M30-39 | <b>00:14:12</b> | 33  | 00:02:18 | <b>00:30:28</b> | <b>34</b>  |  |
| 29 | <b>BYCH Maciej</b>            | <b>206</b> | GRAJAN TRIATHLON TEAM                     | M40-49 | <b>00:12:40</b> | 10  | 00:02:35 | <b>00:31:49</b> | <b>73</b>  |  |
| 30 | <b>NOWAK Artur</b>            | <b>8</b>   |   | M50-59 | <b>00:14:02</b> | 31  | 00:02:14 | <b>00:30:57</b> | <b>49</b>  |  |
| 31 | <b>ROHDE Piotr</b>            | <b>190</b> | TM IRONTEAM                               | M18-29 | <b>00:13:22</b> | 18  | 00:02:26 | <b>00:31:35</b> | <b>68</b>  |  |
| 32 | <b>GACKA Rafał</b>            | <b>216</b> | LUPUS TEAM                                | M40-49 | <b>00:14:51</b> | 48  | 00:02:39 | <b>00:30:01</b> | <b>26</b>  |  |
| 33 | <b>SKORECKI Aleksander</b>    | <b>252</b> | BYDGOSZCZ TRIATHLON TEAM                  | M30-39 | <b>00:13:57</b> | 28  | 00:02:31 | <b>00:31:07</b> | <b>56</b>  |  |
| 34 | <b>GIERACH Jakub</b>          | <b>248</b> | TRISPACE/TREK                             | M18-29 | <b>00:13:34</b> | 20  | 00:02:03 | <b>00:32:04</b> | <b>77</b>  |  |
| 35 | <b>ROHDE Łukasz</b>           | <b>196</b> | TM IRONTEAM                               | M18-29 | <b>00:14:19</b> | 38  | 00:02:24 | <b>00:31:04</b> | <b>53</b>  |  |
| 36 | <b>KRÓL Maciej</b>            | <b>210</b> | #CHMURACOACHING                           | M50-59 | <b>00:15:21</b> | 62  | 00:02:41 | <b>00:29:45</b> | <b>23</b>  |  |
| 37 | <b>ŻMICH-FÓRMANIAK Joanna</b> | <b>213</b> | TM IRONTEAM                               | K40-49 | <b>00:14:53</b> | 50  | 00:02:13 | <b>00:30:53</b> | <b>46</b>  |  |
| 38 | <b>BERNACKI Mateusz</b>       | <b>153</b> | WANIEWSKI COACHING                        | M18-29 | <b>00:12:44</b> | 12  | 00:02:41 | <b>00:32:45</b> | <b>91</b>  |  |
| 39 | <b>PIEKUT Aleksandra</b>      | <b>237</b> | BRZEZIŃSKI RUN CLUB                       | K30-39 | <b>00:16:15</b> | 86  | 00:02:27 | <b>00:29:33</b> | <b>20</b>  |  |
| 40 | <b>BUGALSKI Wojciech</b>      | <b>33</b>  | AKADEMIA MISTRZÓW SPORTU                  | M40-49 | <b>00:15:13</b> | 57  | 00:03:31 | <b>00:29:40</b> | <b>22</b>  |  |
| 41 | <b>JANUSZKIEW Piotr</b>       | <b>39</b>  | REBELIA UNDERGROUND TRIATHLON             | M40-49 | <b>00:14:34</b> | 44  | 00:02:39 | <b>00:31:11</b> | <b>58</b>  |  |
| 42 | <b>KROPLEWSKI Maciej</b>      | <b>251</b> | CTS                                       | M40-49 | <b>00:14:51</b> | 49  | 00:02:54 | <b>00:30:40</b> | <b>40</b>  |  |
| 43 | <b>MALICKI Patryk</b>         | <b>122</b> |   | M30-39 | <b>00:11:31</b> | 3   | 00:03:30 | <b>00:33:36</b> | <b>114</b> |  |
| 44 | <b>KRÓL Patryk</b>            | <b>119</b> | TRIATHLON KONSULTING                      | M30-39 | <b>00:13:06</b> | 15  | 00:02:44 | <b>00:32:53</b> | <b>100</b> |  |
| 45 | <b>KNAPIK Karol</b>           | <b>125</b> | DAWAJ KALACH TEAM                         | M30-39 | <b>00:15:08</b> | 54  | 00:02:45 | <b>00:30:54</b> | <b>48</b>  |  |
| 46 | <b>CIEPŁOWSKI Robert</b>      | <b>107</b> |   | M40-49 | <b>00:12:40</b> | 11  | 00:02:59 | <b>00:33:28</b> | <b>112</b> |  |
| 47 | <b>LIPIŃSKI Michał</b>        | <b>137</b> | LIPA#76                                   | M40-49 | <b>00:14:19</b> | 37  | 00:03:19 | <b>00:31:45</b> | <b>72</b>  |  |
| 48 | <b>NAPIERAŁA Mikołaj</b>      | <b>58</b>  | TEAMOCHAL                                 | M30-39 | <b>00:15:32</b> | 68  | 00:03:07 | <b>00:30:47</b> | <b>43</b>  |  |
| 49 | <b>KWAPIŃSKI Damian</b>       | <b>49</b>  | TEAMOCHAL                                 | M40-49 | <b>00:17:08</b> | 113 | 00:02:54 | <b>00:29:25</b> | <b>17</b>  |  |
| 50 | <b>PALETA Elżbieta</b>        | <b>187</b> | TM IRON TEAM                              | K18-29 | <b>00:15:32</b> | 67  | 00:02:42 | <b>00:31:21</b> | <b>63</b>  |  |
| 51 | <b>BOROWSKI Radosław</b>      | <b>89</b>  | MLKS KRAJNA SĘPÓLNO                       | M30-39 | <b>00:16:00</b> | 79  | 00:02:49 | <b>00:30:50</b> | <b>44</b>  |  |
| 52 | <b>DADEJ Rafał</b>            | <b>184</b> | PIASKIEM W RAKA                           | M40-49 | <b>00:15:51</b> | 76  | 00:02:40 | <b>00:31:20</b> | <b>62</b>  |  |
| 53 | <b>GRZESIAK Patryk</b>        | <b>102</b> | ARTURKUREK.PRO                            | M40-49 | <b>00:15:17</b> | 60  | 00:03:10 | <b>00:31:25</b> | <b>65</b>  |  |
| 54 | <b>GŁĄB Andrzej</b>           | <b>197</b> | WANIEWSKI COACHING                        | M50-59 | <b>00:15:16</b> | 59  | 00:02:40 | <b>00:31:59</b> | <b>76</b>  |  |
| 55 | <b>NOWOTNIK Mariusz</b>       | <b>97</b>  |   | M40-49 | <b>00:16:00</b> | 80  | 00:02:57 | <b>00:31:03</b> | <b>52</b>  |  |
| 56 | <b>TRZOPEK Grzegorz</b>       | <b>192</b> |   | M40-49 | <b>00:16:51</b> | 102 | 00:03:58 | <b>00:29:18</b> | <b>15</b>  |  |
| 57 | <b>KNYPIŃSKI Wojciech</b>     | <b>34</b>  |   | M30-39 | <b>00:14:28</b> | 43  | 00:03:19 | <b>00:32:22</b> | <b>83</b>  |  |
| 58 | <b>KUNDE Tomasz</b>           | <b>253</b> | BYDGOSZ TRIATHLON                         | M30-39 | <b>00:13:40</b> | 22  | 00:02:32 | <b>00:34:01</b> | <b>127</b> |  |
| 59 | <b>PRZYBYTKOWSKI Marek</b>    | <b>52</b>  | ELENSPORT.PL SKLEPY SPORTOWE              | M30-39 | <b>00:17:20</b> | 121 | 00:02:30 | <b>00:30:31</b> | <b>35</b>  |  |
| 60 | <b>CHODKIEWICZ Tomasz</b>     | <b>31</b>  | GARDEN FLORA MTB TEAM                     | M40-49 | <b>00:16:43</b> | 98  | 00:03:15 | <b>00:30:36</b> | <b>38</b>  |  |
| 61 | <b>DUDKOWIAK Michał</b>       | <b>240</b> | DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS | M30-39 | <b>00:14:55</b> | 51  | 00:03:32 | <b>00:32:09</b> | <b>80</b>  |  |
| 62 | <b>KOTOŃSKI Damian</b>        | <b>175</b> |   | M30-39 | <b>00:17:01</b> | 110 | 00:03:08 | <b>00:30:28</b> | <b>33</b>  |  |
| 63 | <b>BUDZIK Ireneusz</b>        | <b>226</b> |   | M50-59 | <b>00:16:45</b> | 100 | 00:02:49 | <b>00:31:04</b> | <b>54</b>  |  |
| 64 | <b>ANDRZEJEWSKA Sylwia</b>    | <b>238</b> | TEAMOCHAL                                 | K30-39 | <b>00:18:19</b> | 147 | 00:02:49 | <b>00:29:32</b> | <b>19</b>  |  |
| 65 | <b>STĘPIEŃ Tomasz</b>         | <b>54</b>  |   | M40-49 | <b>00:16:19</b> | 88  | 00:03:42 | <b>00:30:51</b> | <b>45</b>  |  |
| 66 | <b>BOIŃSKI Bartosz</b>        | <b>234</b> | TM IRON TEAM                              | M30-39 | <b>00:15:49</b> | 74  | 00:02:34 | <b>00:32:35</b> | <b>87</b>  |  |
| 67 | <b>BRYLL Łukasz</b>           | <b>45</b>  | FORTIS SAGITTA TEAM                       | M40-49 | <b>00:16:23</b> | 89  | 00:03:03 | <b>00:31:34</b> | <b>67</b>  |  |
| 68 | <b>SOBCZAK Marcin</b>         | <b>104</b> | ASSECO ACTIVE TEAM                        | M40-49 | <b>00:15:36</b> | 69  | 00:02:41 | <b>00:32:47</b> | <b>93</b>  |  |
| 69 | <b>WOŹNIAK Anna</b>           | <b>205</b> | TM IRON TEAM                              | K40-49 | <b>00:17:22</b> | 123 | 00:03:10 | <b>00:30:33</b> | <b>36</b>  |  |

|     |                                  |            |   |        | Pływanie        |     | T1       | Rower           |            | T2 | Bieg | Czas |
|-----|----------------------------------|------------|---|--------|-----------------|-----|----------|-----------------|------------|----|------|------|
| 70  | <b>HUZARSKI Amadeusz</b>         | <b>130</b> | AKADEMIA MISTRZÓW SPORTU                                    | M18-29 | <b>00:16:04</b> | 83  | 00:02:06 | <b>00:32:56</b> | <b>101</b> |    |      |      |
| 71  | <b>PALUCH Jan</b>                | <b>203</b> | TRIATHLON KONSULTING  | M18-29 | <b>00:17:01</b> | 109 | 00:03:13 | <b>00:30:53</b> | <b>47</b>  |    |      |      |
| 72  | <b>KASPEROWICZ Marcin</b>        | <b>55</b>  | PREDATORS 3TEAM   | M40-49 | <b>00:15:11</b> | 56  | 00:02:35 | <b>00:33:23</b> | <b>109</b> |    |      |      |
| 73  | <b>RYMARKIEWICZ Małgorzata</b>   | <b>230</b> | TM IRONTEAM   | K40-49 | <b>00:16:55</b> | 105 | 00:02:41 | <b>00:31:35</b> | <b>69</b>  |    |      |      |
| 74  | <b>BRZEZINSKI Łukasz</b>         | <b>105</b> | ASSECO ACTIVE TEAM  | M30-39 | <b>00:17:00</b> | 108 | 00:02:56 | <b>00:31:21</b> | <b>64</b>  |    |      |      |
| 75  | <b>TYMIŃSKI Dariusz</b>          | <b>172</b> | PTT DELTA   | M50-59 | <b>00:17:51</b> | 136 | 00:02:11 | <b>00:31:17</b> | <b>61</b>  |    |      |      |
| 76  | <b>ZALEWSKI Marcin</b>           | <b>41</b>  |   | M30-39 | <b>00:15:26</b> | 64  | 00:02:47 | <b>00:33:15</b> | <b>107</b> |    |      |      |
| 77  | <b>GILL Daniel</b>               | <b>249</b> | LKS OSTROMECKO  | M40-49 | <b>00:18:28</b> | 153 | 00:03:07 | <b>00:29:55</b> | <b>25</b>  |    |      |      |
| 78  | <b>DOMBROWSKI Patryk</b>         | <b>113</b> |   | M30-39 | <b>00:16:24</b> | 92  | 00:02:46 | <b>00:32:21</b> | <b>82</b>  |    |      |      |
| 79  | <b>GUMIŃSKI Szymon</b>           | <b>164</b> |   | M30-39 | <b>00:14:46</b> | 47  | 00:03:34 | <b>00:33:23</b> | <b>110</b> |    |      |      |
| 80  | <b>WNUK Mateusz</b>              | <b>217</b> |   | M18-29 | <b>00:14:41</b> | 46  | 00:03:06 | <b>00:33:58</b> | <b>125</b> |    |      |      |
| 81  | <b>GIEDRYS Roman</b>             | <b>73</b>  |   | M50-59 | <b>00:17:23</b> | 124 | 00:03:22 | <b>00:31:01</b> | <b>51</b>  |    |      |      |
| 82  | <b>CICHOWICZ Martyna</b>         | <b>69</b>  | PTT DELTA   | K30-39 | <b>00:13:29</b> | 19  | 00:03:04 | <b>00:35:14</b> | <b>145</b> |    |      |      |
| 83  | <b>ZAJĄKAŁA Wojciech</b>         | <b>188</b> |   | M18-29 | <b>00:15:58</b> | 77  | 00:03:11 | <b>00:32:45</b> | <b>92</b>  |    |      |      |
| 84  | <b>TURZYŃSKI Jarosław</b>        | <b>94</b>  | HOLY TRIATHLON TEAM   | M30-39 | <b>00:15:26</b> | 63  | 00:03:28 | <b>00:33:06</b> | <b>105</b> |    |      |      |
| 85  | <b>CHROMIŃSKI Fabian</b>         | <b>32</b>  |   | M30-39 | <b>00:16:53</b> | 104 | 00:03:30 | <b>00:31:37</b> | <b>70</b>  |    |      |      |
| 86  | <b>GRUBICH Arkadiusz</b>         | <b>244</b> |   | M40-49 | <b>00:17:51</b> | 138 | 00:03:09 | <b>00:31:01</b> | <b>50</b>  |    |      |      |
| 87  | <b>CYBULSKI Paweł</b>            | <b>160</b> |   | M30-39 | <b>00:17:18</b> | 119 | 00:03:11 | <b>00:31:32</b> | <b>66</b>  |    |      |      |
| 88  | <b>ŁABĘDZKI Maciej</b>           | <b>38</b>  | TRISPACE/TREK   | M30-39 | <b>00:15:50</b> | 75  | 00:03:12 | <b>00:33:01</b> | <b>104</b> |    |      |      |
| 89  | <b>KOPIŃSKA - KRÓL Magdalena</b> | <b>211</b> | #CHMURACOACHING   | K40-49 | <b>00:17:12</b> | 115 | 00:02:55 | <b>00:32:08</b> | <b>79</b>  |    |      |      |
| 90  | <b>KARCZEWSKI Filip</b>          | <b>18</b>  |   | M40-49 | <b>00:18:03</b> | 144 | 00:03:04 | <b>00:31:14</b> | <b>60</b>  |    |      |      |
| 91  | <b>WAŁĘZA Hubert</b>             | <b>17</b>  |   | M30-39 | <b>00:16:59</b> | 106 | 00:03:14 | <b>00:32:11</b> | <b>81</b>  |    |      |      |
| 92  | <b>SIUDA Marek</b>               | <b>43</b>  |   | M50-59 | <b>00:15:40</b> | 71  | 00:03:51 | <b>00:32:56</b> | <b>102</b> |    |      |      |
| 93  | <b>MICHALIK Joanna</b>           | <b>147</b> |   | K40-49 | <b>00:16:23</b> | 90  | 00:03:23 | <b>00:32:48</b> | <b>94</b>  |    |      |      |
| 94  | <b>MIŚ Filip</b>                 | <b>162</b> | MAM W PŁYWANIU TYLE DOŚWIADCZENIA, CO CZESKA ŻEGLUGA MORSKA | M18-29 | <b>00:16:42</b> | 97  | 00:03:30 | <b>00:32:24</b> | <b>84</b>  |    |      |      |
| 95  | <b>DULAT Roland</b>              | <b>254</b> | LKS OSTROMECKO  | M30-39 | <b>00:15:58</b> | 78  | 00:03:57 | <b>00:32:51</b> | <b>96</b>  |    |      |      |
| 96  | <b>GÓRNY Bartłomiej</b>          | <b>63</b>  |   | M40-49 | <b>00:17:48</b> | 134 | 00:02:34 | <b>00:32:31</b> | <b>85</b>  |    |      |      |
| 97  | <b>OZOROWSKI Lukasz</b>          | <b>204</b> |   | M40-49 | <b>00:17:38</b> | 129 | 00:03:38 | <b>00:31:37</b> | <b>71</b>  |    |      |      |
| 98  | <b>CYNOWSKI Krzysztof</b>        | <b>10</b>  | CYNA  | M40-49 | <b>00:17:18</b> | 120 | 00:02:57 | <b>00:32:42</b> | <b>89</b>  |    |      |      |
| 99  | <b>ANTOSIK Patryk</b>            | <b>66</b>  | CSWLĄD POZNAŃ   | M30-39 | <b>00:18:36</b> | 157 | 00:03:39 | <b>00:31:11</b> | <b>59</b>  |    |      |      |
| 100 | <b>SOŁDYGA Paweł</b>             | <b>257</b> | SKOWRONEKBIEGA  | M40-49 | <b>00:18:26</b> | 152 | 00:02:53 | <b>00:32:08</b> | <b>78</b>  |    |      |      |
| 101 | <b>LOOSE Anna</b>                | <b>139</b> |   | K30-39 | <b>00:13:57</b> | 27  | 00:03:35 | <b>00:35:58</b> | <b>157</b> |    |      |      |
| 102 | <b>KOWALSKI Piotr</b>            | <b>76</b>  |   | M50-59 | <b>00:17:22</b> | 122 | 00:03:43 | <b>00:32:33</b> | <b>86</b>  |    |      |      |
| 103 | <b>CHOLEWCZYŃSKI Damian</b>      | <b>232</b> | TM IRON TEAM  | M30-39 | <b>00:17:14</b> | 117 | 00:03:01 | <b>00:33:25</b> | <b>111</b> |    |      |      |
| 104 | <b>SZCZEŚNIAK Szymon</b>         | <b>180</b> | SUCHOLESKIE NIEDŹWIEDZIE                                    | M30-39 | <b>00:16:09</b> | 85  | 00:03:13 | <b>00:34:19</b> | <b>131</b> |    |      |      |
| 105 | <b>SIEG Tymoteusz</b>            | <b>219</b> |   | M18-29 | <b>00:15:14</b> | 58  | 00:04:50 | <b>00:33:37</b> | <b>115</b> |    |      |      |
| 106 | <b>MOJSIEWICZ Natalia</b>        | <b>227</b> |   | K18-29 | <b>00:16:59</b> | 107 | 00:03:03 | <b>00:33:40</b> | <b>117</b> |    |      |      |
| 107 | <b>SOBCZYŃSKI Michał</b>         | <b>200</b> |   | M30-39 | <b>00:15:28</b> | 65  | 00:03:44 | <b>00:34:46</b> | <b>138</b> |    |      |      |
| 108 | <b>LUKOWSKI Grzegorz</b>         | <b>72</b>  | RODZINNY TEAM ŚRODKOWA                                      | M40-49 | <b>00:17:06</b> | 112 | 00:03:59 | <b>00:32:57</b> | <b>103</b> |    |      |      |
| 109 | <b>DOLIŃSKI Dawid</b>            | <b>81</b>  |   | M40-49 | <b>00:16:01</b> | 81  | 00:04:41 | <b>00:33:28</b> | <b>113</b> |    |      |      |
| 110 | <b>MOLTZAN Liliana</b>           | <b>174</b> |   | K18-29 | <b>00:14:14</b> | 34  | 00:03:19 | <b>00:36:38</b> | <b>172</b> |    |      |      |
| 111 | <b>SANKOWSKA Ewelina</b>         | <b>159</b> |   | K40-49 | <b>00:15:08</b> | 53  | 00:02:58 | <b>00:36:10</b> | <b>162</b> |    |      |      |
| 112 | <b>GABRYCH Maciej</b>            | <b>24</b>  | CZARNE STOPY  | M40-49 | <b>00:17:31</b> | 125 | 00:03:07 | <b>00:33:40</b> | <b>118</b> |    |      |      |

|     |                                |            |                           |        | Pływanie        |     | Rower    |                 | Bieg       |
|-----|--------------------------------|------------|---------------------------|--------|-----------------|-----|----------|-----------------|------------|
| 113 | <b>RUCIŃSKI Rafał</b>          | <b>22</b>  | SELEKCJA NATURALNA        | M30-39 | <b>00:18:30</b> | 154 | 00:02:38 | <b>00:33:17</b> | <b>108</b> |
| 114 | <b>CICHOŃSKA-BAZAK Marzena</b> | <b>163</b> |                           | K50-59 | <b>00:18:25</b> | 151 | 00:03:14 | <b>00:32:51</b> | <b>95</b>  |
| 115 | <b>REPKA Marek</b>             | <b>166</b> | LUPUS TEAM                | M50-59 | <b>00:21:06</b> | 202 | 00:02:49 | <b>00:30:42</b> | <b>41</b>  |
| 116 | <b>GMOSIŃSKI Tomasz</b>        | <b>199</b> | CSU RACING TEAM BYDGOSZCZ | M40-49 | <b>00:16:33</b> | 94  | 00:04:10 | <b>00:33:59</b> | <b>126</b> |
| 117 | <b>STRYCZYŃSKI Marek</b>       | <b>26</b>  | TRISPACE/TREK             | M30-39 | <b>00:18:37</b> | 159 | 00:03:22 | <b>00:32:44</b> | <b>90</b>  |
| 118 | <b>MAJDA Adrian</b>            | <b>121</b> |                           | M30-39 | <b>00:17:43</b> | 130 | 00:03:06 | <b>00:33:55</b> | <b>123</b> |
| 119 | <b>LUDWINIAK Bogdan</b>        | <b>111</b> |                           | M50-59 | <b>00:17:59</b> | 142 | 00:02:57 | <b>00:33:54</b> | <b>122</b> |
| 120 | <b>ZIELIŃSKI Radosław</b>      | <b>2</b>   |                           | M30-39 | <b>00:17:33</b> | 127 | 00:03:30 | <b>00:33:51</b> | <b>121</b> |
| 121 | <b>PODLASIŃSKI Tomasz</b>      | <b>140</b> | BAYERLIFETEAM             | M50-59 | <b>00:16:15</b> | 87  | 00:03:42 | <b>00:35:02</b> | <b>143</b> |
| 122 | <b>YAFIMCHYK Andrei</b>        | <b>142</b> | ORCA                      | M40-49 | <b>00:15:09</b> | 55  | 00:02:47 | <b>00:37:05</b> | <b>180</b> |
| 123 | <b>ŁATKA Marcin</b>            | <b>5</b>   |                           | M40-49 | <b>00:15:18</b> | 61  | 00:02:57 | <b>00:36:46</b> | <b>173</b> |
| 124 | <b>SADKIEWICZ Jacek</b>        | <b>225</b> | RACING TEAM               | M50-59 | <b>00:17:14</b> | 118 | 00:03:50 | <b>00:33:57</b> | <b>124</b> |
| 125 | <b>GRĄBCZEWSKI Sławomir</b>    | <b>185</b> |                           | M30-39 | <b>00:15:31</b> | 66  | 00:04:07 | <b>00:35:25</b> | <b>150</b> |
| 126 | <b>KUŻMA Wojtek</b>            | <b>6</b>   |                           | M50-59 | <b>00:19:11</b> | 171 | 00:03:00 | <b>00:32:52</b> | <b>98</b>  |
| 127 | <b>BABIAK Jakub</b>            | <b>228</b> | ENDURE TEAM               | M40-49 | <b>00:20:05</b> | 187 | 00:04:22 | <b>00:30:45</b> | <b>42</b>  |
| 128 | <b>ROMAN Krzysztof</b>         | <b>93</b>  |                           | M40-49 | <b>00:18:23</b> | 149 | 00:03:59 | <b>00:32:52</b> | <b>99</b>  |
| 129 | <b>MOSKAL Przemysław</b>       | <b>145</b> |                           | M18-29 | <b>00:17:01</b> | 111 | 00:03:32 | <b>00:34:42</b> | <b>136</b> |
| 130 | <b>TUROWSKI Maciej</b>         | <b>133</b> |                           | M30-39 | <b>00:15:37</b> | 70  | 00:03:48 | <b>00:35:53</b> | <b>154</b> |
| 131 | <b>CHMURA Maciej</b>           | <b>101</b> | TRIATHLON KONSULTING      | M40-49 | <b>00:17:46</b> | 131 | 00:03:35 | <b>00:34:06</b> | <b>128</b> |
| 132 | <b>GRZEGOROWSKI Jan</b>        | <b>134</b> | JKG                       | M30-39 | <b>00:19:49</b> | 184 | 00:04:03 | <b>00:31:51</b> | <b>74</b>  |
| 133 | <b>STAŃCZYK Kamil</b>          | <b>181</b> | 8. K-PBOT                 | M30-39 | <b>00:17:47</b> | 133 | 00:03:49 | <b>00:34:10</b> | <b>129</b> |
| 134 | <b>URBAŃSKI Dawid</b>          | <b>110</b> |                           | M40-49 | <b>00:17:56</b> | 140 | 00:04:03 | <b>00:33:48</b> | <b>120</b> |
| 135 | <b>LICZNIERSKA Alina</b>       | <b>56</b>  | OWOCBIEGA TEAM            | K40-49 | <b>00:20:46</b> | 195 | 00:02:31 | <b>00:32:37</b> | <b>88</b>  |
| 136 | <b>KRYGER Wojciech</b>         | <b>220</b> | AJM TEAM                  | M40-49 | <b>00:17:12</b> | 114 | 00:04:08 | <b>00:34:37</b> | <b>133</b> |
| 137 | <b>MORDAKA Maciej</b>          | <b>3</b>   |                           | M40-49 | <b>00:16:39</b> | 96  | 00:03:32 | <b>00:35:50</b> | <b>153</b> |
| 138 | <b>JASIECKI Milan</b>          | <b>173</b> | ENDURE TEAM               | M18-29 | <b>00:19:26</b> | 172 | 00:04:57 | <b>00:31:59</b> | <b>75</b>  |
| 139 | <b>JARLACZYŃSKA Hanna</b>      | <b>242</b> |                           | K18-29 | <b>00:17:32</b> | 126 | 00:03:02 | <b>00:35:54</b> | <b>155</b> |
| 140 | <b>LISEWSKI Piotr</b>          | <b>100</b> |                           | M60-69 | <b>00:18:51</b> | 166 | 00:03:26 | <b>00:34:11</b> | <b>130</b> |
| 141 | <b>SZYMCZAK Elwira</b>         | <b>151</b> |                           | K18-29 | <b>00:16:24</b> | 91  | 00:03:43 | <b>00:36:21</b> | <b>165</b> |
| 142 | <b>RUSZKOWSKI Wiktor</b>       | <b>128</b> |                           | M30-39 | <b>00:15:42</b> | 72  | 00:04:14 | <b>00:36:33</b> | <b>171</b> |
| 143 | <b>ŻELAZNY Marcin</b>          | <b>27</b>  |                           | M50-59 | <b>00:15:48</b> | 73  | 00:03:52 | <b>00:36:59</b> | <b>176</b> |
| 144 | <b>SZEWS Marek</b>             | <b>136</b> | AKADEMIA MISTRZÓW SPORTU  | M50-59 | <b>00:18:52</b> | 167 | 00:02:52 | <b>00:34:55</b> | <b>140</b> |
| 145 | <b>MIKOŁAJCZAK Artur</b>       | <b>178</b> |                           | M40-49 | <b>00:18:34</b> | 155 | 00:03:32 | <b>00:34:37</b> | <b>134</b> |
| 146 | <b>SZYMCZAK Krzysztof</b>      | <b>88</b>  | SYSTEM 11                 | M50-59 | <b>00:20:25</b> | 190 | 00:03:32 | <b>00:32:52</b> | <b>97</b>  |
| 147 | <b>PAPIEROWSKI Piotr</b>       | <b>40</b>  | ATOS                      | M30-39 | <b>00:18:15</b> | 146 | 00:04:03 | <b>00:34:31</b> | <b>132</b> |
| 148 | <b>MROTEK Katarzyna</b>        | <b>112</b> | AKADEMIA MISTRZÓW SPORTU  | K40-49 | <b>00:18:19</b> | 148 | 00:03:37 | <b>00:35:00</b> | <b>142</b> |
| 149 | <b>WRÓBEL Sebastian</b>        | <b>243</b> | CYKLO BYDGOSZCZ           | M40-49 | <b>00:22:45</b> | 213 | 00:03:09 | <b>00:31:05</b> | <b>55</b>  |
| 150 | <b>KWIATKOWSKI Piotr</b>       | <b>165</b> |                           | M30-39 | <b>00:17:38</b> | 128 | 00:04:35 | <b>00:34:48</b> | <b>139</b> |
| 151 | <b>HAJŁASZ Marcin</b>          | <b>129</b> |                           | M30-39 | <b>00:17:53</b> | 139 | 00:04:28 | <b>00:34:42</b> | <b>137</b> |
| 152 | <b>STĘPSKA Małgosia</b>        | <b>61</b>  | ŻELKI Z KRAKOWA           | K50-59 | <b>00:20:09</b> | 188 | 00:03:19 | <b>00:33:39</b> | <b>116</b> |
| 153 | <b>DOŁKOWSKA Monika</b>        | <b>106</b> | TM IRON TEAM              | K30-39 | <b>00:20:14</b> | 189 | 00:03:22 | <b>00:33:44</b> | <b>119</b> |
| 154 | <b>BEM Wojciech</b>            | <b>194</b> |                           | M30-39 | <b>00:17:46</b> | 132 | 00:03:37 | <b>00:36:02</b> | <b>158</b> |
| 155 | <b>SKORUPSKA Ewa</b>           | <b>189</b> | OWOCBIEGA                 | K30-39 | <b>00:18:39</b> | 160 | 00:03:12 | <b>00:35:37</b> | <b>151</b> |

|     |                                   |            |                                | Pływanie |                 | T1  | Rower    |                 | T2         | Bieg | Czas |
|-----|-----------------------------------|------------|--------------------------------|----------|-----------------|-----|----------|-----------------|------------|------|------|
| 156 | <b>SKOŁOZDRZYCH Iwona</b>         | <b>1</b>   |                                | K30-39   | <b>00:16:03</b> | 82  | 00:03:48 | <b>00:37:40</b> | <b>191</b> |      |      |
| 157 | <b>OSAK Paweł</b>                 | <b>19</b>  |                                | M30-39   | <b>00:18:36</b> | 156 | 00:03:48 | <b>00:35:14</b> | <b>144</b> |      |      |
| 158 | <b>STYPCZYŃSKI Jan</b>            | <b>154</b> |                                | M18-29   | <b>00:18:37</b> | 158 | 00:02:54 | <b>00:36:29</b> | <b>169</b> |      |      |
| 159 | <b>NIEDŹWIEDZKI Arkadiusz</b>     | <b>148</b> | SMARUJ NA TRENING              | M40-49   | <b>00:19:39</b> | 175 | 00:03:25 | <b>00:34:57</b> | <b>141</b> |      |      |
| 160 | <b>KOCZOROWSKA Kamila</b>         | <b>11</b>  |                                | K30-39   | <b>00:16:37</b> | 95  | 00:03:53 | <b>00:37:39</b> | <b>190</b> |      |      |
| 161 | <b>STĘPIEŃ Michał</b>             | <b>116</b> |                                | M30-39   | <b>00:17:51</b> | 137 | 00:03:55 | <b>00:36:23</b> | <b>166</b> |      |      |
| 162 | <b>WEGNER Patrycja</b>            | <b>186</b> | SZOGUN TEAM                    | K30-39   | <b>00:18:12</b> | 145 | 00:03:06 | <b>00:36:51</b> | <b>174</b> |      |      |
| 163 | <b>MICHALAK Agata</b>             | <b>177</b> |                                | K18-29   | <b>00:18:55</b> | 168 | 00:03:16 | <b>00:36:02</b> | <b>159</b> |      |      |
| 164 | <b>ROBACZEK Andrzej</b>           | <b>170</b> |                                | M40-49   | <b>00:18:50</b> | 164 | 00:04:07 | <b>00:35:22</b> | <b>146</b> |      |      |
| 165 | <b>CEGLARSKA Inga</b>             | <b>258</b> | N-BIKE                         | K40-49   | <b>00:19:03</b> | 170 | 00:03:56 | <b>00:35:23</b> | <b>149</b> |      |      |
| 166 | <b>RUSZKOWSKA Agnieszka</b>       | <b>126</b> |                                | K30-39   | <b>00:17:50</b> | 135 | 00:03:18 | <b>00:37:18</b> | <b>183</b> |      |      |
| 167 | <b>LIPCZYŃSKI Tomasz</b>          | <b>64</b>  | AKTYWNIE UZALEŻNIAMY PŁOCK     | M30-39   | <b>00:16:47</b> | 101 | 00:04:35 | <b>00:37:19</b> | <b>184</b> |      |      |
| 168 | <b>BAUMGART Jacek</b>             | <b>195</b> | BIEGAJ Z DĘBAMI                | M60-69   | <b>00:18:02</b> | 143 | 00:04:33 | <b>00:36:31</b> | <b>170</b> |      |      |
| 169 | <b>GUZIK Krzysztof</b>            | <b>141</b> |                                | M30-39   | <b>00:20:42</b> | 194 | 00:03:06 | <b>00:35:23</b> | <b>147</b> |      |      |
| 170 | <b>MICHALEWSKI Bartosz</b>        | <b>207</b> | SOLANO                         | M40-49   | <b>00:18:50</b> | 165 | 00:05:01 | <b>00:35:23</b> | <b>148</b> |      |      |
| 171 | <b>STELMACH Patrycja</b>          | <b>233</b> | TEAMOCHAL                      | K30-39   | <b>00:20:53</b> | 197 | 00:03:41 | <b>00:34:41</b> | <b>135</b> |      |      |
| 172 | <b>WAWRZYŃIAK Dominik</b>         | <b>53</b>  | TAVERNA NAKŁO                  | M18-29   | <b>00:20:02</b> | 186 | 00:03:24 | <b>00:35:56</b> | <b>156</b> |      |      |
| 173 | <b>WOŹNIAK Radek</b>              | <b>123</b> |                                | M40-49   | <b>00:19:39</b> | 176 | 00:04:06 | <b>00:35:38</b> | <b>152</b> |      |      |
| 174 | <b>KOLASSA Robert</b>             | <b>42</b>  |                                | M30-39   | <b>00:18:49</b> | 163 | 00:03:42 | <b>00:37:01</b> | <b>178</b> |      |      |
| 175 | <b>KUBALEWSKI Krzysztof</b>       | <b>127</b> |                                | M30-39   | <b>00:16:26</b> | 93  | 00:05:07 | <b>00:38:12</b> | <b>194</b> |      |      |
| 176 | <b>WINIECKA Martyna</b>           | <b>59</b>  | IRON HOUSE TRIATHLON WŁOCŁAWEK | K18-29   | <b>00:19:33</b> | 173 | 00:03:14 | <b>00:37:17</b> | <b>182</b> |      |      |
| 177 | <b>ŚWIERCZYŃSKI Marcin</b>        | <b>36</b>  | ATHLETICOMED.PL BYDGOSZCZ      | M30-39   | <b>00:16:53</b> | 103 | 00:02:08 | <b>00:41:23</b> | <b>213</b> |      |      |
| 178 | <b>MAŁKIŃSKI Józef</b>            | <b>84</b>  |                                | M60-69   | <b>00:19:46</b> | 180 | 00:03:36 | <b>00:37:02</b> | <b>179</b> |      |      |
| 179 | <b>KUKLIŠOVA Gabriela</b>         | <b>15</b>  |                                | K40-49   | <b>00:18:44</b> | 162 | 00:04:12 | <b>00:37:37</b> | <b>189</b> |      |      |
| 180 | <b>DWOJACZNA-CHRAPKOWSKA Anna</b> | <b>13</b>  | IRON HOUSE TRIATHLON WŁOCŁAWEK | K40-49   | <b>00:19:49</b> | 183 | 00:03:34 | <b>00:37:23</b> | <b>186</b> |      |      |
| 181 | <b>OSTROWSKI Rafał</b>            | <b>68</b>  | AKTYWNIE UZALEŻNIAMY PŁOCK     | M40-49   | <b>00:18:41</b> | 161 | 00:06:14 | <b>00:36:03</b> | <b>160</b> |      |      |
| 182 | <b>STYPCZYŃSKA Natalia</b>        | <b>198</b> | TRISPACE                       | K30-39   | <b>00:18:59</b> | 169 | 00:03:14 | <b>00:38:50</b> | <b>200</b> |      |      |
| 183 | <b>OLSZEWSKI Daniel</b>           | <b>169</b> |                                | M30-39   | <b>00:19:42</b> | 177 | 00:04:08 | <b>00:37:20</b> | <b>185</b> |      |      |
| 184 | <b>DUDKOWIAK Martyna</b>          | <b>241</b> | DUDKOWIAK FAMILY LAWYERS       | K30-39   | <b>00:20:58</b> | 199 | 00:04:25 | <b>00:36:05</b> | <b>161</b> |      |      |
| 185 | <b>MOSUR-GALICKA Angelina</b>     | <b>9</b>   | AKADEMIA MISTRZÓW SPORTU       | K50-59   | <b>00:16:43</b> | 99  | 00:04:38 | <b>00:40:08</b> | <b>203</b> |      |      |
| 186 | <b>DOMEK Katarzyna</b>            | <b>46</b>  |                                | K30-39   | <b>00:19:43</b> | 178 | 00:03:41 | <b>00:38:16</b> | <b>196</b> |      |      |
| 187 | <b>TIETZ Natalia</b>              | <b>70</b>  | STAJNIA PEGAZA STAWY           | K30-39   | <b>00:17:56</b> | 141 | 00:03:42 | <b>00:40:18</b> | <b>204</b> |      |      |
| 188 | <b>NOWAK Bartłomiej</b>           | <b>214</b> | FORGE YOUR FUTURE              | M40-49   | <b>00:20:31</b> | 191 | 00:05:14 | <b>00:36:20</b> | <b>164</b> |      |      |
| 189 | <b>TOPOLSKI Kamil</b>             | <b>146</b> |                                | M18-29   | <b>00:19:44</b> | 179 | 00:04:40 | <b>00:37:51</b> | <b>192</b> |      |      |
| 190 | <b>DOBRZYŃSKA Ewa</b>             | <b>47</b>  |                                | K30-39   | <b>00:22:10</b> | 206 | 00:03:26 | <b>00:36:58</b> | <b>175</b> |      |      |
| 191 | <b>BINKOWSKI Czarek</b>           | <b>255</b> | LKS OSTROMECKO                 | M50-59   | <b>00:21:03</b> | 201 | 00:05:14 | <b>00:36:25</b> | <b>167</b> |      |      |
| 192 | <b>BAGNIEWSKA Sandra</b>          | <b>48</b>  |                                | K30-39   | <b>00:21:42</b> | 203 | 00:03:44 | <b>00:37:27</b> | <b>188</b> |      |      |
| 193 | <b>DOLATA Łukasz</b>              | <b>135</b> |                                | M40-49   | <b>00:19:48</b> | 181 | 00:04:45 | <b>00:38:29</b> | <b>197</b> |      |      |

|     |                                     |            |  | Pływanie |                 | T1  | Rower    |                 | T2         | Bieg | Czas |
|-----|-------------------------------------|------------|--|----------|-----------------|-----|----------|-----------------|------------|------|------|
| 194 | <b>MIECZKOWSKA-LAPKE Weronika</b>   | <b>118</b> |  | K30-39   | <b>00:22:14</b> | 208 | 00:04:31 | <b>00:36:18</b> | <b>163</b> |      |      |
| 195 | <b>PEC Anna</b>                     | <b>90</b>  | SKS OBORNIKI                             | K50-59   | <b>00:20:53</b> | 196 | 00:04:31 | <b>00:38:08</b> | <b>193</b> |      |      |
| 196 | <b>SKÓRCZEWSKI Jacek</b>            | <b>124</b> |  | M60-69   | <b>00:22:02</b> | 205 | 00:05:09 | <b>00:36:25</b> | <b>168</b> |      |      |
| 197 | <b>BŁĄŻEJEWSKA Agnieszka</b>        | <b>60</b>  | TM IRON TEAM                             | K30-39   | <b>00:20:31</b> | 192 | 00:04:01 | <b>00:39:08</b> | <b>201</b> |      |      |
| 198 | <b>PACZKOWSKA-PAPCZYŃSKA Joanna</b> | <b>30</b>  | TRISPACE/TREK                            | K30-39   | <b>00:22:43</b> | 212 | 00:03:58 | <b>00:37:00</b> | <b>177</b> |      |      |
| 199 | <b>HRYNIEWICZ Agnieszka</b>         | <b>50</b>  |  | K40-49   | <b>00:18:24</b> | 150 | 00:05:03 | <b>00:40:40</b> | <b>208</b> |      |      |
| 200 | <b>PANTKOWSKI Adam</b>              | <b>143</b> |  | M40-49   | <b>00:26:21</b> | 223 | 00:04:41 | <b>00:33:15</b> | <b>106</b> |      |      |
| 201 | <b>NIEDŹWIEDZKA Agata</b>           | <b>149</b> | SMARUJ NA TRENING                        | K30-39   | <b>00:22:15</b> | 209 | 00:03:53 | <b>00:38:13</b> | <b>195</b> |      |      |
| 202 | <b>BOGALECKI Marek</b>              | <b>209</b> | KS SOKÓŁ ZBLEWO                          | M60-69   | <b>00:20:55</b> | 198 | 00:06:17 | <b>00:37:27</b> | <b>187</b> |      |      |
| 203 | <b>SZUKALSKI Michał</b>             | <b>14</b>  |  | M40-49   | <b>00:20:38</b> | 193 | 00:03:52 | <b>00:40:19</b> | <b>205</b> |      |      |
| 204 | <b>BUCZKO Michał</b>                | <b>109</b> |  | M40-49   | <b>00:21:47</b> | 204 | 00:04:08 | <b>00:39:11</b> | <b>202</b> |      |      |
| 205 | <b>MONTOWSKI Jan</b>                | <b>132</b> | KLUB OPŁAWIEC                            | M60-69   | <b>00:23:15</b> | 217 | 00:04:54 | <b>00:37:11</b> | <b>181</b> |      |      |
| 206 | <b>POBOC Przemysław</b>             | <b>155</b> |  | M50-59   | <b>00:22:40</b> | 211 | 00:04:10 | <b>00:38:37</b> | <b>198</b> |      |      |
| 207 | <b>SERWACKI Dawid</b>               | <b>99</b>  |  | M30-39   | <b>00:19:49</b> | 182 | 00:04:51 | <b>00:40:56</b> | <b>211</b> |      |      |
| 208 | <b>RĄCZKOWSKI Daniel</b>            | <b>117</b> | AKTYWNIEM UZALEŻNIAMY PŁOCK              | M30-39   | <b>00:19:36</b> | 174 | 00:04:46 | <b>00:41:25</b> | <b>214</b> |      |      |
| 209 | <b>CZYŻEWSKI Piotr</b>              | <b>20</b>  |  | M40-49   | <b>00:22:57</b> | 215 | 00:05:24 | <b>00:38:47</b> | <b>199</b> |      |      |
| 210 | <b>WUJEK Magdalena</b>              | <b>77</b>  |  | K40-49   | <b>00:22:25</b> | 210 | 00:04:05 | <b>00:40:54</b> | <b>210</b> |      |      |
| 211 | <b>URBAŃSKI Daniel</b>              | <b>91</b>  |  | M40-49   | <b>00:19:54</b> | 185 | 00:06:22 | <b>00:42:12</b> | <b>216</b> |      |      |
| 212 | <b>WIŚNIEWSKA Lucyna</b>            | <b>16</b>  | TRISPACE/TREK                            | K50-59   | <b>00:23:12</b> | 216 | 00:04:18 | <b>00:41:15</b> | <b>212</b> |      |      |
| 213 | <b>NOSIADEK Marta</b>               | <b>78</b>  | CROSS-SPORT                              | K30-39   | <b>00:22:47</b> | 214 | 00:05:47 | <b>00:40:39</b> | <b>206</b> |      |      |
| 214 | <b>MAKSYMOWICZ Agata</b>            | <b>85</b>  |  | K40-49   | <b>00:17:12</b> | 116 | 00:06:10 | <b>00:45:54</b> | <b>222</b> |      |      |
| 215 | <b>ŚWIADEK Hubert</b>               | <b>67</b>  |  | M30-39   | <b>00:24:14</b> | 219 | 00:04:39 | <b>00:40:42</b> | <b>209</b> |      |      |
| 216 | <b>SZABO-MOSKAL Jadwiga</b>         | <b>168</b> |  | K50-59   | <b>00:21:00</b> | 200 | 00:04:05 | <b>00:45:17</b> | <b>220</b> |      |      |
| 217 | <b>MAŃCZAK Wawrzyniec</b>           | <b>152</b> | ENDURE TEAM                              | M70-79   | <b>00:16:08</b> | 84  | 00:08:34 | <b>00:46:15</b> | <b>224</b> |      |      |
| 218 | <b>LEWANDOWSKA Larysa</b>           | <b>229</b> | SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA | K18-29   | <b>00:24:18</b> | 220 | 00:04:28 | <b>00:42:52</b> | <b>217</b> |      |      |
| 219 | <b>CIESIELSKI Piotr</b>             | <b>183</b> |  | M50-59   | <b>00:22:12</b> | 207 | 00:05:21 | <b>00:44:11</b> | <b>219</b> |      |      |
| 220 | <b>KWIATKOWSKI Roman</b>            | <b>115</b> |  | M60-69   | <b>00:26:40</b> | 224 | 00:07:19 | <b>00:41:27</b> | <b>215</b> |      |      |
| 221 | <b>WIŚNIEWSKI Krzysztof</b>         | <b>7</b>   | TRISPACE/TREK                            | M50-59   | <b>00:30:28</b> | 226 | 00:05:26 | <b>00:40:39</b> | <b>207</b> |      |      |
| 222 | <b>SAWICKI Waldemar</b>             | <b>83</b>  |  | M80+     | <b>00:25:33</b> | 221 | 00:05:44 | <b>00:45:17</b> | <b>221</b> |      |      |
| 223 | <b>SŁOWIŃSKI Sławek</b>             | <b>157</b> |  | M40-49   | <b>00:28:40</b> | 225 | 00:05:19 | <b>00:45:55</b> | <b>223</b> |      |      |
| 224 | <b>IGNASIAK Bernadeta</b>           | <b>158</b> |  | K40-49   | <b>00:33:55</b> | 227 | 00:03:55 | <b>00:43:56</b> | <b>218</b> |      |      |
| 225 | <b>MIKA Aldona</b>                  | <b>82</b>  |  | K50-59   | <b>00:25:53</b> | 222 | 00:07:55 | <b>00:48:05</b> | <b>226</b> |      |      |
| 226 | <b>WOROSZYŁO Monika</b>             | <b>114</b> | RYKOWISKO                                | K40-49   | <b>00:23:31</b> | 218 | 00:09:28 | <b>00:52:42</b> | <b>227</b> |      |      |
| 227 | <b>KOZIK Anna</b>                   | <b>156</b> |  | K50-59   | <b>00:34:33</b> | 228 | 00:05:37 | <b>00:48:01</b> | <b>225</b> |      |      |
|     | <b>MAAS Oliver</b>                  | <b>161</b> | SOPREMA TEAM TSV MANNHEIM                | M18-29   | <b>00:12:14</b> | 7   | 00:02:50 |                 |            |      |      |

Znaleziono 228 wynik(ów)