



# MISTRZOSTWA DG RSZ 5 W BIEGACH PRZEŁAJOWYCH - 3000 M MĘCZYJNI DO 35 LAT

B4SPORT

**Event:** Mistrzostwa DG RSZ 5 w biegach przełajowych  
**Organiser:** 8. Flotylla Obrony Wybrzeża  
**Date:** 2019-04-03  
**Place:** Świnoujście  
**Distance:** 3 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Start_All 0.4km	Start_All 1.6km	Net time 2.8km	Gap	Pace min/km	Pace km/h
1	ST.MAR. DAWID Bullman	44	BL MW/ RCI			00:01:26	00:05:20	<b>00:09:05.45</b>		3:14	18.5 (100%)
2	MAR. JACEK Leszczyński	57	6 OREL. /DZH			00:01:26	00:05:27	<b>00:09:32.89</b>	+00:00:27 (4.8%)	3:24	17.6 (95.1%)
3	DAMIAN Dkwspec.	19	DKWSPECJ.			00:01:26	00:05:35	<b>00:09:58.09</b>	+00:00:52 (8.8%)	3:33	16.9 (91.4%)
4	ST.MAR. REMIGIUSZ Kepa	31	3. FO GDYNIA			00:01:25	00:05:45	<b>00:10:21.17</b>	+00:01:15 (12.2%)	3:41	16.2 (87.6%)
5	MAR. DAWID Różański	69	8. FOW			00:01:25	00:05:52	<b>00:10:31.08</b>	+00:01:25 (13.6%)	3:45	16 (86.5%)
6	MAR. ADAM Hostyński	5	CSMW USTKA			00:01:26	00:06:09	<b>00:10:38.91</b>	+00:01:33 (14.6%)	3:48	15.8 (85.4%)
7	MAT BŁAŻEJ Bonk	45	BL MW/ RCI			00:01:26	00:05:59	<b>00:10:47.98</b>	+00:01:42 (15.8%)	3:51	15.6 (84.3%)
8	MAR. PIOTR Groch	6	CSMW USTKA			00:01:26	00:06:04	<b>00:10:51.70</b>	+00:01:46 (16.3%)	3:52	15.5 (83.8%)
9	MAR. DAWID Trafalski	68	8. FOW			00:01:27	00:06:09	<b>00:10:55.09</b>	+00:01:49 (16.7%)	3:54	15.4 (83.2%)
10	PAWEŁ Dkwspec.	18	DKWSPECJ.			00:01:26	00:06:07	<b>00:10:55.90</b>	+00:01:50 (16.8%)	3:54	15.4 (83.2%)
11	MAR. MATEUSZ Łunkiewicz	32	3. FO GDYNIA			00:01:29	00:06:31	<b>00:11:16.52</b>	+00:02:11 (19.4%)	4:01	14.9 (80.5%)
12	MAR. JAKUB Pluto-Prądyński	71	6 OREL. / DZH			00:01:25	00:06:06	<b>00:11:21.07</b>	+00:02:15 (19.9%)	4:03	14.8 (80.0%)
13	MAR. MICHAŁ Andryskowski	70	6 OREL. /DZH			00:01:26	00:06:09	<b>00:11:22.80</b>	+00:02:17 (20.1%)	4:03	14.8 (80.0%)
14	MAR. PAWEŁ Rosik	58	6 OREL. / DZH			00:01:26	00:06:30	<b>00:11:49.41</b>	+00:02:43 (23.1%)	4:13	14.2 (76.8%)
15	MAR. ŁUKASZ Woźniak	83	6 OREL. /DZH			00:01:30	00:06:44	<b>00:12:00.75</b>	+00:02:55 (24.3%)	4:17	14 (75.7%)
16	PPOR. MARCIN Sadowski	84	8. FOW			00:01:30	00:07:04	<b>00:12:36.50</b>	+00:03:31 (27.9%)	4:30	13.3 (71.9%)
17	MAR. JAKUB Czuchry	55	8. FOW			00:01:30	00:07:51	<b>00:14:35.51</b>	+00:05:30 (37.7%)	5:12	11.5 (62.2%)

Total 17 results.