

NETIA ZICO RACING 20KM - ROLKI

Klasyfikacja: K 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4km	8km	12km	16km	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
1	KARAŚ Dominika	13	LEGIA WARSZAWA MASTERS	K 30-39	1	00:00:01	00:07:18	00:14:58	00:22:15	00:29:37	00:37:01.50	00:37:03.40		1:51	32.4 (100%)
2	PARTYKA Natalia	84	ZICO RACING SPEED TEAM	K 30-39	2	00:00:01	00:08:14	00:16:55	00:25:37	00:34:18	00:42:22.90	00:42:24.40	+00:05:21 (12.6%)	2:07	28.3 (87.3%)
3	CIBOROWSKA Aneta	172	SEBA-SPORT PISZ	K 30-39	3	00:00:02	00:08:12	00:16:54	00:25:36	00:34:18	00:43:10.45	00:43:12.55	+00:06:08 (14.2%)	2:09	27.8 (85.8%)
4	SAPIJASZKO Marta	65	LEGIA MASTERS	K 30-39	4	00:00:04	00:08:29	00:17:10	00:26:15	00:35:37	00:44:36.75	00:44:41.40	+00:07:35 (17.0%)	2:13	26.9 (83.0%)
5	LEŚNIEWICZ Danuta	178	MINIONSSPEEDTEAM	K 30-39	5	00:00:05	00:09:14	00:18:49	00:28:34	00:38:18	00:48:02.55	00:48:07.75	+00:11:01 (22.9%)	2:24	25 (77.2%)
6	KOWALAK Agnieszka	143		K 30-39	6	00:00:07	00:10:30	00:21:51	00:34:08	00:46:34	00:59:15.55	00:59:22.75	+00:22:14 (37.5%)	2:57	20.3 (62.7%)
7	BAKOWSKA Magdalena	28	MAMY-BIEGAMY	K 30-39	7	00:00:09	00:11:36	00:23:36	00:36:01	00:48:12	01:00:04.25	01:00:14.05	+00:23:02 (38.4%)	3:00	20 (61.7%)
8	KIWERTZ Anna	104	MAMY-BIEGAMY	K 30-39	8	00:00:10	00:11:11	00:22:58	00:35:13	00:47:54	01:00:14.60	01:00:24.85	+00:23:13 (38.5%)	3:00	19.9 (61.4%)
9	BOGDANOWICZ Kamila	18		K 30-39	9	00:00:10	00:12:17	00:24:41	00:37:05	00:49:28	01:02:02.60	01:02:12.70	+00:25:01 (40.3%)	3:06	19.3 (59.6%)
10	RUDYŃSKA-SIKORA Monika	34		K 30-39	10	00:00:07	00:11:53	00:23:54	00:36:07	00:49:12	01:02:56.85	01:03:04.50	+00:25:55 (41.2%)	3:08	19.1 (59.0%)
11	WALERCZYK Katarzyna	79	SSW MALTA	K 30-39	11	00:00:05	00:12:07	00:24:46	00:37:57	00:51:50	01:05:21.05	01:05:26.75	+00:28:19 (43.3%)	3:16	18.4 (56.8%)
12	SCHILF Joanna	122	'O' DYSKUSYJNE	K 30-39	12	00:00:14	00:14:00	00:27:28	00:41:00	00:54:55	01:09:21.40	01:09:36.00	+00:32:19 (46.6%)	3:28	17.3 (53.4%)
13	BLAZYŃSKA Aleksandra	119		K 30-39	13	00:00:12	00:14:12	00:27:19	00:41:10	00:55:00	01:09:59.20	01:10:11.35	+00:32:57 (47.1%)	3:29	17.1 (52.8%)
14	PAWLAK Katarzyna	10	MAMY-BIEGAMY	K 30-39	14	00:00:10	00:15:23	00:30:25	00:45:50	01:01:46	01:17:34.65	01:17:45.20	+00:40:33 (52.3%)	3:52	15.5 (47.8%)
15	PRZYBYŁEK Asia	24	MAMY-BIEGAMY	K 30-39	15	00:00:10	00:15:23	00:30:25	00:45:50	01:01:46	01:17:34.70	01:17:45.15	+00:40:33 (52.3%)	3:52	15.5 (47.8%)
16	NOWAK Natalia	120		K 30-39	16	00:00:12	00:15:03	00:31:12	00:48:25	01:06:22	01:25:22.80	01:25:34.80	+00:48:21 (56.6%)	4:16	14.1 (43.5%)

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17	KARBOWNICZEK Ludmiła	70		K 30-39	17	00:00:10	00:21:33	00:46:09	01:14:51				+00:52:37	6:14	9.6 (29.6%)
18	SZARLETA Sylwia	33		K 30-39	18	00:00:12	00:16:14	00:52:52					+00:37:54	6:36	9.1 (28.1%)

Znaleziono 18 wynik(ów)