

# MISTRZOSTWA DG RSZ 5 W BIEGACH PRZEŁAJOWYCH - 3000 M MĘŻCZYJNI 35-45 LAT

B4SPORT

**Wydarzenie:** Mistrzostwa DG RSZ 5 w biegach przełajowych  
**Organizator:** 8. Flotylla Obrony Wybrzeża  
**Data:** 2019-04-03  
**Miejsce:** Świnoujście  
**Dystans:** 3 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik                               | Numer     | Klub               | Kategoria | Mkat | Start_All<br>0.4km | Start_All<br>1.6km | Czas<br>netto<br>2.8km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|--|-----------|--------------------|-----------|------|--------------------|--------------------|------------------------|-------------------|-----------------|---------------|
| 1   | <b>BSMT ŁUKASZ Kreft</b>               | <b>20</b> | 3. FO GDYNIA       |           |      | 00:01:25           | 00:06:11           | <b>00:10:25.96</b>     |                   | 3:43            | 16.1 (100%)   |
| 2   | <b>WOJCIECH Dkwspec.</b>               | <b>60</b> | DKWSPECJ.          |           |      | 00:01:22           | 00:06:10           | <b>00:10:32.97</b>     | +00:00:07 (1.1%)  | 3:46            | 15.9 (98.8%)  |
| 3   | <b>MŁ.CHOR. ZBIGNIEW Marchlewicz</b>   | <b>7</b>  | CSMW USTKA         |           |      | 00:01:26           | 00:06:11           | <b>00:10:45.10</b>     | +00:00:19 (3.0%)  | 3:50            | 15.6 (96.9%)  |
| 4   | <b>MŁ.CHOR. PIOTR Krzebietke</b>       | <b>21</b> | 6 OREL. /DZH       |           |      | 00:01:26           | 00:06:14           | <b>00:11:10.49</b>     | +00:00:44 (6.6%)  | 3:59            | 15 (93.2%)    |
| 5   | <b>ST.MAT DANIEL Kozłowski</b>         | <b>96</b> | BL MW/RCI          |           |      | 00:01:25           | 00:06:19           | <b>00:11:18.65</b>     | +00:00:52 (7.8%)  | 4:02            | 14.8 (91.9%)  |
| 6   | <b>MAT. MARIUSZ Malinowski</b>         | <b>8</b>  | CSMW USTKA         |           |      | 00:01:28           | 00:06:22           | <b>00:11:25.72</b>     | +00:00:59 (8.7%)  | 4:04            | 14.7 (91.3%)  |
| 7   | <b>ST.CHOR.SZT. KAZIMIERZ Głuszcak</b> | <b>34</b> | 8. FOW ŚWINOUJŚCIE |           |      | 00:01:23           | 00:06:15           | <b>00:11:43.00</b>     | +00:01:17 (11.0%) | 4:11            | 14.3 (88.8%)  |
| 8   | <b>ST.MAR. ZBIGNIEW Zatorski</b>       | <b>95</b> | BL MW/RCI          |           |      | 00:01:32           | 00:06:50           | <b>00:12:04.79</b>     | +00:01:38 (13.6%) | 4:18            | 13.9 (86.3%)  |
| 9   | <b>MAT PIOTR Jurkowski</b>             | <b>47</b> | 8. FOW ŚWINOUJŚCIE |           |      | 00:01:27           | 00:06:52           | <b>00:12:38.68</b>     | +00:02:12 (17.5%) | 4:31            | 13.3 (82.6%)  |
| 10  | <b>ST.MAR. PIOTR Klapka</b>            | <b>33</b> | 6 OREL. /DZH       |           |      | 00:01:21           | 00:07:13           | <b>00:13:40.78</b>     | +00:03:14 (23.7%) | 4:53            | 12.3 (76.4%)  |
| 11  | <b>ST.MAR. HUBERT Subda</b>            | <b>46</b> | 8. FOW ŚWINOUJŚCIE |           |      | 00:01:29           | 00:07:53           | <b>00:14:18.14</b>     | +00:03:52 (27.1%) | 5:06            | 11.7 (72.7%)  |

Znaleziono 11 wynik(ów)