



MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA KASI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy
Data: 2016-12-04
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	STRYCHALSKI Tomasz	415	RUN LOTTO-BYDGOSTIA	M-30	1	00:00:06	00:17:37.40	00:17:43.60		3:31	17 (100%)
2	PELC Marcin	587		M-30	2	00:00:03	00:17:50.55	00:17:53.65	+00:00:13 (1.2%)	3:34	16.8 (98.8%)
3	MYSZKA Łukasz	241		M-30	3	00:00:01	00:17:53.30	00:17:54.35	+00:00:15 (1.5%)	3:34	16.8 (98.8%)
4	OBREBSKI Grzegorz	18	BIEGASIE	M-30	4	00:00:14	00:18:37.80	00:18:51.85	+00:01:00 (5.4%)	3:43	16.1 (94.7%)
5	WIĘCKOWSKI Dariusz	198	ROWEROWA BRZOZA	M-30	5	00:00:00	00:18:58.00	00:18:58.00	+00:01:20 (7.1%)	3:47	15.8 (92.9%)
6	ŚLUSARSKI Przemysław	210	BRZozowa TEAM	M-30	6	00:00:02	00:18:59.50	00:19:02.10	+00:01:22 (7.2%)	3:48	15.8 (92.9%)
7	RYMER Jakub	429	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	7	00:00:01	00:19:01.00	00:19:02.30	+00:01:23 (7.3%)	3:48	15.8 (92.9%)
8	KRYSKE Mariusz	95	SPÓJNIA BIAŁE BŁOTA	M-30	8	00:00:06	00:19:20.10	00:19:26.95	+00:01:42 (8.9%)	3:52	15.5 (91.2%)
9	GWITT Bartosz	566		M-30	9	00:00:02	00:19:30.75	00:19:33.60	+00:01:53 (9.7%)	3:54	15.4 (90.6%)
10	PFAJFER Marek	99	SPÓJNIA BIAŁE BŁOTA	M-30	10	00:00:05	00:19:33.25	00:19:39.10	+00:01:55 (9.9%)	3:54	15.3 (90.0%)
11	BABSKI Mariusz	551	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	11	00:00:00	00:19:58.25	00:19:59.00	+00:02:20 (11.8%)	3:59	15 (88.2%)
12	ADACH Paweł	376		M-30	12	00:00:08	00:20:08.35	00:20:17.20	+00:02:30 (12.5%)	4:01	14.9 (87.6%)
13	PIOTROWSKI Dariusz	319	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	13	00:00:06	00:20:11.20	00:20:17.40	+00:02:33 (12.7%)	4:02	14.9 (87.6%)
14	LEWANDOWSKI Mirosław	279		M-30	14	00:00:02	00:20:15.00	00:20:17.20	+00:02:37 (13.0%)	4:03	14.8 (87.1%)
15	JUCHACZ Michał	29	TRI TEAM INO	M-30	15	00:00:00	00:20:23.00	00:20:23.50	+00:02:45 (13.5%)	4:04	14.7 (86.5%)
16	DURCZAK Jerzy	495		M-30	16	00:00:06	00:20:24.75	00:20:31.45	+00:02:47 (13.7%)	4:05	14.7 (86.5%)
17	PAWLAK Jakub	165	JFTC SU	M-30	17	00:00:08	00:20:33.60	00:20:42.50	+00:02:56 (14.3%)	4:06	14.6 (85.9%)
18	IŻKO Dariusz	365	BRĄK	M-30	18	00:00:09	00:20:39.60	00:20:49.20	+00:03:02 (14.7%)	4:08	14.5 (85.3%)
19	JANYSKA Krzysztof	77		M-30	19	00:00:05	00:21:02.75	00:21:08.10	+00:03:25 (16.3%)	4:12	14.3 (84.1%)
20	WIADERKIEWICZ Mariusz	15	CLIMAG	M-30	20	00:00:26	00:21:10.05	00:21:36.40	+00:03:32 (16.7%)	4:14	14.2 (83.5%)
21	GÓRNY Maciej	158	SAFANDUŁĄ NIE BĘDĘ TEAM	M-30	21	00:00:12	00:21:14.10	00:21:27.00	+00:03:36 (17.0%)	4:15	14.1 (82.9%)
22	CYL Dawid	97	RUN BYDGOSZCZ	M-30	22	00:00:13	00:21:59.20	00:22:12.55	+00:04:21 (19.8%)	4:23	13.6 (80.0%)
23	MALINOWSKI Marcin	277	WELD-LINE	M-30	23	00:00:18	00:22:00.85	00:22:18.85	+00:04:23 (19.9%)	4:24	13.6 (80.0%)
24	GORGOL Tomasz	616		M-30	24	00:00:18	00:22:04.35	00:22:22.40	+00:04:26 (20.2%)	4:24	13.6 (80.0%)
25	GACKOWSKI Szymon	555		M-30	25	00:00:21	00:22:12.90	00:22:34.05	+00:04:35 (20.7%)	4:26	13.5 (79.4%)
26	ROSA Bartosz	423	SMASHING PĄPKINS	M-30	26	00:00:30	00:22:22.80	00:22:53.20	+00:04:45 (21.3%)	4:28	13.4 (78.8%)
27	BINIENDA Mateusz	8	BIMAT	M-30	27	00:00:24	00:22:27.00	00:22:51.15	+00:04:49 (21.5%)	4:29	13.4 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
28	BURITTA Mariusz	256		M-30	28	00:00:19	00:22:40.85	00:23:00.30	+00:05:03 (22.3%)	4:32	13.2 (77.6%)
29	FILIPIAK Jakub	48	HANWOJ	M-30	29	00:00:23	00:22:42.45	00:23:05.55	+00:05:05 (22.4%)	4:32	13.2 (77.6%)
30	RATAJ Krzysztof	405	POLONIA BYDGOSZCZ SLA	M-30	30	00:00:03	00:22:49.75	00:22:53.40	+00:05:12 (22.8%)	4:34	13.1 (77.1%)
31	KREŃSKI Tomasz	413		M-30	31	00:00:19	00:22:53.95	00:23:13.90	+00:05:16 (23.0%)	4:34	13.1 (77.1%)
32	DUDEK Dawid	351	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M-30	32	00:00:23	00:22:58.75	00:23:21.75	+00:05:21 (23.3%)	4:35	13.1 (77.1%)
33	KALINOWSKI Dariusz	81		M-30	33	00:00:06	00:23:05.95	00:23:12.80	+00:05:28 (23.7%)	4:37	13 (76.5%)
34	KOWALIK Damian	372		M-30	34	00:00:25	00:23:06.30	00:23:32.05	+00:05:28 (23.7%)	4:37	13 (76.5%)
35	STAWLUK Marcin	499	SLA POLONIA BYDGOSZCZ	M-30	35	00:00:02	00:23:10.85	00:23:12.90	+00:05:33 (24.0%)	4:38	12.9 (75.9%)
36	POZNAŃ Łukasz	133		M-30	36	00:01:05	00:23:12.85	00:24:18.10	+00:05:35 (24.1%)	4:38	12.9 (75.9%)
37	WOJTECKI Łukasz	479		M-30	37	00:00:55	00:23:17.80	00:24:13.05	+00:05:40 (24.4%)	4:39	12.9 (75.9%)
38	SZULC Kamil	644	CROSS TEAM BYDGOSZCZ	M-30	38	00:00:07	00:23:32.00	00:23:39.75	+00:05:54 (25.1%)	4:42	12.7 (74.7%)
39	SZCZEPANIAJ Tomasz	532	CROSSTEAMBYDGOSZCZ	M-30	39	00:00:06	00:23:35.05	00:23:41.20	+00:05:57 (25.3%)	4:43	12.7 (74.7%)
40	JASINIECKI Wojciech	41	RUN BYDGOSZCZ	M-30	40	00:00:04	00:23:40.55	00:23:45.00	+00:06:03 (25.6%)	4:44	12.7 (74.7%)
41	WIŚNIEWSKI Przemysław	194		M-30	41	00:00:16	00:23:41.25	00:23:57.65	+00:06:03 (25.6%)	4:44	12.7 (74.7%)
42	KOWALIK Patryk	80	TEAM CHOJNICE	M-30	42	00:00:22	00:23:52.40	00:24:15.10	+00:06:15 (26.2%)	4:46	12.6 (74.1%)
43	LEWANDOWSKI Sebastian	201		M-30	43	00:00:29	00:23:53.85	00:24:23.60	+00:06:16 (26.3%)	4:46	12.6 (74.1%)
44	NOWAKOWSKI Tomasz	178		M-30	44	00:00:26	00:24:06.25	00:24:33.10	+00:06:28 (26.9%)	4:49	12.4 (72.9%)
45	LASKA Artur	412		M-30	45	00:00:18	00:24:07.50	00:24:26.10	+00:06:30 (26.9%)	4:49	12.4 (72.9%)
46	WIŚNIEWSKI Dawid	363	CZARDZIECI.PL	M-30	46	00:00:53	00:24:24.05	00:25:17.05	+00:06:46 (27.8%)	4:52	12.3 (72.4%)
47	ZGÓRSKI Maciej	117	LEVEL 10	M-30	47	00:00:19	00:24:24.40	00:24:44.30	+00:06:47 (27.8%)	4:53	12.3 (72.4%)
48	HERMELIN Wojciech	570		M-30	48	00:00:36	00:24:35.75	00:25:12.70	+00:06:58 (28.3%)	4:55	12.2 (71.8%)
49	URBAŃSKI Dawid	144		M-30	49	00:00:05	00:24:47.95	00:24:53.00	+00:07:10 (28.9%)	4:57	12.1 (71.2%)
50	LYCZMAŃSKI Adam	524	POLONIA BYDGOSZCZ	M-30	50	00:00:01	00:24:51.40	00:24:53.00	+00:07:14 (29.1%)	4:58	12.1 (71.2%)
51	ŁYSZCZARZ Radosław	643		M-30	51	00:01:02	00:24:53.60	00:25:55.80	+00:07:16 (29.2%)	4:58	12.1 (71.2%)
52	KOZICKI Marcin	115	BYDGOSKIE ŻÓŁWIE	M-30	52	00:00:26	00:25:04.30	00:25:31.20	+00:07:26 (29.7%)	5:01	12 (70.6%)
53	ZASKURSKI Tomasz	501	BYDGOSKIE ŻÓŁWIE	M-30	53	00:00:27	00:25:16.40	00:25:43.90	+00:07:39 (30.3%)	5:03	11.9 (70.0%)
54	KUJDA Arkadiusz	149	1 BRYGADA LOGISTYCZNA	M-30	54	00:00:31	00:25:19.25	00:25:50.95	+00:07:41 (30.4%)	5:03	11.8 (69.4%)
55	POTRZEBOWSKI Marek	36		M-30	55	00:00:21	00:25:24.90	00:25:46.85	+00:07:47 (30.7%)	5:05	11.8 (69.4%)
56	GACKOWSKI Napoleon	335		M-30	56	00:00:48	00:25:33.45	00:26:22.40	+00:07:56 (31.0%)	5:06	11.7 (68.8%)
57	MACKIEWICZ Piotr	325		M-30	57	00:00:34	00:25:40.80	00:26:14.80	+00:08:03 (31.4%)	5:08	11.7 (68.8%)
58	REDLIŃSKI Bartosz	141		M-30	58	00:00:57	00:25:40.90	00:26:38.60	+00:08:03 (31.4%)	5:08	11.7 (68.8%)
59	ŁOBOCKI Krzysztof	143		M-30	59	00:00:51	00:25:43.60	00:26:35.05	+00:08:06 (31.5%)	5:08	11.7 (68.8%)
60	ANDRZEJEWSKI Dariusz	397		M-30	60	00:00:10	00:25:43.90	00:25:54.60	+00:08:06 (31.5%)	5:08	11.7 (68.8%)
61	SOSIŃSKI Paweł	169		M-30	61	00:00:29	00:25:49.85	00:26:19.15	+00:08:12 (31.8%)	5:10	11.6 (68.2%)
62	STACHNIUK Przemek	166	JFTC SU	M-30	62	00:01:04	00:25:51.65	00:26:56.10	+00:08:14 (31.9%)	5:10	11.6 (68.2%)
63	MORYKSIEWICZ Marcin	44		M-30	63	00:01:06	00:25:58.40	00:27:04.55	+00:08:21 (32.1%)	5:11	11.6 (68.2%)
64	SZUKAJ Karol	284	KANAŁOWA 8	M-30	64	00:00:08	00:26:00.65	00:26:09.00	+00:08:23 (32.2%)	5:12	11.5 (67.6%)
65	TOMASZEK Marcin	109		M-30	65	00:00:10	00:26:01.15	00:26:11.65	+00:08:23 (32.3%)	5:12	11.5 (67.6%)
66	PAPIS Piotr	152	BACKONIK	M-30	66	00:00:16	00:26:01.65	00:26:18.20	+00:08:24 (32.3%)	5:12	11.5 (67.6%)
67	PILECKI Michał	529		M-30	67	00:00:56	00:26:03.80	00:26:59.85	+00:08:26 (32.4%)	5:12	11.5 (67.6%)
68	KRAWCZYK Przemysław	25		M-30	68	00:00:55	00:26:06.55	00:27:02.50	+00:08:29 (32.5%)	5:13	11.5 (67.6%)
69	BIAŁY Szymon	450		M-30	69	00:00:14	00:26:07.85	00:26:21.85	+00:08:30 (32.6%)	5:13	11.5 (67.6%)
70	BEDNARCZYK Krzysztof	374		M-30	70	00:00:08	00:26:16.75	00:26:25.35	+00:08:39 (32.9%)	5:15	11.4 (67.1%)
71	DOŁHUN Adam	282	RUN PASJA BYDGOSZCZ	M-30	71	00:00:34	00:26:29.70	00:27:04.60	+00:08:52 (33.5%)	5:18	11.3 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
72	ZAWISZEWSKI Adam	392		M-30	72	00:00:04	00:26:33.20	00:26:38.00	+00:08:55 (33.6%)	5:18	11.3 (66.5%)
73	BURDZIŃSKI Igor	360	MEDUZA	M-30	73	00:00:44	00:26:56.25	00:27:41.05	+00:09:18 (34.6%)	5:23	11.1 (65.3%)
74	IZAJASZ Tomasz	292	3LO	M-30	74	00:00:56	00:27:04.15	00:28:00.40	+00:09:26 (34.9%)	5:24	11.1 (65.3%)
75	IWAN Remigiusz	155		M-30	75	00:00:33	00:27:07.55	00:27:41.15	+00:09:30 (35.0%)	5:25	11.1 (65.3%)
76	PŁOSZAJ Maciej	17		M-30	76	00:01:02	00:27:18.30	00:28:20.95	+00:09:40 (35.5%)	5:27	11 (64.7%)
77	DAĞIEL Aleksander	597		M-30	77	00:01:07	00:27:23.00	00:28:30.70	+00:09:45 (35.6%)	5:28	11 (64.7%)
78	NAWROCKI Łukasz	209		M-30	78	00:00:16	00:27:23.20	00:27:39.80	+00:09:45 (35.6%)	5:28	11 (64.7%)
79	DROBIŃSKI Dawid	600		M-30	79	00:00:39	00:27:24.70	00:28:03.70	+00:09:47 (35.7%)	5:28	10.9 (64.1%)
80	SZTYMA Michał	480	KLUB RADIOLOKACJI SPORTOWEJ	M-30	80	00:00:45	00:27:33.65	00:28:18.65	+00:09:56 (36.1%)	5:30	10.9 (64.1%)
81	MIKOŁAJEWSKI Jacek	515		M-30	81	00:00:33	00:28:08.75	00:28:42.10	+00:10:31 (37.4%)	5:37	10.7 (62.9%)
82	TUPTANOWSKI Przemysław	167	WELD-LINE TEAM	M-30	82	00:01:00	00:28:33.25	00:29:33.70	+00:10:55 (38.3%)	5:42	10.5 (61.8%)
83	MATEUSZCZYK Dawid	307		M-30	83	00:00:51	00:28:38.60	00:29:30.35	+00:11:01 (38.5%)	5:43	10.5 (61.8%)
84	DONAJSKI Sławomir	456		M-30	84	00:00:19	00:29:14.70	00:29:34.35	+00:11:37 (39.7%)	5:51	10.3 (60.6%)
85	MAJEK Marcin	506		M-30	85	00:00:22	00:29:24.00	00:29:46.25	+00:11:46 (40.1%)	5:52	10.2 (60.0%)
86	SIUDA Rafał	301	RUN BDG	M-30	86	00:00:43	00:29:26.45	00:30:09.55	+00:11:49 (40.1%)	5:53	10.2 (60.0%)
87	MAKA Radek	267		M-30	87	00:00:04	00:30:00.40	00:30:05.20	+00:12:23 (41.3%)	6:00	10 (58.8%)
88	MADEJ Kamil	173	WELD-LINE TEAM	M-30	88	00:00:54	00:30:19.10	00:31:13.50	+00:12:41 (41.9%)	6:03	9.9 (58.2%)
89	RUDOL Damian			M-30	89	00:00:11	00:30:28.20	00:30:39.25	+00:12:50 (42.2%)	6:05	9.8 (57.6%)
90	STEFANOWICZ Wojciech	135	RUN BYDGOSZCZ	M-30	90	00:00:53	00:30:36.90	00:31:29.90	+00:12:59 (42.4%)	6:07	9.8 (57.6%)
91	CZARNECKI Błażej	559		M-30	91	00:01:06	00:31:05.50	00:32:12.20	+00:13:28 (43.3%)	6:13	9.6 (56.5%)
92	SOSNOWSKI Jakub	484		M-30	92	00:00:14	00:31:22.55	00:31:37.35	+00:13:45 (43.8%)	6:16	9.6 (56.5%)
93	NOWAK Karol	249	BIEGAJ Z KAROLEM	M-30	93	00:00:24	00:31:29.10	00:31:53.25	+00:13:51 (44.0%)	6:17	9.5 (55.9%)
94	KOMOSIŃSKI Paweł	250		M-30	94	00:00:45	00:31:56.80	00:32:42.75	+00:14:19 (44.8%)	6:23	9.4 (55.3%)
95	BUKOWSKI Mikołaj	34		M-30	95	00:01:01	00:32:13.55	00:33:14.80	+00:14:36 (45.3%)	6:26	9.3 (54.7%)
96	RESZKOWSKI Maciej	533		M-30	96	00:00:34	00:32:43.60	00:33:17.90	+00:15:06 (46.1%)	6:32	9.2 (54.1%)
97	SIUCHNIŃSKI Tomasz	311	BIEGASIE	M-30	97	00:00:15	00:34:00.30	00:34:16.00	+00:16:22 (48.2%)	6:48	8.8 (51.8%)
98	BARTNIK Przemysław	490		M-30	98	00:00:19	00:35:48.20	00:36:07.75	+00:18:10 (50.8%)	7:09	8.4 (49.4%)
99	KOZIOŁ Mariusz	221	CLIMAG	M-30	99	00:00:27	00:37:56.50	00:38:24.20	+00:20:19 (53.6%)	7:35	7.9 (46.5%)

Znaleziono 99 wynik(ów)