



METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

Wydarzenie: Metalkas Ocean Lava Triathlon Polska
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2023-08-20
Miejsce: Bydgoszcz
Dystans: 25.75 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Pływanie		T1	Rower		T2	Bieg		Czas	
							P_Borowno 0.75km	Poz		R_Lidl 20km	Poz		B_Announcer 5km	Poz	Czas netto 26.01km	Różn
1	ZIENKIEWICZ Janusz	201	TRISPACE/TREK	M50-59	1		00:13:59	30	00:02:08	00:29:06	12	00:00:47	00:19:13	6	01:05:13.35	
2	NOWAK Artur	8		M50-59	2		00:14:02	31	00:02:14	00:30:57	49	00:00:49	00:22:09	42	01:10:11.70	+00:04:58 (7.1%)
3	KRÓL Maciej	210	#CHMURACOACHING	M50-59	3		00:15:21	62	00:02:41	00:29:45	23	00:01:18	00:23:07	62	01:12:12.95	+00:06:59 (9.7%)
4	TYMIŃSKI Dariusz	172	PTT DELTA	M50-59	4		00:17:51	136	00:02:11	00:31:17	61	00:00:54	00:21:02	22	01:13:15.85	+00:08:02 (11.0%)
5	BUDZIK Ireneusz	226		M50-59	5		00:16:45	100	00:02:49	00:31:04	54	00:01:07	00:23:24	67	01:15:09.85	+00:09:56 (13.2%)
6	GŁĄB Andrzej	197	WANIEWSKI COACHING	M50-59	6		00:15:16	59	00:02:40	00:31:59	76	00:01:17	00:25:08	104	01:16:20.50	+00:11:07 (14.6%)
7	GIEDRYS Roman	73		M50-59	7		00:17:23	124	00:03:22	00:31:01	51	00:01:26	00:25:06	102	01:18:18.10	+00:13:04 (16.7%)
8	SIUDA Marek	43		M50-59	8		00:15:40	71	00:03:51	00:32:56	102	00:01:58	00:25:15	106	01:19:40.35	+00:14:27 (18.1%)
9	KOWALSKI Piotr	76		M50-59	9		00:17:22	122	00:03:43	00:32:33	86	00:02:50	00:24:35	86	01:21:03.45	+00:15:50 (19.5%)
10	REPKA Marek	166	LUPUS TEAM	M50-59	10		00:21:06	202	00:02:49	00:30:42	41	00:01:17	00:26:27	134	01:22:21.80	+00:17:08 (20.8%)
11	PODLASIŃSKI Tomasz	140	BAYERLIFETEAM	M50-59	11		00:16:15	87	00:03:42	00:35:02	143	00:01:24	00:26:03	129	01:22:26.70	+00:17:13 (20.9%)
12	SZYMCZAK Krzysztof	88	SYSTEM 11	M50-59	12		00:20:25	190	00:03:32	00:32:52	97	00:01:29	00:24:51	95	01:23:09.45	+00:17:56 (21.6%)
13	KUŹMA Wojtek	6		M50-59	13		00:19:11	171	00:03:00	00:32:52	98	00:00:58	00:27:30	150	01:23:31.10	+00:18:17 (21.9%)
14	SZEWS Marek	136	AKADEMIA MISTRZÓW SPORTU	M50-59	14		00:18:52	167	00:02:52	00:34:55	140	00:01:37	00:28:07	154	01:26:23.05	+00:21:09 (24.5%)
15	LUDWINIAK Bogdan	111		M50-59	15		00:17:59	142	00:02:57	00:33:54	122	00:01:43	00:30:01	174	01:26:34.10	+00:21:20 (24.7%)

						Pływanie		T1	Rower		T2	Bieg		Czas	
16	SADKIEWICZ Jacek	225	RACING TEAM	M50-59	16	00:17:14	118	00:03:50	00:33:57	124	00:01:40	00:34:08	208	01:30:49.45	+00:25:36 (28.2%)
17	ŻELAZNY Marcin	27		M50-59	17	00:15:48	73	00:03:52	00:36:59	176	00:02:38	00:32:14	193	01:31:31.75	+00:26:18 (28.7%)
18	BINKOWSKI Czarek	255	LKS OSTROMECKO	M50-59	18	00:21:03	201	00:05:14	00:36:25	167	00:02:11	00:32:12	192	01:37:05.45	+00:31:52 (32.8%)
19	POBOC Przemysław	155		M50-59	19	00:22:40	211	00:04:10	00:38:37	198	00:01:45	00:32:04	191	01:39:16.60	+00:34:03 (34.3%)
20	CIESIELSKI Piotr	183		M50-59	20	00:22:12	207	00:05:21	00:44:11	219	00:02:21	00:32:27	198	01:46:32.15	+00:41:18 (38.8%)
21	WIŚNIEWSKI Krzysztof	7	TRISPACE/TREK	M50-59	21	00:30:28	226	00:05:26	00:40:39	207	00:02:22	00:37:14	217	01:56:09.30	+00:50:55 (43.8%)

Znaleziono 21 wynik(ów)