



# METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40-49

Punkt pomiarowy: 21,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie		Bieg	Rower		Bieg
						P_Borowno 0.75km	Poz		R_Lidl 20km	Poz	
1	MIELOCH Artur	215	DAWAJ KALACH TEAM	M40-49		00:11:00	1	00:02:07	00:28:38	10	00:00:36
2	ŁOPUSZYŃSKI Krzysztof	150	TRISPACE/TREK	M40-49		00:13:15	17	00:02:10	00:27:32	2	00:00:36
3	PRZYBYLSKI Jakub	138	KOMPUTRONIK	M40-49		00:13:40	21	00:02:15	00:27:28	1	00:00:59
4	FÓRMANIAK Piotr	212	TM IRON TEAM	M40-49		00:12:56	13	00:02:11	00:28:30	9	00:00:46
5	PARTYKA Rafał	29	RAFAL AGAINST THE MACHINE	M40-49		00:13:09	16	00:02:21	00:28:19	8	00:01:09
6	TWAROWSKI Karol	231		M40-49		00:11:50	5	00:01:57	00:31:09	57	00:01:11
7	URBANOWSKI Włodzimierz	202	RETRO STORK TEAM	M40-49		00:12:21	9	00:03:19	00:30:04	27	00:00:51
8	MAJEWSKI Robert	208	#TEAMOCHAL	M40-49		00:13:56	26	00:02:32	00:29:25	18	00:01:07
9	CYBULSKI Jacek	62	SWIM2TRI	M40-49		00:13:58	29	00:02:17	00:29:47	24	00:01:09
10	KUBANEK Łukasz	79	Ł_T_R	M40-49		00:14:59	52	00:03:02	00:27:42	3	00:01:42
11	DAWIDOWICZ Maciej	28		M40-49		00:14:28	42	00:02:34	00:29:37	21	00:00:51
12	GOŁATA Wojciech	222	BOGMAR LKS OSTROMECKO	M40-49		00:14:16	35	00:02:10	00:30:25	31	00:00:54
13	BYCH Maciej	206	GRAJAN TRIATHLON TEAM	M40-49		00:12:40	10	00:02:35	00:31:49	73	00:01:07
14	GACKA Rafał	216	LUPUS TEAM	M40-49		00:14:51	48	00:02:39	00:30:01	26	00:01:02
15	KROPLEWSKI Maciej	251	CTS	M40-49		00:14:51	49	00:02:54	00:30:40	40	00:00:48
16	JANUSZKIEW Piotr	39	REBELIA UNDERGROUND TRIATHLON	M40-49		00:14:34	44	00:02:39	00:31:11	58	00:00:54
17	BUGALSKI Wojciech	33	AKADEMIA MISTRZÓW SPORTU	M40-49		00:15:13	57	00:03:31	00:29:40	22	00:01:09
18	KWAPIŃSKI Damian	49	TEAMOCHAL	M40-49		00:17:08	113	00:02:54	00:29:25	17	00:00:53
19	CIEPŁOWSKI Robert	107		M40-49		00:12:40	11	00:02:59	00:33:28	112	00:01:26
20	LIPIŃSKI Michał	137	LIPA#76	M40-49		00:14:19	37	00:03:19	00:31:45	72	00:01:15
21	GRZESIAK Patryk	102	ARTURKUREK.PRO	M40-49		00:15:17	60	00:03:10	00:31:25	65	00:01:05
22	NOWOTNIK Mariusz	97		M40-49		00:16:00	80	00:02:57	00:31:03	52	00:01:12
23	DADEJ Rafał	184	PIASKIEM W RAKA	M40-49		00:15:51	76	00:02:40	00:31:20	62	00:01:58
24	SOBCZAK Marcin	104	ASSECO ACTIVE TEAM	M40-49		00:15:36	69	00:02:41	00:32:47	93	00:01:02
25	STĘPIEŃ Tomasz	54		M40-49		00:16:19	88	00:03:42	00:30:51	45	00:01:17
26	CHODKIEWICZ Tomasz	31	GARDEN FLORA MTB TEAM	M40-49		00:16:43	98	00:03:15	00:30:36	38	00:01:39
27	GILL Daniel	249	LKS OSTROMECKO	M40-49		00:18:28	153	00:03:07	00:29:55	25	00:00:45
28	KASPEROWICZ Marcin	55	PREDATORS 3TEAM	M40-49		00:15:11	56	00:02:35	00:33:23	109	00:01:09
29	BRYLL Łukasz	45	FORTIS SAGITTA TEAM	M40-49		00:16:23	89	00:03:03	00:31:34	67	00:01:19

Poz.	Imię i nazwisko	Wiek	Klub	Kategoria	Pływanie		Rower		Bieg	Czas
					Wzrost	Waga	Wzrost	Waga		
30	KARCZEWSKI Filip	18		M40-49	00:18:03	144	00:03:04	00:31:14	60	00:00:48
31	GRUBICH Arkadiusz	244		M40-49	00:17:51	138	00:03:09	00:31:01	50	00:01:28
32	OZOROWSKI Lukasz	204		M40-49	00:17:38	129	00:03:38	00:31:37	71	00:01:14
33	CYNOWSKI Krzysztof	10	CYNA	M40-49	00:17:18	120	00:02:57	00:32:42	89	00:01:17
34	GÓRNY Bartłomiej	63		M40-49	00:17:48	134	00:02:34	00:32:31	85	00:01:41
35	GABRYCH Maciej	24	CZARNE STOPY	M40-49	00:17:31	125	00:03:07	00:33:40	118	00:01:03
36	SOŁDYGA Paweł	257	SKOWRONEKBIEGA	M40-49	00:18:26	152	00:02:53	00:32:08	78	00:01:59
37	ŁATKA Marcin	5		M40-49	00:15:18	61	00:02:57	00:36:46	173	00:00:49
38	LUKOWSKI Grzegorz	72	RODZINNY TEAM ŚRODKOWA	M40-49	00:17:06	112	00:03:59	00:32:57	103	00:01:48
39	DOLIŃSKI Dawid	81		M40-49	00:16:01	81	00:04:41	00:33:28	113	00:02:29
40	BABIAK Jakub	228	ENDURE TEAM	M40-49	00:20:05	187	00:04:22	00:30:45	42	00:01:36
41	YAFIMCHYK Andrei	142	ORCA	M40-49	00:15:09	55	00:02:47	00:37:05	180	00:01:49
42	ROMAN Krzysztof	93		M40-49	00:18:23	149	00:03:59	00:32:52	99	00:01:53
43	CHMURA Maciej	101	TRIATHLON KONSULTING	M40-49	00:17:46	131	00:03:35	00:34:06	128	00:01:46
44	GMOSIŃSKI Tomasz	199	CSU RACING TEAM BYDGOSZCZ	M40-49	00:16:33	94	00:04:10	00:33:59	126	00:02:41
45	KRYGER Wojciech	220	AJM TEAM	M40-49	00:17:12	114	00:04:08	00:34:37	133	00:01:46
46	MORDAKA Maciej	3		M40-49	00:16:39	96	00:03:32	00:35:50	153	00:01:48
47	URBAŃSKI Dawid	110		M40-49	00:17:56	140	00:04:03	00:33:48	120	00:02:26
48	MIKOŁAJCZAK Artur	178		M40-49	00:18:34	155	00:03:32	00:34:37	134	00:01:33
49	WRÓBEL Sebastian	243	CYKLO BYDGOSZCZ	M40-49	00:22:45	213	00:03:09	00:31:05	55	00:01:30
50	NIEDŹWIEDZKI Arkadiusz	148	SMARUJ NA TRENING	M40-49	00:19:39	175	00:03:25	00:34:57	141	00:01:38
51	MICHALEWSKI Bartosz	207	SOLANO	M40-49	00:18:50	165	00:05:01	00:35:23	148	00:00:37
52	ROBACZEK Andrzej	170		M40-49	00:18:50	164	00:04:07	00:35:22	146	00:01:36
53	WOŹNIAK Radek	123		M40-49	00:19:39	176	00:04:06	00:35:38	152	00:01:40
54	OSTROWSKI Rafał	68	AKTYWNIE UZALEŻNIAMY PŁOCK	M40-49	00:18:41	161	00:06:14	00:36:03	160	00:01:04
55	DOLATA Łukasz	135		M40-49	00:19:48	181	00:04:45	00:38:29	197	00:01:34
56	NOWAK Bartłomiej	214	FORGE YOUR FUTURE	M40-49	00:20:31	191	00:05:14	00:36:20	164	00:03:56
57	SZUKALSKI Michał	14		M40-49	00:20:38	193	00:03:52	00:40:19	205	00:01:48
58	PANTKOWSKI Adam	143		M40-49	00:26:21	223	00:04:41	00:33:15	106	00:02:40
59	BUCZKO Michał	109		M40-49	00:21:47	204	00:04:08	00:39:11	202	00:02:13
60	CZYŻEWSKI Piotr	20		M40-49	00:22:57	215	00:05:24	00:38:47	199	00:02:22
61	URBAŃSKI Daniel	91		M40-49	00:19:54	185	00:06:22	00:42:12	216	00:02:05
62	SŁOWIŃSKI Sławek	157		M40-49	00:28:40	225	00:05:19	00:45:55	223	00:01:27
63	TRZOPEK Grzegorz	192		M40-49	00:16:51	102	00:03:58	00:29:18	15	

Znaleziono 63 wynik(ów)