



NIEPOKORNY MNICH - 95 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2024-04-20
Miejsce: Szczawnica
Dystans: 95.2 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M50

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Schronisko | | | | | Czas | | Różn | Tempo min/km | Tempo km/h | |
|-----|------------------------------|-------------|---------------------------------|-----------|------|------------------|------------------|--------------|--------------------------|---------------------------------|----------|--------------------|--------------------|-------------------|------------|-------------|
| | | | | | | Tylnanowa 28.9km | Przehybie 45.1km | Rytró 53.8km | Bacówka na Obidzy 75.7km | Schronisko pod Durbaszką 89.2km | 95.2km | 95.6km | | | | 95.6km |
| 1 | GWIŹDŹ Marcin | 3711 | | M50 | 1 | 03:06:52 | 05:27:42 | 06:24:32 | 09:51:32 | 11:35:29 | 12:31:15 | 12:32:25.90 | 12:32:30.10 | | 7:52 | 7.6 (100%) |
| 2 | GRUMBINAS Ramunas | 3512 | LRT | M50 | 2 | 03:26:52 | 05:43:57 | 06:36:06 | 09:51:11 | 11:33:32 | 12:35:30 | 12:36:41.85 | 12:36:46.05 | +00:04:15 (0.6%) | 7:54 | 7.6 (100%) |
| 3 | MARVAN Rostislav | 3558 | MILOTA TEA | M50 | 3 | 03:42:51 | 06:15:04 | 07:13:07 | 10:19:32 | 11:58:09 | 12:54:56 | 12:56:03.70 | 12:56:15.65 | +00:23:45 (3.1%) | 8:07 | 7.4 (97.4%) |
| 4 | ŚLASKI Radosław | 3822 | TEAM BIEGOWY STRZYŻÓW | M50 | 4 | 03:29:15 | 05:55:37 | 07:01:47 | 10:23:19 | 12:06:20 | 13:08:08 | 13:09:27.20 | 13:09:51.45 | +00:37:21 (4.7%) | 8:15 | 7.3 (96.1%) |
| 5 | NOSALIK Marek | 3607 | MTA | M50 | 5 | 03:28:00 | 05:58:43 | 06:58:13 | 10:31:21 | 12:15:35 | 13:18:17 | 13:19:33.65 | 13:19:39.85 | +00:47:09 (5.9%) | 8:21 | 7.2 (94.7%) |
| 6 | SZAFRANIEC Tomasz | 3694 | MIĘDZYRZECKIE GAZELE | M50 | 6 | 03:35:14 | 06:10:43 | 07:08:53 | 10:34:03 | 12:24:28 | 13:26:31 | 13:27:43.55 | 13:27:46.80 | +00:55:16 (6.8%) | 8:26 | 7.1 (93.4%) |
| 7 | ROGAŁA Grzegorz | 3648 | | M50 | 7 | 03:32:55 | 06:23:44 | 07:22:42 | 11:04:12 | 12:59:29 | 14:06:19 | 14:07:48.15 | 14:07:54.05 | +01:35:23 (11.3%) | 8:52 | 6.8 (89.5%) |
| 8 | WINIECKI Tomasz | 3702 | IRON HOUSE TRIATHLON WŁOCŁAWEK | M50 | 8 | 04:07:33 | 06:42:47 | 07:50:10 | 11:15:28 | 13:04:51 | 14:07:40 | 14:08:53.60 | 14:09:41.35 | +01:37:11 (11.4%) | 8:52 | 6.8 (89.5%) |
| 9 | GAIK Andrzej | 3780 | PODGÓRZ TORUŃ / DŁUGOPOLE ZDRÓJ | M50 | 9 | 03:56:41 | 06:44:08 | 07:55:07 | 11:26:50 | 13:20:48 | 14:31:16 | 14:32:27.80 | 14:32:39.65 | +02:00:09 (13.8%) | 9:07 | 6.6 (86.8%) |
| 10 | GRABKOWSKI Rafał | 3663 | DOGOŃ GRODZISK MAZOWIECKI | M50 | 10 | 04:01:31 | 06:47:38 | 07:51:29 | 11:34:58 | 13:32:43 | 14:40:30 | 14:41:54.35 | 14:42:15.40 | +02:09:45 (14.7%) | 9:13 | 6.5 (85.5%) |
| 11 | KABAJA Jiří | 3553 | MILOTA TEA | M50 | 11 | 03:35:06 | 07:47:34 | 08:56:23 | 12:15:01 | 13:49:21 | | 14:52:48.20 | 14:52:57.35 | +02:20:27 (15.7%) | 9:20 | 6.4 (84.2%) |
| 12 | MISZTAL Rafał | 3684 | LOS PANTALONES ROJOS | M50 | 12 | 03:55:52 | 06:46:35 | 07:47:41 | 11:38:53 | 13:49:10 | | 15:06:09.90 | 15:06:30.15 | +02:34:00 (17.0%) | 9:28 | 6.3 (82.9%) |
| 13 | KOZŁOWSKI Marek | 3763 | BIEGAMDLAZDROWIA.PL | M50 | 13 | 03:50:15 | 06:42:07 | 07:50:12 | 11:50:40 | 14:08:00 | | 15:27:30.10 | 15:27:38.10 | +02:55:08 (18.9%) | 9:42 | 6.2 (81.6%) |
| 14 | GRACZYK Marcin | 3605 | | M50 | 14 | 04:07:13 | 07:02:17 | 08:11:40 | 12:12:03 | 14:20:33 | | 15:35:40.60 | 15:36:04.75 | +03:03:34 (19.6%) | 9:47 | 6.1 (80.3%) |
| 15 | SIEŚKIEWICZ Krzysztof | 3785 | BIALYSTOK BIEGA TEAM | M50 | 15 | 03:56:40 | 06:58:00 | 08:08:53 | 12:06:06 | 14:21:56 | | 15:42:32.65 | 15:43:13.25 | +03:10:43 (20.2%) | 9:51 | 6.1 (80.3%) |
| 16 | POPIS Tomasz | 3597 | RUCH IZBICA | M50 | 16 | 03:27:57 | 06:32:19 | 07:37:40 | 11:57:52 | 14:24:50 | | 15:48:36.90 | 15:48:41.15 | +03:16:11 (20.7%) | 9:55 | 6 (78.9%) |
| 17 | STELMACH Krzysztof | 3674 | GĄSKA BALBINKA WIELUŃ | M50 | 17 | 04:03:02 | 07:06:21 | 08:22:26 | 12:45:16 | 15:03:27 | | 16:35:05.20 | 16:35:11.95 | +04:02:41 (24.4%) | 10:24 | 5.8 (76.3%) |
| 18 | GŁOWIŃSKI Robert | 3724 | | M50 | 18 | 04:06:16 | 07:02:13 | 08:14:08 | 12:38:52 | 14:54:53 | | 16:36:49.65 | 16:37:16.80 | +04:04:46 (24.5%) | 10:25 | 5.8 (76.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Schronisko | | | | | Czas netto 95.6km | Czas brutto 95.6km | Różn | Tempo min/km | Tempo km/h | |
|---|-----------------------------|-------------|-------------------------------------|-----------|------|---------------------|---------------------|-----------------|-----------------------------------|--|----------------------|-----------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | Tylmanowa 28.9km | Przehybie 45.1km | Rytro 53.8km | Bacówka na Obidzy 75.7km | Schronisko pod Durbaszką 89.2km | | | | | | 95.2km |
| 19 | MOCHOCKI Marcin | 3760 | | M50 | 19 | 04:20:38 | 07:32:34 | 08:52:42 | 13:09:23 | 15:31:14 | | 16:44:13.50 | 16:44:30.65 | +04:12:00 (25.1%) | 10:30 | 5.7 (75.0%) |
| 20 | CIUK Piotr | 3731 | W4TEAM | M50 | 20 | 04:22:02 | 07:31:47 | 08:36:29 | 13:11:57 | 15:33:50 | | 16:54:45.50 | 16:54:53.85 | +04:22:23 (25.9%) | 10:36 | 5.7 (75.0%) |
| 21 | KAMIŃSKI Marek | 3659 | 180 MINUT | M50 | 21 | 04:20:15 | 07:26:10 | 08:40:09 | 12:59:39 | 15:27:00 | | 16:55:07.15 | 16:55:36.10 | +04:23:06 (25.9%) | 10:37 | 5.7 (75.0%) |
| 22 | GARCZYŃSKI Darek | 3560 | | M50 | 22 | 04:27:47 | 07:52:37 | 09:05:59 | 13:26:17 | 15:45:13 | | 16:58:40.70 | 16:59:18.85 | +04:26:48 (26.2%) | 10:39 | 5.6 (73.7%) |
| 23 | STANOWSKI Grzegorz | 3758 | FOREVER YOUNG | M50 | 23 | 04:10:16 | 07:17:36 | 08:34:19 | 13:10:50 | 15:42:36 | | 17:22:03.65 | 17:22:32.40 | +04:50:02 (27.8%) | 10:54 | 5.5 (72.4%) |
| 24 | GAJEWSKI Ireneusz | 3718 | BIEGAJ Z ISA | M50 | 24 | 04:26:55 | 07:38:06 | 08:54:05 | 13:19:43 | 15:48:09 | | 17:22:03.50 | 17:22:37.55 | +04:50:07 (27.8%) | 10:54 | 5.5 (72.4%) |
| 25 | KWIECIŃSKI Michał | 3767 | KLUB BIEGACZA RTV EURO AGD | M50 | 25 | 04:31:11 | 07:35:49 | 08:55:42 | 13:24:40 | 15:51:50 | | 17:33:46.75 | 17:33:58.65 | +05:01:28 (28.6%) | 11:01 | 5.4 (71.1%) |
| 26 | STYSIEK Piotr | 3820 | BIEGIEM RADOM! | M50 | 26 | 04:39:16 | 07:55:58 | 09:24:06 | 13:59:11 | 16:27:27 | | 18:00:58.60 | 18:01:37.65 | +05:29:07 (30.4%) | 11:18 | 5.3 (69.7%) |
| 27 | PTAK Adam | 3719 | PIĄTKOWO NA BIEGOWO | M50 | 27 | 04:48:06 | 08:20:21 | 09:59:53 | | 17:02:04 | | 18:31:00.05 | 18:31:16.85 | +05:58:46 (32.3%) | 11:37 | 5.2 (68.4%) |
| 28 | WARACHOWSKI Stefan | 3647 | | M50 | 28 | 04:20:27 | 07:34:53 | 09:13:29 | 14:03:26 | 16:45:44 | | 18:33:00.50 | 18:33:31.95 | +06:01:01 (32.4%) | 11:38 | 5.2 (68.4%) |
| 29 | GAŁKA Robert | 3606 | GRLTEAM74 | M50 | 29 | 04:48:30 | 08:11:11 | 09:48:13 | | 17:00:37 | | 18:41:02.90 | 18:41:12.30 | +06:08:42 (32.9%) | 11:43 | 5.1 (67.1%) |
| 30 | BORKOWSKI Andrzej | 3697 | | M50 | 30 | 04:31:57 | 07:59:57 | 09:36:09 | | 17:06:16 | | 18:41:30.85 | 18:42:05.50 | +06:09:35 (32.9%) | 11:43 | 5.1 (67.1%) |
| 31 | SZEREMETA Andrzej | 3511 | PZU SPORT TEAM | M50 | 31 | 04:27:18 | 07:46:54 | 09:16:33 | 14:15:18 | 17:07:04 | | 18:53:11.70 | 18:53:29.45 | +06:20:59 (33.6%) | 11:51 | 5.1 (67.1%) |
| 32 | SOCIŃSKI Artur | 3563 | SZCZYT ZA SZCZYTEM | M50 | 32 | 04:46:41 | 08:07:21 | 09:33:25 | 14:18:59 | 17:06:25 | | 18:54:29.75 | 18:55:04.60 | +06:22:34 (33.7%) | 11:52 | 5.1 (67.1%) |
| Przekroczony limit czasu: 19:00:00 | | | | | | | | | | | | | | | | |
| 33 | LITEWKA Jacek | 3757 | ORANGE POLSKA | M50 | 33 | 04:52:52 | 08:28:30 | 10:06:49 | | 17:27:56 | | 19:04:15.00 | 19:04:43.45 | +06:32:13 (34.3%) | 11:58 | 5 (65.8%) |
| 34 | GRZEGORCZYK Wojciech | 3666 | KONDYCJA | M50 | 34 | 04:54:02 | 08:28:58 | 10:01:45 | | 17:29:01 | | 19:04:34.90 | 19:05:10.80 | +06:32:40 (34.3%) | 11:58 | 5 (65.8%) |
| 35 | JÓŻWIK Marek | 3627 | BIEGIEM RADOM! | M50 | 35 | 04:55:35 | 08:36:16 | 10:00:53 | | 17:24:07 | | 19:22:24.05 | 19:23:02.50 | +06:50:32 (35.3%) | 12:09 | 4.9 (64.5%) |
| 36 | POTOCZNY Mirosław | 3599 | CZARNA TĘCZA/TRAIL RUNNERS JAWORZNO | M50 | 36 | 04:48:10 | 08:23:18 | 09:46:03 | | | | | | +03:22:01 | 10:53 | 5.5 (72.4%) |
| 37 | WICIAK Ziemowit | 3655 | AKTYWNI KOCIEWIACY | M50 | 37 | 04:59:12 | 08:37:09 | 10:13:16 | | | | | | +03:49:15 | 11:23 | 5.3 (69.7%) |
| 38 | MIKULSKI Tomasz | 3519 | | M50 | 38 | 05:20:00 | 09:05:01 | 10:52:19 | | | | | | +04:27:54 | 12:07 | 4.9 (64.5%) |
| | PIECH Adam | 3754 | PORANNY PATROL | M50 | | 04:48:11 DNF | 08:16:15 DNF | 09:49:56 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | DOROBISZ Marek | 3664 | | M50 | | 04:55:23 DNF | 08:55:22 DNF | 10:51:45 DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | FRYSIAK Artur | 3676 | WIELUŃ ULTRA I NIE TYLKO | M50 | | 04:08:13 DNF | 07:19:11 DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | ZAJĄC Arkadiusz | 3514 | AKTYWNI KOCIEWIACY | M50 | | 04:59:15 DNF | 08:44:20 DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Tylmanowa 28.9km | Schronisko na Przehybie 45.1km | Rytro 53.8km | Bacówka na Obidzy 75.7km | Schronisko pod Durbaszką 89.2km | 95.2km | Czas netto 95.6km | Czas brutto 95.6km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|------|-----------|------|---------------------|---|-----------------|-----------------------------------|--|--------|-------------------------|--------------------------|------|-----------------|---------------|
| | BRODEK Andrzej | 3555 | | M50 | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 43 wynik(ów)