



MISTRZOSTWA POLSKI / PUCHAR POLSKI NW - BYDGOSZCZ - 5KM - 2/6

B4SPORT

Wydarzenie: IV Otwarte Mistrzostwa Polski Nordic Walking - 5km i 10km
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2024-06-22
Miejsce: Bydgoszcz
Dystans: 5 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MIELECKA Agnieszka	67	POLIPACK TEAM GWE	K55-59	1			00:15:35	00:31:32.82		6:18	9.5 (100%)
2	KARPIENIA Ewa	51	K.S. VICTORIA POTĘGOWO	K55-59	2			00:16:19	00:32:56.31	+00:01:23 (4.2%)	6:35	9.1 (95.8%)
3	KOŁODZIEJ Joanna	141	OPEN SPORT TEAM	K55-59	3			00:16:36	00:33:26.33	+00:01:53 (5.7%)	6:41	9 (94.7%)
4	KUBISZYN Małgorzata	149	K.S. VICTORIA POTĘGOWO	K30-39	1			00:16:35	00:33:33.87	+00:02:01 (6.0%)	6:42	8.9 (93.7%)
5	STACHOWICZ Joanna	105	K.S. VICTORIA POTĘGOWO	K30-39	2			00:16:42	00:33:36.75	+00:02:03 (6.1%)	6:43	8.9 (93.7%)
6	MAŚLANKA Iwona	63	NORDIC SPORT 2021	K50-54	1			00:16:24	00:33:37.17	+00:02:04 (6.2%)	6:43	8.9 (93.7%)
7	FRANCZAK Małgorzata	24	K.S. VICTORIA POTĘGOWO	K18-29	1			00:16:43	00:34:16.23	+00:02:43 (7.9%)	6:51	8.8 (92.6%)
8	OKRZESIK-FRĄCKOWIAK Izabela	75	NORDIC SPORT 2021	K55-59	4			00:17:09	00:34:50.81	+00:03:17 (9.5%)	6:58	8.6 (90.5%)
9	KŁĘCZ Magdalena	148		K40-44	1			00:17:22	00:35:19.87	+00:03:47 (10.7%)	7:03	8.5 (89.5%)
10	BECZEK Magdalena	4	POLIPACK TEAM GWE	K30-39	3			00:17:26	00:35:20.87	+00:03:48 (10.8%)	7:04	8.5 (89.5%)
11	BIELECKA Zuzanna	5	K.S. VICTORIA POTĘGOWO	K40-44	2			00:17:46	00:35:21.83	+00:03:49 (10.8%)	7:04	8.5 (89.5%)
12	GABRYSZAK Magdalena	246	FUNDCA SODA	K45-49	1			00:17:40	00:35:50.82	+00:04:17 (12.0%)	7:10	8.4 (88.4%)
13	SZPILMAN Katarzyna	112		K55-59	5			00:17:39	00:35:55.40	+00:04:22 (12.2%)	7:11	8.4 (88.4%)

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14	PASIŃSKA-SKOWRON Sylwia	83	OPEN SPORT TEAM	K45-49	2			00:17:42	00:36:01.16	+00:04:28 (12.4%)	7:12	8.3 (87.4%)
15	KURATNIK Olga	56		K30-39	4			00:18:02	00:36:16.33	+00:04:43 (13.0%)	7:15	8.3 (87.4%)
16	SZYBUT Weronika	114	POTĘGA NORDICA	K-Jun.	1			00:18:05	00:36:22.52	+00:04:49 (13.3%)	7:16	8.2 (86.3%)
17	POTRZEBOWSKA Agata	92	LIFE BALANCE PLACE	K- Niepełnosprawni(B)	1			00:17:57	00:36:25.73	+00:04:52 (13.4%)	7:17	8.2 (86.3%)
18	HRYCIUK Teresa	42	K.S. VICTORIA POTĘGOWO	K60-64	1			00:17:47	00:36:37.43	+00:05:04 (13.9%)	7:19	8.2 (86.3%)
19	KUŁAKOWSKA Halina	140	DRUŻYNA SMA	K45-49	3			00:18:22	00:37:04.45	+00:05:31 (14.9%)	7:24	8.1 (85.3%)
20	WITUCKA Karolina	130	K.S. VICTORIA POTĘGOWO	K-Jun.	2			00:18:27	00:37:20.11	+00:05:47 (15.5%)	7:28	8 (84.2%)
21	ZDRZAŁEK Alicja	135	NORDIC SPORT 2021	K45-49	4			00:18:34	00:37:21.17	+00:05:48 (15.5%)	7:28	8 (84.2%)
22	DOMAGAŁA Monika	22		K40-44	3			00:18:18	00:37:27.06	+00:05:54 (15.8%)	7:29	8 (84.2%)
23	ROCHNA Celina	96	WŁÓCZYKIJE GDYNIA	K45-49	5			00:18:38	00:37:37.34	+00:06:04 (16.1%)	7:31	8 (84.2%)
24	KACZMAREK Maja	49	WŁÓCZYKIJE GDYNIA	K40-44	4			00:18:34	00:37:40.68	+00:06:07 (16.3%)	7:32	8 (84.2%)
25	SERÓWKA Lidia	101		K- Niepełnosprawni(A)	1			00:18:39	00:38:13.34	+00:06:40 (17.5%)	7:38	7.8 (82.1%)
26	SZEWCZYK Hanna	111	TORUŃ-IDZIEMY BEZ RYZYKA	K60-64	2			00:18:58	00:38:24.14	+00:06:51 (17.9%)	7:40	7.8 (82.1%)
27	MATYJA Anna	65	#ŚREMCHODZI	K50-54	2			00:19:11	00:38:59.51	+00:07:26 (19.1%)	7:47	7.7 (81.1%)
28	CZAJKA Urszula	17		K70-74	1			00:19:01	00:39:03.64	+00:07:30 (19.2%)	7:48	7.7 (81.1%)
29	FELCYN Anna	247	SODA	K45-49	6			00:19:18	00:39:15.62	+00:07:42 (19.6%)	7:51	7.6 (80.0%)
30	KOWALCZYK Joanna	55	NORDIC SPORT 2021	K50-54	3			00:19:35	00:39:28.32	+00:07:55 (20.1%)	7:53	7.6 (80.0%)
31	POSTEK Danuta	138		K60-64	3			00:19:29	00:39:44.33	+00:08:11 (20.6%)	7:56	7.6 (80.0%)
32	PIETRZYK Anna	86	KALISZANKA	K- Niepełnosprawni(B)	2			00:19:54	00:40:08.03	+00:08:35 (21.4%)	8:01	7.5 (78.9%)
33	BAZNER Paulina	233	BASZTA BYTÓW	K30-39	5			00:19:35	00:40:15.22	+00:08:42 (21.6%)	8:03	7.5 (78.9%)
34	CARLSSON Agnieszka	12	GREEN TEAM	K- Niepełnosprawni(A)	2			00:20:03	00:40:19.79	+00:08:46 (21.8%)	8:03	7.4 (77.9%)
35	AŁADOWICZ Nadia	2	LIFE BALANCE PLACE	K-Jun.	3			00:19:56	00:40:21.66	+00:08:48 (21.8%)	8:04	7.4 (77.9%)
36	MALINIAK Aleksandra	61	OBORYGENI	K-Jun.	4			00:19:56	00:40:23.50	+00:08:50 (21.9%)	8:04	7.4 (77.9%)

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37	ROMAŃAK Danuta	144	BASZTA BYTÓW	K45-49	7			00:20:13	00:40:29.54	+00:08:56 (22.1%)	8:05	7.4 (77.9%)
38	NERC Dorota	73		K65-69	1			00:20:10	00:40:37.47	+00:09:04 (22.3%)	8:07	7.4 (77.9%)
39	MOMOT Ewelina	69	POCHODZONE	K18-29	2			00:20:24	00:40:40.76	+00:09:07 (22.4%)	8:08	7.4 (77.9%)
40	DOLATOWSKA Elżbieta	21	K.S. VICTORIA POTĘGOWO	K60-64	4			00:19:59	00:40:48.32	+00:09:15 (22.7%)	8:09	7.4 (77.9%)
41	TURZYŃSKA-STOPY Monia	250	BŁĘKITNI DZIEMIANY	K65-69	2			00:20:26	00:40:57.69	+00:09:24 (23.0%)	8:11	7.3 (76.8%)
42	ŚLUSARCZYK Karolina	119	WESOŁY BORSUK TEAM	K18-29	3			00:20:05	00:41:15.81	+00:09:42 (23.5%)	8:15	7.3 (76.8%)
43	WIERZCHOSŁAWSKA Marta	126		K18-29	4			00:20:13	00:41:36.38	+00:10:03 (24.2%)	8:19	7.2 (75.8%)
44	JAŚKIEWICZ Tamara	45	JELEŃIA GÓRA SUDETY	K40-44	5			00:20:29	00:41:44.19	+00:10:11 (24.4%)	8:20	7.2 (75.8%)
45	GAJEWSKA Aleksandra	28	MIASTO GORZÓW WIELKOPOLSKI	K65-69	3			00:20:33	00:41:52.93	+00:10:20 (24.7%)	8:22	7.2 (75.8%)
46	AŁADOWICZ Anna	3	LIFE BALANCE PLACE	K40-44	6			00:20:21	00:42:01.98	+00:10:29 (24.9%)	8:24	7.1 (74.7%)
47	DZIKOWSKA-FRANCZAK Agnieszka	248		K45-49	8			00:21:23	00:42:19.36	+00:10:46 (25.5%)	8:27	7.1 (74.7%)
48	NOWAKOWSKA Sylwia	74		K45-49	9			00:21:11	00:42:27.51	+00:10:54 (25.7%)	8:29	7.1 (74.7%)
49	PAKMUR Anna	242	PATYCZAKI	K60-64	5			00:20:46	00:42:30.53	+00:10:57 (25.8%)	8:30	7.1 (74.7%)
50	SULECKA Gabriela	243	PATYCZAKI	K- Niepełnosprawni(A)	3			00:21:14	00:42:41.41	+00:11:08 (26.1%)	8:32	7 (73.7%)
51	FRANCZAK Anna	26	NW CZŁAPSKI TEAM	K55-59	6			00:21:29	00:42:47.57	+00:11:14 (26.3%)	8:33	7 (73.7%)
52	SZYCA Grażyna	143	BASZTA BYTÓW	K50-54	4			00:22:02	00:43:40.86	+00:12:08 (27.8%)	8:44	6.9 (72.6%)
53	STATNIK Genowefa	107	SUCHY LAS - BIEDRUSKO	K70-74	2			00:21:25	00:43:58.93	+00:12:26 (28.3%)	8:47	6.8 (71.6%)
54	FIEDLER-MALINIAK Urszula	23	OBORYGENI	K40-44	7			00:22:20	00:44:20.33	+00:12:47 (28.9%)	8:52	6.8 (71.6%)
55	BŁĄDEK Jolanta	8	ZAWSZE MŁODZI NORDIC WALKING	K80+	1			00:22:05	00:44:41.66	+00:13:08 (29.4%)	8:56	6.7 (70.5%)
56	DZIKOWSKA Wwiesława	244	GOSIR OSIELSKO	K70-74	3			00:22:01	00:44:41.89	+00:13:09 (29.4%)	8:56	6.7 (70.5%)
57	GRUSZKA Ilona	34	NORDIC SPORT 2021	K- Niepełnosprawni(A)	4			00:21:10	00:44:42.64	+00:13:09 (29.4%)	8:56	6.7 (70.5%)
58	GOTOWICZ Sylwia	32		K40-44	8			00:22:21	00:45:19.94	+00:13:47 (30.4%)	9:03	6.6 (69.5%)
59	TRAPSIA Hania	124	K.S. VICTORIA POTĘGOWO	K-Dzieci	1			00:21:36	00:45:20.30	+00:13:47 (30.4%)	9:04	6.6 (69.5%)

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60	SMARUJ - SADOWSKA Janina	103		K70-74	4			00:22:29	00:45:30.26	+00:13:57 (30.7%)	9:06	6.6 (69.5%)
61	WORONKO-ZACZYŃSKA Janina	133	KGHM METRACO	K75-79	1			00:22:29	00:45:52.75	+00:14:19 (31.2%)	9:10	6.5 (68.4%)
62	PANKIEWICZ-DMOWSKA Cecylia	81	WEJHEROWSKI KLUB NORDIC WALKING	K75-79	2			00:22:56	00:46:13.16	+00:14:40 (31.7%)	9:14	6.5 (68.4%)
63	MOTOCZYŃSKA Aleksandra	71		K65-69	4			00:22:55	00:46:24.42	+00:14:51 (32.0%)	9:16	6.5 (68.4%)
64	SŁOJEWSKA Ilona	102	NIEZRZESZONA	K50-54	5			00:22:39	00:46:55.51	+00:15:22 (32.8%)	9:23	6.4 (67.4%)
65	SZYBUT Roma	113	POTĘGA NORDICA	K40-44	9			00:23:10	00:47:27.68	+00:15:54 (33.5%)	9:29	6.3 (66.3%)
66	CHWIAŁKOWSKA Agnieszka	14		K45-49	10			00:23:18	00:47:29.62	+00:15:56 (33.6%)	9:29	6.3 (66.3%)
67	KUZHYLNA Marija	145	BASZTA BYTÓW	K30-39	6			00:24:01	00:47:57.83	+00:16:25 (34.2%)	9:35	6.3 (66.3%)
68	HACZEWSKA Kamilla	39	POTĘGA NORDICA	K55-59	7			00:25:05	00:50:19.43	+00:18:46 (37.3%)	10:03	6 (63.2%)
69	OWCZARZAK Ewa	79		K- Niepełnosprawni(B)	3			00:24:59	00:50:48.58	+00:19:15 (37.9%)	10:09	5.9 (62.1%)
70	OWCZAREK Henryka	78	ZIELONE GROSZKI POZNAŃ	K75-79	3			00:25:45	00:52:36.60	+00:21:03 (40.0%)	10:31	5.7 (60.0%)
71	SZYBUT Milena	115	POTĘGA NORDICA	K-Dzieci	2			00:28:46	00:59:10.62	+00:27:37 (46.7%)	11:50	5.1 (53.7%)
72	ŻYTKOWSKA Marta	137	ONLINE LAB	K30-39	7							(0.0%)

Znaleziono 72 wynik(ów)