



MIELNO - PUCHAR POLSKI NORDIC WALKING - BAŁTYCKI TOUR

NORDIC WALKING - 10 KM

B4SPORT

Organiser: PFNW
Date: 2017-04-29
Place: Mielno
Distance: 10 km



Classification: K40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	SZPILMAN Katarzyna	755	FACE NORDIC WALKING TEAM	K40-49	1			00:02:52	00:19:40	00:40:00	01:00:53	01:21:38.00	01:24:30.10		8:09	7.3 (100%)
2	SPYCHAŁA Marzena	749	WESOŁY BORSUK TEAM	K40-49	2			00:02:51	00:20:17	00:40:50	01:01:43	01:22:33.25	01:25:25.15	+00:00:55 (1.1%)	8:15	7.3 (100%)
3	ŁUKASZEWICZ Joanna	773	GREEN TEAM	K40-49	3			00:02:52	00:20:38	00:41:57	01:03:22	01:24:55.55	01:27:47.80	+00:03:17 (3.9%)	8:29	7.1 (97.3%)
4	PASIŃSKA-SKOWRON Sylwia	737	PRUSZYŃSKI NORDIC WALKING	K40-49	4			00:02:51	00:20:34	00:42:19	01:04:43	01:26:58.65	01:29:50.55	+00:05:20 (6.1%)	8:41	6.9 (94.5%)
5	DUSZA Anna	709		K40-49	5			00:02:53	00:23:24	00:47:20	01:11:19	01:36:05.55	01:38:59.30	+00:14:27 (15.0%)	9:36	6.2 (84.9%)
6	KIDAWA Danuta	719	SANTANDER CONSUMER BANK	K40-49	6			00:02:54	00:24:26	00:49:40	01:15:22	01:41:36.25	01:44:30.25	+00:19:58 (19.7%)	10:09	5.9 (80.8%)
7	KOZICKA Anna	778		K40-49	7	2		00:02:51	00:23:33	00:49:33	01:16:16	01:42:54.30	01:45:46.20	+00:21:16 (20.7%)	10:17	5.8 (79.5%)
8	LIPIŃSKA Urszula	727	FACE NORDIC WALKING TEAM	K40-49	8	1		00:02:53	00:25:59	00:53:26	01:20:19	01:47:36.85	01:50:29.90	+00:25:58 (24.1%)	10:45	5.6 (76.7%)
9	WASIELA Beata	761	FACE NORDIC WALKING TEAM	K40-49	9			00:02:53	00:25:43	00:52:20	01:19:49	01:48:17.40	01:51:10.65	+00:26:39 (24.6%)	10:49	5.5 (75.3%)
10	SZEWczyk Agnieszka	753	FACE NORDIC WALKING TEAM	K40-49	10			00:02:53	00:25:42	00:52:20	01:19:47	01:48:19.30	01:51:12.35	+00:26:41 (24.6%)	10:49	5.5 (75.3%)
11	KRZYŚCIN Mirosława	726	SANTANDER CONSUMER BANK	K40-49	11	1		00:02:54	00:25:39	00:52:56	01:22:06	01:51:20.80	01:54:15.70	+00:29:42 (26.7%)	11:08	5.4 (74.0%)

Total 11 results.