

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4km	8km	12km	16km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
1	CIEŹKI Paweł	141	TEAM DER-ROLLENSHOP.DE POWERSLIDE	M 16-29	1	00:00:01	00:06:44	00:13:58	00:20:58	00:28:11	00:34:46.55	00:34:48.15		1:44	34.5 (100%)
2	GWADERA Daniel	183	JABRA ROLLER TEAM	M 16-29	2	00:00:01	00:06:44	00:13:58	00:21:12	00:28:53	00:36:33.90	00:36:35.60	+00:01:47 (4.9%)	1:49	32.8 (95.1%)
3	KOŚCIUK Jakub	182	JABRA ROLLER TEAM	M 16-29	3	00:00:01	00:06:44	00:13:58	00:21:12	00:28:54	00:36:34.55	00:36:35.75	+00:01:48 (4.9%)	1:49	32.8 (95.1%)
4	FLEJSZER Łukasz	129	U.K.S. 'ZWOLEŃ-TEAM'	M 30-39	1	00:00:01	00:06:57	00:14:39	00:22:11	00:29:37	00:36:57.95	00:36:59.30	+00:02:11 (5.9%)	1:50	32.5 (94.2%)
5	GRACZYK Piotr	111	ZICO RACING SPEED TEAM	M 30-39	2	00:00:01	00:07:17	00:14:58	00:22:15	00:29:37	00:36:58.90	00:37:00.85	+00:02:12 (6.0%)	1:50	32.4 (93.9%)
6	CIBOROWSKI Sebastian	171	SEBA-SPORT PISZ	M 40-49	1	00:00:01	00:07:17	00:14:58	00:22:14	00:29:37	00:37:00.35	00:37:01.40	+00:02:13 (6.0%)	1:51	32.4 (93.9%)
7	KNOP Adam	101	ROLL4LIFE	M 16-29	4	00:00:01	00:07:17	00:14:58	00:22:15	00:29:38	00:37:01.05	00:37:02.35	+00:02:14 (6.1%)	1:51	32.4 (93.9%)
8	KARAŚ Dominika	13	LEGIA WARSZAWA MASTERS	K 30-39	1	00:00:01	00:07:18	00:14:58	00:22:15	00:29:37	00:37:01.50	00:37:03.40	+00:02:14 (6.1%)	1:51	32.4 (93.9%)
9	ZACZKOWSKA Wioletta	53	TR STARBLADE	K 40-49	1	00:00:01	00:07:19	00:14:59	00:22:15	00:29:37	00:37:06.10	00:37:07.70	+00:02:19 (6.3%)	1:51	32.3 (93.6%)
10	JURCZUK Piotr	166	LEGIA WARSZAWA MASTERS	M 30-39	3	00:00:02	00:07:16	00:14:58	00:22:14	00:29:49	00:38:18.55	00:38:20.65	+00:03:32 (9.2%)	1:54	31.3 (90.7%)
11	BUKOWSKI Maciej	87	BST/SPORT4LIFE	M 30-39	4	00:00:04	00:07:35	00:15:22	00:23:10	00:31:06	00:38:41.65	00:38:46.40	+00:03:55 (10.1%)	1:56	31 (89.9%)
12	FRYDRYCH Robert	75		M 40-49	2	00:00:10	00:07:29	00:15:17	00:23:05	00:31:01	00:38:43.05	00:38:53.45	+00:03:56 (10.2%)	1:56	31 (89.9%)
13	PERZ Daniel	30	ZICO RACING SPEED TEAM ADEPT	M 16-29	5	00:00:01	00:07:38	00:15:26	00:23:13	00:31:10	00:38:45.00	00:38:46.35	+00:03:58 (10.3%)	1:56	31 (89.9%)
14	MAŁACHOWSKI Oz	179	ZICO RACING SPEED TEAM	M 30-39	5	00:00:01	00:07:38	00:15:25	00:23:14	00:31:09	00:38:45.25	00:38:46.30	+00:03:58 (10.3%)	1:56	31 (89.9%)
15	SAPIJASZKO Łukasz	64	LEGIA MASTERS	M 30-39	6	00:00:04	00:07:34	00:15:22	00:23:10	00:31:06	00:38:45.65	00:38:49.75	+00:03:59 (10.3%)	1:56	31 (89.9%)
16	WÓJCIK Tomasz	123		M 40-49	3	00:00:04	00:07:35	00:15:22	00:23:10	00:31:06	00:38:46.65	00:38:50.95	+00:04:00 (10.3%)	1:56	31 (89.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
						startu	4km	8km	12km	16km					
17	ADAMSKI Jan	109	LEGIA WARSZAWA MASTERS	M 30-39	7	00:00:02	00:07:34	00:15:22	00:23:10	00:31:05	00:38:47.90	00:38:50.75	+00:04:01 (10.4%)	1:56	30.9 (89.6%)
18	STANISZEWSKI Jarosław	105	TR STARBLADE	M 40-49	4	00:00:03	00:07:35	00:15:23	00:23:11	00:31:07	00:38:48.20	00:38:51.80	+00:04:01 (10.4%)	1:56	30.9 (89.6%)
19	JARKIEWICZ Marcin	72		M 40-49	5	00:00:03	00:07:33	00:15:21	00:23:09	00:31:04	00:38:48.50	00:38:52.35	+00:04:01 (10.4%)	1:56	30.9 (89.6%)
20	KABZA Grzegorz	29	SKATE2CITY	M 40-49	6	00:00:03	00:07:34	00:15:22	00:23:10	00:30:33	00:38:48.95	00:38:52.20	+00:04:02 (10.4%)	1:56	30.9 (89.6%)
21	KROEHNKE Stanisław	8	ZICO RACING SPEED TEAM	M 16-29	6	00:00:01	00:07:36	00:15:24	00:23:12	00:31:07	00:38:49.15	00:38:50.75	+00:04:02 (10.4%)	1:56	30.9 (89.6%)
22	NIEWIAROWSKI Jarosław	170	ZŁO-DZI 461	M 30-39	8	00:00:02	00:07:38	00:15:25	00:23:13	00:31:09	00:38:49.20	00:38:52.10	+00:04:02 (10.4%)	1:56	30.9 (89.6%)
23	BUJACZ Marcin	91	8WHEELERS ŁÓDŹ	M 16-29	7	00:00:02	00:07:35	00:15:22	00:23:10	00:31:06	00:38:49.45	00:38:52.00	+00:04:02 (10.4%)	1:56	30.9 (89.6%)
24	PACZUSKI Jarosław	173	ROLLA SPEED TEAM	M 50-59	1	00:00:02	00:07:18	00:14:58	00:22:43	00:30:36	00:38:50.00	00:38:52.30	+00:04:03 (10.4%)	1:56	30.9 (89.6%)
25	SŁABOSZEWSKI Artur	180	SKATE2CITY	M 40-49	7	00:00:02	00:07:36	00:15:23	00:23:11	00:31:06	00:38:52.35	00:38:54.60	+00:04:05 (10.5%)	1:56	30.9 (89.6%)
26	MAJEWSKI Piotr	44	SKATE2CITY	M 60-69	1	00:00:02	00:07:35	00:15:22	00:23:12	00:31:07	00:38:52.80	00:38:55.55	+00:04:06 (10.6%)	1:56	30.9 (89.6%)
27	KARAŚ Tomasz	14	LEGIA WARSZAWA MASTERS	M 30-39	9	00:00:02	00:07:35	00:15:24	00:23:11	00:31:07	00:38:53.15	00:38:55.55	+00:04:06 (10.6%)	1:56	30.9 (89.6%)
28	KOZŁOWSKA Nikola	158	SKATE TEAM KOWALÓW	K 16-29	1	00:00:01	00:07:37	00:15:24	00:23:12	00:31:08	00:38:59.25	00:39:00.95	+00:04:12 (10.8%)	1:56	30.8 (89.3%)
29	MAZURAK Zbigniew	67	TR STARBLADE	M 40-49	8	00:00:03	00:07:35	00:15:23	00:23:11	00:31:06	00:39:30.95	00:39:33.95	+00:04:44 (12.0%)	1:58	30.4 (88.1%)
30	ZNAJDEK Paweł	86	BST	M 30-39	10	00:00:04	00:07:56	00:16:47	00:25:35	00:34:14	00:42:17.45	00:42:21.90	+00:07:30 (17.8%)	2:06	28.4 (82.3%)
31	DZIK Jakub	38		M 30-39	11	00:00:04	00:07:51	00:16:27	00:25:17	00:34:09	00:42:18.10	00:42:22.40	+00:07:31 (17.8%)	2:06	28.4 (82.3%)
32	OBARA Maria	161		K 16-29	2	00:00:03	00:08:11	00:16:53	00:25:35	00:34:16	00:42:20.65	00:42:23.70	+00:07:34 (17.9%)	2:07	28.3 (82.0%)
33	KOPYT Jan	102	NIESTOWARZYSZONY	M 70+	1	00:00:03	00:08:12	00:16:53	00:25:35	00:34:16	00:42:20.85	00:42:24.40	+00:07:34 (17.9%)	2:07	28.3 (82.0%)
34	PARTYKA Natalia	84	ZICO RACING SPEED TEAM	K 30-39	2	00:00:01	00:08:14	00:16:55	00:25:37	00:34:18	00:42:22.90	00:42:24.40	+00:07:36 (17.9%)	2:07	28.3 (82.0%)
35	GRZEGORCZYK Marcel	78	UKS ZWOLEŃ-TEAM	M 16-29	8	00:00:02	00:08:13	00:16:55	00:25:36	00:34:18	00:42:39.35	00:42:41.70	+00:07:52 (18.5%)	2:07	28.1 (81.4%)
36	URYZAJ Karolina	41	SKATE2CITY	K 40-49	2	00:00:02	00:07:59	00:16:49	00:25:36	00:34:18	00:42:40.30	00:42:43.20	+00:07:53 (18.5%)	2:08	28.1 (81.4%)
37	PODCZASKI Stanisław	32		M 40-49	9	00:00:03	00:07:51	00:16:29	00:25:17	00:34:17	00:42:41.00	00:42:44.20	+00:07:54 (18.5%)	2:08	28.1 (81.4%)
38	CIBOROWSKA Aneta	172	SEBA-SPORT PISZ	K 30-39	3	00:00:02	00:08:12	00:16:54	00:25:36	00:34:18	00:43:10.45	00:43:12.55	+00:08:23 (19.5%)	2:09	27.8 (80.6%)
39	WALCZAK Rafał	66		M 30-39	12	00:00:03	00:08:12	00:16:54	00:25:36	00:34:17	00:44:10.75	00:44:13.80	+00:09:24 (21.3%)	2:12	27.2 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
						startu	4km	8km	12km	16km					
40	SAPIJASZKO Marta	65	LEGIA MASTERS	K 30-39	4	00:00:04	00:08:29	00:17:10	00:26:15	00:35:37	00:44:36.75	00:44:41.40	+00:09:50 (22.0%)	2:13	26.9 (78.0%)
41	KOWALSKI Krzysztof	138	UKS ZRYW SŁOMCZYN	M 40-49	10	00:00:04	00:08:30	00:17:10	00:26:15	00:35:37	00:45:01.00	00:45:05.05	+00:10:14 (22.7%)	2:15	26.7 (77.4%)
42	CHILIŃSKI Eryk	174		M 16-29	9	00:00:03	00:08:30	00:17:11	00:26:57	00:36:43	00:46:27.80	00:46:31.10	+00:11:41 (25.2%)	2:19	25.8 (74.8%)
43	SPRINGER Aleksandra	106		K 16-29	3	00:00:02	00:08:12	00:16:54	00:26:58	00:36:40	00:46:56.50	00:46:58.60	+00:12:09 (25.9%)	2:20	25.6 (74.2%)
44	KUCHARZYK Piotr	3	ZICO RACING SPEED TEAM	M 40-49	11	00:00:01	00:08:32	00:17:30	00:27:48	00:37:42	00:46:58.25	00:47:00.20	+00:12:11 (26.0%)	2:20	25.5 (73.9%)
45	KOPRAS Marek	49	ZICO RACING SPEED TEAM	M 50-59	2	00:00:04	00:09:31	00:19:07	00:29:05	00:38:51	00:47:54.25	00:47:59.15	+00:13:07 (27.4%)	2:23	25 (72.5%)
46	WOJCIECHOWSKI Michał	165		M 40-49	12	00:00:03	00:09:17	00:18:51	00:28:36	00:38:21	00:47:54.80	00:47:57.80	+00:13:08 (27.4%)	2:23	25.1 (72.8%)
47	LEŚNIEWICZ Danuta	178	MINIONSSPEEDTEAM	K 30-39	5	00:00:05	00:09:14	00:18:49	00:28:34	00:38:18	00:48:02.55	00:48:07.75	+00:13:16 (27.6%)	2:24	25 (72.5%)
48	LIZUT Krzysztof	39	TR STARBLADE	M 50-59	3	00:00:03	00:09:16	00:18:50	00:28:35	00:38:20	00:48:04.45	00:48:08.05	+00:13:17 (27.7%)	2:24	25 (72.5%)
49	KRYGIER Michał	150	IMPERBLADE	M 16-29	10	00:00:10	00:09:26	00:19:00	00:28:57	00:38:52	00:48:30.05	00:48:40.25	+00:13:43 (28.3%)	2:25	24.7 (71.6%)
50	HOJDAK Artur	135		M 40-49	13	00:00:05	00:09:46	00:19:46	00:29:34	00:39:12	00:48:31.95	00:48:37.65	+00:13:45 (28.3%)	2:25	24.7 (71.6%)
51	JANOWIAK Anna	50	TR STARBLADE	K 40-49	3	00:00:04	00:09:15	00:18:52	00:28:34	00:38:28	00:48:32.45	00:48:37.35	+00:13:45 (28.4%)	2:25	24.7 (71.6%)
52	DOMAGAŁA Konrad	132	KONFIZJO KONRAD DOMAGAŁA	M 16-29	11	00:00:08	00:09:19	00:19:03	00:29:02	00:38:53	00:48:51.55	00:49:00.10	+00:14:05 (28.8%)	2:26	24.6 (71.3%)
53	KRYCH Jakub	115		M 30-39	13	00:00:04	00:08:29	00:17:58	00:27:44	00:37:56	00:49:08.70	00:49:12.75	+00:14:22 (29.2%)	2:27	24.4 (70.7%)
54	GRELOWSKI Krzysztof	175	SSW MALTA POZNAŃ	M 50-59	4	00:00:04	00:08:35	00:19:06	00:29:04	00:39:04	00:49:16.90	00:49:21.15	+00:14:30 (29.4%)	2:27	24.3 (70.4%)
55	KIEJDA Łukasz	125		M 30-39	14	00:00:08	00:09:59	00:19:59	00:29:49	00:39:50	00:49:55.35	00:50:03.50	+00:15:08 (30.3%)	2:29	24 (69.6%)
56	TROMBALA Adam	112		M 30-39	15	00:00:06	00:10:07	00:20:21	00:30:20	00:40:21	00:50:07.75	00:50:14.35	+00:15:21 (30.6%)	2:30	23.9 (69.3%)
57	WAWRZYŃSKA Donata	177		K 16-29	4	00:00:05	00:10:00	00:20:02	00:30:06	00:40:27	00:50:18.65	00:50:24.15	+00:15:32 (30.9%)	2:30	23.8 (69.0%)
58	LUKASIS Luka	176		M 30-39	16	00:00:05	00:09:30	00:20:02	00:30:06	00:40:27	00:50:18.75	00:50:24.15	+00:15:32 (30.9%)	2:30	23.8 (69.0%)
59	RUTKOWSKI Wojciech	17	CZERWONAK	M 60-69	2	00:00:05	00:09:43	00:19:59	00:30:02	00:40:14	00:50:34.85	00:50:40.80	+00:15:48 (31.2%)	2:31	23.7 (68.7%)
60	ZAWADZKI Michał	51		M 30-39	17	00:00:05	00:09:28	00:19:32	00:30:06	00:40:25	00:50:35.10	00:50:41.05	+00:15:48 (31.3%)	2:31	23.7 (68.7%)
61	PRZYSIECKI Szczepan	136	IMPERBLADE	M 16-29	12	00:00:09	00:09:43	00:19:54	00:29:59	00:40:19	00:50:36.00	00:50:45.65	+00:15:49 (31.3%)	2:31	23.7 (68.7%)
62	STANISZEWSKA Kasia	37	NIGHT RUNNERS	K 40-49	4	00:00:06	00:09:44	00:20:01	00:30:04	00:40:26	00:51:26.70	00:51:32.95	+00:16:40 (32.4%)	2:34	23.3 (67.5%)

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						startu	4km	8km	12km	16km					
63	PRIEBE Jacek	56		M 40-49	14	00:00:03	00:09:48	00:20:02	00:30:05	00:40:30	00:51:28.10	00:51:31.30	+00:16:41 (32.4%)	2:34	23.3 (67.5%)
64	GĄGAŁA Włodzimierz	128		M 50-59	5	00:03:38	00:10:08	00:20:40	00:31:11	00:41:30	00:51:30.80	00:55:09.30	+00:16:44 (32.5%)	2:34	23.3 (67.5%)
65	PATORA Jerzy	121	SKATE2CITY	M 60-69	3	00:00:05	00:09:29	00:19:11	00:30:04	00:40:29	00:51:30.85	00:51:36.70	+00:16:44 (32.5%)	2:34	23.3 (67.5%)
66	JANIAK Karol	80		M 60-69	4	00:00:04	00:10:02	00:20:02	00:30:28	00:41:11	00:51:56.70	00:52:00.95	+00:17:10 (33.1%)	2:35	23.1 (67.0%)
67	MYSZKIEWICZ Andrzej	9	INDYWIDUALNIE	M 60-69	5	00:00:03	00:09:56	00:20:04	00:30:07	00:40:54	00:51:57.55	00:52:01.30	+00:17:11 (33.1%)	2:35	23.1 (67.0%)
68	ROGALIŃSKI Jerzy	71	ROGALTEAM	M 16-29	13	00:00:10	00:10:26	00:21:01	00:31:38	00:42:17	00:52:05.45	00:52:15.60	+00:17:18 (33.2%)	2:36	23 (66.7%)
69	OTOCKA Agnieszka	76		K 16-29	5	00:00:11	00:10:30	00:21:01	00:31:35	00:42:13	00:52:07.00	00:52:18.20	+00:17:20 (33.3%)	2:36	23 (66.7%)
70	HAMPEL Rafał	151	LEGIA MASTERS	M 30-39	18	00:00:05	00:09:55	00:20:00	00:30:18	00:41:10	00:52:12.00	00:52:17.20	+00:17:25 (33.4%)	2:36	23 (66.7%)
71	KONIC Katarzyna	12		K 16-29	6	00:00:09	00:10:22	00:21:05	00:31:41	00:42:16	00:52:26.60	00:52:35.95	+00:17:40 (33.7%)	2:37	22.9 (66.4%)
72	FILIP Marek	20	ZGRUPKA LUBOŃ	M 40-49	15	00:00:05	00:10:30	00:21:10	00:31:42	00:42:22	00:52:28.55	00:52:34.10	+00:17:42 (33.7%)	2:37	22.9 (66.4%)
73	KOWALSKA Anna	139	UKS ZRYW SŁOMCZYN	K 40-49	5	00:00:06	00:10:09	00:21:05	00:31:41	00:42:19	00:52:29.30	00:52:35.75	+00:17:42 (33.7%)	2:37	22.9 (66.4%)
74	BUSS Jakub	107		M 40-49	16	00:00:06	00:10:39	00:21:04	00:31:45	00:42:17	00:52:30.65	00:52:37.20	+00:17:44 (33.8%)	2:37	22.8 (66.1%)
75	ANIOŁA Beata	73		K 16-29	7	00:00:09	00:10:33	00:21:05	00:31:40	00:42:18	00:52:43.00	00:52:52.00	+00:17:56 (34.0%)	2:38	22.8 (66.1%)
76	BYRA Wiktoria	98	BYRACZ I EKIPA	K 16-29	8	00:00:09	00:10:33	00:21:04	00:31:41	00:42:17	00:52:50.25	00:53:00.15	+00:18:03 (34.2%)	2:38	22.7 (65.8%)
77	GĘDOŚ Mirosław	35	NIEZRZESZONY	M 50-59	6	00:00:03	00:10:02	00:20:03	00:30:52	00:42:02	00:52:58.55	00:53:01.55	+00:18:12 (34.4%)	2:38	22.7 (65.8%)
78	ALEKSY Piotr	4	BRAK	M 40-49	17	00:00:05	00:10:10	00:20:00	00:31:01	00:42:40	00:54:23.60	00:54:28.70	+00:19:37 (36.1%)	2:43	22.1 (64.1%)
79	SIWIŃSKA Lidia	96	3MAJ FORMĘ	K 40-49	6	00:00:04	00:10:54	00:21:45	00:32:52	00:44:16	00:55:01.90	00:55:06.35	+00:20:15 (36.8%)	2:45	21.8 (63.2%)
80	LASKOWSKI Przemysław	94		M 30-39	19	00:00:06	00:10:19	00:21:14	00:32:30	00:44:13	00:55:55.10	00:56:01.95	+00:21:08 (37.8%)	2:47	21.5 (62.3%)
81	JAGMIN Bogusław	25	3MAJFORME LUBSKO	M 60-69	6	00:00:04	00:10:54	00:21:45	00:32:52	00:44:18	00:56:35.30	00:56:39.65	+00:21:48 (38.5%)	2:49	21.2 (61.4%)
82	SZMYT Krzysztof	126		M 30-39	20	00:00:09	00:10:46	00:22:26	00:34:15	00:45:40	00:56:39.45	00:56:48.60	+00:21:52 (38.6%)	2:49	21.2 (61.4%)
83	SZCZECHOWIAK Mieczysław	118		M 60-69	7	00:00:08	00:10:54	00:22:27	00:34:16	00:45:41	00:56:40.95	00:56:49.90	+00:21:54 (38.6%)	2:50	21.2 (61.4%)
84	WOJCIECHOWSKA Grażyna	88	SKATE2CITY	K 50-59	1	00:00:06	00:11:21	00:22:42	00:34:19	00:45:30	00:56:49.05	00:56:55.50	+00:22:02 (38.8%)	2:50	21.1 (61.2%)
85	SZUMSKI Filip	169		M 16-29	14	00:00:13	00:10:40	00:21:52	00:33:44	00:45:29	00:57:05.00	00:57:18.40	+00:22:18 (39.1%)	2:51	21 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
						startu	4km	8km	12km	16km					
86	CHABERSKI Michał	43		M 40-49	18	00:00:07	00:10:26	00:21:24	00:33:26	00:45:40	00:58:01.05	00:58:08.95	+00:23:14 (40.1%)	2:54	20.7 (60.0%)
87	MORSKA Michalina	85		K 16-29	9	00:00:10	00:10:11	00:21:13	00:33:48	00:45:35	00:58:11.00	00:58:21.20	+00:23:24 (40.2%)	2:54	20.6 (59.7%)
88	KOWALAK Agnieszka	143		K 30-39	6	00:00:07	00:10:30	00:21:51	00:34:08	00:46:34	00:59:15.55	00:59:22.75	+00:24:29 (41.3%)	2:57	20.3 (58.8%)
89	KOSMALA Jan	11		M 16-29	15	00:00:09	00:10:53	00:22:45	00:35:03	00:47:04	00:59:31.30	00:59:40.70	+00:24:44 (41.6%)	2:58	20.2 (58.6%)
90	MICHALSKA Maja	131	UKS ZWOLEŃ TEAM	K 1-15	1	00:00:02	00:10:21	00:21:31	00:34:21	00:46:27	00:59:32.05	00:59:34.30	+00:24:45 (41.6%)	2:58	20.2 (58.6%)
91	PIEKOWSKI Dawid	16		M 16-29	16	00:00:07	00:11:14	00:23:06	00:35:17	00:47:13	00:59:32.50	00:59:39.85	+00:24:45 (41.6%)	2:58	20.2 (58.6%)
92	KOWALCZYK Olivia	146	UKS ZWOLEŃ - TEAM	K 1-15	2	00:00:01	00:10:22	00:21:33	00:34:22	00:46:28	00:59:34.10	00:59:35.70	+00:24:47 (41.6%)	2:58	20.1 (58.3%)
93	BAKOWSKA Magdalena	28	MAMY-BIEGAMY	K 30-39	7	00:00:09	00:11:36	00:23:36	00:36:01	00:48:12	01:00:04.25	01:00:14.05	+00:25:17 (42.1%)	3:00	20 (58.0%)
94	KIWERTZ Anna	104	MAMY-BIEGAMY	K 30-39	8	00:00:10	00:11:11	00:22:58	00:35:13	00:47:54	01:00:14.60	01:00:24.85	+00:25:28 (42.3%)	3:00	19.9 (57.7%)
95	CIEŚLIK Izabela	133		K 16-29	10	00:00:06	00:10:26	00:22:06	00:34:49	00:47:41	01:00:50.90	01:00:57.55	+00:26:04 (42.8%)	3:02	19.7 (57.1%)
96	RÓŻALSKI Sławek	95	XB	M 30-39	21	00:00:06	00:11:47	00:24:36	00:36:52	00:49:01	01:01:19.30	01:01:26.15	+00:26:32 (43.3%)	3:04	19.6 (56.8%)
97	SADŁO Mariusz	59		M 40-49	19	00:00:09	00:11:31	00:24:00	00:37:04	00:49:38	01:01:43.75	01:01:53.25	+00:26:57 (43.7%)	3:05	19.4 (56.2%)
98	MATEJA Mateusz	48		M 16-29	17	00:00:06	00:12:03	00:24:37	00:37:05	00:49:26	01:01:44.00	01:01:50.85	+00:26:57 (43.7%)	3:05	19.4 (56.2%)
99	BOGDANOWICZ Kamila	18		K 30-39	9	00:00:10	00:12:17	00:24:41	00:37:05	00:49:28	01:02:02.60	01:02:12.70	+00:27:16 (43.9%)	3:06	19.3 (55.9%)
100	SZCZEPAŃSKI Marek	5		M 40-49	20	00:00:04	00:11:48	00:23:53	00:36:14	00:48:50	01:02:09.00	01:02:13.95	+00:27:22 (44.0%)	3:06	19.3 (55.9%)
101	SZYMANOWSKA Dominika	99		K 16-29	11	00:00:06	00:11:14	00:23:41	00:36:34	00:49:33	01:02:12.05	01:02:18.80	+00:27:25 (44.1%)	3:06	19.3 (55.9%)
102	RUDYŃSKA-SIKORA Monika	34		K 30-39	10	00:00:07	00:11:53	00:23:54	00:36:07	00:49:12	01:02:56.85	01:03:04.50	+00:28:10 (44.8%)	3:08	19.1 (55.4%)
103	LISIECKA Magdalena	130		K 16-29	12	00:00:08	00:12:27	00:24:49	00:37:59	00:50:42	01:03:08.00	01:03:16.70	+00:28:21 (44.9%)	3:09	19 (55.1%)
104	NOWICKA Adriana	117		K 16-29	13	00:00:08	00:12:27	00:24:50	00:37:59	00:50:52	01:03:42.35	01:03:50.40	+00:28:55 (45.4%)	3:11	18.8 (54.5%)
105	GRAMZA Anna	108		K 40-49	7	00:00:07	00:11:27	00:23:59	00:37:01	00:50:14	01:03:58.85	01:04:06.00	+00:29:12 (45.6%)	3:11	18.8 (54.5%)
106	WALERCZYK Katarzyna	79	SSW MALTA	K 30-39	11	00:00:05	00:12:07	00:24:46	00:37:57	00:51:50	01:05:21.05	01:05:26.75	+00:30:34 (46.8%)	3:16	18.4 (53.3%)
107	NOWAK Darek	68		M 40-49	21	00:00:14	00:14:00	00:27:28	00:40:27	00:53:09	01:05:27.65	01:05:42.50	+00:30:41 (46.9%)	3:16	18.3 (53.0%)
108	SZCZOTKA Sebastian	6		M 16-29	18	00:00:06	00:11:41	00:24:35	00:38:09	00:51:18	01:05:29.30	01:05:35.85	+00:30:42 (46.9%)	3:16	18.3 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas					Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
						startu	4km	8km	12km	16km					
109	WALERCZYK Marta	81		K 16-29	14	00:00:04	00:11:16	00:23:43	00:37:58	00:51:50	01:05:36.55	01:05:41.50	+00:30:50 (47.0%)	3:16	18.3 (53.0%)
110	WILGOCKA Olga	60		K 16-29	15	00:00:06	00:12:05	00:25:15	00:38:57	00:52:32	01:06:44.75	01:06:51.00	+00:31:58 (47.9%)	3:20	18 (52.2%)
111	KOTFASIŃSKA Zosia	167	U.K.S. ZWOLEŃ TEAM	K 16-29	16	00:00:01	00:11:48	00:24:42	00:38:29	00:52:23	01:07:40.15	01:07:41.80	+00:32:53 (48.6%)	3:23	17.7 (51.3%)
112	RUTKOWSKA Irena	52	POZNAŃ	K 50-59	2	00:00:08	00:12:48	00:25:43	00:39:39	00:53:53	01:08:23.75	01:08:32.35	+00:33:37 (49.2%)	3:25	17.5 (50.7%)
113	KLUJ Adam	1		M 30-39	22	00:00:12	00:14:24	00:28:46	00:43:22	00:55:56	01:08:35.95	01:08:47.95	+00:33:49 (49.3%)	3:25	17.5 (50.7%)
114	MELLER Piotr	27		M 30-39	23	00:00:10	00:12:23	00:25:23	00:39:01	00:53:39	01:09:05.75	01:09:16.30	+00:34:19 (49.7%)	3:27	17.4 (50.4%)
115	GILEWICZ Robert	89		M 50-59	7	00:00:13	00:13:23	00:27:31	00:41:30	00:55:44	01:09:16.30	01:09:29.60	+00:34:29 (49.8%)	3:27	17.3 (50.1%)
116	BASZYŃSKA Joanna	69	'O' DYSKUSYJNE	K 16-29	17	00:00:14	00:13:59	00:28:15	00:40:28	00:54:55	01:09:21.15	01:09:35.90	+00:34:34 (49.9%)	3:28	17.3 (50.1%)
117	SCHILF Joanna	122	'O' DYSKUSYJNE	K 30-39	12	00:00:14	00:14:00	00:27:28	00:41:00	00:54:55	01:09:21.40	01:09:36.00	+00:34:34 (49.9%)	3:28	17.3 (50.1%)
118	BLAZYŃSKA Aleksandra	119		K 30-39	13	00:00:12	00:14:12	00:27:19	00:41:10	00:55:00	01:09:59.20	01:10:11.35	+00:35:12 (50.3%)	3:29	17.1 (49.6%)
119	OLEJNICZAK Marta	36		K 16-29	18	00:00:13	00:13:59	00:27:39	00:41:12	00:55:29	01:10:03.55	01:10:16.95	+00:35:17 (50.4%)	3:30	17.1 (49.6%)
120	JASKUŁA Agata	19		K 16-29	19	00:00:13	00:13:59	00:27:40	00:41:12	00:55:29	01:10:03.65	01:10:16.80	+00:35:17 (50.4%)	3:30	17.1 (49.6%)
121	SUNDMANN Kinga	154		K 40-49	8	00:00:13	00:13:33	00:27:55	00:42:06	00:56:54	01:11:17.35	01:11:31.15	+00:36:30 (51.2%)	3:33	16.8 (48.7%)
122	KROSCHEL Monika	153		K 40-49	9	00:00:14	00:13:33	00:27:54	00:42:06	00:56:52	01:11:31.10	01:11:45.30	+00:36:44 (51.4%)	3:34	16.8 (48.7%)
123	NIEDŹWIECKA Beata	137		K 16-29	20	00:00:08	00:19:55	00:32:27	00:45:28	00:58:44	01:13:07.35	01:13:16.10	+00:38:20 (52.4%)	3:39	16.4 (47.5%)
123	KRZYŻANOWSKI Grzegorz	74		M 30-39	24	00:00:07	00:13:55	00:29:00	00:44:05	00:59:01	01:13:07.35	01:13:14.40	+00:38:20 (52.4%)	3:39	16.4 (47.5%)
125	KRZYŻANOWSKI Kacper	145		M 40-49	22	00:00:05	00:13:57	00:29:03	00:44:07	00:59:03	01:13:12.00	01:13:17.55	+00:38:25 (52.5%)	3:39	16.4 (47.5%)
126	OKOŃ Magdalena	40		K 16-29	21	00:00:12	00:13:59	00:27:49	00:42:18	00:57:36	01:13:15.45	01:13:28.20	+00:38:28 (52.5%)	3:39	16.4 (47.5%)
127	ZAJAC Zuzanna	2		K 16-29	22	00:00:13	00:14:25	00:28:46	00:43:22	00:58:58	01:13:43.95	01:13:57.50	+00:38:57 (52.8%)	3:41	16.3 (47.2%)
128	PAWLAK Katarzyna	10	MAMY-BIEGAMY	K 30-39	14	00:00:10	00:15:23	00:30:25	00:45:50	01:01:46	01:17:34.65	01:17:45.20	+00:42:48 (55.2%)	3:52	15.5 (44.9%)
129	PRZYBYŁEK Asia	24	MAMY-BIEGAMY	K 30-39	15	00:00:10	00:15:23	00:30:25	00:45:50	01:01:46	01:17:34.70	01:17:45.15	+00:42:48 (55.2%)	3:52	15.5 (44.9%)
130	FOLTAK Robert	15		M 40-49	23	00:00:11	00:14:34	00:28:48	00:44:16	01:00:32	01:17:35.85	01:17:47.15	+00:42:49 (55.2%)	3:52	15.5 (44.9%)
131	CIEŚLIK Ewa	142		K 50-59	3	00:00:09	00:15:44	00:30:54	00:46:31	01:02:56	01:20:14.60	01:20:23.85	+00:45:28 (56.7%)	4:00	15 (43.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4km	8km	12km	16km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
132	CHABERSKA Jagoda	93		K 1-15	3	00:00:08	00:15:09	00:31:23	00:47:51	01:05:33	01:24:06.05	01:24:14.55	+00:49:19 (58.6%)	4:12	14.3 (41.4%)
133	NOWAK Natalia	120		K 30-39	16	00:00:12	00:15:03	00:31:12	00:48:25	01:06:22	01:25:22.80	01:25:34.80	+00:50:36 (59.3%)	4:16	14.1 (40.9%)
134	JANIAK-KACZMEREK Hanna	155		K 40-49	10	00:00:11	00:18:30	00:37:50	00:58:50	01:20:17			+00:52:07	5:01	12 (34.8%)
135	KARBOWNICZEK Ludmiła	70		K 30-39	17	00:00:10	00:21:33	00:46:09	01:14:51				+00:53:53	6:14	9.6 (27.8%)
136	KIERNOWICZ Martyna	134		K 16-29	23	00:00:15	00:14:05	00:28:15					+00:14:18	3:31	17 (49.3%)
137	BOROWIAK Piotr	62	SSW MALTA	M 40-49	24	00:00:09	00:09:25	00:51:40					+00:37:43	6:27	9.3 (27.0%)
138	SZARLETA Sylwia	33		K 30-39	18	00:00:12	00:16:14	00:52:52					+00:38:55	6:36	9.1 (26.4%)
	RAPTA Lena	181		K 16-29		DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 139 wynik(ów)