



## MIELNO - PUCHAR POLSKI NORDIC WALKING 2018 - 10 KM

B4SPORT

**Event:** PUCHAR POLSKI NORDIC WALKING 2018  
**Organiser:** Polska Federacja Nordic Walking  
**Date:** 2018-05-05  
**Place:** Mielno  
**Distance:** 10 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>BIŁEK Artur</b>	<b>401</b>	UNIA MIAST	M30-39	1			00:16:59	00:34:06	00:51:31	<b>01:09:08.55</b>		6:54	8.7 (100%)
2	<b>HAŁAS Marcin</b>	<b>420</b>	UNIA MIAST	M30-39	2			00:17:07	00:34:23	00:52:07	<b>01:09:15.85</b>	+00:00:07 (0.2%)	6:55	8.7 (100%)
3	<b>RYCHLIK Grzegorz</b>	<b>453</b>		M30-39	3			00:17:01	00:34:19	00:52:04	<b>01:09:47.60</b>	+00:00:39 (0.9%)	6:58	8.6 (98.9%)
4	<b>KUSTAL Marcin</b>	<b>435</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	4			00:17:21	00:35:56	00:54:55	<b>01:13:52.30</b>	+00:04:43 (6.4%)	7:23	8.1 (93.1%)
5	<b>PASIKOWSKI Marcin</b>	<b>478</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	5			00:18:57	00:38:28	00:57:41	<b>01:16:34.15</b>	+00:07:25 (9.7%)	7:39	7.8 (89.7%)
6	<b>ŚLUSARCZYK Marcin</b>	<b>466</b>	WESOŁY BORSUK TEAM	M30-39	6			00:19:33	00:39:40	00:59:49	<b>01:20:07.65</b>	+00:10:59 (13.7%)	8:00	7.5 (86.2%)
7	<b>KOTULA Jakub</b>	<b>429</b>	UNIA MIAST	M30-39	7			00:20:32	00:41:50	01:02:36	<b>01:23:28.05</b>	+00:14:19 (17.2%)	8:20	7.2 (82.8%)
8	<b>SURIAK Michał</b>	<b>461</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	8			00:21:21	00:42:35	01:03:46	<b>01:25:47.00</b>	+00:16:38 (19.4%)	8:34	7 (80.5%)
9	<b>NIETRZEBKA Paweł</b>	<b>445</b>	MIĘDZYBORÓW	M30-39	9			00:21:18	00:43:20	01:05:03	<b>01:27:01.45</b>	+00:17:52 (20.5%)	8:42	6.9 (79.3%)

Total 9 results.