

MISTRZOSTWA IWSZ RP W BIEGU ULICZNYM - 10KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: 1BLog
Data: 2022-11-16
Miejsce: Bydgoszcz
Dystans: 10 km



Klasyfikacja: M46+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MŁ.CHOR.SIKUT Arkadiusz	53	1 RBLOG	M46+	1	00:18:46	00:37:57.00	00:38:00.35		3:47	15.8 (100%)
2	ST.CHOR.SZT.STACHOWICZ Wiesław	3	BDOW IWSP SZ	M46+	2	00:19:49	00:39:25.00	00:39:28.75	+00:01:28 (3.7%)	3:56	15.2 (96.2%)
3	ST.CHOR.SZT.PIETKUN Sławomir	46	1 RBLOG	M46+	3	00:19:45	00:39:55.55	00:40:00.05	+00:01:59 (5.0%)	3:59	15 (94.9%)
4	PPŁK BARCZAK Piotr	5	BDOW IWSP SZ	M46+	4	00:21:05	00:42:30.70	00:42:34.45	+00:04:34 (10.7%)	4:15	14.1 (89.2%)
5	MŁ. CHOR.GRYDZIUSZKO Marcin	76	4 RBLOG	M46+	5	00:21:18	00:42:45.85	00:42:50.85	+00:04:50 (11.3%)	4:16	14 (88.6%)
6	ST.CHOR.SZT.PAWLICKI Maciej	68	10 BLOG	M46+	6	00:21:06	00:43:03.20	00:43:07.15	+00:05:06 (11.9%)	4:18	13.9 (88.0%)
7	CHOR.KRELA Andrzej	86	1BLOG	M46+	7	00:21:23	00:43:15.50	00:43:19.50	+00:05:19 (12.3%)	4:19	13.9 (88.0%)
8	CHOR.GRYSZPANOWICZ Piotr	29	2 RBLOG	M46+	8	00:21:18	00:43:35.65	00:43:38.10	+00:05:37 (12.9%)	4:21	13.8 (87.3%)
9	ST.CHOR.SZT.ZBIRANEK Remigiusz	101	1BLOG	M46+	9	00:21:06	00:43:41.55	00:43:45.80	+00:05:45 (13.2%)	4:22	13.7 (86.7%)
10	CHOR.KAMIŃSKI Arkadiusz	21	CENTRUM SZKOLENIA LOGISTYKI	M46+	10	00:22:31	00:45:46.35	00:45:52.85	+00:07:52 (17.2%)	4:34	13.1 (82.9%)
11	CHOR.PRZYBYLSKI Andrzej	67	10 BLOG	M46+	11	00:22:33	00:45:49.80	00:45:55.00	+00:07:54 (17.2%)	4:34	13.1 (82.9%)
12	ST.CHOR.SZT.KARABOWICZ Zygmunt	30	2 RBLOG	M46+	12	00:23:42	00:47:55.45	00:48:02.20	+00:10:01 (20.9%)	4:47	12.5 (79.1%)
13	CHOR.KĘDZIERSKI Krzysztof	22	CENTRUM SZKOLENIA LOGISTYKI	M46+	13	00:23:46	00:48:49.75	00:48:56.95	+00:10:56 (22.4%)	4:52	12.3 (77.8%)
14	PPŁK LENARCIK Arkadiusz	32	2 RBLOG	M46+	14	00:24:07	00:49:16.00	00:49:22.60	+00:11:22 (23.0%)	4:55	12.2 (77.2%)
15	ST.CHOR.SZT.PIEKARSKI Marcin	31	2 RBLOG	M46+	15	00:27:39	00:56:25.50	00:56:34.70	+00:18:34 (32.8%)	5:38	10.6 (67.1%)
16	MŁ. CHOR.KMERA Andrzej	78	4 RBLOG	M46+	16	00:27:14	00:57:45.30	00:57:50.25	+00:19:49 (34.3%)	5:46	10.4 (65.8%)

Znaleziono 16 wynik(ów)