



METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Event: Metalkas Ocean Lava Triathlon Polska
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2023-08-20
Place: Bydgoszcz
Distance: 25.75 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Classification: Kobiety

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Swimming		Cycling		Race		Total			
							P_Borowno 0.75km	Poz	T1	R_Lidl 20km	Poz	T2	B_Announcer 5km	Place	Net time 26.01km	Gap
1	PIEKUT Aleksandra	237	BRZEZIŃSKI RUN CLUB	K30-39	1		00:16:15	86	00:02:27	00:29:33	20	00:01:20	00:20:36	12	01:10:11.70	
2	ŻMICH-FÓRMANIAK Joanna	213	TM IRONTEAM	K40-49	1		00:14:53	50	00:02:13	00:30:53	46	00:00:50	00:23:57	73	01:12:46.40	+00:02:34 (3.5%)
3	PALETA Elżbieta	187	TM IRON TEAM	K18-29	1		00:15:32	67	00:02:42	00:31:21	63	00:01:00	00:22:31	47	01:13:06.40	+00:02:54 (4.0%)
4	ANDRZEJEWSKA Sylwia	238	TEAMOCHAL	K30-39	2		00:18:19	147	00:02:49	00:29:32	19	00:01:36	00:22:20	44	01:14:36.75	+00:04:25 (5.9%)
5	RYMARKIEWICZ Małgorzata	230	TM IRONTEAM	K40-49	2		00:16:55	105	00:02:41	00:31:35	69	00:01:19	00:23:26	68	01:15:56.85	+00:05:45 (7.6%)
6	WOŹNIAK Anna	205	TM IRON TEAM	K40-49	3		00:17:22	123	00:03:10	00:30:33	36	00:01:15	00:24:52	96	01:17:12.60	+00:07:00 (9.1%)
7	LICZNIERSKA Alina	56	OWOCBIEGA TEAM	K40-49	4		00:20:46	195	00:02:31	00:32:37	88	00:00:48	00:22:06	39	01:18:48.20	+00:08:36 (10.9%)
8	MICHALIK Joanna	147		K40-49	5		00:16:23	90	00:03:23	00:32:48	94	00:01:42	00:24:41	90	01:18:57.00	+00:08:45 (11.1%)
9	CICHOWICZ Martyna	69	PTT DELTA	K30-39	3		00:13:29	19	00:03:04	00:35:14	145	00:01:23	00:25:58	127	01:19:08.35	+00:08:56 (11.3%)
10	LOOSE Anna	139		K30-39	4		00:13:57	27	00:03:35	00:35:58	157	00:01:10	00:25:10	105	01:19:50.65	+00:09:38 (12.1%)
11	CICHOŃSKA-BAZAK Marzena	163		K50-59	1		00:18:25	151	00:03:14	00:32:51	95	00:01:44	00:24:19	81	01:20:33.00	+00:10:21 (12.9%)
12	KOPIŃSKA - KRÓL Magdalena	211	#CHMURACOACHING	K40-49	6		00:17:12	115	00:02:55	00:32:08	79	00:01:10	00:27:30	149	01:20:55.20	+00:10:43 (13.3%)
13	MOJSIEWICZ Natalia	227		K18-29	2		00:16:59	107	00:03:03	00:33:40	117	00:01:15	00:26:06	130	01:21:03.00	+00:10:51 (13.4%)
14	MOLTZAN Liliana	174		K18-29	3		00:14:14	34	00:03:19	00:36:38	172	00:01:49	00:26:09	131	01:22:09.10	+00:11:57 (14.6%)
15	SZYMCZAK Elwira	151		K18-29	4		00:16:24	91	00:03:43	00:36:21	165	00:00:49	00:25:24	109	01:22:41.60	+00:12:29 (15.1%)

Overall Performance Summary						Swimming		Cycling		Race		Overall			
Rank	Name	Points	Team	Age Group	Gender	Time	Score	Time	Score	Time	Score	Total Time	Delta		
16	STELMACH Patrycja	233	TEAMOCHAL	K30-39	5	00:20:53	197	00:03:41	00:34:41	135	00:01:14	00:22:22	45	01:22:51.45	+00:12:39 (15.3%)
17	JARLACZYŃSKA Hanna	242		K18-29	5	00:17:32	126	00:03:02	00:35:54	155	00:01:30	00:25:23	108	01:23:21.50	+00:13:09 (15.8%)
18	MROTEK Katarzyna	112	AKADEMIA MISTRZÓW SPORTU	K40-49	7	00:18:19	148	00:03:37	00:35:00	142	00:01:52	00:24:45	91	01:23:33.80	+00:13:22 (16.0%)
19	SANKOWSKA Ewelina	159		K40-49	8	00:15:08	53	00:02:58	00:36:10	162	00:01:43	00:27:35	151	01:23:34.00	+00:13:22 (16.0%)
20	SKORUPSKA Ewa	189	OWOCBIEGA	K30-39	6	00:18:39	160	00:03:12	00:35:37	151	00:01:12	00:25:28	111	01:24:08.00	+00:13:56 (16.6%)
21	SKOŁOZDRZYCH Iwona	1		K30-39	7	00:16:03	82	00:03:48	00:37:40	191	00:01:08	00:26:02	128	01:24:41.75	+00:14:30 (17.1%)
22	DOŁKOWSKA Monika	106	TM IRON TEAM	K30-39	8	00:20:14	189	00:03:22	00:33:44	119	00:01:29	00:27:09	142	01:25:58.40	+00:15:46 (18.4%)
23	STĘPSKA Małgosia	61	ŻELKI Z KRAKOWA	K50-59	2	00:20:09	188	00:03:19	00:33:39	116	00:01:14	00:28:33	159	01:26:54.05	+00:16:42 (19.2%)
24	WEGNER Patrycja	186	SZOGUN TEAM	K30-39	9	00:18:12	145	00:03:06	00:36:51	174	00:02:06	00:26:50	138	01:27:05.00	+00:16:53 (19.4%)
25	MICHALAK Agata	177		K18-29	6	00:18:55	168	00:03:16	00:36:02	159	00:02:09	00:28:10	155	01:28:32.95	+00:18:21 (20.7%)
26	DOBRZYŃSKA Ewa	47		K30-39	10	00:22:10	206	00:03:26	00:36:58	175	00:01:19	00:25:18	107	01:29:11.50	+00:18:59 (21.3%)
27	DWOJACZNA-CHRAPKOWSKA Anna	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40-49	9	00:19:49	183	00:03:34	00:37:23	186	00:01:36	00:27:08	141	01:29:30.65	+00:19:18 (21.6%)
28	RUSZKOWSKA Agnieszka	126		K30-39	11	00:17:50	135	00:03:18	00:37:18	183	00:00:36	00:30:47	184	01:29:49.15	+00:19:37 (21.8%)
29	BAGNIEWSKA Sandra	48		K30-39	12	00:21:42	203	00:03:44	00:37:27	188	00:01:15	00:27:24	146	01:31:32.45	+00:21:20 (23.3%)
30	WINIECKA Martyna	59	IRON HOUSE TRIATHLON WŁOCŁAWEK	K18-29	7	00:19:33	173	00:03:14	00:37:17	182	00:00:39	00:30:56	185	01:31:39.60	+00:21:27 (23.4%)
31	CEGLARSKA Inga	258	N-BIKE	K40-49	10	00:19:03	170	00:03:56	00:35:23	149	00:01:47	00:31:45	190	01:31:54.45	+00:21:42 (23.6%)
32	WUJEK Magdalena	77		K40-49	11	00:22:25	210	00:04:05	00:40:54	210	00:00:59	00:24:03	76	01:32:26.45	+00:22:14 (24.1%)
33	DOMEK Katarzyna	46		K30-39	13	00:19:43	178	00:03:41	00:38:16	196	00:00:57	00:29:59	173	01:32:36.00	+00:22:24 (24.2%)
34	STYPCZYŃSKA Natalia	198	TRISPACE	K30-39	14	00:18:59	169	00:03:14	00:38:50	200	00:01:31	00:30:29	181	01:33:03.25	+00:22:51 (24.6%)
35	KOCZOROWSKA Kamila	11		K30-39	15	00:16:37	95	00:03:53	00:37:39	190	00:00:48	00:34:07	207	01:33:04.75	+00:22:53 (24.6%)
36	DUDKOWIAK Martyna	241	DUDKOWIAK FAMILY LAWYERS	K30-39	16	00:20:58	199	00:04:25	00:36:05	161	00:01:34	00:30:40	183	01:33:42.55	+00:23:30 (25.1%)
37	BŁĄŻEJEWSKA Agnieszka	60	TM IRON TEAM	K30-39	17	00:20:31	192	00:04:01	00:39:08	201	00:01:02	00:29:47	170	01:34:29.70	+00:24:18 (25.7%)
38	HRYNIEWICZ Agnieszka	50		K40-49	12	00:18:24	150	00:05:03	00:40:40	208	00:00:49	00:30:08	175	01:35:04.55	+00:24:52 (26.2%)
38	TIETZ Natalia	70	STAJNIA PEGAZA STAWY	K30-39	18	00:17:56	141	00:03:42	00:40:18	204	00:00:42	00:32:26	196	01:35:04.55	+00:24:52 (26.2%)
40	KUKLISOVA Gabriela	15		K40-49	13	00:18:44	162	00:04:12	00:37:37	189	00:01:13	00:34:27	210	01:36:13.85	+00:26:02 (27.1%)

					Swimming		T1	Cycling		T2	Race		Time		
41	MIECZKOWSKA-LAPKE Weronika	118		K30-39	19	00:22:14	208	00:04:31	00:36:18	163	00:01:39	00:31:43	189	01:36:25.95	+00:26:14 (27.2%)
42	PACZKOWSKA-PAPCZYŃSKA Joanna	30	TRISPACE/TREK	K30-39	20	00:22:43	212	00:03:58	00:37:00	177	00:01:28	00:32:23	195	01:37:32.60	+00:27:20 (28.0%)
43	PEC Anna	90	SKS OBORNIKI	K50-59	3	00:20:53	196	00:04:31	00:38:08	193	00:01:38	00:35:09	212	01:40:19.70	+00:30:08 (30.0%)
44	NIEDŹWIEDZKA Agata	149	SMARUJ NA TRENING	K30-39	21	00:22:15	209	00:03:53	00:38:13	195	00:01:22	00:34:52	211	01:40:35.70	+00:30:24 (30.2%)
45	MOSUR-GALICKA Angelina	9	AKADEMIA MISTRZÓW SPORTU	K50-59	4	00:16:43	99	00:04:38	00:40:08	203	00:02:38	00:37:50	218	01:41:57.50	+00:31:45 (31.2%)
46	SZABO-MOSKAL Jadwiga	168		K50-59	5	00:21:00	200	00:04:05	00:45:17	220	00:00:39	00:31:40	188	01:42:41.65	+00:32:29 (31.6%)
47	MAKSYMOWICZ Agata	85		K40-49	14	00:17:12	116	00:06:10	00:45:54	222	00:02:29	00:33:04	200	01:44:49.25	+00:34:37 (33.0%)
48	LEWANDOWSKA Larysa	229	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA	K18-29	8	00:24:18	220	00:04:28	00:42:52	217	00:00:38	00:33:48	204	01:46:04.85	+00:35:53 (33.8%)
49	NOSIADEK Marta	78	CROSS-SPORT	K30-39	22	00:22:47	214	00:05:47	00:40:39	206	00:02:41	00:34:21	209	01:46:15.95	+00:36:04 (33.9%)
50	WIŚNIEWSKA Lucyna	16	TRISPACE/TREK	K50-59	6	00:23:12	216	00:04:18	00:41:15	212	00:01:50	00:38:24	220	01:48:59.55	+00:38:47 (35.6%)
51	IGNASIAK Bernadeta	158		K40-49	15	00:33:55	227	00:03:55	00:43:56	218	00:01:06	00:33:33	201	01:56:25.65	+00:46:13 (39.7%)
52	WOROSZYŁO Monika	114	RYKOWISKO	K40-49	16	00:23:31	218	00:09:28	00:52:42	227	00:02:20	00:33:49	205	02:01:50.80	+00:51:39 (42.4%)
53	MIKA Aldona	82		K50-59	7	00:25:53	222	00:07:55	00:48:05	226	00:01:17	00:42:47	224	02:05:57.35	+00:55:45 (44.3%)
54	KOZIK Anna	156		K50-59	8	00:34:33	228	00:05:37	00:48:01	225	00:03:31	00:40:23	222	02:12:05.65	+01:01:53 (46.9%)

Total 54 results.