

# MPOCR 2021 - 3 KM

B4SPORT

**Wydarzenie:** Mistrzostwa Polski OCR 2021  
**Organizator:** OCR Polska  
**Data:** 2021-09-11  
**Miejsce:** Kutno  
**Dystans:** 3 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	<b>BUDZISZ Krzysztof</b>	<b>13</b>	SOCIOS SILESIA	M 40-44	1	SOCIOS SILESIA	<b>00:17:20.90</b>		5:45	10.4 (100%)
2	<b>LORYCH Krystian</b>	<b>96</b>	BIEGUN OCR TEAM	M 40-44	2	Biegun OCR Team	<b>00:18:02.35</b>	+00:00:41 (3.8%)	5:59	10 (96.2%)
3	<b>PODGORSKI Marek</b>	<b>138</b>	RUNMAGEDDON	M 40-44	3	RUNAMGEDDON	<b>00:18:38.50</b>	+00:01:17 (6.9%)	6:11	9.7 (93.3%)
4	<b>WIERZBICKI Daniel</b>	<b>184</b>		M 40-44	4	BeFit24Team	<b>00:18:45.40</b>	+00:01:24 (7.5%)	6:13	9.6 (92.3%)
5	<b>PISKAŁA Daniel</b>	<b>135</b>	POWER TRAINING	M 40-44	5	Power Training	<b>00:18:54.15</b>	+00:01:33 (8.2%)	6:16	9.6 (92.3%)
6	<b>WIENDŁOCHA Paweł</b>	<b>183</b>	SOCIOS SILESIA	M 40-44	6	SOCIOS SILESIA	<b>00:20:23.60</b>	+00:03:02 (14.9%)	6:46	8.9 (85.6%)
7	<b>JÓZEFIAK Łukasz</b>	<b>64</b>	BIEGUNOCR TEAM	M 40-44	7	Biegun OCR Team	<b>00:20:24.90</b>	+00:03:04 (15.0%)	6:46	8.9 (85.6%)
8	<b>WAŁDOWSKI Dominik</b>	<b>180</b>	XRUNNERS	M 40-44	8	xRunners	<b>00:20:37.05</b>	+00:03:16 (15.9%)	6:50	8.8 (84.6%)
9	<b>JASTRZĘBSKI Sławomir</b>	<b>61</b>	BESTIE OCR LEGIONOWO	M 40-44	9	Bestie OCR Legionowo	<b>00:21:07.85</b>	+00:03:46 (17.9%)	7:00	8.6 (82.7%)
10	<b>MISSAŁA Mateusz</b>	<b>112</b>	POWER TRAINING	M 40-44	10	Power Training	<b>00:21:51.45</b>	+00:04:30 (20.6%)	7:15	8.3 (79.8%)
11	<b>DOBZYŃSKI Tomasz</b>	<b>25</b>	XRUNNERS	M 40-44	11	xRunners	<b>00:22:03.80</b>	+00:04:42 (21.4%)	7:19	8.2 (78.8%)
12	<b>KULON Grzegorz</b>	<b>88</b>	BEFIT24TEAM	M 40-44	12	BeFit24Team	<b>00:23:21.45</b>	+00:06:00 (25.7%)	7:45	7.7 (74.0%)
13	<b>ZIEMNICKI Tomasz</b>	<b>202</b>	FIT & MORE RYBNIK	M 40-44	13	Fit & More Rybnik	<b>00:23:22.80</b>	+00:06:01 (25.8%)	7:45	7.7 (74.0%)
14	<b>DUDA Grzegorz</b>	<b>27</b>	BEST BEASTS	M 40-44	14	Best Beasts	<b>00:23:59.50</b>	+00:06:38 (27.7%)	7:58	7.5 (72.1%)
15	<b>MOCZKO Sebastian</b>	<b>117</b>		M 40-44	15		<b>00:24:26.50</b>	+00:07:05 (29.0%)	8:07	7.4 (71.2%)
16	<b>ŚWIĄDER Andrzej</b>	<b>170</b>		M 40-44	16	BeFit24Team	<b>00:25:02.95</b>	+00:07:42 (30.7%)	8:19	7.2 (69.2%)
17	<b>HAJEWSKI Michał</b>	<b>49</b>	DZIADY OCR	M 40-44	17		<b>00:25:06.65</b>	+00:07:45 (30.9%)	8:20	7.2 (69.2%)
18	<b>JESKA Tomasz</b>	<b>62</b>	DIRTY SPARROWS	M 40-44	18		<b>00:26:00.75</b>	+00:08:39 (33.3%)	8:38	6.9 (66.3%)
19	<b>NIKIEL Dariusz</b>	<b>125</b>	DIRTY SPARROWS	M 40-44	19	Dirty Sparrows	<b>00:26:43.60</b>	+00:09:22 (35.1%)	8:52	6.8 (65.4%)
20	<b>WIŚNIEWSKI Norbert</b>	<b>185</b>		M 40-44	20		<b>00:27:13.95</b>	+00:09:53 (36.3%)	9:02	6.6 (63.5%)
21	<b>WEJKNIS Krzysztof</b>	<b>181</b>		M 40-44	21		<b>00:31:27.95</b>	+00:14:07 (44.9%)	10:26	5.7 (54.8%)
22	<b>MIKOŁAJEK Robert</b>	<b>108</b>		M 40-44	22		<b>00:31:59.70</b>	+00:14:38 (45.8%)	10:37	5.6 (53.8%)
23	<b>LISIECKI Rajmund</b>	<b>93</b>	BIEGOWE NYGUSY	M 40-44	23		<b>00:32:24.85</b>	+00:15:03 (46.5%)	10:45	5.6 (53.8%)
	<b>WOŹNIAK Michał</b>	<b>191</b>		M 40-44			<b>DNF</b>		-	- (0.0%)
	<b>MALEŃCZYK Sylwester</b>	<b>102</b>		M 40-44			<b>DNF</b>		-	- (0.0%)

Znaleziono 25 wynik(ów)