

MPOCR 2020 - 3 KM

B4SPORT

Event: Mistrzostwa Polski OCR 2020
Organiser: OCR Polska
Date: 2020-09-05
Place: Rybnik
Distance: 3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M Elite

Place	Participant	Number	Club	Category	MCat	Start time	Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
1	SZCZECZLA Grzegorz	40	CARBON SILESIA SPORT	M Elite	1	00:00:51	00:23:59.00	00:24:50.95		7:59	7.5 (100%)
2	HAJNOS Dawid	251	GORĄCY POTOK TEAM	M Elite	2	00:00:52	00:24:44.55	00:25:36.70	+00:00:45 (3.1%)	8:14	7.3 (97.3%)
3	WOJTYSZYN Wojciech	213	XRUNNERS	M Elite	3	00:00:51	00:25:58.85	00:26:50.60	+00:01:59 (7.7%)	8:39	6.9 (92.0%)
4	WÓJCIK Wiktor	200	VIKINGS RUN TEAM	M Elite	4	00:00:52	00:26:20.75	00:27:13.10	+00:02:21 (9.0%)	8:47	6.8 (90.7%)
5	SELIANIN Dmytro	98	SOCIOS SILESIA	M Elite	5	00:03:54	00:26:27.45	00:30:21.50	+00:02:28 (9.4%)	8:49	6.8 (90.7%)
6	SERAFIŃSKI Maciej	81	NEXTREME	M Elite	6	00:05:52	00:26:39.55	00:32:31.60	+00:02:40 (10.0%)	8:53	6.8 (90.7%)
7	FABIAN Marcel	51	SOCIOS SILESIA	M Elite	7	00:00:51	00:26:59.50	00:27:51.40	+00:03:00 (11.1%)	9:00	6.7 (89.3%)
8	FILIP Bartosz	49	SOCIOS SILESIA	M Elite	8	00:03:55	00:27:07.70	00:31:02.70	+00:03:08 (11.6%)	9:02	6.6 (88.0%)
9	PRYKOWSKI Tomasz	174	XRUNNERS	M Elite	9	00:03:54	00:27:49.95	00:31:44.00	+00:03:50 (13.8%)	9:16	6.5 (86.7%)
10	JACIÓW Paweł	30	WATAHA	M Elite	10	00:05:52	00:28:10.40	00:34:02.45	+00:04:11 (14.9%)	9:23	6.4 (85.3%)
11	TOMASIK Alan	82	ENAX NEXTREME	M Elite	11	00:03:54	00:28:19.05	00:32:13.40	+00:04:20 (15.3%)	9:26	6.4 (85.3%)
12	KOHUT Ivan	172	OCRAPOLAND	M Elite	12	00:05:52	00:28:37.55	00:34:29.90	+00:04:38 (16.2%)	9:32	6.3 (84.0%)
13	JANUSZEWSKI Bartosz	202	XRUNNERS	M Elite	13	00:03:53	00:29:27.85	00:33:21.60	+00:05:28 (18.6%)	9:49	6.1 (81.3%)
14	KALININ Jarosław	159	XRUNNERS	M Elite	14	00:05:52	00:32:22.20	00:38:14.30	+00:08:23 (25.9%)	10:47	5.6 (74.7%)
15	ZAWILIŃSKI Mateusz	57	DRAGON RUNNERS	M Elite	15	00:05:55	00:35:03.50	00:40:58.50	+00:11:04 (31.6%)	11:41	5.1 (68.0%)
16	KASZA Rafał	183		M Elite	16	00:05:52	00:41:08.20	00:47:00.60	+00:17:09 (41.7%)	13:42	4.4 (58.7%)

Total 16 results.