

# MISTRZOSTWA DGRSZ 2 W BIEGACH PRZEŁAJOWYCH - M POW 35 LAT - 3 000M

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** MISTRZOSTWA DGRSZ 2 W BIEGACH PRZEŁAJOWYCH  
**Organiser:** 8 brem  
**Date:** 2022-09-15  
**Place:** Kołobrzeg  
**Distance:** 3 km



Classification: All

Place	Participant	Number	Club	Category	MCat	1km	2km	Net time 3km	Gap	Pace min/km	Pace km/h
1	KPR. CZERNIAK Robert	65	7 BOW			00:03:49	00:07:37	<b>00:11:22.45</b>		3:47	15.8 (100%)
2	ST.SZER. SMĘDA Bartosz	57	12 BZ			00:03:51	00:07:39	<b>00:11:27.13</b>	+00:00:04 (0.7%)	3:49	15.7 (99.4%)
3	SIERŻ.DUDA Seweryn	67	25 BKPOW.			00:03:49	00:07:36	<b>00:11:27.38</b>	+00:00:04 (0.7%)	3:49	15.7 (99.4%)
4	MŁ.CHOR. PUT Janusz	59	5 PA			00:03:54	00:07:54	<b>00:11:54.70</b>	+00:00:32 (4.5%)	3:58	15.1 (95.6%)
5	SZER. SIECZKOWSKI Michał	58	12 BZ			00:03:54	00:07:56	<b>00:12:03.09</b>	+00:00:40 (5.6%)	4:01	14.9 (94.3%)
6	KPR. CHRUŚCIEL Filip	60	5 PA			00:03:58	00:08:14	<b>00:12:24.67</b>	+00:01:02 (8.4%)	4:08	14.5 (91.8%)
7	ST.SZER. GOLAŃSKI Krzysztof	66	7 BOW			00:04:00	00:08:15	<b>00:12:30.08</b>	+00:01:07 (9.0%)	4:10	14.4 (91.1%)
8	MJR MUSIAŁ Krzysztof	55	8 PLOT			00:04:07	00:08:24	<b>00:12:48.92</b>	+00:01:26 (11.2%)	4:16	14.1 (89.2%)
9	MŁ.CHOR. WIERZBICKI Tomasz	54	5 PINŻ.			00:04:10	00:08:32	<b>00:13:01.86</b>	+00:01:39 (12.7%)	4:20	13.8 (87.3%)
10	SZER. LISIAK Tomasz	68	25 BKPOW.			00:04:10	00:08:41	<b>00:13:06.25</b>	+00:01:43 (13.2%)	4:22	13.7 (86.7%)
11	ST.SZER. JÓŹWIAK Piotr	56	8 PLOT			00:04:08	00:08:40	<b>00:13:08.98</b>	+00:01:46 (13.5%)	4:22	13.7 (86.7%)
12	ST.SZER. ROŚIŃSKI Rafał	51	CSWLĄD			00:04:28	00:09:01	<b>00:13:20.30</b>	+00:01:57 (14.7%)	4:26	13.5 (85.4%)
13	ST.SZER. DĄBROWSKI Robert	69	12 BDOW			00:04:21	00:09:00	<b>00:13:29.11</b>	+00:02:06 (15.7%)	4:29	13.3 (84.2%)
14	KPR. SZUSTAK Piotr	61	BWD			00:04:20	00:09:10	<b>00:13:52.14</b>	+00:02:29 (18.0%)	4:37	13 (82.3%)
15	CHOR. HORANIN Piotr	63	2 BZ			00:04:31	00:09:20	<b>00:14:11.62</b>	+00:02:49 (19.9%)	4:43	12.7 (80.4%)
16	KPT. SAWICKI Tomasz	62	BWD			00:04:32	00:09:25	<b>00:14:22.20</b>	+00:02:59 (20.8%)	4:47	12.5 (79.1%)
17	KPR. DAWIDZIŃSKI Tomasz	52	CSWLĄD			00:04:32	00:09:33	<b>00:14:41.87</b>	+00:03:19 (22.6%)	4:53	12.3 (77.8%)
18	CHOR. SZCZEŚNIAK Rafał	64	2 BZ			00:04:46	00:09:56	<b>00:15:11.55</b>	+00:03:49 (25.1%)	5:03	11.9 (75.3%)
19	ST.KPR. MAZUR Rafał	70	12 BDOW			00:04:31	00:10:32	<b>00:16:25.52</b>	+00:05:03 (30.8%)	5:28	11 (69.6%)
DNC	ST.SZER. GORLACH Dawid	53	5 PINŻ.			00:03:49					(0.0%)

Total 20 results.