



# MIELNO - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM

B4SPORT  
INTELLIGENT ENERGY SPORTS

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2018  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2018-05-05  
**Miejsce:** Mielno  
**Dystans:** 21.1 km



Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km	Start_All 18.5km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	<b>KOŁODZIEJ Joanna</b>	<b>511</b>		K50-59	1			00:26:59	00:46:38	01:06:26	01:26:32	01:46:33	02:05:52	02:25:27	<b>02:44:50.05</b>		7:48	7.7 (100%)
2	<b>JANOSZKA Irena</b>	<b>535</b>	CYDRYLATAJOM	K50-59	2			00:27:36	00:47:59	01:08:18	01:28:48	01:49:18	02:09:53	02:30:43	<b>02:51:33.80</b>	+00:06:43 (3.9%)	8:07	7.4 (96.1%)
3	<b>KARASIEWICZ Irena</b>	<b>509</b>	FACE NORDIC WALKING TEAM	K50-59	3			00:28:44	00:49:54	01:11:16	01:32:35	01:54:30	02:16:37	02:38:43	<b>03:00:55.05</b>	+00:16:05 (8.9%)	8:34	7 (90.9%)
4	<b>SARNOWSKA Wanda</b>	<b>540</b>	GREEN TEAM ZIELONA GÓRA	K50-59	4			00:28:38	00:49:48	01:11:16	01:33:14	01:55:58	02:19:20	02:42:11	<b>03:04:40.55</b>	+00:19:50 (10.7%)	8:45	6.9 (89.6%)
5	<b>ROSOŁEK Elżbieta</b>	<b>539</b>	GREEN TEAM ZIELONA GÓRA	K50-59	5			00:31:12	00:53:36	01:15:20	01:36:45	01:58:22	02:20:41	02:43:11	<b>03:05:38.20</b>	+00:20:48 (11.2%)	8:47	6.8 (88.3%)
6	<b>PANEK Elwira</b>	<b>545</b>		K50-59	6			00:29:03	00:50:38	01:12:37	01:34:50	01:57:27	02:20:27	02:43:46	<b>03:07:13.65</b>	+00:22:23 (12.0%)	8:52	6.8 (88.3%)
7	<b>BARCZYK Jolanta</b>	<b>502</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	7			00:30:35	00:53:11	01:16:01	01:38:41	02:01:40	02:24:16	02:47:19	<b>03:10:14.75</b>	+00:25:24 (13.4%)	9:00	6.7 (87.0%)
8	<b>POSTEK Danuta</b>	<b>524</b>	MARSZ PO ZDROWIE	K50-59	8			00:30:39	00:53:36	01:16:08	01:39:10	02:01:49	02:25:24	02:49:25	<b>03:13:50.70</b>	+00:29:00 (15.0%)	9:11	6.5 (84.4%)

Znaleziono 8 wynik(ów)