



# MISTRZOSTWA GDAŃSKA W NORDIC WALKING - 10 KM

B4SPORT

**Event:** Mistrzostwa Gdańska w Nordic Walking  
**Organiser:** Gdański Ośrodek Sportu  
**Date:** 2018-09-01  
**Place:** Gdańsk  
**Distance:** 10 km



Classification: K-Open

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	LIPKO Adrianna	23	BIEGAMYRAZEM.PL	K16-39	1			00:34:30	<b>01:09:46.35</b>		6:58	8.6 (100%)
2	MELZER Hanna	25		K50-59	1			00:34:31	<b>01:10:06.50</b>	+00:00:20 (0.5%)	7:00	8.6 (100%)
3	PIECHOWIAK Joanna	30		K16-39	2			00:34:58	<b>01:11:26.90</b>	+00:01:40 (2.3%)	7:08	8.4 (97.7%)
4	MATYJEK-MACHOLLA Joanna	24	AMSTI	K50-59	2			00:35:30	<b>01:12:07.50</b>	+00:02:21 (3.3%)	7:12	8.3 (96.5%)
5	WOŹNIAK Anna	41		K16-39	3			00:36:08	<b>01:14:08.35</b>	+00:04:22 (5.9%)	7:24	8.1 (94.2%)
6	OLECH Anna	28	ELITE TEAM	K40-49	1			00:36:18	<b>01:14:38.30</b>	+00:04:51 (6.5%)	7:27	8 (93.0%)
7	RUPIŃSKA Agnieszka	32		K40-49	2			00:36:51	<b>01:15:05.70</b>	+00:05:19 (7.1%)	7:30	8 (93.0%)
8	LESZCZYŃSKA-NOWOTKA Małgorzata	21		K40-49	3			00:38:44	<b>01:18:53.80</b>	+00:09:07 (11.6%)	7:53	7.6 (88.4%)
9	KOSIANOWSKA Monika	15	GRUPA MALBORK / MALBORSKIE MORSY	K40-49	4			00:38:27	<b>01:18:53.90</b>	+00:09:07 (11.6%)	7:53	7.6 (88.4%)
10	KOSMOWSKA-PADIAS Barbara	16	MOTYWATORNIA TEAM	K50-59	3			00:40:18	<b>01:22:43.35</b>	+00:12:57 (15.7%)	8:16	7.3 (84.9%)
11	LABUDDA Elżbieta	20		K40-49	5			00:41:17	<b>01:24:06.50</b>	+00:14:20 (17.0%)	8:24	7.1 (82.6%)
12	TRZASKOWSKA Anna Maria	38	WYDZIAŁOWY TEAM BIEGOWY ZIE PG	K40-49	6			00:41:49	<b>01:24:20.05</b>	+00:14:33 (17.3%)	8:26	7.1 (82.6%)
13	STARCZEWSKA Grażyna	34		K50-59	4			00:42:08	<b>01:24:35.35</b>	+00:14:49 (17.5%)	8:27	7.1 (82.6%)
14	KUNC Grażyna	18		K50-59	5			00:42:33	<b>01:26:10.40</b>	+00:16:24 (19.0%)	8:37	7 (81.4%)

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start All 5km	Net time 10km	Gap	Pace min/km	Pace km/h
15	<b>KWIATKOWSKA Natalia</b>	<b>19</b>		K16-39	4			00:43:27	<b>01:28:24.70</b>	+00:18:38 (21.1%)	8:50	6.8 (79.1%)
16	<b>TKACZYK Marta</b>	<b>37</b>		K16-39	5			00:43:28	<b>01:28:25.45</b>	+00:18:39 (21.1%)	8:50	6.8 (79.1%)
17	<b>DROBNIK Małgorzata</b>	<b>6</b>		K16-39	6			00:44:27	<b>01:29:42.95</b>	+00:19:56 (22.2%)	8:58	6.7 (77.9%)
18	<b>MODELSKA Hanna</b>	<b>26</b>		K40-49	7			00:44:58	<b>01:29:47.30</b>	+00:20:00 (22.3%)	8:58	6.7 (77.9%)
19	<b>GRZESIUK Halina</b>	<b>8</b>	CHODZEZKIJAMI ELITE TEAM	K60+	1			00:44:38	<b>01:32:21.85</b>	+00:22:35 (24.5%)	9:14	6.5 (75.6%)
20	<b>NAPIÓRKOWSKA Barbara</b>	<b>43</b>		K50-59	6			00:44:38	<b>01:32:26.00</b>	+00:22:39 (24.5%)	9:14	6.5 (75.6%)
21	<b>PLAWGO-CZYŻ Agnieszka</b>	<b>31</b>		K16-39	7			00:48:02	<b>01:39:10.40</b>	+00:29:24 (29.6%)	9:55	6.1 (70.9%)

Total 21 results.