

MISTRZOSTWA IWSZ RP W BIEGU ULICZNYM - 10KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: 1BLog
Data: 2022-11-16
Miejsce: Bydgoszcz
Dystans: 10 km



Klasyfikacja: M35

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ST.SZER.GOSIEWSKI Krzysztof	96	1BLOG	M35	1	00:16:05	00:31:33.70	00:31:35.65		3:09	19 (100%)
2	SZER.SOKOŁOWSKI Ryszard	49	1 RBLOG	M35	2	00:16:06	00:32:35.40	00:32:37.35	+00:01:01 (3.2%)	3:15	18.4 (96.8%)
3	SZER.MALINOWSKI Paweł	94	1BLOG	M35	3	00:16:09	00:32:52.60	00:32:54.90	+00:01:19 (4.0%)	3:17	18.3 (96.3%)
4	SZER.NALEWALSKI Rafał	95	1BLOG	M35	4	00:16:47	00:33:29.70	00:33:32.15	+00:01:56 (5.8%)	3:20	17.9 (94.2%)
5	KPR.GOŁDYN Sebastian	98	1BLOG	M35	5	00:17:37	00:34:53.05	00:34:55.85	+00:03:20 (9.6%)	3:29	17.2 (90.5%)
6	KPR.DOROŻYŃSKI Szymon	59	10 BLOG	M35	6	00:17:37	00:35:06.30	00:35:08.45	+00:03:32 (10.1%)	3:30	17.1 (90.0%)
7	ST.SZER.DEROŃ Waldemar	97	1BLOG - PK	M35	7	00:17:37	00:35:33.75	00:35:37.55	+00:04:01 (11.3%)	3:33	16.9 (88.9%)
8	KPT.OSSOWSKI Mateusz	51	1 RBLOG	M35	8	00:18:06	00:36:13.30	00:36:16.35	+00:04:40 (12.9%)	3:37	16.6 (87.4%)
9	SZER.KRAWCZUK Paweł	62	10 BLOG	M35	9	00:18:20	00:36:20.20	00:36:22.70	+00:04:47 (13.2%)	3:38	16.5 (86.8%)
10	ST.SZER.MALCZEWSKI Daniel	61	10 BLOG	M35	10	00:18:06	00:36:26.85	00:36:29.90	+00:04:54 (13.4%)	3:38	16.5 (86.8%)
11	ST.SIERŻ.BIAŁEK Dawid	102	1BLOG	M35	11	00:18:19	00:36:34.70	00:36:37.75	+00:05:02 (13.7%)	3:39	16.4 (86.3%)
12	SZER.PIOTROWSKI Piotr	60	10 BLOG	M35	12	00:18:46	00:38:26.45	00:38:29.65	+00:06:54 (17.9%)	3:50	15.6 (82.1%)
13	ST.SZER.BYCZKOWSKI Krystan	58	1 RBLOG	M35	13	00:19:57	00:39:33.90	00:39:40.00	+00:08:04 (20.4%)	3:57	15.2 (80.0%)
14	KPR.KARASZEWSKI Norbert	11	BDOW IWSP SZ	M35	14	00:19:29	00:40:15.75	00:40:18.85	+00:08:43 (21.6%)	4:01	14.9 (78.4%)
15	SIERŻ.RONOWICZ Mateusz	52	1 RBLOG	M35	15	00:20:36	00:41:14.40	00:41:20.95	+00:09:45 (23.6%)	4:07	14.6 (76.8%)
16	KPR.PENC Grzegorz	63	10 BLOG	M35	16	00:20:00	00:41:50.25	00:41:53.70	+00:10:18 (24.6%)	4:11	14.3 (75.3%)
17	ST. SZER.SMYRSKI Rafał	82	4 RBLOG	M35	17	00:22:00	00:43:29.75	00:43:36.60	+00:12:00 (27.6%)	4:20	13.8 (72.6%)
18	ST.SZER.BILKIEWICZ Adrian	39	2 RBLOG	M35	18	00:21:37	00:43:32.00	00:43:37.90	+00:12:02 (27.6%)	4:21	13.8 (72.6%)
19	ST.SZER.BRYKNER Kacper	27	CENTRUM SZKOLENIA LOGISTYKI	M35	19	00:22:02	00:43:58.30	00:44:04.55	+00:12:28 (28.3%)	4:23	13.6 (71.6%)
20	KPR.PAŁUSKA Paweł	28	CENTRUM SZKOLENIA LOGISTYKI	M35	20	00:22:14	00:46:33.60	00:46:40.05	+00:15:04 (32.3%)	4:39	12.9 (67.9%)
21	SZER.LEWANDOWSKI Mikołaj	38	2 RBLOG	M35	21	00:23:07	00:47:43.15	00:47:49.10	+00:16:13 (33.9%)	4:46	12.6 (66.3%)
22	ST.SZER.TEODOROWICZ Karol	12	BDOW IWSP SZ	M35	22	00:24:09	00:48:34.65	00:48:42.90	+00:17:07 (35.1%)	4:51	12.4 (65.3%)
23	SZER.FILOCHOWSKI Krystian	41	2 RBLOG - PK	M35	23	00:24:07	00:48:38.20	00:48:44.15	+00:17:08 (35.2%)	4:51	12.3 (64.7%)
24	ST.SZER.BIGAŚ Mariusz	40	2 RBLOG - PK	M35	24	00:24:07	00:48:39.25	00:48:45.80	+00:17:10 (35.2%)	4:51	12.3 (64.7%)
25	SZER.HOFFMAN Dariusz	84	4 RBLOG	M35	25	00:24:41	00:48:59.80	00:49:07.35	+00:17:31 (35.7%)	4:53	12.2 (64.2%)
26	SZER.RANISZEWSKI Jarosław	10	BDOW IWSP SZ	M35	26	00:24:18	00:49:16.15	00:49:24.90	+00:17:49 (36.1%)	4:55	12.2 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
27	SIERŻ.SZUBART Grzegorz	6	BDOW IWSP SZ	M35	27	00:25:47	00:51:36.35	00:51:44.00	+00:20:08 (38.9%)	5:09	11.6 (61.1%)
28	SZER.ŻEBROWSKI Michał	18	BDOW IWSP SZ - PK	M35	28	00:26:46	00:55:14.95	00:55:23.50	+00:23:47 (43.0%)	5:31	10.9 (57.4%)
29	KPR.PODGÓRNY Kamil	81	4 RBLOG	M35	29	00:27:48	00:56:21.15	00:56:29.40	+00:24:53 (44.1%)	5:38	10.6 (55.8%)

Znaleziono 29 wynik(ów)