



# MIELNO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2019-05-04  
**Miejsce:** Mielno  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 16,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km
1	KORDOWSKI Piotr	318	LUX TORPEDA MAŁOPOLSKA	M40-49			00:24:11	00:42:05	01:00:10	01:17:52	01:35:37	01:53:40
2	KNITTER Tomasz	378	BŁĘKITNI NW DZIEMIANY	M18-29			00:24:35	00:42:13	01:00:14	01:17:53	01:35:43	01:53:41
3	STACHOWIAK Sebastian	332	UNIA MIAST	M40-49			00:24:33	00:42:07	01:00:08	01:17:55	01:35:55	01:54:12
4	SŁUPIANEK Paweł	329	LECYMY DURŚ	M40-49			00:24:35	00:42:07	01:00:10	01:17:55	01:36:02	01:54:40
5	BARCZYK Bogdan	301	NORDIC TEAM CZĘSTOCHOWA	M50-59			00:25:19	00:43:37	01:02:07	01:20:41	01:39:12	01:58:09
6	HAŁAS Marcin	312	UNIA MIAST	M30-39			00:25:20	00:43:41	01:02:08	01:20:41	01:39:13	01:58:10
7	ŻYDACZEWSKI Ryszard	342	KS METRACO POLKOWICE	M50-59			00:25:23	00:43:50	01:02:32	01:21:23	01:40:23	01:59:10
8	KUŚMIEREK Patryk	379	BŁĘKITNI NW DZIEMIANY	M18-29			00:25:58	00:44:51	01:03:52	01:22:41	01:42:04	02:00:53
9	KOŁODZIEJ Joanna	316	STADION ŚLĄSKI	K50-59			00:26:35	00:45:52	01:05:33	01:25:05	01:44:31	02:03:32
10	LENZ Andrzej	321	MUSZKIETEROWIE	M50-59			00:26:53	00:46:16	01:05:43	01:25:20	01:44:37	02:03:41
11	CIESIELSKI Jerzy	304	TORUŃ-IDZIEMY BEZ RYZYKA	M18-29	2		00:26:39	00:46:45	01:06:27	01:26:02	01:46:30	02:06:46
12	KOWALSKI Marek	320	UNIA MIAST	M50-59			00:27:14	00:46:58	01:06:47	01:26:40	01:46:39	02:06:51
13	NOWICZ Mariusz	325	CIDRY LOTAJOM	M18-29			00:27:17	00:47:09	01:06:56	01:26:48	01:46:36	02:06:56
14	SZULC Alicja	333	NW WERWA MŁAWA	K40-49			00:26:53	00:46:31	01:06:14	01:26:15	01:46:23	02:06:58
15	CIESIELSKI Jan	305	TORUŃ-IDZIEMY BEZ RYZYKA	M40-49			00:27:28	00:47:26	01:07:10	01:27:12	01:47:24	02:07:47
16	RAKOWIECKI Zbigniew	344	FACE NORDIC WALKING TEAM	M50-59			00:27:31	00:47:44	01:08:13	01:28:40	01:48:53	02:09:23
17	ŻAMOJCIN Marek	338	NORDICLUB SZCZECIN	M50-59			00:27:24	00:47:42	01:07:55	01:28:13	01:48:43	02:09:26
18	BADECKI Ryszard	213	KS METRACO POLKOWICE	M50-59			00:27:30	00:47:36	01:07:45	01:28:03	01:48:36	02:09:41
19	SPYCHAŁA Marzena	331	CKZIU NYSA MECHANIK	K40-49			00:27:26	00:47:22	01:07:43	01:28:28	01:49:19	02:09:58
20	STĘPIEŃ Lucyna	340	KS METRACO POLKOWICE	K60+			00:27:19	00:47:30	01:08:09	01:28:44	01:49:27	02:10:16
21	PAPROTNA Agnieszka	326	NORDIC TEAM CZĘSTOCHOWA	K30-39			00:28:06	00:48:21	01:08:43	01:29:24	01:50:01	02:10:54
22	LIGĘZA Janusz	343		M50-59	1		00:27:53	00:48:48	01:09:19	01:29:55	01:50:33	02:11:28
23	JANOSZKA Irena	313	CIDRY LOTAJOM	K50-59			00:27:51	00:48:25	01:09:07	01:30:06	01:51:26	02:12:29
24	ŚCIBUT Ania	334	FORMA NA PIĄTKĘ NW	K40-49			00:27:55	00:48:35	01:09:26	01:30:26	01:51:32	02:12:58
25	GOŁĘBIEWSKI Krzysztof	310	ZAWSZE MŁODZI	M50-59			00:28:10	00:48:44	01:09:15	01:30:11	01:51:50	02:14:17
26	KORDOWSKA Bogusława	317	LUX TORPEDA MAŁOPOLSKA	K40-49			00:28:47	00:49:31	01:10:23	01:31:43	01:52:59	02:14:18
27	GROS Agnieszka	311	STADION ŚLĄSKI	K40-49	1		00:28:50	00:49:45	01:11:24	01:33:03	01:54:42	02:16:16
28	STACHOWICZ Joanna	376	BŁĘKITNI NW DZIEMIANY	K18-29			00:29:33	00:50:33	01:11:36	01:32:48	01:54:12	02:16:32

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29	<b>SŁOMIŃSKA Marta</b>	<b>377</b>	BŁĘKITNI NW DZIEMIANY	K18-29			00:29:35	00:50:34	01:11:38	01:32:49	01:54:13	02:16:34
30	<b>DUSZA Anna</b>	<b>308</b>	NORDICLUB SZCZECIN	K50-59			00:28:38	00:49:29	01:10:54	01:32:35	01:54:37	02:17:10
31	<b>WESOŁOWSKI Wojciech</b>	<b>337</b>	MUSZKIETEROWIE	M60+			00:28:54	00:50:49	01:12:52	01:34:29	01:55:39	02:17:19
32	<b>KĘPA Andrzej</b>	<b>315</b>	FACE NORDIC WALKING TEAM	M60+			00:28:55	00:50:48	01:12:51	01:34:27	01:55:38	02:17:22
33	<b>BUCZKOWSKA Wiesława</b>	<b>303</b>	FACE NORDIC WALKING TEAM	K60+			00:29:01	00:50:21	01:11:42	01:33:36	01:55:42	02:17:59
34	<b>KORYTOWSKA Agnieszka</b>	<b>319</b>	NW WERWA MŁAWA	K30-39			00:29:04	00:50:05	01:11:46	01:33:18	01:55:52	02:18:58
35	<b>ŻUCHOWICZ Elżbieta</b>	<b>339</b>	KS METRACO POLKOWICE	K60+			00:29:08	00:50:36	01:12:46	01:35:11	01:57:26	02:20:03
36	<b>MALKIEWICZ Małgorzata</b>	<b>250</b>	ŻYJ AKTYWNIE	K50-59			00:29:48	00:51:49	01:13:57	01:36:10	01:58:41	02:21:42
37	<b>DANKIEWICZ Barbara</b>	<b>306</b>	ZAWSZE MŁODZI	K40-49			00:31:04	00:53:52	01:16:06	01:38:16	02:00:36	02:23:26
38	<b>SOBAŃSKA Grażyna</b>	<b>330</b>		K60+			00:31:01	00:53:46	01:16:33	01:38:48	02:01:12	02:23:48
39	<b>MALINOWSKA Katarzyna</b>	<b>323</b>	LECYMY DURŚ	K30-39			00:31:02	00:54:05	01:16:34	01:38:56	02:02:02	02:25:10
40	<b>DYWELSKI Marek</b>	<b>309</b>		M50-59			00:29:39	00:51:29	01:13:23	01:36:31	02:00:24	02:25:28
41	<b>POSTEK Danuta</b>	<b>327</b>	MARSZ PO ZDROWIE	K50-59			00:31:14	00:54:22	01:17:23	01:40:20	02:03:44	02:27:35
42	<b>KARASIEWICZ Irena</b>	<b>375</b>	FACE NORDIC WALKING TEAM	K50-59			00:30:03	00:52:38	01:15:46	01:39:11	02:03:16	02:28:14
43	<b>NIETRZEBKA Paweł</b>	<b>324</b>	MIĘDZYBORÓW	M30-39			00:32:25	00:56:19	01:20:06	01:43:28	02:07:04	02:31:16
44	<b>ZAWADZKA Maria</b>	<b>341</b>	KS METRACO POLKOWICE	K60+			00:32:09	00:55:57	01:19:28	01:43:35	02:07:46	02:32:54
45	<b>ROZMUS Jolanta</b>	<b>328</b>	FACE NORDIC WALKING TEAM	K60+			00:32:04	00:55:57	01:19:43	01:43:39	02:08:37	02:33:59
46	<b>BIELSKA Anna</b>	<b>302</b>	UWOLNIONE ENDORFINY	K50-59			00:31:54	00:56:18	01:20:27	01:45:05	02:10:08	02:34:52
47	<b>TOMCZAK Danuta</b>	<b>336</b>		K50-59	1		00:33:01	00:58:04	01:23:34	01:50:07	02:17:43	02:45:35
48	<b>KARASIEWICZ Iwona</b>	<b>314</b>	NORDICLUB SZCZECIN	K30-39			00:35:47	01:02:10	01:27:53	01:53:55	02:20:04	02:47:42
49	<b>DŁUGOŁĘCKI Krzysztof</b>	<b>307</b>	TEAM NW CIECHANÓW	M60+			00:33:49	01:00:40	01:28:05	01:54:52	02:22:10	02:51:22
50	<b>WIŚNIEWSKA Sylwia</b>	<b>350</b>	EDUWIS	K40-49	1		00:31:27	00:56:53	01:23:02	01:49:35	02:18:19	

Znaleziono 50 wynik(ów)