



MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA KASI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy
Data: 2016-12-04
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SMAŻYK Ewelina	145	RUN BYDGOSZCZ	K-30	1	00:00:03	00:21:47.75	00:21:51.70		4:21	13.8 (100%)
2	JAROCKA Beata	176	-	K-30	2	00:00:08	00:22:00.60	00:22:08.90	+00:00:12 (1.0%)	4:24	13.6 (98.6%)
2	BANASZAK Monika	p57		K-30	3	00:00:06	00:22:02.40	00:22:08.90	+00:00:14 (1.1%)	4:24	13.6 (98.6%)
4	RATAJ Zuzanna	408	KOBIETYBIEGAJA.PL/POLONIA BYDGOSZCZ SLA	K-30	4	00:00:04	00:22:48.00	00:22:52.10	+00:01:00 (4.4%)	4:33	13.2 (95.7%)
5	FILARECKA Agnieszka	443	ASF BY TRISPEACE	K-30	5	00:00:05	00:22:50.50	00:22:56.35	+00:01:02 (4.6%)	4:34	13.1 (94.9%)
6	MAZANOWSKA-KAWA Ewa	582		K-30	6	00:00:18	00:24:06.55	00:24:25.05	+00:02:18 (9.6%)	4:49	12.4 (89.9%)
7	DERING Hanna	65	BYDGOSKIE ŻÓŁWIE	K-30	7	00:00:26	00:24:34.05	00:25:00.95	+00:02:46 (11.3%)	4:54	12.2 (88.4%)
8	POTRZEBOWSKA Agata	46		K-30	8	00:00:22	00:25:01.95	00:25:24.05	+00:03:14 (12.9%)	5:00	12 (87.0%)
9	KEMPIŃSKA Beata	226		K-30	9	00:00:37	00:25:07.50	00:25:45.15	+00:03:19 (13.3%)	5:01	11.9 (86.2%)
10	BONALSKA Magdalena	553		K-30	10	00:00:12	00:25:10.35	00:25:22.45	+00:03:22 (13.4%)	5:02	11.9 (86.2%)
11	KUJDA Dorota	150		K-30	11	00:00:32	00:25:19.00	00:25:51.05	+00:03:31 (13.9%)	5:03	11.8 (85.5%)
12	PAWŁOWSKA Gabriela	416		K-30	12	00:00:04	00:25:34.70	00:25:39.65	+00:03:46 (14.8%)	5:07	11.7 (84.8%)
13	PIŃSKA Sylwia	47	BBL INOWROCŁAW	K-30	13	00:00:31	00:25:41.00	00:26:12.50	+00:03:53 (15.1%)	5:08	11.7 (84.8%)
14	ANDRZEJEWSKA Agnieszka	295		K-30	14	00:00:09	00:25:42.40	00:25:52.10	+00:03:54 (15.2%)	5:08	11.7 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	WOJTYSIAK Dorota	469		K-30	15	00:00:08	00:25:47.30	00:25:55.65	+00:03:59 (15.5%)	5:09	11.6 (84.1%)
16	GRABARSKA Anna	302		K-30	16	00:00:11	00:25:49.05	00:26:00.40	+00:04:01 (15.6%)	5:09	11.6 (84.1%)
17	SOSIŃSKA Izabela	170		K-30	17	00:00:28	00:25:50.25	00:26:19.05	+00:04:02 (15.6%)	5:10	11.6 (84.1%)
18	WASILEWSKA Martyna	639		K-30	18	00:00:48	00:25:56.40	00:26:44.60	+00:04:08 (16.0%)	5:11	11.6 (84.1%)
19	WASILEWSKA Agata	640		K-30	19	00:00:48	00:25:56.90	00:26:45.10	+00:04:09 (16.0%)	5:11	11.6 (84.1%)
20	BOROWIEC Wioleta	26	BBL SZUBIN	K-30	20	00:00:04	00:25:57.70	00:26:02.60	+00:04:09 (16.0%)	5:11	11.6 (84.1%)
21	PŁOCIŃSKA Patrycja	409		K-30	21	00:00:09	00:26:17.85	00:26:27.50	+00:04:30 (17.1%)	5:15	11.4 (82.6%)
22	PRZEKWASIAŃSKA Anna	255		K-30	22	00:00:49	00:26:19.55	00:27:08.65	+00:04:31 (17.2%)	5:15	11.4 (82.6%)
23	MAGDZIARZ Katarzyna	254	KANCELARIA HMM	K-30	23	00:00:48	00:26:20.40	00:27:09.25	+00:04:32 (17.3%)	5:16	11.4 (82.6%)
24	MAĆKOWIAK Kasia	96		K-30	24	00:01:01	00:26:33.10	00:27:34.70	+00:04:45 (17.9%)	5:18	11.3 (81.9%)
25	NAPIERALSKA Natalia	440		K-30	25	00:00:53	00:26:42.70	00:27:36.20	+00:04:54 (18.4%)	5:20	11.2 (81.2%)
26	TYSZKA Renata	531		K-30	26	00:00:59	00:26:51.15	00:27:50.15	+00:05:03 (18.8%)	5:22	11.2 (81.2%)
27	KOLIGNAN Katarzyna	234	BRAK	K-30	27	00:00:26	00:26:54.50	00:27:20.85	+00:05:06 (19.0%)	5:22	11.2 (81.2%)
28	GOLIMOWSKA Anna	517		K-30	28	00:01:03	00:26:57.10	00:28:01.00	+00:05:09 (19.1%)	5:23	11.1 (80.4%)
29	FRANCZAK Joanna	300		K-30	29	00:00:34	00:26:59.45	00:27:34.15	+00:05:11 (19.2%)	5:24	11.1 (80.4%)
30	KUDŁA Monika	476		K-30	30	00:01:00	00:27:05.00	00:28:05.90	+00:05:17 (19.5%)	5:25	11.1 (80.4%)
31	DZIĘDZIK Agnieszka	594		K-30	31	00:00:28	00:27:08.45	00:27:36.90	+00:05:20 (19.7%)	5:25	11.1 (80.4%)
32	GIŻA Wioletta	185	POLONIA BYDGOSZCZ SLA	K-30	32	00:00:22	00:27:12.60	00:27:35.40	+00:05:24 (19.9%)	5:26	11 (79.7%)
33	SZTURO Lidia	57		K-30	33	00:00:22	00:27:12.80	00:27:35.50	+00:05:25 (19.9%)	5:26	11 (79.7%)
34	NIKOŁAJEW Monika	208		K-30	34	00:00:22	00:27:13.95	00:27:36.65	+00:05:26 (20.0%)	5:26	11 (79.7%)
35	KOWALSKA Anna	472		K-30	35	00:00:21	00:27:14.15	00:27:35.20	+00:05:26 (20.0%)	5:26	11 (79.7%)
36	JAŻDŻEWSKA Alicja	181		K-30	36	00:00:17	00:27:15.90	00:27:33.15	+00:05:28 (20.1%)	5:27	11 (79.7%)
37	PŁOSZAJ Magdalena	19		K-30	37	00:01:01	00:27:19.10	00:28:20.70	+00:05:31 (20.2%)	5:27	11 (79.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	OLEKSY Ilona	500		K-30	38	00:01:01	00:27:19.75	00:28:21.30	+00:05:32 (20.2%)	5:28	11 (79.7%)
39	OBREBSKA Ela	20	BIEGASIE	K-30	39	00:00:17	00:27:22.95	00:27:40.20	+00:05:35 (20.4%)	5:28	11 (79.7%)
40	BAK Agnieszka	294	AGNIESZKA BAK	K-30	40	00:00:01	00:27:23.85	00:27:25.45	+00:05:36 (20.4%)	5:28	10.9 (79.0%)
41	JELEŃ Agnieszka	424	KEEPER	K-30	41	00:00:50	00:27:27.40	00:28:17.50	+00:05:39 (20.6%)	5:29	10.9 (79.0%)
42	CABANSKA Katarzyna	73	VITAPOL	K-30	42	00:00:33	00:27:31.15	00:28:04.20	+00:05:43 (20.8%)	5:30	10.9 (79.0%)
43	MELLEM-ZWIEWKA Małgorzata	212	PUBLICZNE GIMNAZJUM IM. MARIANA REJEWSKIEGO BIAŁE BŁOTA	K-30	43	00:00:37	00:27:31.90	00:28:09.80	+00:05:44 (20.8%)	5:30	10.9 (79.0%)
44	BICKOWSKA Magdalena	622		K-30	44	00:00:18	00:27:40.50	00:27:58.95	+00:05:52 (21.2%)	5:32	10.8 (78.3%)
45	DEKOWSKA Anna	265		K-30	45	00:00:05	00:27:44.80	00:27:50.10	+00:05:57 (21.4%)	5:33	10.8 (78.3%)
46	CISZEWSKA Emilia	76		K-30	46	00:00:16	00:27:49.20	00:28:05.20	+00:06:01 (21.7%)	5:33	10.8 (78.3%)
47	NOSKOWIAK-BAJNO Alicja	13	4FUN	K-30	47	00:00:06	00:27:51.40	00:27:57.55	+00:06:03 (21.8%)	5:34	10.8 (78.3%)
48	RZEPECKA Katarzyna	56		K-30	48	00:00:14	00:27:52.10	00:28:06.95	+00:06:04 (21.8%)	5:34	10.8 (78.3%)
49	TOPOLNICKA Karolina	477		K-30	49	00:00:05	00:28:13.45	00:28:18.50	+00:06:25 (22.8%)	5:38	10.6 (76.8%)
50	BUSZTA Anna	579	KLUB ZDROWEGO STYLU ŻYCIA	K-30	50	00:00:05	00:28:14.45	00:28:19.85	+00:06:26 (22.8%)	5:38	10.6 (76.8%)
51	GÓRSKA Joanna	245		K-30	51	00:00:16	00:28:29.45	00:28:45.60	+00:06:41 (23.5%)	5:41	10.5 (76.1%)
52	WYRWAS Anetta	308		K-30	52	00:00:51	00:28:57.15	00:29:48.75	+00:07:09 (24.7%)	5:47	10.4 (75.4%)
53	FARBOTKO Anna	461	MAM NA TO WYBIEGANE	K-30	53	00:00:49	00:28:59.90	00:29:49.50	+00:07:12 (24.8%)	5:48	10.3 (74.6%)
54	PROKOPOWICZ Agnieszka	49		K-30	54	00:00:43	00:29:02.60	00:29:46.05	+00:07:14 (25.0%)	5:48	10.3 (74.6%)
55	DROZDOWSKA Anna	108		K-30	55	00:00:10	00:29:05.95	00:29:16.75	+00:07:18 (25.1%)	5:49	10.3 (74.6%)
56	KUGACZ Aneta	238	RUN BYDGOSZCZ	K-30	56	00:00:04	00:29:16.25	00:29:21.00	+00:07:28 (25.5%)	5:51	10.2 (73.9%)
57	PASIEKA Magda	71		K-30	57	00:00:25	00:29:22.15	00:29:47.35	+00:07:34 (25.8%)	5:52	10.2 (73.9%)
58	ETTINGER Justyna	617		K-30	58	00:00:53	00:29:22.60	00:30:16.35	+00:07:34 (25.8%)	5:52	10.2 (73.9%)
59	CZYŻEWSKA Bernadeta	38		K-30	59	00:00:15	00:29:24.25	00:29:39.70	+00:07:36 (25.9%)	5:52	10.2 (73.9%)
60	KISZKA Justyna	359	RUNPASJA	K-30	60	00:00:24	00:29:24.75	00:29:49.45	+00:07:37 (25.9%)	5:53	10.2 (73.9%)

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61	ZAMIATOWSKA Kinga	519	RUN BYDGOSZCZ	K-30	61	00:00:43	00:29:25.10	00:30:08.55	+00:07:37 (25.9%)	5:53	10.2 (73.9%)
62	MEGER Agnieszka	518		K-30	62	00:00:43	00:29:25.25	00:30:08.40	+00:07:37 (25.9%)	5:53	10.2 (73.9%)
63	MAJEK Agata	508		K-30	63	00:00:20	00:29:25.60	00:29:46.20	+00:07:37 (25.9%)	5:53	10.2 (73.9%)
64	WIECHECKA-KORENKIEWICZ Joanna	197		K-30	64	00:00:57	00:29:27.15	00:30:24.75	+00:07:39 (26.0%)	5:53	10.2 (73.9%)
65	SUSZEK Katarzyna	219		K-30	65	00:00:51	00:29:30.65	00:30:21.90	+00:07:42 (26.1%)	5:54	10.2 (73.9%)
66	KOWALIK Justyna	464		K-30	66	00:00:26	00:29:33.40	00:29:59.45	+00:07:45 (26.3%)	5:54	10.2 (73.9%)
67	PIĄTEK Lidia	218	PUBLICZNE GIMNAZJUM IM. MARIANA REJEWSKIEGO BIAŁE BŁOTA	K-30	67	00:00:37	00:29:34.00	00:30:11.50	+00:07:46 (26.3%)	5:54	10.1 (73.2%)
68	LEWIŃSKA Aleksandra	565		K-30	68	00:00:27	00:29:37.55	00:30:05.40	+00:07:49 (26.4%)	5:55	10.1 (73.2%)
69	LENC Agnieszka	216	POLONIA BYDGOSZCZ SLA	K-30	69	00:00:23	00:29:43.05	00:30:06.60	+00:07:55 (26.7%)	5:56	10.1 (73.2%)
70	PIÓRKOWSKA Aga	6		K-30	70	00:01:01	00:29:43.35	00:30:44.40	+00:07:55 (26.7%)	5:56	10.1 (73.2%)
71	MIKLASZ Ola	273		K-30	71	00:00:42	00:29:45.90	00:30:27.90	+00:07:58 (26.8%)	5:57	10.1 (73.2%)
72	HETEL Beata	444		K-30	72	00:00:21	00:29:48.95	00:30:10.65	+00:08:01 (26.9%)	5:57	10.1 (73.2%)
73	GAJEK Agnieszka	131	TASAK TEAM	K-30	73	00:00:32	00:29:49.65	00:30:22.50	+00:08:01 (26.9%)	5:58	10.1 (73.2%)
74	MAKOWSKA Justyna	120	TASAK TEAM	K-30	74	00:00:32	00:29:49.75	00:30:22.50	+00:08:02 (26.9%)	5:58	10.1 (73.2%)
75	KOPCIŃSKA Małgorzata	329		K-30	75	00:00:30	00:29:52.85	00:30:23.20	+00:08:05 (27.1%)	5:58	10 (72.5%)
76	MIKOŁAJCZAK Aleksandra	103		K-30	76	00:00:59	00:30:05.35	00:31:04.90	+00:08:17 (27.6%)	6:01	10 (72.5%)
77	NOWAKOWSKA Paulina	434		K-30	77	00:00:49	00:30:37.25	00:31:27.20	+00:08:49 (28.8%)	6:07	9.8 (71.0%)
78	BARTKOWIAK Kasia	271		K-30	78	00:00:50	00:30:37.40	00:31:27.60	+00:08:49 (28.8%)	6:07	9.8 (71.0%)
79	ANDRYSZAK Karolina	509		K-30	79	00:00:53	00:30:38.40	00:31:31.90	+00:08:50 (28.9%)	6:07	9.8 (71.0%)
80	KOŁECKA KORONOWSKA Kamila	262		K-30	80	00:00:38	00:30:45.25	00:31:23.65	+00:08:57 (29.1%)	6:09	9.8 (71.0%)
81	STORMANN Maja	204	TEAM CHOJNICE	K-30	81	00:00:22	00:30:54.60	00:31:16.60	+00:09:06 (29.5%)	6:10	9.7 (70.3%)
82	SOSNOWSKA Aneta	482		K-30	82	00:00:14	00:31:23.45	00:31:37.65	+00:09:35 (30.6%)	6:16	9.6 (69.6%)
83	OSTAPCZUK Monika	347	NAŁOGOWI POŻERACZE KILOMETRÓW	K-30	83	00:00:58	00:31:39.30	00:32:37.60	+00:09:51 (31.1%)	6:19	9.5 (68.8%)

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84	ŚLIWA Magdalena	7		K-30	84	00:00:50	00:31:44.60	00:32:35.25	+00:09:56 (31.3%)	6:21	9.4 (68.1%)
85	GÓRSKA Paulina	631		K-30	85	00:00:30	00:31:51.85	00:32:22.75	+00:10:04 (31.6%)	6:22	9.4 (68.1%)
86	WIADERKIEWICZ Magdalena	21	CLIMAG	K-30	86	00:00:26	00:31:53.35	00:32:19.75	+00:10:05 (31.7%)	6:22	9.4 (68.1%)
87	STACHNIK Jadwiga	142		K-30	87	00:00:43	00:32:00.50	00:32:44.40	+00:10:12 (31.9%)	6:24	9.4 (68.1%)
88	BIAŁOUSEWICZ-SUCZYŃSKA Justyna	140		K-30	88	00:00:44	00:32:01.45	00:32:45.70	+00:10:13 (31.9%)	6:24	9.4 (68.1%)
89	WIERZBICKA Anna	414		K-30	89	00:00:24	00:32:03.50	00:32:28.00	+00:10:15 (32.0%)	6:24	9.4 (68.1%)
90	BAK Magda	253	BIEGAM Z KAROLEM	K-30	90	00:00:23	00:32:05.10	00:32:28.20	+00:10:17 (32.1%)	6:25	9.4 (68.1%)
91	KUPIŃSKA Anna	585		K-30	91	00:00:11	00:32:10.20	00:32:21.25	+00:10:22 (32.2%)	6:26	9.3 (67.4%)
92	RATAJCZAK Aurelia	646	RUN BYDGOSZCZ	K-30	92	00:00:53	00:32:17.75	00:33:11.55	+00:10:30 (32.5%)	6:27	9.3 (67.4%)
93	JÓZEFIAK Iwona	400		K-30	93	00:00:34	00:32:43.75	00:33:17.85	+00:10:56 (33.4%)	6:32	9.2 (66.7%)
94	ŚWIECA Justyna	199	III LO	K-30	94	00:00:46	00:32:44.05	00:33:30.80	+00:10:56 (33.4%)	6:32	9.2 (66.7%)
95	PORĘBNA Aleksandra	575		K-30	95	00:00:46	00:32:44.20	00:33:30.80	+00:10:56 (33.4%)	6:32	9.2 (66.7%)
96	MARC Natalia	252	BIEGAM Z KAROLEM	K-30	96	00:00:23	00:33:04.40	00:33:28.25	+00:11:16 (34.1%)	6:37	9.1 (65.9%)
97	WIŚNIEWSKA Małgorzata	118		K-30	97	00:00:44	00:33:44.15	00:34:28.30	+00:11:56 (35.4%)	6:44	8.9 (64.5%)
98	WORONIECKA Anna	105		K-30	98	00:00:44	00:33:44.20	00:34:28.70	+00:11:56 (35.4%)	6:44	8.9 (64.5%)
99	KONOPIŃSKA Agnieszka	89	RUN BYDGOSZCZ	K-30	99	00:00:44	00:33:45.60	00:34:29.80	+00:11:57 (35.4%)	6:45	8.9 (64.5%)
100	POLEK Krystyna	128		K-30	100	00:00:43	00:33:46.60	00:34:29.90	+00:11:58 (35.5%)	6:45	8.9 (64.5%)
101	BOCZKAJA Agata	130		K-30	101	00:00:43	00:33:53.65	00:34:37.55	+00:12:05 (35.7%)	6:46	8.8 (63.8%)
102	SKORA-TUPTANOWSKA Monika	168	WELD-LINE TEAM	K-30	102	00:01:00	00:34:06.90	00:35:07.45	+00:12:19 (36.1%)	6:49	8.8 (63.8%)
103	NAPIERALSKA Katarzyna	225		K-30	103	00:00:35	00:35:03.25	00:35:38.40	+00:13:15 (37.8%)	7:00	8.6 (62.3%)
104	KLUCZYŃSKA Blanka	30		K-30	104	00:00:14	00:35:15.55	00:35:30.20	+00:13:27 (38.2%)	7:03	8.5 (61.6%)
105	MUSIAŁ Elwira	35	BYDGOSZCZ TRIATHLON TEAM	K-30	105	00:00:15	00:35:24.05	00:35:39.55	+00:13:36 (38.4%)	7:04	8.5 (61.6%)
106	CHROBAK Kamila	74	TEAM CHOJNICE	K-30	106	00:00:27	00:35:34.70	00:36:01.90	+00:13:46 (38.7%)	7:06	8.4 (60.9%)

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107	GRZYB Aleksandra	160		K-30	107	00:00:32	00:36:05.50	00:36:38.35	+00:14:17 (39.6%)	7:13	8.3 (60.1%)
108	KOWALSKA Katarzyna	136		K-30	108	00:00:14	00:36:32.45	00:36:46.50	+00:14:44 (40.4%)	7:18	8.2 (59.4%)
109	WALCZAK Joanna	229		K-30	109	00:00:13	00:36:33.70	00:36:47.20	+00:14:45 (40.4%)	7:18	8.2 (59.4%)
110	SLINKO Anna	231		K-30	110	00:00:12	00:36:33.85	00:36:46.60	+00:14:46 (40.4%)	7:18	8.2 (59.4%)
111	BARTKOWIAK Agnieszka	438		K-30	111	00:00:05	00:36:43.70	00:36:49.55	+00:14:55 (40.7%)	7:20	8.2 (59.4%)
112	BINIENDA Katarzyna	11	BIMAT	K-30	112	00:00:27	00:37:56.50	00:38:23.55	+00:16:08 (42.6%)	7:35	7.9 (57.2%)
113	NOWAK Oliwia	494		K-30	113	00:00:24	00:39:19.25	00:39:44.15	+00:17:31 (44.6%)	7:52	7.6 (55.1%)
114	GUCZALSKA Wioletta	290		K-30	114	00:00:36	00:39:43.40	00:40:19.50	+00:17:55 (45.1%)	7:56	7.6 (55.1%)
115	ROŚCISZEWSKA Paulina	521		K-30	115	00:01:06	00:51:25.40	00:52:32.30	+00:29:37 (57.6%)	10:17	5.8 (42.0%)

Znaleziono 115 wynik(ów)