



ЧЕМПИОНАТ ЕВРОПЫ / MISTRZOSTWA EUROPY / EUROPEAN CHAMPIONSHIP NW - 42,195M

B4SPORT
INTELLIGENTNE DZIAŁANIE SPORTOWE

Wydarzenie: «Крочым разам» 1 тур Чемпионата Гродненской области, Чемпионат Европы 42,195
Organizator: BFNW
Data: 2018-05-12
Miejsce: Гродно
Dystans: 42.195 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Red Card	Herk_All 7.195km	Herk_All 13km	Herk_All 18.8km	Herk_All 24.7km	Herk_All 30.5km	Herk_All 36.3km	Czas netto 42.195km	Różn	Tempo min/km	Tempo km/h
1	KORDOWSKI Piotr	58	NWPL KRAKOW	M40-49	1		00:49:02	01:27:03	02:05:06	02:43:42	03:24:38	04:07:48	04:54:59.40		6:59	8.6 (100%)
2	OLUWAGBEMI Melvin	51	PARIS / FRANCE	M18-29	1		00:49:38	01:27:27	02:05:43	02:43:59	03:26:53	04:14:39	05:05:02.15	+00:10:02 (3.3%)	7:13	8.3 (96.5%)
3	МИНИАХМЕТОВ Виктор	67	ГУО 'ГИМНАЗИЯ №10'	M18-29	2		00:49:01	01:27:01	02:06:56	02:53:18	03:41:12	04:25:08	05:08:34.25	+00:13:34 (4.4%)	7:18	8.2 (95.3%)
4	SHAYDULLIN Denis	66	NORDICPRO.RU	M30-39	1		00:49:13	01:29:41	02:12:40	02:56:58	03:42:21	04:28:43	05:13:21.25	+00:18:21 (5.9%)	7:25	8.1 (94.2%)
5	ПУКНТИУ Evgenia	59	SCANDIVITA	Ж40-49	1		00:52:07	01:34:51	02:17:40	03:01:48	03:46:39	04:31:31	05:17:40.10	+00:22:40 (7.1%)	7:31	8 (93.0%)
6	РОВДО Алексей	69	КРОКИ	M50-54	1		00:51:18	01:30:41	02:13:17	02:57:36	03:43:27	04:30:09	05:19:33.55	+00:24:34 (7.7%)	7:34	7.9 (91.9%)
7	MARCZAK Krzysztof	60	NWPL/NW BEŁCHATÓW	M60-64	1		00:49:21	01:31:06	02:15:03	03:00:12	03:46:21	04:33:54	05:24:08.75	+00:29:09 (9.0%)	7:40	7.8 (90.7%)
8	WOJTOWICZ Tomasz	64	NORDIC WALKING POLAND	M18-29	3		00:49:05	01:27:06	02:06:57	02:53:19	03:42:27	04:33:54	05:24:53.15	+00:29:53 (9.2%)	7:41	7.8 (90.7%)
9	REJMAN Dorota	63	UKS SIEDLESZCZANY	Ж30-39	1		00:54:40	01:39:56	02:25:00	03:11:10	03:58:06	04:45:25	05:33:44.15	+00:38:44 (11.6%)	7:54	7.6 (88.4%)
10	ЛИТВИНСКАЯ Людмила	54		Ж40-49	2		01:00:18	01:48:22	02:35:27	03:22:46	04:10:37	04:59:57	05:49:15.25	+00:54:15 (15.5%)	8:16	7.2 (83.7%)
11	ПАСЫНКОВ Михаил	62	КЛУБ СХ 'ХОДИКО', ФЕДЕРАЦИЯ СХ УДМУРТИИ	M50-54	2		00:57:50	01:45:06	02:36:10	03:29:47	04:23:16	05:14:30	06:04:58.70	+01:09:59 (19.2%)	8:38	6.9 (80.2%)
12	ANATSKA Leanid	57	REGION	M55-59	1		00:59:37	01:47:02	02:38:57	03:30:48	04:25:48	05:17:53	06:09:15.60	+01:14:16 (20.1%)	8:45	6.9 (80.2%)
13	ЦВИГУН Эдуард	68		M40-49	2		00:55:36	01:42:03	02:31:32	03:26:45	04:24:51	05:21:24	06:14:23.70	+01:19:24 (21.2%)	8:52	6.8 (79.1%)
14	ЗАГАРОВ Андрей	55	ФСК 'ПАРСЕК'	M40-49	3		00:58:33	01:47:21	02:38:23	03:31:42	04:27:52	05:25:50	06:23:19.70	+01:28:20 (23.0%)	9:05	6.6 (76.7%)
15	VENIS Artur	61	BREST RUNNERS	M18-29	4		01:02:09	01:51:34	02:42:58	03:42:50	04:42:12	05:32:59	06:23:55.55	+01:28:56 (23.2%)	9:05	6.6 (76.7%)

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													netto 42.195km	Różn		
16	ОБИДИЕНТОВ Сергей	53		M65+	1		01:02:23	01:50:45	02:42:01	03:35:26	04:30:23	05:27:37	06:32:44.15	+01:37:44 (24.9%)	9:18	6.4 (74.4%)
17	МАЛКОВА Валентина	65	ШАГ ЗА ШАГОМ	Ж60-64	1		01:07:40	02:04:31	03:03:28	04:03:59	05:03:42	06:04:11	07:03:22.55	+02:08:23 (30.3%)	10:01	6 (69.8%)
18	ЕЛЕНА Гонарович	56	ЗВЕЗДА	Ж40-49	3		01:02:25	01:53:52	02:49:37	03:49:35	04:59:18	06:13:04	07:19:46.35	+02:24:46 (32.9%)	10:25	5.8 (67.4%)
19	САФЬЯНОВА Алеся	52		Ж30-39	2		01:03:37	01:57:35	02:54:18	03:55:17	04:59:43	06:14:40	07:27:22.50	+02:32:23 (34.1%)	10:36	5.7 (66.3%)

Znaleziono 19 wynik(ów)