

MPOCR 2021 - 3 KM

B4SPORT

Wydarzenie: Mistrzostwa Polski OCR 2021
Organizator: OCR Polska
Data: 2021-09-11
Miejsce: Kutno
Dystans: 3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	MILCZAREK Dawid	238	POZYTYWNE ZABIEGANI KLESZCZÓW	M Open	1		00:20:28.75		6:49	8.8 (100%)
2	BAŁDYGA Miłosz	298		M Open	2		00:20:38.50	+00:00:09 (0.8%)	6:51	8.8 (100%)
3	MULCZYŃSKI Piotr	240		M Open	3		00:21:13.25	+00:00:44 (3.5%)	7:02	8.5 (96.6%)
4	DŁUGOSZ Łukasz	213	OSPRO OCR	M Open	4	OSPRO OCR	00:22:32.30	+00:02:03 (9.1%)	7:30	8 (90.9%)
5	GAWORSKI Bartłomiej	219	ALBO_GRUBO_ALBO_WCAKE	M Open	5		00:22:56.65	+00:02:27 (10.7%)	7:37	7.9 (89.8%)
6	KALINOWSKI Szymon	225	VIKINGS RUN TEAM	M Open	6	Vikings Run Team	00:22:59.85	+00:02:31 (11.0%)	7:38	7.9 (89.8%)
7	WITKA Patryk	315		M Open	7		00:23:01.35	+00:02:32 (11.0%)	7:38	7.8 (88.6%)
8	WOŁOSZYN Tomek	258	SOCIOS SILESIA	M Open	8	SOCIOS SILESIA	00:23:18.00	+00:02:49 (12.1%)	7:44	7.8 (88.6%)
9	CZARNECKI Piotr	211	TARCHOŚFIRY	M Open	9		00:23:39.80	+00:03:11 (13.5%)	7:51	7.6 (86.4%)
10	FARKOWSKI Konrad	268	EX TEAM	M Open	10		00:24:04.35	+00:03:35 (14.9%)	7:59	7.5 (85.2%)
11	KUCZ Wojciech	230	UNITED RUNNERS	M Open	11	United Runners	00:24:18.75	+00:03:50 (15.8%)	8:04	7.4 (84.1%)
12	SZYMAŃSKI Artur	250	CALISTHENICS PŁOCK	M Open	12	Calisthenics Płock	00:25:16.75	+00:04:48 (19.0%)	8:23	7.1 (80.7%)
13	BOGOBOWICZ Dominik	207		M Open	13		00:25:29.90	+00:05:01 (19.7%)	8:27	7.1 (80.7%)
14	BEDNARZ Paweł	205		M Open	14		00:25:46.95	+00:05:18 (20.6%)	8:33	7 (79.5%)
15	RYKOWSKI Arkadiusz	286	KUTNO BIEGA	M Open	15		00:26:31.15	+00:06:02 (22.8%)	8:48	6.8 (77.3%)
16	WIŚNIEWSKI Michał	255	BEST BEAST	M Open	16	Best Beasts	00:28:14.80	+00:07:46 (27.5%)	9:22	6.4 (72.7%)
17	DURKA Michał	215	CALISTHENICS PŁOCK	M Open	17	Calisthenics Płock	00:28:55.25	+00:08:26 (29.2%)	9:36	6.2 (70.5%)
18	PIĘTA Łukasz	247	UNITED RUNNERS	M Open	18	United Runners	00:29:11.20	+00:08:42 (29.8%)	9:41	6.2 (70.5%)
19	JABŁONKA Bartosz	223		M Open	19		00:29:26.25	+00:08:57 (30.4%)	9:46	6.1 (69.3%)
20	KOWALSKI Mateusz	229	DIRTY SPARROWS	M Open	20		00:29:36.00	+00:09:07 (30.8%)	9:50	6.1 (69.3%)
21	OŚCIK Krzysztof	243	VIKINGS RUN TEAM	M Open	21	Vikings Run Team	00:29:59.90	+00:09:31 (31.7%)	9:57	6 (68.2%)
22	BORYCZKA Roman	208		M Open	22		00:30:56.00	+00:10:27 (33.8%)	10:16	5.8 (65.9%)
23	CZERWIŃSKI Grzegorz	316		M Open	23		00:31:01.50	+00:10:32 (34.0%)	10:18	5.8 (65.9%)
24	ZIEMBA Krzysztof	262		M Open	24		00:31:08.75	+00:10:40 (34.2%)	10:20	5.8 (65.9%)
25	JERMAKOWICZ Bartłomiej	224	POWER TRAINING	M Open	25	Power Training	00:31:24.25	+00:10:55 (34.8%)	10:25	5.8 (65.9%)
26	MIROWSKI Jacek	239	FABRYKA DZIKA	M Open	26		00:32:01.55	+00:11:32 (36.1%)	10:38	5.6 (63.6%)
27	KRĘGIELSKI Bartosz	302		M Open	27		00:32:55.70	+00:12:26 (37.8%)	10:56	5.5 (62.5%)
28	CHROBOK Michał	210		M Open	28		00:33:11.90	+00:12:43 (38.3%)	11:01	5.4 (61.4%)
29	GÓRECKI Piotr	221	ACTIVE FLOW	M Open	29		00:33:44.60	+00:13:15 (39.3%)	11:12	5.4 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
30	ZAWADKA Sebastian	261		M Open	30		00:33:45.00	+00:13:16 (39.3%)	11:12	5.4 (61.4%)
31	PIERZGALSKI Piotr	246	CASTORAMA TEAM	M Open	31		00:33:49.65	+00:13:20 (39.5%)	11:14	5.3 (60.2%)
32	WOŁCZYK Mariusz	257		M Open	32		00:34:49.35	+00:14:20 (41.2%)	11:34	5.2 (59.1%)
33	BUDNY Maksymilian	209	SPARTAN TEAM KALETY	M Open	33		00:35:23.05	+00:14:54 (42.1%)	11:47	5.1 (58.0%)
34	LASKOWSKI Przemysław	232	CALISTHENICS PŁOCK	M Open	34		00:36:49.75	+00:16:21 (44.4%)	12:13	4.9 (55.7%)
35	NOWAKOWSKI Dominik	242	STOWARZYSZENIE EXSTREMALNI	M Open	35		00:36:55.65	+00:16:26 (44.5%)	12:15	4.9 (55.7%)
36	DYSZKIEWICZ Grzegorz	267	DRAPICHRUSTY	M Open	36		00:37:07.05	+00:16:38 (44.8%)	12:19	4.9 (55.7%)
37	ŁUKOWCZYK Tymoteusz	278		M Open	37		00:37:08.75	+00:16:40 (44.9%)	12:20	4.9 (55.7%)
38	SMORAWSKI Łukasz	319		M Open	38		00:37:27.25	+00:16:58 (45.3%)	12:26	4.8 (54.5%)
39	PODOLSKI Bartłomiej	317		M Open	39		00:37:29.55	+00:17:00 (45.4%)	12:27	4.8 (54.5%)
40	WINKLER Mateusz	253	VIKINGS RUN TEAM	M Open	40	Vikings Run Team	00:37:41.05	+00:17:12 (45.7%)	12:31	4.8 (54.5%)
41	KŁOS Cezary	227		M Open	41		00:38:12.20	+00:17:43 (46.4%)	12:41	4.7 (53.4%)
42	SKOCZYŁAS Łukasz	249		M Open	42		00:38:34.15	+00:18:05 (46.9%)	12:48	4.7 (53.4%)
43	WIŚNIEWSKI Szymon	307		M Open	43		00:39:33.50	+00:19:04 (48.2%)	13:08	4.6 (52.3%)
44	ŚWIERC Damian	252	SPARTAN TEAM	M Open	44		00:39:55.65	+00:19:26 (48.7%)	13:15	4.5 (51.1%)
45	GRUSZFELD Przemek	222		M Open	45		00:40:35.90	+00:20:07 (49.6%)	13:28	4.5 (51.1%)
46	BARTOSIEWICZ Przemysław	204		M Open	46		00:41:13.15	+00:20:44 (50.3%)	13:41	4.4 (50.0%)
47	MAJEWSKI Jakub	235	BODY ARMOR SKILLS	M Open	47		00:41:23.35	+00:20:54 (50.5%)	13:44	4.4 (50.0%)
48	KŁAWCZYŃSKI Karol	226		M Open	48		00:41:53.45	+00:21:24 (51.1%)	13:54	4.3 (48.9%)
49	CZERWONIEC Andrzej	212		M Open	49		00:43:46.20	+00:23:17 (53.2%)	14:32	4.1 (46.6%)
50	ROJEK Mateusz	248		M Open	50		00:44:03.15	+00:23:34 (53.5%)	14:38	4.1 (46.6%)
51	AMBROZIAK Erwin	264		M Open	51		00:44:10.80	+00:23:42 (53.6%)	14:40	4.1 (46.6%)
52	GAWLIŃSKI Mateusz	218	CALISTHENICS PŁOCK	M Open	52	Calisthenics Płock	00:44:33.20	+00:24:04 (54.0%)	14:48	4.1 (46.6%)
53	OLCZAK Jarek	282		M Open	53		00:48:14.45	+00:27:45 (57.5%)	16:01	3.7 (42.0%)
54	DYLUS Artur	216		M Open	54		00:48:47.70	+00:28:18 (58.0%)	16:12	3.7 (42.0%)
55	ZAJĄC Paweł	259		M Open	55		00:49:59.40	+00:29:30 (59.0%)	16:36	3.6 (40.9%)
56	SZYMAŃSKI Arkadiusz	292	KUTNO BIEGA	M Open	56		00:50:23.70	+00:29:54 (59.4%)	16:44	3.6 (40.9%)
57	PARADOWSKI Łukasz	244		M Open	57		00:51:06.65	+00:30:37 (59.9%)	16:58	3.5 (39.8%)
58	WIŚNIEWSKI Kacper	254		M Open	58		00:51:49.75	+00:31:21 (60.5%)	17:12	3.5 (39.8%)
59	SKONIECZNY Dawid	287	KUTNO BIEGA	M Open	59		00:52:00.25	+00:31:31 (60.6%)	17:16	3.5 (39.8%)
60	GAŁAN Tomasz	217		M Open	60		00:54:31.25	+00:34:02 (62.4%)	18:06	3.3 (37.5%)
61	FRĄC Bartłomiej	269		M Open	61		01:02:20.30	+00:41:51 (67.1%)	20:46	2.9 (33.0%)
62	MIZIOŁEK Michał	281		M Open	62		01:03:05.05	+00:42:36 (67.5%)	20:57	2.9 (33.0%)

Znaleziono 62 wynik(ów)