



MUD MAX - DOLINA CHARLOTTY

B4SPORT

Organizator: HUNTER EXTREME
Data: 2016-10-15
Miejsce: Dolina Charlotty
Dystans: 7 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	KASZEWSKI Zbigniew	259	TALEX BORYSLAW BORZYTUCHOM	10:00 MASTER	1	00:00:00	00:53:51.20	00:53:52.15		7:41	7.8 (100%)
2	MARIANSKI Piotr	394	SPARTA SIERPC	10:00 MASTER	2	00:00:01	00:57:28.40	00:57:29.55	+00:03:37 (6.3%)	8:12	7.3 (93.6%)
3	BANDOSZ Robert	18	SPARTA SIERPC	10:00 MASTER	3	00:00:01	00:58:20.95	00:58:22.00	+00:04:29 (7.7%)	8:20	7.2 (92.3%)
4	LABICKI Konrad	365	7 BOW	10:00 MASTER	4	00:00:01	00:58:30.00	00:58:31.60	+00:04:38 (7.9%)	8:21	7.2 (92.3%)
5	SZULECKI Rafal	605	SPARTA SIERPC	10:00 MASTER	5	00:00:00	00:58:48.40	00:58:49.25	+00:04:57 (8.4%)	8:24	7.1 (91.0%)
6	MASZTALER Tomasz	396		10:00 MASTER	6	00:00:01	00:59:06.10	00:59:07.25	+00:05:14 (8.9%)	8:26	7.1 (91.0%)
7	GOLANSKI Krzysztof	164		10:00 MASTER	7	00:00:01	00:59:16.10	00:59:17.65	+00:05:24 (9.1%)	8:28	7.1 (91.0%)
8	RÓZANSKI Rafal	526	HUSARIA RACE TEAM	10:00 MASTER	8	00:00:01	00:59:29.45	00:59:30.60	+00:05:38 (9.5%)	8:29	7.1 (91.0%)
9	SZULECKA Anna	604	SPARTA SIERPC	10:00 MASTER	9	00:00:01	00:59:34.35	00:59:35.70	+00:05:43 (9.6%)	8:30	7.1 (91.0%)
10	LUKAWSKI Mariusz	377	JW 1223	13:00 OPEN	1	00:00:00	00:59:56.00	00:59:56.85	+00:06:04 (10.1%)	8:33	7 (89.7%)
11	ZBIGNIEW Jakuszczonek	691	KLUB BIEGACZA ZDZISLAW	13:00 OPEN	2	00:00:00	01:00:08.25	01:00:08.80	+00:06:17 (10.4%)	8:35	7 (89.7%)
12	SZCZYGIELSKI Sebastian	595	WLP WAT	10:00 MASTER	10	00:00:03	01:03:14.05	01:03:17.15	+00:09:22 (14.8%)	9:02	6.6 (84.6%)
13	SMYK Slawomir	562	BIG YELLOW FOOT ADVENTURE TEAM	11:30 OPEN	1	00:00:01	01:03:58.20	01:03:59.70	+00:10:07 (15.8%)	9:08	6.6 (84.6%)
14	SINKIEWICZ Mirosław	548	JW 1223	10:00 MASTER	11	00:00:01	01:04:10.40	01:04:11.95	+00:10:19 (16.1%)	9:10	6.5 (83.3%)
15	ZIELINSKI Kamil	694		10:00 MASTER	12	00:00:02	01:04:43.30	01:04:45.70	+00:10:52 (16.8%)	9:14	6.5 (83.3%)
16	OLKOWSKI Damian	447	BIG BULLS	10:00 MASTER	13	00:00:01	01:05:07.10	01:05:08.95	+00:11:15 (17.3%)	9:18	6.4 (82.1%)
17	PAKOS Piotr	461	KLUB BIEGACZA ZDZISLAW	13:00 OPEN	3	00:00:01	01:05:15.65	01:05:16.85	+00:11:24 (17.5%)	9:19	6.4 (82.1%)
18	SZMYTKA Gracjan	600		10:00 MASTER	14	00:00:02	01:05:16.05	01:05:18.75	+00:11:24 (17.5%)	9:19	6.4 (82.1%)
19	FRACKOWIAK Kacper	137	INIEMAMOCNI	10:00 MASTER	15	00:00:01	01:05:21.25	01:05:23.20	+00:11:30 (17.6%)	9:20	6.4 (82.1%)
20	HENDZEL Milosz	195	PUSZCZYK BUKOWY	10:00 MASTER	16	00:00:02	01:05:24.05	01:05:26.75	+00:11:32 (17.7%)	9:20	6.4 (82.1%)
21	POTASINSKI Roman	492	7 BOW	10:00 MASTER	17	00:00:01	01:05:25.30	01:05:27.20	+00:11:34 (17.7%)	9:20	6.4 (82.1%)
22	MALGORZEWICZ Dawid	385		12:00 OPEN	1	00:00:00	01:05:25.45	01:05:26.05	+00:11:34 (17.7%)	9:20	6.4 (82.1%)
23	SZCZURKO Adrian	594	INIEMAMOCNI	10:00 MASTER	18	00:00:01	01:05:33.25	01:05:34.80	+00:11:42 (17.8%)	9:21	6.4 (82.1%)
24	CENTKA Michal	75	RAGE RUN	12:30 OPEN	1	00:00:02	01:06:13.80	01:06:16.25	+00:12:22 (18.7%)	9:27	6.3 (80.8%)
25	NARLOCH Tomasz	429		13:00 OPEN	4	00:00:00	01:06:50.10	01:06:50.65	+00:12:58 (19.4%)	9:32	6.3 (80.8%)
26	SOWINSKI Mariusz	716		13:00 OPEN	5	00:00:01	01:07:19.20	01:07:21.00	+00:13:28 (20.0%)	9:37	6.2 (79.5%)
27	KOWAL Zbigniew	295	STOPA SLUPSK	10:00 MASTER	19	00:00:03	01:08:39.20	01:08:42.35	+00:14:48 (21.6%)	9:48	6.1 (78.2%)
28	GRABOWSKI Andrzej	171	SWIAT PLYTEK U KRYSPIANA	12:30 OPEN	2	00:00:02	01:08:42.40	01:08:44.75	+00:14:51 (21.6%)	9:48	6.1 (78.2%)
29	WILMONT Krzysztof	657	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	1	00:00:02	01:09:23.75	01:09:26.20	+00:15:32 (22.4%)	9:54	6.1 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							7km	7km			
30	GRZYB Patrycja	186		10:00 MASTER	20	00:00:03	01:09:34.50	01:09:37.80	+00:15:43 (22.6%)	9:56	6 (76.9%)
31	STOLTMAN Marcin	585		10:00 MASTER	21	00:00:00	01:09:51.80	01:09:51.80	+00:16:00 (22.9%)	9:58	6 (76.9%)
32	FIDO Adam	129	JW 3937	10:00 MASTER	22	00:00:03	01:09:53.05	01:09:56.05	+00:16:01 (22.9%)	9:59	6 (76.9%)
33	PIECYK Robert	474		10:30 OPEN	1	00:00:02	01:09:58.65	01:10:00.95	+00:16:07 (23.0%)	9:59	6 (76.9%)
34	MANIKOWSKI Daniel	386		10:00 MASTER	23	00:00:01	01:10:22.30	01:10:23.75	+00:16:31 (23.5%)	10:03	6 (76.9%)
35	SZULTKA Szymon	606	UGIM JASTROWIE	11:00 OPEN	2	00:03:52	01:10:25.70	01:14:18.35	+00:16:34 (23.5%)	10:03	6 (76.9%)
36	CHLEBIJ Janusz	743		11:00 OPEN	3	00:00:00	01:10:26.85	01:10:27.55	+00:16:35 (23.6%)	10:03	6 (76.9%)
37	JANKOWSKI Piotr	221	REZERWOWE PSY	13:00 OPEN	6	00:00:00	01:10:37.70	01:10:38.55	+00:16:46 (23.8%)	10:05	5.9 (75.6%)
38	CEYNOWA Dawid	77	BIG YELLOW FOOT ADVENTURE TEAM	10:00 MASTER	24	00:00:01	01:10:44.15	01:10:46.00	+00:16:52 (23.9%)	10:06	5.9 (75.6%)
39	PACHNOWSKI Slawomir	458		10:00 MASTER	25	00:00:02	01:11:07.00	01:11:09.15	+00:17:15 (24.3%)	10:09	5.9 (75.6%)
40	BARTOSZUK Adam	34	BARCZEWSKI TEAM - BT KOLOBRZEG	10:30 OPEN	2	00:00:02	01:11:13.70	01:11:15.70	+00:17:22 (24.4%)	10:10	5.9 (75.6%)
41	WIELGAT Lukasz	652		11:30 OPEN	2	00:00:01	01:11:58.85	01:11:59.85	+00:18:07 (25.2%)	10:16	5.8 (74.4%)
42	WITKOWSKI Adrian	661	EKIPA Z ELEKTRYKA	11:30 OPEN	3	00:00:02	01:12:00.75	01:12:03.50	+00:18:09 (25.2%)	10:17	5.8 (74.4%)
43	DABROWSKI Tomasz	105	KLUB SPORTOWY MOVEMENT	13:00 OPEN	7	00:00:00	01:12:07.65	01:12:08.35	+00:18:16 (25.3%)	10:18	5.8 (74.4%)
44	MICHALAK Sebastian	402		10:00 MASTER	26	00:00:01	01:12:33.05	01:12:34.10	+00:18:41 (25.8%)	10:21	5.8 (74.4%)
45	GRZENKOWICZ Izabela	182	LKB IM BRACI PETK	10:00 MASTER	27	00:00:00	01:12:33.25	01:12:34.10	+00:18:42 (25.8%)	10:22	5.8 (74.4%)
46	NIKONOWICZ Lukasz	434		10:30 OPEN	3	00:00:05	01:13:36.90	01:13:42.25	+00:19:45 (26.8%)	10:31	5.7 (73.1%)
47	JABLONSKI Krzysztof	203	MIASTKO	10:30 OPEN	4	00:00:04	01:13:47.80	01:13:51.85	+00:19:56 (27.0%)	10:32	5.7 (73.1%)
48	BLACH Piotr	51	BIG BULLS	10:00 MASTER	28	00:00:02	01:14:04.10	01:14:06.65	+00:20:12 (27.3%)	10:34	5.7 (73.1%)
49	FILIPCZAK Arkadiusz	131	RUN TILL THE END	10:00 MASTER	29	00:00:01	01:14:19.00	01:14:20.30	+00:20:27 (27.5%)	10:37	5.7 (73.1%)
50	GIERCZAK Pawel	154		10:30 OPEN	5	00:00:03	01:14:20.15	01:14:23.60	+00:20:28 (27.6%)	10:37	5.7 (73.1%)
51	GAWRYLCZYK Pawel	150		10:00 MASTER	30	00:00:04	01:14:29.00	01:14:33.35	+00:20:37 (27.7%)	10:38	5.6 (71.8%)
52	JANUSZ Karol	226		10:00 MASTER	31	00:00:01	01:14:30.05	01:14:31.50	+00:20:38 (27.7%)	10:38	5.6 (71.8%)
53	GLOMBIOWSKA Zuzanna	159	BIG YELLOW FOOT ADVENTURE TEAM	10:00 MASTER	32	00:00:01	01:14:47.95	01:14:49.55	+00:20:56 (28.0%)	10:41	5.6 (71.8%)
54	SEMMERLING Przemyslaw	543	GORSKIE PEDZIWIATRY	10:00 MASTER	33	00:00:03	01:14:51.10	01:14:55.00	+00:20:59 (28.1%)	10:41	5.6 (71.8%)
55	TOMASZKIEWICZ Lukasz	625	KLUB KOLARSKI LOWICZ	12:30 OPEN	3	00:00:01	01:15:26.90	01:15:28.55	+00:21:35 (28.6%)	10:46	5.6 (71.8%)
56	WERS Marcin	648	KLUB BIEGACZA ZDZISLAW	13:00 OPEN	8	00:00:01	01:15:44.90	01:15:46.70	+00:21:53 (28.9%)	10:49	5.5 (70.5%)
57	PIONK Rafal	482		12:30 OPEN	4	00:00:01	01:16:06.55	01:16:08.30	+00:22:15 (29.2%)	10:52	5.5 (70.5%)
58	LOBODA Karol	373		12:30 OPEN	5	00:00:01	01:16:10.00	01:16:11.85	+00:22:18 (29.3%)	10:52	5.5 (70.5%)
59	CIESIELSKI Dawid	87	KLUB BIEGACZA ZDZISLAW	13:00 OPEN	9	00:00:01	01:16:38.75	01:16:40.25	+00:22:47 (29.7%)	10:57	5.5 (70.5%)
60	TRUSZCZYNKI Robert	626		12:30 OPEN	6	00:00:02	01:16:39.40	01:16:42.00	+00:22:48 (29.7%)	10:57	5.5 (70.5%)
61	DUDA Grzegorz	116		10:30 OPEN	6	00:00:05	01:16:41.25	01:16:46.95	+00:22:50 (29.8%)	10:57	5.5 (70.5%)
62	HAUPA Wojciech	194		11:00 OPEN	4	00:00:01	01:17:56.25	01:17:57.25	+00:24:05 (30.9%)	11:08	5.4 (69.2%)
63	OSUCH Piotr	455		11:30 OPEN	4	00:00:01	01:18:40.45	01:18:41.80	+00:24:49 (31.5%)	11:14	5.3 (67.9%)
64	JASZEWSKI Mariusz	230	EKIPA Z ELEKTRYKA	11:30 OPEN	5	00:00:02	01:19:02.55	01:19:04.65	+00:25:11 (31.9%)	11:17	5.3 (67.9%)
65	ZAJAC Piotr	682		11:30 OPEN	6	00:00:03	01:19:30.65	01:19:33.65	+00:25:39 (32.3%)	11:21	5.3 (67.9%)
66	DUNAJSKA Karolina	119		11:30 OPEN	7	00:00:02	01:19:31.30	01:19:33.90	+00:25:40 (32.3%)	11:21	5.3 (67.9%)
67	JAGLA Lukasz	207		10:00 MASTER	34	00:00:03	01:19:46.35	01:19:50.15	+00:25:55 (32.5%)	11:23	5.3 (67.9%)
68	FRONTCZAK Izabela	141		10:00 MASTER	35	00:00:03	01:20:02.65	01:20:06.15	+00:26:11 (32.7%)	11:26	5.2 (66.7%)
69	SADOWSKI Bartosz	534		13:00 OPEN	10	00:00:00	01:21:49.95	01:21:50.40	+00:27:58 (34.2%)	11:41	5.1 (65.4%)
70	SLOWIK Karol	560		11:00 OPEN	5	00:00:00	01:22:52.85	01:22:53.50	+00:29:01 (35.0%)	11:50	5.1 (65.4%)
71	KORNACKI Grzegorz	288		12:30 OPEN	7	00:00:04	01:23:00.00	01:23:04.60	+00:29:08 (35.1%)	11:51	5.1 (65.4%)
72	REKITA Krystian	513		11:00 OPEN	6	00:00:04	01:23:03.75	01:23:08.65	+00:29:12 (35.2%)	11:52	5.1 (65.4%)
73	NOWAK Aleksandra	438		11:00 OPEN	7	00:00:04	01:23:04.95	01:23:09.05	+00:29:13 (35.2%)	11:52	5.1 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
74	SZERLOWSKI Mateusz	598	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	8	00:00:03	01:23:29.15	01:23:32.90	+00:29:37 (35.5%)	11:55	5 (64.1%)
75	KRAMER Krzysztof	312	SKB DZIK	12:30 OPEN	8	00:00:01	01:23:43.70	01:23:45.55	+00:29:52 (35.7%)	11:57	5 (64.1%)
76	DREJARSKI Tomasz	111		10:00 MASTER	36	00:00:02	01:23:50.10	01:23:52.30	+00:29:58 (35.8%)	11:58	5 (64.1%)
77	SADAJ Lukasz	541	NORDCITY	11:00 OPEN	9	00:00:03	01:23:52.05	01:23:55.45	+00:30:00 (35.8%)	11:58	5 (64.1%)
78	NITA Krzysztof	435	MIASTKO	10:30 OPEN	7	00:00:02	01:24:06.55	01:24:09.35	+00:30:15 (36.0%)	12:01	5 (64.1%)
79	WOJCIECHOWSKI Adrian	664		11:00 OPEN	10	00:00:01	01:24:48.40	01:24:49.45	+00:30:57 (36.5%)	12:06	5 (64.1%)
80	HOC Dariusz	196		10:30 OPEN	8	00:00:01	01:25:06.65	01:25:08.50	+00:31:15 (36.7%)	12:09	4.9 (62.8%)
81	BARTNICKI Karol	740	SERPENTES	13:00 OPEN	11	00:00:00	01:25:10.85	01:25:11.25	+00:31:19 (36.8%)	12:10	4.9 (62.8%)
82	POTEJKO Jakub	493	JW 1223	11:00 OPEN	11	00:00:02	01:25:22.30	01:25:24.75	+00:31:31 (36.9%)	12:11	4.9 (62.8%)
83	USTIANOWSKI Wojciech	631	JW 1223	11:00 OPEN	12	00:00:01	01:25:22.55	01:25:24.45	+00:31:31 (36.9%)	12:11	4.9 (62.8%)
84	KRASINSKI Witold	313	3.DPLOT-JW1223	11:00 OPEN	13	00:00:01	01:25:22.70	01:25:24.25	+00:31:31 (36.9%)	12:11	4.9 (62.8%)
85	SZPILER Krzysztof	601	JW 1223	11:00 OPEN	14	00:00:01	01:25:23.00	01:25:24.90	+00:31:31 (36.9%)	12:11	4.9 (62.8%)
86	PERZANOWSKI Jaroslaw	470		11:00 OPEN	15	00:00:01	01:25:23.20	01:25:24.45	+00:31:32 (36.9%)	12:11	4.9 (62.8%)
87	STANCZAK Michal Bartosz	572		12:30 OPEN	9	00:00:01	01:25:33.65	01:25:35.20	+00:31:42 (37.1%)	12:13	4.9 (62.8%)
88	REKOSIEWICZ Bartlomiej	518		12:30 OPEN	10	00:00:02	01:25:38.65	01:25:40.65	+00:31:47 (37.1%)	12:14	4.9 (62.8%)
89	KURTA Rafal	342	SPARTA SIERPC	10:00 MASTER	37	00:00:01	01:25:46.10	01:25:47.55	+00:31:54 (37.2%)	12:15	4.9 (62.8%)
90	KRASKIEWICZ Bartosz	314		10:00 MASTER	38	00:00:02	01:25:59.90	01:26:02.15	+00:32:08 (37.4%)	12:17	4.9 (62.8%)
91	GEMZA Marcin	152	RAGE RUN	12:30 OPEN	11	00:00:02	01:26:39.00	01:26:41.25	+00:32:47 (37.8%)	12:22	4.8 (61.5%)
92	KOPOT Mariusz	285		10:00 MASTER	39	00:00:02	01:26:45.05	01:26:47.45	+00:32:53 (37.9%)	12:23	4.8 (61.5%)
93	RESZKA Piotr	516		11:30 OPEN	8	00:00:03	01:27:07.50	01:27:10.65	+00:33:16 (38.2%)	12:26	4.8 (61.5%)
94	ZEBIALOWICZ - LACH Aga	704	POWER FITNESS SLUPSK	11:00 OPEN	16	00:00:01	01:27:16.85	01:27:17.95	+00:33:25 (38.3%)	12:28	4.8 (61.5%)
95	GOLENIEWSKI Ernest	165	AKTYWNA FABRYKA	10:30 OPEN	9	00:00:02	01:28:40.20	01:28:42.30	+00:34:49 (39.3%)	12:40	4.7 (60.3%)
96	MRUGALSKI Damian	419	MOSG	10:00 MASTER	40	00:00:02	01:29:11.40	01:29:13.55	+00:35:20 (39.6%)	12:44	4.7 (60.3%)
97	RUTKOWSKI Tomasz	529		13:00 OPEN	12	00:00:01	01:29:13.75	01:29:14.95	+00:35:22 (39.6%)	12:44	4.7 (60.3%)
98	MRUGALSKA Magdalena	418	JW 1223	10:00 MASTER	41	00:00:02	01:29:32.20	01:29:34.25	+00:35:41 (39.9%)	12:47	4.7 (60.3%)
99	SZARŁATA Piotr	727		13:00 OPEN	13	00:00:02	01:29:50.25	01:29:52.35	+00:35:59 (40.1%)	12:50	4.7 (60.3%)
100	SMOLEK Roman	729		13:00 OPEN	14	00:00:01	01:29:50.50	01:29:52.05	+00:35:59 (40.1%)	12:50	4.7 (60.3%)
101	GRUSZNIS Zuzanna	177		12:30 OPEN	12	00:00:02	01:29:54.40	01:29:56.55	+00:36:03 (40.1%)	12:50	4.7 (60.3%)
102	KORZYBSKI Kamil	290	CROSSFIT TORUN	12:00 OPEN	2	00:00:00	01:29:57.60	01:29:58.25	+00:36:06 (40.1%)	12:51	4.7 (60.3%)
103	ZAMBROWICZ Przemyslaw	685		13:00 OPEN	15	00:00:04	01:30:04.05	01:30:08.10	+00:36:12 (40.2%)	12:52	4.7 (60.3%)
104	PARUCH Pawel	463	CROSSFIT TORUN	12:00 OPEN	3	00:00:00	01:30:05.50	01:30:06.30	+00:36:14 (40.2%)	12:52	4.7 (60.3%)
105	TOBIS Marcin	624		11:00 OPEN	17	00:00:00	01:30:14.45	01:30:14.95	+00:36:23 (40.3%)	12:53	4.7 (60.3%)
106	KUZEMKO Bartosz	348		12:30 OPEN	13	00:00:02	01:30:15.80	01:30:17.80	+00:36:24 (40.3%)	12:53	4.7 (60.3%)
107	KRZCZOT Adrian	323		12:30 OPEN	14	00:00:03	01:30:20.60	01:30:24.45	+00:36:29 (40.4%)	12:54	4.6 (59.0%)
108	MAKSYMÓW Tomasz	383		12:00 OPEN	4	00:00:03	01:30:48.50	01:30:51.55	+00:36:57 (40.7%)	12:58	4.6 (59.0%)
109	OKPIS Wojtek	445		12:00 OPEN	5	00:00:00	01:30:56.25	01:30:56.85	+00:37:05 (40.8%)	12:59	4.6 (59.0%)
110	GASIOREK Karol	151	GUZCE Z POMORZA	11:30 OPEN	9	00:00:00	01:31:03.60	01:31:04.45	+00:37:12 (40.9%)	13:00	4.6 (59.0%)
111	PIETRZYCKI Dariusz	478		11:30 OPEN	10	00:00:04	01:31:27.35	01:31:31.40	+00:37:36 (41.1%)	13:03	4.6 (59.0%)
112	BACZYNSKI Michal	12		11:30 OPEN	11	00:00:05	01:31:53.90	01:31:59.50	+00:38:02 (41.4%)	13:07	4.6 (59.0%)
113	STEMPIEN Krzysztof	580		11:30 OPEN	12	00:00:05	01:31:55.10	01:32:00.15	+00:38:03 (41.4%)	13:07	4.6 (59.0%)
114	KOCZOROWSKI Michal	273	POLNI WOJOWNICY USTKA	11:00 OPEN	18	00:00:05	01:32:23.05	01:32:28.55	+00:38:31 (41.7%)	13:11	4.5 (57.7%)
115	KUBACKI Pawel	327	POLNI WOJOWNICY USTKA	11:00 OPEN	19	00:00:04	01:32:23.60	01:32:28.50	+00:38:32 (41.7%)	13:12	4.5 (57.7%)
116	OPASKA Marcin	451	SPORTFICIAKI	10:00 MASTER	42	00:00:03	01:33:41.40	01:33:44.90	+00:39:50 (42.5%)	13:23	4.5 (57.7%)
117	GRANDE Piotr	174	BIG YELLOW FOOT ADVENTURE TEAM	11:30 OPEN	13	00:00:02	01:33:46.25	01:33:48.70	+00:39:55 (42.6%)	13:23	4.5 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 7km	brutto 7km			
118	REBIS Marek	517	RAMS TRAINING HOUSE	11:00 OPEN	20	00:00:02	01:34:35.40	01:34:38.35	+00:40:44 (43.1%)	13:30	4.4 (56.4%)
119	ALEKSANDROWICZ Patryk	7		11:00 OPEN	21	00:00:02	01:34:35.80	01:34:38.25	+00:40:44 (43.1%)	13:30	4.4 (56.4%)
120	DYWAN Slawek	121		11:30 OPEN	14	00:00:03	01:35:05.10	01:35:08.55	+00:41:13 (43.4%)	13:35	4.4 (56.4%)
121	KARCZEWSKI Maciej	252		11:30 OPEN	15	00:00:02	01:35:06.30	01:35:09.05	+00:41:15 (43.4%)	13:35	4.4 (56.4%)
122	SKORUPSKI STOPA SLUPSK Robert	553	STOPA SLUPSK	10:00 MASTER	43	00:00:02	01:35:22.40	01:35:25.15	+00:41:31 (43.5%)	13:37	4.4 (56.4%)
123	BARTOSIEWICZ Adam	33		10:30 OPEN	10	00:00:03	01:35:27.55	01:35:30.90	+00:41:36 (43.6%)	13:38	4.4 (56.4%)
124	CZYRYCA Adam	99		12:30 OPEN	15	00:00:04	01:35:33.50	01:35:38.30	+00:41:42 (43.6%)	13:39	4.4 (56.4%)
125	WILKOWSKI Wojtek	656	SSI AKTYWNI DAMNICA	10:00 MASTER	44	00:00:03	01:35:42.35	01:35:45.65	+00:41:51 (43.7%)	13:40	4.4 (56.4%)
126	GAGO Jakub	144		10:30 OPEN	11	00:00:01	01:35:49.30	01:35:50.65	+00:41:58 (43.8%)	13:41	4.4 (56.4%)
127	CERAJEWSKI Janusz	76		10:30 OPEN	12	00:00:00	01:36:01.25	01:36:01.85	+00:42:10 (43.9%)	13:43	4.4 (56.4%)
128	GUSCIORA Monika	187	BIG BULLS	10:00 MASTER	45	00:00:02	01:36:01.35	01:36:03.75	+00:42:10 (43.9%)	13:43	4.4 (56.4%)
129	KRASKIEWICZ Tomasz	315	BULC CARGO PORT SZCZECIN	10:00 MASTER	46	00:00:03	01:36:12.05	01:36:15.35	+00:42:20 (44.0%)	13:44	4.4 (56.4%)
130	ANTOSZEWSKI Filip	10	CROSSFIT TORUN	12:30 OPEN	16	00:00:02	01:36:32.45	01:36:35.30	+00:42:41 (44.2%)	13:47	4.4 (56.4%)
131	WEJMAN Mariusz	645	KOPEC TEAM	10:30 OPEN	13	00:00:02	01:36:33.40	01:36:36.10	+00:42:42 (44.2%)	13:47	4.3 (55.1%)
132	IWASIUTA Bartlomiej	199	KOPEC TEAM	10:30 OPEN	14	00:00:02	01:36:33.90	01:36:36.05	+00:42:42 (44.2%)	13:47	4.3 (55.1%)
133	IWASIUTA Dawid	200	KOPEC TEAM	10:30 OPEN	15	00:00:01	01:36:34.40	01:36:36.35	+00:42:43 (44.2%)	13:47	4.3 (55.1%)
134	CELINSKI Piotr	74		10:00 MASTER	47	00:00:03	01:36:42.80	01:36:46.40	+00:42:51 (44.3%)	13:49	4.3 (55.1%)
135	KLAMCZYNSKI Grzegorz	266		10:00 MASTER	48	00:00:02	01:36:53.40	01:36:56.25	+00:43:02 (44.4%)	13:50	4.3 (55.1%)
136	MARCINIAK Adam	388	REBELS LEGION TEAM	10:00 MASTER	49	00:00:02	01:37:02.90	01:37:05.65	+00:43:11 (44.5%)	13:51	4.3 (55.1%)
137	SLODZINSKI Gabriel	559		13:00 OPEN	16	00:00:01	01:37:40.95	01:37:42.20	+00:43:49 (44.9%)	13:57	4.3 (55.1%)
138	KOZUB Tomasz	311		13:00 OPEN	17	00:00:02	01:37:41.45	01:37:44.05	+00:43:50 (44.9%)	13:57	4.3 (55.1%)
139	BAK Sebastian	38		13:00 OPEN	18	00:00:02	01:37:41.65	01:37:44.35	+00:43:50 (44.9%)	13:57	4.3 (55.1%)
140	SK Sylwester	549	SKS VIGO TUCHOM	11:00 OPEN	22	00:00:09	01:37:57.80	01:38:06.85	+00:44:06 (45.0%)	13:59	4.3 (55.1%)
141	PACHUC Kamila	459	RAGE RUN	12:30 OPEN	17	00:00:03	01:38:02.55	01:38:05.70	+00:44:11 (45.1%)	14:00	4.3 (55.1%)
142	AAGESEN Morgan	1		13:00 OPEN	19	00:00:02	01:38:13.80	01:38:15.90	+00:44:22 (45.2%)	14:01	4.3 (55.1%)
143	KUTNIK Dominik	346	SPORTFICIAKI	10:00 MASTER	50	00:00:03	01:38:38.45	01:38:42.40	+00:44:47 (45.4%)	14:05	4.3 (55.1%)
144	WALASZKOWSKA Dominika	634	BIESY	10:30 OPEN	16	00:00:06	01:38:43.00	01:38:49.10	+00:44:51 (45.4%)	14:06	4.3 (55.1%)
145	LASKO Lukasz	352	BIESY	10:30 OPEN	17	00:00:06	01:38:46.90	01:38:53.05	+00:44:55 (45.5%)	14:06	4.3 (55.1%)
146	GESSLER Lukasz	153	BIESY	10:30 OPEN	18	00:00:04	01:39:11.10	01:39:15.55	+00:45:19 (45.7%)	14:10	4.2 (53.8%)
147	ROK-CZAPIEWSKA Iwona	523	WILD TEAM	10:30 OPEN	19	00:00:00	01:39:15.05	01:39:15.65	+00:45:23 (45.7%)	14:10	4.2 (53.8%)
148	KOWALEWSKI Marek	299		12:00 OPEN	6	00:00:05	01:39:29.45	01:39:35.40	+00:45:38 (45.9%)	14:12	4.2 (53.8%)
149	KRZEMINSKI Bartosz	324		10:30 OPEN	20	00:00:02	01:39:30.90	01:39:33.75	+00:45:39 (45.9%)	14:13	4.2 (53.8%)
150	KRYCH Arkadiusz	321		12:30 OPEN	18	00:00:02	01:39:31.70	01:39:34.50	+00:45:40 (45.9%)	14:13	4.2 (53.8%)
151	PURTA Michal	503		12:00 OPEN	7	00:00:04	01:39:37.55	01:39:41.65	+00:45:46 (45.9%)	14:13	4.2 (53.8%)
152	WARCZAK Mateusz	641		12:30 OPEN	19	00:00:03	01:39:48.20	01:39:51.30	+00:45:57 (46.0%)	14:15	4.2 (53.8%)
153	LINKE Rafal	360		12:30 OPEN	20	00:00:01	01:39:48.95	01:39:50.65	+00:45:57 (46.0%)	14:15	4.2 (53.8%)
154	KOLWICZ Damian	274	BIG YELLOW FOOT ADVENTURE TEAM	11:30 OPEN	16	00:00:03	01:39:51.05	01:39:54.55	+00:45:59 (46.1%)	14:15	4.2 (53.8%)
155	NOWACZYK Patryk	436		11:30 OPEN	17	00:00:06	01:40:01.40	01:40:07.55	+00:46:10 (46.2%)	14:17	4.2 (53.8%)
156	JOHN John	239		11:30 OPEN	18	00:00:01	01:40:04.60	01:40:05.85	+00:46:13 (46.2%)	14:17	4.2 (53.8%)
157	SAMORAJ Marta	538		11:30 OPEN	19	00:00:06	01:40:45.55	01:40:52.25	+00:46:54 (46.6%)	14:23	4.2 (53.8%)
158	SOLARZ Michal	567		11:30 OPEN	20	00:00:06	01:40:46.20	01:40:52.40	+00:46:55 (46.6%)	14:23	4.2 (53.8%)
159	SOLARZ Magdalena	566		11:30 OPEN	21	00:00:05	01:40:47.25	01:40:52.85	+00:46:56 (46.6%)	14:23	4.2 (53.8%)
160	BERENT Bartlomiej	40	CROSSFIT TORUN	12:30 OPEN	21	00:00:03	01:41:03.65	01:41:07.50	+00:47:12 (46.7%)	14:26	4.2 (53.8%)
161	LOBOCKA Kamila	371	POSITIVE FREAKS TEAM	12:00 OPEN	8	00:00:01	01:41:58.30	01:41:59.40	+00:48:07 (47.2%)	14:34	4.1 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 7km	brutto 7km			
162	KUCZMA Mateusz	333	SERPENTES	11:00 OPEN	23	00:00:02	01:41:58.85	01:42:01.80	+00:48:07 (47.2%)	14:34	4.1 (52.6%)
163	MANSKI Tomasz	387		11:00 OPEN	24	00:00:04	01:42:02.50	01:42:06.65	+00:48:11 (47.2%)	14:34	4.1 (52.6%)
164	ZIOMEK Daniel	700	POSITIVE FREAKS TEAM	12:00 OPEN	9	00:00:01	01:42:12.35	01:42:14.00	+00:48:21 (47.3%)	14:36	4.1 (52.6%)
165	LOBOCKI Andrzej	372	POSITIVE FREAKS TEAM	12:00 OPEN	10	00:00:01	01:42:13.80	01:42:15.05	+00:48:22 (47.3%)	14:36	4.1 (52.6%)
166	KAPUSTA Kamil	250		12:00 OPEN	11	00:00:01	01:42:17.50	01:42:19.15	+00:48:26 (47.4%)	14:36	4.1 (52.6%)
167	TYTULA Lukasz	630	ADRENALIN HUNTERS	10:30 OPEN	21	00:00:05	01:42:24.20	01:42:29.50	+00:48:33 (47.4%)	14:37	4.1 (52.6%)
168	PRZEWDZIECKI Karol	497		12:30 OPEN	22	00:00:02	01:42:25.75	01:42:28.55	+00:48:34 (47.4%)	14:38	4.1 (52.6%)
169	BOGDZIA Arkadiusz	54		12:30 OPEN	23	00:00:05	01:42:48.20	01:42:54.05	+00:48:57 (47.6%)	14:41	4.1 (52.6%)
170	BUDNICKI Krzysztof	64	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	12	00:00:04	01:42:49.60	01:42:54.20	+00:48:58 (47.6%)	14:41	4.1 (52.6%)
171	PAKULSKI Marcin	462		11:30 OPEN	22	00:00:03	01:42:50.05	01:42:53.40	+00:48:58 (47.6%)	14:41	4.1 (52.6%)
172	KOTYNIA Lidia	294		11:30 OPEN	23	00:00:01	01:42:51.50	01:42:53.35	+00:49:00 (47.6%)	14:41	4.1 (52.6%)
173	DUMICZ Kamil	118		12:00 OPEN	13	00:00:05	01:43:02.25	01:43:07.75	+00:49:11 (47.7%)	14:43	4.1 (52.6%)
174	KACPRZAK Mariusz	243		12:00 OPEN	14	00:00:07	01:43:06.60	01:43:13.80	+00:49:15 (47.8%)	14:43	4.1 (52.6%)
175	CZYLKOWSKI Patryk	98		10:30 OPEN	22	00:00:03	01:43:13.05	01:43:16.45	+00:49:21 (47.8%)	14:44	4.1 (52.6%)
176	PETK Ryszard	472	ALAKIERNIA	12:30 OPEN	24	00:00:05	01:43:42.35	01:43:47.90	+00:49:51 (48.1%)	14:48	4.1 (52.6%)
177	SLEDZ Ernest	616	DORIAN TEAM SLAWNO	10:30 OPEN	23	00:00:03	01:43:42.65	01:43:46.05	+00:49:51 (48.1%)	14:49	4 (51.3%)
178	BARCIKOWSKI Krystian	30		12:00 OPEN	15	00:00:05	01:43:46.95	01:43:52.65	+00:49:55 (48.1%)	14:49	4 (51.3%)
179	LASKOWSKI Grzegorz	353		10:30 OPEN	24	00:00:04	01:43:52.50	01:43:56.60	+00:50:01 (48.2%)	14:50	4 (51.3%)
180	POLENICA Pawel	490	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	16	00:00:00	01:43:57.35	01:43:57.35	+00:50:06 (48.2%)	14:51	4 (51.3%)
181	SIELICKI Mateusz	547		10:30 OPEN	25	00:00:03	01:44:01.75	01:44:04.80	+00:50:10 (48.2%)	14:51	4 (51.3%)
182	RESCHKE Michal	515		12:30 OPEN	25	00:00:06	01:44:45.20	01:44:51.40	+00:50:54 (48.6%)	14:57	4 (51.3%)
183	GLUCHACZKA Justyna	160	ALAKIERNIA	12:30 OPEN	26	00:00:05	01:44:45.60	01:44:51.20	+00:50:54 (48.6%)	14:58	4 (51.3%)
184	LEMANCZYK Alina	357	DORIAN TEAM SLAWNO	11:30 OPEN	24	00:00:04	01:45:05.25	01:45:09.85	+00:51:14 (48.8%)	15:00	4 (51.3%)
185	JASTRZEBOWSKA Natalia	229	BIG YELLOW FOOT ADVENTURE TEAM	11:30 OPEN	25	00:00:02	01:45:28.55	01:45:30.85	+00:51:37 (48.9%)	15:04	4 (51.3%)
186	PIETRZYCKI Andrzej	479		11:30 OPEN	26	00:00:00	01:45:53.25	01:45:53.25	+00:52:02 (49.1%)	15:07	4 (51.3%)
187	WOJTALIK Adrian	667		10:30 OPEN	26	00:00:02	01:45:53.55	01:45:56.35	+00:52:02 (49.1%)	15:07	4 (51.3%)
188	SOBOLEWSKI Tomasz	564		11:30 OPEN	27	00:00:04	01:45:53.90	01:45:58.15	+00:52:02 (49.1%)	15:07	4 (51.3%)
189	LASYCIA Pawel	367		13:00 OPEN	20	00:00:02	01:45:54.95	01:45:57.65	+00:52:03 (49.2%)	15:07	4 (51.3%)
190	SZYMCZAK Szymon	613		13:00 OPEN	21	00:00:03	01:46:01.40	01:46:04.40	+00:52:10 (49.2%)	15:08	4 (51.3%)
191	LASYCIA Krzysiek	366		13:00 OPEN	22	00:00:02	01:46:10.25	01:46:12.95	+00:52:19 (49.3%)	15:10	4 (51.3%)
192	KUBINSKI Marcin	331	SERPENTES	11:00 OPEN	25	00:00:02	01:46:13.40	01:46:16.15	+00:52:22 (49.3%)	15:10	4 (51.3%)
193	SNIEGULSKI Marcin	619	SERPENTES	11:00 OPEN	26	00:00:02	01:46:31.80	01:46:33.85	+00:52:40 (49.4%)	15:13	3.9 (50.0%)
194	KUCHARSKI Radek	332	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	17	00:00:05	01:46:36.30	01:46:41.65	+00:52:45 (49.5%)	15:13	3.9 (50.0%)
195	CYBULSKI Robert	90	BRAVEHEARTS LEGIONOWO	10:30 OPEN	27	00:00:05	01:46:42.55	01:46:48.35	+00:52:51 (49.5%)	15:14	3.9 (50.0%)
196	MOZUCH Gracjan	413	GRACO	13:00 OPEN	23	00:00:02	01:47:17.20	01:47:19.50	+00:53:26 (49.8%)	15:19	3.9 (50.0%)
197	ZDEBEL Adrian	692	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	27	00:00:04	01:47:18.85	01:47:23.15	+00:53:27 (49.8%)	15:19	3.9 (50.0%)
198	PEPLINSKA Agnieszka	467	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	28	00:00:03	01:47:27.05	01:47:30.30	+00:53:35 (49.9%)	15:21	3.9 (50.0%)
199	GOLAB Anna	166	SZCZECIANSKA AKADEMIA COMBAT SGS	10:00 MASTER	51	00:00:03	01:47:39.00	01:47:42.45	+00:53:47 (50.0%)	15:22	3.9 (50.0%)
200	PUCHALA Maksymilian	501		11:30 OPEN	28	00:00:01	01:48:13.00	01:48:14.35	+00:54:21 (50.2%)	15:27	3.9 (50.0%)
201	BILEK Sebastian	48	DORIAN TEAM SLAWNO	11:30 OPEN	29	00:00:06	01:48:13.20	01:48:19.25	+00:54:22 (50.2%)	15:27	3.9 (50.0%)
202	CHINIEWICZ Sebastian	81		12:00 OPEN	18	00:00:02	01:48:13.35	01:48:15.55	+00:54:22 (50.2%)	15:27	3.9 (50.0%)
203	FRASZCZYK Przemek	136		12:00 OPEN	19	00:00:02	01:48:20.20	01:48:22.70	+00:54:29 (50.3%)	15:28	3.9 (50.0%)
204	LEMANCZYK Andrzej	355	DORIAN TEAM SLAWNO	11:30 OPEN	30	00:00:04	01:48:36.00	01:48:40.75	+00:54:44 (50.4%)	15:30	3.9 (50.0%)
205	PRZYGODA Ula	500		12:30 OPEN	27	00:00:02	01:49:16.30	01:49:18.55	+00:55:25 (50.7%)	15:36	3.8 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 7km	brutto 7km			
206	MAKAREWICZ Wiktor	382		10:30 OPEN	28	00:00:07	01:49:18.05	01:49:25.10	+00:55:26 (50.7%)	15:36	3.8 (48.7%)
207	WALUKIEWICZ Zbyszek	637	BIG BULLS	10:00 MASTER	52	00:00:01	01:49:35.90	01:49:37.85	+00:55:44 (50.9%)	15:39	3.8 (48.7%)
208	GIERLOWSKI Karol	155	BIG BULLS	10:00 MASTER	53	00:00:02	01:49:52.05	01:49:54.60	+00:56:00 (51.0%)	15:41	3.8 (48.7%)
209	STOJEWSKI Jaroslaw	583		11:30 OPEN	31	00:00:07	01:50:03.85	01:50:10.85	+00:56:12 (51.1%)	15:43	3.8 (48.7%)
210	STOJEWSKA Katarzyna	582	B/K	11:30 OPEN	32	00:00:06	01:50:04.50	01:50:10.90	+00:56:13 (51.1%)	15:43	3.8 (48.7%)
211	GOSTOMSKI Kamil	169	JUMPIN	11:00 OPEN	29	00:00:11	01:50:10.95	01:50:21.95	+00:56:19 (51.1%)	15:44	3.8 (48.7%)
212	KOLACZ Milosz	275		11:30 OPEN	33	00:00:01	01:50:14.95	01:50:16.55	+00:56:23 (51.2%)	15:45	3.8 (48.7%)
213	NOWEK Mariusz	440	JUMPIN	11:00 OPEN	30	00:00:11	01:50:16.75	01:50:27.90	+00:56:25 (51.2%)	15:45	3.8 (48.7%)
214	MACIEJCZYK Damian	378	SPEJSON	13:00 OPEN	24	00:00:03	01:50:21.70	01:50:24.70	+00:56:30 (51.2%)	15:45	3.8 (48.7%)
215	WALIJEWSKI Adam	636	RAMS TRAINING HOUSE	10:30 OPEN	29	00:00:06	01:50:27.05	01:50:33.05	+00:56:35 (51.2%)	15:46	3.8 (48.7%)
216	BARAN Lukasz	24	RAMS TRAINING HOUSE	10:30 OPEN	30	00:00:17	01:50:28.10	01:50:45.50	+00:56:36 (51.2%)	15:46	3.8 (48.7%)
217	MARCISZEWICZ Marcin	390	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	31	00:00:08	01:50:30.05	01:50:38.30	+00:56:38 (51.3%)	15:47	3.8 (48.7%)
218	BIALECKI Rafal	41	JUMPIN	11:00 OPEN	32	00:00:09	01:50:36.45	01:50:45.80	+00:56:45 (51.3%)	15:48	3.8 (48.7%)
219	LITKE Lukasz	362	JUMPIN	11:00 OPEN	33	00:00:09	01:50:37.15	01:50:46.15	+00:56:45 (51.3%)	15:48	3.8 (48.7%)
220	KURKOWSKI Marcin	341	WILD TEAM	10:00 MASTER	54	00:00:05	01:51:08.55	01:51:13.65	+00:57:17 (51.5%)	15:52	3.8 (48.7%)
221	KOWIESKI Pawel	307	ICH TROJE	12:30 OPEN	28	00:00:04	01:51:13.95	01:51:18.25	+00:57:22 (51.6%)	15:53	3.8 (48.7%)
222	MICERSKI Tomasz	400	KOSZAOLIN	11:30 OPEN	34	00:00:04	01:51:16.80	01:51:21.40	+00:57:25 (51.6%)	15:53	3.8 (48.7%)
223	GREFLING Agnieszka	175	RAMS TRAINING HOUSE	13:00 OPEN	25	00:00:02	01:51:23.95	01:51:26.65	+00:57:32 (51.7%)	15:54	3.8 (48.7%)
224	SALOMON Pawel	536	SPA HOTEL WIENIAWA TEAM	10:30 OPEN	31	00:00:06	01:51:24.15	01:51:30.85	+00:57:32 (51.7%)	15:54	3.8 (48.7%)
225	BUKOWIECKI Wojtek	65	RAMS TRAINING HOUSE	13:00 OPEN	26	00:00:02	01:51:26.55	01:51:29.25	+00:57:35 (51.7%)	15:55	3.8 (48.7%)
226	BOGDANOWICZ Beata	53	ICH TROJE	12:30 OPEN	29	00:00:04	01:51:29.05	01:51:33.20	+00:57:37 (51.7%)	15:55	3.8 (48.7%)
227	SZULC Arkadiusz	603	ROZBIEGANY KOSZALIN	11:30 OPEN	35	00:00:05	01:51:30.10	01:51:35.35	+00:57:38 (51.7%)	15:55	3.8 (48.7%)
228	STASINSKI Rafal	574	PADL NA RYJ TEAM	12:30 OPEN	30	00:00:04	01:51:32.15	01:51:36.15	+00:57:40 (51.7%)	15:56	3.8 (48.7%)
229	MASLANY Marek	398		12:30 OPEN	31	00:00:04	01:51:37.00	01:51:41.00	+00:57:45 (51.8%)	15:56	3.8 (48.7%)
230	KOLODA Marcin	277		12:30 OPEN	32	00:00:07	01:51:45.45	01:51:53.25	+00:57:54 (51.8%)	15:58	3.8 (48.7%)
231	JAWORSKA Justyna	234		12:30 OPEN	33	00:00:06	01:51:46.20	01:51:53.15	+00:57:55 (51.8%)	15:58	3.8 (48.7%)
232	PUZYREWSKI Wojciech	505	KOSZAOLIN	11:30 OPEN	36	00:00:04	01:51:47.55	01:51:52.45	+00:57:56 (51.8%)	15:58	3.8 (48.7%)
233	KULAKOWSKI Dawid	336	KOSZAOLIN	11:30 OPEN	37	00:00:04	01:51:47.80	01:51:52.45	+00:57:56 (51.8%)	15:58	3.8 (48.7%)
234	KUPREWICZ Grzegorz	338	KOSZAOLIN	11:30 OPEN	38	00:00:04	01:51:48.60	01:51:52.60	+00:57:57 (51.8%)	15:58	3.8 (48.7%)
235	BOCZEK Grzegorz	52	BEYKON	13:00 OPEN	27	00:00:01	01:51:48.95	01:51:50.30	+00:57:57 (51.8%)	15:58	3.8 (48.7%)
236	SZENK Agnieszka	597	SPA HOTEL WIENIAWA TEAM	10:30 OPEN	32	00:00:05	01:51:49.75	01:51:54.80	+00:57:58 (51.8%)	15:58	3.8 (48.7%)
237	POHL - DUCZMAL Elzbieta	489	SPA HOTEL WIENIAWA TEAM	10:30 OPEN	33	00:00:06	01:51:53.40	01:51:59.40	+00:58:02 (51.9%)	15:59	3.8 (48.7%)
238	WICHMAN Lukasz	650	WICHU	13:00 OPEN	28	00:00:02	01:51:57.00	01:51:59.15	+00:58:05 (51.9%)	15:59	3.8 (48.7%)
239	PURTAK Tomasz	217		13:00 OPEN	29	00:00:03	01:52:20.05	01:52:23.55	+00:58:28 (52.1%)	16:02	3.7 (47.4%)
240	BASARAB Adam	36		12:30 OPEN	34	00:00:03	01:52:23.95	01:52:27.80	+00:58:32 (52.1%)	16:03	3.7 (47.4%)
241	DASZKIEWICZ Przemyslaw	101	CROSSFIT TORUN	12:00 OPEN	20	00:00:01	01:52:33.70	01:52:35.10	+00:58:42 (52.2%)	16:04	3.7 (47.4%)
242	REIWER Tomasz	511	CROSSFIT TORUN	12:00 OPEN	21	00:00:01	01:52:41.20	01:52:42.40	+00:58:50 (52.2%)	16:05	3.7 (47.4%)
243	CZERWIONKA Dariusz	97		11:00 OPEN	34	00:00:09	01:53:03.00	01:53:12.20	+00:59:11 (52.4%)	16:09	3.7 (47.4%)
244	ROGALA Krystian	520	MIASTKO	10:30 OPEN	34	00:00:04	01:53:05.30	01:53:09.65	+00:59:14 (52.4%)	16:09	3.7 (47.4%)
245	JANUSZ Magdalena	227		10:00 MASTER	55	00:00:02	01:53:07.00	01:53:09.50	+00:59:15 (52.4%)	16:09	3.7 (47.4%)
246	GRZONKOWSKI Przemyslaw	185		12:30 OPEN	35	00:00:02	01:53:12.35	01:53:15.25	+00:59:21 (52.4%)	16:10	3.7 (47.4%)
247	MAROSZ Marek	395		10:30 OPEN	35	00:00:03	01:53:24.20	01:53:27.85	+00:59:33 (52.5%)	16:12	3.7 (47.4%)
248	MOSZCZYNSKI Mariusz	412	EKIPA Z ELEKTRYKA	11:30 OPEN	39	00:00:01	01:53:29.15	01:53:30.95	+00:59:37 (52.5%)	16:12	3.7 (47.4%)
249	BALCERZAK Michal	14	NORDCITY	11:00 OPEN	35	00:00:02	01:53:32.80	01:53:35.65	+00:59:41 (52.6%)	16:13	3.7 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 7km	brutto 7km			
250	NACHACZEWSKI Pawel	424		11:00 OPEN	36	00:00:06	01:53:34.15	01:53:40.30	+00:59:42 (52.6%)	16:13	3.7 (47.4%)
251	NACHACZEWSKA Paulina	423		11:00 OPEN	37	00:00:05	01:53:34.75	01:53:40.40	+00:59:43 (52.6%)	16:13	3.7 (47.4%)
252	MRAS Rafal	414	POGON LEBORK	11:00 OPEN	38	00:00:08	01:53:42.20	01:53:50.95	+00:59:51 (52.6%)	16:14	3.7 (47.4%)
253	NACZK Milena	425	OSILKI	12:30 OPEN	36	00:00:02	01:53:52.40	01:53:55.05	+01:00:01 (52.7%)	16:16	3.7 (47.4%)
254	ARYM Marcin	11		12:30 OPEN	37	00:00:48	01:54:31.15	01:55:19.55	+01:00:39 (53.0%)	16:21	3.7 (47.4%)
255	WITKA-JEZEWSKI Mariusz	658	MIASTKO	10:30 OPEN	36	00:00:04	01:55:09.60	01:55:14.50	+01:01:18 (53.2%)	16:27	3.6 (46.2%)
256	NOWICKA Zuzanna	442	LANGUSTA TEAM	13:00 OPEN	30	00:00:01	01:55:21.85	01:55:23.35	+01:01:30 (53.3%)	16:28	3.6 (46.2%)
257	HASULAK Lukasz	193	MIASTKO	10:30 OPEN	37	00:00:04	01:55:24.20	01:55:28.85	+01:01:33 (53.3%)	16:29	3.6 (46.2%)
258	PLUMBAUM Krzysztof	487		11:00 OPEN	39	00:00:07	01:55:28.30	01:55:36.25	+01:01:37 (53.4%)	16:29	3.6 (46.2%)
259	BRUNKA Wojtek	61	LANGUSTA TEAM	13:00 OPEN	31	00:00:00	01:55:37.10	01:55:37.10	+01:01:45 (53.4%)	16:31	3.6 (46.2%)
260	KERNER Nicole	262	BIG YELLOW FOOT ADVENTURE TEAM	11:30 OPEN	40	00:00:02	01:55:37.55	01:55:40.25	+01:01:46 (53.4%)	16:31	3.6 (46.2%)
261	JAMRÓZ Renata	211	BIG YELLOW FOOT ADVENTURE TEAM	11:30 OPEN	41	00:00:01	01:55:38.90	01:55:40.75	+01:01:47 (53.4%)	16:31	3.6 (46.2%)
262	HARBUTIAK Monika	191		11:30 OPEN	42	00:00:02	01:55:59.80	01:56:02.70	+01:02:08 (53.6%)	16:34	3.6 (46.2%)
263	MORAWSKA Anna	410		11:30 OPEN	43	00:00:03	01:56:07.75	01:56:11.20	+01:02:16 (53.6%)	16:35	3.6 (46.2%)
264	LENC Karolina	369		11:30 OPEN	44	00:00:04	01:56:11.85	01:56:16.10	+01:02:20 (53.7%)	16:36	3.6 (46.2%)
265	HARBUTIAK Piotr	192		11:30 OPEN	45	00:00:04	01:56:15.80	01:56:19.80	+01:02:24 (53.7%)	16:36	3.6 (46.2%)
266	KOWALSKA Natalia	301		11:30 OPEN	46	00:00:03	01:56:31.30	01:56:34.30	+01:02:40 (53.8%)	16:38	3.6 (46.2%)
267	BACZYNSKI Rafal	13		12:30 OPEN	38	00:00:05	01:57:06.90	01:57:12.00	+01:03:15 (54.0%)	16:43	3.6 (46.2%)
268	JACKIEWICZ Blazej	205		12:30 OPEN	39	00:00:04	01:57:06.95	01:57:11.70	+01:03:15 (54.0%)	16:43	3.6 (46.2%)
268	SZYMANSKI Tomasz	612		12:30 OPEN	40	00:00:05	01:57:06.95	01:57:12.00	+01:03:15 (54.0%)	16:43	3.6 (46.2%)
270	RUSZCZYK Szymon	527		12:30 OPEN	41	00:00:05	01:57:07.10	01:57:12.60	+01:03:15 (54.0%)	16:43	3.6 (46.2%)
271	GRUCZA Andrzej	176		12:30 OPEN	42	00:00:05	01:57:07.15	01:57:12.90	+01:03:15 (54.0%)	16:43	3.6 (46.2%)
272	BANAS Natalia	17		12:30 OPEN	43	00:00:04	01:57:07.20	01:57:12.00	+01:03:16 (54.0%)	16:44	3.6 (46.2%)
273	PERSZEWSKI Lukasz	469		11:00 OPEN	40	00:00:04	01:57:21.20	01:57:25.60	+01:03:30 (54.1%)	16:45	3.6 (46.2%)
274	JAGODZINSKI Damian	208		12:30 OPEN	44	00:00:02	01:57:28.45	01:57:30.90	+01:03:37 (54.2%)	16:46	3.6 (46.2%)
275	PERSZEWSKI Robert	468		11:00 OPEN	41	00:00:04	01:57:31.30	01:57:35.65	+01:03:40 (54.2%)	16:47	3.6 (46.2%)
276	WANTOCH-REKOWSKA Malwina	638		11:00 OPEN	42	00:00:04	01:57:40.85	01:57:44.90	+01:03:49 (54.2%)	16:48	3.6 (46.2%)
277	WANTOCH-REKOWSKI Mateusz	639		11:00 OPEN	43	00:00:04	01:57:46.70	01:57:51.35	+01:03:55 (54.3%)	16:49	3.6 (46.2%)
278	KUBERA Konrad	329		12:30 OPEN	45	00:00:06	01:57:50.70	01:57:57.45	+01:03:59 (54.3%)	16:50	3.6 (46.2%)
279	ZDRODOWSKI Antoni	693	KOLOBRZEG	10:30 OPEN	38	00:00:02	01:58:05.30	01:58:07.45	+01:04:14 (54.4%)	16:52	3.6 (46.2%)
280	PIECYK Szymon	475		10:30 OPEN	39	00:00:02	01:58:20.25	01:58:22.45	+01:04:29 (54.5%)	16:54	3.5 (44.9%)
281	PLISKOWSKA Anna	486	MIASTKO	10:30 OPEN	40	00:00:04	01:58:22.05	01:58:26.40	+01:04:30 (54.5%)	16:54	3.5 (44.9%)
282	KIERZNIKIEWICZ Kamil	265	EKIPA Z ELEKTRYKA	11:30 OPEN	47	00:00:02	01:58:32.45	01:58:35.35	+01:04:41 (54.6%)	16:56	3.5 (44.9%)
283	MARCULA Jarek	391	MIASTKO	10:30 OPEN	41	00:00:03	01:58:37.30	01:58:41.05	+01:04:46 (54.6%)	16:56	3.5 (44.9%)
284	MAZIEC Wojciech	15		10:30 OPEN	42	00:00:04	01:58:38.10	01:58:42.65	+01:04:46 (54.6%)	16:56	3.5 (44.9%)
285	MEDRKIEWICZ Adam	399	AKTYWNA FABRYKA	10:30 OPEN	43	00:00:03	01:58:39.70	01:58:43.65	+01:04:48 (54.6%)	16:57	3.5 (44.9%)
286	WIELGUS Aleksandra	653	AKTYWNA FABRYKA	10:30 OPEN	44	00:00:03	01:58:40.30	01:58:43.65	+01:04:49 (54.6%)	16:57	3.5 (44.9%)
287	WOJCIESZAK Karol	665	EKIPA Z ELEKTRYKA	11:30 OPEN	48	00:00:02	01:58:40.35	01:58:42.75	+01:04:49 (54.6%)	16:57	3.5 (44.9%)
288	WENTA Agnieszka	647	AKTYWNA FABRYKA	10:30 OPEN	45	00:00:02	01:58:40.70	01:58:42.85	+01:04:49 (54.6%)	16:57	3.5 (44.9%)
289	GRUZEWSKA Martyna	178	AKTYWNA FABRYKA	10:30 OPEN	46	00:00:03	01:58:40.75	01:58:43.80	+01:04:49 (54.6%)	16:57	3.5 (44.9%)
290	CYMEK Tomasz	91	AKTYWNA FABRYKA	10:30 OPEN	47	00:00:03	01:58:40.80	01:58:44.60	+01:04:49 (54.6%)	16:57	3.5 (44.9%)
291	HOLAK Kamila	197	AKTYWNA FABRYKA	10:30 OPEN	48	00:00:02	01:58:41.40	01:58:43.95	+01:04:50 (54.6%)	16:57	3.5 (44.9%)
292	ZWOLINSKA Monika	701	AKTYWNA FABRYKA	10:30 OPEN	49	00:00:02	01:58:41.55	01:58:44.40	+01:04:50 (54.6%)	16:57	3.5 (44.9%)
293	WOJTALIK Kamil	668	AKTYWNA FABRYKA	10:30 OPEN	50	00:00:02	01:58:42.20	01:58:45.05	+01:04:51 (54.6%)	16:57	3.5 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
294	WOJTAS Aleksandra	669	AKTYWNA FABRYKA	10:30 OPEN	51	00:00:01	01:58:42.30	01:58:44.10	+01:04:51 (54.6%)	16:57	3.5 (44.9%)
295	ZIELONKA Lukasz	697		12:30 OPEN	46	00:00:03	01:58:42.75	01:58:46.45	+01:04:51 (54.6%)	16:57	3.5 (44.9%)
296	FELISIAK Izabela	128	AKTYWNA FABRYKA	10:30 OPEN	52	00:00:00	01:58:43.05	01:58:43.05	+01:04:51 (54.6%)	16:57	3.5 (44.9%)
296	PLUTA Dominika	49	92 BOYS	10:30 OPEN	53	00:00:02	01:58:43.05	01:58:45.90	+01:04:51 (54.6%)	16:57	3.5 (44.9%)
298	OPALINSKA Angelika	449	AKTYWNA FABRYKA	10:30 OPEN	54	00:00:01	01:58:43.95	01:58:45.20	+01:04:52 (54.6%)	16:57	3.5 (44.9%)
299	MIRZYNSKI Marcin	408	RAMS TEAM	10:30 OPEN	55	00:00:06	01:58:44.00	01:58:50.70	+01:04:52 (54.6%)	16:57	3.5 (44.9%)
300	STASKIEWICZ Anna	576		10:30 OPEN	56	00:00:01	01:58:44.05	01:58:45.60	+01:04:52 (54.6%)	16:57	3.5 (44.9%)
301	GARRIX Nikodem	146	EKIPA Z ELEKTRYKA	11:30 OPEN	49	00:00:02	01:59:24.50	01:59:27.20	+01:05:33 (54.9%)	17:03	3.5 (44.9%)
302	KRÓLIKOWSKI Krzysztof	319		12:00 OPEN	22	00:00:02	01:59:43.35	01:59:46.00	+01:05:52 (55.0%)	17:06	3.5 (44.9%)
303	KRIGER Karol	316		12:30 OPEN	47	00:00:03	01:59:46.40	01:59:50.10	+01:05:55 (55.0%)	17:06	3.5 (44.9%)
303	KLUCZEWSKA Emilia	270		12:30 OPEN	48	00:00:04	01:59:46.40	01:59:50.90	+01:05:55 (55.0%)	17:06	3.5 (44.9%)
305	JANTA-LIPINSKA Justyna	224		12:30 OPEN	49	00:00:04	01:59:46.50	01:59:51.15	+01:05:55 (55.0%)	17:06	3.5 (44.9%)
306	TURZYNSKA Magdalena	629	RUNFORFUN	12:30 OPEN	50	00:00:04	01:59:46.60	01:59:51.05	+01:05:55 (55.0%)	17:06	3.5 (44.9%)
307	NOWODWORSKA Justyna	443	SCIGAL TEAM	12:30 OPEN	51	00:00:04	01:59:47.20	01:59:51.35	+01:05:56 (55.0%)	17:06	3.5 (44.9%)
308	BUS Milosz	71		11:30 OPEN	50	00:00:06	02:00:37.55	02:00:43.70	+01:06:46 (55.4%)	17:13	3.5 (44.9%)
309	PRZYCHODA Anna	499		11:00 OPEN	44	00:00:02	02:00:50.50	02:00:53.15	+01:06:59 (55.4%)	17:15	3.5 (44.9%)
310	WYDRO Beata	680		11:00 OPEN	45	00:00:02	02:00:51.00	02:00:53.25	+01:06:59 (55.4%)	17:15	3.5 (44.9%)
311	MASLANKA Tomasz	397	AKTYWNA FABRYKA	11:00 OPEN	46	00:00:02	02:00:51.75	02:00:54.35	+01:07:00 (55.4%)	17:16	3.5 (44.9%)
312	KUL Kinga	335	AKTYWNA FABRYKA	11:00 OPEN	47	00:00:02	02:00:52.45	02:00:54.65	+01:07:01 (55.4%)	17:16	3.5 (44.9%)
313	BUS Kamilla	69		11:30 OPEN	51	00:00:06	02:01:04.60	02:01:10.80	+01:07:13 (55.5%)	17:17	3.5 (44.9%)
314	BUS Aleksander	70		11:30 OPEN	52	00:00:06	02:01:10.45	02:01:16.50	+01:07:19 (55.6%)	17:18	3.5 (44.9%)
315	MARIAK Adrian	393		11:30 OPEN	53	00:00:08	02:01:21.45	02:01:29.95	+01:07:30 (55.6%)	17:20	3.5 (44.9%)
316	SZCZEPANSKA Karolina	593		11:00 OPEN	48	00:00:03	02:01:22.55	02:01:25.75	+01:07:31 (55.6%)	17:20	3.5 (44.9%)
317	PAKMUR Michal	460	BINAK	11:30 OPEN	54	00:00:08	02:01:34.20	02:01:43.10	+01:07:43 (55.7%)	17:22	3.5 (44.9%)
318	HANC Michal	189	HALEJA 16	11:30 OPEN	55	00:00:08	02:01:54.85	02:02:03.10	+01:08:03 (55.8%)	17:25	3.4 (43.6%)
319	WITKOWSKI Dawid	660	#BEZPRESJI	11:00 OPEN	49	00:00:08	02:01:58.40	02:02:06.65	+01:08:07 (55.8%)	17:25	3.4 (43.6%)
320	WALCZAK Cyprian	635		11:00 OPEN	50	00:00:08	02:02:00.05	02:02:08.20	+01:08:08 (55.9%)	17:25	3.4 (43.6%)
321	KARWACKI Adrian	256		11:00 OPEN	51	00:00:04	02:02:02.05	02:02:07.00	+01:08:10 (55.9%)	17:26	3.4 (43.6%)
322	WABIK Natalia	633		11:00 OPEN	52	00:00:01	02:02:17.15	02:02:19.00	+01:08:25 (56.0%)	17:28	3.4 (43.6%)
323	KRUGLA Aleksandra	320	POWER FITNESS SLUPSK	11:00 OPEN	53	00:00:01	02:02:17.45	02:02:18.90	+01:08:26 (56.0%)	17:28	3.4 (43.6%)
324	ZAPADKA Karolina	686	LANGUSTA TEAM	13:00 OPEN	32	00:00:01	02:02:22.70	02:02:24.55	+01:08:31 (56.0%)	17:29	3.4 (43.6%)
325	OLLIK Marcin	448		11:00 OPEN	54	00:00:07	02:02:27.60	02:02:35.00	+01:08:36 (56.0%)	17:29	3.4 (43.6%)
326	CZARNECKA Barbara	93		11:00 OPEN	55	00:00:06	02:02:29.15	02:02:35.45	+01:08:37 (56.0%)	17:29	3.4 (43.6%)
327	LISOWSKA Magdalena	361	BIEGOWE SWIRY	10:30 OPEN	57	00:00:06	02:02:42.00	02:02:48.90	+01:08:50 (56.1%)	17:31	3.4 (43.6%)
328	SKORB Mateusz	552		11:00 OPEN	56	00:00:04	02:02:53.95	02:02:58.10	+01:09:02 (56.2%)	17:33	3.4 (43.6%)
329	MICHNIEWSKI Bartosz	404	BIEGOWE SWIRY	10:30 OPEN	58	00:00:06	02:03:04.30	02:03:10.85	+01:09:13 (56.2%)	17:34	3.4 (43.6%)
330	SWIETOCHOWSKI Krzysztof	621	T.G SOKÓL BIALYSTOK	10:30 OPEN	59	00:00:01	02:03:22.20	02:03:23.75	+01:09:31 (56.3%)	17:37	3.4 (43.6%)
331	SWICA Alicja	620		10:30 OPEN	60	00:00:01	02:03:22.25	02:03:23.45	+01:09:31 (56.3%)	17:37	3.4 (43.6%)
332	KROL Pawel	317		13:00 OPEN	33	00:00:04	02:03:32.55	02:03:37.40	+01:09:41 (56.4%)	17:39	3.4 (43.6%)
333	MULAWA Piotr	421		13:00 OPEN	34	00:00:04	02:03:32.85	02:03:37.40	+01:09:41 (56.4%)	17:39	3.4 (43.6%)
334	SAZON Piotr	540		13:00 OPEN	35	00:00:04	02:03:33.35	02:03:37.40	+01:09:42 (56.4%)	17:39	3.4 (43.6%)
335	GAWIN Ewa	147		11:30 OPEN	56	00:00:05	02:04:20.25	02:04:25.85	+01:10:29 (56.7%)	17:45	3.4 (43.6%)
336	PILAT Pawel	481		11:30 OPEN	57	00:00:05	02:04:20.30	02:04:26.15	+01:10:29 (56.7%)	17:45	3.4 (43.6%)
337	KEPINSKI Dawid	261		10:30 OPEN	61	00:00:14	02:04:53.10	02:05:07.75	+01:11:01 (56.9%)	17:50	3.4 (43.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
338	WANTUCH Dominik	640		11:00 OPEN	57	00:00:05	02:04:53.20	02:04:58.25	+01:11:02 (56.9%)	17:50	3.4 (43.6%)
339	KRZYZANOWSKI Rafal	326		10:30 OPEN	62	00:00:09	02:04:57.75	02:05:07.70	+01:11:06 (56.9%)	17:51	3.4 (43.6%)
340	NOWAK Jakub	437		10:30 OPEN	63	00:00:08	02:04:58.70	02:05:07.55	+01:11:07 (56.9%)	17:51	3.4 (43.6%)
341	BOGUCKI Adrian	55		10:30 OPEN	64	00:00:06	02:05:01.00	02:05:07.40	+01:11:09 (56.9%)	17:51	3.4 (43.6%)
342	KEPINSKI Marcin	263		10:30 OPEN	65	00:00:06	02:05:01.10	02:05:07.40	+01:11:09 (56.9%)	17:51	3.4 (43.6%)
343	JÓSKOWSKI Waldemar	240	DIABLY	10:00 MASTER	56	00:00:04	02:05:01.70	02:05:06.55	+01:11:10 (56.9%)	17:51	3.4 (43.6%)
344	LATKOWSKI Mateusz	354		11:30 OPEN	58	00:00:04	02:05:11.25	02:05:15.60	+01:11:20 (57.0%)	17:53	3.4 (43.6%)
345	BARA Monika	22		11:30 OPEN	59	00:00:03	02:05:11.35	02:05:14.80	+01:11:20 (57.0%)	17:53	3.4 (43.6%)
346	SOBOCINSKI Karol	563	W KUPIE SILA	11:00 OPEN	58	00:00:01	02:05:16.40	02:05:18.25	+01:11:25 (57.0%)	17:53	3.4 (43.6%)
347	BANASZEWSKA Monika	16	CROSSFIT TORUN	12:30 OPEN	52	00:00:03	02:05:19.20	02:05:22.95	+01:11:28 (57.0%)	17:54	3.4 (43.6%)
348	BATORSKI Wojtek	37	CROSSFIT TORUN	12:30 OPEN	53	00:00:03	02:05:19.60	02:05:22.85	+01:11:28 (57.0%)	17:54	3.4 (43.6%)
349	GITNER Marcin	157	W KUPIE SILA	11:00 OPEN	59	00:00:02	02:05:34.55	02:05:36.70	+01:11:43 (57.1%)	17:56	3.3 (42.3%)
350	PRUSAKIEWICZ Michal	495		12:00 OPEN	23	00:00:03	02:05:39.65	02:05:42.90	+01:11:48 (57.1%)	17:57	3.3 (42.3%)
351	KOWALEWSKI Marcin	298	DIABLY	10:00 MASTER	57	00:00:05	02:05:42.15	02:05:47.60	+01:11:50 (57.2%)	17:57	3.3 (42.3%)
352	KOWALEWSKA Agnieszka	297	DIABLY	10:00 MASTER	58	00:00:05	02:05:43.80	02:05:48.95	+01:11:52 (57.2%)	17:57	3.3 (42.3%)
353	SOSZLER Krzysztof	569	DIABLY	10:00 MASTER	59	00:00:04	02:05:44.10	02:05:49.00	+01:11:52 (57.2%)	17:57	3.3 (42.3%)
354	STOLICKI Tomasz	584	DIABLY	10:00 MASTER	60	00:00:04	02:05:46.30	02:05:50.95	+01:11:55 (57.2%)	17:58	3.3 (42.3%)
355	BARANSKI Radoslaw	29		12:00 OPEN	24	00:00:03	02:05:55.90	02:05:59.55	+01:12:04 (57.2%)	17:59	3.3 (42.3%)
356	ROSINSKA Magdalena	525	W KUPIE SILA	11:00 OPEN	60	00:00:01	02:06:02.50	02:06:04.15	+01:12:11 (57.3%)	18:00	3.3 (42.3%)
357	KOSCIELNIAK Kinga	292	MINIONKI ATAKUJA	10:30 OPEN	66	00:00:00	02:06:11.55	02:06:11.55	+01:12:20 (57.3%)	18:01	3.3 (42.3%)
358	WOLNA Martyna	672		11:30 OPEN	60	00:00:03	02:06:35.00	02:06:38.00	+01:12:43 (57.5%)	18:05	3.3 (42.3%)
359	JANCZAK Agata	212	PADL NA RYJ TEAM	11:30 OPEN	61	00:00:03	02:06:35.65	02:06:38.95	+01:12:44 (57.5%)	18:05	3.3 (42.3%)
360	MOSKWA Martyna	411	MINIONKI ATAKUJA	10:30 OPEN	67	00:00:01	02:06:35.90	02:06:37.80	+01:12:44 (57.5%)	18:05	3.3 (42.3%)
361	KUBICA Kinga	330	HUSARIA	10:30 OPEN	68	00:00:09	02:06:39.35	02:06:48.35	+01:12:48 (57.5%)	18:05	3.3 (42.3%)
362	SARZYNSKI Arek	539	MINIONKI ATAKUJA	10:30 OPEN	69	00:00:02	02:06:41.05	02:06:43.65	+01:12:49 (57.5%)	18:05	3.3 (42.3%)
363	RYMARCZYK Bruno	531		10:30 OPEN	70	00:00:09	02:06:51.15	02:07:00.80	+01:12:59 (57.5%)	18:07	3.3 (42.3%)
364	DOMANSKI Maksym	110		10:30 OPEN	71	00:00:07	02:06:51.70	02:06:59.55	+01:13:00 (57.5%)	18:07	3.3 (42.3%)
365	JANIEC Mateusz	214	HUSARIA	10:30 OPEN	72	00:00:07	02:06:58.60	02:07:06.55	+01:13:07 (57.6%)	18:08	3.3 (42.3%)
366	GODLEWSKA Klaudia	163	PLANETA FITNESS	12:00 OPEN	25	00:00:05	02:08:19.60	02:08:24.95	+01:14:28 (58.0%)	18:19	3.3 (42.3%)
367	MALKIEIWCZ Jakub	384	PLANETA FITNESS	12:00 OPEN	26	00:00:03	02:08:30.10	02:08:33.90	+01:14:38 (58.1%)	18:21	3.3 (42.3%)
368	GRYGLEWICZ Kamila	179	PLANETA FITNESS	12:00 OPEN	27	00:00:04	02:08:51.55	02:08:56.15	+01:15:00 (58.2%)	18:24	3.3 (42.3%)
369	PRZEWORSKI Mieszko	498	PLANETA FITNESS	12:00 OPEN	28	00:00:04	02:08:57.60	02:09:02.50	+01:15:06 (58.2%)	18:25	3.3 (42.3%)
370	DOBROWOLSKI Grzegorz	108	PLANETA FITNESS	12:00 OPEN	29	00:00:04	02:09:15.20	02:09:19.60	+01:15:24 (58.3%)	18:27	3.2 (41.0%)
371	BARANSKI Grzegorz	28		11:30 OPEN	62	00:00:05	02:09:26.40	02:09:31.75	+01:15:35 (58.4%)	18:29	3.2 (41.0%)
372	RZESZOTARSKI Jacek	533		11:30 OPEN	63	00:00:04	02:09:26.65	02:09:31.30	+01:15:35 (58.4%)	18:29	3.2 (41.0%)
373	BLUM-BARTOSZKIEWICZ Marzena	50	PLANETA FITNESS	12:00 OPEN	30	00:00:04	02:09:27.25	02:09:31.30	+01:15:36 (58.4%)	18:29	3.2 (41.0%)
374	FRACZAK Jakub	139		11:30 OPEN	64	00:00:04	02:09:27.80	02:09:32.15	+01:15:36 (58.4%)	18:29	3.2 (41.0%)
375	KORNIOWSKA Ewelina	289		11:30 OPEN	65	00:00:02	02:09:29.35	02:09:31.75	+01:15:38 (58.4%)	18:29	3.2 (41.0%)
376	PIÓRO Ewa	484		11:30 OPEN	66	00:00:02	02:09:30.50	02:09:32.90	+01:15:39 (58.4%)	18:30	3.2 (41.0%)
377	BRZEZINSKI Tomek	63		11:30 OPEN	67	00:00:04	02:09:32.40	02:09:36.45	+01:15:41 (58.4%)	18:30	3.2 (41.0%)
378	STRZELECKA Agnieszka	588	PLANETA FITNESS	12:00 OPEN	31	00:00:04	02:09:32.75	02:09:37.35	+01:15:41 (58.4%)	18:30	3.2 (41.0%)
379	SZYMANCZAK Marek	608	PLANETA FITNESS	12:00 OPEN	32	00:00:05	02:09:37.90	02:09:43.45	+01:15:46 (58.5%)	18:31	3.2 (41.0%)
380	DWULIT Jaroslaw	120	NORDCITY	11:30 OPEN	68	00:00:04	02:09:46.65	02:09:50.80	+01:15:55 (58.5%)	18:32	3.2 (41.0%)
381	STERENCZAK Jolanta	581	PLANETA FITNESS	12:00 OPEN	33	00:00:03	02:09:50.25	02:09:54.20	+01:15:59 (58.5%)	18:33	3.2 (41.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
382	SZYMANCZAK Michal	609	PLANETA FITNESS	12:00 OPEN	34	00:00:05	02:09:51.00	02:09:56.20	+01:15:59 (58.5%)	18:33	3.2 (41.0%)
383	CIESLAK Mateusz	88	PLANETA FITNESS	12:00 OPEN	35	00:00:06	02:09:59.60	02:10:05.75	+01:16:08 (58.6%)	18:34	3.2 (41.0%)
384	FILIPCZAK Krzysztof	132		11:30 OPEN	69	00:00:01	02:10:04.10	02:10:05.95	+01:16:12 (58.6%)	18:34	3.2 (41.0%)
385	JANKOWICZ Karol	220		13:00 OPEN	36	00:00:01	02:10:21.10	02:10:22.15	+01:16:29 (58.7%)	18:37	3.2 (41.0%)
386	NOWAK Marek	439		13:00 OPEN	37	00:00:00	02:10:21.20	02:10:22.15	+01:16:30 (58.7%)	18:37	3.2 (41.0%)
387	CHALAS Wioleta	79		11:30 OPEN	70	00:00:01	02:10:29.20	02:10:30.70	+01:16:38 (58.7%)	18:38	3.2 (41.0%)
388	FURSEWICZ-WRÓBEL Monika	143		13:00 OPEN	38	00:00:02	02:10:50.55	02:10:52.70	+01:16:59 (58.8%)	18:41	3.2 (41.0%)
389	JAROSINSKI Andrzej	733		13:00 OPEN	39	00:00:02	02:10:50.85	02:10:52.95	+01:16:59 (58.8%)	18:41	3.2 (41.0%)
390	SALEK Agata	537		13:00 OPEN	40	00:00:03	02:11:01.20	02:11:04.65	+01:17:10 (58.9%)	18:43	3.2 (41.0%)
391	MADRIAN Joanna	380	RAMS TRAINING HOUSE	12:30 OPEN	54	00:00:07	02:11:01.40	02:11:08.90	+01:17:10 (58.9%)	18:43	3.2 (41.0%)
392	BARAN Michal	25	RAMS TRAINING HOUSE	12:30 OPEN	55	00:00:07	02:11:01.60	02:11:08.65	+01:17:10 (58.9%)	18:43	3.2 (41.0%)
393	STARZYNSKI Michal	573	RAMS TEAM	12:30 OPEN	56	00:00:06	02:11:01.80	02:11:08.75	+01:17:10 (58.9%)	18:43	3.2 (41.0%)
394	SKÓRSKA Aleksandra	556	RAMS TRAINING HOUSE	12:30 OPEN	57	00:00:07	02:11:01.90	02:11:09.25	+01:17:10 (58.9%)	18:43	3.2 (41.0%)
395	BONDARENKO Krystian	56	AKTYWNA FABRYKA	10:30 OPEN	73	00:00:04	02:11:31.80	02:11:36.45	+01:17:40 (59.1%)	18:47	3.2 (41.0%)
396	FILIPCZAK Magdalena	133		11:30 OPEN	71	00:00:02	02:11:32.75	02:11:35.15	+01:17:41 (59.1%)	18:47	3.2 (41.0%)
397	KOWALIK Karolina	300	AKTYWNA FABRYKA	10:30 OPEN	74	00:00:03	02:11:33.20	02:11:36.60	+01:17:42 (59.1%)	18:47	3.2 (41.0%)
398	WAWRZYNIAK Dawid	643	DAMY RADE	13:00 OPEN	41	00:00:04	02:11:54.90	02:11:59.85	+01:18:03 (59.2%)	18:50	3.2 (41.0%)
399	JANKIEWICZ Arkadiusz	218		13:00 OPEN	42	00:00:04	02:11:55.75	02:11:59.75	+01:18:04 (59.2%)	18:50	3.2 (41.0%)
400	JANKIEWICZ Agnieszka	219	DAMY RADE	13:00 OPEN	43	00:00:04	02:11:56.05	02:12:00.25	+01:18:04 (59.2%)	18:50	3.2 (41.0%)
401	WITKOWSKA Natalia	659		10:30 OPEN	75	00:00:07	02:12:07.55	02:12:14.90	+01:18:16 (59.2%)	18:52	3.2 (41.0%)
402	RACHWAL Tobiasz	508	-	10:30 OPEN	76	00:00:07	02:12:08.05	02:12:15.70	+01:18:16 (59.2%)	18:52	3.2 (41.0%)
403	STASZEWSKA Natalia	575		11:30 OPEN	72	00:00:02	02:12:30.95	02:12:33.10	+01:18:39 (59.4%)	18:55	3.2 (41.0%)
404	DZIEDZIC Aleksandra	750	RAMS TRAINING HOUSE	11:30 OPEN	73	00:00:08	02:12:54.80	02:13:03.00	+01:19:03 (59.5%)	18:59	3.2 (41.0%)
405	DZIEDZIC Marcin	123	RAMS TEAM	11:30 OPEN	74	00:00:07	02:12:55.40	02:13:03.00	+01:19:04 (59.5%)	18:59	3.2 (41.0%)
406	ERBACHER Tomasz	127	RAMS TEAM	11:30 OPEN	75	00:00:07	02:12:56.25	02:13:03.30	+01:19:05 (59.5%)	18:59	3.2 (41.0%)
407	JANUS Grzegorz	225	RAMS TRAINING HOUSE	11:30 OPEN	76	00:00:06	02:12:56.65	02:13:03.20	+01:19:05 (59.5%)	18:59	3.2 (41.0%)
408	SKWERES Filip	557	RAMS TRAINING HOUSE	11:30 OPEN	77	00:00:05	02:12:57.15	02:13:02.70	+01:19:05 (59.5%)	18:59	3.2 (41.0%)
409	PACAN Mira	457	SWIAT PLYTEK U KRYSPINA	12:30 OPEN	58	00:00:00	02:13:06.90	02:13:06.90	+01:19:15 (59.5%)	19:00	3.2 (41.0%)
410	WOLSKA Anna	673	SWIAT PLYTEK U KRYSPINA	12:30 OPEN	59	00:00:05	02:13:19.85	02:13:24.85	+01:19:28 (59.6%)	19:02	3.2 (41.0%)
411	WOLEJSZO Aleksandra	675	RAMS TEAM	10:30 OPEN	77	00:00:03	02:13:55.80	02:13:59.20	+01:20:04 (59.8%)	19:08	3.1 (39.7%)
412	BIELEDA Karolina	45		10:30 OPEN	78	00:00:00	02:14:00.55	02:14:00.55	+01:20:09 (59.8%)	19:08	3.1 (39.7%)
413	LOMZA Damian	374	GAZICHO	12:30 OPEN	60	00:00:03	02:14:13.30	02:14:17.20	+01:20:22 (59.9%)	19:10	3.1 (39.7%)
414	MROZINSKI Rafal	416		11:00 OPEN	61	00:00:03	02:14:15.00	02:14:18.80	+01:20:23 (59.9%)	19:10	3.1 (39.7%)
415	CHMIEL Martyna	82	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	62	00:00:04	02:14:15.75	02:14:19.80	+01:20:24 (59.9%)	19:10	3.1 (39.7%)
416	KUMANIECKA Magdalena	337	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	63	00:00:03	02:14:16.10	02:14:19.80	+01:20:24 (59.9%)	19:10	3.1 (39.7%)
417	MILER Dominika	407	SPORTFICIAKI	10:30 OPEN	79	00:00:01	02:14:29.95	02:14:31.80	+01:20:38 (60.0%)	19:12	3.1 (39.7%)
418	IWASZKIEWICZ Magdalena	201	SPORTFICIAKI	10:30 OPEN	80	00:00:01	02:14:33.35	02:14:34.55	+01:20:42 (60.0%)	19:13	3.1 (39.7%)
419	MICHALEK Katarzyna	403	SPORTFICIAKI	10:30 OPEN	81	00:00:01	02:14:33.60	02:14:34.80	+01:20:42 (60.0%)	19:13	3.1 (39.7%)
420	KRYZA Ania	322		12:30 OPEN	61	00:00:03	02:14:40.25	02:14:43.35	+01:20:49 (60.0%)	19:14	3.1 (39.7%)
421	FRATCZAK Sebastian	140		12:30 OPEN	62	00:00:03	02:14:46.30	02:14:50.20	+01:20:55 (60.0%)	19:15	3.1 (39.7%)
422	LESNIANSKA Martyna	359	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	64	00:00:07	02:15:21.10	02:15:28.85	+01:21:29 (60.2%)	19:20	3.1 (39.7%)
423	DATTA Katarzyna	102	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	65	00:00:03	02:15:25.70	02:15:28.85	+01:21:34 (60.2%)	19:20	3.1 (39.7%)
424	BORYLO Paulina	59		10:30 OPEN	82	00:00:05	02:15:44.95	02:15:50.65	+01:21:53 (60.3%)	19:23	3.1 (39.7%)
425	ZARZECZNY Mateusz	687		10:30 OPEN	83	00:00:05	02:15:45.20	02:15:50.90	+01:21:54 (60.3%)	19:23	3.1 (39.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
426	KOZLOWSKI Piotr	309	UGIM JASTROWIE	11:00 OPEN	66	00:00:03	02:16:21.40	02:16:24.90	+01:22:30 (60.5%)	19:28	3.1 (39.7%)
427	STROZYK Michael	587	UGIM JASTROWIE	11:00 OPEN	67	00:00:03	02:16:21.60	02:16:24.65	+01:22:30 (60.5%)	19:28	3.1 (39.7%)
428	KRÓL Artur	318		10:30 OPEN	84	00:00:05	02:17:47.15	02:17:52.65	+01:23:55 (60.9%)	19:41	3 (38.5%)
429	RATAJEWSKI Arkadiusz	510		12:30 OPEN	63	00:00:06	02:18:02.20	02:18:08.45	+01:24:11 (61.0%)	19:43	3 (38.5%)
430	RATAJEWSKA Agnieszka	509		12:30 OPEN	64	00:00:06	02:18:02.40	02:18:08.60	+01:24:11 (61.0%)	19:43	3 (38.5%)
431	JURCZYSZYN Rafal	241		10:30 OPEN	85	00:00:04	02:18:28.20	02:18:32.75	+01:24:37 (61.1%)	19:46	3 (38.5%)
432	STANCZAK Adam	571		10:30 OPEN	86	00:00:04	02:18:28.60	02:18:33.35	+01:24:37 (61.1%)	19:47	3 (38.5%)
433	KOTLAREK Krzysztof	293		10:30 OPEN	87	00:00:05	02:18:30.05	02:18:35.55	+01:24:38 (61.1%)	19:47	3 (38.5%)
434	ZIEBA Joanna	699		10:30 OPEN	88	00:00:00	02:18:31.15	02:18:32.05	+01:24:39 (61.1%)	19:47	3 (38.5%)
435	SEKULA Michal	542	AKTYWNA FABRYKA	10:30 OPEN	89	00:00:05	02:19:05.75	02:19:10.95	+01:25:14 (61.3%)	19:52	3 (38.5%)
436	SEROWIEC Aga	544	AKTYWNA FABRYKA	10:30 OPEN	90	00:00:04	02:19:06.55	02:19:10.95	+01:25:15 (61.3%)	19:52	3 (38.5%)
437	JANICKA Adriana	213		11:00 OPEN	68	00:00:04	02:19:16.00	02:19:20.05	+01:25:24 (61.3%)	19:53	3 (38.5%)
438	SKALSKA Paulina	550		11:00 OPEN	69	00:00:04	02:19:16.05	02:19:20.15	+01:25:24 (61.3%)	19:53	3 (38.5%)
439	ADKONIS Konrad	3	PLANETA FITNESS	12:00 OPEN	36	00:00:04	02:20:08.20	02:20:12.90	+01:26:17 (61.6%)	20:01	3 (38.5%)
440	PABISZ Jaroslaw	456	PLANETA FITNESS	12:00 OPEN	37	00:00:04	02:20:11.75	02:20:16.35	+01:26:20 (61.6%)	20:01	3 (38.5%)
441	ADKONIS Barbara	4	PLANETA FITNESS	12:00 OPEN	38	00:00:03	02:20:23.30	02:20:27.25	+01:26:32 (61.6%)	20:03	3 (38.5%)
442	GAWORSKA Aleksandra	149		12:00 OPEN	39	00:00:06	02:21:12.10	02:21:18.80	+01:27:20 (61.9%)	20:10	3 (38.5%)
443	JASKOWSKA Agata	231		12:00 OPEN	40	00:00:06	02:21:32.00	02:21:38.30	+01:27:40 (62.0%)	20:13	3 (38.5%)
444	JASKOWSKI Jerzy	232		12:00 OPEN	41	00:00:06	02:21:43.85	02:21:50.60	+01:27:52 (62.0%)	20:14	3 (38.5%)
445	PISZEWSKA Oliwia	485		12:00 OPEN	42	00:01:02	02:21:50.00	02:22:52.25	+01:27:58 (62.0%)	20:15	3 (38.5%)
446	IWLOF Michal	202	NORDCITY	11:30 OPEN	78	00:00:03	02:22:07.75	02:22:11.35	+01:28:16 (62.1%)	20:18	3 (38.5%)
447	RACHWAL Luiza	507		12:00 OPEN	43	00:00:00	02:22:40.15	02:22:40.15	+01:28:48 (62.3%)	20:22	2.9 (37.2%)
448	BORECKI Michal	57		10:00 MASTER	61	00:05:45	02:23:31.85	02:29:17.30	+01:29:40 (62.5%)	20:30	2.9 (37.2%)
449	ZYGMUNTOWICZ Piotr	702		10:00 MASTER	62	00:05:43	02:23:33.55	02:29:16.75	+01:29:42 (62.5%)	20:30	2.9 (37.2%)
450	WAWARZYNIAK Karolina	642	DARLOWO	11:30 OPEN	79	00:00:04	02:23:57.45	02:24:01.45	+01:30:06 (62.6%)	20:33	2.9 (37.2%)
451	SZKATULSKI Tomasz	599	DARLOWO	11:30 OPEN	80	00:00:04	02:24:02.65	02:24:07.55	+01:30:11 (62.6%)	20:34	2.9 (37.2%)
452	KARWOWSKI Pawel	257	WILD TEAM	10:30 OPEN	91	00:00:03	02:24:43.45	02:24:47.40	+01:30:52 (62.8%)	20:40	2.9 (37.2%)
453	MROZEK Pawel	417	WILD TEAM	10:30 OPEN	92	00:00:02	02:24:45.10	02:24:47.70	+01:30:53 (62.8%)	20:40	2.9 (37.2%)
454	SMIGAJ Sebastian	618	WILD TEAM	10:30 OPEN	93	00:00:02	02:24:45.55	02:24:47.55	+01:30:54 (62.8%)	20:40	2.9 (37.2%)
455	MACIOCH Martyna	379	WILD TEAM	10:30 OPEN	94	00:00:01	02:24:46.00	02:24:47.25	+01:30:54 (62.8%)	20:40	2.9 (37.2%)
455	PARYS Anna	464	WILD GIRLS	10:30 OPEN	95	00:00:01	02:24:46.00	02:24:47.40	+01:30:54 (62.8%)	20:40	2.9 (37.2%)
457	KURAS Beata	340	WILD TEAM	10:30 OPEN	96	00:00:00	02:24:46.50	02:24:47.40	+01:30:55 (62.8%)	20:41	2.9 (37.2%)
458	KORDULASINSKA Sylwia	287	WILDGIRLS & WILDTEAM	10:30 OPEN	97	00:00:00	02:24:47.15	02:24:47.25	+01:30:55 (62.8%)	20:41	2.9 (37.2%)
459	KOŁODYNSKA Monika	278		11:00 OPEN	70	00:00:01	02:25:57.65	02:25:59.20	+01:32:06 (63.1%)	20:51	2.9 (37.2%)
460	LEMANCZYK Arkadiusz	356		11:00 OPEN	71	00:00:06	02:26:04.60	02:26:11.55	+01:32:13 (63.1%)	20:52	2.9 (37.2%)
461	DADELEWSKA Joanna	106		11:00 OPEN	72	00:00:01	02:26:05.15	02:26:06.35	+01:32:13 (63.1%)	20:52	2.9 (37.2%)
462	WENDT Michal	646	VVISION	10:00 MASTER	63	00:00:01	02:26:08.55	02:26:10.00	+01:32:17 (63.2%)	20:52	2.9 (37.2%)
463	KOWALSKA Agata	302		12:00 OPEN	44	00:00:02	02:26:47.00	02:26:49.15	+01:32:55 (63.3%)	20:58	2.9 (37.2%)
464	MUCHA Bartosz	420		12:00 OPEN	45	00:00:02	02:26:47.40	02:26:49.60	+01:32:56 (63.3%)	20:58	2.9 (37.2%)
465	KOWALSKI Tymoteusz	305		12:00 OPEN	46	00:00:01	02:26:47.55	02:26:49.35	+01:32:56 (63.3%)	20:58	2.9 (37.2%)
466	HAPANOWICZ Pawel	190	SPORTFICIAKI	10:00 MASTER	64	00:00:07	02:26:49.45	02:26:57.15	+01:32:58 (63.3%)	20:58	2.9 (37.2%)
467	PRZADKA Dawid	496		13:00 OPEN	44	00:00:04	02:26:59.40	02:27:03.50	+01:33:08 (63.4%)	20:59	2.9 (37.2%)
468	JACKIEWICZ Maria	204		13:00 OPEN	45	00:00:03	02:26:59.55	02:27:03.35	+01:33:08 (63.4%)	21:00	2.9 (37.2%)
469	JAWORSKA Izabela	235	ZBYSZEK MOIM MISTRZEM!	11:30 OPEN	81	00:00:02	02:27:27.20	02:27:29.65	+01:33:36 (63.5%)	21:03	2.8 (35.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 7km	brutto 7km			
470	BARTODZIEJSKI Maciej	31		11:30 OPEN	82	00:00:02	02:27:47.95	02:27:50.25	+01:33:56 (63.6%)	21:06	2.8 (35.9%)
471	SMOLINSKA Elwira	561	PG SMOKI PÓLNOCY	13:00 OPEN	46	00:00:04	02:28:15.80	02:28:20.00	+01:34:24 (63.7%)	21:10	2.8 (35.9%)
472	KOLAKOWSKA Klaudia	276		13:00 OPEN	47	00:00:03	02:28:25.90	02:28:28.95	+01:34:34 (63.7%)	21:12	2.8 (35.9%)
473	JAKUBÓW Aleksandra	444		12:00 OPEN	47	00:00:09	02:28:26.65	02:28:36.25	+01:34:35 (63.7%)	21:12	2.8 (35.9%)
474	RYBCZYNSKA Hanna	530		12:00 OPEN	48	00:00:08	02:28:28.40	02:28:36.45	+01:34:37 (63.7%)	21:12	2.8 (35.9%)
475	SKOWRON Katarzyna	554		12:00 OPEN	49	00:00:03	02:29:09.35	02:29:12.60	+01:35:18 (63.9%)	21:18	2.8 (35.9%)
476	PIOTR Kacper	483		12:00 OPEN	50	00:00:03	02:29:09.60	02:29:12.75	+01:35:18 (63.9%)	21:18	2.8 (35.9%)
477	JAKUBOWSKI Michal	210		12:00 OPEN	51	00:00:03	02:29:18.40	02:29:21.75	+01:35:27 (63.9%)	21:19	2.8 (35.9%)
478	ZIELINSKA Sylwia	695		12:30 OPEN	65	00:00:04	02:29:21.30	02:29:25.45	+01:35:30 (63.9%)	21:20	2.8 (35.9%)
479	BORGIEL Martyna	58		11:00 OPEN	73	00:00:05	02:29:23.75	02:29:29.55	+01:35:32 (64.0%)	21:20	2.8 (35.9%)
480	PASTEWKA Agnieszka	465		12:30 OPEN	66	00:00:03	02:29:38.30	02:29:41.45	+01:35:47 (64.0%)	21:22	2.8 (35.9%)
481	TALASKA Ula	622		12:30 OPEN	67	00:00:08	02:29:50.15	02:29:58.20	+01:35:58 (64.1%)	21:24	2.8 (35.9%)
482	ZARZYCKI Maciej	688		11:00 OPEN	74	00:00:06	02:29:53.25	02:29:59.65	+01:36:02 (64.1%)	21:24	2.8 (35.9%)
483	GRZEGORCZYK Jadwiga	181		11:00 OPEN	75	00:00:05	02:30:15.10	02:30:20.35	+01:36:23 (64.2%)	21:27	2.8 (35.9%)
484	DZIANACH Dominik	122		11:00 OPEN	76	00:00:05	02:30:20.85	02:30:26.40	+01:36:29 (64.2%)	21:28	2.8 (35.9%)
485	RANISZEWSKA Marta	68		13:00 OPEN	48	00:00:05	02:30:36.25	02:30:41.40	+01:36:45 (64.2%)	21:30	2.8 (35.9%)
486	ONYSKÓW Jakub	781		13:00 OPEN	49	00:00:04	02:30:36.50	02:30:41.40	+01:36:45 (64.2%)	21:31	2.8 (35.9%)
487	FRYDA Mateusz	142		13:00 OPEN	50	00:00:04	02:30:37.85	02:30:41.85	+01:36:46 (64.2%)	21:31	2.8 (35.9%)
487	TRZASKOWSKI Mateusz	627		12:30 OPEN	68	00:00:08	02:30:37.85	02:30:45.95	+01:36:46 (64.2%)	21:31	2.8 (35.9%)
489	KIEDYK Aleksandra	264		12:30 OPEN	69	00:00:07	02:30:38.10	02:30:45.95	+01:36:46 (64.2%)	21:31	2.8 (35.9%)
490	MARCISZ Natalia	389		11:00 OPEN	77	00:00:04	02:31:34.05	02:31:38.40	+01:37:42 (64.5%)	21:39	2.8 (35.9%)
491	ZIELINSKI Piotr	696		12:30 OPEN	70	00:00:03	02:32:06.25	02:32:09.65	+01:38:15 (64.6%)	21:43	2.8 (35.9%)
492	CIOLEK Arkadiusz	89		12:30 OPEN	71	00:00:03	02:32:08.30	02:32:11.85	+01:38:17 (64.6%)	21:44	2.8 (35.9%)
493	MIKLASINSKA Izabela	406		11:00 OPEN	78	00:00:05	02:32:15.85	02:32:21.35	+01:38:24 (64.6%)	21:45	2.8 (35.9%)
494	JAKALSKI Jaroslaw	236		11:00 OPEN	79	00:00:06	02:32:25.90	02:32:31.90	+01:38:34 (64.7%)	21:46	2.8 (35.9%)
495	KLIMSIK Piotr	269		11:00 OPEN	80	00:00:05	02:32:46.95	02:32:52.20	+01:38:55 (64.8%)	21:49	2.7 (34.6%)
496	SOSNOWSKI Wojciech	568		11:00 OPEN	81	00:00:06	02:33:02.30	02:33:08.30	+01:39:11 (64.8%)	21:51	2.7 (34.6%)
497	POLO Marc O	491	SOPRANO HARD CROSS FAMILIA	12:00 OPEN	52	00:00:05	02:35:05.95	02:35:11.75	+01:41:14 (65.3%)	22:09	2.7 (34.6%)
498	WOLKOWICKI Mateusz	676	SOPRANO HARD CROSS FAMILIA	12:00 OPEN	53	00:00:05	02:35:06.85	02:35:11.85	+01:41:15 (65.3%)	22:09	2.7 (34.6%)
499	KOCJAN Marek	272		12:00 OPEN	54	00:00:04	02:35:07.05	02:35:11.75	+01:41:15 (65.3%)	22:09	2.7 (34.6%)
500	SZAJERSKI Daniel	591	SOPRANO HARD CROSS FAMILIA	12:00 OPEN	55	00:00:04	02:35:07.30	02:35:11.60	+01:41:16 (65.3%)	22:09	2.7 (34.6%)
501	KONYUKH Irena	284	SOPRANO HARD CROSS FAMILIA	12:00 OPEN	56	00:00:03	02:35:07.95	02:35:11.75	+01:41:16 (65.3%)	22:09	2.7 (34.6%)
502	KUSZCZAK Natalia	345	TIGER	12:00 OPEN	57	00:00:03	02:35:08.00	02:35:11.95	+01:41:16 (65.3%)	22:09	2.7 (34.6%)
503	LABUHN Marta	351		12:00 OPEN	58	00:00:03	02:35:08.10	02:35:11.45	+01:41:16 (65.3%)	22:09	2.7 (34.6%)
504	MROCH Wioleta	415	TIGER GYM GDYNIA	12:00 OPEN	59	00:00:03	02:35:08.25	02:35:11.30	+01:41:17 (65.3%)	22:09	2.7 (34.6%)
505	STYBEL Paulina	589		12:00 OPEN	60	00:00:02	02:35:09.00	02:35:11.75	+01:41:17 (65.3%)	22:09	2.7 (34.6%)
505	CZERWINSKA Katarzyna	95		12:00 OPEN	61	00:00:02	02:35:09.00	02:35:11.65	+01:41:17 (65.3%)	22:09	2.7 (34.6%)
507	SZYMANSKI Krzysztof	611	SZYMANSCY	12:00 OPEN	62	00:00:02	02:36:50.20	02:36:53.05	+01:42:59 (65.7%)	22:24	2.7 (34.6%)
508	JASINISKI Marcin	741	KOLOBRZEG	12:00 OPEN	63	00:00:02	02:36:56.80	02:36:59.05	+01:43:05 (65.7%)	22:25	2.7 (34.6%)
509	BASARA Agnieszka	35	SPORTFICIAKI	10:30 OPEN	98	00:00:02	02:37:06.95	02:37:08.95	+01:43:15 (65.7%)	22:26	2.7 (34.6%)
510	OPASKA Jolanta	450	SPORTFICIAKI	10:30 OPEN	99	00:00:01	02:37:07.60	02:37:09.10	+01:43:16 (65.7%)	22:26	2.7 (34.6%)
511	WOLANO Anna	671	SPORTFICIAKI	10:30 OPEN	100	00:00:00	02:37:09.10	02:37:09.40	+01:43:17 (65.7%)	22:27	2.7 (34.6%)
512	MUSIAL Marta	422	LEBORK TEAM	12:30 OPEN	72	00:00:06	02:37:21.90	02:37:28.45	+01:43:30 (65.8%)	22:28	2.7 (34.6%)
513	SOBON Donata	565		10:30 OPEN	101	00:00:01	02:37:37.70	02:37:39.60	+01:43:46 (65.8%)	22:31	2.7 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
514	BARANSKI Maciej	27		12:30 OPEN	73	00:00:05	02:37:40.30	02:37:45.85	+01:43:49 (65.8%)	22:31	2.7 (34.6%)
515	BURMAN Tomasz	67		12:30 OPEN	74	00:00:05	02:37:58.70	02:38:03.75	+01:44:07 (65.9%)	22:34	2.7 (34.6%)
516	BIESZK Bartosz	46		12:30 OPEN	75	00:00:05	02:37:58.80	02:38:04.30	+01:44:07 (65.9%)	22:34	2.7 (34.6%)
517	KUTTA Piotr	347		12:30 OPEN	76	00:00:05	02:37:59.25	02:38:04.55	+01:44:08 (65.9%)	22:34	2.7 (34.6%)
518	DOBOSIEWICZ Elzbieta	107		12:30 OPEN	77	00:00:04	02:38:00.50	02:38:04.95	+01:44:09 (65.9%)	22:34	2.7 (34.6%)
519	SZARSZEWSKA Natalia	592		12:30 OPEN	78	00:00:04	02:38:00.70	02:38:04.85	+01:44:09 (65.9%)	22:34	2.7 (34.6%)
520	GRZENKOWICZ Agnieszka	183		11:00 OPEN	82	00:00:03	02:38:19.80	02:38:23.25	+01:44:28 (66.0%)	22:37	2.7 (34.6%)
521	GOLUBOWICZ Marcin	167		11:00 OPEN	83	00:00:04	02:38:22.25	02:38:26.85	+01:44:31 (66.0%)	22:37	2.7 (34.6%)
522	WOZNIAK Filip	677	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	64	00:00:06	02:38:57.75	02:39:04.25	+01:45:06 (66.1%)	22:42	2.6 (33.3%)
523	CZERWINSKA-HAREZIAK Milena	96	HOT SHAPES STUDIO	12:00 OPEN	65	00:00:08	02:38:58.30	02:39:06.35	+01:45:07 (66.1%)	22:42	2.6 (33.3%)
524	ADRYAN Adam	6	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	66	00:00:07	02:39:09.95	02:39:17.35	+01:45:18 (66.2%)	22:44	2.6 (33.3%)
525	NOWICKA Magdalena	441		11:00 OPEN	84	00:00:02	02:39:15.55	02:39:18.15	+01:45:24 (66.2%)	22:45	2.6 (33.3%)
526	KWIATKOWSKA Aleksandra	349		11:00 OPEN	85	00:00:02	02:39:16.10	02:39:18.15	+01:45:24 (66.2%)	22:45	2.6 (33.3%)
527	KAROLAK Marta	253		11:00 OPEN	86	00:00:01	02:39:16.25	02:39:18.15	+01:45:25 (66.2%)	22:45	2.6 (33.3%)
528	REMBACKI Adam	514		10:30 OPEN	102	00:00:09	02:39:30.95	02:39:40.75	+01:45:39 (66.2%)	22:47	2.6 (33.3%)
529	KONARSKI Mirosław	281		10:30 OPEN	103	00:00:09	02:39:31.65	02:39:40.80	+01:45:40 (66.2%)	22:47	2.6 (33.3%)
530	KACZMAREK Magdalena	246		10:30 OPEN	104	00:00:08	02:39:31.95	02:39:40.65	+01:45:40 (66.2%)	22:47	2.6 (33.3%)
531	JAWORSKA Karolina	233		10:30 OPEN	105	00:00:08	02:39:32.70	02:39:41.05	+01:45:41 (66.2%)	22:47	2.6 (33.3%)
532	BRUCH Edyta	60		10:30 OPEN	106	00:00:08	02:39:32.85	02:39:41.15	+01:45:41 (66.2%)	22:47	2.6 (33.3%)
533	BIELEWICZ Anna	44	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	67	00:00:08	02:39:40.35	02:39:48.65	+01:45:49 (66.3%)	22:48	2.6 (33.3%)
534	WCISLA Marcin	644	PLANETA FITNESS	12:00 OPEN	68	00:00:06	02:40:36.45	02:40:42.75	+01:46:45 (66.5%)	22:56	2.6 (33.3%)
535	ZÓLTAK Aleksandra	705	PLANETA FITNESS	12:00 OPEN	69	00:00:05	02:40:38.80	02:40:44.45	+01:46:47 (66.5%)	22:57	2.6 (33.3%)
536	SKIERKA Weronika	551	CENTRUM KETTLEBELL SLUPSK	12:00 OPEN	70	00:00:07	02:41:05.00	02:41:12.45	+01:47:13 (66.6%)	23:00	2.6 (33.3%)
537	KUPREWICZ Grzegorz	339		12:00 OPEN	71	00:00:03	02:41:41.80	02:41:45.05	+01:47:50 (66.7%)	23:06	2.6 (33.3%)
538	SZUMACHER Marta	607		12:00 OPEN	72	00:00:02	02:41:42.40	02:41:45.35	+01:47:51 (66.7%)	23:06	2.6 (33.3%)
539	SZYMANSKA Anna	610	SZYMANSKY	12:00 OPEN	73	00:00:03	02:42:09.10	02:42:12.85	+01:48:17 (66.8%)	23:09	2.6 (33.3%)
540	GORYNSKA Daria	168	W KUPIE SILA	11:00 OPEN	87	00:00:01	02:42:21.40	02:42:22.70	+01:48:30 (66.8%)	23:11	2.6 (33.3%)
541	GOCYK Magdalena	161		12:00 OPEN	74	00:00:01	02:43:22.20	02:43:24.05	+01:49:31 (67.0%)	23:20	2.6 (33.3%)
542	LUBKOWSKA Magdalena	375		12:00 OPEN	75	00:00:01	02:43:34.05	02:43:35.40	+01:49:42 (67.1%)	23:22	2.6 (33.3%)
543	CZARNECKA Teresa	94		12:30 OPEN	79	00:00:06	02:43:39.70	02:43:45.85	+01:49:48 (67.1%)	23:22	2.6 (33.3%)
544	GODEK Cezary	162		12:30 OPEN	80	00:00:06	02:43:41.15	02:43:47.20	+01:49:49 (67.1%)	23:23	2.6 (33.3%)
545	STEFANSKA Agnieszka	578	AKTYWNA FABRYKA	12:00 OPEN	76	00:00:01	02:44:21.30	02:44:22.40	+01:50:30 (67.2%)	23:28	2.6 (33.3%)
546	LAWER Krzysztof	368		10:30 OPEN	107	00:00:05	02:44:52.10	02:44:57.10	+01:51:00 (67.3%)	23:33	2.5 (32.1%)
547	KOŁODZIEJCZAK Grzegorz	280	PARKRUN SZCZECINEK	11:00 OPEN	88	00:00:07	02:46:58.95	02:47:06.40	+01:53:07 (67.7%)	23:51	2.5 (32.1%)
548	ROMANOWSKA Iwona	524		11:00 OPEN	89	00:00:07	02:46:59.75	02:47:07.10	+01:53:08 (67.8%)	23:51	2.5 (32.1%)
549	KOŁODZIEJCZAK Marcin	279		11:00 OPEN	90	00:00:07	02:47:00.05	02:47:07.10	+01:53:08 (67.8%)	23:51	2.5 (32.1%)
550	STELMASZUK Aneta	579		11:00 OPEN	91	00:00:06	02:47:01.35	02:47:08.15	+01:53:10 (67.8%)	23:51	2.5 (32.1%)
551	DZIURLA Marzena	125		12:30 OPEN	81	00:00:06	02:48:21.15	02:48:27.80	+01:54:29 (68.0%)	24:03	2.5 (32.1%)
552	GAWORECKI Sławomir	148		12:30 OPEN	82	00:00:07	02:48:26.45	02:48:33.90	+01:54:35 (68.0%)	24:03	2.5 (32.1%)
553	LITWINCZUK Robert	364		12:30 OPEN	83	00:00:06	02:48:26.95	02:48:33.85	+01:54:35 (68.0%)	24:03	2.5 (32.1%)
554	BANKA Marcin	20		12:30 OPEN	84	00:00:06	02:48:27.55	02:48:34.45	+01:54:36 (68.0%)	24:04	2.5 (32.1%)
555	CIBORSKA Dorota	85	CROSSFIT TORUN	12:00 OPEN	77	00:00:02	02:52:16.65	02:52:19.40	+01:58:25 (68.7%)	24:36	2.4 (30.8%)
556	STRAMEK Lukasz	586	CROSSFIT TORUN	12:00 OPEN	78	00:00:01	02:52:42.35	02:52:44.30	+01:58:51 (68.8%)	24:40	2.4 (30.8%)
557	DREW CZYNSKA Monika	112		11:30 OPEN	83	00:00:07	02:54:46.70	02:54:54.50	+02:00:55 (69.2%)	24:58	2.4 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
558	KACZKOWSKA Justyna	244	RAMS TRAINING HOUSE	10:30 OPEN	108	00:00:03	02:54:59.45	02:55:03.40	+02:01:08 (69.2%)	25:00	2.4 (30.8%)
559	BUKOWSKI Dawid	66		11:30 OPEN	84	00:00:06	02:55:00.55	02:55:07.40	+02:01:09 (69.2%)	25:00	2.4 (30.8%)
560	ROJEWSKA Nadia	522	RAMS TEAM	10:30 OPEN	109	00:00:03	02:55:01.40	02:55:05.20	+02:01:10 (69.2%)	25:00	2.4 (30.8%)
561	LESICA Sylwia	358		12:00 OPEN	79	00:00:08	03:02:26.85	03:02:35.55	+02:08:35 (70.5%)	26:03	2.3 (29.5%)
562	NENCA Katarzyna	433		12:00 OPEN	80	00:00:08	03:02:33.80	03:02:42.35	+02:08:42 (70.5%)	26:04	2.3 (29.5%)
563	KAZIÓW Ryszard	260	STOPA SLUPSK	12:00 OPEN	81	00:00:07	03:02:40.00	03:02:47.20	+02:08:48 (70.5%)	26:05	2.3 (29.5%)
564	NENCA Mariusz	432		12:00 OPEN	82	00:00:08	03:02:41.10	03:02:49.10	+02:08:49 (70.5%)	26:05	2.3 (29.5%)
565	DAWIDOWICZ Natalia	103		11:00 OPEN	92	00:00:06	03:05:16.50	03:05:23.35	+02:11:25 (70.9%)	26:28	2.3 (29.5%)
566	DUDEK Dorota	117	DECATHLON	11:00 OPEN	93	00:00:05	03:05:16.70	03:05:22.25	+02:11:25 (70.9%)	26:28	2.3 (29.5%)
567	ZABICKA Kamila	703	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	94	00:00:07	03:05:24.25	03:05:31.35	+02:11:33 (71.0%)	26:29	2.3 (29.5%)
568	DROZD Magdalena	113	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	95	00:00:07	03:05:55.20	03:06:03.05	+02:12:04 (71.0%)	26:33	2.3 (29.5%)
569	TUROWSKI Michal	628	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	96	00:00:06	03:06:00.95	03:06:07.70	+02:12:09 (71.0%)	26:34	2.3 (29.5%)
570	DRUZGALA Michal	114	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	97	00:00:06	03:06:09.40	03:06:15.90	+02:12:18 (71.1%)	26:35	2.3 (29.5%)
571	SOWIERSZENKO Maciej	570	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	98	00:00:08	03:06:24.10	03:06:32.25	+02:12:32 (71.1%)	26:37	2.3 (29.5%)
572	WU Iian	745		10:30 OPEN	110	00:00:02	03:06:25.90	03:06:28.75	+02:12:34 (71.1%)	26:38	2.3 (29.5%)
573	DZIOBALA Renata	124	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	99	00:00:06	03:07:16.45	03:07:22.65	+02:13:25 (71.2%)	26:45	2.2 (28.2%)
574	BEDNARCZUK Kamilla	39	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	100	00:00:05	03:07:17.30	03:07:22.85	+02:13:26 (71.2%)	26:45	2.2 (28.2%)
575	RUT Monika	528	DECATHLON SLUPSK NAKRECAMY SPORT	11:00 OPEN	101	00:00:05	03:07:17.65	03:07:22.75	+02:13:26 (71.2%)	26:45	2.2 (28.2%)
	KOWALSKI Krzysztof	306		12:30 OPEN		DNF	DNF	DNF	-	-	(0.0%)
	ALEKSANDROWICZ Katarzyna	8		13:00 OPEN		DNF	DNF	DNF	-	-	(0.0%)
	ALEKSANDROWICZ Aleksander	9		13:00 OPEN		DNF	DNF	DNF	-	-	(0.0%)
	KOSECKI Bartek	291	RAGE RUN	12:30 OPEN		DNF	DNF	DNF	-	-	(0.0%)
	SALACH Malgorzata	535	CROSSFIT TORUN	12:00 OPEN		DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 580 wynik(ów)