

MISTRZOSTWA IWSZ RP W BIEGACH PRZEŁAJOWYCH - M POW 46 LAT - 8 000M

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: MISTRZOSTWA IWSZ RP W BIEGACH PRZEŁAJOWYCH
Organizator: 10 Brygada Logistyczna
Data: 2021-10-06
Miejsce: Opole
Dystans: 8 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 1km | 3km | 5km | 7km | Czas netto 8km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------------|-----------|---------|-----------|------|----------|----------|----------|----------|--------------------|-------------------|--------------|--------------|
| 1 | KRELA Chor. Andrzej | 74 | 1 BLOG | | | 00:03:04 | 00:11:41 | 00:20:33 | 00:29:27 | 00:33:17.94 | | 4:09 | 14.4 (100%) |
| 2 | SIKUT Mł.chor. Arkadiusz | 73 | 1 RBLOG | | | 00:03:14 | 00:11:56 | 00:20:53 | 00:30:02 | 00:33:37.62 | +00:00:19 (1.0%) | 4:12 | 14.3 (99.3%) |
| 3 | GRYDZIUSZKO Mł.chor. Marcin | 52 | 4 RBLOG | | | 00:03:28 | 00:12:47 | 00:22:26 | 00:32:11 | 00:35:48.60 | +00:02:30 (7.0%) | 4:28 | 13.4 (93.1%) |
| 4 | ŻUK St.chor.szt. Jacek | 50 | 10 BLOG | | | 00:03:29 | 00:12:48 | 00:22:27 | 00:32:13 | 00:35:59.49 | +00:02:41 (7.5%) | 4:29 | 13.3 (92.4%) |
| 5 | WASILEWSKI Mł.chor. Mirosław | 78 | CSLOG | | | 00:03:42 | 00:13:41 | 00:23:43 | 00:33:51 | 00:37:48.82 | +00:04:30 (11.9%) | 4:43 | 12.7 (88.2%) |
| 6 | GRAJEK Mł.chor. Grzegorz | 75 | 2 PINŻ. | | | 00:03:50 | 00:14:18 | 00:25:05 | 00:35:57 | 00:40:08.95 | +00:06:51 (17.1%) | 5:01 | 12 (83.3%) |
| 7 | KRUK St.sierz. Zbigniew | 77 | 3 RBLOG | | | 00:03:48 | 00:15:36 | 00:28:30 | 00:41:21 | 00:46:13.63 | +00:12:55 (28.0%) | 5:46 | 10.4 (72.2%) |
| 8 | CICHOCKI Mł.chor. Waldemar | 76 | 2 RBLOG | | | 00:04:14 | 00:16:13 | 00:28:52 | 00:41:49 | 00:47:10.16 | +00:13:52 (29.4%) | 5:53 | 10.2 (70.8%) |
| 9 | GRABOWSKI St.chor.szt. Jacek | 61 | PK | | | 00:04:23 | 00:18:51 | 00:33:49 | 00:49:30 | 00:54:47.09 | +00:21:29 (39.2%) | 6:50 | 8.8 (61.1%) |

Znaleziono 9 wynik(ów)