

MISTRZOSTWA DGRSZ 2 W BIEGACH PRZEŁAJOWYCH - M 36-45 LAT - 8 000M

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: MISTRZOSTWA DGRSZ 2 W BIEGACH PRZEŁAJOWYCH
Organizator: 8 brem
Data: 2022-09-15
Miejsce: Kołobrzeg
Dystans: 8 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 1km | 2km | 3km | 4km | 5km | 6km | 7km | Czas netto 8km | Różn | Tempo min/km | Tempo km/h |
|-----|--|------------|-----------|-----------|------|----------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|--------------|
| 1 | ST.SZER. KUŚMIDER Andrzej | 98 | 12 BZ | | | 00:04:17 | 00:08:26 | 00:12:40 | 00:16:52 | 00:21:02 | 00:25:15 | 00:29:31 | 00:33:44.32 | | 4:13 | 14.2 (100%) |
| 2 | KPR. WILK Rafał | 97 | 12 BZ | | | 00:04:18 | 00:08:31 | 00:12:43 | 00:17:01 | 00:21:24 | 00:25:41 | 00:29:58 | 00:34:11.43 | +00:00:27 (1.3%) | 4:16 | 14 (98.6%) |
| 3 | ST.SIERŻ. PELO Artur | 105 | 7 BOW | | | 00:04:16 | 00:08:25 | 00:12:42 | 00:17:01 | 00:21:23 | 00:25:46 | 00:30:23 | 00:35:09.55 | +00:01:25 (4.0%) | 4:23 | 13.7 (96.5%) |
| 4 | KPR. NOWICKI Artur | 106 | 7 BOW | | | 00:04:20 | 00:08:34 | 00:12:52 | 00:17:15 | 00:21:44 | 00:26:15 | 00:30:49 | 00:35:12.07 | +00:01:27 (4.2%) | 4:24 | 13.6 (95.8%) |
| 5 | MŁ.CHOR. SZULOWSKI Tomasz | 108 | 25 BKPOW. | | | 00:04:38 | 00:09:07 | 00:13:34 | 00:18:00 | 00:22:26 | 00:26:52 | 00:31:13 | 00:35:18.07 | +00:01:33 (4.4%) | 4:24 | 13.6 (95.8%) |
| 6 | ST.SZER. KRUCZKOWSKI Damian | 103 | 2 BZ | | | 00:04:34 | 00:09:05 | 00:13:42 | 00:18:21 | 00:22:56 | 00:27:35 | 00:32:14 | 00:36:44.43 | +00:03:00 (8.2%) | 4:35 | 13.1 (92.3%) |
| 7 | KPT. MASŁOWSKI Wojciech | 91 | CSWLĄD | | | 00:04:40 | 00:09:17 | 00:13:52 | 00:18:29 | 00:23:06 | 00:27:45 | 00:32:27 | 00:37:04.02 | +00:03:19 (9.0%) | 4:38 | 12.9 (90.8%) |
| 8 | ST.SZER. GOŚCINIAK Łukasz | 100 | 5 PA | | | 00:04:35 | 00:09:09 | 00:13:46 | 00:18:27 | 00:23:08 | 00:27:52 | 00:32:36 | 00:37:19.70 | +00:03:35 (9.6%) | 4:39 | 12.9 (90.8%) |
| 9 | ST.SZER. MARSZAŁKOWSKI Mirosław | 92 | CSWLĄD | | | 00:04:40 | 00:09:16 | 00:13:52 | 00:18:30 | 00:23:16 | 00:28:07 | 00:32:53 | 00:37:28.61 | +00:03:44 (10.0%) | 4:41 | 12.8 (90.1%) |
| 10 | ST.SIERŻ. ZAJĄC Łukasz | 109 | 12 BDOW | | | 00:04:36 | 00:09:09 | 00:13:46 | 00:18:28 | 00:23:15 | 00:28:06 | 00:32:55 | 00:37:31.23 | +00:03:46 (10.1%) | 4:41 | 12.8 (90.1%) |
| 11 | ST.SZER. CHABROS Mariusz | 107 | 25 BKPOW. | | | 00:04:39 | 00:09:11 | 00:13:47 | 00:18:28 | 00:23:16 | 00:28:06 | 00:32:57 | 00:37:34.52 | +00:03:50 (10.2%) | 4:41 | 12.8 (90.1%) |
| 12 | ST.KPR. SZAŃCA Maciej | 93 | 5 PINŻ. | | | 00:04:36 | 00:09:16 | 00:13:51 | 00:18:37 | 00:23:26 | 00:28:12 | 00:33:03 | 00:37:38.63 | +00:03:54 (10.4%) | 4:42 | 12.8 (90.1%) |
| 13 | PLUT. ORLIKOWSKI Arkadiusz | 110 | 12 BDOW | | | 00:04:35 | 00:09:08 | 00:13:41 | 00:18:22 | 00:23:10 | 00:28:06 | 00:33:03 | 00:38:03.26 | +00:04:18 (11.3%) | 4:45 | 12.6 (88.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 1km | 2km | 3km | 4km | 5km | 6km | 7km | Czas netto 8km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|---------|-----------|------|----------|----------|----------|----------|----------|----------|----------|--------------------|----------------------|--------------|-----------------|
| 14 | PLUT. MAJEWSKI Tomasz | 101 | BWD | | | 00:04:46 | 00:09:35 | 00:14:26 | 00:19:17 | 00:24:07 | 00:28:53 | 00:33:38 | 00:38:13.85 | +00:04:29 (11.7%) | 4:46 | 12.6 (88.7%) |
| 15 | CHOR.RETKA Bartosz | 95 | 8 PLOT | | | 00:04:26 | 00:08:59 | 00:13:42 | 00:18:33 | 00:23:28 | 00:28:29 | 00:33:25 | 00:38:23.19 | +00:04:38 (12.1%) | 4:47 | 12.5 (88.0%) |
| 16 | SIERŻ. SADURSKI Łukasz | 99 | 5 PA | | | 00:04:36 | 00:09:14 | 00:14:00 | 00:18:50 | 00:23:44 | 00:28:44 | 00:33:40 | 00:38:25.31 | +00:04:40 (12.2%) | 4:48 | 12.5 (88.0%) |
| 17 | KPR. PIŃSKI Paweł | 96 | 8 PLOT | | | 00:04:33 | 00:09:14 | 00:14:09 | 00:19:09 | 00:24:11 | 00:29:19 | 00:34:32 | 00:39:34.96 | +00:05:50 (14.8%) | 4:56 | 12.1 (85.2%) |
| 18 | ST.SZER. CHUPTUŚ Adrian | 104 | 2 BZ | | | 00:04:38 | 00:09:26 | 00:14:22 | 00:19:28 | 00:24:42 | 00:29:55 | 00:35:09 | 00:40:20.46 | +00:06:36 (16.4%) | 5:02 | 11.9 (83.8%) |
| 19 | PLUT. MARCINKOWSKI Marek | 102 | BWD | | | 00:04:47 | 00:09:55 | 00:15:18 | 00:20:46 | 00:26:17 | 00:31:53 | 00:37:18 | 00:42:49.68 | +00:09:05 (21.2%) | 5:21 | 11.2 (78.9%) |
| DNC | KPR. KOWALCZYK Łukasz | 94 | 5 PINŻ. | | | 00:04:44 | 00:09:39 | | | | | | | | | (0.0%) |

Znaleziono 20 wynik(ów)