



MIZUNO NOCNA DYCHA 10KM | TWT 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: Turbacz Winter Trail
Organiser: Fundacja Rozwoju Sportu i Promocji Obronności
"MURAWA"
Date: 2023-02-11
Place: Nowy Targ
Distance: 10.5 km

Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 10.5km	Czas brutto 10.5km	Gap	Pace min/km	Pace km/h
1	KUBICA Marcin	538	BUFF/ SALOMON	Senior Mężczyzn	1	01:02:00.55	01:02:02.65		5:54	10.2 (100%)
2	ZÓŁTEK Grzegorz	591		Senior Mężczyzn	2	01:05:47.35	01:05:49.15	+00:03:46 (5.7%)	6:15	9.6 (94.1%)
3	DZIERWA Marcin	1030	NOWA HUTA TEAM	Senior Mężczyzn	3	01:06:52.50	01:06:54.35	+00:04:51 (7.3%)	6:22	9.4 (92.2%)
4	GAŁDYN Kamil	520	GORĄCY POTOK TEAM	Senior Mężczyzn	4	01:08:28.35	01:08:30.75	+00:06:28 (9.4%)	6:31	9.2 (90.2%)
5	JACHYMIAK Robert	596	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	Masters Mężczyzn	1	01:10:11.50	01:10:13.15	+00:08:10 (11.6%)	6:41	9 (88.2%)
6	TYNUS Grzegorz	584		Masters Mężczyzn	2	01:12:08.25	01:12:10.95	+00:10:08 (14.0%)	6:52	8.7 (85.3%)
7	TRACZ Paulina	578	TRENINGFIZJO/THENORTHFACE	Senior Kobiet	1	01:12:55.70	01:12:58.25	+00:10:55 (15.0%)	6:56	8.6 (84.3%)
8	OLESAK Adam	556		Senior Mężczyzn	5	01:18:25.40	01:18:28.40	+00:16:25 (20.9%)	7:28	8 (78.4%)
9	PLOCH Jakub	559		Senior Mężczyzn	6	01:19:50.50	01:19:53.05	+00:17:50 (22.3%)	7:36	7.9 (77.5%)
10	MALEC Łukasz	549	NIEDZICA TEAM	Masters Mężczyzn	3	01:19:58.55	01:20:00.85	+00:17:58 (22.5%)	7:36	7.9 (77.5%)
11	PAŁKA Tomasz	557	KB PARANTELA	Masters Mężczyzn	4	01:20:29.30	01:20:33.40	+00:18:30 (23.0%)	7:39	7.8 (76.5%)
12	JUDASZ Leszek	529		Senior Mężczyzn	7	01:23:21.95	01:23:27.90	+00:21:25 (25.7%)	7:56	7.6 (74.5%)
13	BULANDA Dawid	507		Masters Mężczyzn	5	01:25:03.85	01:25:07.20	+00:23:04 (27.1%)	8:06	7.4 (72.5%)
14	PACHUT Maksymilian	599	MY ENDURANCE COACHING TEAM	Senior Mężczyzn	8	01:25:12.70	01:25:15.15	+00:23:12 (27.2%)	8:06	7.4 (72.5%)
15	WALKOSZ Mateusz	585	#SOBASTEAM	Senior Mężczyzn	9	01:25:43.05	01:25:45.75	+00:23:43 (27.7%)	8:09	7.3 (71.6%)
16	BOLECHOWSKA Dominika	1018	ALPIN SPORT	Masters Kobiet	1	01:26:13.35	01:26:16.75	+00:24:14 (28.1%)	8:12	7.3 (71.6%)
17	TOMICA Natalia	577		Senior Kobiet	2	01:29:42.05	01:29:44.50	+00:27:41 (30.9%)	8:32	7 (68.6%)
18	WALTER Michał	586	SRKS MIOTŁA	Senior Mężczyzn	10	01:29:37.30	01:29:45.05	+00:27:42 (30.9%)	8:32	7 (68.6%)
19	MIKULEWICZ Przemysław	551	MOVE. TEAM	Senior Mężczyzn	11	01:31:45.15	01:31:48.55	+00:29:45 (32.4%)	8:44	6.9 (67.6%)
20	MACH Oleś	548		Masters Mężczyzn	6	01:32:55.85	01:33:07.40	+00:31:04 (33.4%)	8:50	6.8 (66.7%)
21	SURMACZ Tomasz	569		Senior Mężczyzn	12	01:33:51.40	01:33:58.15	+00:31:55 (34.0%)	8:56	6.7 (65.7%)
22	MAŚLANKA Ewa	595	MEGKURSYV	Masters Kobiet	2	01:35:12.55	01:35:15.45	+00:33:12 (34.9%)	9:04	6.6 (64.7%)
23	KULA Paweł	541		Masters Mężczyzn	7	01:35:28.90	01:35:36.35	+00:33:33 (35.1%)	9:05	6.6 (64.7%)
24	KURP Bartłomiej	543		Senior Mężczyzn	13	01:36:44.00	01:36:54.65	+00:34:52 (36.0%)	9:12	6.5 (63.7%)
25	KOLEGOWICZ Klaudia	536	BEFIT24TEAM	Senior Kobiet	3	01:36:56.15	01:37:04.65	+00:35:02 (36.1%)	9:13	6.5 (63.7%)
26	BRYK Dominik	505		Senior Mężczyzn	14	01:36:55.75	01:37:04.90	+00:35:02 (36.1%)	9:13	6.5 (63.7%)
27	GWIZDALSKA Martynka	525	MOVE.TEAM	Masters Kobiet	3	01:37:30.80	01:37:34.00	+00:35:31 (36.4%)	9:17	6.5 (63.7%)

Place	Participant	Number	Club	Category	MCat	Net	Czas		Pace	Pace
						time	brutto	Gap		
						10.5km	10.5km			
28	DĘBSKA Natalia	1003		Senior Kobiet	4	01:37:32.90	01:37:35.60	+00:35:32 (36.4%)	9:17	6.5 (63.7%)
29	ŁAPA Piotr	224	AKTYWNA PSZCZYNA RUNNERS TEAM	Masters Mężczyzn	8	01:37:36.55	01:37:38.65	+00:35:36 (36.5%)	9:17	6.5 (63.7%)
30	ŻÓŁTEK Przemysław	590		Senior Mężczyzn	15	01:38:59.25	01:39:03.80	+00:37:01 (37.4%)	9:25	6.4 (62.7%)
31	CYGAN Łukasz	511	POLPLAST BIEGA	Masters Mężczyzn	9	01:40:36.80	01:40:43.05	+00:38:40 (38.4%)	9:34	6.3 (61.8%)
32	KANCIRUK Paweł	532	NIGHT RUNNERS KRAKÓW	Senior Mężczyzn	16	01:43:15.45	01:43:28.00	+00:41:25 (40.0%)	9:50	6.1 (59.8%)
33	WÓJCIK Sylwia	588	NIE WIEM, NIE OBCHODZI MNIE TO	Senior Kobiet	5	01:43:18.90	01:43:33.70	+00:41:31 (40.1%)	9:50	6.1 (59.8%)
34	BIELAK Daniel	594	#ŻYCIOWIAMATORZY	Senior Mężczyzn	17	01:43:52.85	01:43:59.65	+00:41:57 (40.3%)	9:53	6.1 (59.8%)
35	STRYCHARZ Sławomir	308	STRYCHARZ FUN CLUB	Masters Mężczyzn	10	01:45:04.10	01:45:08.95	+00:43:06 (41.0%)	10:00	6 (58.8%)
36	CZERWIEC Maciej	514	MIZUNO TEAM	Senior Mężczyzn	18	01:45:22.20	01:45:33.25	+00:43:30 (41.2%)	10:02	6 (58.8%)
37	KUROWSKA Monika	542		Senior Kobiet	6	01:45:31.90	01:45:43.30	+00:43:40 (41.3%)	10:02	6 (58.8%)
38	SZOT Dorota	574		Masters Kobiet	4	01:47:23.70	01:47:33.95	+00:45:31 (42.3%)	10:13	5.9 (57.8%)
39	CABAŁA Tomasz	508	PRZYSZOWA NAPIERDZIELA	Masters Mężczyzn	11	01:47:40.55	01:47:44.65	+00:45:42 (42.4%)	10:15	5.9 (57.8%)
40	KALETA Anna	531	GORĄCY POTOK TEAM	Senior Kobiet	7	01:47:43.35	01:47:46.85	+00:45:44 (42.4%)	10:15	5.8 (56.9%)
41	KUKLA Katarzyna	540		Masters Kobiet	5	01:47:46.20	01:47:50.25	+00:45:47 (42.5%)	10:15	5.8 (56.9%)
42	KUKLA Grzegorz	539		Weteran Mężczyzn	1	01:47:46.20	01:47:50.55	+00:45:47 (42.5%)	10:15	5.8 (56.9%)
43	CIEPŁY Patryk	1007		Senior Mężczyzn	19	01:47:50.05	01:47:55.20	+00:45:52 (42.5%)	10:16	5.8 (56.9%)
44	SZKLARCZYK Piotr	572	BRACTWO BIEGOWE BGK	Masters Mężczyzn	12	01:49:31.00	01:49:31.00	+00:47:28 (43.3%)	10:25	5.8 (56.9%)
45	FALKIEWICZ Arkadiusz	518	NIGHT RUNNERS	Masters Mężczyzn	13	01:49:44.05	01:49:57.45	+00:47:54 (43.6%)	10:27	5.7 (55.9%)
46	MOLITORYS Marek	552		Masters Mężczyzn	14	01:49:54.90	01:49:59.45	+00:47:56 (43.6%)	10:28	5.7 (55.9%)
47	CHOWANIEC Sebastian	509	SUNFIT STUDIO	Masters Mężczyzn	15	01:50:19.05	01:50:23.25	+00:48:20 (43.8%)	10:30	5.7 (55.9%)
48	SZCZĘŚNIAK Janusz	571	BEFIT24TEAM	Weteran Mężczyzn	2	01:50:56.60	01:51:05.50	+00:49:02 (44.2%)	10:33	5.7 (55.9%)
49	SIWINSKA Gosia	563		Masters Kobiet	6	01:51:10.95	01:51:14.75	+00:49:12 (44.2%)	10:35	5.7 (55.9%)
50	KURZAK Andrzej	544	BIEGUNKA	Weteran Mężczyzn	3	01:52:13.90	01:52:21.95	+00:50:19 (44.8%)	10:41	5.6 (54.9%)
51	FILAS Rafał	519	BIEGAMBOLUBIĘ	Masters Mężczyzn	16	01:52:20.40	01:52:33.50	+00:50:30 (44.9%)	10:41	5.6 (54.9%)
52	STACHURA Beata	712		Masters Kobiet	7	01:53:52.50	01:54:03.65	+00:52:01 (45.6%)	10:50	5.5 (53.9%)
53	KRZYŻANOWSKI Mikołaj	537	OBIDOWA GŁUSZEC	Masters Mężczyzn	17	01:54:03.00	01:54:08.35	+00:52:05 (45.6%)	10:51	5.5 (53.9%)
54	BROCIEK Damian	504		Masters Mężczyzn	18	01:55:25.10	01:55:34.10	+00:53:31 (46.3%)	10:59	5.5 (53.9%)
55	DZIMIRA Sławomir	517	BROWAR POGÓRZA	Senior Mężczyzn	20	01:56:11.15	01:56:19.95	+00:54:17 (46.7%)	11:03	5.4 (52.9%)
56	WRÓBLEWSKA Paulina	589	BEFIT24TEAM	Masters Kobiet	8	01:57:05.75	01:57:13.35	+00:55:10 (47.1%)	11:09	5.4 (52.9%)
57	TROJAN Anna	579	BEFIT24TEAM	Weteran Kobiet	1	02:00:14.90	02:00:17.75	+00:58:15 (48.4%)	11:27	5.2 (51.0%)
58	BIECUSZEK Marlena	502	AKTYWNA NOWA RUDA	Senior Kobiet	8	02:00:31.90	02:00:35.35	+00:58:32 (48.5%)	11:28	5.2 (51.0%)
59	KALEMBA Tomasz	530		Senior Mężczyzn	21	02:00:55.00	02:01:00.35	+00:58:57 (48.7%)	11:30	5.2 (51.0%)
60	SARNA Joanna	561		Masters Kobiet	9	02:01:37.60	02:01:44.15	+00:59:41 (49.0%)	11:34	5.2 (51.0%)
61	MRUGACZ Anna	555	44	Masters Kobiet	10	02:01:37.20	02:01:44.25	+00:59:41 (49.0%)	11:34	5.2 (51.0%)
62	MRUGACZ Jacek	554		Masters Mężczyzn	19	02:02:55.45	02:03:01.95	+01:00:59 (49.6%)	11:42	5.1 (50.0%)
63	PAŁKA Ewa	593	KB PARANTELA	Masters Kobiet	11	02:03:02.95	02:03:06.95	+01:01:04 (49.6%)	11:43	5.1 (50.0%)
64	WŁODARCZYK Patryk	587		Masters Mężczyzn	20	02:03:24.00	02:03:29.75	+01:01:27 (49.8%)	11:45	5.1 (50.0%)
65	TRZCIŃSKI Maciej	580		Weteran Mężczyzn	4	02:04:09.10	02:04:21.35	+01:02:18 (50.1%)	11:49	5.1 (50.0%)
66	RAKOWSKI Łukasz	560	MOVE. TEAM	Masters Mężczyzn	21	02:05:12.70	02:05:19.05	+01:03:16 (50.5%)	11:55	5 (49.0%)
67	KŁONOWSKI Konrad	535	MOVE.TEAM	Senior Mężczyzn	22	02:07:50.35	02:07:55.95	+01:05:53 (51.5%)	12:10	4.9 (48.0%)
68	KANIA-STANACH Beata	533		Senior Kobiet	9	02:08:12.30	02:08:17.75	+01:06:15 (51.6%)	12:12	4.9 (48.0%)
69	STANACH Tomasz	566		Senior Mężczyzn	23	02:08:12.10	02:08:18.15	+01:06:15 (51.6%)	12:12	4.9 (48.0%)
70	LEWANDOWSKA Marzena	546	MOVE. TEAM	Masters Kobiet	12	02:11:00.85	02:11:06.70	+01:09:04 (52.7%)	12:28	4.8 (47.1%)
71	MORAWSKA Katarzyna	553	MOVE. TEAM	Masters Kobiet	13	02:11:05.10	02:11:09.75	+01:09:07 (52.7%)	12:29	4.8 (47.1%)

Place	Participant	Number	Club	Category	MCat	Net time 10.5km	Czas brutto 10.5km	Gap	Pace min/km	Pace km/h
72	STANKIEWICZ Ilona	567	MOVE	Masters Kobiet	14	02:11:07.05	02:11:12.20	+01:09:09 (52.7%)	12:29	4.8 (47.1%)
73	HADAM Jan	527	HADZIE-DZIADZIE	Senior Mężczyzn	24	02:11:52.70	02:12:04.55	+01:10:01 (53.0%)	12:33	4.8 (47.1%)
74	BUJAS Kacper	506	SIEPRAWKA 5	Senior Mężczyzn	25	02:14:16.00	02:14:16.00	+01:12:13 (53.8%)	12:47	4.7 (46.1%)
75	BUJAS Agnieszka	592	SIEPRAWKA 5	Masters Kobiet	15	02:14:26.00	02:14:26.00	+01:12:23 (53.8%)	12:48	4.7 (46.1%)
76	GRYMEK Dagmara	524	BEFIT24TEAM	Masters Kobiet	16	02:16:59.95	02:17:10.10	+01:15:07 (54.8%)	13:02	4.6 (45.1%)
77	BABICZ-SZCZĘŚNIAK Aneta	500	BEFIT24TEAM	Masters Kobiet	17	02:17:38.00	02:17:38.00	+01:15:35 (54.9%)	13:06	4.6 (45.1%)
78	GAWENDA Dariusz	521	DISCO RUNNERS	Masters Mężczyzn	22	02:18:19.30	02:18:29.00	+01:16:26 (55.2%)	13:10	4.6 (45.1%)
79	DZIAŁACH Adam	516		Masters Mężczyzn	23	02:18:18.85	02:18:29.10	+01:16:26 (55.2%)	13:10	4.6 (45.1%)
80	GŁÓW Edyta	522	DYNADYNA TEAM	Senior Kobiet	10	02:18:25.55	02:18:33.65	+01:16:31 (55.2%)	13:10	4.6 (45.1%)
81	SZUMIEC Joanna	575		Masters Kobiet	18	02:18:24.70	02:18:34.00	+01:16:31 (55.2%)	13:10	4.6 (45.1%)
82	SROKA Monika	564	MOVE. TEAM	Masters Kobiet	19	02:21:01.60	02:21:07.50	+01:19:04 (56.0%)	13:25	4.5 (44.1%)
83	GRABOWSKA Beata	523	MOVE. TEAM	Weteran Kobiet	2	02:21:01.45	02:21:07.60	+01:19:04 (56.0%)	13:25	4.5 (44.1%)
84	SUPERSON-RADECKA Agata	568		Masters Kobiet	20	02:25:39.65	02:25:47.30	+01:23:44 (57.4%)	13:52	4.3 (42.2%)
85	SZAFRAN Adrian	570	AMATORSKA GRUPA BIEGOWA BIEGUNKA	Masters Mężczyzn	24	02:25:41.55	02:25:49.75	+01:23:47 (57.5%)	13:52	4.3 (42.2%)
86	SZMYCIŃSKI Wojciech	573	MOVE. TEAM	Weteran Mężczyzn	5	02:43:31.00	02:43:36.45	+01:41:33 (62.1%)	15:34	3.9 (38.2%)
87	KIERYS Renata	534		Masters Kobiet	21	02:53:50.55	02:53:55.10	+01:51:52 (64.3%)	16:33	3.6 (35.3%)
88	PASEK Maria	558		Masters Kobiet	22	02:53:51.05	02:53:55.80	+01:51:53 (64.3%)	16:33	3.6 (35.3%)
89	ŁAPA Julia	547	AKTYWNA PSZCZYNA RUNNERS TEAM	Senior Kobiet	11	03:10:39.95	03:10:42.85	+02:08:40 (67.5%)	18:09	3.3 (32.4%)
Przekroczony limit czasu: 03:30:00										
90	HADAM Paweł	526	HADZIE-DZIADZIE	Senior Mężczyzn	26	03:34:07.85	03:34:21.90	+02:32:19 (71.1%)	20:23	2.9 (28.4%)
91	KLAMERUS Izabela	1004		Weteran Kobiet	3	03:37:15.80	03:37:25.85	+02:35:23 (71.5%)	20:41	2.9 (28.4%)
	KLAMERUS Maciej	1005		Weteran Mężczyzn		DNF	DNF		-	- (0.0%)

Total 92 results.