

„MILA KAZIMIERZOWSKA” IM. JANKA ZMUDZIŃSKIEGO - BIEG OPEN 3 MILE

B4SPORT

Wydarzenie: I Otwarty Bieg UKW „MILA KAZIMIERZOWSKA” im. Janka Zmudzińskiego
Organizator: Uniwersytet Kazimierza Wielkiego w Bydgoszczy; Firma Life+ Joanna Maciejewska-Błachewicz
Data: 2017-06-18
Miejsce: Bydgoszcz
Dystans: 4.827 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Start_All 1.609km | Start_All 3.218km | Czas netto 4.827km | Czas brutto 4.827km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|----------------------|-----------|------|-------------|-------------------|-------------------|--------------------|---------------------|-------------------|--------------|--------------|
| 1 | TUCZYŃSKI Sylwester Leon | 692 | BYDGOSKIE OKONIE | M-OPEN | 1 | 00:00:15 | 00:05:33 | 00:11:29 | 00:17:20.50 | 00:17:35.70 | | 3:35 | 16.7 (100%) |
| 2 | CZECHOWICZ Miłosz | 615 | TRENUJ Z NAJLEPSZYMI | M-OPEN | 2 | 00:00:15 | 00:05:34 | 00:11:30 | 00:17:34.35 | 00:17:49.35 | +00:00:13 (1.3%) | 3:38 | 16.5 (98.8%) |
| 3 | KROPIDŁOWSKI Grzegorz | 648 | LOVELASY | M-OPEN | 3 | 00:00:14 | 00:05:35 | 00:11:54 | 00:17:40.35 | 00:17:54.35 | +00:00:19 (1.9%) | 3:39 | 16.4 (98.2%) |
| 4 | JAGODZIŃSKI Mateusz | 633 | BYDGOSKIE OKONIE | M-OPEN | 4 | 00:00:15 | 00:06:08 | 00:12:06 | 00:17:43.15 | 00:17:58.35 | +00:00:22 (2.1%) | 3:40 | 16.4 (98.2%) |
| 5 | SZENK Marta | 684 | | K-OPEN | 1 | 00:00:14 | 00:05:51 | 00:11:58 | 00:18:05.95 | 00:18:20.20 | +00:00:45 (4.2%) | 3:44 | 16 (95.8%) |
| 6 | LIBERA Maksymilian | 653 | BYDGOSKIE OKONIE | M-OPEN | 5 | 00:00:14 | 00:05:57 | 00:12:09 | 00:18:13.30 | 00:18:27.85 | +00:00:52 (4.8%) | 3:46 | 15.9 (95.2%) |
| 7 | FLOREK Paweł | 622 | RE MEDIA TEAM | M-OPEN | 6 | 00:00:14 | 00:06:02 | 00:12:17 | 00:18:19.15 | 00:18:34.10 | +00:00:58 (5.3%) | 3:47 | 15.8 (94.6%) |
| 8 | NAWROCKI Sławomir | 664 | - | M-OPEN | 7 | 00:00:16 | 00:06:08 | 00:12:23 | 00:18:36.10 | 00:18:52.15 | +00:01:15 (6.8%) | 3:51 | 15.6 (93.4%) |
| 9 | GRALIK Jędrzej | 631 | BYDGOSKIE OKONIE | M-OPEN | 8 | 00:00:15 | 00:06:02 | 00:12:20 | 00:18:37.85 | 00:18:53.35 | +00:01:17 (6.9%) | 3:51 | 15.6 (93.4%) |
| 10 | CZYŻNIKIEWICZ Paweł | 616 | WOOLFIK.PL | M-OPEN | 9 | 00:00:14 | 00:05:50 | 00:12:07 | 00:18:39.75 | 00:18:54.10 | +00:01:19 (7.1%) | 3:51 | 15.5 (92.8%) |
| 11 | STANKIEWICZ Jacek | 681 | | M-OPEN | 10 | 00:00:14 | 00:06:00 | 00:12:28 | 00:19:00.10 | 00:19:14.80 | +00:01:39 (8.7%) | 3:56 | 15.3 (91.6%) |
| 12 | KŁOSOWSKI Marcin | 645 | WWW.JABEX.COM.PL | M-OPEN | 11 | 00:00:15 | 00:06:28 | 00:12:53 | 00:19:17.45 | 00:19:33.20 | +00:01:56 (10.1%) | 3:59 | 15 (89.8%) |
| 13 | URBANIAK Bartosz | 693 | | M-OPEN | 12 | 00:00:18 | 00:06:16 | 00:12:53 | 00:19:35.70 | 00:19:54.50 | +00:02:15 (11.5%) | 4:03 | 14.8 (88.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Start All 1.609km | Start All 3.218km | Czas netto 4.827km | Czas brutto 4.827km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|----------------------------------|-----------|------|-------------|-------------------|-------------------|--------------------|---------------------|-------------------|--------------|--------------|
| 14 | GORCZYCA Maciej | 627 | | M-OPEN | 13 | 00:00:16 | 00:06:23 | 00:13:06 | 00:19:41.30 | 00:19:57.85 | +00:02:20 (11.9%) | 4:04 | 14.7 (88.0%) |
| 15 | BZDZION Marcin | 612 | | M-OPEN | 14 | 00:00:14 | 00:06:22 | 00:13:08 | 00:19:45.80 | 00:20:00.50 | +00:02:25 (12.3%) | 4:05 | 14.7 (88.0%) |
| 16 | MUSZYŃSKI Krzysztof | 662 | OJ TAM OJ TAM RUN | M-OPEN | 15 | 00:00:15 | 00:06:06 | 00:13:05 | 00:20:02.45 | 00:20:18.10 | +00:02:41 (13.5%) | 4:09 | 14.5 (86.8%) |
| 17 | ŁANIECKI Sławomir | 655 | UNIWERSYTET KAZIMIERZA WIELKIEGO | M-OPEN | 16 | 00:00:19 | 00:06:45 | 00:13:29 | 00:20:06.60 | 00:20:26.35 | +00:02:46 (13.8%) | 4:09 | 14.4 (86.2%) |
| 18 | TELECKI Marek | 691 | ISOB | M-OPEN | 17 | 00:00:14 | 00:06:19 | 00:13:15 | 00:20:20.80 | 00:20:35.20 | +00:03:00 (14.8%) | 4:12 | 14.2 (85.0%) |
| 19 | GIERACH Marcin | 624 | TRISPACE | M-OPEN | 18 | 00:00:15 | 00:06:23 | 00:13:24 | 00:20:24.75 | 00:20:40.20 | +00:03:04 (15.0%) | 4:13 | 14.2 (85.0%) |
| 20 | WALCZAK Tomasz | 694 | | M-OPEN | 19 | 00:00:16 | 00:06:30 | 00:13:32 | 00:20:32.10 | 00:20:48.30 | +00:03:11 (15.6%) | 4:15 | 14.1 (84.4%) |
| 21 | KRAJEWSKA Hanna | 706 | GWDA | K-OPEN | 2 | 00:00:13 | 00:06:24 | 00:13:33 | 00:20:40.30 | 00:20:54.20 | +00:03:19 (16.1%) | 4:16 | 14 (83.8%) |
| 22 | ŻAL Jolanta | 703 | SPÓJNIA BIAŁE BŁOTA | K-OPEN | 3 | 00:00:15 | 00:06:33 | 00:13:49 | 00:20:47.95 | 00:21:03.40 | +00:03:27 (16.6%) | 4:18 | 13.9 (83.2%) |
| 23 | NIEDBALSKI Grzegorz | 665 | RUN BYDGOSZCZ | M-OPEN | 20 | 00:00:16 | 00:06:52 | 00:14:08 | 00:20:54.30 | 00:21:11.00 | +00:03:33 (17.0%) | 4:19 | 13.9 (83.2%) |
| 24 | PALACZ Wioletta | 670 | | K-OPEN | 4 | 00:00:15 | 00:06:48 | 00:13:51 | 00:20:55.55 | 00:21:11.20 | +00:03:35 (17.1%) | 4:20 | 13.8 (82.6%) |
| 25 | SKORNIA Eliza | 679 | | K-OPEN | 5 | 00:00:18 | 00:06:57 | 00:13:59 | 00:21:11.75 | 00:21:30.00 | +00:03:51 (18.2%) | 4:23 | 13.7 (82.0%) |
| 26 | JOPPEK Łukasz | 640 | | M-OPEN | 21 | 00:00:16 | 00:06:49 | 00:13:57 | 00:21:17.95 | 00:21:34.80 | +00:03:57 (18.6%) | 4:24 | 13.6 (81.4%) |
| 27 | BARSZCZ Patryk | 603 | | M-OPEN | 22 | 00:00:14 | 00:06:37 | 00:14:15 | 00:21:31.20 | 00:21:45.20 | +00:04:10 (19.4%) | 4:27 | 13.5 (80.8%) |
| 28 | WOJDAT Marta | 699 | GOLDEN DRAGON | K-OPEN | 6 | 00:00:13 | 00:06:30 | 00:14:09 | 00:21:32.25 | 00:21:46.05 | +00:04:11 (19.5%) | 4:27 | 13.4 (80.2%) |
| 29 | SZYSZKA Radosław | 690 | | M-OPEN | 23 | 00:00:14 | 00:06:53 | 00:14:27 | 00:22:04.45 | 00:22:19.40 | +00:04:43 (21.4%) | 4:34 | 13.1 (78.4%) |
| 30 | PACZKOWSKI Mirosław | 669 | | M-OPEN | 24 | 00:00:17 | 00:06:50 | 00:14:21 | 00:22:12.30 | 00:22:30.20 | +00:04:51 (21.9%) | 4:35 | 13 (77.8%) |
| 31 | BEDNAREK Paweł | 605 | GORDON RUN | M-OPEN | 25 | 00:00:14 | 00:06:37 | 00:14:28 | 00:22:25.30 | 00:22:39.95 | +00:05:04 (22.7%) | 4:38 | 12.9 (77.2%) |
| 32 | DITTMANN Grzegorz | 617 | | M-OPEN | 26 | 00:00:19 | 00:06:54 | 00:14:35 | 00:22:30.60 | 00:22:50.45 | +00:05:10 (23.0%) | 4:39 | 12.9 (77.2%) |
| 33 | KUCHCZYŃSKI Adam | 649 | JANEK,BÓL TO ŚCIEMA :) | M-OPEN | 27 | 00:00:19 | 00:07:13 | 00:14:47 | 00:22:37.40 | 00:22:57.00 | +00:05:16 (23.3%) | 4:41 | 12.8 (76.6%) |
| 34 | ŁOBOCKI Krzysztof | 656 | | M-OPEN | 28 | 00:00:18 | 00:06:54 | 00:14:45 | 00:22:46.00 | 00:23:04.95 | +00:05:25 (23.8%) | 4:42 | 12.7 (76.0%) |
| 35 | SZUBERGA Damian | 686 | | M-OPEN | 29 | 00:00:20 | 00:06:57 | 00:14:45 | 00:22:50.15 | 00:23:10.55 | +00:05:29 (24.1%) | 4:43 | 12.7 (76.0%) |
| 36 | SZYMAŃSKI Tomasz | 688 | | M-OPEN | 30 | 00:00:16 | 00:07:12 | 00:15:12 | 00:22:54.40 | 00:23:11.10 | +00:05:33 (24.3%) | 4:44 | 12.6 (75.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Start All 1.609km | Start All 3.218km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|---------------------|-----------|------|-------------|-------------------|-------------------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | | netto 4.827km | brutto 4.827km | | | |
| 37 | GWAREK Bartosz | 632 | | M-OPEN | 31 | 00:00:18 | 00:06:56 | 00:15:56 | 00:23:03.35 | 00:23:21.75 | +00:05:42 (24.8%) | 4:46 | 12.6 (75.4%) |
| 38 | LICA Paweł | 654 | | M-OPEN | 32 | 00:00:20 | 00:07:15 | 00:15:11 | 00:23:28.00 | 00:23:48.50 | +00:06:07 (26.1%) | 4:51 | 12.3 (73.7%) |
| 39 | MROTEK Katarzyna | 661 | ON THE MOVE | K-OPEN | 7 | 00:00:17 | 00:07:25 | 00:15:28 | 00:23:37.15 | 00:23:54.15 | +00:06:16 (26.6%) | 4:53 | 12.3 (73.7%) |
| 40 | FELINIAK Daniel | 619 | | M-OPEN | 33 | 00:00:15 | 00:06:54 | 00:14:58 | 00:23:42.70 | 00:23:58.15 | +00:06:22 (26.9%) | 4:54 | 12.2 (73.1%) |
| 41 | CHABROS Małgorzata | 614 | THE RUNNERS ŚWIECIE | K-OPEN | 8 | 00:00:19 | 00:07:44 | 00:15:51 | 00:23:47.80 | 00:24:07.30 | +00:06:27 (27.1%) | 4:55 | 12.2 (73.1%) |
| 42 | SZMELTER Michał | 685 | | M-OPEN | 34 | 00:00:18 | 00:07:44 | 00:15:53 | 00:23:49.10 | 00:24:07.90 | +00:06:28 (27.2%) | 4:55 | 12.2 (73.1%) |
| 43 | BRYLEW Tomasz | 568 | | M-OPEN | 35 | 00:00:15 | 00:07:02 | 00:15:29 | 00:24:12.90 | 00:24:28.80 | +00:06:52 (28.4%) | 5:00 | 12 (71.9%) |
| 44 | SKORNIA Marika | 678 | | K-OPEN | 9 | 00:00:20 | 00:08:14 | 00:16:31 | 00:24:54.40 | 00:25:14.60 | +00:07:33 (30.4%) | 5:09 | 11.6 (69.5%) |
| 45 | RYBARCZYK Dominika | 675 | | K-OPEN | 10 | 00:00:20 | 00:08:14 | 00:16:30 | 00:24:56.60 | 00:25:17.10 | +00:07:36 (30.5%) | 5:09 | 11.6 (69.5%) |
| 45 | PACHUC Kamila | 668 | RAGE RUN | K-OPEN | 11 | 00:00:14 | 00:08:13 | 00:16:52 | 00:24:56.60 | 00:25:11.50 | +00:07:36 (30.5%) | 5:09 | 11.6 (69.5%) |
| 47 | GIERSZEWSKA Grażyna | 626 | | K-OPEN | 12 | 00:00:17 | 00:08:36 | 00:17:07 | 00:25:34.85 | 00:25:52.45 | +00:08:14 (32.2%) | 5:17 | 11.3 (67.7%) |
| 48 | PAWŁOWSKI Radosław | 671 | JFTC SU | M-OPEN | 36 | 00:00:17 | 00:08:36 | 00:17:07 | 00:25:34.95 | 00:25:52.75 | +00:08:14 (32.2%) | 5:17 | 11.3 (67.7%) |
| 49 | KOWALSKA Anna | 647 | | K-OPEN | 13 | 00:00:17 | 00:07:58 | 00:16:46 | 00:25:41.10 | 00:25:58.10 | +00:08:20 (32.5%) | 5:19 | 11.3 (67.7%) |
| 50 | SIEKACZ Dominika | 676 | | K-OPEN | 14 | 00:00:20 | 00:08:18 | 00:17:13 | 00:25:51.60 | 00:26:12.00 | +00:08:31 (32.9%) | 5:21 | 11.2 (67.1%) |
| 51 | STOKŁOSA Kamil | 683 | | M-OPEN | 37 | 00:00:18 | 00:08:05 | 00:16:55 | 00:26:02.80 | 00:26:21.30 | +00:08:42 (33.4%) | 5:23 | 11.1 (66.5%) |
| 52 | STOKŁOSA Natalia | 682 | | K-OPEN | 15 | 00:00:18 | 00:08:05 | 00:16:54 | 00:26:03.25 | 00:26:21.35 | +00:08:42 (33.4%) | 5:23 | 11.1 (66.5%) |
| 53 | BURNICKI Mariusz | 611 | | M-OPEN | 38 | 00:00:21 | 00:08:33 | 00:17:08 | 00:26:14.80 | 00:26:36.50 | +00:08:54 (33.9%) | 5:26 | 11 (65.9%) |
| 54 | JELINOWSKA Monika | 638 | | K-OPEN | 16 | 00:00:22 | 00:08:23 | 00:17:16 | 00:26:16.60 | 00:26:39.50 | +00:08:56 (34.0%) | 5:26 | 11 (65.9%) |
| 55 | JELINOWSKA Hanna | 639 | | K-OPEN | 17 | 00:00:22 | 00:08:22 | 00:17:15 | 00:26:16.70 | 00:26:39.50 | +00:08:56 (34.0%) | 5:26 | 11 (65.9%) |
| 56 | CENTAŁA Jarosław | 613 | | M-OPEN | 39 | 00:00:19 | 00:08:35 | 00:17:21 | 00:26:19.40 | 00:26:38.70 | +00:08:58 (34.1%) | 5:26 | 11 (65.9%) |
| 57 | CZYŻEWSKA-ŁYSKO Monika | 704 | | K-OPEN | 18 | 00:00:19 | 00:08:21 | 00:17:20 | 00:26:28.45 | 00:26:48.20 | +00:09:07 (34.5%) | 5:28 | 10.9 (65.3%) |
| 58 | KALKA Joanna | 641 | | K-OPEN | 19 | 00:00:16 | 00:08:24 | 00:17:26 | 00:26:37.40 | 00:26:53.45 | +00:09:16 (34.9%) | 5:30 | 10.9 (65.3%) |
| 59 | JAROCH Rafał | 635 | | M-OPEN | 40 | 00:00:21 | 00:08:45 | 00:18:15 | 00:26:42.05 | 00:27:03.65 | +00:09:21 (35.1%) | 5:31 | 10.9 (65.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Start All 1.609km | Start All 3.218km | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|------------------|-----------|------|-------------|-------------------|-------------------|-------------|-------------|-------------------|--------------|--------------|
| | | | | | | | | | 4.827km | 4.827km | | | |
| 60 | FLIS Mateusz | 707 | | M-OPEN | 41 | 00:00:20 | 00:08:16 | 00:17:59 | 00:26:44.85 | 00:27:05.00 | +00:09:24 (35.2%) | 5:32 | 10.8 (64.7%) |
| 61 | PIETRASZAK Tomasz | 709 | RUN BYD | M-OPEN | 42 | 00:00:18 | 00:08:35 | 00:17:41 | 00:26:46.85 | 00:27:05.50 | +00:09:26 (35.2%) | 5:32 | 10.8 (64.7%) |
| 62 | BOCIEK Piotr | 610 | | M-OPEN | 43 | 00:00:22 | 00:08:45 | 00:17:48 | 00:26:47.35 | 00:27:09.50 | +00:09:26 (35.3%) | 5:32 | 10.8 (64.7%) |
| 63 | GIERACH Krzysztof | 625 | TRISPACE | M-OPEN | 44 | 00:00:15 | 00:08:41 | 00:17:48 | 00:27:10.30 | 00:27:26.05 | +00:09:49 (36.2%) | 5:37 | 10.7 (64.1%) |
| 64 | ZIELIŃSKI Radosław | 701 | | M-OPEN | 45 | 00:00:20 | 00:08:40 | 00:18:03 | 00:27:12.90 | 00:27:33.45 | +00:09:52 (36.3%) | 5:38 | 10.6 (63.5%) |
| 65 | RONKIEWICZ Bartosz | 710 | SPORT FACTORY | M-OPEN | 46 | 00:00:17 | 00:09:11 | 00:18:28 | 00:27:24.80 | 00:27:42.60 | +00:10:04 (36.7%) | 5:40 | 10.6 (63.5%) |
| 66 | BIERNACKA Anna | 606 | | K-OPEN | 20 | 00:00:21 | 00:08:37 | 00:18:02 | 00:27:27.05 | 00:27:48.30 | +00:10:06 (36.8%) | 5:40 | 10.6 (63.5%) |
| 67 | WITT Małgorzata | 698 | | K-OPEN | 21 | 00:00:17 | 00:09:10 | 00:18:37 | 00:28:00.00 | 00:28:17.15 | +00:10:39 (38.1%) | 5:47 | 10.4 (62.3%) |
| 68 | JAWORSKI Tomasz | 637 | | M-OPEN | 47 | 00:00:16 | 00:08:18 | 00:17:45 | 00:28:02.80 | 00:28:19.05 | +00:10:42 (38.2%) | 5:48 | 10.3 (61.7%) |
| 69 | WARAWAN Dawid | 696 | | M-OPEN | 48 | 00:00:18 | 00:08:15 | 00:18:00 | 00:28:14.20 | 00:28:33.00 | +00:10:53 (38.6%) | 5:50 | 10.3 (61.7%) |
| 70 | WALCZAK Joanna | 695 | | K-OPEN | 22 | 00:00:17 | 00:09:09 | 00:18:38 | 00:28:20.70 | 00:28:38.30 | +00:11:00 (38.8%) | 5:52 | 10.2 (61.1%) |
| 71 | JAWORSKA Monika | 636 | | K-OPEN | 23 | 00:00:17 | 00:09:10 | 00:18:37 | 00:28:21.00 | 00:28:38.10 | +00:11:00 (38.8%) | 5:52 | 10.2 (61.1%) |
| 72 | TUBISZ Dawid | 708 | | M-OPEN | 49 | 00:00:19 | 00:08:40 | 00:18:06 | 00:28:37.90 | 00:28:57.75 | +00:11:17 (39.4%) | 5:55 | 10.1 (60.5%) |
| 73 | ADAMCZEWSKA Wioleta | 601 | | K-OPEN | 24 | 00:00:22 | 00:09:10 | 00:19:13 | 00:28:42.45 | 00:29:04.70 | +00:11:21 (39.6%) | 5:56 | 10.1 (60.5%) |
| 74 | JANICKI Robert | 712 | RUN BYD | M-OPEN | 50 | 00:00:19 | 00:09:06 | 00:19:16 | 00:28:44.20 | 00:29:03.30 | +00:11:23 (39.7%) | 5:56 | 10.1 (60.5%) |
| 75 | RONKIEWICZ Dorota | 711 | SPORT FACTORY | K-OPEN | 25 | 00:00:17 | 00:08:48 | 00:18:39 | 00:28:48.50 | 00:29:05.65 | +00:11:28 (39.8%) | 5:57 | 10.1 (60.5%) |
| 76 | KRAJEWSKA Anna | 705 | | K-OPEN | 26 | 00:00:16 | 00:09:13 | 00:19:04 | 00:28:50.65 | 00:29:06.85 | +00:11:30 (39.9%) | 5:58 | 10.1 (60.5%) |
| 77 | SOBEK Dominika | 680 | BYDGOSKIE OKONIE | K-OPEN | 27 | 00:00:17 | 00:08:43 | 00:18:44 | 00:29:30.85 | 00:29:48.25 | +00:12:10 (41.2%) | 6:06 | 9.8 (58.7%) |
| 78 | HINZ-BRYLEW Natalia | 567 | | K-OPEN | 28 | 00:00:14 | 00:09:35 | 00:20:01 | 00:30:41.45 | 00:30:55.70 | +00:13:20 (43.5%) | 6:21 | 9.4 (56.3%) |
| 79 | GRABSKA Sylwia | 630 | | K-OPEN | 29 | 00:00:20 | 00:09:19 | 00:20:06 | 00:30:53.45 | 00:31:13.80 | +00:13:32 (43.9%) | 6:23 | 9.4 (56.3%) |
| 80 | FIGURSKA Anna | 620 | | K-OPEN | 30 | 00:00:16 | 00:09:07 | 00:19:09 | 00:31:09.45 | 00:31:25.95 | +00:13:48 (44.3%) | 6:26 | 9.3 (55.7%) |
| 81 | MALCZEWSKA Mirula | 657 | SPORT FAKTORY | K-OPEN | 31 | 00:00:21 | 00:09:38 | 00:20:38 | 00:31:52.85 | 00:32:13.95 | +00:14:32 (45.6%) | 6:35 | 9.1 (54.5%) |
| 82 | KURZAWA Kamila | 651 | | K-OPEN | 32 | 00:00:19 | 00:09:32 | 00:20:17 | 00:31:58.40 | 00:32:17.50 | +00:14:37 (45.8%) | 6:37 | 9.1 (54.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Start_All 1.609km | Start_All 3.218km | Czas netto 4.827km | Czas brutto 4.827km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|------------|-----------------|-----------|------|-------------|-------------------|-------------------|--------------------|---------------------|----------------------|--------------|----------------|
| 83 | BIERNACKI Łukasz | 607 | | M-OPEN | 51 | 00:00:21 | 00:09:29 | 00:20:34 | 00:32:04.60 | 00:32:26.05 | +00:14:44 (45.9%) | 6:38 | 9 (53.9%) |
| 84 | SZYSLER Julia | 689 | ZSO UKW ISOB | K-OPEN | 33 | 00:00:21 | 00:10:09 | 00:21:20 | 00:32:21.65 | 00:32:42.65 | +00:15:01 (46.4%) | 6:41 | 9 (53.9%) |
| 85 | KAMIŃSKA Monika | 642 | | K-OPEN | 34 | 00:00:18 | 00:09:32 | 00:20:41 | 00:32:28.35 | 00:32:46.45 | +00:15:07 (46.6%) | 6:43 | 8.9 (53.3%) |
| 86 | JAROCH Magdalena | 634 | BYLE DO METY :) | K-OPEN | 35 | 00:00:21 | 00:10:14 | 00:21:49 | 00:33:30.85 | 00:33:52.25 | +00:16:10 (48.3%) | 6:56 | 8.6 (51.5%) |
| 87 | GRABOWSKA Iлона | 629 | | K-OPEN | 36 | 00:00:17 | 00:10:01 | 00:21:21 | 00:33:32.90 | 00:33:50.80 | +00:16:12 (48.3%) | 6:56 | 8.6 (51.5%) |
| 88 | KROPIDŁOWSKA Anna | 714 | LOVELASY | K-OPEN | 37 | 00:00:14 | 00:09:51 | 00:23:00 | 00:37:04.10 | 00:37:18.35 | +00:19:43 (53.2%) | 7:40 | 7.8 (46.7%) |
| 89 | ROZMARYNOWICZ Anna | 674 | LOVELASY | K-OPEN | 38 | 00:00:14 | 00:10:39 | 00:23:00 | 00:37:04.15 | 00:37:18.25 | +00:19:43 (53.2%) | 7:40 | 7.8 (46.7%) |
| 90 | OSIŃSKA Justyna | 566 | | K-OPEN | 39 | 00:00:15 | | | | | | | (0.0%) |

Znaleziono 90 wynik(ów)