

MISTRZOSTWA 12 DZ W BIEGU ULICZNYM 5KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: 7 BOW
Data: 2024-10-24
Miejsce: Ustka
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	OLEJARZ Artur	40	12 BDOW	M36-45	1	00:14:50.53		2:58	20.2 (100%)
2	MAJZIŃSKI Konrad	11	12 BZ	M35	1	00:14:58.90	+00:00:08 (0.9%)	2:59	20 (99.0%)
3	JEFIMCZYK Norbert	19	7 BOW	M35	2	00:15:03.45	+00:00:12 (1.4%)	3:00	19.9 (98.5%)
4	KABAT Damian	3	12 BZ	M35	3	00:15:17.30	+00:00:26 (2.9%)	3:03	19.6 (97.0%)
5	CHRUŚCIŃSKI Kacper	8	12 BZ	M35	4	00:15:41.26	+00:00:50 (5.4%)	3:08	19.1 (94.6%)
6	PYTLAK Michał	21	7 BOW	M35	5	00:15:45.96	+00:00:55 (5.9%)	3:09	19 (94.1%)
7	MURAWSKI Paweł	6	12 BZ	M35	6	00:16:03.87	+00:01:13 (7.6%)	3:12	18.7 (92.6%)
8	FEIFER Bartosz	35	5 PA	M36-45	2	00:16:17.75	+00:01:27 (8.9%)	3:15	18.4 (91.1%)
9	PIOTRASCHKE Paweł	48	SZKOŁA POLICJI	M36-45	3	00:16:20.87	+00:01:30 (9.2%)	3:16	18.4 (91.1%)
10	SARBAK Bartosz	28	12BDOW	M35	7	00:16:35.49	+00:01:44 (10.5%)	3:19	18.1 (89.6%)
11	KLIMEK Beata	36	12 BDOW	K30	1	00:16:47.90	+00:01:57 (11.6%)	3:21	17.9 (88.6%)
12	SMĘDA Bartosz	7	12 BZ	M36-45	4	00:16:52.33	+00:02:01 (12.0%)	3:22	17.8 (88.1%)
13	WILK Rafał	47	12 BZ	M36-45	5	00:16:54.54	+00:02:04 (12.2%)	3:22	17.8 (88.1%)
14	SZCZEŚNIAK Zenon	5	12 BZ	M46+	1	00:17:29.75	+00:02:39 (15.2%)	3:29	17.2 (85.1%)
15	FEDORCZAK Łukasz	42	2 BZ	M36-45	6	00:17:44.50	+00:02:53 (16.3%)	3:32	16.9 (83.7%)
16	WÓJCIK Rafał	32	2 BSAP	M46+	2	00:17:49.60	+00:02:59 (16.7%)	3:33	16.8 (83.2%)
17	BARAN Radosław	26	7 BOW	M35	8	00:17:55.85	+00:03:05 (17.2%)	3:35	16.7 (82.7%)
18	SIECZKOWSKI Michał	9	12 BZ	M36-45	7	00:18:07.85	+00:03:17 (18.1%)	3:37	16.6 (82.2%)
19	ORLIKOWSKI Arkadiusz	39	12 BDOW	M36-45	8	00:18:26.86	+00:03:36 (19.5%)	3:41	16.3 (80.7%)
20	KOŁUCKI Arkadiusz	10	12 BZ	M36-45	9	00:18:33.34	+00:03:42 (20.0%)	3:42	16.2 (80.2%)
21	BACHANEK Paweł	44	2 BZ	M36-45	10	00:18:33.90	+00:03:43 (20.1%)	3:42	16.2 (80.2%)
22	ANDRZEJEWSKI Marcin	29	12BDOW	M36-45	11	00:18:43.30	+00:03:52 (20.7%)	3:44	16 (79.2%)
23	BULCZAK Rafał	12	7 BOW	M46+	3	00:18:43.33	+00:03:52 (20.7%)	3:44	16 (79.2%)
24	DOMARUS Kamila	27	7 BOW	K30	2	00:18:45.39	+00:03:54 (20.9%)	3:45	16 (79.2%)
25	NOWICKI Artur	15	7 BOW	M36-45	12	00:18:52.79	+00:04:02 (21.4%)	3:46	15.9 (78.7%)
26	TERMAN Dariusz	16	7 BOW	M36-45	13	00:18:58.30	+00:04:07 (21.8%)	3:47	15.8 (78.2%)

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27	SZOPIŃSKI Tomasz	49	CPSP	M36-45	14	00:19:04.97	+00:04:14 (22.2%)	3:48	15.7 (77.7%)
28	GRABARCZYK Sebastian	33	2 BSAP	M46+	4	00:19:39.11	+00:04:48 (24.5%)	3:55	15.3 (75.7%)
29	BANDOSZ Radosław	17	7 BOW	M35	9	00:19:44.40	+00:04:53 (24.8%)	3:56	15.2 (75.2%)
30	ZDROJEWSKI Bartosz	23	7 BOW	M35	10	00:20:07.27	+00:05:16 (26.2%)	4:01	14.9 (73.8%)
31	SKOWYRA Arkadiusz	45	2 BZ	M36-45	15	00:20:22.27	+00:05:31 (27.1%)	4:04	14.7 (72.8%)
32	GIELNIK Katarzyna	1	12 BZ	K30	3	00:20:31.48	+00:05:40 (27.7%)	4:06	14.6 (72.3%)
33	LUDWIN Katarzyna	37	12 BDOW	K31-40	1	00:20:49.78	+00:05:59 (28.7%)	4:09	14.4 (71.3%)
34	BALEWSKI Damian	25	7 BOW	M35	11	00:21:29.97	+00:06:39 (31.0%)	4:17	14 (69.3%)
35	METLICKA Wiktoria	22	7 BOW	K30	4	00:21:30.22	+00:06:39 (31.0%)	4:18	14 (69.3%)
36	PRZYBYLSKI Jakub	24	7 BOW	M35	12	00:21:31.08	+00:06:40 (31.0%)	4:18	13.9 (68.8%)
37	JANKOWSKI Mariusz	43	2 BZ	M46+	5	00:21:35.05	+00:06:44 (31.2%)	4:19	13.9 (68.8%)
38	SZKUDLAREK-OKRÓJ Żaneta	20	7 BOW	K31-40	2	00:22:13.26	+00:07:22 (33.2%)	4:26	13.5 (66.8%)
39	TARATAJCIO Agnieszka	2	12 BZ	K41+	1	00:23:06.82	+00:08:16 (35.8%)	4:37	13 (64.4%)
40	RYMARKIEWICZ Ewelina	30	2 BSAP	K31-40	3	00:23:07.90	+00:08:17 (35.8%)	4:37	13 (64.4%)
41	JAWORSKA Patrycja	34	2 BSAP	K31-40	4	00:23:20.05	+00:08:29 (36.4%)	4:40	12.9 (63.9%)
42	RACZYŃSKA Anna	13	7 BOW	K41+	2	00:23:58.33	+00:09:07 (38.1%)	4:47	12.5 (61.9%)
43	GÓRECKA Małgorzata	41	2 BZ	K41+	3	00:24:48.05	+00:09:57 (40.2%)	4:57	12.1 (59.9%)
44	KOMAR Beata	18	7 BOW	K41+	4	00:25:34.39	+00:10:43 (42.0%)	5:06	11.7 (57.9%)
45	KOS Krystian	51	CPSP	M35	13	00:25:41.10	+00:10:50 (42.2%)	5:08	11.7 (57.9%)
46	JAROSZEWSKA Edyta	31	2 BSAP	K41+	5	00:26:47.13	+00:11:56 (44.6%)	5:21	11.2 (55.4%)
47	TRUBACZ Dariusz	50	CPSP	M46+	6	00:27:32.46	+00:12:41 (46.1%)	5:30	10.9 (54.0%)

Znaleziono 47 wynik(ów)