



Zespół Obsługi
Oświaty i Rekreacji
w Nakle nad Notecią

NIEPODLEGŁOŚCIOWY BIEG TERENOWY

B4SPORT

Event: Niepodległościowy Bieg Terenowy i Maraton MTB
Organiser: Gmina Nakło nad Notecią, LZS SKRA Paterek
Date: 2019-11-03
Place: Nakło nad Notecią
Distance: 7 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Classification: M40

Place	Participant	Number	Club	Category	MCat	Gmina Nakło nad Notecią	Net time 7km	Czas brutto 7km	Gap	Pace min/km	Pace km/h
1	RADTKA Tomasz	84	LZS 'JEDNOŚĆ' ŁOBŻENICA	M40	1		00:27:09.95	00:27:12.15		3:52	15.5 (100%)
2	GURDAK Leszek	118	BYDGOSZCZ NA START	M40	2		00:32:44.30	00:32:45.95	+00:05:33 (17.0%)	4:40	12.8 (82.6%)
3	JANISZEWSKI Radosław	32		M40	3		00:33:44.90	00:33:49.85	+00:06:37 (19.6%)	4:49	12.4 (80.0%)
4	GRZYWIŃSKI Grzegorz	113	RUN BYDGOSZCZ	M40	4		00:33:57.70	00:34:02.65	+00:06:50 (20.1%)	4:51	12.4 (80.0%)
5	JASIŃSKI Artur	34	BBL SZUBIN	M40	5		00:35:21.25	00:35:26.65	+00:08:14 (23.3%)	5:03	11.9 (76.8%)
6	CHARCZUN Mikołaj	8		M40	6		00:36:10.80	00:36:15.70	+00:09:03 (25.0%)	5:10	11.6 (74.8%)
7	PASIEKA Tomasz	73	LUKS START NAKŁO	M40	7	Tak	00:36:21.50	00:36:28.55	+00:09:16 (25.4%)	5:11	11.6 (74.8%)
8	BRZEZINSKI Maciej	6	TSK ORZEŁ OSIEK	M40	8		00:37:31.20	00:37:38.55	+00:10:26 (27.7%)	5:21	11.2 (72.3%)
9	GONDEK Krzysztof	24	LUKS START NAKLO	M40	9	Tak	00:37:38.90	00:37:42.10	+00:10:29 (27.8%)	5:22	11.2 (72.3%)
10	MŁYNAREK Piotr	63		M40	10	Tak	00:40:11.75	00:40:20.50	+00:13:08 (32.6%)	5:44	10.4 (67.1%)
11	DANIELEK Piotr	15	RUNŻÓŁWIK	M40	11		00:40:23.10	00:40:30.00	+00:13:17 (32.8%)	5:46	10.4 (67.1%)
12	GÓRAK Marcin	25		M40	12		00:40:28.70	00:40:39.85	+00:13:27 (33.1%)	5:46	10.4 (67.1%)
13	MŁYNAREK Wojciech	62		M40	13		00:40:43.05	00:40:48.00	+00:13:35 (33.3%)	5:49	10.3 (66.5%)
14	NURKIEWICZ Jarosław	68	KUNG FU PANDY 3	M40	14		00:41:07.50	00:41:14.70	+00:14:02 (34.0%)	5:52	10.2 (65.8%)
15	POLAKÓW Sławomir	78	SKRA PATEREK	M40	15	Tak	00:42:55.90	00:43:01.35	+00:15:49 (36.8%)	6:08	9.8 (63.2%)
16	POLAWSKI Marcin	79	BBL SZUBIN	M40	16		00:49:45.75	00:49:54.15	+00:22:42 (45.5%)	7:06	8.4 (54.2%)
17	BORKOWSKI Bartłomiej	114		M40	17		00:49:50.50	00:49:57.85	+00:22:45 (45.6%)	7:07	8.4 (54.2%)

Total 17 results.