

MĘŻCZYŹNI DO 35 LAT - 4 KM

B4SPORT
INTELEGENTE ZAWODY SPORTOWE

Wydarzenie: Mistrzostwa 7 BOW w biegach przełajowych
Organizator: 7 BOW
Data: 2024-02-01
Miejsce: Słupsk
Dystans: 4 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1km	2km	3km	Czas netto 4km	Różn	Tempo min/km	Tempo km/h
1	ST.SZER. JEFIMCZYK Norbert	121	1 BZ			00:03:05	00:06:24	00:09:44	00:13:03.66		3:15	18.4 (100%)
2	KPR. PYTLAK Michał	125	2 BZ			00:03:19	00:06:53	00:10:25	00:13:51.66	+00:00:47 (5.8%)	3:27	17.3 (94.0%)
3	ST.SZER. ŚLEDŹ Łukasz	106	DPLOT			00:03:37	00:07:25	00:11:25	00:15:21.01	+00:02:17 (14.9%)	3:50	15.6 (84.8%)
4	SZER. KOWALSKI Adrian	130	2 BZ			00:03:46	00:07:35	00:11:38	00:15:37.30	+00:02:33 (16.4%)	3:54	15.4 (83.7%)
5	SZER. STANKIEWICZ Kacper	118	BDOW			00:03:53	00:07:55	00:11:58	00:16:12.27	+00:03:08 (19.4%)	4:03	14.8 (80.4%)
6	SZER. STEFAŃSKI Piotr	108	DPLOT			00:03:54	00:07:56	00:12:07	00:16:21.44	+00:03:17 (20.2%)	4:05	14.7 (79.9%)
7	SZER. KALISZ Wojciech	174	BDOW			00:03:33	00:07:51	00:12:13	00:16:40.95	+00:03:37 (21.7%)	4:10	14.4 (78.3%)
8	SZER. KOŁTUNOWSKI Jakub	119	BDOW			00:03:54	00:08:08	00:12:37	00:16:57.02	+00:03:53 (22.9%)	4:14	14.2 (77.2%)
9	SZER. RAKOWSKI Michał	107	DPLOT			00:03:57	00:08:14	00:12:40	00:16:58.13	+00:03:54 (23.0%)	4:14	14.1 (76.6%)
10	ST.SZER. MOLIS Dawid	127	2 BZ			00:04:13	00:08:37	00:13:05	00:17:17.56	+00:04:13 (24.5%)	4:19	13.9 (75.5%)
11	KPR. KURCZAK Łukasz	113	3 BZ			00:04:12	00:08:38	00:13:06	00:17:23.92	+00:04:20 (24.9%)	4:20	13.8 (75.0%)
12	ST.SZER. MISZCZUK Michał	114	3 BZ			00:04:26	00:08:59	00:13:26	00:17:41.86	+00:04:38 (26.2%)	4:25	13.6 (73.9%)
13	PLUT. KURUSIEWICZ Patryk	124	2 BZ			00:04:23	00:08:57	00:13:24	00:17:44.20	+00:04:40 (26.4%)	4:26	13.5 (73.4%)
14	SZER. BRYLowski Dawid	122	1 BZ			00:04:49	00:09:44	00:14:08	00:18:20.03	+00:05:16 (28.8%)	4:35	13.1 (71.2%)
15	SZER. DZIECINNY Jakub	110	DPLOT			00:04:14	00:08:50	00:13:46	00:18:24.72	+00:05:21 (29.1%)	4:36	13 (70.7%)
16	ST.SZER.SPEC. MAŁEK Paweł	116	BDOW			00:04:20	00:08:58	00:13:55	00:18:26.15	+00:05:22 (29.2%)	4:36	13 (70.7%)
17	KPR. STECIUK Paweł	66	BLOG			00:04:19	00:09:01	00:13:56	00:18:34.69	+00:05:31 (29.7%)	4:38	12.9 (70.1%)
18	ST.KPR. KOSTRZEWA Karol	196	BLOG			00:04:35	00:09:23	00:14:13	00:18:53.98	+00:05:50 (30.9%)	4:43	12.7 (69.0%)
19	SZER. GARLIŃSKI Marek	128	2 BZ			00:04:34	00:09:22	00:14:12	00:19:18.70	+00:06:15 (32.4%)	4:49	12.4 (67.4%)
20	ST.SZER. MATUSZEWSKI Mateusz	193	BLOG			00:04:48	00:09:39	00:14:39	00:19:30.94	+00:06:27 (33.1%)	4:52	12.3 (66.8%)
21	SZER. ROCZEŃ Cyprian	111	DAS			00:04:47	00:09:46	00:14:42	00:19:33.00	+00:06:29 (33.2%)	4:53	12.3 (66.8%)
22	KPR. KISIEŁOWSKI Witold	126	2 BZ			00:04:43	00:09:45	00:15:05	00:19:51.39	+00:06:47 (34.2%)	4:57	12.1 (65.8%)
23	SZER. SZYMURA Kacper	109	DPLOT			00:04:48	00:09:59	00:15:14	00:19:59.49	+00:06:55 (34.7%)	4:59	12 (65.2%)
24	SZER. TUREK Patryk	191	BLOG			00:04:40	00:09:42	00:14:59	00:20:16.44	+00:07:12 (35.6%)	5:04	11.8 (64.1%)
25	ST.KPR. NOWACKI Kamil	115	BDOW			00:04:39	00:09:48	00:15:16	00:20:35.28	+00:07:31 (36.6%)	5:08	11.7 (63.6%)
26	SZER. MARCINIAK Miłosz	117	BDOW			00:04:50	00:10:00	00:15:17	00:20:51.82	+00:07:48 (37.4%)	5:12	11.5 (62.5%)

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27	SZER. KWIDZYŃSKI Jakub	192	DPLOT			00:05:09	00:10:31	00:16:01	00:21:19.80	+00:08:16 (38.8%)	5:19	11.3 (61.4%)
28	SZER. DRAUS Kacper	129	2 BZ			00:04:47	00:10:14	00:16:15	00:21:43.92	+00:08:40 (39.9%)	5:25	11.1 (60.3%)
29	SZER. SMUTEK Michał	189	BLOG			00:04:40	00:10:00	00:16:21	00:22:00.60	+00:08:56 (40.7%)	5:30	10.9 (59.2%)
30	SZER. SZCZEPANEK Przemysław	188	BLOG			00:04:51	00:10:01	00:16:20	00:22:03.07	+00:08:59 (40.8%)	5:30	10.9 (59.2%)
31	SZER. MOSUR Mateusz	112	DAS			00:05:10	00:10:48	00:16:26	00:22:04.46	+00:09:00 (40.8%)	5:31	10.9 (59.2%)
32	SZER. PRUSS Adrian	185	BLOG			00:05:09	00:11:50	00:19:00	00:24:56.71	+00:11:53 (47.6%)	6:14	9.6 (52.2%)

Znaleziono 32 wynik(ów)