

# MISTRZOSTWA 12 DZ W BIEGU ULICZNYM 5KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Organiser:** 7 BOW  
**Date:** 2024-10-24  
**Place:** Ustka  
**Distance:** 5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>OLEJARZ Artur</b>	<b>40</b>	12 BDOW	M36-45	1	<b>00:14:50.53</b>		2:58	20.2 (100%)
2	<b>MAJDZIŃSKI Konrad</b>	<b>11</b>	12 BZ	M35	1	<b>00:14:58.90</b>	+00:00:08 (0.9%)	2:59	20 (99.0%)
3	<b>JEFIMCZYK Norbert</b>	<b>19</b>	7 BOW	M35	2	<b>00:15:03.45</b>	+00:00:12 (1.4%)	3:00	19.9 (98.5%)
4	<b>KABAT Damian</b>	<b>3</b>	12 BZ	M35	3	<b>00:15:17.30</b>	+00:00:26 (2.9%)	3:03	19.6 (97.0%)
5	<b>CHRUŚCIŃSKI Kacper</b>	<b>8</b>	12 BZ	M35	4	<b>00:15:41.26</b>	+00:00:50 (5.4%)	3:08	19.1 (94.6%)
6	<b>PYTLAK Michał</b>	<b>21</b>	7 BOW	M35	5	<b>00:15:45.96</b>	+00:00:55 (5.9%)	3:09	19 (94.1%)
7	<b>MURAWSKI Paweł</b>	<b>6</b>	12 BZ	M35	6	<b>00:16:03.87</b>	+00:01:13 (7.6%)	3:12	18.7 (92.6%)
8	<b>FEIFER Bartosz</b>	<b>35</b>	5 PA	M36-45	2	<b>00:16:17.75</b>	+00:01:27 (8.9%)	3:15	18.4 (91.1%)
9	<b>PIOTRASCZKE Paweł</b>	<b>48</b>	SZKOŁA POLICJI	M36-45	3	<b>00:16:20.87</b>	+00:01:30 (9.2%)	3:16	18.4 (91.1%)
10	<b>SARBAK Bartosz</b>	<b>28</b>	12BDOW	M35	7	<b>00:16:35.49</b>	+00:01:44 (10.5%)	3:19	18.1 (89.6%)
11	<b>KLIMEK Beata</b>	<b>36</b>	12 BDOW	K30	1	<b>00:16:47.90</b>	+00:01:57 (11.6%)	3:21	17.9 (88.6%)
12	<b>SMĘDA Bartosz</b>	<b>7</b>	12 BZ	M36-45	4	<b>00:16:52.33</b>	+00:02:01 (12.0%)	3:22	17.8 (88.1%)
13	<b>WILK Rafał</b>	<b>47</b>	12 BZ	M36-45	5	<b>00:16:54.54</b>	+00:02:04 (12.2%)	3:22	17.8 (88.1%)
14	<b>SZCZEŚNIAK Zenon</b>	<b>5</b>	12 BZ	M46+	1	<b>00:17:29.75</b>	+00:02:39 (15.2%)	3:29	17.2 (85.1%)
15	<b>FEDORCZAK Łukasz</b>	<b>42</b>	2 BZ	M36-45	6	<b>00:17:44.50</b>	+00:02:53 (16.3%)	3:32	16.9 (83.7%)
16	<b>WÓJCIK Rafał</b>	<b>32</b>	2 BSAP	M46+	2	<b>00:17:49.60</b>	+00:02:59 (16.7%)	3:33	16.8 (83.2%)
17	<b>BARAN Radosław</b>	<b>26</b>	7 BOW	M35	8	<b>00:17:55.85</b>	+00:03:05 (17.2%)	3:35	16.7 (82.7%)
18	<b>SIECZKOWSKI Michał</b>	<b>9</b>	12 BZ	M36-45	7	<b>00:18:07.85</b>	+00:03:17 (18.1%)	3:37	16.6 (82.2%)
19	<b>ORLIKOWSKI Arkadiusz</b>	<b>39</b>	12 BDOW	M36-45	8	<b>00:18:26.86</b>	+00:03:36 (19.5%)	3:41	16.3 (80.7%)
20	<b>KOŁUCKI Arkadiusz</b>	<b>10</b>	12 BZ	M36-45	9	<b>00:18:33.34</b>	+00:03:42 (20.0%)	3:42	16.2 (80.2%)
21	<b>BACHANEK Paweł</b>	<b>44</b>	2 BZ	M36-45	10	<b>00:18:33.90</b>	+00:03:43 (20.1%)	3:42	16.2 (80.2%)
22	<b>ANDRZEJEWSKI Marcin</b>	<b>29</b>	12BDOW	M36-45	11	<b>00:18:43.30</b>	+00:03:52 (20.7%)	3:44	16 (79.2%)
23	<b>BULCZAK Rafał</b>	<b>12</b>	7 BOW	M46+	3	<b>00:18:43.33</b>	+00:03:52 (20.7%)	3:44	16 (79.2%)
24	<b>DOMARUS Kamila</b>	<b>27</b>	7 BOW	K30	2	<b>00:18:45.39</b>	+00:03:54 (20.9%)	3:45	16 (79.2%)
25	<b>NOWICKI Artur</b>	<b>15</b>	7 BOW	M36-45	12	<b>00:18:52.79</b>	+00:04:02 (21.4%)	3:46	15.9 (78.7%)
26	<b>TERMAN Dariusz</b>	<b>16</b>	7 BOW	M36-45	13	<b>00:18:58.30</b>	+00:04:07 (21.8%)	3:47	15.8 (78.2%)

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27	<b>SZOPIŃSKI Tomasz</b>	<b>49</b>	CPSP	M36-45	14	<b>00:19:04.97</b>	+00:04:14 (22.2%)	3:48	15.7 (77.7%)
28	<b>GRABARCZYK Sebastian</b>	<b>33</b>	2 BSAP	M46+	4	<b>00:19:39.11</b>	+00:04:48 (24.5%)	3:55	15.3 (75.7%)
29	<b>BANDOSZ Radosław</b>	<b>17</b>	7 BOW	M35	9	<b>00:19:44.40</b>	+00:04:53 (24.8%)	3:56	15.2 (75.2%)
30	<b>ZDROJEWSKI Bartosz</b>	<b>23</b>	7 BOW	M35	10	<b>00:20:07.27</b>	+00:05:16 (26.2%)	4:01	14.9 (73.8%)
31	<b>SKOWYRA Arkadiusz</b>	<b>45</b>	2 BZ	M36-45	15	<b>00:20:22.27</b>	+00:05:31 (27.1%)	4:04	14.7 (72.8%)
32	<b>GIELNIK Katarzyna</b>	<b>1</b>	12 BZ	K30	3	<b>00:20:31.48</b>	+00:05:40 (27.7%)	4:06	14.6 (72.3%)
33	<b>LUDWIN Katarzyna</b>	<b>37</b>	12 BDOW	K31-40	1	<b>00:20:49.78</b>	+00:05:59 (28.7%)	4:09	14.4 (71.3%)
34	<b>BALEWSKI Damian</b>	<b>25</b>	7 BOW	M35	11	<b>00:21:29.97</b>	+00:06:39 (31.0%)	4:17	14 (69.3%)
35	<b>METLICKA Wiktoria</b>	<b>22</b>	7 BOW	K30	4	<b>00:21:30.22</b>	+00:06:39 (31.0%)	4:18	14 (69.3%)
36	<b>PRZYBYLSKI Jakub</b>	<b>24</b>	7 BOW	M35	12	<b>00:21:31.08</b>	+00:06:40 (31.0%)	4:18	13.9 (68.8%)
37	<b>JANKOWSKI Mariusz</b>	<b>43</b>	2 BZ	M46+	5	<b>00:21:35.05</b>	+00:06:44 (31.2%)	4:19	13.9 (68.8%)
38	<b>SZKUDLAREK-OKRÓJ Żaneta</b>	<b>20</b>	7 BOW	K31-40	2	<b>00:22:13.26</b>	+00:07:22 (33.2%)	4:26	13.5 (66.8%)
39	<b>TARATAJCIO Agnieszka</b>	<b>2</b>	12 BZ	K41+	1	<b>00:23:06.82</b>	+00:08:16 (35.8%)	4:37	13 (64.4%)
40	<b>RYMARKIEWICZ Ewelina</b>	<b>30</b>	2 BSAP	K31-40	3	<b>00:23:07.90</b>	+00:08:17 (35.8%)	4:37	13 (64.4%)
41	<b>JAWORSKA Patrycja</b>	<b>34</b>	2 BSAP	K31-40	4	<b>00:23:20.05</b>	+00:08:29 (36.4%)	4:40	12.9 (63.9%)
42	<b>RACZYŃSKA Anna</b>	<b>13</b>	7 BOW	K41+	2	<b>00:23:58.33</b>	+00:09:07 (38.1%)	4:47	12.5 (61.9%)
43	<b>GÓRECKA Małgorzata</b>	<b>41</b>	2 BZ	K41+	3	<b>00:24:48.05</b>	+00:09:57 (40.2%)	4:57	12.1 (59.9%)
44	<b>KOMAR Beata</b>	<b>18</b>	7 BOW	K41+	4	<b>00:25:34.39</b>	+00:10:43 (42.0%)	5:06	11.7 (57.9%)
45	<b>KOS Krystian</b>	<b>51</b>	CPSP	M35	13	<b>00:25:41.10</b>	+00:10:50 (42.2%)	5:08	11.7 (57.9%)
46	<b>JAROSZEWSKA Edyta</b>	<b>31</b>	2 BSAP	K41+	5	<b>00:26:47.13</b>	+00:11:56 (44.6%)	5:21	11.2 (55.4%)
47	<b>TRUBACZ Dariusz</b>	<b>50</b>	CPSP	M46+	6	<b>00:27:32.46</b>	+00:12:41 (46.1%)	5:30	10.9 (54.0%)

Total 47 results.