



BIEG RZEŹNIKA

# MISTRZOSTWA SKYRUNNING POLSKA – RZEŹNIK SKY

B4SPORT

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

**Wydarzenie:** VII FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2021-05-28  
**Miejsce:** Cisna  
**Dystans:** 47.6 km

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik 1 23km	Orlik 2 23.2km	Czas netto 47.6km	Różn	Tempo min/km	Tempo km/h
1	<b>FARON Robert</b>	<b>2409</b>	SALCO GARMIN TEAM	M40	1	02:16:35	02:16:58	<b>04:55:34.25</b>		6:12	9.7 (100%)
2	<b>JOŃCZYK Rafał</b>	<b>2558</b>	JACEKBIEGA RUNNING TEAM	M40	2	02:40:02	02:43:13	<b>06:28:42.00</b>	+01:33:07 (24.0%)	8:09	7.3 (75.3%)
3	<b>NOWAK Mirosław</b>	<b>2586</b>	NIE MA	M40	3	02:42:23	02:44:00	<b>06:28:43.45</b>	+01:33:09 (24.0%)	8:09	7.3 (75.3%)
4	<b>GAWLEWICZ Tomasz</b>	<b>2579</b>	GAWĘŁKI TEAM	M40	4	02:54:25	02:58:23	<b>07:22:37.00</b>	+02:27:02 (33.2%)	9:17	6.5 (67.0%)
5	<b>KRÓL Maciej</b>	<b>2356</b>	WIRAN TEAM	M40	5	03:00:26	03:02:47	<b>07:25:34.00</b>	+02:29:59 (33.7%)	9:21	6.4 (66.0%)
6	<b>PILECKI Robert</b>	<b>2375</b>	RUNEDA	M40	6	03:04:45	03:17:26	<b>07:33:10.15</b>	+02:37:35 (34.8%)	9:31	6.3 (64.9%)
7	<b>CUPRIAK Daniel</b>	<b>2555</b>		M40	7	03:14:52	03:27:05	<b>07:40:41.10</b>	+02:45:06 (35.8%)	9:40	6.2 (63.9%)
8	<b>CICHON Maciej</b>	<b>2337</b>	42.195 WEJHEROWO	M40	8	03:11:29	03:16:36	<b>07:42:41.25</b>	+02:47:07 (36.1%)	9:43	6.2 (63.9%)
9	<b>KLARECKI Adrian</b>	<b>2349</b>	ULTRA WAY TEAM / ASTMA TEAM	M40	9	03:11:36	03:19:19	<b>07:42:43.05</b>	+02:47:08 (36.1%)	9:43	6.2 (63.9%)
10	<b>GIBAŁA Marcin</b>	<b>2343</b>	BIEGAM DLA ALI I HANI	M40	10	03:25:00	03:37:52	<b>08:02:27.20</b>	+03:06:52 (38.7%)	10:08	5.9 (60.8%)
11	<b>MARCINIAK Tomasz</b>	<b>2368</b>		M40	11	03:21:32	03:27:16	<b>08:11:54.75</b>	+03:16:20 (39.9%)	10:20	5.8 (59.8%)
12	<b>SADKOWSKI Paweł</b>	<b>2383</b>		M40	12	03:24:21	03:30:01	<b>08:21:36.80</b>	+03:26:02 (41.1%)	10:32	5.7 (58.8%)
13	<b>JANDZIŚ Wiesław</b>	<b>2582</b>	AKTYWNY DYNÓW	M40	13	03:46:05	04:00:43	<b>08:42:41.90</b>	+03:47:07 (43.5%)	10:58	5.5 (56.7%)
14	<b>KACZYŃSKI Artur</b>	<b>2348</b>		M40	14	03:29:07	03:38:19	<b>08:46:03.70</b>	+03:50:29 (43.8%)	11:03	5.4 (55.7%)
15	<b>NOWOSAD Artur</b>	<b>2528</b>		M40	15	03:41:11	03:44:53	<b>08:48:56.00</b>	+03:53:21 (44.1%)	11:06	5.4 (55.7%)
16	<b>KOKOT Roman</b>	<b>2578</b>	AKTYWNY DYNÓW	M40	16	03:54:18	04:00:43	<b>08:49:53.35</b>	+03:54:19 (44.2%)	11:07	5.4 (55.7%)
17	<b>DOMIŃCZYK Rafał</b>	<b>2587</b>		M40	17	04:03:21	04:21:00	<b>09:29:35.40</b>	+04:34:01 (48.1%)	11:57	5 (51.5%)
18	<b>GUZIK Daniel</b>	<b>2573</b>		M40	18	04:03:25	04:23:53	<b>09:29:35.75</b>	+04:34:01 (48.1%)	11:57	5 (51.5%)
19	<b>KRYCH Rafał</b>	<b>2357</b>		M40	19	03:54:39	04:05:31	<b>09:34:04.35</b>	+04:38:30 (48.5%)	12:03	5 (51.5%)
20	<b>KOCHAN Rafał</b>	<b>2556</b>	TC KOCHAN	M40	20	03:54:27	04:00:17	<b>09:38:56.50</b>	+04:43:22 (48.9%)	12:09	4.9 (50.5%)
21	<b>DOLATA Andrzej</b>	<b>2338</b>	KTb KUNY	M40	21	03:44:02	04:21:29	<b>09:43:04.40</b>	+04:47:30 (49.3%)	12:14	4.9 (50.5%)
22	<b>WOJCIECHOWSKI Tomasz</b>	<b>2397</b>	VIKING TRAINING CENTER TYCHY	M40	22	03:44:30	03:55:14	<b>09:48:52.10</b>	+04:53:17 (49.8%)	12:22	4.8 (49.5%)
23	<b>ZAKRZEWICZ Marcin</b>	<b>2399</b>	KTb KUNY	M40	23	03:49:01	04:21:30	<b>09:49:13.95</b>	+04:53:39 (49.8%)	12:22	4.8 (49.5%)
24	<b>KOŚCIELNIAK Szymon</b>	<b>2354</b>	CZERWONACKIE KIJANKI	M40	24	04:04:11	04:22:58	<b>10:07:48.05</b>	+05:12:13 (51.4%)	12:46	4.7 (48.5%)
25	<b>SZABLA Marcin</b>	<b>2574</b>	SAINT GOBAIN SQUAD	M40	25	04:03:20	04:22:41	<b>10:11:37.85</b>	+05:16:03 (51.7%)	12:50	4.7 (48.5%)
26	<b>ŁUKASIAK Sylwester</b>	<b>2365</b>		M40	26	04:02:15	04:07:56	<b>10:17:26.40</b>	+05:21:52 (52.1%)	12:58	4.6 (47.4%)
27	<b>BATOREK Bogdan</b>	<b>2333</b>	RAWA TIM ZAWSZE SLIM	M40	27	04:00:35	04:03:16	<b>10:18:20.50</b>	+05:22:46 (52.2%)	12:59	4.6 (47.4%)
28	<b>BIEŃKOWSKI Jarosław</b>	<b>2313</b>	BIEGAJ Z DYMKIEM	M40	28	04:03:53	04:28:27	<b>10:26:15.65</b>	+05:30:41 (52.8%)	13:09	4.6 (47.4%)
29	<b>SROCZYŃSKI Marcin</b>	<b>2388</b>	OSTRESROKI	M40	29	04:14:52	04:28:12	<b>10:26:27.15</b>	+05:30:52 (52.8%)	13:09	4.6 (47.4%)

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30	<b>KUCZYŃSKI Mariusz</b>	<b>2359</b>		M40	30	04:22:23	04:29:49	<b>10:42:05.50</b>	+05:46:31 (54.0%)	13:29	4.4 (45.4%)
31	<b>ZIELINSKI Adam</b>	<b>2536</b>	EVERRUN / DROGA DO ULTRA	M40	31	04:25:57	04:46:02	<b>11:07:56.10</b>	+06:12:21 (55.7%)	14:01	4.3 (44.3%)
32	<b>MAJKA Dariusz</b>	<b>2366</b>		M40	32	05:28:07	05:47:06	<b>12:44:35.60</b>	+07:49:01 (61.3%)	16:03	3.7 (38.1%)
	<b>SKOBEL Robert</b>	<b>2522</b>	SZAKAL BIEGA LUCKY TEAM BRODATY SQRWIEL	M40		04:30:47 DNF	04:43:56 DNF	<b>DNF</b>		-	- (0.0%)
	<b>KONIK Marcin</b>	<b>2351</b>		M40		03:17:31 DNF	DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 34 wynik(ów)