



MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6

B4SPORT

Event: IV Otwarte Mistrzostwa Polski Nordic Walking - 5km
i 10km
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2024-06-22
Place: Bydgoszcz
Distance: 10 km



Classification: All

Split point: 7,5 km

| Place | Participant | Number | Club | Category | Laps_1.68km 2.5km | Laps_3.36km 5km | Laps_5.04km 7.5km |
|-------|-------------------------|--------|--------------------------|----------|----------------------|--------------------|----------------------|
| 1 | MARCZAK Tomasz | 193 | K.S. VICTORIA POTĘGOWO | M18-29 | 00:14:35 | 00:29:13 | 00:43:48 |
| 2 | WITUCKI Jacek | 221 | K.S. VICTORIA POTĘGOWO | M50-59 | 00:14:22 | 00:29:09 | 00:44:00 |
| 3 | ROMANOWSKI Daniel | 209 | KATOWICKI NORDIC WALKING | M18-29 | 00:14:22 | 00:29:09 | 00:44:04 |
| 4 | KABATA Jarosław | 175 | NORDIC SPORT 2021 | M50-59 | 00:14:24 | 00:29:49 | 00:46:13 |
| 5 | KŁOS Maciej | 177 | POLIPACK TEAM GWE | M40-49 | 00:15:25 | 00:31:15 | 00:47:37 |
| 6 | JAWORSKI Łukasz | 230 | ERYK TEAM WYSOKA | M40-49 | 00:15:14 | 00:31:25 | 00:48:16 |
| 7 | MICHALSKI Andrzej | 195 | POLIPACK TEAM GWE | M60-69 | 00:15:38 | 00:31:59 | 00:48:28 |
| 8 | PRZYBORKIEWICZ Kriss | 204 | PIERNIKI TORUŃ | M50-59 | 00:16:07 | 00:32:50 | 00:50:01 |
| 9 | ŚLUSARCZYK Marcin | 217 | WESOŁY BORSUK TEAM | M40-49 | 00:15:37 | 00:32:47 | 00:50:10 |
| 10 | KOŁODZIEJ Joanna | 179 | OPEN SPORT TEAM | K50-59 | 00:16:35 | 00:33:30 | 00:50:27 |
| 11 | KUBISZYN Małgorzata | 235 | K.S. VICTORIA POTĘGOWO | K30-39 | 00:16:35 | 00:33:29 | 00:50:27 |
| 12 | BIELECKA Zuzanna | 156 | K.S. VICTORIA POTĘGOWO | K40-49 | 00:16:37 | 00:33:32 | 00:50:29 |
| 13 | FILIPOWICZ Barbara | 165 | K.S. VICTORIA POTĘGOWO | K40-49 | 00:16:41 | 00:33:36 | 00:50:29 |
| 14 | LABUS Marzena | 189 | NORDIC SPORT 2021 | K30-39 | 00:16:36 | 00:33:41 | 00:51:13 |
| 15 | JĘDRASIAK Renata | 173 | KGHM METRACO | K60-69 | 00:16:56 | 00:34:09 | 00:51:30 |
| 16 | JAKSINA Dariusz | 172 | MAZURSKI DZIK | M50-59 | 00:17:01 | 00:34:22 | 00:51:51 |
| 17 | BREWCZYŃSKI Marcin | 159 | POLIPACK TEAM GWE | M30-39 | 00:17:19 | 00:34:34 | 00:52:03 |
| 18 | KNAPCZYK-KANIA Gabriela | 178 | NORDIC SPORT 2021 | K50-59 | 00:16:53 | 00:34:23 | 00:52:14 |
| 19 | ZEMŁA Marcin | 226 | CIAP CIAP ZEMŁA TEAM | M30-39 | 00:17:34 | 00:35:03 | 00:52:16 |
| 20 | CHYRA Janusz | 163 | NORDIC SPORT 2021 | M40-49 | 00:17:17 | 00:34:45 | 00:52:20 |
| 21 | MIHELAC Juraj | 196 | NWC SPALATUM | M40-49 | 00:17:21 | 00:34:56 | 00:52:45 |
| 22 | SIWAK Piotr | 213 | KGHM METRACO | M60-69 | 00:17:17 | 00:34:56 | 00:52:55 |
| 23 | HRYCIUK Waldemar | 170 | VICTORIA POTĘGOWO | M60-69 | 00:17:18 | 00:35:05 | 00:53:20 |
| 24 | KRAJNIK Jacek | 182 | LIFE BALANCE PLACE | M50-59 | 00:17:03 | 00:35:13 | 00:53:43 |
| 25 | STACHOWIAK Tomasz | 216 | STĘSZEW TEAM | M40-49 | 00:17:50 | 00:35:54 | 00:53:48 |
| 26 | ROCHNA Piotr | 208 | WŁÓCZYKIJE GDYNIA | M40-49 | 00:17:34 | 00:35:27 | 00:53:49 |

| Place | Participant | Number | Club | Category | Laps_1.68km | Laps_3.36km | Laps_5.04km |
|-------|-----------------------------------|------------|------------------------------|----------|-------------|-------------|-------------|
| | | | | | 2.5km | 5km | 7.5km |
| 27 | BURZAWA Krzysztof | 161 | WŁÓCZYKIJE GDYNIA | M50-59 | 00:18:08 | 00:36:43 | 00:55:15 |
| 28 | HRYCIUK Teresa | 171 | K.S. VICTORIA POTĘGOWO | K60-69 | 00:17:25 | 00:36:11 | 00:55:20 |
| 29 | OLEJNIK Przemek | 201 | | M50-59 | 00:18:09 | 00:37:01 | 00:55:24 |
| 30 | ZAWADZKI Zygmunt | 224 | CIDRY Z KIJAMI | M70+ | 00:18:03 | 00:36:33 | 00:55:26 |
| 31 | POLAK Paweł | 203 | TORUŃ NORDIC TEAM | M30-39 | 00:18:24 | 00:37:23 | 00:56:07 |
| 32 | CZMOCH Marian | 164 | NORDIC SPORT 2021 | M70+ | 00:18:27 | 00:37:20 | 00:56:28 |
| 33 | ŻYGENDA Robert | 228 | WŁÓCZYKIJE GDYNIA | M50-59 | 00:18:41 | 00:37:42 | 00:56:47 |
| 34 | ZDRZAŁEK Alicja | 225 | NORDIC SPORT 2021 | K40-49 | 00:18:26 | 00:37:32 | 00:56:49 |
| 35 | KUZHYLNYI Oleksii | 188 | BASZTA BYTÓW | M30-39 | 00:18:29 | 00:37:47 | 00:57:00 |
| 36 | NEUMANN Kamila | 199 | WŁÓCZYKIJE GDYNIA | K40-49 | 00:18:47 | 00:37:45 | 00:57:04 |
| 37 | OLEJNIK Marzena | 200 | | K50-59 | 00:18:58 | 00:38:17 | 00:57:18 |
| 38 | BARTOSIEWICZ Włodzimierz | 154 | LUKI TEAM POLSKA | M70+ | 00:18:34 | 00:37:44 | 00:57:21 |
| 39 | MADALIŃSKA Joanna | 191 | K.S. VICTORIA POTĘGOWO | K40-49 | 00:18:50 | 00:38:02 | 00:57:25 |
| 40 | BALCERZYK Agnieszka | 153 | NORDIC WALKING KIEKRZ POLAND | K40-49 | 00:18:37 | 00:37:53 | 00:57:31 |
| 41 | LEWANDOWSKA Renata | 190 | LIFE BALANCE BYDGOSZCZ | K50-59 | 00:18:58 | 00:38:18 | 00:57:35 |
| 42 | LEMAŃCZYK Katarzyna | 232 | BASZTA BYTÓW | K50-59 | 00:19:22 | 00:38:49 | 00:57:52 |
| 43 | NASTAŁY Michał | 197 | WŁÓCZYKIJE GDYNIA | M40-49 | 00:18:56 | 00:38:24 | 00:57:59 |
| 44 | PALUCH Paweł | 202 | AVOCADO WELLNESS CLUB | M60-69 | 00:18:29 | 00:38:06 | 00:58:09 |
| 45 | KRAWIEC Jacek | 185 | JACK NORDIC TEAM ELBLĄG | M50-59 | 00:19:15 | 00:38:55 | 00:58:33 |
| 46 | SKRZĄTEK Lucyna | 214 | NORDIC SPORT 2021 | K50-59 | 00:19:07 | 00:38:40 | 00:58:45 |
| 47 | ŚLUSARCZYK Karolina | 219 | WESOŁY BORSUK TEAM | K18-29 | 00:19:01 | 00:38:57 | 00:59:09 |
| 48 | GAJEK Halina | 167 | WESOŁY BORSUK TEAM | K50-59 | 00:19:30 | 00:39:13 | 00:59:10 |
| 49 | ŚLUSARCZYK Andrzej | 218 | WESOŁY BORSUK TEAM | M70+ | 00:19:18 | 00:39:05 | 00:59:19 |
| 50 | POSTEK Danuta | 229 | ZIEŁONE GROSZKI POZNAN | K60-69 | 00:19:49 | 00:39:33 | 00:59:26 |
| 51 | BACHANEK Katarzyna | 151 | TORUŃ - IDZIEMY BEZ RYZYKA | K60-69 | 00:19:52 | 00:39:40 | 00:59:32 |
| 52 | SAPUŁA Wiktoria | 212 | K.S. VICTORIA POTĘGOWO | K18-29 | 00:19:45 | 00:39:53 | 00:59:43 |
| 53 | BILINIEWICZ Dorota | 157 | WŁÓCZYKIJE GDYNIA | K50-59 | 00:19:32 | 00:39:39 | 01:00:00 |
| 54 | KUSA Karolina | 187 | LIFE BALANCE PLACE | K40-49 | 00:19:52 | 00:40:23 | 01:00:34 |
| 55 | FRYŻEWSKI Andrzej | 166 | | M50-59 | 00:20:12 | 00:40:14 | 01:00:41 |
| 56 | JURCZAK-TOCZKO Anna | 174 | | K50-59 | 00:19:40 | 00:40:10 | 01:00:51 |
| 57 | CEMPA Wojciech | 162 | WŁÓCZYKIJE GDYNIA | M40-49 | 00:19:41 | 00:40:10 | 01:01:05 |
| 58 | SOKOŁOWSKI Adam | 231 | WŁÓCZYKIJE GDYNIA | M50-59 | 00:20:10 | 00:40:29 | 01:01:22 |
| 59 | BĄDZ Wojciech | 155 | WŁÓCZYKIJE GDYNIA | M50-59 | 00:20:30 | 00:41:30 | 01:02:36 |
| 60 | BADOWSKA-STEFAŃSKA Barbara | 152 | BASZTA BYTÓW | K60-69 | 00:20:22 | 00:41:45 | 01:03:32 |
| 61 | KOŻYKOWSKA Anieli | 181 | BASZTA BYTÓW | K60-69 | 00:20:23 | 00:41:46 | 01:03:33 |
| 62 | WILK Iwona | 220 | NORDIC SPORT 2021 | K50-59 | 00:21:26 | 00:42:29 | 01:03:35 |
| 63 | MATULEWICZ Dorota | 194 | TORUŃ - IDZIEMY BEZ RYZYKA | K50-59 | 00:20:51 | 00:42:26 | 01:04:40 |
| 64 | GRYGOROWICZ Teresa | 169 | KGHM METRACO | K70+ | 00:21:16 | 00:42:49 | 01:05:07 |
| 65 | GÓRSKA Agnieszka | 168 | | K40-49 | 00:21:28 | 00:43:48 | 01:05:59 |
| 66 | ŻYGENDA Anna | 227 | WŁÓCZYKIJA GDYNIA | K50-59 | 00:22:28 | 00:44:23 | 01:06:35 |
| 67 | BREWCZYŃSKA Milena | 158 | POLIPACK TEAM GWE | K30-39 | 00:22:00 | 00:44:33 | 01:06:50 |
| 68 | BURLIŃSKA Anna | 160 | BASZTA BYTÓW | K30-39 | 00:22:39 | 00:45:12 | 01:07:42 |
| 69 | KRAJNIK Emilia | 183 | LIFE BALANCE PLACE | K50-59 | 00:20:40 | 00:42:53 | 01:08:33 |
| 70 | KOWALSKA Izabela | 180 | LIFE BALANCE PLACE | K60-69 | 00:22:24 | 00:45:35 | 01:09:14 |
| 71 | KRZYŻANOWSKI Mariusz | 186 | | M50-59 | 00:22:40 | 00:46:29 | 01:11:14 |

| Place | Participant | Number | Club | Category | Laps_1.68km 2.5km | Laps_3.36km 5km | Laps_5.04km 7.5km |
|-------|---------------------------|------------|------------------------|----------|----------------------|--------------------|----------------------|
| 72 | RICHERT Teresa | 207 | CCH TEAM | K40-49 | 00:23:12 | 00:48:08 | 01:12:37 |
| 73 | RÓŻANSKA Agnieszka | 210 | CCH TEAM | K40-49 | 00:23:26 | 00:48:28 | 01:13:18 |
| | MADALIŃSKI Marcin | 192 | K.S. VICTORIA POTĘGOWO | M40-49 | 00:14:50 DNF | DNF | DNF |

Total 74 results.