

MISTRZOSTWA DG RSZ 2 W BIEGACH PRZEŁAJOWYCH - 3000 M KOBIECY DO 35 LAT

B4SPORT

Wydarzenie: Mistrzostwa DG RSZ 2 w biegach przełajowych
Organizator: Dowództwo Generalne Rodzajów Sił Zbrojnych
Data: 2019-03-20
Miejsce: Sulechów
Dystans: 3 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 1km | Start_All 2km | Czas netto 3km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------|-----------------------|-----------|------|------------------|------------------|----------------------|-------------------|-----------------|---------------|
| 1 | SZER. PAULINA Kaczyńska | 35 | 12 BZ SZCZECIN | | | 00:03:56 | 00:08:03 | 00:11:58.20 | | 3:59 | 15 (100%) |
| 2 | SZER. MONIKA Andrzejczak | 87 | 12 BDOW/8 BREM | | | 00:03:56 | 00:08:04 | 00:12:03.46 | +00:00:05 (0.7%) | 4:01 | 14.9 (99.3%) |
| 3 | SZER. MONIKA Jackiewicz | 36 | 12 BZ SZCZECIN | | | 00:03:58 | 00:08:16 | 00:12:43.41 | +00:00:45 (5.9%) | 4:14 | 14.2 (94.7%) |
| 4 | SZER. NATALIA Kahs | 18 | 7 BOW SŁUPSK | | | 00:04:31 | 00:09:21 | 00:14:01.91 | +00:02:03 (14.7%) | 4:40 | 12.8 (85.3%) |
| 5 | ST.SZER. MARLENA Borychowska | 19 | 7 BOW SŁUPSK | | | 00:04:31 | 00:09:21 | 00:14:03.82 | +00:02:05 (14.9%) | 4:41 | 12.8 (85.3%) |
| 6 | ST.KPR. GABRIELA Trzepacz | 104 | BWD STARGARD | | | 00:04:40 | 00:09:26 | 00:14:08.42 | +00:02:10 (15.3%) | 4:42 | 12.7 (84.7%) |
| 7 | ST.SZER. KATARZYNA Florek | 86 | 12 BDOW/8 BREM | | | 00:04:40 | 00:09:34 | 00:14:10.03 | +00:02:11 (15.5%) | 4:43 | 12.7 (84.7%) |
| 8 | SZER. MONIKA Murawska | 88 | 12 BDOW/8 BREM | | | 00:04:40 | 00:09:36 | 00:14:17.51 | +00:02:19 (16.2%) | 4:45 | 12.6 (84.0%) |
| 9 | SZER. NATALIA Bentkowska | 71 | 8 PLOT KOSZALIN | | | 00:04:37 | 00:09:34 | 00:14:18.94 | +00:02:20 (16.4%) | 4:46 | 12.6 (84.0%) |
| 10 | PPOR. IGA Wiśniewska | 20 | 7 BOW SŁUPSK | | | 00:04:39 | 00:09:34 | 00:14:28.54 | +00:02:30 (17.3%) | 4:49 | 12.4 (82.7%) |
| 11 | SZER. ANNA Sidorowicz | 105 | BWD STARGARD | | | 00:04:43 | 00:09:43 | 00:14:42.16 | +00:02:43 (18.6%) | 4:54 | 12.2 (81.3%) |
| 12 | SZER. KATARZYNA Lubońska | 155 | CSWŁĄD POZNAŃ | | | 00:04:50 | 00:09:53 | 00:14:46.34 | +00:02:48 (19.0%) | 4:55 | 12.2 (81.3%) |
| 13 | SZER. MAGDALENA Krukowska | 37 | 12 BZ SZCZECIN | | | 00:04:47 | 00:09:56 | 00:15:04.15 | +00:03:05 (20.6%) | 5:01 | 11.9 (79.3%) |
| 14 | SZER. MAJA Cylwik | | PK | | | 00:04:56 | 00:10:17 | 00:15:39.52 | +00:03:41 (23.6%) | 5:13 | 11.5 (76.7%) |
| 15 | ST.SZER. KATARZYNA Durzyńska | 52 | 5 PA SULECHÓW | | | 00:05:03 | 00:10:30 | 00:15:46.42 | +00:03:48 (24.1%) | 5:15 | 11.4 (76.0%) |
| 16 | SZER. SYLWIA Socha | 121 | 25 BKPOW TOMASZÓW | | | 00:05:14 | 00:10:39 | 00:15:59.16 | +00:04:00 (25.1%) | 5:19 | 11.3 (75.3%) |
| 17 | SZER. MARTA Gnyszka | 53 | 5 PA SULECHÓW | | | 00:05:26 | 00:11:03 | 00:16:28.37 | +00:04:30 (27.3%) | 5:29 | 10.9 (72.7%) |
| 18 | SZER. PAULINA Ziętek | 139 | 5 PINŻ SZCZECIN PODJ. | | | 00:05:32 | 00:11:19 | 00:16:33.58 | +00:04:35 (27.7%) | 5:31 | 10.9 (72.7%) |
| 19 | SZER. AGNIESZKA Maćko | 137 | 5 PINŻ SZCZECIN PODJ. | | | 00:05:24 | 00:11:06 | 00:16:37.41 | +00:04:39 (28.0%) | 5:32 | 10.8 (72.0%) |
| 20 | SZER. ANNA Tamborska | 54 | 5 PA SULECHÓW | | | 00:05:26 | 00:11:10 | 00:16:40.31 | +00:04:42 (28.2%) | 5:33 | 10.8 (72.0%) |
| 21 | SZER. MARTA Słapczyńska | 1 | 2 BZ ZŁOCIENIEC | | | 00:05:17 | 00:10:56 | 00:16:43.95 | +00:04:45 (28.5%) | 5:34 | 10.8 (72.0%) |
| 22 | SZER. DOROTA Słomska | 70 | 8 PLOT KOSZALIN | | | 00:05:12 | 00:11:06 | 00:16:57.60 | +00:04:59 (29.4%) | 5:39 | 10.6 (70.7%) |
| 23 | SZER. KAMILA Michta | 120 | 25 BKPOW TOMASZÓW | | | 00:05:27 | 00:11:20 | 00:17:07.04 | +00:05:08 (30.1%) | 5:42 | 10.5 (70.0%) |
| 24 | SZER.ELEW DOROTA Orlikowska | 156 | CSWŁĄD POZNAŃ | | | 00:04:51 | 00:10:41 | 00:17:09.82 | +00:05:11 (30.3%) | 5:43 | 10.5 (70.0%) |
| 25 | SZER. ANNA Dziurdzia | 122 | 25 BKPOW TOMASZÓW | | | 00:05:34 | 00:11:28 | 00:17:19.49 | +00:05:21 (30.9%) | 5:46 | 10.4 (69.3%) |
| 26 | ST.SZER. EWELINA Urbaniak | 69 | 8 PLOT KOSZALIN | | | 00:05:23 | 00:11:41 | 00:17:40.60 | +00:05:42 (32.3%) | 5:53 | 10.2 (68.0%) |

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|-----|----------------------------------|------------|-----------------------|-----------|------|------------------|------------------|----------------------|-------------------|-----------------|---------------|
| 27 | SZER. MARZENA Czerwińska | 2 | 2 BZ ZŁOCIENIEC | | | 00:05:35 | 00:11:53 | 00:18:08.83 | +00:06:10 (34.0%) | 6:02 | 9.9 (66.0%) |
| 28 | SZER. MONIKA Krystkiewicz | 138 | 5 PINŻ SZCZECIN PODJ. | | | 00:05:35 | 00:11:56 | 00:18:20.81 | +00:06:22 (34.8%) | 6:06 | 9.8 (65.3%) |
| 29 | KPR. JOANNA Finster | 3 | 2 BZ ZŁOCIENIEC | | | 00:05:33 | 00:12:24 | 00:19:27.27 | +00:07:29 (38.5%) | 6:29 | 9.3 (62.0%) |
| 30 | KPT. KAROLINA Jahnz | 103 | BWD STARGARD | | | 00:04:37 | | | +00:00:41 | 4:37 | 13 (86.7%) |

Znaleziono 30 wynik(ów)