



# MIELNO - PUCHAR POLSKI NORDIC WALKING - BAŁTYCKI TOUR

## NORDIC WALKING - 5 KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2017-04-29  
**Place:** Mielno  
**Distance:** 5 km



Classification: M40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>MACHNIK Janusz</b>	<b>488</b>	CLLEO ZAWIERCIE	M40-44	1	1		00:01:21	00:18:47	<b>00:37:57.60</b>	<b>00:39:19.20</b>		7:35	7.9 (100%)
2	<b>SCHRÖDER Karol</b>	<b>528</b>	SILESIA NORDIC TEAM	M40-44	2	1		00:01:21	00:19:10	<b>00:39:22.75</b>	<b>00:40:44.35</b>	+00:01:25 (3.6%)	7:52	7.6 (96.2%)
3	<b>UKLEJEWSKI Przemysław</b>	<b>566</b>	GOSIR OSIELSKO	M40-44	3			00:01:20	00:20:33	<b>00:41:34.85</b>	<b>00:42:55.45</b>	+00:03:37 (8.7%)	8:19	7.2 (91.1%)
4	<b>GRUSZKA Michał</b>	<b>452</b>	UNIA MIAST	M40-44	4			00:01:22	00:20:46	<b>00:42:37.05</b>	<b>00:43:59.40</b>	+00:04:39 (10.9%)	8:31	7 (88.6%)
5	<b>SZYCKO Radosław</b>	<b>552</b>	DWA KIJE SŁUPSK	M40-44	5			00:01:20	00:21:42	<b>00:43:52.35</b>	<b>00:45:12.95</b>	+00:05:54 (13.5%)	8:46	6.8 (86.1%)
6	<b>RODZIŃSKI Robert</b>	<b>524</b>	RKM SOPELEK	M40-44	6			00:01:21	00:24:25	<b>00:49:14.80</b>	<b>00:50:36.15</b>	+00:11:17 (22.9%)	9:51	6.1 (77.2%)
7	<b>BŁASZCZYK Łukasz</b>	<b>412</b>	KIJANKI POZNAŃ	M40-44	7			00:01:23	00:29:55	<b>01:00:10.45</b>	<b>01:01:33.70</b>	+00:22:12 (36.9%)	12:02	5 (63.3%)

Total 7 results.