



MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6

B4SPORT

Wydarzenie: IV Otwarte Mistrzostwa Polski Nordic Walking - 5km
i 10km
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2024-06-22
Miejsce: Bydgoszcz
Dystans: 10 km



Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps_1.68km 2.5km	Laps_3.36km 5km	Laps_5.04km 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KOŁODZIEJ Joanna	179	OPEN SPORT TEAM	K50-59	1	00:16:35	00:33:30	00:50:27	01:06:51.80		6:41	9 (100%)
2	KNAPCZYK-KANIA Gabriela	178	NORDIC SPORT 2021	K50-59	2	00:16:53	00:34:23	00:52:14	01:10:11.54	+00:03:19 (4.7%)	7:01	8.5 (94.4%)
3	OLEJNIK Marzena	200		K50-59	3	00:18:58	00:38:17	00:57:18	01:16:23.65	+00:09:31 (12.5%)	7:38	7.9 (87.8%)
4	LEWANDOWSKA Renata	190	LIFE BALANCE BYDGOSZCZ	K50-59	4	00:18:58	00:38:18	00:57:35	01:16:39.85	+00:09:48 (12.8%)	7:39	7.8 (86.7%)
5	LEMAŃCZYK Katarzyna	232	BASZTA BYTÓW	K50-59	5	00:19:22	00:38:49	00:57:52	01:16:41.06	+00:09:49 (12.8%)	7:40	7.8 (86.7%)
6	SKRZĄTEK Lucyna	214	NORDIC SPORT 2021	K50-59	6	00:19:07	00:38:40	00:58:45	01:18:47.04	+00:11:55 (15.1%)	7:52	7.6 (84.4%)
7	GAJEK Halina	167	WESOŁY BORSUK TEAM	K50-59	7	00:19:30	00:39:13	00:59:10	01:19:18.90	+00:12:27 (15.7%)	7:55	7.6 (84.4%)
8	BILINIEWICZ Dorota	157	WŁÓCZYKIJE GDYNIA	K50-59	8	00:19:32	00:39:39	01:00:00	01:20:16.40	+00:13:24 (16.7%)	8:01	7.5 (83.3%)
9	JURCZAK-TOCZKO Anna	174		K50-59	9	00:19:40	00:40:10	01:00:51	01:21:08.26	+00:14:16 (17.6%)	8:06	7.4 (82.2%)
10	WILK Iwona	220	NORDIC SPORT 2021	K50-59	10	00:21:26	00:42:29	01:03:35	01:24:41.09	+00:17:49 (21.0%)	8:28	7.1 (78.9%)
11	MATULEWICZ Dorota	194	TORUŃ - IDZIEMY BEZ RYZYKA	K50-59	11	00:20:51	00:42:26	01:04:40	01:26:45.55	+00:19:53 (22.9%)	8:40	6.9 (76.7%)
12	ŻYGENDA Anna	227	WŁÓCZYKIJA GDYNIA	K50-59	12	00:22:28	00:44:23	01:06:35	01:28:55.66	+00:22:03 (24.8%)	8:53	6.7 (74.4%)
13	KRAJNIK Emilia	183	LIFE BALANCE PLACE	K50-59	13	00:20:40	00:42:53	01:08:33	01:31:06.23	+00:24:14 (26.6%)	9:06	6.6 (73.3%)

Znaleziono 13 wynik(ów)