



# MIELNO - Puchar Polski Nordic Walking 2019 - 10 KM

B4SPORT

**Event:** Puchar Polski Nordic Walking 2019  
**Organiser:** Polska Federacja Nordic Walking  
**Date:** 2019-05-04  
**Place:** Mielno  
**Distance:** 10 km



Classification: All

Split point: 7,5 km

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km
1	KUŹMICZ Adam	247	POLIPACK TEAM GWE	M30-39			00:16:26	00:33:34	00:50:51
2	NIECHWIEJCZYK Piotr	251	UNIA MIAST	M40-49			00:16:57	00:34:10	00:51:20
3	HELWICH Stefan	291	KS METRACO POLKOWICE	M60-69			00:17:23	00:34:38	00:51:58
4	JUREK Adam	293	KS METRACO POLKOWICE	M50-59	1		00:17:02	00:34:17	00:52:04
DQ	SIWAK Piotr	295	KS METRACO POLKOWICE	M50-59		1	00:17:12 DQ	00:34:47 DQ	00:52:22 DQ
6	JAKIMIEC Tadeusz	236	HUSARIA RACTIM	M50-59	1		00:17:54	00:35:19	00:52:37
7	GRODZKI Ireneusz	232		M40-49			00:17:31	00:35:06	00:52:51
8	KUŚMIEREK Jan	389	BŁĘKITNI NW DZIEMIANY	M40-49			00:17:58	00:36:00	00:53:58
9	KOZŁOWSKI Piotr	382	TR STARRBLADE	M40-49			00:17:47	00:35:54	00:54:20
10	KLIMCZAK Adam	240	GOSADI NORDIC TEAM	M50-59			00:17:52	00:36:17	00:54:53
11	PIETRZYK Jarosław	256	NORDIC TEAM CZĘSTOCHOWA	M30-39			00:18:02	00:36:23	00:54:58
12	KORZEŃ Grzegorz	244		M40-49	2		00:17:54	00:36:26	00:55:20
13	DREWA Marian	226	POLIPACK TEAM GWE	M60-69	1		00:18:11	00:36:55	00:56:17
14	SANIUK Edward	264	FACE NORDIC WALKING TEAM	M70+			00:18:56	00:37:34	00:56:20
15	ADAMCZYK Adam	211	PASJA NORDIC WALKING	M70+	2		00:19:04	00:38:02	00:56:59
16	JĘDRASIAK Renata	292	KS METRACO POLKOWICE	K50-59			00:18:54	00:38:03	00:56:59
17	GIERSZEWSKI Arkadiusz	229		M40-49			00:18:42	00:37:38	00:57:02
18	ŚWISŁOCKI Bogdan	279	FACE NORDIC WALKING TEAM	M50-59			00:18:43	00:37:43	00:57:05
19	SMARSZCZ Wiesław	271	LĘBORSKIE LWY	M60-69			00:18:58	00:38:08	00:57:08
20	KOZAKOWSKA Małgorzata	245	KS SOKÓŁ GAŚAWA	K40-49			00:18:43	00:37:59	00:57:09
21	HRYNDIO Jerzy	235	STADION ŚLĄSKI	M60-69			00:18:57	00:38:07	00:57:32
22	WEINER Jakub	283	CKZIU NYSA MECHANIK	M18-29	1		00:19:10	00:38:21	00:57:58
23	GODZIŃSKI Paweł	230	BAŻANT NW ELBLĄG	M40-49			00:19:02	00:38:30	00:58:01
24	RAJEK Magdalena	261	NORDIC TEAM CZĘSTOCHOWA	K40-49			00:19:23	00:38:59	00:58:35
25	BADOCHA-DUDA Małgorzata	214	ELITE TEAM	K50-59			00:19:04	00:38:41	00:58:43
26	SZCZĘŚNIAK Zbigniew	274	NORDIC TEAM CZĘSTOCHOWA	M50-59			00:19:18	00:39:00	00:58:57
27	ŚLUSARCZYK Andrzej	278	WESOŁY BORSUK TEAM	M60-69			00:19:17	00:39:21	00:59:14
28	POSIM Dariusz	259	WATAHA	M50-59	1		00:19:28	00:39:15	00:59:29

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km
29	<b>DUDA Barbara</b>	<b>227</b>	POLITECHNIKA GDAŃSKA	K18-29			00:19:45	00:39:35	00:59:36
30	<b>CZAJKA Urszula</b>	<b>220</b>		K60-69			00:19:32	00:39:30	00:59:49
31	<b>RASZEWSKA Izabela</b>	<b>262</b>	FORMA NA PIĄTKĘ NW	K40-49			00:19:34	00:39:38	00:59:55
32	<b>POŁUBIAK Paweł</b>	<b>125</b>		M30-39	2		00:19:09	00:39:40	01:00:11
33	<b>PRZYBYŁEK Marysia</b>	<b>260</b>	NWPL/MARSZ PO ZDROWIE	K40-49			00:19:18	00:40:04	01:00:24
34	<b>KOLASA Katarzyna</b>	<b>242</b>	FORMA NA PIĄTKĘ NW	K30-39			00:19:40	00:39:55	01:00:46
35	<b>CZEMPIK Kornelia</b>	<b>222</b>	STADION ŚLĄSKI	K50-59			00:20:25	00:40:40	01:01:17
36	<b>GÓRSKA Iwona</b>	<b>231</b>	LĘBORSKIE LWY	K40-49			00:20:29	00:41:12	01:01:25
37	<b>TOKARZ Joanna</b>	<b>281</b>	LECYMY DURŚ	K30-39			00:20:45	00:41:23	01:01:47
38	<b>STAWNIAK Karol</b>	<b>273</b>	KS METRACO POLKOWICE	M70+			00:20:32	00:41:07	01:01:49
39	<b>ZWOLENKIEWICZ Joanna</b>	<b>289</b>	KS SOKÓŁ GAŚAWA	K40-49			00:20:41	00:41:19	01:01:52
40	<b>GWAREK Anita</b>	<b>233</b>	PASJA NORDIC WALKING	K40-49			00:20:35	00:41:09	01:02:08
41	<b>CONTUCCI Ewa</b>	<b>219</b>	NORDIC TEAM CZĘSTOCHOWA	K40-49			00:20:44	00:41:48	01:02:52
42	<b>SKAWIŃSKA Ewa</b>	<b>269</b>	NAKIJEZAPRASZAMY	K40-49			00:20:27	00:41:54	01:02:55
43	<b>KURZAWSKA Jolanta</b>	<b>294</b>	KS METRACO POLKOWICE	K70+			00:21:09	00:42:10	01:03:14
44	<b>PARCHIMOWICZ Janusz</b>	<b>255</b>		M60-69	1		00:20:49	00:42:16	01:03:35
45	<b>WOJDANOWSKA Małgorzata</b>	<b>286</b>	LECYMY DURŚ	K30-39			00:21:33	00:43:05	01:04:09
46	<b>PONKA Radosław</b>	<b>258</b>	POLIPACK TEAM GWE	M40-49	1		00:20:57	00:42:34	01:04:18
47	<b>KOTULA Jakub</b>	<b>50</b>	UNIA MIAST	M30-39			00:21:22	00:43:06	01:04:40
48	<b>RATKA Michał</b>	<b>299</b>	E-FIZJA TEAM	M30-39			00:21:15	00:42:58	01:04:51
49	<b>PINIS Michał</b>	<b>257</b>	NORDIC TEAM CZĘSTOCHOWA	M30-39			00:21:42	00:43:14	01:04:57
50	<b>PANEK Elwira</b>	<b>254</b>	LĘBORSKIE LWY	K50-59			00:21:45	00:43:29	01:05:07
51	<b>CHYRA Janusz</b>	<b>217</b>	UNIA MIAST	M40-49			00:21:45	00:43:18	01:05:08
52	<b>CIESIELSKA Renata</b>	<b>218</b>	TORUŃ - IDZIEMY BEZ RYZYKA	K40-49	1		00:21:55	00:43:51	01:05:31
53	<b>WOJTALA Małgorzata</b>	<b>287</b>		K40-49			00:21:31	00:43:55	01:05:45
54	<b>WIETRZAK Tomasz</b>	<b>284</b>	ZDROWO PIJ.PL	M40-49			00:21:27	00:43:31	01:05:48
55	<b>ANDRUSZKIEWICZ Paweł</b>	<b>212</b>		M40-49			00:22:06	00:44:23	01:06:08
56	<b>MACIŃSKA Estera</b>	<b>298</b>	LECYMY DURŚ	K18-29			00:21:34	00:43:56	01:06:08
57	<b>CZEMPIK Aniela</b>	<b>223</b>	STADION ŚLĄSKI	K60-69			00:22:12	00:44:23	01:06:25
58	<b>WOSS Anna</b>	<b>288</b>	LĘBORSKIE LWY	K40-49	1		00:21:39	00:44:07	01:06:26
59	<b>SŁUPIANEK Sonia</b>	<b>270</b>	STADION ŚLĄSKI	K30-39			00:21:35	00:43:40	01:06:41
60	<b>SĘDZIK Katarzyna</b>	<b>266</b>	LECYMY DURŚ	K40-49			00:21:58	00:44:18	01:06:52
61	<b>STANKOWSKA Marzena</b>	<b>272</b>	KIJKOWE TRZEMESZNO	K40-49			00:22:06	00:44:34	01:07:19
62	<b>TURZYŃSKA-STOPA Maria</b>	<b>391</b>	BŁĘKITNI NW DZIEMIANY	K60-69			00:22:17	00:44:44	01:07:30
63	<b>OMARSKA Grażyna</b>	<b>253</b>	PASJA NORDIC WALKING	K60-69			00:22:20	00:44:53	01:07:58
64	<b>CHOLEWKA Jolanta</b>	<b>215</b>	MARSZ PO ZDROWIE	K60-69			00:22:24	00:45:05	01:08:03
65	<b>KIDAWA Bożena</b>	<b>300</b>	SANTANDER CONSUMER BANK	K60-69	1		00:22:45	00:45:13	01:08:05
66	<b>KIDAWA Danuta</b>	<b>221</b>	SANTANDER CONSUMER BANK	K40-49			00:22:26	00:45:19	01:08:29
67	<b>WYSOCKA Bernadeta</b>	<b>390</b>	BŁĘKITNI NW DZIEMIANY	K40-49			00:22:13	00:45:12	01:08:35
68	<b>THOMALLA Bogdan</b>	<b>280</b>	STADION ŚLĄSKI	M70+			00:22:38	00:45:55	01:09:33
69	<b>LIGĘZA Elżbieta</b>	<b>296</b>		K50-59			00:23:37	00:47:23	01:10:19
70	<b>SIKORRA Janina</b>	<b>267</b>	'ORŁY WICKO'	K70+			00:23:22	00:47:05	01:10:52
71	<b>SCHWANN Mirosław</b>	<b>265</b>		M50-59			00:23:13	00:47:02	01:11:22
72	<b>JANIK Maciej</b>	<b>237</b>	HYDRO ZASAPANI	M30-39			00:23:35	00:47:33	01:11:52

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km
73	<b>DROZD Krystyna</b>	<b>297</b>	CIDRY LOTAJOM	K50-59			00:24:16	00:48:28	01:12:22
74	<b>KISZKA-MAZIARCZUK Berenika</b>	<b>239</b>	LECYMY DURŚ	K30-39			00:24:26	00:48:58	01:12:26
75	<b>KIDAWA Marian</b>	<b>345</b>	SANTANDER CONSUMER BANK	M60-69			00:23:26	00:48:05	01:13:05
76	<b>WŁOCHOWICZ Olga</b>	<b>285</b>	LECYMY DURŚ	K30-39			00:24:26	00:49:07	01:14:15
77	<b>KRÓLIKOWSKA-ŁOSKOT Danuta</b>	<b>246</b>	STADION ŚLĄSKI	K60-69			00:24:39	00:49:22	01:14:16
78	<b>OLSZYŃSKA Marzena</b>	<b>252</b>	WILKI KOSZALIN	K50-59			00:25:10	00:49:28	01:14:18
79	<b>FAHRENHOLZ Rafał</b>	<b>228</b>		M60-69			00:24:04	00:50:02	01:15:34
80	<b>CZETYRKOWSKA Katarzyna</b>	<b>224</b>		K30-39			00:24:37	00:49:54	01:15:48
81	<b>CHRAPEK Urszula</b>	<b>216</b>	NORDUM	K30-39			00:25:14	00:51:02	01:17:13
82	<b>JÓŻWIAK Dominik</b>	<b>59</b>	SERCE NORDICA WŁOCŁAWEK	M18-29			00:26:12	00:52:57	01:20:27
83	<b>SIWCZYK Grażyna</b>	<b>268</b>	LECYMY DURŚ	K60-69			00:25:48	00:52:32	01:20:37
84	<b>ŻAMOJCIN Małgorzata</b>	<b>290</b>	NORDICLUB SZCZECIN	K50-59					

Total 84 results.