



# METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 1,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie		Czas	Rower	Bieg	Czas
						P_Borowno 0.75km	Poz				
1	MISZTELA Jakub	74	PTT DELTA	M18-29		00:11:22	2	00:01:38			
2	MIELOCH Artur	215	DAWAJ KALACH TEAM	M40-49		00:11:00	1	00:02:07			
3	WASZTYL Michał	95	WITKOWO BIEGA / SPORTMANIA SŁUPCA	M30-39		00:11:42	4	00:01:53			
4	TWAROWSKI Karol	231		M40-49		00:11:50	5	00:01:57			
5	KRÓL Hubert	246	WWW.TRENERTRIATHLONU.PL	M30-39		00:12:12	6	00:02:15			
6	RYMER Jakub	235	ERPLAST/BOGMAR	M30-39		00:12:17	8	00:02:11			
7	MALICKI Patryk	122		M30-39		00:11:31	3	00:03:30			
	MAAS Oliver	161	SOPREMA TEAM TSV MANNHEIM	M18-29		00:12:14	7	00:02:50			
9	FÓRMANIAK Piotr	212	TM IRON TEAM	M40-49		00:12:56	13	00:02:11			
10	KOWALIKOWSKI Daniel	221	TM IRON TEAM	M30-39		00:12:56	14	00:02:19			
11	BYCH Maciej	206	GRAJAN TRIATHLON TEAM	M40-49		00:12:40	10	00:02:35			
12	ŁOPUSZYŃSKI Krzysztof	150	TRISPACE/TREK	M40-49		00:13:15	17	00:02:10			
13	BERNACKI Mateusz	153	WANIEWSKI COACHING	M18-29		00:12:44	12	00:02:41			
14	PARTYKA Rafał	29	RAFAL AGAINST THE MACHINE	M40-49		00:13:09	16	00:02:21			
15	GIERACH Jakub	248	TRISPACE/TREK	M18-29		00:13:34	20	00:02:03			
16	CIEPŁOWSKI Robert	107		M40-49		00:12:40	11	00:02:59			
17	URBANOWSKI Włodzimierz	202	RETRO STORK TEAM	M40-49		00:12:21	9	00:03:19			
18	SZEW CZUK Patryk	71	SPORT ZDROWIE KONDYCJA ŚWIECIE	M30-39		00:13:42	23	00:02:05			
19	ROHDE Piotr	190	TM IRONTEAM	M18-29		00:13:22	18	00:02:26			
20	KRÓL Patryk	119	TRIATHLON KONSULTING	M30-39		00:13:06	15	00:02:44			
21	SUDZIŃSKI Hubert	239	TEAMOCHAL	M18-29		00:14:03	32	00:01:52			
22	PRZYBYLSKI Jakub	138	KOMPUTRONIK	M40-49		00:13:40	21	00:02:15			
23	KOTŁOWSKI Bartosz	256	LKS OSTROMECKO	M30-39		00:14:17	36	00:01:42			
24	ZIELINSKI Nicolas	191	SKLEP ELENSPORT.PL	M30-39		00:13:47	24	00:02:13			
25	ZIENKIEWICZ Janusz	201	TRISPACE/TREK	M50-59		00:13:59	30	00:02:08			
26	BASIŃSKI Łukasz	4	ELENSPORT.PL SKLEPY SPORTOWE	M30-39		00:14:20	40	00:01:50			
27	GIERACH Wojciech	247	TRISPACE/TREK	M18-29		00:14:20	39	00:01:50			
28	KUNDE Tomasz	253	BYDGOSZ TRIATHLON	M30-39		00:13:40	22	00:02:32			

							□ Pływanie	□	□	□	□
							Rower	Bieg	□	□	□
29	CYBULSKI Jacek	62	SWIM2TRI		M40-49	00:13:58	29	00:02:17			
30	NOWAK Artur	8			M50-59	00:14:02	31	00:02:14			
31	WITKOWSKI Mateusz	218	WITKOWSKI PLANY TRENINGOWE		M30-39	00:14:21	41	00:01:56			
32	GOŁATA Wojciech	222	BOGMAR LKS OSTROMECKO		M40-49	00:14:16	35	00:02:10			
33	MAJEWSKI Robert	208	#TEAMOCHAL		M40-49	00:13:56	26	00:02:32			
34	SKORECKI Aleksander	252	BYDGOSZCZ TRIATHLON TEAM		M30-39	00:13:57	28	00:02:31			
35	LICZNIERSKI Marek	25			M30-39	00:14:12	33	00:02:18			
36	WIERZYŃSKI Damian	144	TRISPACE/TREK		M30-39	00:14:34	45	00:01:58			
37	CICHOWICZ Martyna	69	PTT DELTA		K30-39	00:13:29	19	00:03:04			
38	DROBINSKI Daniel	193	ŁAPATRIRUN		M30-39	00:13:56	25	00:02:39			
39	ROHDE Łukasz	196	TM IRONTEAM		M18-29	00:14:19	38	00:02:24			
40	DAWIDOWICZ Maciej	28			M40-49	00:14:28	42	00:02:34			
41	ŻMICH-FÓRMANIAK Joanna	213	TM IRONTEAM		K40-49	00:14:53	50	00:02:13			
42	JANUSZKIEW Piotr	39	REBELIA UNDERGROUND TRIATHLON		M40-49	00:14:34	44	00:02:39			
43	GACKA Rafał	216	LUPUS TEAM		M40-49	00:14:51	48	00:02:39			
44	LOOSE Anna	139			K30-39	00:13:57	27	00:03:35			
45	MOLTZAN Liliana	174			K18-29	00:14:14	34	00:03:19			
46	LIPIŃSKI Michał	137	LIPA#76		M40-49	00:14:19	37	00:03:19			
47	KROPLEWSKI Maciej	251	CTS		M40-49	00:14:51	49	00:02:54			
48	KASPEROWICZ Marcin	55	PREDATORS 3TEAM		M40-49	00:15:11	56	00:02:35			
49	WNUK Mateusz	217			M18-29	00:14:41	46	00:03:06			
50	KNYPIŃSKI Wojciech	34			M30-39	00:14:28	43	00:03:19			
51	KNAPIK Karol	125	DAWAJ KALACH TEAM		M30-39	00:15:08	54	00:02:45			
52	YAFIMCHYK Andrei	142	ORCA		M40-49	00:15:09	55	00:02:47			
53	GŁĄB Andrzej	197	WANIEWSKI COACHING		M50-59	00:15:16	59	00:02:40			
54	KUBANEK Łukasz	79	Ł_T_R		M40-49	00:14:59	52	00:03:02			
55	KRÓL Maciej	210	#CHMURACOACHING		M50-59	00:15:21	62	00:02:41			
56	SANKOWSKA Ewelina	159			K40-49	00:15:08	53	00:02:58			
57	HUZARSKI Amadeusz	130	AKADEMIA MISTRZÓW SPORTU		M18-29	00:16:04	83	00:02:06			
58	ZALEWSKI Marcin	41			M30-39	00:15:26	64	00:02:47			
59	PALETA Elżbieta	187	TM IRON TEAM		K18-29	00:15:32	67	00:02:42			
60	ŁATKA Marcin	5			M40-49	00:15:18	61	00:02:57			
61	SOBCZAK Marcin	104	ASSECO ACTIVE TEAM		M40-49	00:15:36	69	00:02:41			
62	GUMIŃSKI Szymon	164			M30-39	00:14:46	47	00:03:34			
63	BOIŃSKI Bartosz	234	TM IRON TEAM		M30-39	00:15:49	74	00:02:34			
64	GRZESIAK Patryk	102	ARTURKUREK.PRO		M40-49	00:15:17	60	00:03:10			
65	DUDKOWIAK Michal	240	DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS		M30-39	00:14:55	51	00:03:32			
66	DADEJ Rafal	184	PIASKIEM W RAKA		M40-49	00:15:51	76	00:02:40			
67	NAPIERAŁA Mikołaj	58	TEAMOCHAL		M30-39	00:15:32	68	00:03:07			
68	PIEKUT Aleksandra	237	BRZEZIŃSKI RUN CLUB		K30-39	00:16:15	86	00:02:27			
69	BUGALSKI Wojciech	33	AKADEMIA MISTRZÓW SPORTU		M40-49	00:15:13	57	00:03:31			
70	BOROWSKI Radosław	89	MLKS KRAJNA SĘPÓLNO		M30-39	00:16:00	79	00:02:49			
71	TURZYŃSKI Jarosław	94	HOLY TRIATHLON TEAM		M30-39	00:15:26	63	00:03:28			
72	NOWOTNIK Mariusz	97			M40-49	00:16:00	80	00:02:57			
73	ŚWIERCZYŃSKI Marcin	36	ATHLETICOMED.PL BYDGOSZCZ		M30-39	00:16:53	103	00:02:08			

							Pływanie			Rower	Bieg	Całe
74	<b>ŁABĘDZKI Maciej</b>	<b>38</b>	TRISPACE/TREK	M30-39	TRISPACE/TREK	<b>00:15:50</b>	75	00:03:12				
75	<b>ZAJĄKAŁA Wojciech</b>	<b>188</b>		M18-29		<b>00:15:58</b>	77	00:03:11				
76	<b>DOMBROWSKI Patryk</b>	<b>113</b>		M30-39		<b>00:16:24</b>	92	00:02:46				
77	<b>SOBCZYŃSKI Michał</b>	<b>200</b>		M30-39		<b>00:15:28</b>	65	00:03:44				
78	<b>SZCZEŚNIAK Szymon</b>	<b>180</b>	SUCHOLESKIE NIEDŹWIEDZIE	M30-39		<b>00:16:09</b>	85	00:03:13				
79	<b>TUROWSKI Maciej</b>	<b>133</b>		M30-39		<b>00:15:37</b>	70	00:03:48				
80	<b>BRYLL Łukasz</b>	<b>45</b>	FORTIS SAGITTA TEAM	M40-49		<b>00:16:23</b>	89	00:03:03				
81	<b>SIUDA Marek</b>	<b>43</b>		M50-59		<b>00:15:40</b>	71	00:03:51				
82	<b>BUDZIK Ireneusz</b>	<b>226</b>		M50-59		<b>00:16:45</b>	100	00:02:49				
83	<b>RYMARKIEWICZ Małgorzata</b>	<b>230</b>	TM IRONTEAM	K40-49		<b>00:16:55</b>	105	00:02:41				
84	<b>GRĄBCZEWSKI Sławomir</b>	<b>185</b>		M30-39		<b>00:15:31</b>	66	00:04:07				
85	<b>ŻELAZNY Marcin</b>	<b>27</b>		M50-59		<b>00:15:48</b>	73	00:03:52				
86	<b>MICHALIK Joanna</b>	<b>147</b>		K40-49		<b>00:16:23</b>	90	00:03:23				
87	<b>PRZYBYTKOWSKI Marek</b>	<b>52</b>	ELENSPORT.PL SKLEPY SPORTOWE	M30-39		<b>00:17:20</b>	121	00:02:30				
88	<b>SKOŁOZDRZYCH Iwona</b>	<b>1</b>		K30-39		<b>00:16:03</b>	82	00:03:48				
89	<b>DULAT Roland</b>	<b>254</b>	LKS OSTROMECKO	M30-39		<b>00:15:58</b>	78	00:03:57				
90	<b>BRZEZINSKI Łukasz</b>	<b>105</b>	ASSECO ACTIVE TEAM	M30-39		<b>00:17:00</b>	108	00:02:56				
91	<b>RUSZKOWSKI Wiktor</b>	<b>128</b>		M30-39		<b>00:15:42</b>	72	00:04:14				
92	<b>PODLASIŃSKI Tomasz</b>	<b>140</b>	BAYERLIFETEAM	M50-59		<b>00:16:15</b>	87	00:03:42				
93	<b>CHODKIEWICZ Tomasz</b>	<b>31</b>	GARDEN FLORA MTB TEAM	M40-49		<b>00:16:43</b>	98	00:03:15				
94	<b>STĘPIEŃ Tomasz</b>	<b>54</b>		M40-49		<b>00:16:19</b>	88	00:03:42				
95	<b>TYMIŃSKI Dariusz</b>	<b>172</b>	PTT DELTA	M50-59		<b>00:17:51</b>	136	00:02:11				
96	<b>MOJSIEWICZ Natalia</b>	<b>227</b>		K18-29		<b>00:16:59</b>	107	00:03:03				
97	<b>KWAPIŃSKI Damian</b>	<b>49</b>	TEAMOCHAL	M40-49		<b>00:17:08</b>	113	00:02:54				
98	<b>SIEG Tymoteusz</b>	<b>219</b>		M18-29		<b>00:15:14</b>	58	00:04:50				
99	<b>KOPIŃSKA - KRÓL Magdalena</b>	<b>211</b>	#CHMURACOACHING	K40-49		<b>00:17:12</b>	115	00:02:55				
100	<b>SZYMCZAK Elwira</b>	<b>151</b>		K18-29		<b>00:16:24</b>	91	00:03:43				
101	<b>KOTOŃSKI Damian</b>	<b>175</b>		M30-39		<b>00:17:01</b>	110	00:03:08				
102	<b>MORDAKA Maciej</b>	<b>3</b>		M40-49		<b>00:16:39</b>	96	00:03:32				
103	<b>MIŚ Filip</b>	<b>162</b>	MAM W PŁYWANIU TYLE DOŚWIADCZENIA, CO CZESKA ŻEGLUGA MORSKA	M18-29		<b>00:16:42</b>	97	00:03:30				
104	<b>WAŁĘZA Hubert</b>	<b>17</b>		M30-39		<b>00:16:59</b>	106	00:03:14				
105	<b>PALUCH Jan</b>	<b>203</b>	TRIATHLON KONSULTING	M18-29		<b>00:17:01</b>	109	00:03:13				
106	<b>CHOLEWCZYŃSKI Damian</b>	<b>232</b>	TM IRON TEAM	M30-39		<b>00:17:14</b>	117	00:03:01				
107	<b>CYNOWSKI Krzysztof</b>	<b>10</b>	CYNA	M40-49		<b>00:17:18</b>	120	00:02:57				
108	<b>GÓRNY Bartłomiej</b>	<b>63</b>		M40-49		<b>00:17:48</b>	134	00:02:34				
109	<b>CHROMIŃSKI Fabian</b>	<b>32</b>		M30-39		<b>00:16:53</b>	104	00:03:30				
110	<b>CYBULSKI Paweł</b>	<b>160</b>		M30-39		<b>00:17:18</b>	119	00:03:11				
111	<b>KOCZOROWSKA Kamila</b>	<b>11</b>		K30-39		<b>00:16:37</b>	95	00:03:53				
112	<b>WOŹNIAK Anna</b>	<b>205</b>	TM IRON TEAM	K40-49		<b>00:17:22</b>	123	00:03:10				
113	<b>MOSKAL Przemysław</b>	<b>145</b>		M18-29		<b>00:17:01</b>	111	00:03:32				
114	<b>JARLACZYŃSKA Hanna</b>	<b>242</b>		K18-29		<b>00:17:32</b>	126	00:03:02				
115	<b>GABRYCH Maciej</b>	<b>24</b>	CZARNE STOPY	M40-49		<b>00:17:31</b>	125	00:03:07				
116	<b>DOLIŃSKI Dawid</b>	<b>81</b>		M40-49		<b>00:16:01</b>	81	00:04:41				
117	<b>GMOSIŃSKI Tomasz</b>	<b>199</b>	CSU RACING TEAM BYDGOSZCZ	M40-49		<b>00:16:33</b>	94	00:04:10				
118	<b>GIEDRYS Roman</b>	<b>73</b>		M50-59		<b>00:17:23</b>	124	00:03:22				

				□ Pływanie	TE	□ Rower	□ Bieg	□ Czas
119	<b>MAJDA Adrian</b>	<b>121</b>		M30-39	<b>00:17:43</b>	130	00:03:06	
120	<b>TRZOPEK Grzegorz</b>	<b>192</b>		M40-49	<b>00:16:51</b>	102	00:03:58	
121	<b>LUDWINIAK Bogdan</b>	<b>111</b>		M50-59	<b>00:17:59</b>	142	00:02:57	
122	<b>GRUBICH Arkadiusz</b>	<b>244</b>		M40-49	<b>00:17:51</b>	138	00:03:09	
123	<b>ZIELIŃSKI Radosław</b>	<b>2</b>		M30-39	<b>00:17:33</b>	127	00:03:30	
124	<b>SADKIEWICZ Jacek</b>	<b>225</b>	RACING TEAM	M50-59	<b>00:17:14</b>	118	00:03:50	
125	<b>LUKOWSKI Grzegorz</b>	<b>72</b>	RODZINNY TEAM ŚRODKOWA	M40-49	<b>00:17:06</b>	112	00:03:59	
126	<b>KOWALSKI Piotr</b>	<b>76</b>		M50-59	<b>00:17:22</b>	122	00:03:43	
127	<b>KARCZEWSKI Filip</b>	<b>18</b>		M40-49	<b>00:18:03</b>	144	00:03:04	
128	<b>RUSZKOWSKA Agnieszka</b>	<b>126</b>		K30-39	<b>00:17:50</b>	135	00:03:18	
129	<b>RUCIŃSKI Rafał</b>	<b>22</b>	SELEKCJA NATURALNA	M30-39	<b>00:18:30</b>	154	00:02:38	
130	<b>ANDRZEJEWSKA Sylwia</b>	<b>238</b>	TEAMOCHAL	K30-39	<b>00:18:19</b>	147	00:02:49	
131	<b>OZOROWSKI Lukasz</b>	<b>204</b>		M40-49	<b>00:17:38</b>	129	00:03:38	
132	<b>WEGNER Patrycja</b>	<b>186</b>	SZOGUN TEAM	K30-39	<b>00:18:12</b>	145	00:03:06	
133	<b>SOŁDYGA Paweł</b>	<b>257</b>	SKOWRONEKBIEGA	M40-49	<b>00:18:26</b>	152	00:02:53	
134	<b>KRYGER Wojciech</b>	<b>220</b>	AJM TEAM	M40-49	<b>00:17:12</b>	114	00:04:08	
135	<b>MOSUR-GALICKA Angelina</b>	<b>9</b>	AKADEMIA MISTRZÓW SPORTU	K50-59	<b>00:16:43</b>	99	00:04:38	
136	<b>CHMURA Maciej</b>	<b>101</b>	TRIATHLON KONSULTING	M40-49	<b>00:17:46</b>	131	00:03:35	
137	<b>LIPCZYŃSKI Tomasz</b>	<b>64</b>	AKTYWNIE UZALEŻNIAMY PŁOCK	M30-39	<b>00:16:47</b>	101	00:04:35	
138	<b>BEM Wojciech</b>	<b>194</b>		M30-39	<b>00:17:46</b>	132	00:03:37	
139	<b>STYPCZYŃSKI Jan</b>	<b>154</b>		M18-29	<b>00:18:37</b>	158	00:02:54	
140	<b>KUBALEWSKI Krzysztof</b>	<b>127</b>		M30-39	<b>00:16:26</b>	93	00:05:07	
141	<b>GILL Daniel</b>	<b>249</b>	LKS OSTROMECKO	M40-49	<b>00:18:28</b>	153	00:03:07	
142	<b>STAŃCZYK Kamil</b>	<b>181</b>	8. K-PBOT	M30-39	<b>00:17:47</b>	133	00:03:49	
143	<b>TIETZ Natalia</b>	<b>70</b>	STAJNIA PEGAZA STAWY	K30-39	<b>00:17:56</b>	141	00:03:42	
144	<b>CICHOŃSKA-BAZAK Marzena</b>	<b>163</b>		K50-59	<b>00:18:25</b>	151	00:03:14	
145	<b>SZEWS Marek</b>	<b>136</b>	AKADEMIA MISTRZÓW SPORTU	M50-59	<b>00:18:52</b>	167	00:02:52	
146	<b>STĘPIEŃ Michał</b>	<b>116</b>		M30-39	<b>00:17:51</b>	137	00:03:55	
147	<b>SKORUPSKA Ewa</b>	<b>189</b>	OWOCBIEGA	K30-39	<b>00:18:39</b>	160	00:03:12	
148	<b>MROTEK Katarzyna</b>	<b>112</b>	AKADEMIA MISTRZÓW SPORTU	K40-49	<b>00:18:19</b>	148	00:03:37	
149	<b>STRYCZYŃSKI Marek</b>	<b>26</b>	TRISPACE/TREK	M30-39	<b>00:18:37</b>	159	00:03:22	TRISPACE/TREK
150	<b>URBAŃSKI Dawid</b>	<b>110</b>		M40-49	<b>00:17:56</b>	140	00:04:03	
151	<b>MIKOŁAJCZAK Artur</b>	<b>178</b>		M40-49	<b>00:18:34</b>	155	00:03:32	
152	<b>KUŹMA Wojtek</b>	<b>6</b>		M50-59	<b>00:19:11</b>	171	00:03:00	
153	<b>MICHALAK Agata</b>	<b>177</b>		K18-29	<b>00:18:55</b>	168	00:03:16	
154	<b>KWIATKOWSKI Piotr</b>	<b>165</b>		M30-39	<b>00:17:38</b>	128	00:04:35	
155	<b>STYPCZYŃSKA Natalia</b>	<b>198</b>	TRISPACE	K30-39	<b>00:18:59</b>	169	00:03:14	
156	<b>ANTOSIK Patryk</b>	<b>66</b>	CSWLĄD POZNAŃ	M30-39	<b>00:18:36</b>	157	00:03:39	
157	<b>LISEWSKI Piotr</b>	<b>100</b>		M60-69	<b>00:18:51</b>	166	00:03:26	
158	<b>PAPIEROWSKI Piotr</b>	<b>40</b>	ATOS	M30-39	<b>00:18:15</b>	146	00:04:03	
159	<b>HAJŁASZ Marcin</b>	<b>129</b>		M30-39	<b>00:17:53</b>	139	00:04:28	
160	<b>ROMAN Krzysztof</b>	<b>93</b>		M40-49	<b>00:18:23</b>	149	00:03:59	
161	<b>OSAK Paweł</b>	<b>19</b>		M30-39	<b>00:18:36</b>	156	00:03:48	
162	<b>KOLASSA Robert</b>	<b>42</b>		M30-39	<b>00:18:49</b>	163	00:03:42	
163	<b>BAUMGART Jacek</b>	<b>195</b>	BIEGAJ Z DĘBAMI	M60-69	<b>00:18:02</b>	143	00:04:33	

					□ Pływanie	□	□ Rower	□ Bieg	□ Czas
164	<b>WINIECKA</b> Martyna	<b>59</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	K18-29	<b>00:19:33</b>	173	00:03:14		
165	<b>KUKLISOVA</b> Gabriela	<b>15</b>		K40-49	<b>00:18:44</b>	162	00:04:12		
166	<b>ROBACZEK</b> Andrzej	<b>170</b>		M40-49	<b>00:18:50</b>	164	00:04:07		
167	<b>CEGLARSKA</b> Inga	<b>258</b>	N-BIKE	K40-49	<b>00:19:03</b>	170	00:03:56		
168	<b>NIEDŹWIEDZKI</b> Arkadiusz	<b>148</b>	SMARUJ NA TRENING	M40-49	<b>00:19:39</b>	175	00:03:25		
169	<b>LICZNIERSKA</b> Alina	<b>56</b>	OWOCBIEGA TEAM	K40-49	<b>00:20:46</b>	195	00:02:31		
170	<b>MAKSYMOWICZ</b> Agata	<b>85</b>		K40-49	<b>00:17:12</b>	116	00:06:10		
171	<b>MAŁKIŃSKI</b> Józef	<b>84</b>		M60-69	<b>00:19:46</b>	180	00:03:36		
172	<b>DWOJACZNA-CHRAPKOWSKA</b> Anna	<b>13</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40-49	<b>00:19:49</b>	183	00:03:34		
173	<b>DOMEK</b> Katarzyna	<b>46</b>		K30-39	<b>00:19:43</b>	178	00:03:41		
174	<b>WAWRZYŃIAK</b> Dominik	<b>53</b>	TAVERNA NAKŁO	M18-29	<b>00:20:02</b>	186	00:03:24		
175	<b>HRYNIEWICZ</b> Agnieszka	<b>50</b>		K40-49	<b>00:18:24</b>	150	00:05:03		
176	<b>STĘPSKA</b> Małgosia	<b>61</b>	ŻELKI Z KRAKOWA	K50-59	<b>00:20:09</b>	188	00:03:19		
177	<b>DOŁKOWSKA</b> Monika	<b>106</b>	TM IRON TEAM	K30-39	<b>00:20:14</b>	189	00:03:22		
178	<b>WOŹNIAK</b> Radek	<b>123</b>		M40-49	<b>00:19:39</b>	176	00:04:06		
179	<b>GUZIK</b> Krzysztof	<b>141</b>		M30-39	<b>00:20:42</b>	194	00:03:06		
180	<b>OLSZEWSKI</b> Daniel	<b>169</b>		M30-39	<b>00:19:42</b>	177	00:04:08		
181	<b>MICHALEWSKI</b> Bartosz	<b>207</b>	SOLANO	M40-49	<b>00:18:50</b>	165	00:05:01		
182	<b>GRZEGOROWSKI</b> Jan	<b>134</b>	JKG	M30-39	<b>00:19:49</b>	184	00:04:03		
183	<b>REPKA</b> Marek	<b>166</b>	LUPUS TEAM	M50-59	<b>00:21:06</b>	202	00:02:49		
184	<b>SZYMCZAK</b> Krzysztof	<b>88</b>	SYSTEM 11	M50-59	<b>00:20:25</b>	190	00:03:32		
185	<b>RĄCZKOWSKI</b> Daniel	<b>117</b>	AKTYWNIE UZALEŻNIAMY PŁOCK	M30-39	<b>00:19:36</b>	174	00:04:46		
186	<b>JASIECKI</b> Milan	<b>173</b>	ENDURE TEAM	M18-29	<b>00:19:26</b>	172	00:04:57		
187	<b>TOPOLSKI</b> Kamil	<b>146</b>		M18-29	<b>00:19:44</b>	179	00:04:40		
188	<b>BABIAK</b> Jakub	<b>228</b>	ENDURE TEAM	M40-49	<b>00:20:05</b>	187	00:04:22		
189	<b>SZUKALSKI</b> Michał	<b>14</b>		M40-49	<b>00:20:38</b>	193	00:03:52		
190	<b>BŁĄŻEJEWSKA</b> Agnieszka	<b>60</b>	TM IRON TEAM	K30-39	<b>00:20:31</b>	192	00:04:01		
191	<b>DOLATA</b> Łukasz	<b>135</b>		M40-49	<b>00:19:48</b>	181	00:04:45		
192	<b>STELMACH</b> Patrycja	<b>233</b>	TEAMOCHAL	K30-39	<b>00:20:53</b>	197	00:03:41		
193	<b>SERWACKI</b> Dawid	<b>99</b>		M30-39	<b>00:19:49</b>	182	00:04:51		
194	<b>MAŃCZAK</b> Wawrzyniec	<b>152</b>	ENDURE TEAM	M70-79	<b>00:16:08</b>	84	00:08:34		
195	<b>OSTROWSKI</b> Rafał	<b>68</b>	AKTYWNIE UZALEŻNIAMY PŁOCK	M40-49	<b>00:18:41</b>	161	00:06:14		
196	<b>SZABO-MOSKAL</b> Jadwiga	<b>168</b>		K50-59	<b>00:21:00</b>	200	00:04:05		
197	<b>DUDKOWIAK</b> Martyna	<b>241</b>	DUDKOWIAK FAMILY LAWYERS	K30-39	<b>00:20:58</b>	199	00:04:25		
198	<b>PEC</b> Anna	<b>90</b>	SKS OBORNIKI	K50-59	<b>00:20:53</b>	196	00:04:31		
199	<b>BAGNIEWSKA</b> Sandra	<b>48</b>		K30-39	<b>00:21:42</b>	203	00:03:44		
200	<b>DOBRZYŃSKA</b> Ewa	<b>47</b>		K30-39	<b>00:22:10</b>	206	00:03:26		
201	<b>NOWAK</b> Bartłomiej	<b>214</b>	FORGE YOUR FUTURE	M40-49	<b>00:20:31</b>	191	00:05:14		
202	<b>WRÓBEL</b> Sebastian	<b>243</b>	CYKLO BYDGOSZCZ	M40-49	<b>00:22:45</b>	213	00:03:09		
203	<b>BUCZKO</b> Michał	<b>109</b>		M40-49	<b>00:21:47</b>	204	00:04:08		
204	<b>NIEDŹWIEDZKA</b> Agata	<b>149</b>	SMARUJ NA TRENING	K30-39	<b>00:22:15</b>	209	00:03:53		
205	<b>URBAŃSKI</b> Daniel	<b>91</b>		M40-49	<b>00:19:54</b>	185	00:06:22		
206	<b>BINKOWSKI</b> Czarek	<b>255</b>	LKS OSTROMECKO	M50-59	<b>00:21:03</b>	201	00:05:14		
207	<b>WUJEK</b> Magdalena	<b>77</b>		K40-49	<b>00:22:25</b>	210	00:04:05		

						□ Pływanie	TE	□ Rower	□ Bieg	□ Czas
208	<b>PACZKOWSKA-PAPCZYŃSKA</b> Joanna	<b>30</b>	TRISPACE/TREK		K30-39	<b>00:22:43</b>	212	00:03:58		
209	<b>MIECZKOWSKA-LAPKE</b> Weronika	<b>118</b>			K30-39	<b>00:22:14</b>	208	00:04:31		
210	<b>POBOC</b> Przemysław	<b>155</b>			M50-59	<b>00:22:40</b>	211	00:04:10		
211	<b>SKÓRCZEWSKI</b> Jacek	<b>124</b>			M60-69	<b>00:22:02</b>	205	00:05:09		
212	<b>BOGALECKI</b> Marek	<b>209</b>	KS SOKÓŁ ZBLEWO		M60-69	<b>00:20:55</b>	198	00:06:17		
213	<b>WIŚNIEWSKA</b> Lucyna	<b>16</b>	TRISPACE/TREK		K50-59	<b>00:23:12</b>	216	00:04:18		
214	<b>CIESIELSKI</b> Piotr	<b>183</b>			M50-59	<b>00:22:12</b>	207	00:05:21		
215	<b>MONTOWSKI</b> Jan	<b>132</b>	KLUB OPŁAWIEC		M60-69	<b>00:23:15</b>	217	00:04:54		
216	<b>CZYŻEWSKI</b> Piotr	<b>20</b>			M40-49	<b>00:22:57</b>	215	00:05:24		
217	<b>NOSIADEK</b> Marta	<b>78</b>	CROSS-SPORT		K30-39	<b>00:22:47</b>	214	00:05:47		
218	<b>LEWANDOWSKA</b> Larysa	<b>229</b>	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA		K18-29	<b>00:24:18</b>	220	00:04:28		
219	<b>ŚWIADEK</b> Hubert	<b>67</b>			M30-39	<b>00:24:14</b>	219	00:04:39		
220	<b>PANTKOWSKI</b> Adam	<b>143</b>			M40-49	<b>00:26:21</b>	223	00:04:41		
221	<b>SAWICKI</b> Waldemar	<b>83</b>			M80+	<b>00:25:33</b>	221	00:05:44		
222	<b>WOROSZYŁO</b> Monika	<b>114</b>	RYKOWISKO		K40-49	<b>00:23:31</b>	218	00:09:28		
223	<b>MIKA</b> Aldona	<b>82</b>			K50-59	<b>00:25:53</b>	222	00:07:55		
224	<b>SŁOWIŃSKI</b> Sławek	<b>157</b>			M40-49	<b>00:28:40</b>	225	00:05:19		
225	<b>KWIATKOWSKI</b> Roman	<b>115</b>			M60-69	<b>00:26:40</b>	224	00:07:19		
226	<b>WIŚNIEWSKI</b> Krzysztof	<b>7</b>	TRISPACE/TREK		M50-59	<b>00:30:28</b>	226	00:05:26		
227	<b>IGNASIAK</b> Bernadeta	<b>158</b>			K40-49	<b>00:33:55</b>	227	00:03:55		
228	<b>KOZIK</b> Anna	<b>156</b>			K50-59	<b>00:34:33</b>	228	00:05:37		

Znaleziono 228 wynik(ów)