

**Organizator:** SSW Malta Poznań  
**Data:** 2016-05-03  
**Miejsce:** Poznań  
**Dystans:** 20 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4km	8km	12km	16km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
1	<b>MICHAJLUK Stanisław</b>	<b>23</b>	SKIKE POLKOWICE	M 40-49	1	00:00:01	00:10:01	00:20:21	00:30:58	00:41:30	<b>00:51:26.25</b>	<b>00:51:27.60</b>		2:34	23.3 (100%)
2	<b>SIEDZIŃSKI Sławomir</b>	<b>77</b>		M 30-39	1	00:00:04	00:10:55	00:22:05	00:33:25	00:44:50	<b>00:56:20.95</b>	<b>00:56:24.95</b>	+00:04:54 (8.7%)	2:49	21.3 (91.4%)
3	<b>MICHAJLUK Jolanta</b>	<b>22</b>	SKIKE POLKOWICE	K 40-49	1	00:00:02	00:12:00	00:23:45	00:35:40	00:47:32	<b>00:59:26.70</b>	<b>00:59:28.80</b>	+00:08:00 (13.5%)	2:58	20.2 (86.7%)
4	<b>ARCZYKOWSKI Maciej</b>	<b>26</b>	SKIKING.PL	M 40-49	2	00:00:02	00:11:33	00:23:42	00:36:03	00:48:57	<b>01:01:35.55</b>	<b>01:01:37.90</b>	+00:10:09 (16.5%)	3:04	19.5 (83.7%)
5	<b>PTASZYŃSKI Wojciech</b>	<b>46</b>	TGV RUNNING TEAM	M 50-59	1	00:00:02	00:12:15	00:24:27	00:36:54	00:49:28	<b>01:01:40.90</b>	<b>01:01:43.85</b>	+00:10:14 (16.6%)	3:05	19.5 (83.7%)
6	<b>CHACHURSKI Ryszard</b>	<b>83</b>	KU AZS WAT	M 50-59	2	00:00:01	00:12:01	00:24:18	00:36:45	00:49:25	<b>01:01:45.40</b>	<b>01:01:47.30</b>	+00:10:19 (16.7%)	3:05	19.4 (83.3%)
7	<b>WOŁOWCZYK Mariola</b>	<b>82</b>	SKIKE POLSKA	K 40-49	2	00:00:02	00:15:17	00:30:13	00:45:34	01:01:11	<b>01:17:23.00</b>	<b>01:17:25.45</b>	+00:25:56 (33.5%)	3:52	15.5 (66.5%)
8	<b>CIECHANOWSKI Waldek</b>	<b>168</b>		M 40-49	3	00:00:04	00:24:14	00:36:56	00:50:23	01:04:17	<b>01:18:44.15</b>	<b>01:18:48.30</b>	+00:27:17 (34.7%)	3:56	15.2 (65.2%)
9	<b>KOŁODZIEJ Zbigniew</b>	<b>103</b>	NARTOROLKI.PL	M 50-59	3	00:00:03	00:14:49	00:30:42	00:47:15	01:04:22	<b>01:22:16.55</b>	<b>01:22:20.30</b>	+00:30:50 (37.5%)	4:06	14.6 (62.7%)
10	<b>SIEDZIŃSKI Wiesław</b>	<b>157</b>		M 60-69	1	00:00:04	00:15:32	00:31:24	00:47:57	01:05:17	<b>01:23:15.10</b>	<b>01:23:19.85</b>	+00:31:48 (38.2%)	4:09	14.4 (61.8%)

Znaleziono 10 wynik(ów)