



METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

Wydarzenie: Metalkas Ocean Lava Triathlon Polska
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2023-08-20
Miejsce: Bydgoszcz
Dystans: 25.75 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 21,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie		TZ	Rower		TZ	Bieg	Czas
						P_Borowno 0.75km	Poz		R_Lidl 20km	Poz			
1	MIELOCH Artur	215	DAWAJ KALACH TEAM	M40-49		00:11:00	1	00:02:07	00:28:38	10			
2	RYMER Jakub	235	ERPLAST/BOGMAR	M30-39		00:12:17	8	00:02:11	00:28:06	6			
3	ŁOPUSZYŃSKI Krzysztof	150	TRISPACE/TREK	M40-49		00:13:15	17	00:02:10	00:27:32	2			
4	MISZTELA Jakub	74	PTT DELTA	M18-29		00:11:22	2	00:01:38	00:30:17	30			
5	PRZYBYLSKI Jakub	138	KOMPUTRONIK	M40-49		00:13:40	21	00:02:15	00:27:28	1			
6	FÓRMANIAK Piotr	212	TM IRON TEAM	M40-49		00:12:56	13	00:02:11	00:28:30	9			
7	PARTYKA Rafał	29	RAFAL AGAINST THE MACHINE	M40-49		00:13:09	16	00:02:21	00:28:19	8			
8	WASZTYL Michał	95	WITKOWO BIEGA / SPORTMANIA SŁUPCA	M30-39		00:11:42	4	00:01:53	00:30:26	32			
9	BASIŃSKI Łukasz	4	ELENSPORT.PL SKLEPY SPORTOWE	M30-39		00:14:20	40	00:01:50	00:27:57	4			
10	DROBINSKI Daniel	193	ŁAPATRIRUN	M30-39		00:13:56	25	00:02:39	00:28:00	5			
11	WIERZYŃSKI Damian	144	TRISPACE/TREK	M30-39		00:14:34	45	00:01:58	00:28:08	7			
12	SZEWCUK Patryk	71	SPORT ZDROWIE KONDYCJA ŚWIECIE	M30-39		00:13:42	23	00:02:05	00:28:58	11			
13	TWAROWSKI Karol	231		M40-49		00:11:50	5	00:01:57	00:31:09	57			
14	KRÓL Hubert	246	WWW.TRENERTRIATHLONU.PL	M30-39		00:12:12	6	00:02:15	00:30:39	39			
15	KOTŁOWSKI Bartosz	256	LKS OSTROMECKO	M30-39		00:14:17	36	00:01:42	00:29:10	13			
16	ZIENKIEWICZ Janusz	201	TRISPACE/TREK	M50-59		00:13:59	30	00:02:08	00:29:06	12			
17	SUDZIŃSKI Hubert	239	TEAMOCHAL	M18-29		00:14:03	32	00:01:52	00:29:24	16			
18	GIERACH Wojciech	247	TRISPACE/TREK	M18-29		00:14:20	39	00:01:50	00:29:15	14			
19	KUBANEK Łukasz	79	Ł_T_R	M40-49		00:14:59	52	00:03:02	00:27:42	3			
20	URBANOWSKI Włodzimierz	202	RETRO STORK TEAM	M40-49		00:12:21	9	00:03:19	00:30:04	27			
21	KOWALIKOWSKI Daniel	221	TM IRON TEAM	M30-39		00:12:56	14	00:02:19	00:30:36	37			
22	MAJEWSKI Robert	208	#TEAMOCHAL	M40-49		00:13:56	26	00:02:32	00:29:25	18			
23	CYBULSKI Jacek	62	SWIM2TRI	M40-49		00:13:58	29	00:02:17	00:29:47	24			
24	ZIELINSKI Nicolas	191	SKLEP ELENSPORT.PL	M30-39		00:13:47	24	00:02:13	00:30:08	28			
25	WITKOWSKI Mateusz	218	WITKOWSKI PLANY TRENINGOWE	M30-39		00:14:21	41	00:01:56	00:30:14	29			
26	DAWIDOWICZ Maciej	28		M40-49		00:14:28	42	00:02:34	00:29:37	21			

					Pływanie			Rower		Bieg
27	GOŁATA Wojciech	222	BOGMAR LKS OSTROMECKO	M40-49	00:14:16	35	00:02:10	00:30:25	31	
28	LICZNIERSKI Marek	25		M30-39	00:14:12	33	00:02:18	00:30:28	34	
29	BYCH Maciej	206	GRAJAN TRIATHLON TEAM	M40-49	00:12:40	10	00:02:35	00:31:49	73	
30	NOWAK Artur	8		M50-59	00:14:02	31	00:02:14	00:30:57	49	
31	ROHDE Piotr	190	TM IRONTEAM	M18-29	00:13:22	18	00:02:26	00:31:35	68	
32	GACKA Rafał	216	LUPUS TEAM	M40-49	00:14:51	48	00:02:39	00:30:01	26	
33	SKORECKI Aleksander	252	BYDGOSZCZ TRIATHLON TEAM	M30-39	00:13:57	28	00:02:31	00:31:07	56	
34	GIERACH Jakub	248	TRISPACE/TREK	M18-29	00:13:34	20	00:02:03	00:32:04	77	
35	ROHDE Łukasz	196	TM IRONTEAM	M18-29	00:14:19	38	00:02:24	00:31:04	53	
36	KRÓL Maciej	210	#CHMURACOACHING	M50-59	00:15:21	62	00:02:41	00:29:45	23	
37	ŻMICH-FÓRMANIAK Joanna	213	TM IRONTEAM	K40-49	00:14:53	50	00:02:13	00:30:53	46	
38	BERNACKI Mateusz	153	WANIEWSKI COACHING	M18-29	00:12:44	12	00:02:41	00:32:45	91	
39	PIEKUT Aleksandra	237	BRZEZIŃSKI RUN CLUB	K30-39	00:16:15	86	00:02:27	00:29:33	20	
40	BUGALSKI Wojciech	33	AKADEMIA MISTRZÓW SPORTU	M40-49	00:15:13	57	00:03:31	00:29:40	22	
41	JANUSZKIEW Piotr	39	REBELIA UNDERGROUND TRIATHLON	M40-49	00:14:34	44	00:02:39	00:31:11	58	
42	KROPLEWSKI Maciej	251	CTS	M40-49	00:14:51	49	00:02:54	00:30:40	40	
43	MALICKI Patryk	122		M30-39	00:11:31	3	00:03:30	00:33:36	114	
44	KRÓL Patryk	119	TRIATHLON KONSULTING	M30-39	00:13:06	15	00:02:44	00:32:53	100	
45	KNAPIK Karol	125	DAWAJ KALACH TEAM	M30-39	00:15:08	54	00:02:45	00:30:54	48	
46	CIEPŁOWSKI Robert	107		M40-49	00:12:40	11	00:02:59	00:33:28	112	
47	LIPIŃSKI Michał	137	LIPA#76	M40-49	00:14:19	37	00:03:19	00:31:45	72	
48	NAPIERAŁA Mikołaj	58	TEAMOCHAL	M30-39	00:15:32	68	00:03:07	00:30:47	43	
49	KWAPIŃSKI Damian	49	TEAMOCHAL	M40-49	00:17:08	113	00:02:54	00:29:25	17	
50	PALETA Elżbieta	187	TM IRON TEAM	K18-29	00:15:32	67	00:02:42	00:31:21	63	
51	BOROWSKI Radosław	89	MLKS KRAJNA SĘPÓLNO	M30-39	00:16:00	79	00:02:49	00:30:50	44	
52	DADEJ Rafał	184	PIASKIEM W RAKA	M40-49	00:15:51	76	00:02:40	00:31:20	62	
53	GRZESIAK Patryk	102	ARTURKUREK.PRO	M40-49	00:15:17	60	00:03:10	00:31:25	65	
54	GŁĄB Andrzej	197	WANIEWSKI COACHING	M50-59	00:15:16	59	00:02:40	00:31:59	76	
55	NOWOTNIK Mariusz	97		M40-49	00:16:00	80	00:02:57	00:31:03	52	
56	TRZOPEK Grzegorz	192		M40-49	00:16:51	102	00:03:58	00:29:18	15	
57	KNYPIŃSKI Wojciech	34		M30-39	00:14:28	43	00:03:19	00:32:22	83	
58	KUNDE Tomasz	253	BYDGOSZ TRIATHLON	M30-39	00:13:40	22	00:02:32	00:34:01	127	
59	PRZYBYTKOWSKI Marek	52	ELENSPORT.PL SKLEPY SPORTOWE	M30-39	00:17:20	121	00:02:30	00:30:31	35	
60	CHODKIEWICZ Tomasz	31	GARDEN FLORA MTB TEAM	M40-49	00:16:43	98	00:03:15	00:30:36	38	
61	DUDKOWIAK Michał	240	DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS	M30-39	00:14:55	51	00:03:32	00:32:09	80	
62	KOTOŃSKI Damian	175		M30-39	00:17:01	110	00:03:08	00:30:28	33	
63	BUDZIK Ireneusz	226		M50-59	00:16:45	100	00:02:49	00:31:04	54	
64	ANDRZEJEWSKA Sylwia	238	TEAMOCHAL	K30-39	00:18:19	147	00:02:49	00:29:32	19	
65	STĘPIEŃ Tomasz	54		M40-49	00:16:19	88	00:03:42	00:30:51	45	
66	BOIŃSKI Bartosz	234	TM IRON TEAM	M30-39	00:15:49	74	00:02:34	00:32:35	87	
67	BRYLL Łukasz	45	FORTIS SAGITTA TEAM	M40-49	00:16:23	89	00:03:03	00:31:34	67	
68	SOBCZAK Marcin	104	ASSECO ACTIVE TEAM	M40-49	00:15:36	69	00:02:41	00:32:47	93	
69	WOŹNIAK Anna	205	TM IRON TEAM	K40-49	00:17:22	123	00:03:10	00:30:33	36	

					Pływanie		T1	Rower		T2	Bieg	Czas
70	HUZARSKI Amadeusz	130	AKADEMIA MISTRZÓW SPORTU	M18-29	00:16:04	83	00:02:06	00:32:56	101			
71	PALUCH Jan	203	TRIATHLON KONSULTING	M18-29	00:17:01	109	00:03:13	00:30:53	47			
72	KASPEROWICZ Marcin	55	PREDATORS 3TEAM	M40-49	00:15:11	56	00:02:35	00:33:23	109			
73	RYMARKIEWICZ Małgorzata	230	TM IRONTEAM	K40-49	00:16:55	105	00:02:41	00:31:35	69			
74	BRZEZINSKI Łukasz	105	ASSECO ACTIVE TEAM	M30-39	00:17:00	108	00:02:56	00:31:21	64			
75	TYMIŃSKI Dariusz	172	PTT DELTA	M50-59	00:17:51	136	00:02:11	00:31:17	61			
76	ZALEWSKI Marcin	41		M30-39	00:15:26	64	00:02:47	00:33:15	107			
77	GILL Daniel	249	LKS OSTROMECKO	M40-49	00:18:28	153	00:03:07	00:29:55	25			
78	DOMBROWSKI Patryk	113		M30-39	00:16:24	92	00:02:46	00:32:21	82			
79	GUMIŃSKI Szymon	164		M30-39	00:14:46	47	00:03:34	00:33:23	110			
80	WNUK Mateusz	217		M18-29	00:14:41	46	00:03:06	00:33:58	125			
81	GIEDRYS Roman	73		M50-59	00:17:23	124	00:03:22	00:31:01	51			
82	CICHOWICZ Martyna	69	PTT DELTA	K30-39	00:13:29	19	00:03:04	00:35:14	145			
83	ZAJĄKAŁA Wojciech	188		M18-29	00:15:58	77	00:03:11	00:32:45	92			
84	TURZYŃSKI Jarosław	94	HOLY TRIATHLON TEAM	M30-39	00:15:26	63	00:03:28	00:33:06	105			
85	CHROMIŃSKI Fabian	32		M30-39	00:16:53	104	00:03:30	00:31:37	70			
86	GRUBICH Arkadiusz	244		M40-49	00:17:51	138	00:03:09	00:31:01	50			
87	CYBULSKI Paweł	160		M30-39	00:17:18	119	00:03:11	00:31:32	66			
88	ŁABĘDZKI Maciej	38	TRISPACE/TREK	M30-39	00:15:50	75	00:03:12	00:33:01	104			
89	KOPIŃSKA - KRÓL Magdalena	211	#CHMURACOACHING	K40-49	00:17:12	115	00:02:55	00:32:08	79			
90	KARCZEWSKI Filip	18		M40-49	00:18:03	144	00:03:04	00:31:14	60			
91	WAŁĘZA Hubert	17		M30-39	00:16:59	106	00:03:14	00:32:11	81			
92	SIUDA Marek	43		M50-59	00:15:40	71	00:03:51	00:32:56	102			
93	MICHALIK Joanna	147		K40-49	00:16:23	90	00:03:23	00:32:48	94			
94	MIŚ Filip	162	MAM W PŁYWANIU TYLE DOŚWIADCZENIA, CO CZESKA ŻEGLUGA MORSKA	M18-29	00:16:42	97	00:03:30	00:32:24	84			
95	DULAT Roland	254	LKS OSTROMECKO	M30-39	00:15:58	78	00:03:57	00:32:51	96			
96	GÓRNY Bartłomiej	63		M40-49	00:17:48	134	00:02:34	00:32:31	85			
97	OZOROWSKI Lukasz	204		M40-49	00:17:38	129	00:03:38	00:31:37	71			
98	CYNOWSKI Krzysztof	10	CYNA	M40-49	00:17:18	120	00:02:57	00:32:42	89			
99	ANTOSIK Patryk	66	CSWLĄD POZNAŃ	M30-39	00:18:36	157	00:03:39	00:31:11	59			
100	SOŁDYGA Paweł	257	SKOWRONEKBIEGA	M40-49	00:18:26	152	00:02:53	00:32:08	78			
101	LOOSE Anna	139		K30-39	00:13:57	27	00:03:35	00:35:58	157			
102	KOWALSKI Piotr	76		M50-59	00:17:22	122	00:03:43	00:32:33	86			
103	CHOLEWCZYŃSKI Damian	232	TM IRON TEAM	M30-39	00:17:14	117	00:03:01	00:33:25	111			
104	SZCZEŚNIAK Szymon	180	SUCHOLESKIE NIEDŹWIEDZIE	M30-39	00:16:09	85	00:03:13	00:34:19	131			
105	SIEG Tymoteusz	219		M18-29	00:15:14	58	00:04:50	00:33:37	115			
106	MOJSIEWICZ Natalia	227		K18-29	00:16:59	107	00:03:03	00:33:40	117			
107	SOBCZYŃSKI Michał	200		M30-39	00:15:28	65	00:03:44	00:34:46	138			
108	LUKOWSKI Grzegorz	72	RODZINNY TEAM ŚRODKOWA	M40-49	00:17:06	112	00:03:59	00:32:57	103			
109	DOLIŃSKI Dawid	81		M40-49	00:16:01	81	00:04:41	00:33:28	113			
110	MOLTZAN Liliana	174		K18-29	00:14:14	34	00:03:19	00:36:38	172			
111	SANKOWSKA Ewelina	159		K40-49	00:15:08	53	00:02:58	00:36:10	162			
112	GABRYCH Maciej	24	CZARNE STOPY	M40-49	00:17:31	125	00:03:07	00:33:40	118			

					Pływanie		Rower		Bieg	
113	RUCIŃSKI Rafał	22	SELEKCJA NATURALNA	M30-39	00:18:30	154	00:02:38	00:33:17	108	
114	CICHOŃSKA-BAZAK Marzena	163		K50-59	00:18:25	151	00:03:14	00:32:51	95	
115	REPKA Marek	166	LUPUS TEAM	M50-59	00:21:06	202	00:02:49	00:30:42	41	
116	GMOSIŃSKI Tomasz	199	CSU RACING TEAM BYDGOSZCZ	M40-49	00:16:33	94	00:04:10	00:33:59	126	
117	STRYCZYŃSKI Marek	26	TRISPACE/TREK	M30-39	00:18:37	159	00:03:22	00:32:44	90	
118	MAJDA Adrian	121		M30-39	00:17:43	130	00:03:06	00:33:55	123	
119	LUDWINIAK Bogdan	111		M50-59	00:17:59	142	00:02:57	00:33:54	122	
120	ZIELIŃSKI Radosław	2		M30-39	00:17:33	127	00:03:30	00:33:51	121	
121	PODLASIŃSKI Tomasz	140	BAYERLIFETEAM	M50-59	00:16:15	87	00:03:42	00:35:02	143	
122	YAFIMCHYK Andrei	142	ORCA	M40-49	00:15:09	55	00:02:47	00:37:05	180	
123	ŁATKA Marcin	5		M40-49	00:15:18	61	00:02:57	00:36:46	173	
124	SADKIEWICZ Jacek	225	RACING TEAM	M50-59	00:17:14	118	00:03:50	00:33:57	124	
125	GRĄBCZEWSKI Sławomir	185		M30-39	00:15:31	66	00:04:07	00:35:25	150	
126	KUŻMA Wojtek	6		M50-59	00:19:11	171	00:03:00	00:32:52	98	
127	BABIAK Jakub	228	ENDURE TEAM	M40-49	00:20:05	187	00:04:22	00:30:45	42	
128	ROMAN Krzysztof	93		M40-49	00:18:23	149	00:03:59	00:32:52	99	
129	MOSKAL Przemysław	145		M18-29	00:17:01	111	00:03:32	00:34:42	136	
130	TUROWSKI Maciej	133		M30-39	00:15:37	70	00:03:48	00:35:53	154	
131	CHMURA Maciej	101	TRIATHLON KONSULTING	M40-49	00:17:46	131	00:03:35	00:34:06	128	
132	GRZEGOROWSKI Jan	134	JKG	M30-39	00:19:49	184	00:04:03	00:31:51	74	
133	STAŃCZYK Kamil	181	8. K-PBOT	M30-39	00:17:47	133	00:03:49	00:34:10	129	
134	URBAŃSKI Dawid	110		M40-49	00:17:56	140	00:04:03	00:33:48	120	
135	LICZNIERSKA Alina	56	OWOCBIEGA TEAM	K40-49	00:20:46	195	00:02:31	00:32:37	88	
136	KRYGER Wojciech	220	AJM TEAM	M40-49	00:17:12	114	00:04:08	00:34:37	133	
137	MORDAKA Maciej	3		M40-49	00:16:39	96	00:03:32	00:35:50	153	
138	JASIECKI Milan	173	ENDURE TEAM	M18-29	00:19:26	172	00:04:57	00:31:59	75	
139	JARLACZYŃSKA Hanna	242		K18-29	00:17:32	126	00:03:02	00:35:54	155	
140	LISEWSKI Piotr	100		M60-69	00:18:51	166	00:03:26	00:34:11	130	
141	SZYMCZAK Elwira	151		K18-29	00:16:24	91	00:03:43	00:36:21	165	
142	RUSZKOWSKI Wiktor	128		M30-39	00:15:42	72	00:04:14	00:36:33	171	
143	ŻELAZNY Marcin	27		M50-59	00:15:48	73	00:03:52	00:36:59	176	
144	SZEWS Marek	136	AKADEMIA MISTRZÓW SPORTU	M50-59	00:18:52	167	00:02:52	00:34:55	140	
145	MIKOŁAJCZAK Artur	178		M40-49	00:18:34	155	00:03:32	00:34:37	134	
146	SZYMCZAK Krzysztof	88	SYSTEM 11	M50-59	00:20:25	190	00:03:32	00:32:52	97	
147	PAPIEROWSKI Piotr	40	ATOS	M30-39	00:18:15	146	00:04:03	00:34:31	132	
148	MROTEK Katarzyna	112	AKADEMIA MISTRZÓW SPORTU	K40-49	00:18:19	148	00:03:37	00:35:00	142	
149	WRÓBEL Sebastian	243	CYKLO BYDGOSZCZ	M40-49	00:22:45	213	00:03:09	00:31:05	55	
150	KWIATKOWSKI Piotr	165		M30-39	00:17:38	128	00:04:35	00:34:48	139	
151	HAJŁASZ Marcin	129		M30-39	00:17:53	139	00:04:28	00:34:42	137	
152	STĘPSKA Małgosia	61	ŻELKI Z KRAKOWA	K50-59	00:20:09	188	00:03:19	00:33:39	116	
153	DOŁKOWSKA Monika	106	TM IRON TEAM	K30-39	00:20:14	189	00:03:22	00:33:44	119	
154	BEM Wojciech	194		M30-39	00:17:46	132	00:03:37	00:36:02	158	
155	SKORUPSKA Ewa	189	OWOCBIEGA	K30-39	00:18:39	160	00:03:12	00:35:37	151	

				Pływanie		T1	Rower		T2	Bieg	Czas
156	SKOŁOZDRZYCH Iwona	1		K30-39	00:16:03	82	00:03:48	00:37:40	191		
157	OSAK Paweł	19		M30-39	00:18:36	156	00:03:48	00:35:14	144		
158	STYPCZYŃSKI Jan	154		M18-29	00:18:37	158	00:02:54	00:36:29	169		
159	NIEDŹWIEDZKI Arkadiusz	148	SMARUJ NA TRENING	M40-49	00:19:39	175	00:03:25	00:34:57	141		
160	KOCZOROWSKA Kamila	11		K30-39	00:16:37	95	00:03:53	00:37:39	190		
161	STĘPIEŃ Michał	116		M30-39	00:17:51	137	00:03:55	00:36:23	166		
162	WEGNER Patrycja	186	SZOGUN TEAM	K30-39	00:18:12	145	00:03:06	00:36:51	174		
163	MICHALAK Agata	177		K18-29	00:18:55	168	00:03:16	00:36:02	159		
164	ROBACZEK Andrzej	170		M40-49	00:18:50	164	00:04:07	00:35:22	146		
165	CEGLARSKA Inga	258	N-BIKE	K40-49	00:19:03	170	00:03:56	00:35:23	149		
166	RUSZKOWSKA Agnieszka	126		K30-39	00:17:50	135	00:03:18	00:37:18	183		
167	LIPCZYŃSKI Tomasz	64	AKTYWNIE UZALEŻNIAMY PŁOCK	M30-39	00:16:47	101	00:04:35	00:37:19	184		
168	BAUMGART Jacek	195	BIEGAJ Z DĘBAMI	M60-69	00:18:02	143	00:04:33	00:36:31	170		
169	GUZIK Krzysztof	141		M30-39	00:20:42	194	00:03:06	00:35:23	147		
170	MICHALEWSKI Bartosz	207	SOLANO	M40-49	00:18:50	165	00:05:01	00:35:23	148		
171	STELMACH Patrycja	233	TEAMOCHAL	K30-39	00:20:53	197	00:03:41	00:34:41	135		
172	WAWRZYŃIAK Dominik	53	TAVERNA NAKŁO	M18-29	00:20:02	186	00:03:24	00:35:56	156		
173	WOŹNIAK Radek	123		M40-49	00:19:39	176	00:04:06	00:35:38	152		
174	KOLASSA Robert	42		M30-39	00:18:49	163	00:03:42	00:37:01	178		
175	KUBALEWSKI Krzysztof	127		M30-39	00:16:26	93	00:05:07	00:38:12	194		
176	WINIECKA Martyna	59	IRON HOUSE TRIATHLON WŁOCŁAWEK	K18-29	00:19:33	173	00:03:14	00:37:17	182		
177	ŚWIERCZYŃSKI Marcin	36	ATHLETICOMED.PL BYDGOSZCZ	M30-39	00:16:53	103	00:02:08	00:41:23	213		
178	MAŁKIŃSKI Józef	84		M60-69	00:19:46	180	00:03:36	00:37:02	179		
179	KUKLIŠOVA Gabriela	15		K40-49	00:18:44	162	00:04:12	00:37:37	189		
180	DWOJACZNA-CHRAPKOWSKA Anna	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40-49	00:19:49	183	00:03:34	00:37:23	186		
181	OSTROWSKI Rafał	68	AKTYWNIE UZALEŻNIAMY PŁOCK	M40-49	00:18:41	161	00:06:14	00:36:03	160		
182	STYPCZYŃSKA Natalia	198	TRISPACE	K30-39	00:18:59	169	00:03:14	00:38:50	200		
183	OLSZEWSKI Daniel	169		M30-39	00:19:42	177	00:04:08	00:37:20	185		
184	DUDKOWIAK Martyna	241	DUDKOWIAK FAMILY LAWYERS	K30-39	00:20:58	199	00:04:25	00:36:05	161		
185	MOSUR-GALICKA Angelina	9	AKADEMIA MISTRZÓW SPORTU	K50-59	00:16:43	99	00:04:38	00:40:08	203		
186	DOMEK Katarzyna	46		K30-39	00:19:43	178	00:03:41	00:38:16	196		
187	TIETZ Natalia	70	STAJNIA PEGAZA STAWY	K30-39	00:17:56	141	00:03:42	00:40:18	204		
188	NOWAK Bartłomiej	214	FORGE YOUR FUTURE	M40-49	00:20:31	191	00:05:14	00:36:20	164		
189	TOPOLSKI Kamil	146		M18-29	00:19:44	179	00:04:40	00:37:51	192		
190	DOBRZYŃSKA Ewa	47		K30-39	00:22:10	206	00:03:26	00:36:58	175		
191	BINKOWSKI Czarek	255	LKS OSTROMECKO	M50-59	00:21:03	201	00:05:14	00:36:25	167		
192	BAGNIEWSKA Sandra	48		K30-39	00:21:42	203	00:03:44	00:37:27	188		
193	DOLATA Łukasz	135		M40-49	00:19:48	181	00:04:45	00:38:29	197		

				Pływanie		T1	Rower		T2	Bieg	Czas
194	MIECZKOWSKA-LAPKE Weronika	118		K30-39	00:22:14	208	00:04:31	00:36:18	163		
195	PEC Anna	90	SKS OBORNIKI	K50-59	00:20:53	196	00:04:31	00:38:08	193		
196	SKÓRCZEWSKI Jacek	124		M60-69	00:22:02	205	00:05:09	00:36:25	168		
197	BŁĄŻEJEWSKA Agnieszka	60	TM IRON TEAM	K30-39	00:20:31	192	00:04:01	00:39:08	201		
198	PACZKOWSKA-PAPCZYŃSKA Joanna	30	TRISPACE/TREK	K30-39	00:22:43	212	00:03:58	00:37:00	177		
199	HRYNIEWICZ Agnieszka	50		K40-49	00:18:24	150	00:05:03	00:40:40	208		
200	PANTKOWSKI Adam	143		M40-49	00:26:21	223	00:04:41	00:33:15	106		
201	NIEDŹWIEDZKA Agata	149	SMARUJ NA TRENING	K30-39	00:22:15	209	00:03:53	00:38:13	195		
202	BOGALECKI Marek	209	KS SOKÓŁ ZBLEWO	M60-69	00:20:55	198	00:06:17	00:37:27	187		
203	SZUKALSKI Michał	14		M40-49	00:20:38	193	00:03:52	00:40:19	205		
204	BUCZKO Michał	109		M40-49	00:21:47	204	00:04:08	00:39:11	202		
205	MONTOWSKI Jan	132	KLUB OPŁAWIEC	M60-69	00:23:15	217	00:04:54	00:37:11	181		
206	POBOC Przemysław	155		M50-59	00:22:40	211	00:04:10	00:38:37	198		
207	SERWACKI Dawid	99		M30-39	00:19:49	182	00:04:51	00:40:56	211		
208	RĄCZKOWSKI Daniel	117	AKTYWNIEMIE UZALEŻNIAMY PŁOCK	M30-39	00:19:36	174	00:04:46	00:41:25	214		
209	CZYŻEWSKI Piotr	20		M40-49	00:22:57	215	00:05:24	00:38:47	199		
210	WUJEK Magdalena	77		K40-49	00:22:25	210	00:04:05	00:40:54	210		
211	URBAŃSKI Daniel	91		M40-49	00:19:54	185	00:06:22	00:42:12	216		
212	WIŚNIEWSKA Lucyna	16	TRISPACE/TREK	K50-59	00:23:12	216	00:04:18	00:41:15	212		
213	NOSIADEK Marta	78	CROSS-SPORT	K30-39	00:22:47	214	00:05:47	00:40:39	206		
214	MAKSYMOWICZ Agata	85		K40-49	00:17:12	116	00:06:10	00:45:54	222		
215	ŚWIADEK Hubert	67		M30-39	00:24:14	219	00:04:39	00:40:42	209		
216	SZABO-MOSKAL Jadwiga	168		K50-59	00:21:00	200	00:04:05	00:45:17	220		
217	MAŃCZAK Wawrzyniec	152	ENDURE TEAM	M70-79	00:16:08	84	00:08:34	00:46:15	224		
218	LEWANDOWSKA Larysa	229	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA	K18-29	00:24:18	220	00:04:28	00:42:52	217		
219	CIESIELSKI Piotr	183		M50-59	00:22:12	207	00:05:21	00:44:11	219		
220	KWIATKOWSKI Roman	115		M60-69	00:26:40	224	00:07:19	00:41:27	215		
221	WIŚNIEWSKI Krzysztof	7	TRISPACE/TREK	M50-59	00:30:28	226	00:05:26	00:40:39	207		
222	SAWICKI Waldemar	83		M80+	00:25:33	221	00:05:44	00:45:17	221		
223	SŁOWIŃSKI Sławek	157		M40-49	00:28:40	225	00:05:19	00:45:55	223		
224	IGNASIAK Bernadeta	158		K40-49	00:33:55	227	00:03:55	00:43:56	218		
225	MIKA Aldona	82		K50-59	00:25:53	222	00:07:55	00:48:05	226		
226	WOROSZYŁO Monika	114	RYKOWISKO	K40-49	00:23:31	218	00:09:28	00:52:42	227		
227	KOZIK Anna	156		K50-59	00:34:33	228	00:05:37	00:48:01	225		
	MAAS Oliver	161	SOPREMA TEAM TSV MANNHEIM	M18-29	00:12:14	7	00:02:50				

Znaleziono 228 wynik(ów)