

# MISTRZOSTWA IWSZ RP W BIEGU ULICZNYM - 10KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Organizator:** 1BLog  
**Data:** 2022-11-16  
**Miejsce:** Bydgoszcz  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik                          | Numer | Klub                        | Kategoria | Mkat | 5km      | Czas netto 10km | Czas brutto 10km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------------------|-------|-----------------------------|-----------|------|----------|-----------------|------------------|-------------------|--------------|--------------|
| 1   | ST.SZER.GOSIEWSKI Krzysztof       | 96    | 1BLOG                       | M35       | 1    | 00:16:05 | 00:31:33.70     | 00:31:35.65      |                   | 3:09         | 19 (100%)    |
| 2   | SZER.SOKOŁOWSKI Ryszard           | 49    | 1 RBLOG                     | M35       | 2    | 00:16:06 | 00:32:35.40     | 00:32:37.35      | +00:01:01 (3.2%)  | 3:15         | 18.4 (96.8%) |
| 3   | SZER.MALINOWSKI Paweł             | 94    | 1BLOG                       | M35       | 3    | 00:16:09 | 00:32:52.60     | 00:32:54.90      | +00:01:19 (4.0%)  | 3:17         | 18.3 (96.3%) |
| 4   | ST.SZER.FLAGA Przemysław          | 37    | 2 RBLOG                     | M45       | 1    | 00:16:47 | 00:33:28.30     | 00:33:30.75      | +00:01:55 (5.7%)  | 3:20         | 17.9 (94.2%) |
| 5   | SZER.NALEWALSKI Rafał             | 95    | 1BLOG                       | M35       | 4    | 00:16:47 | 00:33:29.70     | 00:33:32.15      | +00:01:56 (5.8%)  | 3:20         | 17.9 (94.2%) |
| 6   | SIERŻ.KŁOPOTEK Damian             | 26    | CENTRUM SZKOLENIA LOGISTYKI | M45       | 2    | 00:17:05 | 00:34:18.20     | 00:34:21.10      | +00:02:45 (8.0%)  | 3:25         | 17.5 (92.1%) |
| 7   | KPR.GOŁDYŃ Sebastian              | 98    | 1BLOG                       | M35       | 5    | 00:17:37 | 00:34:53.05     | 00:34:55.85      | +00:03:20 (9.6%)  | 3:29         | 17.2 (90.5%) |
| 8   | KPR.DOROŻYŃSKI Szymon             | 59    | 10 BLOG                     | M35       | 6    | 00:17:37 | 00:35:06.30     | 00:35:08.45      | +00:03:32 (10.1%) | 3:30         | 17.1 (90.0%) |
| 9   | ST.SZER.DEROŃ Waldemar            | 97    | 1BLOG - PK                  | M35       | 7    | 00:17:37 | 00:35:33.75     | 00:35:37.55      | +00:04:01 (11.3%) | 3:33         | 16.9 (88.9%) |
| 10  | KPT.OSSOWSKI Mateusz              | 51    | 1 RBLOG                     | M35       | 8    | 00:18:06 | 00:36:13.30     | 00:36:16.35      | +00:04:40 (12.9%) | 3:37         | 16.6 (87.4%) |
| 11  | SZER.KRAWCZUK Paweł               | 62    | 10 BLOG                     | M35       | 9    | 00:18:20 | 00:36:20.20     | 00:36:22.70      | +00:04:47 (13.2%) | 3:38         | 16.5 (86.8%) |
| 12  | ST.SZER.MALCZEWSKI Daniel         | 61    | 10 BLOG                     | M35       | 10   | 00:18:06 | 00:36:26.85     | 00:36:29.90      | +00:04:54 (13.4%) | 3:38         | 16.5 (86.8%) |
| 13  | ST.SIERŻ.BIAŁEK Dawid             | 102   | 1BLOG                       | M35       | 11   | 00:18:19 | 00:36:34.70     | 00:36:37.75      | +00:05:02 (13.7%) | 3:39         | 16.4 (86.3%) |
| 14  | ST.SZER.SZYSZKA Mariusz           | 100   | 1BLOG                       | M45       | 3    | 00:18:06 | 00:36:35.20     | 00:36:38.10      | +00:05:02 (13.8%) | 3:39         | 16.4 (86.3%) |
| 15  | SZER.SZOT Bartosz                 | 99    | 1BLOG                       | M45       | 4    | 00:18:06 | 00:36:58.85     | 00:37:01.80      | +00:05:26 (14.7%) | 3:41         | 16.2 (85.3%) |
| 16  | ST.SZER.SKOWRONEK Kamil           | 64    | 10 BLOG                     | M45       | 5    | 00:18:23 | 00:37:05.90     | 00:37:09.45      | +00:05:33 (15.0%) | 3:42         | 16.2 (85.3%) |
| 17  | ST. KPR.EJDYS -TOMASZEWSKA Sylwia | 80    | 4 RBLOG                     | K36+      | 1    | 00:18:40 | 00:37:15.15     | 00:37:18.35      | +00:05:42 (15.3%) | 3:43         | 16.1 (84.7%) |
| 18  | SZER.NOWAKOWSKA Anna              | 90    | 1BLOG                       | K35       | 1    | 00:18:38 | 00:37:48.60     | 00:37:51.95      | +00:06:16 (16.6%) | 3:46         | 15.9 (83.7%) |
| 19  | MŁ.CHOR.SIKUT Arkadiusz           | 53    | 1 RBLOG                     | M46+      | 1    | 00:18:46 | 00:37:57.00     | 00:38:00.35      | +00:06:24 (16.9%) | 3:47         | 15.8 (83.2%) |
| 20  | SZER.PIOTROWSKI Piotr             | 60    | 10 BLOG                     | M35       | 12   | 00:18:46 | 00:38:26.45     | 00:38:29.65      | +00:06:54 (17.9%) | 3:50         | 15.6 (82.1%) |
| 21  | SIERŻ.FROM Piotr                  | 24    | CENTRUM SZKOLENIA LOGISTYKI | M45       | 6    | 00:18:50 | 00:38:29.50     | 00:38:33.55      | +00:06:57 (18.1%) | 3:50         | 15.6 (82.1%) |
| 22  | ST.KPR.NOCEK Paweł                | 87    | 1BLOG                       | M45       | 7    | 00:18:59 | 00:38:39.35     | 00:38:39.35      | +00:07:03 (18.3%) | 3:51         | 15.5 (81.6%) |
| 23  | ST.CHOR.SZT.STACHOWICZ Wiesław    | 3     | BDOW IWSP SZ                | M46+      | 2    | 00:19:49 | 00:39:25.00     | 00:39:28.75      | +00:07:53 (20.0%) | 3:56         | 15.2 (80.0%) |
| 24  | ST.SZER.BYCKOWSKI Krystan         | 58    | 1 RBLOG                     | M35       | 13   | 00:19:57 | 00:39:33.90     | 00:39:40.00      | +00:08:04 (20.4%) | 3:57         | 15.2 (80.0%) |
| 25  | ST.CHOR.SZT.PIETKUN Sławomir      | 46    | 1 RBLOG                     | M46+      | 3    | 00:19:45 | 00:39:55.55     | 00:40:00.05      | +00:08:24 (21.0%) | 3:59         | 15 (78.9%)   |
| 26  | KPR.KARASZEWSKI Norbert           | 11    | BDOW IWSP SZ                | M35       | 14   | 00:19:29 | 00:40:15.75     | 00:40:18.85      | +00:08:43 (21.6%) | 4:01         | 14.9 (78.4%) |

| Msc | Zawodnik                                 | Numer      | Klub                        | Kategoria | Mkat | 5km      | Czas netto 10km    | Czas brutto 10km   | Różn              | Tempo min/km | Tempo km/h   |
|-----|--|------------|-----------------------------|-----------|------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| 27  | <b>PLUT.RADOMSKI Kamil</b>               | <b>36</b>  | 2 RBLOG                     | M45       | 8    | 00:19:59 | <b>00:40:23.40</b> | <b>00:40:28.80</b> | +00:08:53 (22.0%) | 4:02         | 14.9 (78.4%) |
| 28  | <b>MŁ.CHOR.ŁOPUSZYŃSKI Rafał</b>         | <b>54</b>  | 1 RBLOG                     | M45       | 9    | 00:19:59 | <b>00:40:31.10</b> | <b>00:40:35.60</b> | +00:08:59 (22.2%) | 4:03         | 14.8 (77.9%) |
| 29  | <b>SIERŻ.GÓRNY Maciej</b>                | <b>25</b>  | CENTRUM SZKOLENIA LOGISTYKI | M45       | 10   | 00:19:49 | <b>00:40:35.65</b> | <b>00:40:39.90</b> | +00:09:04 (22.3%) | 4:03         | 14.8 (77.9%) |
| 30  | <b>POR.GAŁKA Piotr</b>                   | <b>8</b>   | BDOW IWSP SZ                | M45       | 11   | 00:19:58 | <b>00:40:41.05</b> | <b>00:40:46.95</b> | +00:09:11 (22.5%) | 4:04         | 14.7 (77.4%) |
| 31  | <b>MŁ.CHOR.ŻYŁKA Paweł</b>               | <b>65</b>  | 10 BLOG                     | M45       | 12   | 00:20:38 | <b>00:41:07.65</b> | <b>00:41:12.05</b> | +00:09:36 (23.3%) | 4:06         | 14.6 (76.8%) |
| 32  | <b>SIERŻ.RONOWICZ Mateusz</b>            | <b>52</b>  | 1 RBLOG                     | M35       | 15   | 00:20:36 | <b>00:41:14.40</b> | <b>00:41:20.95</b> | +00:09:45 (23.6%) | 4:07         | 14.6 (76.8%) |
| 33  | <b>ST.SZER.KORALEWSKA Barbara</b>        | <b>74</b>  | 10 BLOG                     | K35       | 2    | 00:20:39 | <b>00:41:21.15</b> | <b>00:41:24.80</b> | +00:09:49 (23.7%) | 4:08         | 14.5 (76.3%) |
| 34  | <b>KPR.PENC Grzegorz</b>                 | <b>63</b>  | 10 BLOG                     | M35       | 16   | 00:20:00 | <b>00:41:50.25</b> | <b>00:41:53.70</b> | +00:10:18 (24.6%) | 4:11         | 14.3 (75.3%) |
| 35  | <b>KMDR.POR.ŻAL Robert</b>               | <b>4</b>   | BDOW IWSP SZ                | M45       | 13   | 00:20:48 | <b>00:41:50.20</b> | <b>00:41:58.15</b> | +00:10:22 (24.7%) | 4:11         | 14.3 (75.3%) |
| 36  | <b>MŁ. CHOR.ROZUMEK Adam</b>             | <b>77</b>  | 4 RBLOG                     | M45       | 14   | 00:21:07 | <b>00:42:06.65</b> | <b>00:42:11.30</b> | +00:10:35 (25.1%) | 4:12         | 14.3 (75.3%) |
| 37  | <b>ST.SZER.CZUSZEL Marcin</b>            | <b>34</b>  | 2 RBLOG                     | M45       | 15   | 00:20:42 | <b>00:42:20.50</b> | <b>00:42:20.50</b> | +00:10:44 (25.4%) | 4:14         | 14.2 (74.7%) |
| 38  | <b>PPŁK BARCZAK Piotr</b>                | <b>5</b>   | BDOW IWSP SZ                | M46+      | 4    | 00:21:05 | <b>00:42:30.70</b> | <b>00:42:34.45</b> | +00:10:58 (25.8%) | 4:15         | 14.1 (74.2%) |
| 39  | <b>MŁ. CHOR.GRYDZIUSZKO Marcin</b>       | <b>76</b>  | 4 RBLOG                     | M46+      | 5    | 00:21:18 | <b>00:42:45.85</b> | <b>00:42:50.85</b> | +00:11:15 (26.3%) | 4:16         | 14 (73.7%)   |
| 40  | <b>ST.KPR.SOLICH Paweł</b>               | <b>66</b>  | 10 BLOG - PK                | M45       | 16   | 00:20:45 | <b>00:42:48.40</b> | <b>00:42:53.10</b> | +00:11:17 (26.3%) | 4:16         | 14 (73.7%)   |
| 41  | <b>ST.CHOR.SZT.PAWLICKI Maciej</b>       | <b>68</b>  | 10 BLOG                     | M46+      | 6    | 00:21:06 | <b>00:43:03.20</b> | <b>00:43:07.15</b> | +00:11:31 (26.7%) | 4:18         | 13.9 (73.2%) |
| 42  | <b>CHOR.KRELA Andrzej</b>                | <b>86</b>  | 1BLOG                       | M46+      | 7    | 00:21:23 | <b>00:43:15.50</b> | <b>00:43:19.50</b> | +00:11:43 (27.1%) | 4:19         | 13.9 (73.2%) |
| 43  | <b>KPR.CYPRYCH Katarzyna</b>             | <b>50</b>  | 1 RBLOG                     | K35       | 3    | 00:21:55 | <b>00:43:27.30</b> | <b>00:43:31.00</b> | +00:11:55 (27.4%) | 4:20         | 13.8 (72.6%) |
| 44  | <b>ST. SZER.SMYRSKI Rafał</b>            | <b>82</b>  | 4 RBLOG                     | M35       | 17   | 00:22:00 | <b>00:43:29.75</b> | <b>00:43:36.60</b> | +00:12:00 (27.6%) | 4:20         | 13.8 (72.6%) |
| 45  | <b>ST.SZER.BILKIEWICZ Adrian</b>         | <b>39</b>  | 2 RBLOG                     | M35       | 18   | 00:21:37 | <b>00:43:32.00</b> | <b>00:43:37.90</b> | +00:12:02 (27.6%) | 4:21         | 13.8 (72.6%) |
| 46  | <b>CHOR.GRYSZPANOWICZ Piotr</b>          | <b>29</b>  | 2 RBLOG                     | M46+      | 8    | 00:21:18 | <b>00:43:35.65</b> | <b>00:43:38.10</b> | +00:12:02 (27.6%) | 4:21         | 13.8 (72.6%) |
| 47  | <b>PPOR.BRYŚ Daria</b>                   | <b>75</b>  | 10 BLOG                     | K35       | 4    | 00:21:46 | <b>00:43:40.20</b> | <b>00:43:44.30</b> | +00:12:08 (27.8%) | 4:22         | 13.7 (72.1%) |
| 48  | <b>ST.CHOR.SZT.ZBIRANEK Remigiusz</b>    | <b>101</b> | 1BLOG                       | M46+      | 9    | 00:21:06 | <b>00:43:41.55</b> | <b>00:43:45.80</b> | +00:12:10 (27.8%) | 4:22         | 13.7 (72.1%) |
| 49  | <b>PPOR. ZATORSKA - SKUBIS Paulina</b>   | <b>72</b>  | 10 BLOG                     | K35       | 5    | 00:21:36 | <b>00:43:47.90</b> | <b>00:43:52.80</b> | +00:12:17 (28.0%) | 4:22         | 13.7 (72.1%) |
| 50  | <b>ST.SZER.BRYKNER Kacper</b>            | <b>27</b>  | CENTRUM SZKOLENIA LOGISTYKI | M35       | 19   | 00:22:02 | <b>00:43:58.30</b> | <b>00:44:04.55</b> | +00:12:28 (28.3%) | 4:23         | 13.6 (71.6%) |
| 51  | <b>SZER.KACZOR Krystian</b>              | <b>85</b>  | 4 RBLOG                     | M45       | 17   | 00:21:40 | <b>00:44:09.15</b> | <b>00:44:16.60</b> | +00:12:40 (28.6%) | 4:24         | 13.6 (71.6%) |
| 52  | <b>SIERŻ.KIEDA Łukasz</b>                | <b>23</b>  | CENTRUM SZKOLENIA LOGISTYKI | M45       | 18   | 00:21:36 | <b>00:44:21.55</b> | <b>00:44:26.75</b> | +00:12:51 (28.9%) | 4:26         | 13.5 (71.1%) |
| 53  | <b>ST.SZER.REMBECKI Marcin</b>           | <b>48</b>  | 1 RBLOG                     | M45       | 19   | 00:22:26 | <b>00:44:42.60</b> | <b>00:44:47.00</b> | +00:13:11 (29.5%) | 4:28         | 13.4 (70.5%) |
| 54  | <b>POR.SZUBA Jagoda</b>                  | <b>73</b>  | 10 BLOG                     | K35       | 6    | 00:21:37 | <b>00:44:57.50</b> | <b>00:45:01.30</b> | +00:13:25 (29.8%) | 4:29         | 13.3 (70.0%) |
| 55  | <b>POR.LESISZ Agata</b>                  | <b>57</b>  | 1 RBLOG                     | K36+      | 2    | 00:22:35 | <b>00:45:25.10</b> | <b>00:45:29.40</b> | +00:13:53 (30.5%) | 4:32         | 13.2 (69.5%) |
| 56  | <b>SZER.DULAT Agnieszka</b>              | <b>88</b>  | 1BLOG                       | K35       | 7    | 00:22:34 | <b>00:45:26.60</b> | <b>00:45:31.20</b> | +00:13:55 (30.6%) | 4:32         | 13.2 (69.5%) |
| 57  | <b>CHOR.KAMIŃSKI Arkadiusz</b>           | <b>21</b>  | CENTRUM SZKOLENIA LOGISTYKI | M46+      | 10   | 00:22:31 | <b>00:45:46.35</b> | <b>00:45:52.85</b> | +00:14:17 (31.1%) | 4:34         | 13.1 (68.9%) |
| 58  | <b>CHOR.PRZYBYLSKI Andrzej</b>           | <b>67</b>  | 10 BLOG                     | M46+      | 11   | 00:22:33 | <b>00:45:49.80</b> | <b>00:45:55.00</b> | +00:14:19 (31.2%) | 4:34         | 13.1 (68.9%) |
| 59  | <b>MŁ. CHOR.KUŹMIAK Jarosław</b>         | <b>79</b>  | 4 RBLOG                     | M45       | 20   | 00:22:30 | <b>00:45:51.40</b> | <b>00:45:58.60</b> | +00:14:22 (31.3%) | 4:35         | 13.1 (68.9%) |
| 60  | <b>POR.KOWALCZYK Kamila</b>              | <b>2</b>   | BDOW IWSP SZ                | K35       | 8    | 00:22:53 | <b>00:46:00.90</b> | <b>00:46:08.00</b> | +00:14:32 (31.5%) | 4:36         | 13 (68.4%)   |
| 61  | <b>ST.SIERŻ.DUDA Adam</b>                | <b>35</b>  | 2 RBLOG                     | M45       | 21   | 00:22:51 | <b>00:46:20.70</b> | <b>00:46:27.45</b> | +00:14:51 (32.0%) | 4:38         | 12.9 (67.9%) |
| 62  | <b>KPR.PAŁUSKA Paweł</b>                 | <b>28</b>  | CENTRUM SZKOLENIA LOGISTYKI | M35       | 20   | 00:22:14 | <b>00:46:33.60</b> | <b>00:46:40.05</b> | +00:15:04 (32.3%) | 4:39         | 12.9 (67.9%) |
| 63  | <b>KPT.KURZAWA Maria</b>                 | <b>1</b>   | BDOW IWSP SZ                | K35       | 9    | 00:23:29 | <b>00:47:05.00</b> | <b>00:47:11.30</b> | +00:15:35 (33.0%) | 4:42         | 12.7 (66.8%) |
| 64  | <b>KPT.ULAN Natalia</b>                  | <b>91</b>  | 1BLOG                       | K35       | 10   | 00:23:28 | <b>00:47:17.95</b> | <b>00:47:23.35</b> | +00:15:47 (33.3%) | 4:43         | 12.7 (66.8%) |
| 65  | <b>PPOR.ŚWIERCZYŃSKA Justyna</b>         | <b>89</b>  | 1BLOG - PK                  | K35       | 11   | 00:22:46 | <b>00:47:39.90</b> | <b>00:47:44.80</b> | +00:16:09 (33.8%) | 4:45         | 12.6 (66.3%) |
| 66  | <b>SZER.LEWANDOWSKI Mikołaj</b>          | <b>38</b>  | 2 RBLOG                     | M35       | 21   | 00:23:07 | <b>00:47:43.15</b> | <b>00:47:49.10</b> | +00:16:13 (33.9%) | 4:46         | 12.6 (66.3%) |
| 67  | <b>ST.CHOR.SZT.KARABOWICZ Zygmunt</b>    | <b>30</b>  | 2 RBLOG                     | M46+      | 12   | 00:23:42 | <b>00:47:55.45</b> | <b>00:48:02.20</b> | +00:16:26 (34.2%) | 4:47         | 12.5 (65.8%) |
| 68  | <b>PPOR. ZAMORA - REMBIASZ Katarzyna</b> | <b>71</b>  | 10 BLOG                     | K36+      | 3    | 00:24:13 | <b>00:48:20.10</b> | <b>00:48:25.50</b> | +00:16:49 (34.8%) | 4:50         | 12.4 (65.3%) |
| 69  | <b>ST.SZER.TEODOROWICZ Karol</b>         | <b>12</b>  | BDOW IWSP SZ                | M35       | 22   | 00:24:09 | <b>00:48:34.65</b> | <b>00:48:42.90</b> | +00:17:07 (35.1%) | 4:51         | 12.4 (65.3%) |
| 70  | <b>SZER.FILOCHOWSKI Krystian</b>         | <b>41</b>  | 2 RBLOG - PK                | M35       | 23   | 00:24:07 | <b>00:48:38.20</b> | <b>00:48:44.15</b> | +00:17:08 (35.2%) | 4:51         | 12.3 (64.7%) |

| Msc | Zawodnik                            | Numer     | Klub                        | Kategoria | Mkat | 5km      | Czas netto 10km    | Czas brutto 10km   | Różn              | Tempo min/km | Tempo km/h   |
|-----|-------------------------------------|-----------|-----------------------------|-----------|------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| 71  | <b>ST.SZER.BIGAŚ Mariusz</b>        | <b>40</b> | 2 RBLOG - PK                | M35       | 24   | 00:24:07 | <b>00:48:39.25</b> | <b>00:48:45.80</b> | +00:17:10 (35.2%) | 4:51         | 12.3 (64.7%) |
| 72  | <b>CHOR.KĘDZIERSKI Krzysztof</b>    | <b>22</b> | CENTRUM SZKOLENIA LOGISTYKI | M46+      | 13   | 00:23:46 | <b>00:48:49.75</b> | <b>00:48:56.95</b> | +00:17:21 (35.5%) | 4:52         | 12.3 (64.7%) |
| 73  | <b>SZER.HOFFMAN Dariusz</b>         | <b>84</b> | 4 RBLOG                     | M35       | 25   | 00:24:41 | <b>00:48:59.80</b> | <b>00:49:07.35</b> | +00:17:31 (35.7%) | 4:53         | 12.2 (64.2%) |
| 74  | <b>KPT.KASPRZYK Ewelina</b>         | <b>70</b> | 10 BLOG                     | K36+      | 4    | 00:24:26 | <b>00:49:13.90</b> | <b>00:49:19.70</b> | +00:17:44 (36.0%) | 4:55         | 12.2 (64.2%) |
| 75  | <b>PPŁK LENARCIK Arkadiusz</b>      | <b>32</b> | 2 RBLOG                     | M46+      | 14   | 00:24:07 | <b>00:49:16.00</b> | <b>00:49:22.60</b> | +00:17:46 (36.0%) | 4:55         | 12.2 (64.2%) |
| 76  | <b>SZER.RANISZEWSKI Jarosław</b>    | <b>10</b> | BDOW IWSP SZ                | M35       | 26   | 00:24:18 | <b>00:49:16.15</b> | <b>00:49:24.90</b> | +00:17:49 (36.1%) | 4:55         | 12.2 (64.2%) |
| 77  | <b>KPT. BIERNACKA Magdalena</b>     | <b>92</b> | 1BLOG                       | K35       | 12   | 00:24:39 | <b>00:50:20.40</b> | <b>00:50:25.60</b> | +00:18:49 (37.3%) | 5:02         | 11.9 (62.6%) |
| 78  | <b>SIERŻ.SZUBART Grzegorz</b>       | <b>6</b>  | BDOW IWSP SZ                | M35       | 27   | 00:25:47 | <b>00:51:36.35</b> | <b>00:51:44.00</b> | +00:20:08 (38.9%) | 5:09         | 11.6 (61.1%) |
| 79  | <b>ST.SZER.PARDEJ Liliana</b>       | <b>47</b> | 1 RBLOG                     | K35       | 13   | 00:25:49 | <b>00:52:22.95</b> | <b>00:52:29.85</b> | +00:20:54 (39.8%) | 5:14         | 11.5 (60.5%) |
| 80  | <b>PPOR.KWIATKOWSKA Dominika</b>    | <b>69</b> | 10 BLOG - PK                | K35       | 14   | 00:25:46 | <b>00:52:55.60</b> | <b>00:53:01.40</b> | +00:21:25 (40.4%) | 5:17         | 11.3 (59.5%) |
| 81  | <b>ST.SZER.KLOSKOWSKI Adam</b>      | <b>9</b>  | BDOW IWSP SZ                | M45       | 22   | 00:25:47 | <b>00:52:53.95</b> | <b>00:53:01.60</b> | +00:21:25 (40.4%) | 5:17         | 11.3 (59.5%) |
| 82  | <b>PPOR.LAZAROWSKI Leszek</b>       | <b>33</b> | 2 RBLOG                     | M45       | 23   | 00:26:34 | <b>00:54:28.00</b> | <b>00:54:35.65</b> | +00:23:00 (42.1%) | 5:26         | 11 (57.9%)   |
| 83  | <b>ST.SZER.SETLAK Michał</b>        | <b>16</b> | BDOW IWSP SZ - PK           | M45       | 24   | 00:26:46 | <b>00:54:55.25</b> | <b>00:55:02.90</b> | +00:23:27 (42.6%) | 5:29         | 10.9 (57.4%) |
| 84  | <b>SZER.KULWICKI Karol</b>          | <b>15</b> | BDOW IWSP SZ                | M45       | 25   | 00:26:47 | <b>00:54:55.05</b> | <b>00:55:03.20</b> | +00:23:27 (42.6%) | 5:29         | 10.9 (57.4%) |
| 85  | <b>SZER.ŻEBROWSKI Michał</b>        | <b>18</b> | BDOW IWSP SZ - PK           | M35       | 28   | 00:26:46 | <b>00:55:14.95</b> | <b>00:55:23.50</b> | +00:23:47 (43.0%) | 5:31         | 10.9 (57.4%) |
| 86  | <b>ST. SZER.PACIOREK Marcin</b>     | <b>83</b> | 4 RBLOG                     | M45       | 26   | 00:27:49 | <b>00:56:21.50</b> | <b>00:56:29.30</b> | +00:24:53 (44.1%) | 5:38         | 10.6 (55.8%) |
| 87  | <b>KPR.PODGÓRNY Kamil</b>           | <b>81</b> | 4 RBLOG                     | M35       | 29   | 00:27:48 | <b>00:56:21.15</b> | <b>00:56:29.40</b> | +00:24:53 (44.1%) | 5:38         | 10.6 (55.8%) |
| 88  | <b>ST.CHOR.SZT.PIEKARSKI Marcin</b> | <b>31</b> | 2 RBLOG                     | M46+      | 15   | 00:27:39 | <b>00:56:25.50</b> | <b>00:56:34.70</b> | +00:24:59 (44.2%) | 5:38         | 10.6 (55.8%) |
| 89  | <b>MŁ. CHOR.KMERA Andrzej</b>       | <b>78</b> | 4 RBLOG                     | M46+      | 16   | 00:27:14 | <b>00:57:45.30</b> | <b>00:57:50.25</b> | +00:26:14 (45.4%) | 5:46         | 10.4 (54.7%) |
| 90  | <b>PPOR.MIELCARSKA Marcelina</b>    | <b>19</b> | CENTRUM SZKOLENIA LOGISTYKI | K35       | 15   | 00:29:25 | <b>01:00:49.25</b> | <b>01:00:58.00</b> | +00:29:22 (48.2%) | 6:04         | 9.9 (52.1%)  |
| 91  | <b>ST.SZER.WOJTALAK Monika</b>      | <b>42</b> | 2 RBLOG                     | K35       | 16   | 00:33:09 | <b>01:06:48.00</b> | <b>01:06:56.60</b> | +00:35:20 (52.8%) | 6:40         | 9 (47.4%)    |
| 92  | <b>SZER.DELIKAT Aleksandra</b>      | <b>43</b> | 2 RBLOG                     | K35       | 17   | 00:33:09 | <b>01:08:51.50</b> | <b>01:09:00.05</b> | +00:37:24 (54.2%) | 6:53         | 8.7 (45.8%)  |
| 93  | <b>ST.SZER.NIEWIADOMA Żaklina</b>   | <b>44</b> | 2 RBLOG                     | K36+      | 5    | 00:34:23 | <b>01:10:00.65</b> | <b>01:10:10.20</b> | +00:38:34 (55.0%) | 7:00         | 8.6 (45.3%)  |
| 93  | <b>ST.SZER.CZARKOWSKA Katarzyna</b> | <b>45</b> | 2 RBLOG                     | K36+      | 5    | 00:34:23 | <b>01:10:00.60</b> | <b>01:10:10.20</b> | +00:38:34 (55.0%) | 7:00         | 8.6 (45.3%)  |

Znaleziono 94 wynik(ów)