



# MISTRZOSTWA SKYRUNNING POLSKA – RZEŹNIK SKY

B4SPORT

**Wydarzenie:** VII FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2021-05-28  
**Miejsce:** Cisna  
**Dystans:** 47.6 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                   | Numer       | Klub                    | Kategoria | Mkat | Orlik 1<br>23km | Orlik 2<br>23.2km | Czas<br>netto<br>47.6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------------|-------------|-------------------------|-----------|------|-----------------|-------------------|-------------------------|----------------------|-----------------|----------------|
| 1   | <b>FARON Robert</b>        | <b>2409</b> | SALCO GARMIN TEAM       | M40       | 1    | 02:16:35        | 02:16:58          | <b>04:55:34.25</b>      |                      | 6:12            | 9.7<br>(100%)  |
| 2   | <b>ZIAJKA Karol</b>        | <b>2400</b> | JAGA KORA TEAM/PGR      | M20       | 1    | 02:17:47        | 02:19:26          | <b>05:20:08.85</b>      | +00:24:34<br>(7.7%)  | 6:43            | 8.9<br>(91.8%) |
| 3   | <b>BADOWSKI Aleksander</b> | <b>2332</b> | TEAM MOUNTAIN FUEL      | M30       | 1    | 02:22:43        | 02:23:11          | <b>05:48:06.05</b>      | +00:52:31<br>(15.1%) | 7:18            | 8.2<br>(84.5%) |
| 4   | <b>LEWANDOWSKA Edyta</b>   | <b>2553</b> | ONRUNNING TEAM          | K40       | 1    | 02:30:26        | 02:31:54          | <b>05:51:03.00</b>      | +00:55:28<br>(15.8%) | 7:22            | 8.1<br>(83.5%) |
| 5   | <b>CHMIELOWSKA Claudia</b> | <b>2564</b> |                         | K20       | 1    | 02:41:07        | 02:41:51          | <b>06:21:36.85</b>      | +01:26:02<br>(22.5%) | 8:01            | 7.5<br>(77.3%) |
| 6   | <b>JOŃCZYK Rafał</b>       | <b>2558</b> | JACEKBIEGA RUNNING TEAM | M40       | 2    | 02:40:02        | 02:43:13          | <b>06:28:42.00</b>      | +01:33:07<br>(24.0%) | 8:09            | 7.3<br>(75.3%) |
| 7   | <b>NOWAK Mirosław</b>      | <b>2586</b> | NIE MA                  | M40       | 3    | 02:42:23        | 02:44:00          | <b>06:28:43.45</b>      | +01:33:09<br>(24.0%) | 8:09            | 7.3<br>(75.3%) |
| 8   | <b>PETRYNA Jagoda</b>      | <b>2372</b> | UKS OLIMPIJCZYK 46      | K30       | 1    | 02:53:53        | 02:55:45          | <b>06:36:18.80</b>      | +01:40:44<br>(25.4%) | 8:19            | 7.2<br>(74.2%) |
| 9   | <b>GAWLEWICZ Krystyna</b>  | <b>2580</b> | GAWĘŁKI TEAM            | K40       | 2    | 02:56:04        | 02:58:21          | <b>06:45:30.70</b>      | +01:49:56<br>(27.1%) | 8:31            | 7<br>(72.2%)   |
| 10  | <b>BIENIECKA Anna</b>      | <b>2335</b> | BIEG RZEŹNIKA           | K40       | 3    | 03:00:46        | 03:02:29          | <b>07:04:59.15</b>      | +02:09:24<br>(30.5%) | 8:55            | 6.7<br>(69.1%) |
| 11  | <b>POTERA Maciej</b>       | <b>2470</b> |                         | M30       | 2    | 03:23:45        | 03:24:34          | <b>07:19:45.95</b>      | +02:24:11<br>(32.8%) | 9:14            | 6.5<br>(67.0%) |
| 12  | <b>GAWLEWICZ Tomasz</b>    | <b>2579</b> | GAWĘŁKI TEAM            | M40       | 4    | 02:54:25        | 02:58:23          | <b>07:22:37.00</b>      | +02:27:02<br>(33.2%) | 9:17            | 6.5<br>(67.0%) |
| 13  | <b>KRÓL Maciej</b>         | <b>2356</b> | WIRAN TEAM              | M40       | 5    | 03:00:26        | 03:02:47          | <b>07:25:34.00</b>      | +02:29:59<br>(33.7%) | 9:21            | 6.4<br>(66.0%) |
| 14  | <b>PILECKI Robert</b>      | <b>2375</b> | RUNEDA                  | M40       | 6    | 03:04:45        | 03:17:26          | <b>07:33:10.15</b>      | +02:37:35<br>(34.8%) | 9:31            | 6.3<br>(64.9%) |
| 15  | <b>LASEK Leszek</b>        | <b>2360</b> | KALLIPSO RUNERS TEAM    | M50       | 1    | 03:01:43        | 03:08:22          | <b>07:34:20.25</b>      | +02:38:46<br>(34.9%) | 9:32            | 6.3<br>(64.9%) |

| Msc | Zawodnik                                | Numer       | Klub                             | Kategoria | Mkat | Orlik 1<br>23km | Orlik 2<br>23.2km | Czas               |                      | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------------------|-------------|----------------------------------|-----------|------|-----------------|-------------------|--------------------|----------------------|-----------------|----------------|
|     |                                         |             |                                  |           |      |                 |                   | netto<br>47.6km    | Różn                 |                 |                |
| 16  | <b>SIWIELA Mateusz</b>                  | <b>2384</b> | RUNEDA                           | M30       | 3    | 03:04:45        | 03:17:31          | <b>07:36:03.45</b> | +02:40:29<br>(35.2%) | 9:34            | 6.3<br>(64.9%) |
| 17  | <b>CUPRIAK Daniel</b>                   | <b>2555</b> |                                  | M40       | 7    | 03:14:52        | 03:27:05          | <b>07:40:41.10</b> | +02:45:06<br>(35.8%) | 9:40            | 6.2<br>(63.9%) |
| 18  | <b>CICHOŃ Maciej</b>                    | <b>2337</b> | 42.195 WEJHEROWO                 | M40       | 8    | 03:11:29        | 03:16:36          | <b>07:42:41.25</b> | +02:47:07<br>(36.1%) | 9:43            | 6.2<br>(63.9%) |
| 19  | <b>KLARECKI Adrian</b>                  | <b>2349</b> | ULTRA WAY TEAM / ASTMA TEAM      | M40       | 9    | 03:11:36        | 03:19:19          | <b>07:42:43.05</b> | +02:47:08<br>(36.1%) | 9:43            | 6.2<br>(63.9%) |
| 20  | <b>GRZYB Dorian</b>                     | <b>2345</b> | 7 DYWIZJON LOTNICZY              | M30       | 4    | 03:27:03        | 03:40:33          | <b>07:47:02.50</b> | +02:51:28<br>(36.7%) | 9:48            | 6.1<br>(62.9%) |
| 21  | <b>HELIOS Bartosz</b>                   | <b>2346</b> |                                  | M30       | 5    | 03:27:05        | 03:40:32          | <b>08:01:18.80</b> | +03:05:44<br>(38.6%) | 10:06           | 5.9<br>(60.8%) |
| 22  | <b>POTERA Krystyna</b>                  | <b>2378</b> |                                  | K30       | 2    | 03:35:07        | 03:35:40          | <b>08:01:44.45</b> | +03:06:10<br>(38.6%) | 10:07           | 5.9<br>(60.8%) |
| 23  | <b>GIBAŁA Marcin</b>                    | <b>2343</b> | BIEGAM DLA ALI I HANI            | M40       | 10   | 03:25:00        | 03:37:52          | <b>08:02:27.20</b> | +03:06:52<br>(38.7%) | 10:08           | 5.9<br>(60.8%) |
| 24  | <b>WOJCIECHOWSKA Małgorzata</b>         | <b>2396</b> | VIKING TRAINING CENTER TYCHY     | K40       | 4    | 03:19:06        | 03:25:55          | <b>08:10:39.15</b> | +03:15:04<br>(39.8%) | 10:18           | 5.8<br>(59.8%) |
| 25  | <b>MARCINIAK Tomasz</b>                 | <b>2368</b> |                                  | M40       | 11   | 03:21:32        | 03:27:16          | <b>08:11:54.75</b> | +03:16:20<br>(39.9%) | 10:20           | 5.8<br>(59.8%) |
| 26  | <b>KWIATKOWSKI Kajetan</b>              | <b>2317</b> | SUT - STRASZYN ULTRA TEAM        | M30       | 6    | 03:36:15        | 03:50:36          | <b>08:12:55.85</b> | +03:17:21<br>(40.0%) | 10:21           | 5.8<br>(59.8%) |
| 27  | <b>ZYGADLEWICZ Grzegorz</b>             | <b>2559</b> | JACEKBIEGA RUNNING CLUB          | M30       | 7    | 03:24:54        | 03:36:01          | <b>08:13:29.05</b> | +03:17:54<br>(40.1%) | 10:22           | 5.8<br>(59.8%) |
| 28  | <b>PORĘBA Eugeniusz</b>                 | <b>2469</b> | MIECHÓW                          | M50       | 2    | 03:27:11        | 03:35:44          | <b>08:14:25.35</b> | +03:18:51<br>(40.2%) | 10:23           | 5.8<br>(59.8%) |
| 29  | <b>KONOPKA Mariusz</b>                  | <b>2352</b> |                                  | M30       | 8    | 03:26:42        | 03:40:10          | <b>08:19:38.20</b> | +03:24:03<br>(40.8%) | 10:29           | 5.7<br>(58.8%) |
| 30  | <b>KOCOŃ Mariusz</b>                    | <b>2554</b> | KLINIKA ZDROWIA I URODY CZ.WOŚKO | M50       | 3    | 03:26:12        | 03:43:29          | <b>08:19:57.90</b> | +03:24:23<br>(40.9%) | 10:30           | 5.7<br>(58.8%) |
| 31  | <b>SADKOWSKI Paweł</b>                  | <b>2383</b> |                                  | M40       | 12   | 03:24:21        | 03:30:01          | <b>08:21:36.80</b> | +03:26:02<br>(41.1%) | 10:32           | 5.7<br>(58.8%) |
| 32  | <b>PILECKA Małgorzata</b>               | <b>2374</b> | RUNEDA                           | K40       | 5    | 03:26:50        | 03:40:25          | <b>08:23:10.00</b> | +03:27:35<br>(41.3%) | 10:34           | 5.7<br>(58.8%) |
| 33  | <b>SOWIŃSKI Kamil</b>                   | <b>2386</b> |                                  | M30       | 9    | 03:19:48        | 03:27:41          | <b>08:23:28.50</b> | +03:27:54<br>(41.3%) | 10:34           | 5.7<br>(58.8%) |
| 34  | <b>LITTWIN Marek</b>                    | <b>2364</b> | RUNEDA                           | M50       | 4    | 03:26:50        | 03:40:28          | <b>08:33:23.50</b> | +03:37:49<br>(42.4%) | 10:47           | 5.6<br>(57.7%) |
| 35  | <b>DOMARADZKA- KASZUBOWICZ Wiktoria</b> | <b>2339</b> | DZIEWCZYNY Z SANOKA              | K30       | 3    | 03:38:32        | 04:02:28          | <b>08:37:00.80</b> | +03:41:26<br>(42.8%) | 10:51           | 5.5<br>(56.7%) |
| 36  | <b>LEŚNIAK-POPIEL Marta</b>             | <b>2361</b> | DZIEWCZYNY Z SANOKA              | K40       | 6    | 03:56:23        | 04:02:29          | <b>08:37:19.65</b> | +03:41:45<br>(42.9%) | 10:52           | 5.5<br>(56.7%) |
| 37  | <b>CEBRAT Ewa</b>                       | <b>2336</b> | DZIEWCZYNY Z SANOKA              | K40       | 7    | 03:56:24        | 04:02:31          | <b>08:37:19.90</b> | +03:41:45<br>(42.9%) | 10:52           | 5.5<br>(56.7%) |
| 38  | <b>JANDZIŚ Wiesław</b>                  | <b>2582</b> | AKTYWNY DYNÓW                    | M40       | 13   | 03:46:05        | 04:00:43          | <b>08:42:41.90</b> | +03:47:07<br>(43.5%) | 10:58           | 5.5<br>(56.7%) |

| Msc | Zawodnik                        | Numer       | Klub                         | Kategoria | Mkat | Orlik 1<br>23km | Orlik 2<br>23.2km | Czas               |                      | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------------|-------------|------------------------------|-----------|------|-----------------|-------------------|--------------------|----------------------|-----------------|----------------|
|     |                                 |             |                              |           |      |                 |                   | netto<br>47.6km    | Różn                 |                 |                |
| 39  | <b>LASZCZYK Nadia</b>           | <b>2442</b> |                              | K30       | 4    | 03:40:27        | 03:47:23          | <b>08:42:56.25</b> | +03:47:22<br>(43.5%) | 10:59           | 5.5<br>(56.7%) |
| 40  | <b>KACZYŃSKI Artur</b>          | <b>2348</b> |                              | M40       | 14   | 03:29:07        | 03:38:19          | <b>08:46:03.70</b> | +03:50:29<br>(43.8%) | 11:03           | 5.4<br>(55.7%) |
| 41  | <b>NOWOSAD Artur</b>            | <b>2528</b> |                              | M40       | 15   | 03:41:11        | 03:44:53          | <b>08:48:56.00</b> | +03:53:21<br>(44.1%) | 11:06           | 5.4<br>(55.7%) |
| 42  | <b>ŚRODA Krzysztof</b>          | <b>2391</b> |                              | M50       | 5    | 03:38:29        | 03:43:01          | <b>08:49:06.00</b> | +03:53:31<br>(44.1%) | 11:06           | 5.4<br>(55.7%) |
| 43  | <b>KOKOT Roman</b>              | <b>2578</b> | AKTYWNY DYNÓW                | M40       | 16   | 03:54:18        | 04:00:43          | <b>08:49:53.35</b> | +03:54:19<br>(44.2%) | 11:07           | 5.4<br>(55.7%) |
| 44  | <b>PISAREK Karol</b>            | <b>2376</b> | JB WARSAW                    | M30       | 10   | 03:34:08        | 03:40:21          | <b>09:02:53.30</b> | +04:07:19<br>(45.6%) | 11:24           | 5.3<br>(54.6%) |
| 45  | <b>PRZYBYŁA Krzysztof</b>       | <b>2379</b> | ADIDAS RUNNERS WARSAW        | M30       | 11   | 03:42:26        | 03:45:32          | <b>09:09:10.30</b> | +04:13:36<br>(46.2%) | 11:32           | 5.2<br>(53.6%) |
| 46  | <b>MROCZEK Justyna</b>          | <b>2371</b> | ADIDAS RUNNERS WARSAW        | K30       | 5    | 03:42:27        | 03:45:29          | <b>09:09:10.55</b> | +04:13:36<br>(46.2%) | 11:32           | 5.2<br>(53.6%) |
| 47  | <b>DOMIŃCZYK Rafał</b>          | <b>2587</b> |                              | M40       | 17   | 04:03:21        | 04:21:00          | <b>09:29:35.40</b> | +04:34:01<br>(48.1%) | 11:57           | 5<br>(51.5%)   |
| 48  | <b>GUZIK Daniel</b>             | <b>2573</b> |                              | M40       | 18   | 04:03:25        | 04:23:53          | <b>09:29:35.75</b> | +04:34:01<br>(48.1%) | 11:57           | 5<br>(51.5%)   |
| 49  | <b>KRYCH Rafał</b>              | <b>2357</b> |                              | M40       | 19   | 03:54:39        | 04:05:31          | <b>09:34:04.35</b> | +04:38:30<br>(48.5%) | 12:03           | 5<br>(51.5%)   |
| 50  | <b>KOCHAN Rafał</b>             | <b>2556</b> | TC KOCHAN                    | M40       | 20   | 03:54:27        | 04:00:17          | <b>09:38:56.50</b> | +04:43:22<br>(48.9%) | 12:09           | 4.9<br>(50.5%) |
| 51  | <b>DOLATA Andrzej</b>           | <b>2338</b> | KTB KUNY                     | M40       | 21   | 03:44:02        | 04:21:29          | <b>09:43:04.40</b> | +04:47:30<br>(49.3%) | 12:14           | 4.9<br>(50.5%) |
| 52  | <b>WOJCIECHOWSKI Tomasz</b>     | <b>2397</b> | VIKING TRAINING CENTER TYCHY | M40       | 22   | 03:44:30        | 03:55:14          | <b>09:48:52.10</b> | +04:53:17<br>(49.8%) | 12:22           | 4.8<br>(49.5%) |
| 53  | <b>ZAKRZEWICZ Marcin</b>        | <b>2399</b> | KTB KUNY                     | M40       | 23   | 03:49:01        | 04:21:30          | <b>09:49:13.95</b> | +04:53:39<br>(49.8%) | 12:22           | 4.8<br>(49.5%) |
| 54  | <b>LEWARDOWSKI Konrad</b>       | <b>2362</b> | KTB KUNY                     | M50       | 6    | 03:44:01        | 04:21:03          | <b>09:49:15.05</b> | +04:53:40<br>(49.8%) | 12:22           | 4.8<br>(49.5%) |
| 55  | <b>KOŚCIELNIAK Szymon</b>       | <b>2354</b> | CZERWONACKIE KIJANKI         | M40       | 24   | 04:04:11        | 04:22:58          | <b>10:07:48.05</b> | +05:12:13<br>(51.4%) | 12:46           | 4.7<br>(48.5%) |
| 56  | <b>BĄCZEK Agata</b>             | <b>2531</b> |                              | K40       | 8    | 04:03:23        | 04:22:43          | <b>10:11:37.80</b> | +05:16:03<br>(51.7%) | 12:50           | 4.7<br>(48.5%) |
| 57  | <b>PANEK Agata</b>              | <b>2530</b> | GRUPA JURA.PL                | K40       | 9    | 04:03:24        | 04:22:48          | <b>10:11:37.85</b> | +05:16:03<br>(51.7%) | 12:50           | 4.7<br>(48.5%) |
| 57  | <b>SZABLA Marcin</b>            | <b>2574</b> | SAINT GOBAIN SQUAD           | M40       | 25   | 04:03:20        | 04:22:41          | <b>10:11:37.85</b> | +05:16:03<br>(51.7%) | 12:50           | 4.7<br>(48.5%) |
| 59  | <b>GRUCA-MACIĄŻEK Magdalena</b> | <b>2344</b> | GRUPA JURA PL                | K40       | 10   | 04:04:21        | 04:22:43          | <b>10:11:38.40</b> | +05:16:04<br>(51.7%) | 12:50           | 4.7<br>(48.5%) |
| 60  | <b>ŁUKASIAK Sylwester</b>       | <b>2365</b> |                              | M40       | 26   | 04:02:15        | 04:07:56          | <b>10:17:26.40</b> | +05:21:52<br>(52.1%) | 12:58           | 4.6<br>(47.4%) |
| 61  | <b>BATOREK Bogdan</b>           | <b>2333</b> | RAWA TIM ZAWSZE SLIM         | M40       | 27   | 04:00:35        | 04:03:16          | <b>10:18:20.50</b> | +05:22:46<br>(52.2%) | 12:59           | 4.6<br>(47.4%) |

| Msc | Zawodnik                    | Numer       | Klub                     | Kategoria | Mkat | Orlik 1<br>23km | Orlik 2<br>23.2km | Czas               |                      | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------|-------------|--------------------------|-----------|------|-----------------|-------------------|--------------------|----------------------|-----------------|----------------|
|     |                             |             |                          |           |      |                 |                   | netto<br>47.6km    | Różn                 |                 |                |
| 62  | <b>BIĘNKOWSKI Jarosław</b>  | <b>2313</b> | BIEGAJ Z DYMKIEM         | M40       | 28   | 04:03:53        | 04:28:27          | <b>10:26:15.65</b> | +05:30:41<br>(52.8%) | 13:09           | 4.6<br>(47.4%) |
| 63  | <b>SROCZYŃSKA Justyna</b>   | <b>2387</b> | OSTRESROKI               | K40       | 11   | 04:14:50        | 04:28:22          | <b>10:26:26.80</b> | +05:30:52<br>(52.8%) | 13:09           | 4.6<br>(47.4%) |
| 64  | <b>SROCZYŃSKI Marcin</b>    | <b>2388</b> | OSTRESROKI               | M40       | 29   | 04:14:52        | 04:28:12          | <b>10:26:27.15</b> | +05:30:52<br>(52.8%) | 13:09           | 4.6<br>(47.4%) |
| 65  | <b>PĘKALA Jarek</b>         | <b>2373</b> |                          | M50       | 7    | 04:00:20        | 04:07:27          | <b>10:28:39.15</b> | +05:33:04<br>(53.0%) | 13:12           | 4.5<br>(46.4%) |
| 66  | <b>WIŚNIEWSKA Żaneta</b>    | <b>2395</b> | KIJKOWE TRZEMESZNO       | K20       | 2    | 04:04:00        | 04:14:17          | <b>10:30:59.15</b> | +05:35:24<br>(53.2%) | 13:15           | 4.5<br>(46.4%) |
| 67  | <b>STANKOWSKA Justyna</b>   | <b>2389</b> | KIJKOWE TRZEMESZNO       | K40       | 12   | 04:04:01        | 04:14:17          | <b>10:30:59.85</b> | +05:35:25<br>(53.2%) | 13:15           | 4.5<br>(46.4%) |
| 68  | <b>KUCZYŃSKI Mariusz</b>    | <b>2359</b> |                          | M40       | 30   | 04:22:23        | 04:29:49          | <b>10:42:05.50</b> | +05:46:31<br>(54.0%) | 13:29           | 4.4<br>(45.4%) |
| 69  | <b>WARCHOŁ Stanisław</b>    | <b>2392</b> |                          | M50       | 8    | 03:46:38        | 03:53:14          | <b>10:57:39.85</b> | +06:02:05<br>(55.1%) | 13:48           | 4.3<br>(44.3%) |
| 70  | <b>ZIELINSKI Adam</b>       | <b>2536</b> | EVERRUN / DROGA DO ULTRA | M40       | 31   | 04:25:57        | 04:46:02          | <b>11:07:56.10</b> | +06:12:21<br>(55.7%) | 14:01           | 4.3<br>(44.3%) |
| 71  | <b>BIAŁECKA Sylwia</b>      | <b>2334</b> | EVERRUN                  | K40       | 13   | 04:25:57        | 04:46:00          | <b>11:07:56.45</b> | +06:12:22<br>(55.7%) | 14:01           | 4.3<br>(44.3%) |
| 72  | <b>FOLTA Jan</b>            | <b>2341</b> | GRUPA BIEGOWA ZARSZYN    | M50       | 9    | 04:04:46        | 04:11:20          | <b>11:10:41.65</b> | +06:15:07<br>(55.9%) | 14:05           | 4.3<br>(44.3%) |
| 73  | <b>MALICKA Angelika</b>     | <b>2367</b> |                          | K30       | 6    | 04:43:42        | 05:05:58          | <b>11:43:32.55</b> | +06:47:58<br>(58.0%) | 14:46           | 4.1<br>(42.3%) |
| 74  | <b>WÓJTOWICZ Paweł</b>      | <b>2398</b> | -                        | M50       | 10   | 04:35:20        | 04:55:04          | <b>11:48:44.95</b> | +06:53:10<br>(58.3%) | 14:53           | 4<br>(41.2%)   |
| 75  | <b>RADYK Joanna</b>         | <b>2381</b> | PRZEMYSKI KLUB BIEGACZA  | K30       | 7    | 05:46:06        | 05:58:34          | <b>12:25:41.90</b> | +07:30:07<br>(60.4%) | 15:39           | 3.8<br>(39.2%) |
| 76  | <b>RADYK Jakub</b>          | <b>2380</b> | PRZEMYSKI KLUB BIEGACZA  | M30       | 12   | 05:46:09        | 05:58:35          | <b>12:25:42.75</b> | +07:30:08<br>(60.4%) | 15:39           | 3.8<br>(39.2%) |
| 77  | <b>WEILAND Emila</b>        | <b>2393</b> |                          | K40       | 14   | 04:57:21        | 05:27:29          | <b>12:28:37.90</b> | +07:33:03<br>(60.5%) | 15:43           | 3.8<br>(39.2%) |
| 78  | <b>POPŁAWSKI Krystian</b>   | <b>2377</b> | GLADIATORS BY RMF 4RT    | M30       | 13   | 04:56:53        | 05:27:29          | <b>12:28:38.25</b> | +07:33:04<br>(60.5%) | 15:43           | 3.8<br>(39.2%) |
| 79  | <b>WIELGOSZ Mariusz</b>     | <b>2394</b> | BRAK                     | M50       | 11   | 05:28:07        | 05:47:09          | <b>12:44:35.15</b> | +07:49:00<br>(61.3%) | 16:03           | 3.7<br>(38.1%) |
| 80  | <b>MAJKA Dariusz</b>        | <b>2366</b> |                          | M40       | 32   | 05:28:07        | 05:47:06          | <b>12:44:35.60</b> | +07:49:01<br>(61.3%) | 16:03           | 3.7<br>(38.1%) |
| 81  | <b>KOŚCIELNIAK Dagmara</b>  | <b>2353</b> | CZERWONACKIE KIANKI      | K40       | 15   | 05:27:51        | 05:42:19          | <b>12:47:05.65</b> | +07:51:31<br>(61.5%) | 16:06           | 3.7<br>(38.1%) |
| 82  | <b>GARNCARZ Lucyna</b>      | <b>2412</b> |                          | K30       | 8    | 05:27:49        | 05:42:17          | <b>13:22:37.45</b> | +08:27:03<br>(63.2%) | 16:51           | 3.6<br>(37.1%) |
| DNC | <b>BŁĘDKOWSKA Katarzyna</b> | <b>2576</b> |                          | K30       |      | 03:48:20        | 04:01:00          | <b>07:13:30.95</b> |                      | 0:00            | 6.6<br>(68.0%) |
|     | <b>JURCZAK Roman</b>        | <b>2347</b> |                          | M60       |      | 03:24:24<br>DNF | 03:26:04<br>DNF   | <b>DNF</b>         |                      | -               | - (0.0%)       |

| Msc | Zawodnik                 | Numer       | Klub                                    | Kategoria | Mkat | Orlik 1<br>23km | Orlik 2<br>23.2km | Czas<br>netto<br>47.6km | Różn | Tempo<br>min/km | Tempo<br>km/h |
|-----|--------------------------|-------------|-----------------------------------------|-----------|------|-----------------|-------------------|-------------------------|------|-----------------|---------------|
|     | <b>SKOBEL Robert</b>     | <b>2522</b> | SZAKAL BIEGA LUCKY TEAM BRODATY SQRWIEL | M40       |      | 04:30:47<br>DNF | 04:43:56<br>DNF   | <b>DNF</b>              |      | -               | - (0.0%)      |
|     | <b>KONIK Marcin</b>      | <b>2351</b> |                                         | M40       |      | 03:17:31<br>DNF | DNF               | <b>DNF</b>              |      | -               | - (0.0%)      |
|     | <b>WINICKA Daria</b>     | <b>2499</b> |                                         | K40       |      | DNF             | DNF               | <b>DNF</b>              |      | -               | - (0.0%)      |
|     | <b>ŻMIJEWSKI Dariusz</b> | <b>2585</b> |                                         | M50       |      | DNF             | DNF               | <b>DNF</b>              |      | -               | - (0.0%)      |

Znaleziono 88 wynik(ów)